

SUNDAY / DOMINGO

9:00 AM - Aprender A Vivir (O, BL, M, §)
1324 3rd Ave. #2, Chula Vista, CA, 91911 (*Mens mtng., only 3rd Sunday of every month*)

NOON - Siempre Unidos (O, D, JT, WC, ES, SB, §)
120 National City Blvd, National City, CA, 91950

7:00 PM - Buena Voluntad (O, JT, WC, ES, SB, §)
2004 Ocean View Blvd, San Diego, CA, 92113

7:00 PM - Siempre Unidos (O, D, JT, WC, ES, SB, §)
120 National City Blvd, National City, CA, 91950

7:30 PM - Aprender A Vivir (O, BL, JT, WC, §)
1324 3rd Ave. #2, Chula Vista, CA, 91911

7:30 PM - Nuevo Amanecer (O, D, JT, ES, SB, §)
4776 El Cajon Blvd., #204, San Diego, CA, 92115

MONDAY / LUNES

7:00 PM - Buena Voluntad (O, D, JT, WC, ES, SB, §)
2004 Ocean View Boulevard, San Diego, CA, 92113

7:00 PM - Grupo Recuperacion (O, BL, JT, SB, §)
73 N 2nd Avenue, Chula Vista, CA, 91910 (*Casa Nosotros*)

7:00 PM - Siempre Unidos (O, JT, WC, ES, SB, §)
120 National City Boulevard, National City, CA, 91950

7:30 PM - Aprender A Vivir (O, BL, JT, WC, §)
1324 3rd Ave. #2, Chula Vista, CA, 91911

7:30 PM - Nuevo Amanecer (O, JT, SG, ES, SB, §)
4776 El Cajon Blvd., #204, San Diego, CA, 92115

TUESDAY / MARTES

7:00 PM - Buena Voluntad (O, D, JT, WC, ES, SB, §)
2004 Ocean View Boulevard, San Diego, CA, 92113

7:00 PM - Grupo Recuperacion (O, BL, JT, ES, §)
73 N 2nd Avenue, Chula Vista, CA, 91910 (*Casa Nosotros*)

7:00 PM - Siempre Unidos (O, JT, WC, ES, SB, §)
120 National City Boulevard, National City, CA, 91950

TUESDAY / MARTES (CONT)

7:30 PM - Aprender A Vivir (O, BL, WC, ES, §)
1324 3rd Ave., #2, Chula Vista, CA, 91911

7:30 PM - Nuevo Amanecer (O, JT, ES, SB, §)
4776 El Cajon Blvd., #204, San Diego, CA, 92115

8:00 PM - Grupo Hazlo Simple (O, JT, WC, ES, §)
5065 Logan Ave, San Diego, CA, 92113 (*speaker 4th Tuesday*)

WEDNESDAY / MIÉRCOLES

7:00 PM - Buena Voluntad (O, D, JT, WC, ES, SB, §)
2004 Ocean View Boulevard, San Diego, CA, 92113

7:00 PM - Grupo Recuperacion (O, ES, SB, §)
73 N 2nd Avenue, Chula Vista, CA, 91910 (*speaker last Wednesday*)

7:00 PM - Siempre Unidos (O, JT, WC, ES, SB, §)
120 National City Boulevard, National City, CA, 91950

7:30 PM - Aprender A Vivir (BL, CL, JT, WC, §)
1324 3rd Ave., #2, Chula Vista, CA, 91911 (*Junta de velas*)

7:30 PM - Nuevo Amanecer (O, D, JT, TR, ES, SB, §)
4776 El Cajon Blvd., #204, San Diego, CA, 92115

THURSDAY / JUEVES

7:00 PM - Buena Voluntad (O, D, JT, WC, ES, SB, §)
2004 Ocean View Boulevard, San Diego, CA, 92113

7:00 PM - El Milagro (O, BL, JT, TO, WC, ES, §)
2821 Oceanside Blvd., suite L, Oceanside, CA, 92054

7:00 PM - Grupo Libertad (O, JT, ES, SB, §)
3288 El Cajon Boulevard, San Diego, CA, 92104 (*suite # 3/10*) (*speaker 2nd Thursday*)

7:00 PM - Siempre Unidos (O, JT, WC, ES, SB, §)
120 National City Boulevard, National City, CA, 91950

7:30 PM - Aprender A Vivir (O, BL, JT, WC, §)
1324 3rd Ave., #2, Chula Vista, CA, 91911

