

CARROLLTON			
Fri	7:30PM	Running On Faith , Carrollton Church of God, 16144 Carrollton Boulevard, Carrollton, VA, 23314 (O)	
CHESAPEAKE			
Sun	3:00PM	Wecovery , Great Bridge United Methodist Church, 201 Stadium Drive, Chesapeake, VA, 23322 (O, DISC) <i>Chris 757-377-9236</i>	
Mon	7:30PM	The Winding Road , Oak Grove United Methodist Church, across from water tower, 472 N. Battlefield Blvd, Chesapeake, VA, 23320 (C) <i>Justin K 757-773-4403, Rich B 757-737-4267</i>	
Tue	7:00PM	Awesome Life , Great Bridge United Methodist Church, Corner of S. Battlefield & Stadium, 201 Stadium Drive, Chesapeake, VA, 23322 (O) <i>Carrie L 757-560-8177</i>	
Tue	7:00PM	Count Your Blessings , Oaklette United Methodist, Park in Rear, Corner Indian River & Oaklett, 520 Oaklette Dr, Chesapeake, VA, 23325 (O) <i>Daniel A 757-418-1690</i>	
Wed	7:30PM	Change We Must , Great Bridge Evangelical Free Church, across from old high school, 173 Mt. Pleasant Road, Chesapeake, VA, 23322 (C)	
Thu	NOON	Reason To Believe , Church of Saint Therese, Enter front, Rooms 10 & 11, across from Chesapeake Square Mall@ Coffman Blvd, 4137 Portsmouth Blvd, Chesapeake, VA, 23321 (O)	
Thu	7:00PM	Second Chance , Great Bridge United Methodist Church, @S. Battlefield, 201 Stadium Drive, Chesapeake, VA, 23322 (O)	
Thu	7:30PM	Caring and Sharing , Unity Renaissance Church, behind Greenbriar Mall, 1120 Eden Way N, Chesapeake, VA, 23320 (O)	
Thu	8:00PM	Branching Out , Aldersgate United Methodist Church, western branch, 4320 Bruce Rd, Chesapeake, VA, 23321 (O)	
Fri	7:00PM	Agape , St. Paul, @ Dunbarton, 437 Providence Rd, Chesapeake, VA, 23325 (O)	
Fri	7:30PM	Better Days , Church of Saint Therese, Enter Front, Rooms 10-11, @ Coffman Blvd across from Chesapeake Square Mall, 4137 Portsmouth Blvd, Chesapeake, VA, 23321 (O)	

GLOUCESTER			
Mon	7:30PM	The Out of Ordinary Meeting , White Marsh Baptist Church, 5123 George Washington Memorial Highway, Gloucester, VA, 23061 (O, WC &)	
Tue	7:00PM	A New Way of Life , 9228 George Washington Memorial Highway, Gloucester, VA, 23061 (O)	

GLOUCESTER COURTHOUSE			
Fri	7:30PM	Closer To Home , Riverside Walter Reed Hospital, 7515 Hospital Drive, Gloucester Courthouse, VA, 23061 (O, WC &)	

