

SUNDAY
<b>BC Multi Area Shared Yap Helpline</b>
<b>10:30AM The Sunday Finding The Lost Meeting of Narcotics Anonymous</b> , 922 Third Avenue, Kamloops, BC, V2C 6W5 (O)
<b>NOON 100 Block Rock</b> , 144 E. Hastings St., Vancouver, BC,
<b>British Columbia Region</b>
<b>12:15PM Staying Clean at 12:15</b> , Vancouver, BC (VM)
<b>Central Okanagan Area</b>
<b>NOON Steps To Freedom Group</b> , Kalano Club, 2108 Vasile Road, Kelowna, BC, V1Y 6H5 (O,D,WC)
<b>5:00PM Girls Gone Mild</b> , Kalano Club, 2108 Vasile Road, Kelowna, BC, V1Y 6H5 (O,D,To,W,WC)
<b>7:30PM A New Beginning Group</b> , Winfield Community Church, 9460 Glenmore Road, Kelowna, BC, V4V 1M8 (O,D)
<b>8:00PM Sunday Nite Special Group</b> , Kalano Club, 2108 Vasile Road, Kelowna, BC, V1Y 6H5 (O,D,To,WC)
<b>Central Vancouver Island Area</b>
<b>8:00AM Men's Step Study</b> , #206-321 Wallace Street, Nanaimo, BC, V9S 5B6 (O,M,SG,WC)
<b>NOON Just For Today</b> , 596 Albert Street, Nanaimo, BC, V9R 2W2 (O,W,BK)
<b>7:00PM Ladysmith Steps and Traditions Group</b> , Bethel Church, 1149 Fourth Avenue, Ladysmith, BC, V9G 2B6 (O,WC)
<b>7:00PM New Beginnings Group</b> , Union Hall, 596 Albert Street, Nanaimo, BC, V9R 2W2 (O,D)
<b>East Kootenays</b>
<b>7:30PM Sparwood NA</b> , Sparwood Union Hall, 140 Spruce Ave, Sparwood, BC, V0B 2G0 (O,D,JT,WC)
<b>Kamloops Area</b>
<b>10:30AM The Sunday Finding The Lost Meeting of Narcotics Anonymous</b> , 922 Third Avenue, Kamloops, BC, V2C 6W5 (O)
<b>NOON Nothing To Fear Noon Group</b> , 106E Larkspur Street, Kamloops, BC, V2C 2P5 (O,To,WC)
<b>5:00PM Inside Job Group</b> , 320 Royal Ave, Kamloops, BC, V2B 3P5 (C,WC)
<b>8:00PM The Sunday Night NA Meeting</b> , SAGE HEALTH CENTRE, 101 Columbia Street, Kamloops, BC, V2C 2S7 (O,D,WC)
<b>Northern British Columbia Area</b>
<b>7:00PM The Hope and Freedom Group of NA</b> , On-line Only, Vanderhoof, BC (To,WC,WEB,VM)
<b>7:00PM Wellness Group</b> , Inclusion Yukon, Suite 7, 4230 4th Avenue, Whitehorse, YT, Y1A 1K1 (O,BT,IW,To)
<b>7:30PM Sunday Night Detox Group</b> , Nechako Detox - Ceremonial Room, 1308 Alward Street, Prince George, BC, V2L 5E3 (O,JT,WC)
<b>North Okanagan Area</b>
<b>4:00PM Soulful Serenity (Women's &amp; LGBTQIA2S+)</b> , First United Church, Cedar Room (Upstairs), 450 Okanagan Ave E, Salmon Arm, BC, V1E 4P1 (C,D,GL,W,WC,LGBTQ+)
<b>7:00PM Patience</b> , Wellness Centre, 6424 Village Rd, Chase, BC, V0E 1M1 (O,To,LC)
<b>South of Fraser Area</b>
<b>8:00AM Suicide Solution Group</b> , Freedom Recovery House, 13765 105 Avenue, Surrey, BC, V3T2A1 (O,WC)
<b>7:00PM Resurrection</b> , Harmsworth Hall, 7170 232nd St, Langley, BC, V3A 3Y6 (O,WC)
<b>South Okanagan Area</b>
<b>11:00AM Staying Clean, Living Clean Group</b> , Oooknakane Friendship Centre, 146 Ellis Street, Penticton, BC, V2A 5E3 (O,WC,LC)
<b>12:30PM To Any Lengths</b> , Lower parking lot, 100 Rock Creek Cut Off Road, Rock Creek, BC, V0H 1Y0 (O,To)
<b>6:30PM Princeton Meeting</b> , Princeton Family Society, 56 Kenley Ave, Princeton, BC (O,To)

**South Vancouver Island Area**

**10:00AM Journey Continues Group**, Salt Spring Island, BC

(O,D,NS,WEB,LC,VM)

**5:30PM Sunday Night fix**, United Church, 246 Ingram street, Duncan, BC (O,NS,LC)

**6:00PM Sunday night Candlelight**, Around side downstairs, 3024 Jacklin Rd, Langford, BC (O,CL,D,WC,NS,LC,NP)

**7:00PM Recovery Salt Spring**, Salt Spring, BC (O,JT,WC,WEB,VM)

**8:00PM Brass Tacks Group**, Behind Pearkes Rec. Centre-end of Arena Rd, 3120 Tillicum Road, Victoria, BC (O,JT,WC,NS,LC,NP)

**Tri Cities Area**

**6:00PM Sunday Night On The Steps Group**, Lions Club, 12479 Harris Road, Pitt Meadows, BC, V3Y 2J4 (O,St,WC)

**7:00PM Farsi Burnaby Meeting**, St. Stephen the Martyr Anglican Church, 9887 Cameron St, Burnaby, BC, V3J 1M3 (O,To)

**7:00PM Reaching Out in Recovery**, Trinity Church, 2211 Prairie Ave, Port Coquitlam, BC, V3B 1V8 (O,CL,To)

**7:30PM Powerless In Pitt Group**, Pitt Meadows Heritage Church Hall, 12109 Harris Road, Pitt Meadows, BC, V3Y 2B6 (O,CL,To,WC)

**Upper Fraser Valley Area**

**5:00PM Marrow in Yarrow Group**, Yarrow Community Hall, small conference room, 4670 Community Street, Chilliwack, BC, V2R 5E1 (O,RF,WC,LC)

**7:00PM From The Heart Group**, Saint Paul's Presbyterian Church, Lounge, 8469 Cedar Street, Mission, BC, V2S 1A1 (O,To,WC)

**7:30PM Clean Slate Group**, Peace Lutheran Church, basement Password: clean649, 2029 Ware Street, Abbotsford, BC, V2S 3C3 (O,RF)

**Vancouver Area**

**8:00AM Carpe Diem**, Vancouver Coastal Health Building, 821 Gibsons Way, Gibsons, BC, V0N 1V8 (O,To)

**NOON Readings, Rainbows and Unicorns Group**, Sunset Towers, 1655 Barclay Street, Vancouver, BC, V6G 2Y1 (O,BK,WEB,HY)

**12:15PM New Attitudes Group**, Vancouver Recovery Club at 12th Avenue, 2775 Sophia Street, Vancouver, BC, V5T 3L1 (O,To)

**5:00PM Devious Frightened Loners**, Vancouver Recovery Club, 2775 Sophia Street, Vancouver, BC, V5T 3L1 (O,SD)

**5:00PM Online Devious Frightened Loners**, password: Recovery, Vancouver, BC, V5T 3L1 (O,SD,WEB,VM) *password: Recovery*

**7:30PM Addicts With New Hope Group**, Pacific Spirit United Church, Downstairs, Main Entrance., 2195 45th Ave W, Vancouver, Vancouver, BC, V6M 2J2 (C,WC)

**7:30PM New Directions**, St. Clements Anglican Church, meeting entrance is at the back of the church, 3400 Institute Road, North Vancouver, BC, V7K 2K9 (O,CL,St,To)

**Vancouver Island North Powell River Area**

**7:30PM Cumberland Steps & Traditions**, United Church, 2688 Penrith Ave, Cumberland, BC, V0R1S0 (O,SD,St,Tr,WC,BK,NS)

**West Coast Area**

**10:15AM Spiritual Solutions Group**, #411-777 Columbia Street, New Westminster, BC, V3L 3M2 (O,D,SD,WC,WEB)

**7:00PM Our Purpose Group**, First Presbyterian Church, 335 Seventh St., New Westminster, BC, V3M 3W8 (O,D)

**7:30PM Taking Care Of Business Group**, Holy Trinity Cathedral, 514 Carnarvon St, New Westminster, BC, V3L 1C4 (O,CL,D,To,WC)

MONDAY
<b>BC Multi Area Shared Yap Helpline</b>
<b>NOON 100 Block Rock</b> , 144 E. Hastings St., Vancouver, BC,
<b>British Columbia Region</b>
<b>7:30PM BC NA Online Meeting</b> , BC (WEB,VM)
<b>Central Okanagan Area</b>
<b>NOON The Nooner Group</b> , First Baptist Church, 1309 Bernard Avenue, Kelowna, BC, V1Y 6R5 (O,To,WC)

MONDAY (CONT)
<b>6:00PM Spiritually Speaking Group</b> , Kalano Club, 2108 Vasile Road, Kelowna, BC, V1Y 6H5 (O)
<b>7:00PM Men in Recovery Group</b> , First Baptist Church, 1309 Bernard Ave, Kelowna, BC, V1Y 6R5 (O,M)
<b>Central Vancouver Island Area</b>
<b>NOON Save Our Serenity Group</b> , 2174 Departure Bay Road, Nanaimo, BC, V9S 3V6 (O,D,To,WC)
<b>7:00PM My Sponsor Said So</b> , Gabriola Fellowship Church, 775 Church Street, Gabriola, BC, V0R 1X3 (C)
<b>7:00PM Visions Of Hope Group</b> , Alano Club, 3028 2nd Ave, Port Alberni, BC, V9Y 1Y9 (C,To,WC)
<b>7:30PM Alive And Well</b> , Oceanside Community Church, front entrance, 1420 Alberni Highway, Parksville, BC, V9P 2C9 (O,D,To,WC)
<b>7:30PM Never Alone Group</b> , Rotary Field House, 850 Third Street, Nanaimo, BC, V9R 3K5 (C,WC)
<b>East Kootenays</b>
<b>7:00PM Golden Group of Narcotics Anonymous</b> , Golden Museum, 1302 11th Ave, Golden, BC, V0A 1H2 (O,D,WC)
<b>7:00PM Monday Momentum</b> , Service BC Building, 625 - 4th St, Invermere, BC, V0A 1K0 (O,B,To,HY)
<b>Kamloops Area</b>
<b>NOON Nothing To Fear Noon Group</b> , 360 Nicola Street, Kamloops, BC, V2C 2J7 (O,To,WC)
<b>7:00PM Carrying the Message</b> , Dallas Barnhartvale Church, 495 Todd Road, Kamloops, BC, V2C 2P5 (O,To)
<b>7:00PM Meetings in 100 Mile</b> , The United Church, 49 Dogwood Avenue, 100 Mile House, BC, V0K 2E1 (WC)
<b>7:00PM Pride in Recovery Candlelight</b> , Lecture Room, 360 Nicola St, Kamloops, BC, V2C 2P5 (O,CL,GL,BK)
<b>7:00PM Staying Clean in Clearwater</b> , Elks Hall, 72 Taren Dr., Clearwater, BC, V0E 1N1 (O,WC)
<b>Northern British Columbia Area</b>
<b>7:00PM Essential Evolution</b> , Saint John the Divine Anglican Church, Basement of Church Hall, 465 Kinchant Street, Quesnel, BC, V2J 2R7 (O,CL,IW,JT)
<b>7:30PM Common Ground Recovery</b> , Prince Rupert Lutheran Church, 200 4th Avenue West, Prince Rupert, BC, V8J 3G2 (O,CL,JT,To,WC)
<b>8:00PM Journey of Recovery Group</b> , Alano Club, Basement, 725 Alward Street, Prince George, BC, V2M 2E6 (O,D,JT,St,BK)
<b>North Okanagan Area</b>
<b>6:00PM Glow in the Park</b> , Polson Park, Infront of bandstand, 2600 Highway 6, Vernon, BC, V1T 2Y5 (O,BT,D,BK) <i>Polson Park May - September, Blair Apartment Oct - April</i>
<b>7:00PM Recovery Rocks</b> , St Andrew’s Church, 1981 9th ave ne, Salmon Arm, BC, V1E 2L2 (C,LC)
<b>Richmond South Delta Area</b>
<b>7:30PM New Beginnings Group</b> , Church of God, at Williams Road, 10011 Number 5 Road, Richmond, BC, V7A 4E4 (O,CL)
<b>South of Fraser Area</b>
<b>7:00PM Cloverdale Group</b> , United Church, 17575 58A Avenue, Surrey, BC, V3S 1N1 (O)
<b>South Okanagan Area</b>
<b>NOON Steps to Freedom</b> , Penticton United Church, 696 Main St (Chapel Door), Penticton, BC, V2A 5E3 (O,D,To)
<b>7:30PM Three Winds Group</b> , Royal Canadian Legion, 510 Veterans Ave, Keremeos, BC, V0X 1N3 (O,WC)
<b>South Vancouver Island Area</b>
<b>10:00AM BC NA Women’s Connection Meeting</b> , Password: 654321 (W,WEB,VM)
<b>NOON The Nooner</b> , 2675 Bridge Street, Victoria, BC (O,B,D,JT,WC,NS)

MONDAY (CONT)
<b>6:00PM No Matter What Club</b> , 877 North Park St, Victoria, BC, V8W 1S9 (O,D,JT,WC,NS)
<b>7:00PM Recovery Salt Spring</b> , Salt Spring, BC (O,JT,WC,NS,WEB,VM)
<b>7:30PM Out of the Darkness</b> , Cowichan Valley Alano Club, 450 Whistler St., Duncan, BC (O,JT,WC,NS)
<b>Tri Cities Area</b>
<b>6:30PM Attitude Of Gratitude Group</b> , Trinity United Church, 2211 Prairie Avenue, Port Coquitlam, BC, V3B 1V8 (O,St,Tr,WC)
<b>7:30PM Courage To Change</b> , One Way Club, 22272 North Avenue, Maple Ridge, BC, V2X 2L5 (O)
<b>Upper Fraser Valley Area</b>
<b>7:00PM A New Beginning</b> , Password: No Password, 33129 N Railway Ave, Mission, BC, V2V 1E3 (O,SD,HY)
<b>7:00PM Pass It On Group</b> , Grace Church, COVID protocol in place up to 50 people, first come first seated., 2087 McMillan Rd, Abbotsford, BC, V2S 4Y3 (O)
<b>7:30PM Peardonville Group</b> , 3747 Lindsay Street, Abbotsford, BC, V2S 7A3 (C,W,TC)
<b>Vancouver Area</b>
<b>12:15PM New Attitudes Group</b> , Vancouver Recovery Club at 12th Avenue, 2775 Sophia Street, Vancouver, BC, V5T 3L1 (O,To)
<b>12:15PM Staying Clean at 12:15</b> , Passcode: NA1215, Vancouver, BC (WEB,VM)
<b>6:30PM The Exchange Group</b> , Carnegie Centre, 3rd Floor Classroom, 401 Main Street, Vancouver, BC, V6A 2T7 (D,WC)
<b>7:00PM Fan the Flame</b> , Front door up the elevator after 7pm - Before 7pm we let you in with a fob., 5787 Langley Bypass, Langley, BC, V3A 0A9 (O,WC)
<b>7:00PM Never Alone Beginner's Meeting</b> , North Shore Alano Club, Room 1, 176 east 2nd Street, North Vancouver, BC, V7L 1C3 (O,B,SD,WC,WEB,HY)
<b>7:30PM Clean Freaks Group</b> , Saint Paul's Hospital, Enter off Burrard st. Providence building Level 1 Conference Room 6 (1461), 1081 Burrard Street, Vancouver, BC, V6Z 1Y6 (O,To,WC)
<b>Vancouver Island North Powell River Area</b>
<b>6:00PM Get Lit</b> , Alano Club, Behind Alano Club in the portable, 543 6th st, courtenay, BC, V9m 1M5 (BT,BK)
<b>7:00PM Unity Group</b> , St Georges Church, Entrance via Fitzgerald, 505 6th Street, Courtenay, BC, V9N 1M5 (O,D,WC,LC)
<b>7:30PM Line Number Basic Text</b> , Alano Club, 301 10th ave, Campbell River, BC (O,BT) <i>Potluck every 1rst monday of the month</i>
<b>8:00PM Never Alone</b> , Mental Health Building, Conference room at the end, 7070 Shorncliffe Ave, Port Hardy, BC (O,BT,WC)
<b>West Coast Area</b>
<b>8:00AM AMNA</b> , Saint Barnabas Church, 1002 5th Avenue, New Westminster, BC, V3M 3W4 (O,D,JT,To,WC,WEB,HY)
<b>NOON New West Nooners Group</b> , Olivet Baptist Church, 613 Queens Avenue, New Westminster, BC, V3M 1L1 (O,To,WC)
<b>7:00PM A New Way To Live</b> , Sechelt Hospital, Large Boardroom, Basement Level, beside cafeteria, 5544 Sunshine Coast Hwy, Sechelt, BC, V7Z 0C3 (O,B)
<b>7:00PM Raw Recovery</b> , 529 Queens Avenue, New Westminster, BC, V3M 1L1 (SD)
<b>7:30PM Pride In Recovery</b> , The Anglican Church, 514 Carnarvon Street, New Westminster, BC, V3L 1C4 (O,GL,To,WC)
<b>7:30PM Starting Fresh Group</b> , Saint Alban's Church, 7717 19th Avenue, Burnaby, BC, V3N 1E8 (O,D)
<b>7:30PM Talking Heads Group</b> , inperson and online (listen only) hybrid meeting, 7895 Canada Way, Burnaby, BC, V3M 2N1 (O,WC,HY)
<b>West Kootenay</b>
<b>6:00PM Carry This Message Group Online</b> , Nelson, BC, V1L 2X1 (O,D,JT,WC,WEB,VM)

