

SUNDAY	
NOON	Leads to Recovery VM , Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) <i>Zoom ID 431 913 0412 Password 029097</i>
2:00PM	Hope for Tomorrow , Celebration fourth Sunday @1-3pm, 626 2nd Ave No, Birmingham, AL, 35203 (O,SD) <i>Celebrations start at 1pm</i>
5:30PM	Steps to Hope , 1801 Ave H, Birmingham, AL, 35218 (O,D,NS) <i>Celebrations from 5:30-7:00</i>
6:00PM	Nothing to Fear , Indian Springs First Baptist Church, 3375 Cahaba Valley Rd, Indian Springs, AL, 35124 (C,WC,LIT,NS)

MONDAY	
NOON	Leads to Recovery VM , Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) <i>Zoom ID 431 913 0412 Password 029097</i>
NOON	Recovery Must Come First , Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (C,BT,D,NS)
NOON	Recovery Must Come First VM , AL, 35207 (C,D,RF,BK,VM)
5:00PM	West End , The MacAlpine Recreation Center, 1115 Avenue F, Birmingham, AL, 35218 (C,BT,D,STP,NS,IW,RF)
6:00PM	Recovery First , Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 (C,D,NS)
6:30PM	Metro West Group , 917 Old Warrior River Rd, Bessemer, AL, 35023 (C,STP,NS,IW)
6:30PM	North Pratt , Renew Birmingham Building, 1801 Avenue H, Birmingham, AL, 35218 (O,D,NS)
7:00PM	Leads to Recovery VM , Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) <i>Zoom ID 431 913 0412 Password 029097</i>
7:00PM	Only by the Grace , 923 Graymont ave west, Birmingham, AL, 35204 (O,D,NS,RF)
7:00PM	Working With Others Group , Burnwell Baptist Church, 3561 Sharon Blvd, Quinton, AL, 35130 (O,D)
8:00PM	Against the Odds , Vestavia United Methodist Church, 2061 Kentucky Ave., Vestavia Hills, AL, 35216 (C,D,WC,NS,BK,NEW)

TUESDAY	
NOON	Leads to Recovery VM , Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) <i>Zoom ID 431 913 0412 Password 029097</i>
NOON	Recovery Must Come First , Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (C,BT,D,NS)
NOON	Recovery Must Come First VM , AL, 35207 (C,D,RF,BK,VM)
5:00PM	Hope for Tomorrow , 626 2nd ave no, Birmingham, AL, 35203 (O,BT,D,NS)
6:00PM	Bessemer , Any Length Resources, 1520 2nd Avenue North, Bessemer, AL, 35020 (O,D,LIT,NS)
6:00PM	Homewood , 625 Palisades Blvd., Homewood, AL, 35209 (C,BT,WC,NS,IW,RF)
6:00PM	North Pratt/Ensley , McAlpine Recreation Center, 11115 avenue F, Birmingham, AL, 35064 (C,D,LIT,NS)
6:00PM	Recovery First , Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 (C,D,WC,LIT,NS)
6:30PM	Living The Solution , 917 Old Warriar River Rd, Bessemer, AL, 35023 (O)

TUESDAY (CONT)	
7:00PM	Jasper NA , St. Mary's Episcopal Church, 801 The Trace, Jasper, AL, 35504 (O,D)
7:00PM	Leads to Recovery , Rose Hill Baptist Church, 1670 Alton Road, Birmingham, AL, 35210 (O,D,NS)
WEDNESDAY	
NOON	Leads to Recovery VM , Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) <i>Zoom ID 431 913 0412 Password 029097</i>
NOON	Recovery Must Come First , Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (C,BT,D,NS)
NOON	Recovery Must Come First VM , AL, 35207 (C,D,RF,BK,VM)
NOON	Shelby County N.A. Group , The Keystone Club, Downstairs, 741 Volare Drive, Birmingham, AL, AL, 35244 (C,D,NS)
5:00PM	West End , McAlpine Recreation Center, 1115 Ave. F, Birmingham, AL, 35218 (C,D,NS)
6:30PM	Courage To Change , Church of the Holy Apostles, 424 Emery Dr, Hoover, AL, 35244 (D,WC,NS,HY)
6:30PM	Metro West Group , 917 Old Warrior River Rd, Bessemer, AL, 35023 (C,NS,BK) <i>Celebration last Wed</i>
6:30PM	North Pratt , Renew Birmingham Building, 1801 Avenue H, Birmingham, AL, 35218 (O,NS)
7:00PM	Leads to Recovery VM , Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) <i>Zoom ID 431 913 0412 Password 029097</i>
7:00PM	We Do Recover , Birmingham, AL (D,BK,VM)
8:00PM	Against the Odds , Vestavia United Methodist Church, 2061 Kentucky Ave., Vestavia Hills, AL, 35216 (O,D,WC,LIT,NS,BK,NEW)