HAMPTON			
Sun	NOON	Faith , Riverside Behavioral Health, 2244 Executive Drive, Hampton, VA, 23666 (O, WC &)	
Sun	7:00PM	The Lie Is Dead , North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane, Hampton, VA, 23666 (O, WC &)	
Sun	7:30PM	Recovery Group , Riverside Behavioral Health, 2244 Executive Drive, Hampton, VA, 23666 (O, WC &)	
Mon	NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton, VA, 23669 (O)	
Mon	3:00PM	Change I Must Or Die I Will , Nickerson Plaza, Next to ACE Hardware, 2096 Nickerson Blvd, Hampton, VA, 23663 (O, WC &)	
Mon	6:45PM	Honesty Group , St. Mark's Episcopal Church, 1835 Todds Lane, Hampton, VA, 23666 (O, WC &)	
Tue	NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton, VA, 23669 (O)	
Tue	5:30PM	Serenity Group , Riverside Behavioral Health Center, 2244 Executive Drive, Hampton, VA, 23666 (O, WC &)	
Tue	7:30PM	Young, Clean & Living , Northampton Presbyterian Church (behind the Fire Department), 1217 Todds Lane, Hampton, VA, 23666 (O)	
Tue	8:00PM	New Genesis Group , Weslley United Methodist Church, 2510 N. Armistead Avenue, Hampton, VA, 23666 (O)	
Tue	8:15PM	Let's Recover Together , Hampton Christian Church, 151 East Mercury Boulevard, Hampton, VA, 23669 (O, WC &)	
Wed	NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton, VA, 23669 (O)	
Wed	7:00PM	Hugs Not Drugs , Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road, Hampton, VA, 23669 (O)	
Thu	NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton, VA, 23669 (O)	
Thu	7:00PM	We Do Recover , Hampton Christian Church, 151 East Mercury Boulevard, Hampton, VA, 23669 (O, WC &)	
Thu	8:00PM	Time To Surrender , Northampton Presbyterian Church (behind fire station), 1217 Todds Lane, Hampton, VA, 23666 (O, WC &)	
Fri	NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton, VA, 23669 (O)	
Fri	6:00PM	How & Why , Riverside Behavioral Health Center, 2244 Executive Drive, Hampton, VA, 23666 (C, WC &)	
Sat	6:00PM	Saturday Night Alternative , First Presbyterian Church, 514 S. Armistead Avenue, Hampton, VA, 23669 (O, WC &)	
Sat	7:30PM	A New Approach to Life , North Hampton Presbyterian Church (behind the firehouse), 1217 Todds Lane, Hampton, VA, 23666 (O)	

NEWPORT NEWS			
Sun	9:30AM	Surrender To Live , C. Waldo Scott Center, 3100 Wickham Avenue, Newport News, VA, 23607 (O, WC &)	

NEWPORT NEWS (CONT)			
Sun	7:00PM	A Gift Called Life , Warwick United Church of Christ, 10 Matoaka Lane, Newport News, VA, 23606 (O, WC &)	
Mon	9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue, Newport News, VA, 23607 (O, WC &)	
Mon	NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue, Newport News, VA, 23607 (O, WC &)	
Mon	7:00PM	New Attitude (trailer behind building in parking lot), 3509 Chestnut Avenue, Newport News, VA, 23607 (O, WC &)	
Tue	9:30AM	Trust The Process , St. Augustine Episcopal Church, 2515 Marshall Avenue, Newport News, VA, 23607 (O, WC &)	
Tue	NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue, Newport News, VA, 23607 (O, WC &)	
Tue	7:00PM	We Can Change , First Church of Newport News, 2300 Wickham Avenue, Newport News, VA, 23607 (O)	
Wed	9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue, Newport News, VA, 23607 (O, WC &)	
Wed	NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue, Newport News, VA, 23607 (O, WC &)	
Wed	7:00PM	End Of The Road , 1707 Jefferson Avenue, Newport News, VA, 23607 (O, WC &)	
Wed	7:00PM	Hope , Warwick Conference Center, Building #6, 12420 Warwick Blvd, Newport News, VA, 23606 (O)	
Wed	7:30PM	Living The Program , Warwick United Church of Christ, 10 Matoaka Lane, Newport News, VA, 23606 (C, WC &)	
Thu	9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue, Newport News, VA, 23607 (O, WC &)	
Thu	NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue, Newport News, VA, 23607 (O, WC &)	
Thu	6:00PM	I Can't We Can , YWCA, 2702 Orcutt Avenue, Newport News, VA, 23607 (O, WC &)	
Thu	7:00PM	Let's Get Spiritual , St. Paul AME Church, 2500 Chestnut Avenue, Newport News, VA, 23607 (O, WC &)	
Fri	9:30AM	Trust The Process , St. Augustine Episcopal Church, 2515 Marshall Avenue, Newport News, VA, 23607 (O, WC &)	
Fri	NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue, Newport News, VA, 23607 (O, WC &)	
Fri	6:30PM	Change We Must , Living Faith Christian Center, 14901 Warwick Blvd, Newport News, VA, 23608 (O, WC &)	
Fri	7:00PM	Keep Coming Back , Newport News Community Center, 605 South Avenue, Newport News, VA, 23607 (O, WC &)	
Fri	7:30PM	Good Orderly Direction , Warwick United Church of Christ, 10 Matoaka Lane, Newport News, VA, 23606 (O, WC &)	
Sat	NOON	Women & Men In Recovery , Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St, Newport News, VA, 23607 (O)	
Sat	5:30PM	Saturday Night Live , First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St., Newport News, VA, 23607 (O, WC &)	
Sat	7:30PM	Never Alone , Hillton Christian Church, 100 James River Drive, Newport News, VA, 23601 (O, WC &)	
Sat	10:00PM	No More Excuses , Warwick United Church of Christ, 10 Matoaka Lane, Newport News, VA, 23606 (O, WC &)	

