

ELIZABETH CITY, NC

Sun 8:00PM Over and Beyond (O, DISC), Saint Phillips Chapel, West side of Street, 201 S McMorrine St, Elizabeth City, *Linda T 252-333-7983*

Tue 8:00PM Over & Beyond (O), Saint Phillips Chapel, 201 S McMorrine St, Elizabeth City, *Linda T 252-333-7983*

Thu 8:00PM Over & Beyond (O), Saint Phillips Chapel, 201 S McMorrine St, Elizabeth City, *Linda T 252-333-7983*

KILL DEVIL HILLS, NC

Sun 7:30PM Stick and Stay (O, WC &), Colington Methodist Church, 1949 Colington Rd, Kill Devil Hills, *Clare D 252-944-6971*

Mon 7:30PM Freedom to Live (C), Liberty Christian Fellowship, 244 Williams Drive, Kill Devil Hills, *Mary K 252-619-5080*

Tue 7:30PM Stick & Stay (O, WC &), Colington Methodist Church, 1949 Colington Rd, Kill Devil Hills, *Clare D 252-944-6971*

Sat 7:30PM Freedom to Live (O), Liberty Christian Fellowship, 244 Williams Drive, Kill Devil Hills, *Kim K 252-753-0822*

MANTEO, NC

Thu 7:30PM Surrender to Win (O), Manteo Baptist Church, 406 US Highway 64, Manteo, *Keith B 252-573-9615, Jim 252-489-9895*

NAGS HEAD, NC

Wed 7:30PM Miracles Happen (O), St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail, Nags Head, *Kim K 252-573-0822, Jim H 252-489-9895*

Fri 7:30PM Miracles Happen (O), St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail, Nags Head

WINFALL, NC

Wed 6:00PM Miracles in Progress (O), Melton Grove Missionary Baptist Church, 163 Melton Grove Road, Winfall

CARROLLTON, VA

Fri 7:30PM Running On Faith (O), Carrollton Church of God, 16144 Carrollton Boulevard, Carrollton

CHESAPEAKE, VA

Sun 3:00PM Wecoverly (O, DISC), Great Bridge United Methodist Church, 201 Stadium Drive, Chesapeake, *Chris 757-377-9236*

Mon 7:30PM The Winding Road (C), Oak Grove United Methodist Church, across from water tower, 472 N. Battlefield Blvd, Chesapeake, *Justin K 757-773-4403, Rich B 757-737-4267*

Tue 7:00PM Awesome Life (O), Great Bridge United Methodist Church, Corner of S. Battlefield & Stadium, 201 Stadium Drive, Chesapeake, *Carrie L 757-560-8177*

Tue 7:00PM Count Your Blessings (O), Oaklette United Methodist, Park in Rear, Corner Indian River & Oaklett, 520 Oaklette Dr, Chesapeake, *Daniel A 757-418-1690*

Wed 7:30PM Change We Must (C), Great Bridge Evangelical Free Church, across from old high school, 173 Mt. Pleasant Road, Chesapeake, *Katie K 757-405-8464*

Thu NOON Reason To Believe (O), Church Of Saint Therese, Enter front, Rooms 10 & 11, across from Chesapeake Square Mall@ Coffman Blvd, 4137 Portsmouth Blvd, Chesapeake, *Johnny D 757-287-4430*

Thu 7:00PM Second Chance (O), Great Bridge United Methodist Church, @S. Battlefield, 201 Stadium Drive, Chesapeake, *Bernard 757-778-1755, Louie L 757-560-8172*

Thu 7:30PM Caring and Sharing (O), Unity Renaissance Church, behind Greenbriar Mall, 1120 Eden Way N, Chesapeake

Thu 8:00PM Branching Out (O), Aldersgate United Methodist Church, western branch, 4320 Bruce Rd, Chesapeake, *Joe B 757-397-6279*

Fri 7:00PM Agape (O), St. Paul, @ Dunbarton, 437 Providence Rd, Chesapeake, *Julius K 757-470-7494*

Fri 7:30PM Better Days (O), Church Of Saint Therese, Enter Front, Rooms 10-11, @ Coffman Blvd across from Chesapeake Square Mall, 4137 Portsmouth Blvd, Chesapeake, *Liz S 757-681-0711*

