

**SUNDAY**

**NOON** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) Zoom ID 431 913 0412 Password 029097

**2:00PM** **Hope for Tomorrow**, Celebration fourth Sunday @1-3pm, 626 2nd Ave No, Birmingham, AL, 35203 (O,SD) *Celebrations start at 1pm*

**5:30PM** **Steps to Hope**, 1801 Ave H, Birmingham, AL, 35218 (O,D,NS) *Celebrations from 5:30-7:00*

**6:00PM** **Nothing to Fear**, Indian Springs First Baptist Church, 3375 Cahaba Valley Rd, Indian Springs, AL, 35124 (C,WC,LIT,NS)

**MONDAY**

**NOON** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) Zoom ID 431 913 0412 Password 029097

**NOON** **Recovery Must Come First**, Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (C,BT,D,NS)

**NOON** **Recovery Must Come First VM**, AL, 35207 (C,D,RF,BK,VM)

**5:00PM** **West End**, The MacAlpine Recreation Center, 1115 Avenue F, Birmingham, AL, 35218 (C,BT,D,STP,NS,IW,RF)

**6:00PM** **Recovery First**, Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 (C,D,NS)

**6:30PM** **Metro West Group**, 917 Old Warrior River Rd, Bessemer, AL, 35023 (C,STP,NS,IW)

**6:30PM** **North Pratt**, Renew Birmingham Building, 1801 Avenue H, Birmingham, AL, 35218 (O,D,NS)

**7:00PM** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) Zoom ID 431 913 0412 Password 029097

**7:00PM** **Only by the Grace**, 923 Graymont ave west, Birmingham, AL, 35204 (O,D,NS,RF)

**7:00PM** **Working With Others Group**, Burnwell Baptist Church, 3561 Sharon Blvd, Quinton, AL, 35130 (O,D)

**8:00PM** **Against the Odds**, Vestavia United Methodist Church, 2061 Kentucky Ave., Vestavia Hills, AL, 35216 (C,D,WC,NS,BK,NEW)

**TUESDAY**

**NOON** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) Zoom ID 431 913 0412 Password 029097

**NOON** **Recovery Must Come First**, Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (C,BT,D,NS)

**NOON** **Recovery Must Come First VM**, AL, 35207 (C,D,RF,BK,VM)

**5:00PM** **Hope for Tomorrow**, 626 2nd ave no, Birmingham, AL, 35203 (O,BT,D,NS)

**6:00PM** **Bessemer**, Any Length Resources, 1520 2nd Avenue North, Bessemer, AL, 35020 (O,D,LIT,NS)

**6:00PM** **Homewood**, 625 Palisades Blvd., Homewood, AL, 35209 (C,BT,WC,NS,IW,RF)

**6:00PM** **North Pratt/Ensley**, McAlpine Recreation Center, 11115 avenue F, Birmingham, AL, 35064 (C,D,LIT,NS)

**6:00PM** **Recovery First**, Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 (C,D,WC,LIT,NS)

**6:30PM** **Living The Solution**, 917 Old Warriar River Rd, Bessemer, AL, 35023 (O)

**TUESDAY (CONT)**

**7:00PM** **Jasper NA**, St. Mary's Episcopal Church, 801 The Trace, Jasper, AL, 35504 (O,D)

**7:00PM** **Leads to Recovery**, Rose Hill Baptist Church, 1670 Alton Road, Birmingham, AL, 35210 (O,D,NS)

**WEDNESDAY**

**NOON** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) Zoom ID 431 913 0412 Password 029097

**NOON** **Recovery Must Come First**, Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (C,BT,D,NS)

**NOON** **Recovery Must Come First VM**, AL, 35207 (C,D,RF,BK,VM)

**NOON** **Shelby County N.A. Group**, The Keystone Club, Downstairs, 741 Volare Drive, Birmingham, AL, AL, 35244 (C,D,NS)

**5:00PM** **West End**, McAlpine Recreation Center, 1115 Ave. F, Birmingham, AL, 35218 (C,D,NS)

**6:30PM** **Courage To Change**, Church of the Holy Apostles, 424 Emery Dr, Hoover, AL, 35244 (D,WC,NS,HY)

**6:30PM** **Metro West Group**, 917 Old Warrior River Rd, Bessemer, AL, 35023 (C,NS,BK) *Celebration last Wed*

**6:30PM** **North Pratt**, Renew Birmingham Building, 1801 Avenue H, Birmingham, AL, 35218 (O,NS)

**7:00PM** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) Zoom ID 431 913 0412 Password 029097

**7:00PM** **We Do Recover**, Birmingham, AL (D,BK,VM)

**8:00PM** **Against the Odds**, Vestavia United Methodist Church, 2061 Kentucky Ave., Vestavia Hills, AL, 35216 (O,D,WC,LIT,NS,BK,NEW)