NORFOLK			
Sun	6:00PM	It's About Time , Norview United Methodist Church, 1112 Norview Avenue, Norfolk, VA, 23513 (O, SPK) <i>Almeta L 757-589-4047</i>	
Sun	8:00PM	Mixed Group , First Lutheran Church, 1301 Colley Ave, Norfolk, VA, 23517 (O, DISC) <i>Mike J 757-409-1676</i>	
Mon	9:30AM	Morning Meditation , EZ Does It Service Center, 1153 Harmony Road, Norfolk, VA, 23502 (O, WC &)	
Mon	NOON	Help Me Think , Ingleside Baptist Church, corner of Gatling Ave, 925 Ingleside Rd., Norfolk, VA, 23502 (O) <i>Carlton J 757-589-3564</i>	
Mon	6:00PM	No Labor, No Reward , New Mr Zion AME Church, 113 Seekel St, Norfolk, VA (O, LIT) <i>Wilton 757-201-1118</i>	
Mon	8:00PM	Recovery on the Hill , Ocean View Reformed Christian Church, 1241 Hillside Avenue, Norfolk, VA, 23503 (O) <i>Fred R 757-695-6500</i>	
Tue	9:30AM	Morning Meditation , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, Norfolk, VA, 23502 (O, WC &)	
Tue	5:30PM	Just For Today , First Lutheran Church, Corner of Colley Ave. & Baldwin Ave., 1301 Colley Avenue, Norfolk, VA, 23517 (O) <i>Bill A 757-647-7707</i>	
Tue	7:00PM	We Can Change , Oakdale Presbyterian Church, West of Tidewater Dr. between Harriet & Van Patten Rd., 550 East Little Creek Rd., Norfolk, VA, 23505 (O) <i>Edward A 757-818-2737</i>	
Tue	8:00PM	Let It Be , Ocean View Reformed Christian Church, 1 block from Ocean View & Beach View, 1292 Hillside Avenue, Norfolk, VA, 23503 (O) <i>Beth A 757-376-9191</i>	
Wed	9:30AM	Morning Meditation , EZ Does It Service Center, 1153 Harmony Road, Norfolk, VA, 23502 (O, WC &)	
Wed	5:00PM	In Recovery , Christ & St. Luke Church, In Basement, 560 W. Olney Rd, Norfolk, VA, 23507 (O, VAR)	
Wed	7:00PM	Daily Recovery , Mount Gilead Church, 1057 Kennedy St, Norfolk, VA, 23513 (O, VAR)	
Wed	7:00PM	The Stand , New Calvary Baptist Church, 800 E Virginia Beach Blvd, Norfolk, VA, 23504 (O)	
Wed	8:00PM	Better by the Bay , Miles Memorial United Methodist Church, @Government Street (rear entrance), 9450 Granby Street, Norfolk, VA, 23503 (O, WC &)	