COURTLAND, VA

Fri 7:30PM Thank God I'm Free (T.G.I.F.) (O), Courtland United Methodist Church, 22416 Main Street, Courtland, *Scott C 434-594-5819*

FRANKLIN, VA

Mon 7:00PM Beyond Our Wildest Dreams (O, SPK, WC &), First Baptist Church, 318 Hall Street, Franklin, *Charlene J 434-632-1972*

Tue 7:00PM Earthbound Group (O, DISC), Fellowship Around The World, 400 N. High St., Franklin, *Stephen B 757-613-5531*

Wed 7:30PM Bright New Life (O), Franklin Baptist Church, 208 N High Street, Franklin, *DeWayne L 757-641-8022*

Thu 5:30PM We Do Recover (O), Franklin District Building, 161 Steward Drive, Franklin, *Keith J 757-344-3189*

Sat 1:00PM New Beginnings (C), Martin Luther King Center, 683 Oak Street, Franklin

GLOUCESTER COURTHOUSE, VA

Fri 7:30PM Closer To Home (O, WC &), Riverside Walter Reed Hospital, 7515 Hospital Drive, Gloucester Courthouse

GLOUCESTER, VA

Mon 7:30PM The Out of Ordinary Meeting (O, WC &), White Marsh Baptist Church, 5123 George Washington Memorial Highway, Gloucester

Tue 7:00PM A New Way of Life (O), 9228 George Washington Memorial Highway, Gloucester

HAMPTON, VA

Sun NOON Faith (O, WC &), Riverside Behavioral Health, 2244 Executive Drive, Hampton

HAMPTON, VA (CONT)

Sun 7:00PM The Lie Is Dead (O, WC &), North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane, Hampton

Sun 7:30PM Recovery Group (O, WC &), Riverside Behavioral Health, 2244 Executive Drive, Hampton

Mon NOON A Meeting at Lunch (O, VAR, WC &), First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton

Mon 3:00PM Change I Must Or Die I Will (O, WC &), Nickerson Plaza, Next to ACE Hardware, 2096 Nickerson Blvd, Hampton

Mon 6:45PM Honesty Group (O, WC &), St. Mark's Episcopal Church, 1835 Todds Lane, Hampton

Tue NOON A Meeting at Lunch (O), First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton

Tue 5:30PM Serenity Group (O, WC &), Riverside Behavioral Health Center, 2244 Executive Drive, Hampton

Tue 7:30PM New Genesis Group (O), Weslley United Methodist Church, 2510 N. Armistead Avenue, Hampton

Tue 7:30PM Young, Clean & Living (O), Northampton Presbyterian Church (behind the Fire Department), 1217 Todds Lane, Hampton

Tue 8:15PM Let's Recover Together (O, WC &), Hampton Christian Church, 151 East Mercury Boulevard, Hampton

Wed NOON A Meeting at Lunch (O), First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton

Wed 7:00PM Hugs Not Drugs (O), Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road, Hampton

Thu NOON A Meeting at Lunch (O), First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton

Thu 7:00PM We Do Recover (O, WC &), Hampton Christian Church, 151 East Mercury Boulevard, Hampton

Thu 8:00PM Time To Surrender (O, WC &), Northampton Presbyterian Church (behind fire station), 1217 Todds Lane, Hampton

Fri NOON A Meeting at Lunch (O), First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton

Fri 6:00PM How & Why (C, WC &), Riverside Behavioral Health Center, 2244 Executive Drive, Hampton

Sat 6:00PM Saturday Night Alternative (O, WC &), First Presbyterian Church, 514 S. Armistead Avenue, Hampton

Sat 7:30PM A New Approach to Life (O), North Hampton Presbyterian Church (behind the firehouse), 1217 Todds Lane, Hampton

NEWPORT NEWS, VA

Sun 9:30AM Surrender To Live (O, WC &), C. Waldo Scott Center, 3100 Wickham Avenue, Newport News

Tue 7:00PM A Gift Called Life (O, WC &), Warwick United Church of Christ, 10 Matoaka Lane, Newport News