THURSDAY	
NOON	Leads to Recovery VM , Virtual Meeting, Irondale, AL, 35210 (O,D,NS,LC,VM) <i>Zoom ID 431 913 0412 Password 029097</i>
NOON	Recovery Must Come First , Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (C,BT,D,NS)
NOON	Recovery Must Come First VM , AL, 35207 (C,D,RF,BK,VM)
6:00PM	Homewood , 625 Palisades Blvd., Homewood, AL, 35209 (O,D)
6:00PM	Roebuck Group , East Lake United Methodist Church, 7753 1st Ave South, Birmingham, AL, 35206
7:00PM	Leads to Recovery , Rose Hill Baptist Church, 1670 Alton Rd, Birmingham, AL, 35210 (O,D,NS)
8:00PM	Bessemer , Any Length Resources, 1520 2nd Avenue North, Bessemer, AL, 35020 (C,D,NS)

FRIDAY	
NOON	Leads to Recovery VM , Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) <i>Zoom ID 431 913 0412 Password 029097</i>
NOON	Recovery Must Come First , Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (C,BT,D,NS)
NOON	Recovery Must Come First VM , AL, 35207 (C,D,RF,BK,VM)
5:00PM	Hope for tomorrow , 626 2nd ave north, Birmingham, AL, 35203 (O,D,NS)
6:00PM	Recovery First , Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 (C,CAN,D,WC,NS)

FRIDAY (CONT)	
6:00PM	Southside Group , CME Church, 713 Dr Martin Luther King Jr Drive, Birmingham, AL, 35228 <i>Book Study on 3rd Friday 6:00-7:30 pm</i>
7:00PM	Life In Motion Group , R.O.S.S. Community Center, 2624 18th Street, Tuscaloosa, AL, 35401 (RF) <i>1st Friday - Literature 2nd Friday - Discussion 3rd Friday - Speaker 4th Friday - Steps and Traditions</i>
7:00PM	We Do Recover , Huffman United Methodist Church, 711 Gene Reed Rd, Birmingham, AL, 35235 (D,BK) <i>Celebrations in fellowship hall. Celebration meetings start at 6pm last Friday of each month</i>
8:00PM	Against the Odds , Vestavia United Methodist Church, 2061 Kentucky Ave., Vestavia Hills, AL, 35216 (C,CAN,D,WC,LIT,NS,NEW)

SATURDAY	
9:00AM	Recovery First , Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 (C,D,NS)
NOON	Courage To Change , Church of the Holy Apostles, 424 Emery Dr, Hoover, AL, 35244 (D,WC,NS,HY)
NOON	No Matter What, Don't Pick Up , The Ross building, 2624 18th Street, Tuscaloosa, AL, 35401 (D)
NOON	Recovery Must Come First VM , AL, 35207 (C,D,RF,BK,VM)
NOON	We do recover , Huffman United Methodist Church, 711 Gene Reed Rd, BIRMINGHAM, AL, 35235 (D,BK) <i>Meetings held in parlor. Celebrations in fellowship hall.</i>
6:30PM	Living the Solution , 917 Old Warriar River Rd, Bessemer, AL, 35023 (O,D,NS) <i>Meetings continues till 8pm on celebrations.</i>
6:30PM	Metro West Group , 917 Old Warrior River Rd, Bessemer, AL, 35023 (O,D,NS) <i>Celebration last Wed till 8pm</i>
7:00PM	Leads to Recovery , Rose Hill Baptist Church, 1670 Alton Rd, Birmingham, AL, 35210 (O,CAN,D,NS)
8:00PM	Bessemer , Any Length Resources, 1520 2nd Avenue North, Bessemer, AL, 35020 (C,CAN,D,NS) <i>SM</i>

MEETING FORMAT LEGEND			
CAN	Candlelight	D	Discussion
NS	No Smoking	SD	Speaker & Discussion
O	Open	C	Closed to Non-Addicts
WC	Wheelchair	BT	Basic Text
STP	Step	LIT	Literature Study
LC	Living Clean	IW	It Works -How and Why
RF	Rotating Format	BK	Book Study
NEW	Newcomer Meeting	VM	Virtual Meeting
HY	Hybrid		

Open meetings welcome anyone wishing to experience our fellowship. Some groups have open meetings once a month to allow non-addict friends and relatives of NA members to celebrate recovery anniversaries with them. **Closed meetings** are for addicts only or those who think they might have a drug problem. Closed meetings provide an atmosphere in which addicts can feel more certain that those attending will be able to identify with them.



**SOUTH JEFFERSON SHELBY AREA
&
GREATER BIRMINGHAM AREA
NARCOTICS ANONYMOUS
MEETING LIST
JANUARY 2026**

Updated January 28, 2026

24 HOUR HELPLINE

866-985-0008

www.alnwfl.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 62

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.**

**Our message is hope
and the promise of freedom.**

Basic Text, page 65