

**SUNDAY**

**10:00 AM - Simplicity is the Key** (O, D, TOP, WC)  
Triangle Club (Front Door)  
1005 SE 4th Ave, Gainesville, FL  
[simplicityisthekey@uncoastna.org](mailto:simplicityisthekey@uncoastna.org)

**5:15 PM - Women with a Message** (C, D, VAR, SPK, W)  
Sid Martin Bridge House (Cafeteria)  
4400 SW. 13th St., Gainesville  
[womenwithamessage@uncoastna.org](mailto:womenwithamessage@uncoastna.org)

**6:30 PM - Welcome Home Group** (O, D, TOP, WC)  
Sid Martin Bridgehouse  
4400 SW 13th St, Gainesville, FL  
[welcomhome@uncoastna.org](mailto:welcomhome@uncoastna.org)

**7:00 PM - Ties that Bind** (C, WC, LIT)  
Parkview Baptist Church  
3403 NW 13th St, Gainesville, FL  
[tiesthatbind@uncoastna.org](mailto:tiesthatbind@uncoastna.org)

**7:30 PM - Living Clean Just For Today** (O, WC, LIT)  
Lake City Medical Center (Classroom 1)  
340 NW Commerce Dr, Lake City, FL  
[livingcleanjustfortoday@uncoastna.org](mailto:livingcleanjustfortoday@uncoastna.org)

**MONDAY**

**12:15 PM - Give Yourself a Break** (O, WC)  
Mount Pleasant United Methodist Church  
630 NW 2nd Street, Gainesville, FL  
[giveyourselfabreak@uncoastna.org](mailto:giveyourselfabreak@uncoastna.org)

**6:30 PM - A New Level of Insight** (O, WC, LIT)  
Compassionate Outreach  
1124 NE 3rd Ave, Gainesville, FL  
[newlevelofinsight@uncoastna.org](mailto:newlevelofinsight@uncoastna.org)

**7:00 PM - From the Streets to the Seats** (O, D)  
AMH Counseling Office  
112 Piedmont Street SW, Live Oak  
[streetstoseats@uncoastna.org](mailto:streetstoseats@uncoastna.org)

**8:00 PM - Life on Life's Terms** (O, TOP, WC, AB)  
St. Joseph's Episcopal Church  
16921 W Newberry Rd, Gainesville, FL  
[lifeonlifesterms@uncoastna.org](mailto:lifeonlifesterms@uncoastna.org)

**8:00 PM - We Do Recover** (O, BEG, STP, WC)  
Sid Martin Bridge House  
4400 SW 13th St, Gainesville, FL  
[wedorecover@uncoastna.org](mailto:wedorecover@uncoastna.org)

**MONDAY (CONT)**

**8:30 PM - No Name Group** (O, D, TOP, WC)  
Westminster Presbyterian Church  
1521 NW 34th St., Gainesville, FL  
[nonamegroup@uncoastna.org](mailto:nonamegroup@uncoastna.org)

**TUESDAY**

**12:15 PM - Give Yourself a Break** (O, WC)  
Mount Pleasant United Methodist Church  
630 NW 2nd Street, Gainesville, FL  
[giveyourselfabreak@uncoastna.org](mailto:giveyourselfabreak@uncoastna.org)

**6:30 PM - Serenity Seeking Sisters** (W)  
Westminster Presbyterian  
1521 NW 34th St., Gainesville, FL  
[serenityseekingsisters@uncoastna.org](mailto:serenityseekingsisters@uncoastna.org)

**7:00 PM - Primary Purpose** (O, TRD)  
St.Luke's Episcopal Church  
1283 11th St SW, Live Oak, FL  
[Primary.Purpose@uncoastna.org](mailto:Primary.Purpose@uncoastna.org)

**8:00 PM - IP on Drugs** (O, D, IP, WC, LIT)  
Westminster Presbyterian Church  
1521 NW 34th St, Gainesville, FL  
[ipondrugs@uncoastna.org](mailto:ipondrugs@uncoastna.org)