## TUESDAY

**BC Multi Area Shared Yap Helpline**

**NOON 100 Block Rock**, 144 E. Hastings St., Vancouver, BC,

**British Columbia Region**

**12:15PM Staying Clean**, Passcode: recovery, Vancouver, BC,

**6:00PM Miracles Can,Do,Will Happen**, BC (O,WEB,VM)

**Central Okanagan Area**

**NOON The Nooner Group**, First Baptist Church, 1309 Bernard Ave, Kelowna, BC, V1Y 6R5 (O,To,WC)

**6:00PM No Matter What**, Kalano Club, 2108 Vasile Rd, Kelowna, BC, V1Y 6H5 (O)

**Central Vancouver Island Area**

**NOON No Matter What**, 596 Albert Street, Nanaimo, BC, V9R 2W2 (O)

**7:00PM Just Do It Group**, church, 2174 Departure Bay Road, Nanaimo, BC, V9S 3V6 (O,WC)

**7:00PM Lost and Found Group**, Road Centre Pioneer Room, 186 Shelly Road, Parksville, BC, V9P 1T7 (O,CL,D,WC)

**7:00PM Reach Out And Recover**, Womxn's Meeting (Non-Men only), 596 Albert Street, Nanaimo, BC, V9R 2W2 (W)

**7:00PM Responsible Choices**, Church Side Door, 9814 Willow Street, Chemainus, BC, V0R 1K0 (O,WC)

**8:00PM Safe Harbour**, Basement Holy Family Church, 1663 Peninsula Road, Ucluelet, BC, V0R 3A0 (O)

**East Kootenays**

**7:30PM The Fernie Group of NA**, 140 Spruce Ave, Sparwood, BC, V0B 2G0 (O,D,JT,To,WEB,VM)

**Kamloops Area**

**10:00AM Twin Rivers A-M ~ N-A**, 320 Royal Avenue, Kamloops, BC, V2B 2T6 (O,D,To,WC)

**6:00PM She Recovers**, Thompson Rivers Recovery Club, Meeting is downstairs in basement, 320 Royal Ave, Kamloops, BC, V2B 3P5 (O,W,WC,OE,NS,CW,NP)

**7:00PM Merritt Candlelight Group**, Trinity United Church, 1899 Quilchena Ave, Merritt, BC, V1K 1A4 (O,WC)

**7:00PM Tuesday Night Group of NA**, 101 Columbia St., Kamloops, BC, V2C 2J7 (O,WC)

**Northern British Columbia Area**

**7:00PM Addicted to Recovery**, Cariboo Friendship Society, 99 3rd Avenue South, Williams Lake, BC, V2G 1Z6 (O,D,To,WC)

**7:00PM Highway 20 Trauma & Addictions Support Group**, Bella Coola Hospital, Adult Day Program Room, 1025 Elcho Street, Bella Coola, BC, V0T 1C0 (O)

**7:00PM What Can I Do**, Trinity United Church, Back entrance off Union Street, 3555 5th Avenue, Prince George, BC, V2M 1K8 (O,St,WC,CW)

**North Okanagan Area**

**7:00PM Key Tags Not Toe Tags**, First United Church, Cedar Room (Upstairs), 450 Okanagan Ave E, Salmon Arm, BC, V1E 4P1 (O,D,WC,LC)

**Richmond South Delta Area**

**7:30PM New Way To Fly Group**, Little House, social distancing in place, 5061 12th Avenue, Delta, BC, V4M 2A7 (O)

**7:30PM Solution Speakers Group**, Church on Five, Please enter at the open front door. back room, 10200 No 5 Rd, Richmond, BC, V7A 4E5 (O,To,WC)

**South of Fraser Area**

**7:00PM Freedom From Active Addiction Group**, Saint Andrew's Anglican Church, 20995 Old Yale Road, Langley, BC, V3A 4M6 (O,CL,WC)