Mon 9:30AM Trust The Process (O, WC &), St. Augustine's Episcopal Church, 2515 Marshall Avenue, Newport News

Mon NOON High Noon (O, WC &), Recovery Baptist Church, 303 Blair Avenue, Newport News

Mon 7:00PM New Attitude (O, WC &), 3509 Chestnut Avenue, Newport News

Tue 9:30AM Trust The Process (O, WC &), St. Augustine Episcopal Church, 2515 Marshall Avenue, Newport News

Tue NOON High Noon (O, WC &), Recovery Baptist Church, 303 Blair Avenue, Newport News

Tue 6:00PM I Can't We Can (O, WC &), YWCA, 2702 Orcutt Avenue, Newport News

Tue 7:00PM We Can Change (O), First Church of Newport News, 2300 Wickham Avenue, Newport News

Wed 9:30AM Trust The Process (O, WC &), St. Augustine's Episcopal Church, 2515 Marshall Avenue, Newport News

Wed NOON High Noon (O, WC &), Recovery Baptist Church, 303 Blair Avenue, Newport News

Wed 7:00PM End Of The Road (O, WC &), 1707 Jefferson Avenue, Newport News

Wed 7:00PM Hope (O), Warwick Conference Center, Building #6, 12420 Warwick Blvd, Newport News

Wed 7:30PM Living The Program (C, WC &), Warwick United Church of Christ, 10 Matoaka Lane, Newport News

Thu 9:30AM Trust The Process (O, WC &), St. Augustine's Episcopal Church, 2515 Marshall Avenue, Newport News

Thu NOON High Noon (O, WC &), Recovery Baptist Church, 303 Blair Avenue, Newport News

Thu 7:00PM Let's Get Spiritual (O, WC &), St. Paul AME Church, 2500 Chestnut Avenue, Newport News

Fri 9:30AM Trust The Process (O, WC &), St. Augustine Episcopal Church, 2515 Marshall Avenue, Newport News

Fri NOON High Noon (O, WC &), Recovery Baptist Church, 303 Blair Avenue, Newport News

Fri 6:30PM Change We Must (O, WC &), Living Faith Christian Center, 14901 Warwick Blvd, Newport News

Fri 7:00PM Keep Coming Back (O, WC &), Newport News Community Center, 605 South Avenue, Newport News

Fri 7:30PM Good Orderly Direction (O, WC &), Warwick United Church of Christ, 10 Matoaka Lane, Newport News

Sat 10:00AM No More Excuses (O, WC &), Warwick United Church of Christ, 10 Matoaka Lane, Newport News

NEWPORT NEWS, VA (CONT)

Sat NOON Women & Men In Recovery (O), Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St, Newport News

Sat 5:30PM Saturday Night Live (O, WC &), First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St., Newport News

Sat 7:30PM Never Alone (O, WC &), Hillton Christian Church, 100 James River Drive, Newport News

NORFOLK, VA

Sun 6:00PM It's About Time (O, SPK), Norview United Methodist Church, 1112 Norview Avenue, Norfolk, *Almeta L 757-589-4047*

Sun 8:00PM Mixed Group (O, DISC), First Lutheran Church, 1301 Colley Ave, Norfolk, *Mike J 757-409-1676*

Norfolk 9:30AM Morning Meditation (O, WC &), EZ Does It Service Center, 1153 Harmony Road, Norfolk, *Rick K 757-753-0048*

Mon NOON Help Me Think (O), Ingleside Baptist Church, corner of Gatling Ave, 925 Ingleside Rd., Norfolk, *Carlton J 757-589-3564*

Mon 6:00PM No Labor, No Reward (O, LIT), New Mr Zion AME Church, 113 Seekel St, Norfolk, *Welton T 757-201-1118*

Mon 8:00PM Recovery on the Hill (O), Ocean View Reformed Christian Church, 1241 Hillside Avenue, Norfolk, *Fred R 757-695-6500*

Tue 9:30AM Morning Meditation (O, WC &), EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, Norfolk, *Rick K 757-753-0048*

Tue 5:30PM Just For Today (O), First Lutheran Church, Corner of Colley Ave. & Baldwin Ave., 1301 Colley Avenue, Norfolk, *Bill A 757-647-7707*

