

**SUNDAY**

**NOON - Noon With a View** (O, D)  
park (north end of Lamont St) 5045 Soledad Rd, Pacific Beach, CA, 92109

**2:00 PM - Noon @ the Beach upstairs (church)** (O, JT, §)  
1050 Thomas Ave, Pacific Beach, CA, 92109

**6:00 PM - Thomas St Speakers** (O, SD)  
1050 Thomas Ave, Pacific Beach, CA, 92109 *Alley entrance. Limited alley parking, street parking available*

**6:30 PM - Spiritual Stick Meeting** (O, TO, WC)  
@ Luna (church) 3219 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117

**7:30 PM - Good Stuff** (O, JT, WC, §)  
2877 Governor Dr, University City, CA, 92122 *Enter in back off Gobat Avenue. Specifically University City for navigational purposes, if not found in San Diego*

**7:30 PM - Week End Wrap Up** (O, CL)  
upstairs alley (church) 1050 Thomas Ave, Pacific Beach, CA, 92109 *Alley entrance. Limited alley parking, street parking available*

**9:00 PM - Serenity Sundays** (O, CL, D)  
(shop) 4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117 *Room next to the Serenity Shop (store)*

**MONDAY**

**NOON - Noon @ the Beach upstairs (church)** (O, JT, §)  
1050 Thomas Ave., Pacific Beach, CA, 92109

**4:00 PM - Just For Today** (O, JT)  
(shop) 4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117 *Room next to the Serenity Shop (store)*

**5:30 PM - Men's Weekly** (C, D, M, §)  
(shop) 4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117 *Room next to the Serenity Shop (store)*

**5:45 PM - NA By the Bay** (O, D, WC, §)  
rec ctr 1008 Santa Clara Pl, Mission Beach, CA, 92109

**6:00 PM - Monday Night Miracles** (C, TO, W, §)  
bldg.B rm13; 2nd fl 3420 Kenyon St, Point Loma, CA, 92140

**6:30 PM - Never To Late** (O, D, ST, WC)  
rec ctr 7064 Levant St, San Diego, CA, 92111

**7:30 PM - Clean Connection** (O, D, WC, YP)  
rec ctr 3605 Clairemont Dr, Clairemont Mesa, CA, 92117

**9:30 PM - Manic Monday** (O, CL, D, WC, §)  
Shop mtg rm 4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117

**TUESDAY**

**NOON - Noon @ the Beach upstairs (church)** (O, JT, §)  
(Mon-Sat) 1050 Thomas Ave, Pacific Beach, CA, 92109

**4:00 PM - Rush Hour** (O, D, §)  
(shop) 4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117 *Room next to the Serenity Shop (store)*

**6:00 PM - Women's Share** (O, D, W)  
room 4141 Pacific Coast Hwy, San Diego, CA, 92110

**6:30 PM - OB Smokeless** (O, D, §)  
church downstairs 1984 Sunset Cliffs Blvd, Ocean Beach, CA, 92107

**TUESDAY (CONT)**

**6:30 PM - Tuesday Night Time Out** (O, D, WC, §)  
Recreation Center Activity Room (Meeting Door Faces Salem St., Speaker every 2nd Tue.) 8575 New Salem Street, San Diego, CA, 92126

**7:30 PM - Young @ Heart** (O, D)  
rm 205 upstairs 3340 Kemper St, Point Loma, CA, 92140

**8:00 PM - Step/Tradition** (O, ST, TR, §)  
(shop) 4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117 *Room next to the Serenity Shop (store)*

**WEDNESDAY**

**NOON - Noon @ the Beach upstairs (church)** (O, JT, §)  
(Mon-Sat) 1050 Thomas Ave, Pacific Beach, CA, 92109

**4:00 PM - Together We Can** (O, BT, §)  
4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117

**5:45 PM - Just For Today By the Bay** (C, JT, WC)  
rec ctr 1008 Santa Clara Pl, Mission Beach, CA, 92109

**6:30 PM - Wednesday Night La Jolla Group** (O, D, WC)  
rec ctr 615 Prospect St, La Jolla, CA, 92037

**7:00 PM - Drop the Rock** (O, D, §)  
4141 Pacific Coast Hwy, San Diego, CA, 92140 *Mission Hills/Point Loma for navigational purposes if not found in San Diego, Veterans Building.*

