

SUNDAY

NOON Jasper, 111 19th street, Jasper, AL (D, C)

7:00PM Jasper, 111 19th street, Jasper, AL (WC, C, CL)

7:30PM New Hope, 615 -36th Ave, Tuscaloosa, AL (D, B, O)

MONDAY

NOON H.O.W., 400 14th Avenue, Jasper, AL (D, WC, C)

NOON New Way Group, 516 Paul Bryant Dr., Tuscaloosa, AL (BK, O)

6:00PM Nauvoo, Nauvoo United Methodist Church, 300 - 4th Street, Nauvoo, AL (D, WC, O)

7:00PM Jasper, 111 19th street, Jasper, AL (D, C)

7:00PM Let Go and Let God, 431 Tenth Street, Fayette, AL (D, WC, O)

7:00PM Spiritual Principles, 2400 Main Street NE, Tuscaloosa, AL (D, WC, O)

TUESDAY

10:00AM H.O.W., 400 14th Avenue, Jasper, AL

7:00PM Jasper, 111 19th street, Jasper, AL (WC, C, BK)

7:00PM Spiritual Principles, 2400 Main Street NE, Tuscaloosa, AL (WC, BK, O)

WEDNESDAY

NOON H.O.W., 400 14th Avenue, Jasper, AL (D, WC, C, BK)

7:00PM Double Springs, 287 Guttery Street, Double Springs, AL (D, O)

7:00PM Jasper, 111 19th street, Jasper, AL (D, C)

7:00PM New Way Group, 516 Paul Bryant Dr., Tuscaloosa, AL (D, WC, O)

THURSDAY

10:00AM H.O.W., 400 14th Avenue, Jasper, AL

7:00PM Jasper, 111 19th street, Jasper, AL (D, WC, O)

THURSDAY (CONT)

7:00PM Spiritual Principles, 2400 Main Street NE, Tuscaloosa, AL (D, WC, O)

FRIDAY

NOON H.O.W., 400 14th Avenue, Jasper, AL (D, WC, O)

7:00PM Jasper, 111 19th street, Jasper, AL (D, WC, O)

7:00PM Spiritual Principles, Pleasant Valley UMC, intersection of Co Rd 29 and AL 25, Greensboro, AL (D, O)

9:30PM Spiritual Principles, 2400 Main Street NE, Tuscaloosa, AL (WC, ME, O)

SATURDAY

7:00PM Jasper, 111 19th street, Jasper, AL (D, WC, O)

7:00PM Spiritual Principles, 2400 Main Street NE, Tuscaloosa, AL (D, WC, O)

MEETING FORMAT LEGEND

| | | | |
|---|------------|----|-------------|
| B | Beginners | BK | Book Study |
| C | Closed | CL | Candlelight |
| D | Discussion | ME | Meditation |
| O | Open | WC | Wheelchair |

PHONE NUMBERS



**WEST CENTRAL ALABAMA AREA
MEETING LIST**

DECEMBER 2018

Updated December 19, 2018

24 HOUR HELPLINE

866-985-0008

www.alnwfl.org

SUGGESTIONS FOR EVERYONE

- DON'T USE** no matter what
- Ask your Higher Power to keep you clean
- Come early and stay late
- Get a home group
- Go to 90 meetings in 90 days
- Read NA literature daily
- Get and use a sponsor
- Use the **PHONE**

KEEP COMING BACK. IT WORKS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

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