Tue 7:00PM Let It Be (O), Oceanview Christian Reformed Church, 1 block from Ocean View & Beach View, 1241 Hillside Ave, Norfolk, *Jessica P 757-822-4559*

Tue 7:00PM We Can Change (O), Oakdale Presbyterian Church, West of Tidewater Dr. between Harriet & Van Patten Rd., 550 East Little Creek Rd., Norfolk, *Edward A 757-818-2737*

Wed 9:30AM Morning Meditation (O, WC &), EZ Does It Service Center, 1153 Harmony Road, Norfolk

Wed 5:00PM In Recovery (O, VAR), Christ & St. Luke Church, In Basement, 560 W. Olney Rd, Norfolk

Wed 7:00PM Daily Recovery (O, VAR), Mount Gilead Church, 1057 Kennedy St, Norfolk

Wed 7:00PM The Stand (O), New Calvary Baptist Church, 800 E Virginia Beach Blvd, Norfolk, *Doris T 757-961-7325*

Wed 8:00PM Better by the Bay (O, WC &), Miles Memorial United Methodist Church, @Government Street (rear entrance), 9450 Granby Street, Norfolk, *Ryan D 757-651-5316*

Wed 8:00PM Where's Lot 14? (O), Sentara Norfolk General Hospital, Dining Room #1, 600 Gresham Drive, Norfolk, *Gary 757-237-4507, Juanita 757-685-8848*

Thu 9:30AM Morning Meditation (O, WC &), EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, Norfolk, *Rick K 757-753-0048*

Thu NOON Lunch Time Recovery (O), Ocean View Reformed Christian Church, 1 Block from Ocean View Avenue & Beach View Street, 1241 Hillside Avenue, Norfolk, *LaTrisha 757-285-1964, Jerome F 757-202-6163*

Thu 6:30PM Got to Have It (O), Queen Street Baptist Church, 413 E. Brambleton Avenue, Norfolk, *Frederick J 757-374-1577, Juanita S 757-685-8848*

Thu 7:00PM Show Me How To Live (C), Sacred Heart Church, 520 Graydon Avenue, Norfolk

Thu 8:00PM Junks & Drunks (O), East Ocean View Baptist Church, Social Hall, 9609 9th Bay Street, Norfolk, *Marsha N 757-470-6128*

Fri 9:30AM Morning Meditation (O), EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road, Norfolk, *Mike M 757-305-2212, Rick K 757-753-0048*

Fri NOON The Continuing Quest (O), First Lutheran Church, Corner Colley Ave & Baldwin Ave, 1301 Colley Avenue, Norfolk, *Dave E 757-663-2723*

Fri 6:00PM The Happy Hour (C), Faith Community Church, 100 East 30th Street, Norfolk, *Lafayette R 757-696-7534, Jerome F 757-202-6163*

Fri 8:00PM Miracle On 9th Bay (O), Lighthouse Community Church, 9609 9th Bay Street, Norfolk, *Larry W 757-701-0446*

Fri 8:00PM We Do Recover (O), Norview United Methodist Church, 1112 Norview Avenue, Norfolk, *Troy B 757-395-7376, Wanda P 757-324-9170*

Sat NOON Basic Math 12 & 12 (O), First Baptist Church, across from the Scope, 418 E Bute Street, Norfolk, *Carlton D 757-515-3331*

Sat 5:30PM Back to Life (O), 1st Lutheran Church, Corner of Colley and Baldwin, 1301 Colley Avenue, Norfolk, *Cedric H 757-535-5807, Cornell W 757-729-4089*

Sat 8:00PM Surrender to Live (O, BT, DISC, IW, WC &), Norview United Methodist Church, 1112 Norview Avenue, Norfolk, *Fred R 757-695-6500. We break up into 3 meeting rooms, and alternate in 1.*

POQUOSON, VA

Thu 7:30PM Fresh Start for Open Hearts (O), Poquoson Baptist Church, 283 Wythe Creek Road, Poquoson