**7:30 PM - Architects of Adversity** (C, WC, 5)  
4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117

**8:00 PM - Sick Puppies** (O, D, WC)  
Kearny Office Park Building 8322 Clairemont Mesa Blvd Suite 114, Clairemont Mesa, CA, 92111

**8:00 PM - Wednesday N.A.** (O)  
clubhouse 4861 Cass St. Pacific Beach, San Diego, CA, 92109

**9:00 PM - Movin' On** (O, CL, D, §)  
(shop) 4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117 *Room next to the Serenity Shop (store)*

**THURSDAY**

**5:45 AM - Red Eye Group** (O, D, §)  
4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117

**NOON - Noon @ the Beach upstairs (church)** (O, JT, §)  
(Mon-Sat) 1050 Thomas Ave, Pacific Beach, CA, 92109

**4:00 PM - No Matter What** (O, D)  
4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117

**6:00 PM - Eleven11** (O, D, §)  
church 2088 Beryl Street, Pacific Beach, CA, 92109

**6:30 PM - Therapeutic Thursday** (O, D, §)  
church hall 4124 Mt Abraham Ave, Clairemont Mesa, CA, 92111

**7:15 PM - Just A Bit Differant** (O, D)  
4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117

**8:00 PM - The Zoo** (O, D, WC, §)  
church 2088 Beryl Street, Pacific Beach, CA, 92109

**8:00 PM - Thursday Night at the VA** (O, D, WC)  
hosp day rm 2 3350 LA Jolla Village Drive, San Diego, CA, 92138 2 *West Day Room.*

**THURSDAY (CONT)**

**8:00 PM - USD Survivors** (O, D, WC)  
Hall Marion Way @ USD, Linda Vista, CA, 92123

**FRIDAY**

**NOON - Noon @ the Beach upstairs (church)** (O, JT, §)  
(Mon-Sat) 1050 Thomas Ave, Pacific Beach, CA, 92109

**5:00 PM - Thank God it's Friday (T.G.I.F)** (O, D, §)  
(shop) 4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117 *Room next to the Serenity Shop (store)*

**7:00 PM - We Came To Believe** (O, D, SD)  
BldgA conf rm 3250 Fordham, Point Loma, CA, 92140

**8:00 PM - Friday Night Point Loma** (O, D, §)  
door on Avenida de Portugal (church) 1140 Evergreen Street, Point Loma, CA, 92106 *enter at door on Avenida de Portugal & Locust*

**8:00 PM - Friday Night Roulette** (O, D, WC)  
church 1561 Thomas Ave, Pacific Beach, CA, 92109

**10:00 PM - Keep The Candle Lit** (O, CL, D, §)  
(shop) 4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117 *Rm next to the shop*

**SATURDAY**

**NOON - Bent But Not Broken Sisters** (O, D, W, WC, §)  
Club 4736 Clairemont Mesa Blvd, San Diego, CA, 92117

**NOON - Noon @ the Beach upstairs (church)** (O, JT, §)  
(Mon-Sat) 1050 Thomas Ave, Pacific Beach, CA, 92109

**3:00 PM - Beach Break** (O, D, WC)  
clubhouse 2229 Bacon St, San Diego, CA, 92107 *Ocean Beach portion of the Beach Area.*

**6:00 PM - Saturday Sundowners** (O, D)  
day room 4141 Pacific Coast Hwy, Point Loma, CA, 92140 *Mission Hills/Point Loma for navigational purposes if not found in San Diego, Veterans Building.*

**6:30 PM - Count Down To Recovery** (O, D, WC)  
(shop) 4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117 *Room next to the Serenity Shop (store)*

**7:00 PM - Tough Addicts Still Don't Dance** (O, D)  
church rm 103 (No Smoking on Property) 5255 Mt Ararat Dr, Clairemont Mesa, CA, 92111

**7:30 PM - The Otherside** (O, D, §)  
garage (Chalcedony @ Cass) 1004 Chalcedony, Pacific Beach, CA, 92109

**10:30 PM - Late Nighters** (O, CL, WC)  
(shop) 4736 Clairemont Mesa Blvd, Clairemont Mesa, CA, 92117 *Room next to the Serenity Shop (store)*

**Any addict is welcome at any meeting at any time!**

**Legend**

O Open for the general public to attend

C Closed meeting for addicts only or those who may have a drug problem

5	5th & 10th Step	BT	Basic Text
C	Closed	CL	Candlelight
D	Discussion	JT	Just for Today
M	Men	O	Open
SD	Speaker/Discussion	ST	Step
TO	Topic	TR	Tradition
W	Women	WC	Wheelchair
YP	Young People	§	Stamp

**Note: Child care is NOT provided by Narcotics Anonymous!**

**"Take my will and my life.  
Guide me in my recovery.  
Show me how to live."**

**Cualquier adicto es bienvenido en cualquier reunión en cualquier momento!**

**Simbología**

O Reuniones abiertas al público en general

C Reuniones cerradas, sólo para adictos o para quienes crean tener un problema de drogas

BT	Texto Básico	C	Cerrado
CL	Luz de vela	D	Discusión
JT	Solo por Hoy	M	Hombres
O	Abierta	SD	Orador/Discusión
ST	Paso	TO	Tema
TR	Tradición	W	Mujeres
WC	Silla de Ruedas	YP	Jovenes
§	Sello		

**Nota: cuidado de niños no es proporcionada por Narcóticos Anónimos!**

**"Toma mi voluntad y mi vida.  
Guíame en mi recuperación.  
Enseñame cómo vivir."**

**All GSR Orientations 1/2 hour prior to ASC**

**ASC:** Tom R 619-884-2005 **1st Sat 3:00pm**  
1004 Chalcadony Pacific Beach Ca, 92109

**Activities:** Patrick 619-992-5933

**H&I:** Bob G 619.884.5250  
**2nd Wed 6:00pm Jan, April, July & Oct**  
4280 Claremont Mesa Blvd SD 92117

**Conv Liaison:** Vacant

**Lit Sales:** Michelle E 619-507-2435

**Asst Lit Sales:** Vacant

**RSO Liaison:** Dianne H 858-935-9066

**Lit Review:** Heather S 619-517-2192

**Outreach:** Pam N. 858-752-8978

**T-Shirts:** Randy V 619-408-3233

**Phone List**

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**My Gratitude speaks when I care and when I share with others the NA Way.**

**BEACH AREA**

**Meeting Schedule (54 weekly)**

**Printed on: SEPTEMBER 20, 2017**

**San Diego Imperial Counties Region of NARCOTICS ANONYMOUS**



Regional Contact Info: [WebServant@sandiegona.org](mailto:WebServant@sandiegona.org)  
[www.sandiegona.org](http://www.sandiegona.org)

24 Hr Phonelines  
English (619) 584-1007  
Toll Free (800) 479-0062  
Español (619) 546-0774  
North County (866) 331-1958

Regional Service Office: 4689 Felton St., San Diego, CA. 92116  
Mailing Address: P.O. Box 16505 San Diego, CA. 92176  
Business: (619) 584-1010 Fax Line: (619) 584-6269  
World Service Office: P.O. Box 9999, Van Nuys, CA. 91409  
[www.na.org](http://www.na.org) (818) 773-9999 FAX: (818) 700-0700

**SUGGESTIONS FOR EVERYONE**

**DON'T USE no matter what  
Ask your Higher Power to keep you clean  
Come early and stay late  
Get a home group  
Go to 90 meetings in 90 days  
Read NA literature daily  
Get and use a sponsor  
Use the PHONE  
KEEP COMING BACK. IT WORKS**