**7:30PM Tuesday Night Fireside Group**, Christ the King Lutheran Church, 13388 104 Ave, Surrey, BC, V3T 3C7 (O,To)

**South Okanagan Area**

**NOON Recovery in the Desert**, Lutheran Church, 6 Finch Crescent, Osoyoos, BC, V0H 1V2 (O,To,WC)

## TUESDAY (CONT)

**NOON Steps to Freedom**, Pentiction United Church, 696 Main St (Chapel Door), Pentiction, BC, V2A 5E3 (O,JT,WC)

**7:30PM Just For Today Group**, Vineyard Church, 102 1825 Main Street, Pentiction, BC, V2A 5C8 (O,D,To)

**South Vancouver Island Area**

**NOON The Nooner**, 2675 Bridge Street, Victoria, BC (O,B,D,JT,WC,NS)

**6:00PM PRIMARY PURPOSE**, Salvation Army age aloud 19 +, Use buzzer at front door or enter on Wharf Street, around corner, 525 Johnson Street, victoria, BC (O,NC,WC,NS,NP)

**6:30PM Hope after Dope**, highpoint church, 949 Fullerton ave., Victoria, BC, V9A 6Z5 (O,CL,D,WC,NS,LC,NP)

**7:00PM Recovery Salt Spring**, Salt Spring, BC (O,JT,WC,NS,WEB,VM)

**Tri Cities Area**

**7:15PM Getting It Together Group**, BSMT OLD BUILDING, 2601 Spuraway Ave, Coquitlam, BC, V3J 4J4 (O,JT,WC)

**7:30PM Straight Goods**, Hammond Community Centre, 20601 Westfield Ave, Maple Ridge, BC, V2X 1L7 (O,JT,WC)

**Upper Fraser Valley Area**

**6:00PM Coming Home**, In the classroom to the left of the main church building, 32860 Cherry Ave, Mission, BC, V2V 2T9 (O,To,WC)

**7:30PM Step by Step**, 9460 Charles St, Chilliwack, BC, V2P 5K1 (O,To)

**Vancouver Area**

**12:15PM New Attitudes Group**, Vancouver Recovery Club at 12th Avenue, 2775 Sophia Street, Vancouver, BC, V5T 3L1 (O,To)

**12:15PM Staying Clean at 12:15**, Passcode: NA1215, Vancouver, BC (WEB,VM)

**7:00PM Carpe Diem**, Vancouver Coastal Health Building, 821 Gibsons Way, Gibsons, BC, V0N 1V8 (O,To)

**7:00PM NA KINGS**, 31250 King Rd, Abbotsford, BC, V2T 6C2 (O)

**7:00PM Step Up Group**, Vancouver Recovery Club at 12th avenue, 2775 Sophia Street, Vancouver, BC, V5T 3L1 (SG)

**7:30PM Growing Circle Group**, Native Friendship Centre, Chief Simon Baker Room, 1607 Hastings Street, Vancouver, BC, V5L 1S7 (O,CL,WC)

**7:30PM The Way Home**, North Shore Alano Club, Big Room, 176 East 2nd street, North Vancouver, BC, V7L 1C3

**Vancouver Island North Powell River Area**

**6:00PM The Journey Continues**, elim chapel, 566 5th st, courtenay, BC, v9n1k3 (O,BK,LC)

**7:00PM Eagle Literature**, Kwakiutl Health Centre, 97 Tsakis Way, Fort Rupert, V0N2P0 (O,WC)

**7:00PM Unity Group**, Alano Club of Courtenay, 543 6th Street, Courtenay, BC, V9N 1M5 (O,D,WC,LC)

**7:30PM Clean Acres Group**, Halbe Hall, 8369 Island Highway, Black Creek, BC, V9J 1G2 (O,To,WC)

**7:30PM Journey to the Top Group**, 6310 Sycamore ST, Powell River, BC, V8AA4L1 (C,WC)

**West Coast Area**

**8:00AM AMNA**, Saint Barnabas Church, 1002 5th Avenue, New Westminster, BC, V3M 3W4 (O,D,JT,To,WC,WEB,HY)

**NOON New West Nooners Group**, Olivet Baptist Church, 613 Queens Avenue, New Westminster, BC, V3M 1L1 (O,To,WC)

**6:30PM Rage Against The Disease Group**, Saint Barnabas Church, 1002 5th Avenue, New Westminster, BC, V3M 3W4 (O,To)

**7:00PM Moody Tuesday's**, Following COVID protocols, 514 Carnarvon Street, New Westminster, BC, V3M 2N1 (O)

**7:00PM North Burnaby Addicts**, 5050 Hastings Street East, Burnaby, BC (O)

## WEDNESDAY

**BC Multi Area Shared Yap Helpline**

**NOON 100 Block Rock**, 144 E. Hastings St., Vancouver, BC,

## British Columbia Region

**8:00PM \*\*This meeting is temporarily cloed \*\* - The Community Cares Meeting**, 76 - 5th Ave., Lillooet, BC, V0K 1V0 (O,To)

**Central Okanagan Area**

**NOON The Nooner Group**, First Baptist Church, 1309 Bernard Ave, Kelowna, BC, V1Y 6R5 (O,To,WC)

**7:00PM Words Of Wisdom Group**, Redeemer Lutheran Church, 3637 Brown Road, Kelowna, BC, V4T 1P7 (O,WC)

**8:00PM We're Alright By Candlelight**, Kalano Club, 2108 Vasile Road, Kelowna, BC, V1Y 6H5

**Central Vancouver Island Area**

**NOON No Matter What**, 596 Albert Street, Nanaimo, BC, V9R 2W2 (O)

**6:00PM Welcome Home Wednesday**, 138 Hoy Lake Road West, Qualicum, BC, V9K 1K3 (O,D,To)

**7:00PM Red Road To Recovery**, 669 Centre Street, Nanaimo, BC, V9R 4Z5 (O)

**7:00PM Visions Of Hope Group**, Alano Club, 3028 2nd Avenue, Port Alberni, BC, V9Y 1Y9 (O,St,WC)

**7:00PM We Can Wednesday**, 2714 Departure Bay Road, Nanaimo, BC, V9R 6V7 (O,D,To,WC)

**East Kootenays**

**7:00PM Just For Today**, Eagle's Hall, Back Door Entrance, 715 Kootenay St N., Cranbrook, BC, V1C 3V1 (O,D,JT,To,WC)

**Kamloops Area**

**NOON Nothing To Fear Noon Group**, 360 Nicola Street, Kamloops, BC, V2C 2J7 (O,To,WC)

**7:00PM Courage to Change**, North Thompson Activity Center Society, 4936 Barriere Town Rd, Barriere, BC, V0E 1E1 (O,BT,D,WC)