7:30 PM - Nuevo Amanecer (O, JT, ES, SB, §)
4776 El Cajon Blvd., #204, San Diego, CA, 92115

FRIDAY / VIERNES

7:00 PM - Buena Voluntad (O, D, JT, WC, ES, SB, §)
2004 Ocean View Boulevard, San Diego, CA, 92113 (*speaker last Friday*)

7:00 PM - Siempre Unidos (O, JT, ES, SB, §)
120 National City Boulevard, National City, CA, 91950 (*speaker 1st Friday*)

7:30 PM - Aprender A Vivir (O, BL, JT, §)
1324 3rd Ave., #2, Chula Vista, CA, 91911 (*speaker 3rd Friday*)

7:30 PM - Nuevo Amanecer (O, JT, ES, SB, §)
4776 El Cajon Blvd., #204, San Diego, CA, 92115 (*speaker 2nd Friday*)

SATURDAY / SÁBADO

NOON - Siempre Unidos (O, JT, WC, SB, §)
120 National City Boulevard, National City, CA, 91950

3:00 PM - Buena Voluntad (JT, SG, W, ES, §)
2004 Ocean View Boulevard, San Diego, California, 92113 (*woman's meeting*)

5:00 PM - Aprender A Vivir (O, BL, JT, YP, §)
1324 3rd Ave., #2, Chula Vista, CA, 91911 (*Young people only*)

7:00 PM - Buena Voluntad (O, D, JT, WC, ES, SB, §)
2004 Ocean View Boulevard, San Diego, CA, 92113

7:30 PM - Aprender A Vivir (O, BL, JT, WC, §)
1324 3rd Ave., #2, Chula Vista, CA, 91911

7:30 PM - Nuevo Amanecer (O, JT, ES, SB, §)
4776 El Cajon Blvd., #204, San Diego, CA, 92115

Any addict is welcome at any meeting at any time!

Enséñame cómo vivir."

All GSR Orientations 1/2 hour prior to ASC

ASC: Mario G. (619) 408-2131 **4th Sun 3pm** 120 National City Blvd.
Activities: Guillermo (619) 761-1878
Lit Sales: Silvia R. (619) 655-7337
Merchandise: Vacant
Outreach: Raquel S. (619) 931-8220
Phonelines: Maria F. (619) 274-1121
Public Info: Gerardo J.
RCM: Maria F. (619) 274-1121
Sched Chg: Raquel S. (619) 931-8220

Legend

O Open for the general public to attend
 C Closed meeting for addicts only or those who may have a drug problem

BL	Bi-Lingual	CL	Candlelight
D	Discussion	ES	Spanish Speaking Meeting
JT	Just for Today	M	Men
O	Open	SB	Smoke Break
SG	Step Working Guide	TO	Topic
TR	Tradition	W	Women
WC	Wheelchair	YP	Young People
§	Stamp		

Phone List

Note: Child care is NOT provided by Narcotics Anonymous!

**"Take my will and my life.
 Guide me in my recovery.
 Show me how to live."**

Cualquier adicto es bienvenido en cualquier reunión en cualquier momento!

Simbología

O Reuniones abiertas al público en general
 C Reuniones cerradas, sólo para adictos o para quienes crean tener un problema de drogas

BL	Bilingüe	CL	Luz de vela
D	Discusión	ES	Hablando español
JT	Solo por Hoy	M	Hombres
O	Abierta	SB	Rotura del humo
SG	Guia Para Trabajar los Pasos	TO	Tema
TR	Tradición	W	Mujeres
WC	Silla de Ruedas	YP	Jovenes
§	Sello		

Nota: cuidado de niños no es proporcionada por Narcóticos Anónimos!

My Gratitude speaks when I care and when I share with others the NA Way.

**"Toma mi voluntad y mi vida.
 Guíame en mi recuperación.**

HABLA HISPANA AREA

Meeting Schedule (38 weekly)

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Regional Contact Info: 24 Hr Phonelines
WebServant@sandiegona.org English (619) 584-1007
www.sandiegona.org Toll Free (800) 479-0062
Espanol (619) 546-0774
North County (866) 331-1958

Regional Service Office: 4689 Felton St., San Diego, CA.
Mailing Address: 92116
Business: (619) P.O. Box 16505 San Diego, CA.
584-1010 92176
Fax Line: (619) 584-6269

World Service Office: P.O. Box 9999, Van Nuys, CA. 91409
www.na.org (818) 773-9999 FAX: (818) 700-0700

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS