

SUNDAY

- 12:30PM Jasper**, 111 19th Street West, Jasper, AL, 35501 (D, C, NS)
- 2:00PM Hope for Tomorrow**, Old Firehouse Shelter, 1501 3rd Ave. North, Birmingham, AL, 35203 (SD, O)
- 4:00PM Spiritual Principles**, 2400 Main Street NE, Tuscaloosa, AL, 35404 (D, WC, C, NS)
- 6:00PM Nothing to Fear**, Indian Springs First Baptist Church, 3375 Cahaba Valley Rd, Indian Springs, AL, 35125 (WC, C, NS, LIT)
- 6:30PM Never Alone**, 1st Baptist Church, Christian Life Center, 128 N. Chalkville Rd, Trussville, AL, 35173 (D, NS, O)
- 7:00PM Jasper**, 111 19th Street West, Jasper, AL, 35501 (D, C, NS)
- 7:00PM Steps to Hope**, The Church at Fairview, 2501 29th Place, Birmingham, AL, 35208 (D, C, NS)

MONDAY

- NOON Recovery Must Come First**, 329 Rev. Abraham Woods Jr. Blvd, Birmingham, AL, 35218 (D, C, BK, NS)
- 12:30PM Jasper**, 111 19th Street West, Jasper, AL, 35501 (D, C, NS)
- 5:45PM West End**, The MacAlpine Recreation Center, 1115 Avenue F, Birmingham, AL, 35218 (BT, D, C, IW, RF, St, NS)
- 6:00PM Keep It Simple**, Mountain Brook Independent Church, 4200 Montevallo Rd S, Birmingham, AL, 35213 (D, NS, O)
- 7:00PM Down with Disease**, UAB Wellness House, 1715 9th Ave. South, Birmingham, AL, 35205 (D, O)
- 7:00PM Jasper**, 111 19th Street West, Jasper, AL, 35501 (D, C, NS)
- 7:00PM New Generations In Recovery**, St. Luke AME Church, 3937 12th Avenue North, Birmingham, AL, 35234 (D, NS, O)
- 7:00PM Only by the Grace**, Mt. Zion Full Gospel Church, 923 Graymont Avenue West, Birmingham, AL, 35204 (D, RF, NS, O, NEW) *2nd-Lit, 4th-Celebrations*
- 7:00PM Roebuck**, Eastlake United Methodist Church, 7753 1st Ave South, Birmingham, AL, 35206 (BT, D, C, NS)
- 7:30PM Metro West**, Crumbey Bethel Primitive Baptist Church, 447-B 58th Street, Fairfield, AL, 35064 (C, IW, St, NS, NEW)
- 8:00PM Against the Odds**, Vestavia United Methodist Church, 2016 Kentucky Ave., Vestavia, AL, 35216 (D, WC, C, BK, NS, NEW)

TUESDAY

- NOON Recovery Must Come First**, 329 Rev. Abraham Woods Jr. Blvd., Birmingham, AL, 35218 (BT, D, C, NS)
- 5:00PM Hope for Tomorrow**, Old Firehouse Shelter, 1501 3rd Ave. North, Birmingham, AL, 35203 (BT, D, NS, O)
- 5:45PM North Pratt/Ensley**, McAlpine Recreation Center, 1115 Avenue F Ensley, Birmingham, AL, 35218 (D, C, NS, LIT)
- 6:00PM Bessemer**, Any Length Resources, 1520 2nd Avenue North, Bessemer, AL (D, NS, O, LIT)
- 6:00PM Homewood**, Palisades Church of Christ, 625 Palisades Blvd, Homewood, AL, 35209 (D, C, NS, LIT)
- 6:30PM Recovery First**, Chambers Bldg / Mountain Top Community Church, Suite 121, 100 Centerview Drive, Vestavia, AL, 35216 (D, WC, C, NS, LIT)

TUESDAY (CONT)

- 7:00PM A Clear Focus**, Hunters Chapel AME Zion Church, 1105 22nd Ave., Tuscaloosa, AL, 35401 (D, C, NS)
- 7:00PM Back to Reality**, 113 Hargrove Road, Tuscaloosa, AL, 35401 (BT, D, NS, O)
- 7:00PM Jasper**, 111 19th Street West, Jasper, AL, 35501 (D, C, NS)
- 7:00PM Keep Coming Back**, Community Primitive Baptist Church, 2300 Avenue G, Birmingham, AL, 35218 (D)
- 7:00PM Leads to Recovery**, Irondale United Methodist Church, 400 Deering St, Irondale, AL, 35210 (NS, O, NEW, LIT) *Literature study*
- 7:00PM Living the Solution Group**, New Mt. Moriah Baptist Church, 300 Marsh Avenue, Hueytown, AL, 35023 (D, NS, O)
- 7:00PM Roebuck**, Eastlake United Methodist Church, 7753 1st Ave South, Birmingham, AL, 35206 (D, C, NS)
- 7:00PM Shelby County**, St Andrew's Episcopal Church, 935 Plowman Street, Montevallo, AL, 35115 (D, NS, O, LIT)
- 7:00PM We Are Overcomers NA Group**, Greater Shiloh Missionary Baptist Church, 2135 Jefferson Ave SW, Birmingham, AL, 35211 (D, NS, O, LIT)

