



**GREATER NEW YORK
REGION
NARCOTICS ANONYMOUS
MEETING LIST
DECEMBER 2017**

**24 HOUR HELPLINE
1-800-206-0731
386-628-0318
www.daytonana.org**

Phone Numbers of people you can call:

**SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE**

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| Sunday |
| Monday |
| Tuesday |
| Wednesday |
| Thursday |
| Friday |
| Saturday |

| Service Meetings | | | |
|------------------------------|----------------------------|----|-----------------------|
| Meeting Format Legend | | | |
| B | Beginners | BK | Book Study |
| BL | Bi-Lingual | BT | Basic Text |
| C | Closed | CH | Closed Holidays |
| CL | Candlelight | CP | Concepts |
| CS | Children under Supervision | CW | Children Welcome |
| D | Discussion | ES | Espanol |
| GL | Gay/Lesbian/Transgender | ID | ID Required to Enter |
| IP | Informational Pamphlet | IW | It Works -How and Why |
| JT | Just for Today | LC | Living Clean |
| M | Men | ME | Meditation |
| NC | No Children | NS | No Smoking |
| O | Open | Pi | Pitch |
| QA | Question and Answer | RF | Rotating Format |
| Rr | Round Robin | SC | Surveillance Cameras |
| SD | Speaker/Discussion | SG | Step Working Guide |
| SL | ASL | So | Speaker Only |
| St | Step | TW | Traditions Workshop |
| Ti | Timer | To | Topic |
| Tr | Tradition | W | Women |
| WC | Wheelchair | YP | Young People |

| Helplines | | | |
|-------------------------------------|--------------|--|--------------|
| Big Bend Area - Tallahassee | 877-340-5096 | | 850-224-2321 |
| Daytona Beach Area - Volusia County | 800-206-0731 | | 386-628-0318 |
| First Coast Area - Duval County | 904-723-5683 | | |
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