PORTSMOUTH, VA

Sun 9:00AM Men's Rap (O, DISC, M, WC &), Maryview Behavioral Center, First Floor side entrance, 3636 High Street, Portsmouth, *Joe B 757-397-6279*

Sun 11:00AM We Need A Meeting (O, BT, DISC, JFT, SPK, STEP), Maryview Hospital, 2nd Floor, Conference Room B, 3636 High Street, Portsmouth, *Donna E 757-353-5895 (1-DISC, 2-STEP, 3-BT, 4-SPK, 5-JFT)*

Sun 7:00PM New Phase Four (O, DISC, SPK, TOP), Saint John's Episcopal Church, 424 Washington Street, Portsmouth, *Mike P 757-298-0130*

Mon 6:45AM Jump Start the Day (O), First Lutheran Church, Washington & King, 600 King Street, Portsmouth, *Teresa D 757-724-3685*

HAMPTON ROADS METRO



MEETING LIST (CITY)

Metropolitan Hampton Roads Meetings including: Carrollton, Chesapeake, Courtland, Franklin, Gloucester Courthouse, Gloucester, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, West Point, Williamsburg and Yorktown. With North Carolina meetings in Elizabeth City, Kill Devil Hills, Manteo, Nags Head and Winfall.

FEBRUARY 2018

REGIONAL HELPLINE

804-965-1871

TIDEWATER HELPLINE

866-972-5055

Beach Area Service P.O. Box 1377 Virginia Beach, VA 23451	http://virginiabeachna.org
Peninsula Area Service P.O. Box 16009, Newport News, VA 23608	http://peninsulaareana.org
Outerlimits Area Service P.O. Box 1164, Franklin, Va. 23851	http://outerlimitsareana.org/
Tidewater Area Service 1112 Norview Ave, Norfolk, VA	http://tidewaterareana.org
Central Atlantic Regional Service P. O. Box 1959, Chesterfield, VA 23832	http://www.car-na.org
Narcotics Anonymous World Service	http://www.na.org

Meetings Weekly: 173

PORTSMOUTH, VA (CONT)

Mon 7:00PM	New Beginnings (O, WC &) , Church of the Resurrection, @ Midfield Pkwy, 3501 Cedar Lane, Portsmouth, Greg C 757-636-3745
Mon 7:30PM	How It Works (O) , Mt. Sinai United Holy Church, Off Watts Avenue, 2710 Columbus Avenue, Portsmouth, Tommy M 757-537-5186
Tue 6:45AM	Jump Start the Day (O) , First Lutheran Church, Washington & King, 600 King Street, Portsmouth, Teresa D 757-724-3685
Tue NOON	The Emergency Unit (O) , Holy Communion Lutheran Church, Hodges Ferry Rd & Bob White St, 6220 Portsmouth Blvd, Portsmouth, Dora H 757-735-7615
Tue 7:00PM	Keep Coming Back (O) , New First Baptist Church of Taylorsville, By Fredrick Blvd, 2720 Turnpike Road, Portsmouth, Francis P 757-679-1151
Tue 8:00PM	A Gift Called Life (O) , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd, Portsmouth, Brian L 757-619-7375, Sean H 757-438-1688
Wed 6:45AM	Jump Start the Day (O) , First Lutheran Church, Washington & King, 600 King Street, Portsmouth, Julia S 804-614-6603
Wed 7:00PM	Surrender and Recovery (O) , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd, Portsmouth, Thomas G 757-647-1481
Wed 7:30PM	What Can I Do (O) , Holy Communion Lutheran Church, Hodges Ferry, 6220 Portsmouth Blvd, Portsmouth, Sabrina P 757-228-0730
Thu 6:45AM	Jump Start the Day (O) , First Lutheran Church, Washington & King, 600 King Street, Portsmouth, Teresa D 757-724-3685
Thu 7:00PM	Freebird (O) , Craddock Baptist Church, and Harris Road, 96 Afton Parkway, Portsmouth, Roland C 757-328-2243, Jen J. 757-582-4947
Thu 7:30PM	Girls Nite Out (O) , First Friends Church, 5307 Portsmouth Blvd., Portsmouth, Kat 757-359-3793, Missy 757-753-6223
Fri 6:45AM	Jump Start the Day (O) , First Lutheran Church, King & Washington, 600 King Street, Portsmouth, Teresa D 757-724-3685
Sat 11:00AM	The Phoenix Group (O) , Maryview Hospital 2nd floor Conference Room A, 2nd floor Conference Room A, 3636 High Street, Portsmouth, Sam D 757-353-2094
Sat 8:00PM	Back to Basics (O) , Broad Street United Methodist Church, 300 Broad Street, Portsmouth, Ty H 757-235-3175

