

SATURDAY (CONT)

7:30PM Keep Coming Back Group, The Centre, 1170 Bute Street, Vancouver, BC, V6E 1Z6 (O,CL,GL,WC)

Vancouver Island North Powell River Area

6:30PM Show Me How to Live, Eureka Club, 280 4th Street, Courtenay, BC, V9N1G8 (O,D,To,WC)

7:30PM Journey To The Top Group, Alano Club, 5903 Arbutus Avenue, Powell River, BC, V8A 4S2 (O,WC)

7:30PM Port McNeill Group, Old School, 375 Shelly Crescent, Port McNeill, BC, V1J 1Y3 (O,WC)

7:30PM Port McNeill Group, Old School, 737 Shelly Crescent, Port McNeill, BC, V1J 1Y3 (O,WC)

8:00PM Unity Group, Alano Club, 543 6th Street, Courtenay, BC, V9N 1M5 (O,D,St,WC)

West Coast Area

8:00AM AM Group, Saint Barnabas Church, 1002 5th Avenue, New Westminster, BC, V3M 3W4 (O,D,JT,To,WC)

NOON New West Nooners, Olivet Baptist Church, 613 Queens Avenue, New Westminster, BC, V3M 1L1 (O,To,WC)

2:00PM AKA Group, United Church, 1630 Edinburgh Street, New Westminster, BC, V3M 2W8 (O,D,To,WC)

7:00PM Almost Live Group, 518 Carnarvon Street, New Westminster, BC, V3L 1C4 (O,To)

7:30PM Back 2 Basics, Lookout Emergency Aid Society, Entrance off Alexander Street, 740 Carnarvon Street, New Westminster, BC, V3M 1E7 (O,BT)

8:00PM Saturday Night Live Group, South Burnaby Fellowship, 7638 6th Street, Burnaby, BC, V3N 3M5 (O,SD,WC)

MEETING FORMAT LEGEND

B	Beginners	BK	Book Study
BT	Basic Text	C	Closed
C	Closed	CL	Candlelight
CW	Children Welcome	D	Discussion
ENG	English speaking	GL	Gay/Lesbian/Transgender
IW	It Works -How and Why	JT	Just for Today
LC	Living Clean	M	Men
NS	No Smoking	NS	No Smoking
O	Open	QA	Question and Answer
RF	Rotating Format	SD	Speaker/Discussion
SG	Step Working Guide	So	Speaker Only
St	Step	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair	YP	Young People

What is the Narcotics Anonymous Program?

N.A. is a non-profit Fellowship or society of men and women for whom drugs has been a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Reprinted with permission from the White Book, Narcotics Anonymous, Newly revised.

Please Note: Every effort has been made to make sure this information is accurate. However, contact the area Helplines to ensure accuracy.

Call Directories person by telephone with all meeting changes by February 1st, 2020.

Or via E-Mail at: directories@bcna.ca

TRADITION THREE

“The only requirement for membership is a desire to stop using”

PHONE NUMBERS



British Columbia Region of Narcotics Anonymous

November 2019

Regional Meeting Directory

Regional Helpline

1 855-444 BCNA (2262)

Please feel free to photocopy and distribute this meeting directory to all interested persons. In order to ensure that the meeting information is as accurate as possible it is updated four times a year.

If you would like more information about Narcotics Anonymous call the Area closest to you and ask for Public Information. Area mailing addresses and Helpline numbers are listed on the last page.

N.A. is not affiliated with any of the facilities where our meetings are held.

Visit the BC Regional Web Site: www.bcna.ca

Meetings Weekly: [311]

The Narcotics Anonymous Message:

“That an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live.”