WEDNESDAY

- NOON Recovery Must Come First**, 329 Rev. Abraham Woods Blvd., Birmingham, AL, 35204 (D, C, NS)
- 12:30PM Jasper**, 111 19th Street West, Jasper, AL, 35501 (D, C, NS)
- 5:45PM West End**, McAlpine Recreation Center, 1115 Ave. F, Birmingham, AL, 35218 (D, C, NS)
- 6:00PM Keep It Simple**, Mountain Brook Independent Church, 4200 Montevallo Rd S, Birmingham, AL (NS, O, NEW)
- 6:00PM Recovery in the Park**, Hawkins Park Recreation Center, 8920 Roebuck Blvd, Roebuck, AL, 35206 (BT, D, RF, St, NS, O) *2nd WED BT/4th WED SS*
- 6:00PM Southwest Group**, Hopewell Missionary Baptist Church, 4817 Jefferson Ave. SW, Birmingham, AL, 35221 (D, NS, O, LIT)
- 6:30PM Recovery First**, Chambers Bldg / Mountain Top Community Church, Suite 121, 100 Centerview Drive, Vestavia, AL, 35216 (D, C, NS)
- 7:00PM Jasper**, 111 19th Street West, Jasper, AL, 35501 (D, C, NS)
- 7:00PM Roebuck**, East Lake United Methodist Church, 7753 1st Ave South, Birmingham, AL, 35206 (D, B, C, NS, NEW)
- 7:30PM Metro West**, Crumbey Bethel Primitive Baptist Church, 447-B 58th Street, Birmingham, AL, 35064 (D, NS, O)
- 8:00PM Against the Odds**, Vestavia United Methodist Church, 2016 Kentucky Ave., Vestavia, AL, 35216 (D, WC, BK, NS, O, NEW, LIT)

THURSDAY

- NOON Recovery Must Come First**, 329 Rev. Abraham Woods Jr. Blvd, Birmingham, AL, 35204 (D, C, JT, NS)
- 12:30PM Homewood**, Palisades Church of Christ, 625 Palisades Blvd, Homewood, AL, 35209 (D, C, NS)
- 5:45PM North Pratt/Ensley**, McAlpine Recreation Center, 1115 Avenue F Ensley, Birmingham, AL (D, NS, O) *2nd Thursday open speaker meeting*
- 6:00PM Homewood**, Palisades Church of Christ, 625 Palisades Blvd, Homewood, AL, 35209 (D, C, CL, NS)

THURSDAY (CONT)

- 6:00PM Leads to Recovery**, 400 Deering St, Irondale, AL, 35210 (D, CL, NS, O)
- 7:00PM A Clear Focus**, Hunters Chapel AME Zion Church, 1105 22nd Ave., Tuscaloosa, AL, 35401 (D, C, NS)
- 7:00PM Best Thing Going Group**, Ephesus Seventh - Day Adventist Church, 105 6th Avenue North, Birmingham, AL, 35204 (D, C, NS, LIT) *5th Thursday open Speaker Meeting*
- 7:00PM Courage To Change**, Dannon Project Building, 2324 5th Avenue North, Birmingham, AL, 35203 (D, NS, O)
- 7:00PM Down with Disease**, UAB Wellness House, 1715 9th Ave. South, Birmingham, AL, 35205 (D, O)
- 7:00PM Jasper**, 111 19th Street West, Jasper, AL, 35501 (D, C, NS, O)
- 7:00PM Roebuck**, East Lake United Methodist Church, 7753 1st Ave South, Birmingham, AL, 35206 (C, IW, St, Tr, NS)
- 7:00PM Spiritual Principles**, 2400 Main Street NE, Tuscaloosa, AL, 35404 (D, WC, C, NS)
- 8:00PM Bessemer**, Any Length Resources, 1520 2nd Avenue North, Bessemer, AL, 35020 (D, C, NS)