**8:00PM NA In The Loop**, Kamloops, BC (WEB,VM)

**8:00PM Wednesday Night Warriors**, 1607 Greenfield Avenue, Kamloops, BC, V2B 4N4 (O,B,D)

**Northern British Columbia Area**

**7:00PM Essential Evolution**, Saint John the Divine Anglican Church, Basement of Church Hall, 465 Kinchant Street, Quesnel, BC, V2J 2R7 (O,CL,JT,To)

**7:00PM Hazelton NA**, Gitanmaax Health Station, 21 Kispiox Valley Road, Hazelton, BC, V0J 1Y2 (O)

**7:00PM Healing Connection**, Alliance Church, 1332 Lahakas Boulevard North, Kitimat, BC, V8C 2N4 (O,To)

**7:00PM Rise To Freedom**, Christian Reformed Church, Basement, 1905 Willow Avenue, Prince George, BC, V2L 2W9 (O,RF,WC)

**7:00PM Wellness Group**, Inclusion Yukon, Suite 7, 4230 4th Avenue, Whitehorse, YT, Y1A 1K1 (O,BT,IW,To,WC)

**North Okanagan Area**

**7:00PM Naturally High**, Alano Club, 3204 Alexis Park Drive, Vernon, BC, V1T 6G8 (O,WC)

**Richmond South Delta Area**

**7:30PM Clean And Crazy Group**, Trinity Lutheran Church, Social Distancing in place, 7100 Granville Ave., Richmond, BC, V6Y 1N4 (C,St)

**South of Fraser Area**

**7:00PM Changing Ways Group**, Southside Community Church, 12642 100th Avenue, Surrey, BC, V3V 2X7 (O,To,WC)

**7:00PM Not Without Surrender Group**, St Andrew's Anglican Church, 20955 Old Yale Rd, Langley, BC, V3Z 7P8 (O,To,WC)

**South Okanagan Area**

**NOON Steps to Freedom**, Pentiction United Church, 696 Main St (Chapel Door), Pentiction, BC, V2A 5E3 (O,WC,QA)

**6:00PM Women on Wednesday**, Pentiction United Church, 696 Main St (Chapel Door), Pentiction, BC, V2A 5E3 (C,To,W,WC)

**6:30PM Princeton Meeting**, Princeton Family Society, 56 Kenley Ave, Princeton, BC (O,To)

## WEDNESDAY (CONT)

**7:00PM Keep It Simple Group**, Oliver Community Center, 6359 Park Drive - meeting room #2, Oliver, BC, V0H 1T0 (O,D)

**South Vancouver Island Area**

**10:00AM BC NA Women's Connection Meeting**, Password: 654321 (W,WEB,VM)

**NOON The Nooner**, 2675 Bridge Street, Victoria, BC (O,B,D,JT,WC,NS)

**NOON Warmlands Shelter Group**, Warmlands Shelter (please use door Buzzer located on Lewis St), 2579 Lewis St, duncan, BC (O,D,JT,WC,NS)

**5:00PM The Gift of Desperation**, LCCC church, side entrance, 10 King George Street, Lake Cowichan, BC (O,D,WC,HY)

**7:00PM Recovery Salt Spring**, Salt Spring, BC (O,JT,WC,NS,WEB,VM)

**7:30PM Basic Text Group**, Gordon United Church, Side Entrance, 935 Goldstream ave, Langford, BC, V9B 2Y2 (O,BT,WC,NS)

**7:30PM Courage to Change Group**, Gonzales Community Center, 1330 Fairfield Rd, Victoria, BC (O,CL,D,WC,NS)

**7:30PM Wednesday Night Fix**, United Church, 246 Ingram street, Duncan, BC (O,JT,NS)

**Tri Cities Area**

**7:00PM Standing Tall**, Ruskin Community Hall, 28395 96th Ave, Ruskin, BC, V2W 1L2 (O,To)

**7:30PM HOW-It Works Group**, Eagle Ridge United Church, 2813 Glen Drive, Coquitlam, BC, V3B 2P6 (O,D,JT,To,WC)

**7:30PM Recovery in the Meadows**, Lions Hall, 12479 Harris Road, Pitt Meadows, BC, V3Y 2J4 (O,CL,BK)

**7:30PM Recovery; Our First Priority**, St. Stephen the Martyr Anglican Church, 9887 Cameron St, Burnaby, BC, V3J 1M3 (O,To)

**Upper Fraser Valley Area**

**7:00PM Stepping Free**, St Paul's Presbyterian Church, 8469 Cedar St, Mission, BC, V4S 1A1

**7:00PM Uptown Recovery Group**, Alano Club, 46035 Victoria Avenue, Chilliwack, BC, V2P 1T4 (O,WC)

**7:30PM More Will Be Revealed**, Alano Club, 2584 Cyril St., Abbotsford, BC (O)

**Vancouver Area**

**12:15PM New Attitudes Group**, Vancouver Recovery Club at 12th Avenue, 2775 Sophia Street, Vancouver, BC, V5T 3L1 (O,To)