**WEDNESDAY**

**12:15 PM - Give Yourself a Break** (O, STP, WC)  
Mount Pleasant United Methodist Church  
630 NW 2nd Street, Gainesville, FL  
[giveyourselfabreak@uncoastna.org](mailto:giveyourselfabreak@uncoastna.org)

**6:30 PM - A New Level of Insight** (O, WC, LIT)  
1124 NE 3rd Ave., Gainesville, FL  
[newlevelofinsight@uncoastna.org](mailto:newlevelofinsight@uncoastna.org)

**7:00 PM - Gainesville Clean** (O, D, STP, TRD, WC)  
Triangle Club  
1005 SE 4th Ave, Gainesville, FL  
[gainesvilleclean@uncoastna.org](mailto:gainesvilleclean@uncoastna.org)

**7:00 PM - Living Clean Just For Today** (O)  
Meridian Lake City (In the back of the building-  
behind OTP-In the Rehab room next to the Soda  
machine)  
439 S.E. Michigan Street, Lake City, FL  
[livingcleanjustfortoday@uncoastna.org](mailto:livingcleanjustfortoday@uncoastna.org)

**8:30 PM - Active Change** (O, D)  
107 North Main St, Gainesville, FL  
[activechange@uncoastna.org](mailto:activechange@uncoastna.org)

**THURSDAY**

**12:15 PM - Give Yourself a Break** (O, D, WC)  
Mount Pleasant United Methodist Church  
630 NW 2nd Street, Gainesville, FL  
[giveyourselfabreak@uncoastna.org](mailto:giveyourselfabreak@uncoastna.org)

**6:30 PM - Open Hearts Open Minds LGBTQ and U** (C)  
Westminster Presbeterian Church  
1521 NW 34th St, Gainesville, FL  
[OpenHearts@uncoastna.org](mailto:OpenHearts@uncoastna.org)

**7:00 PM - Freedom of Choice** (O, D, WC)  
Enduring Faith Ministries  
1001 NE 16th Ave, Gainesville, FL  
[freedomofchoice@uncoastna.org](mailto:freedomofchoice@uncoastna.org)

**7:00 PM - Lifesavers** (O, D, STP, TRD, WC)  
Triangle Club (tranquility Room)  
1005 SE 4th Ave, Gainesville, FL  
[lifesavers@uncoastna.org](mailto:lifesavers@uncoastna.org)

**7:30 PM - New Beginnings** (O, D, WC)  
United Methodist Church  
405 Henry Ave., Branford, FL  
[newbeginnings@uncoastna.org](mailto:newbeginnings@uncoastna.org)

**8:00 PM - Message of Recovery** (O, CAN, WC, MED)  
Westminster Presbyterian Church  
1521 NW 34th St, Gainesville, FL  
[messageofrecovery@uncoastna.org](mailto:messageofrecovery@uncoastna.org)

**FRIDAY**

**12:15 PM - Give Yourself a Break** (O, D, WC)  
Mount Pleasant United Methodist Church  
630 NW 2nd Street, Gainesville, FL  
[giveyourselfabreak@uncoastna.org](mailto:giveyourselfabreak@uncoastna.org)

**6:30 PM - Miracles** (O, D, TOP, WC)  
Showers of Blessings Church  
2615 SE 15th St, Gainesville, FL  
[miracles@uncoastna.org](mailto:miracles@uncoastna.org)

**7:00 PM - From the Streets to the Seats** (O, D, LIT)  
AMH Counseling Office  
112 Piedmont Street SW, Live Oak  
[streetstoseats@uncoastna.org](mailto:streetstoseats@uncoastna.org)

**8:00 PM - No Name Group** (C, CAN, D, WC, RR)  
First Presbyterian Church  
106 S.W. 3rd St., Gainesville, FL  
[noname@uncoastna.org](mailto:noname@uncoastna.org)

**SATURDAY**

**8:00 PM - Message of Recovery** (O, SPK, WC)  
Westminster Presbyterian Church  
1521 NW 34th St, Gainesville, FL  
[messageofrecovery@uncoastna.org](mailto:messageofrecovery@uncoastna.org)