NORFOLK (CONT)			
Wed	8:00PM	Where's Lot 147 , Sentara Norfolk General Hospital, Dining Room #1, 600 Gresham Drive, Norfolk, VA, 23507 (O)	
Thu	9:30AM	Morning Meditation , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, Norfolk, VA, 23502 (O, WC &)	
Thu	NOON	Lunch Time Recovery , Ocean View Reformed Christian Church, 1 Block from Ocean View Avenue & Beach View Street, 1241 Hillside Avenue, Norfolk, VA, 23503 (O)	
Thu	6:30PM	Got to Have It , Queen Street Baptist Church, 413 E. Brambleton Avenue, Norfolk, VA, 23510 (O)	
Thu	7:00PM	Show Me How To Live , Sacred Heart Church, 520 Graydon Avenue, Norfolk, VA, 23507 (C)	
Thu	8:00PM	Junks & Drunks , East Ocean View Baptist Church, Social Hall, 9609 9th Bay Street, Norfolk, VA, 23518 (O)	
Fri	9:30AM	Morning Meditation , EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road, Norfolk, VA, 23502 (O)	
Fri	NOON	The Continuing Quest , First Lutheran Church, Corner Colley Ave & Baldwin Ave, 1301 Colley Avenue, Norfolk, VA, 23517 (O)	
Fri	6:00PM	The Happy Hour , Faith Community Church, 100 East 30th Street, Norfolk, VA, 23504 (C)	
Fri	8:00PM	Miracle On 9th Bay , Lighthouse Community Church, 9609 9th Bay Street, Norfolk, VA, 23518 (O)	
Fri	8:00PM	We Do Recover , Norview United Methodist Church, 1112 Norview Avenue, Norfolk, VA, 23513 (O)	
Sat	NOON	Basic Math 12 & 12 , First Baptist Church, across from the Scope, 418 E Bute Street, Norfolk, VA, 23510 (O) <i>Carlton D 757-515-3331</i>	
Sat	5:30PM	Back to Life , 1st Lutheran Church, Corner of Colley and Baldwin, 1301 Colley Avenue, Norfolk, VA, 23517 (O) <i>Cedric H 757-535-5807, Cornell W 757-729-4089</i>	
Sat	8:00PM	Surrender to Live , Norview United Methodist Church, 1112 Norview Avenue, Norfolk, VA, 23513 (C) <i>Fred R 757-695-6500</i>	

POQUOSON			
Thu	7:30PM	Fresh Start for Open Hearts , Poquoson Baptist Church, 283 Wythe Creek Road, Poquoson, VA, 23662 (O)	

PORTSMOUTH			
Sun	9:00AM	Men's Rap , Maryview Behavioral Center, First Floor side entrance, 3636 High Street, Portsmouth, VA, 23707 (O, DISC, M, WC &)	
Sun	11:00AM	We Need A Meeting , Maryview Hospital, 2nd Floor, Conference Room B, 3636 High Street, Portsmouth, VA, 23707 (O, BT, DISC, JFT, SPK, STEP) <i>Donna E 757-353-5895 (1-DISC, 2-STEP, 3-BT, 4-SPK, 5-JFT)</i>	
Sun	7:00PM	New Phase Four , Saint John's Episcopal Church, 424 Washington Street, Portsmouth, VA, 23704 (O, DISC, SPK, TOP) <i>Mike P 757-298-0130</i>	
Mon	6:45AM	Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street, Portsmouth, VA, 23704 (O) <i>Teresa D 757-724-3685</i>	
Mon	7:00PM	New Beginnings , Church of the Resurrection, @ Midfield Pkwy, 3501 Cedar Lane, Portsmouth, VA, 23703 (O, WC &)	
Mon	7:30PM	How It Works , Mt. Sinai United Holy Church, Off Watts Avenue, 2710 Columbus Avenue, Portsmouth, VA, 23704 (O) <i>Tommy M 757-537-5186</i>	
Tue	6:45AM	Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street, Portsmouth, VA, 23704 (O) <i>Teresa D 757-724-3685</i>	
Tue	NOON	The Emergency Unit , Holy Communion Lutheran Church, Hodges Ferry Rd & Bob White St, 6220 Portsmouth Blvd, Portsmouth, VA, 23701 (O) <i>Dora H 757-735-7615</i>	
Tue	7:00PM	Keep Coming Back , New First Baptist Church of Taylorsville, By Fredrick Blvd, 2720 Turnpike Road, Portsmouth, VA, 23707 (O) <i>Francis P 757-679-1151</i>	
Tue	8:00PM	A Gift Called Life , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd, Portsmouth, VA, 23701 (O) <i>Brian L 757-619-7375, Sean H 757-438-1688</i>	
Wed	6:45AM	Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street, Portsmouth, VA, 23704 (O)	
Wed	7:00PM	Surrender and Recovery , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd, Portsmouth, VA, 23701 (O)	
Wed	7:30PM	What Can I Do , Holy Communion Lutheran Church, Hodges Ferry, 6220 Portsmouth Blvd, Portsmouth, VA, 23701 (O)	
Thu	6:45AM	Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street, Portsmouth, VA, 23704 (O)	
Thu	7:00PM	Freebird , Craddock Baptist Church, and Harris Road, 96 Afton Parkway, Portsmouth, VA, 23702 (O)	
Thu	7:30PM	Girls Nite Out , First Friends Church, 5307 Portsmouth Blvd., Portsmouth, VA, 23701 (O)	
Fri	6:45AM	Jump Start the Day , First Lutheran Church, King & Washington, 600 King Street, Portsmouth, VA, 23704 (O)	
Sat	11:00AM	The Phoenix Group , Maryview Hospital 2nd floor Conference Room A, 2nd floor Conference Room A, 3636 High Street, Portsmouth, VA, 23707 (O) <i>Derrick C 757-968-1075</i>	
Sat	8:00PM	Back to Basics , Broad Street United Methodist Church, 300 Broad Street, Portsmouth, VA, 23707 (O) <i>Ty H 757-235-3175</i>	