**12:15PM Staying Clean at 12:15**, Passcode: NA1215, Vancouver, BC (WEB,VM)

**7:00PM Babes supporting Babes**, Passcode: 457339, North Vancouver (W,WEB,VM)

**7:00PM Hopefiends Group**, Colin's Hall, 1120 Miller Road, Bowen Island, BC, V0N 1G1 (O,D,WC,TC)

**7:00PM Never Alone Women's Meeting**, St. John's Anglican Church, 220 8th St W, North Vancouver, BC, V7M 1N1 (To,W)

**7:00PM Serenity in the Suburbs**, Lions Gate Hospital, Evergreen Room, 231 East 15th Street, North Vancouver, BC, V7L 2L7 (C,M,BK)

**7:00PM Sunshine Coast Women's NA**, St Barts Church, 659 North Rd, Gibsons, BC, V0N 1V9 (C,W,BK) *Closed to those identifying as females (and their children under 12yrs)*

**7:00PM Walk On**, Roundhouse Community Centre, Vancouver (Roundhouse Community Centre - Music Room Upstairs), 181 Roundhouse Mews, Vancouver, BC, V6Z 2W3 (O,D,RF,To)

**7:30PM Candle In The Window Group**, Saint John The Divine Anglican Church, 1930 Diamond Road, Squamish, BC, V0N 1T0 (O,WC,HY)

**7:30PM Eye Of The Storm Group**, Salvation Army Harbour Light, 119 E. Cordova Street, Vancouver, BC, V6A 1K8 (O,To,WC)

**7:30PM Third Tradition Group**, Vancouver Recovery Club, dance hall/main meeting room, 2775 Sophia St, Vancouver, BC, V5T 3L1 (O,To)

**8:00PM Recovery Is Possible**, 2nd floor in the Multi Purpose room, 4380 Lorimer Rd, Whistler, BC (O)

**Vancouver Island North Powell River Area**

**NOON Just For Today Nooner**, New Horizons building - downstairs, 1765 Sollans rd, Hornby Island, BC, V0R1Z0 (HY)

WEDNESDAY (CONT)
<b>NOON Step It Up Group</b> , 625 England Avenue, Courtenay, BC, V9N 2N5 (O,To,W,WC)
<b>7:00PM Unity Group</b> , Alano Club, 543 6th Street, Courtenay, BC, V9N 1M5 (O,D,St,WC)
<b>7:30PM Free at Last Group</b> , 451 7th ave, Campbell River, BC, v9w45a1 (O,D,WC)
<b>7:30PM Port McNeill Group</b> , Old School Rm 3, 375 Shelly Cres., Port McNeill, BC, V0N 2R0 (O,WC)
<b>West Coast Area</b>
<b>8:00AM AMNA</b> , Saint Barnabas Church, 1002 5th Avenue, New Westminster, BC, V3M 3W4 (O,D,JT,To,WC,WEB,HY)
<b>NOON New West Nooners Group</b> , Olivet Baptist Church, 613 Queens Avenue, New Westminster, BC, V3M 1L1 (O,To,WC)
<b>6:00PM Clean Living Group</b> , small building behind the church, 472 E Eighth Ave, New Westminster, BC, V3L 3X1 (O,WEB)
<b>7:00PM Dopeless Hope Fiends</b> , 5116 Davis Bay Rd, Davis Bay, BC,
<b>7:00PM It's Up To Us Group</b> , St. Barnabas Church, 1010 5th Ave, New Westminster, BC, V3M 1Y5 (O,CL,D,JT,To,WC,WEB)
<b>7:00PM New Way to Live Group</b> , Edmonds Resource Center Room 208, 7355 Canada Way, Burnaby, BC, V3N 4Z6 (O,CL,D)
<b>7:00PM Survivors Group</b> , Holy Trinity Cathedral (basement), Closing - Merging with It's Up To Us - effective Feb 4, 2026, 514 Carnarvon St, New Westminster, BC, V3L 1C4 (O,WEB)

**West Kootenay**  
**7:00PM Freedom Flyers**, Castlegar United Church basement, 809 Merrycreek Rd., Castlegar, BC (O)

THURSDAY
<b>BC Multi Area Shared Yap Helpline</b>
<b>NOON 100 Block Rock</b> , 144 E. Hastings St., Vancouver, BC,
<b>7:00PM Northern Awakenings</b> , 853 3rd Ave., Dawson City, YT, Y0B 0A3 (O)
<b>7:00PM Trail NA Meeting of Hope</b> , United Church, 1300 Pine Avenue, Trail, BC, V1R 4E6 (D,St) <i>Step Study 1st Thursday</i>
<b>British Columbia Region</b>
<b>10:00AM Hope After Dope Women's Meeting</b> , BC (W,WEB,VM)
<b>12:15PM Staying Clean at 12:15</b> , Vancouver, BC (WEB,VM)
<b>7:00PM NA Meeting</b> , Inuusirvik Community Wellness Hub, 764 Fred Coman St., Iqaluit, NU, X0A 0A1 (HY)
<b>7:00PM New Beginnings</b> , Phoenix Building, 170 Mackenzie Road, Inuvik, NT, X0E 0T0 (O,D)

<b>Central Okanagan Area</b>
<b>NOON The Nooner Group</b> , First Baptist Church, 1309 Bernard Avenue, Kelowna, BC, V1Y 6R5 (O,To,WC)
<b>5:15PM Living Clean Group</b> , First Baptist Church, 1309 Bernard Ave, Kelowna, BC, V1Y 6R5 (O,WC)
<b>7:30PM Back To Basics Group</b> , 250 Gibbs Rd West, Kelowna, BC, V1X 1W7 (O,To)

