

SUNDAY

- NOON** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) *Zoom ID 431 913 0412 Password 029097*
- 2:00PM** **Hope for Tomorrow**, Celebration fourth Sunday @1-3pm, 626 2nd Ave No, Birmingham, AL, 35203 (O,SD) *Celebrations start at 1pm*
- 5:30PM** **Steps to Hope**, 1801 Ave H, Birmingham, AL, 35218 (O,D,NS) *Celebrations from 5:30-7:00*
- 6:00PM** **Nothing to Fear**, Indian Springs First Baptist Church, 3375 Cahaba Valley Rd, Indian Springs, AL, 35124 (C,WC,LIT,NS)

MONDAY

- NOON** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) *Zoom ID 431 913 0412 Password 029097*
- NOON** **Recovery Must Come First**, Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (C,BT,D,NS)
- NOON** **Recovery Must Come First VM**, AL, 35207 (C,D,RF,BK,VM)
- 5:00PM** **West End**, The MacAlpine Recreation Center, 1115 Avenue F, Birmingham, AL, 35218 (C,BT,D,STP,NS,IW,RF)
- 6:00PM** **North Pratt**, Renew Birmingham Building, 1801 Avenue H, Birmingham, AL, 35218 (O,D,NS)
- 6:00PM** **Recovery First**, Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 (C,D,NS)
- 6:30PM** **Courage to Change**, Church of the Holy Apostles, 424 Emery Dr., Hoover, AL, 35244 (D,WC,NS,IW) *Zoom ID - 740 706 9855 Password: Courage*
- 6:30PM** **Metro West Group**, New Mt. Moriah Missionary, 330 Marsh Ave, Hueytown, AL, 35023 (C,STP,NS,IW)
- 7:00PM** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) *Zoom ID 431 913 0412 Password 029097*
- 7:00PM** **Only by the Grace**, 923 Graymont ave west, Birmingham, AL, 35204 (O,D,NS,RF)
- 7:00PM** **Working With Others**, Greater Vision Baptist Church, 3561 Sharon Blvd., Dora, AL, 35062 (C)
- 7:00PM** **Working With Others Group**, Burnwell Baptist Church, 3561 Sharon Blvd, Quinton, AL, 35130 (O,D)
- 8:00PM** **Against the Odds**, Vestavia United Methodist Church, 2061 Kentucky Ave., Vestavia Hills, AL, 35216 (C,D,WC,NS,BK,NEW)

TUESDAY

- NOON** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) *Zoom ID 431 913 0412 Password 029097*
- NOON** **Recovery Must Come First**, Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (C,BT,D,NS)
- NOON** **Recovery Must Come First VM**, AL, 35207 (C,D,RF,BK,VM)
- 5:00PM** **Hope for Tomorrow**, 626 2nd ave no, Birmingham, AL, 35203 (O,BT,D,NS)
- 6:00PM** **Bessemer**, Any Length Resources, 1520 2nd Avenue North, Bessemer, AL, 35020 (O,D,LIT,NS)
- 6:00PM** **Homewood**, 625 Palisades Blvd., Homewood, AL, 35209 (C,BT,WC,NS,IW,RF)
- 6:00PM** **Recovery First**, Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 (C,D,WC,LIT,NS)

TUESDAY (CONT)

- 6:00PM** **Roebuck Group**, Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (VAR)
- 6:30PM** **Living The Solution**, New Mt. Moriah Missionary, 330 Marsh Ave, Hueytown, AL, 35023 (O)
- 7:00PM** **Jasper NA**, St. Mary's Episcopal Church, 801 The Trace, Jasper, AL, 35504 (O,D)
- 7:00PM** **Leads to Recovery**, Rose Hill Baptist Church, 1670 Alton Road, Birmingham, AL, 35210 (O,D,NS)

WEDNESDAY

- NOON** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) *Zoom ID 431 913 0412 Password 029097*
- NOON** **Recovery Must Come First**, Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (C,BT,D,NS)
- NOON** **Recovery Must Come First VM**, AL, 35207 (C,D,RF,BK,VM)
- NOON** **Shelby County N.A. Group**, The Keystone Club, 741 Volare Drive, Birmingham, AL, AL, 35244 (C,D,NS)
- 5:00PM** **West End**, McAlpine Recreation Center, 1115 Ave. F, Birmingham, AL, 35218 (C,D,NS)
- 6:00PM** **North Pratt**, Renew Birmingham Building, 1801 Avenue H, Birmingham, AL, 35218 (O,NS)
- 6:30PM** **Courage To Change**, Church of the Holy Apostles, 424 Emery Dr, Hoover, AL, 35244 (D,WC,NS,HY)
- 7:00PM** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) *Zoom ID 431 913 0412 Password 029097*
- 7:00PM** **We Do Recover**, Birmingham, AL (D,BK,VM)
- 8:00PM** **Against the Odds**, Vestavia United Methodist Church, 2061 Kentucky Ave., Vestavia Hills, AL, 35216 (O,D,WC,LIT,NS,BK,NEW)