SUFFOLK			
Sun	7:30PM	A Clear Message , Obici Hospital, Conf. Rm. C - Basement, 2800 Godwin Boulevard, Suffolk, VA, 23434 (O, BT, DISC, SPK, AB) <i>Doretta G 757-748-3289 (1-BT, 2-AB, 3-DISC, 4-SPK)</i>	
Wed	7:30PM	Life & Hopenline , Suffolk Christian Church, by courthouse, 216 North Main St., Suffolk, VA, 23434 (O)	

SUFFOLK (CONT)

Fri 7:00PM Life & Hopeline. Sentara Obici Hospital, 2800 Godwin Boulevard, Suffolk, VA, 23434 (O)

Sat 7:00PM Life and Hopeline. Sentara Obici Hospital, 2800 Godwin Boulevard, Suffolk, VA, 23434 (O) *Travis B 757-618-9246*

VIRGINIA BEACH

Sun 9:00AM Hope Ignited. Virginia Beach Recovery Club, 1900 Baltic Avenue, Virginia Beach, VA, 23451 (O, DISC, WC &) *Dale 757-202-9693, Christine D 757-374-1348*

Sun 5:00PM The Journey Continues. St. Francis Episcopal Church, 509 S Rosemont Road, Virginia Beach, VA, 23452 (C, LIT) *Todd 757-617-5561*

Sun 8:00PM Sunday Sanity. VA Beach Psychiatric Center, next to hospital, 1100 First Colonial Rd, Virginia Beach, VA, 23454 (O, DISC) *Karla W 757-434-6446, Pat O 757-633-2820*

Mon 7:00PM Monday Night Candlelight. License Saver & Driver Improvement, 5312 Providence Rd, Virginia Beach, VA, 23464 (O, BT) *Eric D 757-580-2849*

Mon 7:30PM Living The Program. Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road, Virginia Beach, VA, 23452 (O) *Lance G 757-692-7864, Steve K 757-715-1075*

Mon 8:00PM Raw Recovery. Homeless Shelter (Judeo-Christian Outreach Ctr.), E of Birdneck Rd, 1053 Virginia Beach Blvd, Virginia Beach, VA, 23451 (O) *Earl H 757-235-4877*

Mon 10:30PM End of the Night. Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, VA, 23455 (O) *Teresa D 757-724-3685*

Tue 7:30PM Freedom Group. St. Nicholas Fellowship Hall, 621 First Colonial Road, Virginia Beach, VA, 23451 (O) *Kristina D 757-270-9509*

Tue 7:30PM In Times of Illness. VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, Virginia Beach, VA, 23454 (O) *Bill S 757-717-1815*