**THURSDAY**

**NOON** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,LC,VM) Zoom ID 431 913 0412 Password 029097

**NOON** **Recovery Must Come First**, Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (C,BT,D,NS)

**NOON** **Recovery Must Come First VM**, AL, 35207 (C,D,RF,BK,VM)

**6:00PM** **Homewood**, 625 Palisades Blvd., Homewood, AL, 35209 (O,D)

**6:00PM** **Roebuck Group**, East Lake United Methodist Church, 7753 1st Ave South, Birmingham, AL, 35206

**7:00PM** **Leads to Recovery**, Rose Hill Baptist Church, 1670 Alton Rd, Birmingham, AL, 35210 (O,D,NS)

**8:00PM** **Bessemer**, Any Length Resources, 1520 2nd Avenue North, Bessemer, AL, 35020 (C,D,NS)

**FRIDAY**

**NOON** **Leads to Recovery VM**, Virtual Meeting, Irondale, AL, 35210 (O,D,NS,VM) Zoom ID 431 913 0412 Password 029097

**NOON** **Recovery Must Come First**, Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 (C,BT,D,NS)

**NOON** **Recovery Must Come First VM**, AL, 35207 (C,D,RF,BK,VM)

**5:00PM** **Hope for tomorrow**, 626 2nd ave north, Birmingham, AL, 35203 (O,D,NS)

**6:00PM** **Recovery First**, Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 (C,CAN,D,WC,NS)

**FRIDAY (CONT)**

**6:00PM** **Southside Group**, CME Church, 713 Dr Martin Luther King Jr Drive, Birmingham, AL, 35228 *Book Study on 3rd Friday 6:00-7:30 pm*

**7:00PM** **Life In Motion Group**, R.O.S.S. Community Center, 2624 18th Street, Tuscaloosa, AL, 35401 (RF) *1st Friday - Literature 2nd Friday - Discussion 3rd Friday - Speaker 4th Friday - Steps and Traditions*

**7:00PM** **We Do Recover**, Huffman United Methodist Church, 711 Gene Reed Rd, Birmingham, AL, 35235 (D,BK) *Celebrations in fellowship hall. Celebration meetings start at 6pm last Friday of each month*

**8:00PM** **Against the Odds**, Vestavia United Methodist Church, 2061 Kentucky Ave., Vestavia Hills, AL, 35216 (C,CAN,D,WC,LIT,NS,NEW)

**SATURDAY**

**9:00AM** **Recovery First**, Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 (C,D,NS)

**NOON** **Courage To Change**, Church of the Holy Apostles, 424 Emery Dr, Hoover, AL, 35244 (D,WC,NS,HY)

**NOON** **No Matter What, Don't Pick Up**, The Ross building, 2624 18th Street, Tuscaloosa, AL, 35401 (D)

**NOON** **Recovery Must Come First VM**, AL, 35207 (C,D,RF,BK,VM)

**NOON** **We do recover**, Huffman United Methodist Church, 711 Gene Reed Rd, BIRMINGHAM, AL, 35235 (D,BK) *Meetings held in parlor. Celebrations in fellowship hall.*

**6:30PM** **Living the Solution**, 917 Old Warriar River Rd, Bessemer, AL, 35023 (O,D,NS) *Meetings continues till 8pm on celebrations.*

**6:30PM** **Metro West Group**, 917 Old Warrior River Rd, Bessemer, AL, 35023 (O,D,NS) *Celebration last Wed till 8pm*

**7:00PM** **Leads to Recovery**, Rose Hill Baptist Church, 1670 Alton Rd, Birmingham, AL, 35210 (O,CAN,D,NS)

**8:00PM** **Bessemer**, Any Length Resources, 1520 2nd Avenue North, Bessemer, AL, 35020 (C,CAN,D,NS) SM

**MEETING FORMAT LEGEND**

CAN	Candlelight	D	Discussion
NS	No Smoking	SD	Speaker & Discussion
O	Open	C	Closed to Non-Addicts
WC	Wheelchair	BT	Basic Text
STP	Step	LIT	Literature Study
LC	Living Clean	IW	It Works -How and Why
RF	Rotating Format	BK	Book Study
NEW	Newcomer Meeting	VM	Virtual Meeting
HY	Hybrid		

**Open meetings** welcome anyone wishing to experience our fellowship. Some groups have open meetings once a month to allow non-addict friends and relatives of NA members to celebrate recoveries with them.

**Closed meetings** are for addicts only or those who think they might have a drug problem. Closed meetings provide an atmosphere in which addicts can feel more certain that those attending will be able to identify with them.



**SOUTH JEFFERSON SHELBY AREA  
&  
GREATER BIRMINGHAM AREA  
NARCOTICS ANONYMOUS  
MEETING LIST  
JANUARY 2026**

Updated January 28, 2026

**24 HOUR HELPLINE**

**866-985-0008**

**[www.alnwfl.org](http://www.alnwfl.org)**

**SUGGESTIONS FOR EVERYONE**

**DON'T USE no matter what**

**Ask your Higher Power to keep you clean**

**Come early and stay late**

**Get a home group**

**Go to 90 meetings in 90 days**

**Read NA literature daily**

**Get and use a sponsor**

**Use the PHONE**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 62

**What is our message?**

The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.

Our message is hope  
and the promise of freedom.

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