**Meeting Times and Locations subject to change. Call our Phone Line at (352) 376-8008 or (866) 352-5323 or visit <http://uncoastna.org> for the most current information.**

**Meetings are an hour unless otherwise specified.**

### Contact Information

Uncoast Area	<a href="http://uncoastna.org">uncoastna.org</a>
Florida Region	<a href="http://naflorida.org">naflorida.org</a>
FL Regional Service Office	<a href="http://floridarso.org">floridarso.org</a>
NA World Service	<a href="http://na.org">na.org</a>
South Florida Region	<a href="http://sfrna.net">sfrna.net</a>

### Meeting Format Legend

AB	Ask-It-Basket	BEG	Beginners
C	Closed to Non-Addicts	CAN	Candlelight
D	Discussion	IP	Informational Pamphlet
LIT	Literature Study	MED	Just for Today Study
O	Open to Everyone	RR	Round Robin
SPK	Speaker Only	STP	Step
TOP	Topic	TRD	Tradition
VAR	Format Varies	W	Women
WC	Wheelchair		

### Florida Area Information

<b>Alabama NW Florida Region</b>	866.985.0008	<a href="http://alnwf.org">alnwf.org</a>
Pensacola, Ft. Walton Beach, Panama City		
<b>Bahamas</b>	242.426-5245	<a href="http://naflorida.org/bahamas">naflorida.org/bahamas</a>
<b>Bay Area</b>	727.547-0444	<a href="http://bascna.org">bascna.org</a>
Saint Petersburg, Clearwater, Pinellas County		
<b>Bermuda Area</b>	1-441-293-0999	<a href="http://www.nabermuda.org">http://www.nabermuda.org</a>
<b>Big Bend Area</b>	877.340-5096 850.224-2321	<a href="http://bigbendna.org">bigbendna.org</a>

Tallahassee		
<b>Daytona Beach Area</b>	800.206.0731 386.628.0318	<a href="http://daytonana.org">daytonana.org</a>
Ormond, Holly Hill, Port Orange, New Smyrna Bch, Edgewater, Flagler Bch, Palm Coast, Deland, Orange City, Deltona		
<b>First Coast Area</b>	904.723-5683	<a href="http://firstcoastna.org">firstcoastna.org</a>
Jacksonville Jacksonville Beaches Fernandina Beach MacClenny Orange Park Middleburg Green Cove Springs Palatka		
<b>Florida Regional Service Office</b>	863.683-8224	<a href="http://floridarso.org">floridarso.org</a>
<b>Forest Area</b>	352.368-6061	<a href="http://forestna.org">forestna.org</a>
Ocala Belleview Dunnellon		
<b>Gold Coast Area</b>	888.524-1777	<a href="http://goldcoastna.org">goldcoastna.org</a>
Fort Myers Ft. Lauderdale Port Charlotte Cape Coral		
<b>Greater Orlando Area</b>	407.425-5157	<a href="http://orlandona.org">orlandona.org</a>
Longwood Sanford Casselberry Altamonte Kissimmee		
<b>Greater Pensacola Area</b>	850.496-1673 850.723-4813	<a href="http://pensacolana.org">pensacolana.org</a>
Pensacola Ft Walton Beach		
<b>Gulf Coast Area</b>	866.389-1344	<a href="http://nagulfcoastfla.org">nagulfcoastfla.org</a>
Port Charlotte		
<b>Heartland Area</b>	863.683-0630	<a href="http://nafheartland.org">nafheartland.org</a>
Lakeland Polk County Highlands County Hardee County		
<b>Midcoast Area</b>	561.393-0303	<a href="http://northdadearea.org">northdadearea.org</a>
Delray Beach Boca Raton Boynton Beach Deerfield Beach		
<b>Nature Coast Area</b>	352-464-4135	<a href="http://naturecoastna.org">naturecoastna.org</a>
<b>North Dade Area</b>	866-935-8811	<a href="http://northdadearea.org">northdadearea.org</a>
<b>Palm Coast Area</b>	561.848-6262	<a href="http://palmcoastna.org">palmcoastna.org</a>
West Palm Beach		
<b>Recovery Coast Area</b>	727.842-2433	<a href="http://napasco.org">napasco.org</a>
New Port Richey		
<b>River Coast Area</b>	352.382-0851 352.754-7200	<a href="http://rivercoastareana.org">rivercoastareana.org</a>
Citrus County Hernando County		
<b>South Florida Region</b>	866.288-6262	<a href="http://sfrna.org">sfrna.org</a>
<b>Southeast Zonal Forum</b>		<a href="http://sezf.org">sezf.org</a>
<b>Space Coast Area</b>	321.631-4357	<a href="http://spacecoastna.org">spacecoastna.org</a>
Cocoa Cocoa Beach Indialantic Melbourne Merritt Island Palm Bay Port St John Rockledge Satellite Beach Sebastian Suntree Titusville		
<b>Suncoast Area</b>	941.257-5055	<a href="http://suncoastna.org">suncoastna.org</a>
Sarasota Bradenton		
<b>Sunset Coast Area</b>	888.435-7301 239.249-1398 239.591-2804 888.435-7301	<a href="http://sunsetcoastna.com">sunsetcoastna.com</a>
<b>Tampa Funcoast Area</b>	813.879-4357	<a href="http://tampa-na.org">tampa-na.org</a>
Hillsborough County Tampa Brandon Lutz Riverveiw Ruskin		
<b>Treasure Coast Area</b>	772.343-8373	<a href="http://treasurecoastareana.com">treasurecoastareana.com</a>
Fort Pierce Port St Lucie Stuart Okeechobee Vero Bch		
<b>Uncoast Area</b>	352.376-8008 866.352-5323	<a href="http://uncoastna.org">uncoastna.org</a>