Tue 7:30PM There's A Light. Ocean Lakes Church of Christ, 1200 Dam Neck Road, Virginia Beach, VA, 23454 (O) *Ian B 757-717-7900, Geoff L 757-641-3159*

Tue 8:00PM Enjoying the Journey. Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road, Virginia Beach, VA, 23452 (O) *Billy B 757-681-4341*

Tue 10:30PM End of the Night. Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, VA, 23455 (O) *Teresa D 757-724-3685*

Wed NOON Visible Changes. Emmanuel Episcopal Church, Off S Witchduck, 5181 Princess Anne Road, Virginia Beach, VA, 23462 (O)

Wed 7:15PM Straight Ahead. Christ Presbyterian, 709 Aragona Blvd, Virginia Beach, VA, 23455 (O)

Wed 8:00PM Trusted Servants. St. Francis Episcopal Church, 509 S Rosemont Road, Virginia Beach, VA, 23452 (O)

Wed 8:30PM Stepping into Recovery. Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, VA, 23455 (O)

Wed 10:30PM End of the Night. Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, VA, 23455 (O)

Thu NOON Midday Recovery. St Francis Episcopal Church, 509 S Rosemont Rd, Virginia Beach, VA, 23452 (O, DISC)

Thu 7:00PM Shattering the Illusion. St. Michaels Lutheran Church, 2208 Princess Anne Road, Virginia Beach, VA, 23456 (O)

Thu 7:30PM Serenity Circle. Haygood United Methodist Church, 4713 Haygood Road, Virginia Beach, VA, 23455 (O)

Thu 8:00PM Choose Life. VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, Virginia Beach, VA, 23454 (O)

Thu 8:00PM Raw Recovery. Judeo-Christian Outreach Center - Homeless Shelter, E of Birdneck Rd, 1053 Virginia Beach Blvd, Virginia Beach, VA, 23451 (O)

Thu 10:30PM End of the Night. Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, VA, 23455 (O)

Fri NOON Write Now Meeting. Providence Presbyterian, 5497 Providence Rd, Virginia Beach, VA, 23464 (C)

Fri 8:00PM Kampsville Crossroads. Providence Presbyterian Church, 5497 Providence Road, Virginia Beach, VA, 23464 (C)

Fri 8:00PM Wave of Recovery. Virginia Beach Christian Church, 2225 Rose Hall Drive, Virginia Beach, VA, 23454 (O)

Fri 8:30PM HOW Group. Good Shepherd Lutheran Church, 1489 Laskin Road, Virginia Beach, VA, 23451 (C)

Fri 11:00PM The Road Less Traveled. Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, VA, 23455 (O)

Sat 9:00AM Fresh Start. Foundry United Methodist Church, 2801 Virginia Beach Blvd., Virginia Beach, VA, 23452 (O) *Madison B 757-506-6986*

Sat 5:00PM When at the End of the Road. St. Francis Episcopal Church, 509 S Rosemont Road, Virginia Beach, VA, 23452 (O) *Donna S 757-343-5897*

Sat 6:00PM Rainbow Recovery. 5625 Providence Road, Suite 103, Virginia Beach, VA, 23464 (O) *Debbie 757-918-3482*

Sat 6:00PM Saturday Night Men's Meeting. Virginia Beach Christian Church, 2225 Rose Hall Drive, Virginia Beach, VA, 23454 (C) *Robert D 757-343-3423*

Sat 7:00PM Saturday Night Live. St. Nicholas Fellowship Hall, 621 First Colonial Road, Virginia Beach, VA, 23451 (O) *Ted L 757-717-2669*

Sat 8:00PM Freedom of Choice. Church of the Accension, 4853 Princess Anne Road, Virginia Beach, VA, 23462 (O) *James P 757-619-2273*

WEST POINT

Wed 7:30PM To The Point. St. John's Episcopal Church, 916 Main Street, West Point, VA, 23181 (O, WC &)

WILLIAMSBURG

Sun 8:00PM Nature Of Recovery. 5477 Mooretown Road, Williamsburg, VA, 23188 (O, WC &)

WILLIAMSBURG (CONT)

Tue 7:00PM A Proven Program. York River Baptist Church, 8201 Croaker Road, Williamsburg, VA, 23188 (O)