THURSDAY

- NOON** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,LC,VM) *Zoom ID 431 913 0412 Password 029097*
- NOON** **Recovery Must Come First**, Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (C,BT,D,NS)
- NOON** **Recovery Must Come First VM**, AL, 35207 (C,D,RF,BK,VM)
- 6:00PM** **Homewood**, 625 Palisades Blvd., Homewood, AL, 35209 (O,D)
- 6:00PM** **Roebuck Group**, Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (VAR)
- 6:30PM** **Metro West**, New Mt. Moriah Missionary, 330 Marsh Ave., Hueytown, AL, 35023 (BK)
- 7:00PM** **Leads to Recovery**, Rose Hill Baptist Church, 1670 Alton Rd, Birmingham, AL, 35210 (O,D,NS)
- 8:00PM** **Bessemer**, Any Length Resources, 1520 2nd Avenue North, Bessemer, AL, 35020 (C,D,NS)

FRIDAY

- NOON** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) *Zoom ID 431 913 0412 Password 029097*
- NOON** **Recovery Must Come First**, Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (C,BT,D,NS)
- NOON** **Recovery Must Come First VM**, AL, 35207 (C,D,RF,BK,VM)
- 5:00PM** **Hope for tomorrow**, 626 2nd ave north, Birmingham, AL, 35203 (O,D,NS)

FRIDAY (CONT)

- 6:00PM** **Recovery First**, Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 (C,CAN,D,WC,NS)
- 6:00PM** **Southside Group**, CME Church, 713 Dr Martin Luther King Jr Drive, Birmingham, AL, 35228 *Book Study on 3rd Friday 6:00-7:30 pm*
- 7:00PM** **Life In Motion Group**, R.O.S.S. Community Center, 2624 18th Street, Tuscaloosa, AL, 35401 (RF) *1st Friday - Literature 2nd Friday - Discussion 3rd Friday - Speaker 4th Friday - Steps and Traditions*
- 7:00PM** **We Do Recover**, Huffman United Methodist Church, 711 Gene Reed Rd, Birmingham, AL, 35235 (D,BK) *Book study 1st Friday. Celebrations in fellowship hall. Celebration meetings start at 6pm last Friday of each month*
- 8:00PM** **Against the Odds**, Vestavia United Methodist Church, 2061 Kentucky Ave., Vestavia Hills, AL, 35216 (C,CAN,D,WC,LIT,NS,NEW)

SATURDAY

- 9:00AM** **Recovery First**, Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 (C,D,NS)
- NOON** **Courage To Change**, Church of the Holy Apostles, 424 Emery Dr, Hoover, AL, 35244 (D,WC,NS,HY)
- NOON** **Recovery Must Come First VM**, AL, 35207 (C,D,RF,BK,VM)
- 6:30PM** **Living the Solution / Metro West**, New Mt. Moriah Missionary, 330 Marsh Ave., Hueytown, AL, 35023 (O,D,NS) *"Living the Solution" host 2nd & 4th Saturday. "Metro West" host 1st & 3rd Saturday. Celebrations are 4th Saturday 6:30-8:00. 5th Saturdays alternate between groups.*
- 7:00PM** **Leads to Recovery**, Rose Hill Baptist Church, 1670 Alton Rd, Birmingham, AL, 35210 (O,CAN,D,NS)
- 8:00PM** **Bessemer**, Any Length Resources, 1520 2nd Avenue North, Bessemer, AL, 35020 (C,CAN,D,NS) *SM*

MEETING FORMAT LEGEND

CAN	Candlelight	D	Discussion
VAR	Format Varies	NS	No Smoking
SD	Speaker & Discussion	O	Open
C	Closed to Non-Addicts	WC	Wheelchair
BT	Basic Text	STP	Step
LIT	Literature Study	RF	Rotating Format
BK	Book Study	VM	Virtual Meeting
HY	Hybrid	LC	Living Clean
NEW	Newcomer Meeting	IW	It Works: How and Why

Open meetings welcome anyone wishing to experience our fellowship. Some groups have open meetings once a month to allow non-addict friends and relatives of NA members to celebrate recovery anniversaries with them.

Closed meetings are for addicts only or those who think they might have a drug problem. Closed meetings provide an atmosphere in which addicts can feel more certain that those attending will be able to identify with them.



**SOUTH JEFFERSON SHELBY AREA
&
GREATER BIRMINGHAM AREA
NARCOTICS ANONYMOUS
MEETING LIST**

MAY 2026

Updated May 2, 2026

24 HOUR HELPLINE

866-985-0008

www.alnwfl.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 61

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.**

**Our message is hope
and the promise of freedom.**

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