**PLEASE PICK UP THE PHONE BEFORE YOU PICK UP AND USE.**



**MEETING LIST**  
NOVEMBER 2018



## UNCOAST AREA OF NARCOTICS ANONYMOUS

**P.O. BOX 12151, GAINESVILLE, FL 32604**  
**<http://UNCOASTNA.ORG>**  
BRANFORD, CHIEFLAND, GAINESVILLE,  
LAKE CITY, LIVE OAK, OCALA

**PHONE LINE (24 hour)**  
(352) 376-8008

#### SUBCOMMITTEE MEETINGS

**Area Service Committee:** 2:00 PM 2nd Sunday  
Westminster Presbyterian Church Annex Bldg.  
1521 NW 34th St, Gainesville, FL 32605

**Website:** 11:15 AM 4th Sunday  
Triangle Club 1005 SE 4th Ave, Gainesville, FL 32601  
[website@uncoastna.org](mailto:website@uncoastna.org)

**Literature:** 1:45 PM 2nd Sunday  
Westminster Presbyterian Church Annex Bldg.  
1521 NW 34th St, Gainesville, FL 32605  
[literature@uncoastna.org](mailto:literature@uncoastna.org)

**Convention:** 1:00 PM 4th Sunday  
Triangle Club 1005 SE 4th Ave, Gainesville, FL 32601  
[convention@uncoastna.org](mailto:convention@uncoastna.org)

**Activities:** 3:00 PM 4th Sunday  
Triangle Club 1005 SE 4th Ave, Gainesville, FL 32601  
[activities@uncoastna.org](mailto:activities@uncoastna.org)

**Public Relations:** 4:00 PM 4th Sunday  
Triangle Club 1005 SE 4th Ave, Gainesville, FL 32601  
[pr@uncoastna.org](mailto:pr@uncoastna.org)

**Hospitals & Institutions:** 5:00 PM 4th Sunday  
Triangle Club 1005 SE 4th Ave, Gainesville, FL 32601  
[hi@uncoastna.org](mailto:hi@uncoastna.org)

**Website QR**



**Email QR**



Please Note: NA and the Uncoast Area are not affiliated with any meeting place listed above. Subcommittee dates and times are subject to change, so check the website for more information.  
...THAT NO ADDICT SEEKING RECOVERY NEED EVER DIE FROM THE HORRORS OF ADDICTION

**My Gratitude speaks when I care and when I share with others the NA Way.**