

SUNDAY

9:00 AM - Keep it Simple Mens Meeting (C, M, §)

73 N 2nd Ave, Chula Vista, CA, 91910

5:00 PM - Women Do Recover (O, BT, W)

(club) 5065 Logan Ave #103, San Diego, CA, 92113

6:30 PM - Keep It Simple (O, D, WC) #103 (club) 5065 Logan Avenue #103, San Diego, CA, 92113

7:30 PM - Steppin' into Serenity (O, D, TO, §)
1415 Roosevelt Ave, National City, CA, 91950

MONDAY

6:30 PM - Woman With a Purpose (O, D, W)

church/club 1415 Roosevelt Avenue, National City, CA, 91950 *Speaker on 4th Monday*

7:00 PM - Good Time Grab Bag (O, D, WC, §)

(Club) 5065 Logan Ave #103, San Diego, CA, 92113

TUESDAY

6:15 PM - Man 2 Man (C, M)
Rec Center (Front Craft Room) 641 S. Boundry, San Diego, Ca., 92113

WEDNESDAY

6:15 PM - A Dose of Hope (O, D, TO, WC)
6145 Imperial Ave., San Diego, CA, 92114

WEDNESDAY (CONT)

7:45 PM - Dare to Share (O, D, WC, §)
3751 Boston Ave, San Diego, CA, 92113
Spkr 3rd Wed

THURSDAY

4:00 PM - Welcome Home (O, D, WC)
5065 Logan Ave #103, San Diego, CA, 92113

5:30 PM - Clubhouse Meeting (O, D, WC, YP)
3330 Market St, San Diego, CA, 92102

6:15 PM - Come As You Are (O, TO, WC)
West Corner (Rec Center) 641 S Boundary Street, San Diego, CA, 92113

6:30 PM - NA at the Spot (O, D, WC)
6443 Imperial Ave, San Diego, Ca, 92114

8:15 PM - Keep Comin Back (O, D, WC)
(Speaker, 1st Thursday of the month)
5065 Logan Ave #103, San Diego, CA, 92113

FRIDAY

6:00 PM - Downtown Dollies (C, D, W, WC, §)
Center (speaker, 3rd Friday) 2600 Golfcourse Drive, San Diego, CA, 92102

6:00 PM - Keep it Real (O, D, WC)
Rec Center 610 S. 30th St, San Diego, Ca, 92113

7:15 PM - We Do Recover (O, D, WC)
Center (Speaker, 4th Friday) 2600 Golfcourse Drive, San Diego, CA, 92102

SATURDAY

2:00 PM - A Better Day (O, WC)
#103 (Club) 5065 Logan Ave #103, San Diego, CA, 92113 *Speaker 4th Sat*

4:00 PM - Progress Not Perfection (O, D, IW, WC, L)
5065 Logan Ave Ste #103, San Diego, CA, 92113

6:00 PM - Clean Womens (O, D, W, WC)
6443 Imperial Ave, San Diego, Ca, 92114

7:00 PM - Together We Can (C, D, §)
Quonset hut at north end of church property (No children) 1770 Kearney Ave, San Diego, CA, 92113

8:00 PM - Late Night Addicts (D, TO, WC)
5065 Logan Ave #103, San Diego, Ca, 92113

11:59 PM - 1st Saturday at Midnight (O, D)
(1st Sat of Month) 1415 Roosevelt Avenue, National City, CA, 91950 *1st Sat of Month*

Any addict is welcome at any meeting at any time!

Legend

O Open for the general public to attend
C Closed meeting for addicts only or those who may have a drug problem

BT	Basic Text	C	Closed
D	Discussion	IW	It Works - How and Why
L	Literature Study	M	Men
O	Open	TO	Topic
W	Women	WC	Wheelchair
YP	Young People	§	Stamp

Note: Child care is NOT provided by Narcotics Anonymous!

**"Take my will and my life.
Guide me in my recovery.
Show me how to live."**

Cualquier adicto es bienvenido en cualquier reunión en cualquier momento!

Simbología

O Reuniones abiertas al público en general
C Reuniones cerradas, sólo para adictos o para quienes crean tener un problema de drogas

BT	Texto Básico	C	Cerrado
D	Discusión	IW	Functiona - Cómo y Porqué
M	Hombres	O	Abierta
TO	Tema	W	Mujeres
WC	Silla de Ruedas	YP	Jovenes
§	Sello		

Nota: cuidado de niños no es proporcionada por Narcóticos Anónimos!

**"Toma mi voluntad y mi vida.
Guíame en mi recuperación.
Enséñame cómo vivir."**

All GSR Orientations 1/2 hour prior to ASC

- ASC:** Denise P. (619) 885-0426 **1st Sat 10:00am** 641 S. Boundary St, rec ctr. 92113
- Lit Sales:** Cindy S. (818) 400-1815 **1st Sat B4 ASC** 641 S. Boundary St, rec ctr. 92113
- Public Info:** Vacant **6:30pm 4th Fri** 350 N Euclid, SD 92113
- Activities:** Mickey P. (619) 366-0251 **2nd&4th Sun 3pm**
- H&I:** DW 619-248-2620 **3rd Thurs 6:30pm** 641 S. Boundary St, rec ctr. 92113
- Merchandise:** Delane (619-838-4568) **Call for Time and Location**
- Outreach:** Linda B. (619) 655-1007 **3rd Sun 3pm** 641 S. Boundary St, rec ctr. 92113
- RCM:** Roy B. (619) 212-2290

Phone List

My Gratitude speaks when I care and when I share with others the NA Way.

SOUTH EAST BARRIO AREA

Meeting Schedule (23 weekly)

Printed on: **NOVEMBER 19, 2018**



Regional Contact Info: 24 Hr Phonelines
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SUGGESTIONS FOR EVERYONE

- DON'T USE no matter what**
- Ask your Higher Power to keep you clean**
- Come early and stay late**
- Get a home group**
- Go to 90 meetings in 90 days**
- Read NA literature daily**
- Get and use a sponsor**
- Use the PHONE**
- KEEP COMING BACK. IT WORKS**