

| Clare County | |
|------------------|--|
| Sun 20:30 | NA Meeting, text, Rineanna View, Shannon, Co. Clare |
| Mon 20:30 | NA Meeting, text, Ennis Friary, Abbey St, Ennis, Co. Clare |
| Tue 20:00 | NA Meeting, text, Lahinch Rd, Ennistymon, Clare |
| Wed 20:30 | NA Meeting, text, Rineanna View, Shannon, Co. Clare |
| Thu 20:30 | NA Meeting, text, Ennis Friary, Abbey St, Ennis, Co. Clare |
| Fri 20:30 | NA Meeting, text, Bushypark, Ennis, Co. Clare |
| Sat 13:00 | NA Meeting, text, Lahinch Rd, Ennistymon, Clare |
| Sat 20:30 | NA Meeting, text, Ennis Friary, Abbey St, Ennis, Co. Clare |

| Cork County | |
|------------------|--|
| Sun 10:00 | Russian Speaking Meeting, text, Washington Street (RU) |
| Sun 12:00 | NA Meeting, text, 109 Knockfree Avenue, Churchfield, Cork |
| Sun 14:00 | Strength and Hope, text, Erinville Hospital, Western Road |
| Sun 20:00 | NA Meeting, text, Sawmill Street, Cork (To) |
| Mon 18:30 | Women's Meeting, text, 14 George's Quay, Cork (CBH, W) |
| Mon 19:00 | Men's Meeting, text, Sawmill Street, Cork (M, NM) |
| Mon 20:00 | Living Clean by the Sea, text, Church of Ireland Hall, Schull (BK, ME, NM) |
| Mon 20:15 | Hillside Solas, text, 4 Hillside, Donovan Road, Cork (St) |
| Tue 18:15 | NA Meeting, text, Easons Hill, Shandon, Cork |
| Tue 20:00 | Trinity, text, Holy Trinity Church, Fr. Mathew Quay, Cork (To) |
| Wed 13:00 | We Do Recover, text, Sawmill Street, Cork |
| Wed 18:30 | NA Meeting, text, 109 Knockfree Avenue, Churchfield, Cork |
| Wed 20:00 | Strength and Hope, text, Erinville Hospital, Western Road (CL) |
| Thu 19:00 | More Will Be Revealed, text, Family Resource Centre, Village Shopping Centre, Ballincollig (NM) |
| Thu 20:00 | La Verna, text, Grattan Street, Cork |
| Thu 20:00 | NA Meeting, text, 42 McCurtain Street, Fermoy, Co. Cork |
| Fri 12:00 | Community Center, text, Easons Hill, Shandon, Cork |

| Cork County (cont) | |
|--------------------|---|
| Fri 18:00 | Carrigaline Group, text, Upstairs, Church Road, Carrigaline, Co. Cork |
| Fri 20:00 | NA Meeting, text, HSE Building, 49 North Street, Skibbereen, Co. Cork |
| Fri 20:00 | We Do Recover, text, Sawmill Street, Cork |
| Sat 15:00 | NA Meeting, text, Popes Quay, Cork |
| Sat 20:00 | Hillside Solas, text, 4 Hillside, Donovan Road, Cork |

| Kerry County | |
|------------------|---|
| Sun 20:00 | NA Meeting, text, Treatment Centre, Scartaglin Road, Castleisland, Co. Kerry |
| Mon 20:00 | NA Meeting, text, Tralee Community Development Project Centre, Upper Rock Street, Tralee, Kerry (St) |
| Tue 19:30 | NA Meeting, text, Contact Tor 0872220853 or Bert 0831246634 dinglemeeting@gmail.com, Goat Street, Dingle, Co. Kerry |
| Tue 20:00 | NA Meeting, text, Stokers Grove, John B. Keane Road, Listowel, Co. Kerry |
| Tue 20:00 | NA Meeting, text, Rock Rd, Killarney, Co. Kerry (St) |
| Thu 20:00 | NA Meeting, text, Tralee Community Development Project Centre, Upper Rock Street, Tralee, Co. Kerry |
| Fri 20:30 | NA Meeting, text, Contact Tor 0872220853 or Bert 0831246634 dinglemeeting@gmail.com, Goat Street, Dingle, Co. Kerry |
| Sat 20:00 | NA Meeting, text, Tralee Community Development Project Centre, Upper Rock Street, Tralee, Co. Kerry |

| Limerick County | |
|------------------|---|
| Sun 18:30 | NA Meeting, text, beside St Johns, Cathedral Place, Limerick |
| Mon 11:00 | NA Meeting, text, beside St Johns, Cathedral Place, Limerick |
| Mon 20:00 | NA Meeting, text, Parish Office, Condran Street, Abbeyfeale |
| Mon 20:30 | NA Meeting, text, 1 Little Henry Street, Limerick, Ireland (CBH) |
| Tue 11:00 | NA Meeting, text, beside St Johns, Cathedral Place, Limerick |
| Wed 20:30 | NA Meeting, text, 1 Little Henry Street, Limerick (St, Tr) |
| Thu 11:00 | NA Meeting, text, beside St Johns, Cathedral Place, Limerick |
| Fri 20:30 | NA Meeting, text, 1 Little Henry Street, Limerick (CBH, To) |

| Limerick County (cont) | |
|------------------------|--|
| Sat 12:30 | Meditation Meeting, text, beside St Johns, Cathedral Place, Limerick (ME) |
| Sat 13:00 | NA Meeting, text, beside St Johns, Cathedral Place, Limerick |

| Tipperary County | |
|------------------|---|
| Sun 20:30 | NA Meeting, text, Opposite Church, 51 Marys Hall, Upper Irishtown, Clonmel, Co. Tipperary |
| Mon 20:00 | NA Meeting, text, Friar St, Nenagh, Co. Tipperary |
| Tue 20:30 | NA Meeting, text, Opposite Church, 51 Marys Hall, Upper Irishtown, Clonmel, Co. Tipperary |
| Wed 20:30 | NA Meeting, text, Townspark, Cahir, Co. Tipperary |
| Thu 20:30 | NA Meeting, text, Friar St, Nenagh, Co. Tipperary |
| Fri 20:30 | NA Meeting, text, Opposite Church, 51 Marys Hall, Upper Irishtown, Clonmel, Co. Tipperary |
| Sat 17:00 | NA Meeting, text, Abbey Street, Roscrea, Co. Tipperary |

| Waterford County | |
|------------------|---|
| Sun 20:00 | NA Meeting, text, Parnell St., Waterford |
| Mon 18:00 | NA Meeting, text, Parnell St., Waterford |
| Tue 20:00 | NA Meeting, text, Parnell St., Waterford |
| Wed 20:00 | NA Meeting, text, 3rd Floor, Manor Street, Waterford |
| Thu 19:00 | NA Meeting, text, Barrack St, Waterford (JT, St) |
| Fri 20:00 | NA Meeting, text, Parnell St., Waterford |
| Sat 13:00 | NA Meeting, text, Parnell St., Waterford |

| Key Guide to Meetings | | | |
|-----------------------|-------------|-----|--------------------------|
| BK | Book Study | CBH | Closed Bank Holidays |
| CL | Candlelight | JT | Just for Today |
| M | Men | ME | Meditation |
| NM | New Meeting | RU | Russian Speaking Meeting |
| St | Step | To | Topic |
| Tr | Tradition | W | Women |

Please notify meeting changes to
webmaster@nasouth.ie or 087 1386120

What is the NA Program?

NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organisations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion. We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help.

The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Contact Numbers:

Name: _____

No: _____

Name: _____

No: _____

Name: _____

No: _____

Name: _____

No: _____

LIVE CLEAN

PHONELINE 087 1386120
Nightly 6 p.m. to 9 p.m.

SUGGESTIONS

Pick up the phone FIRST.

Don't use - Go to meetings.

Find and use a sponsor.

Avoid the people, places and things you used, stick with the winners.

Read a piece of N.A. literature every day.

Make a meeting a day for the first 90 days.

Come to a meeting early and help set up.

NARCOTICS ANONYMOUS MEETING LIST

SOUTHERN AREA OF IRELAND

DECEMBER 2017

<http://www.nasouth.ie>

<http://www.na-ireland.org>

<http://www.na.org>



**MY GRATITUDE SPEAKS
WHEN I CARE AND WHEN I
SHARE WITH OTHERS THE
NA WAY**