SUFFOLK, VA

Sun 7:30PM	A Clear Message (O, BT, DISC, SPK, AB) , Obici Hospital, Conf. Rm. C - Basement, 2800 Godwin Boulevard, Suffolk, Doretta G 757-748-3289 (1-BT, 2-AB, 3-DISC, 4-SPK)
Wed 7:30PM	Life & Hopes (O) , Suffolk Christian Church, by courthouse, 216 North Main St., Suffolk, Rob T 757-923-5461
Fri 7:00PM	Life & Hopes (O) , Sentara Obici Hospital, 2800 Godwin Boulevard, Suffolk, Benjamin B 757-537-5055
Sat 7:00PM	Life and Hopes (O) , Sentara Obici Hospital, 2800 Godwin Boulevard, Suffolk, Travis B 757-618-9246

VIRGINIA BEACH, VA

Sun 9:00AM	Hope Ignited (O, DISC, WC &) , Virginia Beach Recovery Club, 1900 Baltic Avenue, Virginia Beach, Dale 757-202-9693, Christine D 757-374-1348
Sun 5:00PM	The Journey Continues (C, LIT) , St. Francis Episcopal Church, 509 S Rosemont Road, Virginia Beach, Todd 757-617-5561
Sun 8:00PM	Sunday Sanity (O, DISC) , VA Beach Psychiatric Center, next to hospital, 1100 First Colonial Rd, Virginia Beach, Karla W 757-434-6446, Pat O 757-633-2820
Mon 7:00PM	Monday Night Candlelight (O, BT) , License Saver & Driver Improvement, 5312 Providence Rd, Virginia Beach, Eric D 757-580-2849
Mon 7:30PM	Living The Program (O) , Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road, Virginia Beach, Lance G 757-692-7864, Steve K 757-715-1075
Mon 8:00PM	Raw Recovery (O) , Homeless Shelter (Judeo-Christian Outreach Ctr.), E of Birdneck Rd, 1053 Virginia Beach Blvd, Virginia Beach, Earl H 757-235-4877
Mon 10:30PM	End of the Night (O) , Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, Teresa D 757-724-3685
Tue 7:30PM	Freedom Group (O) , St. Nicholas Fellowship Hall, 621 First Colonial Road, Virginia Beach, Kristina D 757-270-9509
Tue 7:30PM	In Times of Illness (O) , VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, Virginia Beach, Bill S 757-717-1815
Tue 7:30PM	There's A Light (O) , Ocean Lakes Church of Christ, 1200 Dam Neck Road, Virginia Beach, Ian B 757-717-7900, Geoff L 757-641-3159
Tue 8:00PM	Enjoying the Journey (O) , Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road, Virginia Beach, Billy B 757-681-4341
Tue 10:30PM	End of the Night (O) , Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, Teresa D 757-724-3685
Wed NOON	Visible Changes (O) , Emmanuel Episcopal Church, Off S Witchduck, 5181 Princess Anne Road, Virginia Beach
Wed 7:15PM	Straight Ahead (O) , Christ Presbyterian, 709 Aragona Blvd, Virginia Beach, Chris P 757-535-7227
Wed 8:00PM	Trusted Servants (O) , St. Francis Episcopal Church, 509 S Rosemont Road, Virginia Beach, Kevin F 757-777-2363
Wed 8:30PM	Stepping into Recovery (O) , Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, Mary P 757-739-1726
Wed 10:30PM	End of the Night (O) , Old Donation Church, 4449 N. Witchduck Road, Virginia Beach
Thu 7:00PM	Shattering the Illusion (O) , St. Michaels Lutheran Church, 2208 Princess Anne Road, Virginia Beach, Bryan M 757-635-7414, Tim B 714-3132
Thu 7:30PM	Serenity Circle (O) , Haygood United Methodist Church, 4713 Haygood Road, Virginia Beach, Pam 757-636-2364, Trish 757-575-9350
Thu 8:00PM	Choose Life (O) , VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, Virginia Beach, Phil S 757-771-6763

VIRGINIA BEACH, VA (CONT)

Thu 8:00PM	Raw Recovery (O) , Judeo-Christian Outreach Center - Homeless Shelter, E of Birdneck Rd, 1053 Virginia Beach Blvd, Virginia Beach, April M 757-322-7038
Thu 10:30PM	End of the Night (O) , Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, Eugene L 757-572-6593
Fri NOON	Write Now Meeting (C) , Providence Presbyterian, 5497 Providence Rd, Virginia Beach, Christine O 757-729-3282
Fri 8:00PM	Kempsville Crossroads (C) , Providence Presbyterian Church, 5497 Providence Road, Virginia Beach, Mark N 757-478-1839
Fri 8:00PM	Wave of Recovery (O) , Virginia Beach Christian Church, 2225 Rose Hall Drive, Virginia Beach, Pat C 757-735-8934
Fri 8:30PM	HOW Group (C) , Good Shepherd Lutheran Church, 1489 Laskin Road, Virginia Beach, Lance G 757-692-7864, Neal G 757-328-6485
Fri 11:00PM	The Road Less Traveled (O) , Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, Teresa D 757-724-3685
Sat 9:00AM	Fresh Start (O) , Foundry United Methodist Church, 2801 Virginia Beach Blvd., Virginia Beach, Madison B 757-506-6986
Sat 5:00PM	When at the End of the Road (O) , St. Francis Episcopal Church, 509 S Rosemont Road, Virginia Beach, Donna S 757-343-5897
Sat 6:00PM	Rainbow Recovery (O) , 5625 Providence Road, Suite 103, Virginia Beach, Debbie 757-918-3482
Sat 6:00PM	Saturday Night Men's Meeting (C) , Virginia Beach Christian Church, 2225 Rose Hall Drive, Virginia Beach, Robert D 757-343-3423
Sat 7:00PM	Saturday Night Live (O) , St. Nicholas Fellowship Hall, 621 First Colonial Road, Virginia Beach, Ted L 757-717-2669
Sat 8:00PM	Freedom of Choice (O) , Church of the Ascension, 4853 Princess Anne Road, Virginia Beach, James P 757-619-2273

WILLIAMSBURG, VA

Sun 8:00PM	Nature Of Recovery (O, WC &) , 5477 Mooretown Road, Williamsburg
Tue 7:00PM	A Proven Program (O) , York River Baptist Church, 8201 Croaker Road, Williamsburg
Thu 7:30PM	12 + 12 = Change! (O, WC &) , Wesley Foundation (across from W&M soccer field), 526 Jamestown Road, Williamsburg
Fri 8:00PM	NOTHING TO FEAR (O, IP, SPK, TOP, WC &, AB) , Williamsburg Sentara Hospital, Williamsburg Rm., 100 Sentara Circle, Williamsburg
Sat 10:00AM	Living Life On Life's Terms (O, WC &) , Wesley Foundation, 526 Jamestown Road, Williamsburg
Mon 7:00PM	Women in Recovery (O) , St. Martin's Church, 1333 Jamestown Road, Williamsburg
Mon 8:30PM	Who is an Addict? (O) , 3279 Lake Powell Road, Williamsburg
Wed 8:30PM	Who is an Addict? (O) , 3279 Lake Powell Road, Williamsburg

YORKTOWN, VA

Mon 7:30PM	In Step (O) , Grafton Baptist Church, @ Dare Road, 5540 George Washington Memorial Hwy, Yorktown
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Meeting Format Legend

AB	Ask-It-Basket	BT	Basic Text
C	Closed	DISC	Discussion
IP	IP Study	IW	It Works Study
JFT	Just for Today Study	LIT	Literature Study
M	Men	O	Open
SPK	Speaker	STEP	Step
TOP	Topic	VAR	Format Varies
WC &	Wheelchair		