Thu 7:30PM 12 + 12 = Change!!. Wesley Foundation (across from W&M soccer field), 526 Jamestown Road, Williamsburg, VA, 23185 (O, WC &)

Sat 10:00AM Living Life On Life's Terms. Wesley Foundation, 526 Jamestown Road, Williamsburg, VA, 23185 (O, WC &)

Mon 7:00PM Women in Recovery. St. Martin's Church, 1333 Jamestown Road, Williamsburg, VA, 23185 (O)

Mon 8:30PM Who is an Addict?. 3279 Lake Powell Road, Williamsburg, VA, 23185 (O)

Wed 8:30PM Who is an Addict?. 3279 Lake Powell Road, Williamsburg, VA, 23185 (O)

YORKTOWN

Mon 7:30PM Hearts Of Hope II. St. Joan of Arc Church, 9041 George Washington Memorial Highway, Yorktown, VA, 23692 (O, WC &)

Mon 7:30PM In Step. Grafton Baptist Church, @ Dare Road, 5540 George Washington Memorial Hwy, Yorktown, VA, 23692 (O)

NORTH CAROLINA MEETINGS

Sun 8:00PM Over and Beyond. Saint Phillips Chapel, West side of Street, 201 S McMorrine St, Elizabeth City, NC, 27909 (O, DISC) *Linda T 252-333-7983*

Tue 8:00PM Over & Beyond. Saint Phillips Chapel, 201 S McMorrine St, Elizabeth City, NC, 27909 (O) *Linda T 252-333-7983*

Thu 8:00PM Over & Beyond. Saint Phillips Chapel, 201 S McMorrine St, Elizabeth City, NC, 27909 (O)

Sun 7:30PM Stick and Stay. Colington Methodist Church, 1949 Colington Rd, Kill Devil Hills, NC, 27948 (O, WC &) *Clare D 252-944-6971*

Mon 7:30PM Freedom to Live. Liberty Christian Fellowship, 244 Williams Drive, Kill Devil Hills, NC, 27948 (C) *Mary K 252-619-5080*

Tue 7:30PM Stick & Stay. Colington Methodist Church, 1949 Colington Rd, Kill Devil Hills, NC, 27948 (O, WC &) *Clare D 252-944-6971*

Sat 7:30PM Freedom to Live. Liberty Christian Fellowship, 244 Williams Drive, Kill Devil Hills, NC, 27948 (O) *Kim K 252-753-0822*

Thu 7:30PM Surrender to Win. Manteo Baptist Church, 406 US Highway 64, Manteo, NC, 27954 (O)

Wed 7:30PM Miracles Happen. St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail, Nags Head, NC, 27959 (O)

Fri 7:30PM Miracles Happen. St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail, Nags Head, NC, 27959 (O)

Wed 6:00PM Miracles in Progress. Melton Grove Missionary Baptist Church, 163 Melton Grove Road, Winfall, NC, 27944 (O)



**HAMPTON ROADS METRO
NARCOTICS ANONYMOUS
MEETING LIST
NOVEMBER 2017**

CALL 24 Hr: 804-965-1871

Virginia Beach, Norfolk, Suffolk, Chesapeake, Hampton, Newport News

World Narcotics Anonymous Service: www.na.org

Central Atlantic Regional Service: 800-777-1515

www.car-na.org

P. O. Box 1959, Chesterfield, VA 23832

Central Atlantic Regional Convention: www.avcna.org

Beach Area Service: www.virginiabeachna.org

P.O. Box 1377 Virginia Beach, VA 23451

Peninsula Area Service: www.peninsulaareana.org

P.O. Box 16009, Newport News, VA 23608

Tidewater Area Service: www.tidewaterareana.org

1112 Norview Ave, Norfolk, VA

FORMAT LEDGEND

AB	Ask-It-Basket	BT	Basic Text
C	Closed	DISC	Discussion
JFT	Just for Today Study	LIT	Literature Study
M	Men	O	Open
SPK	Speaker	STEP	Step
TOP	Topic	VAR	Format Varies
WC &	Wheelchair		

Meetings Weekly: 169