FRIDAY

- NOON Recovery Must Come First**, 329 Rev. Abraham Woods Jr. Blvd, Birmingham, AL, 35218 (D, NS, O)
- 12:30PM Jasper**, 111 19th Street West, Jasper, AL, 35501 (D, C, NS)
- 5:00PM Hope for Tomorrow**, Old Firehouse Shelter, 1501 3rd Ave. North, Birmingham, AL, 35203 (D, NS, O)
- 6:00PM Keep It Simple**, Mountain Brook Independent Church, 4200 Montevallo Rd S, Birmingham, AL (D, NS, O, LIT)
- 6:30PM Recovery First**, Chambers Bldg / Mountain Top Community Church, Suite 121, 100 Centerview Drive, Vestavia, AL, 35216 (D, WC, C, CL, NS)
- 7:00PM Jasper**, 111 19th Street West, Jasper, AL, 35501 (D, NS, O)
- 7:00PM Roebuck**, East Lake United Methodist Church, 7753 1st Ave South, Birmingham, AL, 35206 (D, NS, O) *1st Friday service day, 3rd Friday speaker meeting*
- 7:00PM Southside**, Southside CME Church, 713 Martin Luther King Dr. SW, Birmingham, AL, 35211 (D, NS, O)
- 7:00PM Spiritual Principles**, 2400 Main Street NE, Tuscaloosa, AL, 35404 (D, WC, C, NS)
- 7:00PM We Do Recover**, The Meeting Hop, 329 Rev. Abraham Woods Jr. Blvd., Birmingham, AL, 35204 (C, Tr, BK, NS, CH)
- 7:30PM Back to Reality**, Grace Presbyterian Church, 113 Hargrove Road, Tuscaloosa, AL, 35401 (D, NS, O)
- 7:30PM Metro West**, Crumbey Bethel Primitive Baptist Church, 447-B 58th Street, Birmingham, AL, 35064 (BT, D, C, NS)
- 8:00PM Against the Odds**, Vestavia United Methodist Church, 2016 Kentucky Ave., Vestavia, AL, 35216 (D, WC, C, CL, NS, NEW, LIT)

SATURDAY

- 8:00AM Recovery First**, Chambers Bldg / Mountain Top Community Church, Suite 121, 100 Centerview Drive, Vestavia, AL, 35216 (D, C, NS)
- 9:30AM Keep It Simple**, Mountain Brook Independent Church, 4200 Montevallo Rd S, Birmingham, AL (D, NS, O)

SATURDAY (CONT)

NOON	Recovery Must Come First , 329 Rev. Abraham Woods Jr. Blvd, Birmingham, AL, 35204 (D, C, BK, NS)
5:00PM	Shelby County , St. Andrews Episcopal Church, 935 Plowman Street, Montevallo, AL, 35115 (D, C, NS)
7:00PM	Homewood , Palisades Church of Christ, 625 Palisades Blvd, Homewood, AL, 35209 (D, C, NS, NEW)
7:00PM	Jasper , 111 19th Street West, Jasper, AL, 35501 (D, C, NS)
7:00PM	Leads to Recovery , Irondale United Methodist Church, 400 Deering St, Irondale, AL (CL, NS, O, LIT)
7:00PM	Living the Solution Group , New Mt. Moriah Baptist Church, 330 Marsh Avenue, Hueytown, AL (D, SD, O)
7:00PM	Steps to Hope , The Church at Fairview, 2901 29th Place Ensley, Birmingham, AL, 35208 (D, C, NS)
8:00PM	Bessemer , Any Length Resources, 1520 2nd Avenue North, Bessemer, AL, 35020 (D, C, NS)
9:30PM	Down with Disease , UAB Wellness House, 1715 9th Ave. South, Birmingham, AL, 35205 (D, C)

MEETING FORMAT LEGEND

B	Beginners	BK	Book Study
BT	Basic Text	C	Closed
CH	Closed Holidays	CL	Candlelight
D	Discussion	IW	It Works -How and Why
JT	Just for Today	LIT	Literature Study
NEW	Newcomer Meeting	NS	No Smoking
O	Open	RF	Rotating Format
SD	Speaker/Discussion	St	Step
Tr	Tradition	WC	Wheelchair

Open meetings welcome anyone wishing to experience our fellowship. Some groups have open meetings once a month to allow non-addict friends and relatives of NA members to celebrate recovery anniversaries with them.

Closed meetings are for addicts only or those who think they might have a drug problem. Closed meetings provide an atmosphere in which addicts can feel more certain that those attending will be able to identify with them.

PHONE NUMBERS**SOUTH JEFFERSON SHELBY AREA**

&

GREATER BIRMINGHAM AREA**NARCOTICS ANONYMOUS****MEETING LIST****DECEMBER 2018**

Updated December 14, 2018

24 HOUR HELPLINE**866-985-0008****www.alnwfl.org****What is our message?**

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.**

**Our message is hope
and the promise of freedom.**

Basic Text, page 65

SUGGESTIONS FOR EVERYONE**DON'T USE no matter what****Ask your Higher Power to keep you clean****Come early and stay late****Get a home group****Go to 90 meetings in 90 days****Read NA literature daily****Get and use a sponsor****Use the PHONE****KEEP COMING BACK. IT WORKS**

Meetings Weekly: 81