<b>Central Vancouver Island Area</b>
<b>NOON Save Our Serenity Group</b> , 2174 Departure Bay Rd., Nanaimo, BC, V9R 1Z7 (O)
<b>6:00PM Land Of The Living</b> , 26 Church Street, Nanaimo, BC, V9R 5H4 (O,WC)
<b>7:00PM Living Clean Group</b> , Bethel Church, 4962 Christie Road, Ladysmith, BC, V9G 1J3 (O,To,WC)
<b>7:00PM Seaside Serenity Group</b> , 186 Shelly Road, Parksville, BC, V9P 1T7 (O,WC)
<b>7:00PM Time To Shine Group</b> , 315 Fitzwilliam Street, Nanaimo, BC, V9S 3V6 (O,WC)

**Kamloops Area**  
**10:00AM Twin Rivers A-M ~ N-A**, 320 Royal Avenue, Kamloops, BC, V2B 2T6 (O,D,To,WC) *Zoom ID: 970 8898 0504, Password: recovery*

THURSDAY (CONT)
<b>7:00PM It works if you Work it !</b> , Elks Hall, 72 Taren Dr., Clearwater, BC, V0E 1N1 (O,WC)
<b>7:00PM Lost and Found Group</b> , 320 Royal Ave., Kamloops, BC, V2C 2P5 (O,Tr,WC)
<b>7:00PM Merritt Candlelight Group</b> , Trinity United Church, 1899 Quilchena Ave., Merritt, BC, V1K 1A4 (O,WC)
<b>Northern British Columbia Area</b>
<b>6:00PM Together We Can</b> , Trinity United Church, Back entrance off Union Street, 3555 5th Avenue, Prince George, BC, V2M 1K8 (W,CW)
<b>7:00PM Thursday Night Winners Group</b> , Christian Reformed Church, 3602 Sparks Street, Terrace, BC, V8G 2V6 (O,To,WC)
<b>7:30PM We Do Recover Group</b> , Christian Reformed Church, Basement, 1905 Willow Avenue, Prince George, BC, V2L 2W9 (O,CL,JT,St,To,Tr,WC)

<b>North Okanagan Area</b>
<b>7:00PM Key Tags Not Toe Tags</b> , First United Church Hall, 450 Okanagan Ave E, Salmon Arm, BC, V1E 4P1 (O,D,IW,WC)
<b>8:00PM Naturally High</b> , Vernon Alano Club, Behind Knox Church, 3204 Alexis Park Drive, Vernon, BC, V1T 6G8 (O,BT,D,WC)
<b>Richmond South Delta Area</b>
<b>7:30PM Straight Up Group</b> , back of daycare, 5545 Ladner Trunk Road, Delta, BC, V4K 1X1 (O,To,WC)

<b>South of Fraser Area</b>
<b>7:00PM Next Right Thing Group</b> , 17575 58A Ave, Surrey, BC, V3A 4B3 (O,To,WC)
<b>7:30PM Never Ending Journey Group</b> , Crossroads United Church, 7655 120th Street, North Delta, BC, V4C 6P6 (O,WC)

<b>South Okanagan Area</b>
<b>NOON Steps to Freedom</b> , Penticton United Church, 696 Main St (Chapel Door), Penticton, BC, V2A 5E3 (O,JT,WC)
<b>6:00PM No Matter What</b> , United Church (Chapel), 696 Main Street, Penticton, BC (O)
<b>7:00PM NK'Mip Beginners Meeting</b> , 1006 McKinney Rd., Oliver, BC, V0H 1T0 (O,B,D)

<b>South Vancouver Island Area</b>
<b>NOON The Nooner</b> , 2675 Bridge Street, Victoria, BC (O,B,D,JT,WC,NS)
<b>7:00PM Recovery Salt Spring</b> , Salt Spring, BC (O,JT,WC,WEB,VM)
<b>7:30PM just As We Are</b> , Saint Rose Of Lima Church, 2191 Townsend Road, Sooke, BC, V9Z 0W7 (O,CL,D,JT,WC,NS)
<b>7:30PM PHOENIX GROUP</b> , View Royal Community Hall, 279 Island Highway, victoria, BC (BT,D,WC,NS)
<b>7:30PM Regardless Of Group</b> , Fernwood Community Center Inside, 1240 Gladstone Avenue, Victoria, BC, V8T 1G6 (O,BT,CL,D,GL,WC,NS)

<b>Tri Cities Area</b>
<b>7:30PM New Level Of Innocence</b> , Place de Maillardville, Upstairs Room, 1200 Cartier Avenue, Coquitlam, BC, V3K 2C3 (O,CL,D,To,WC)
<b>7:30PM There comes a time</b> , 11858 216th Street, Maple Ridge, BC, V2X 1V6 (O,WC,BK)

<b>Upper Fraser Valley Area</b>
<b>7:00PM Mission Possible Group</b> , All Saints Monastery, 37323 Hawkins Pickle Road, Mission, BC, V0M 1H0 (O,D,To,WC)
<b>7:30PM Dream Catchers Group</b> , Peace Lutheran Church, Password clean649, 2029 Ware St, Abbotsford, BC, V2S 3C3 (O,JT,WEB,VM)

<b>Vancouver Area</b>
<b>12:15PM New Attitudes Group</b> , Vancouver Recovery Club at 12th avenue, 2775 Sophia Street, Vancouver, BC, V5T 3L1 (O,To)
<b>12:15PM Staying Clean at 12:15</b> , Passcode: NA1215, Vancouver, BC (WEB,VM)
<b>7:00PM New Sight</b> , Lilwat Health and Healing, 11090 Black Bear Rd. Xetolacw Village, Mount Currie, BC (O,WC)

THURSDAY (CONT)
<b>7:00PM Women in Recovery Group</b> , Mount Saint Joseph Hospital, Please contact womeninrecovery@vascna.ca for zoom meeting instructions, 3080 Prince Edward Street, Vancouver, BC, V5T 3N4 (C,CL,W,WC,WEB,TC,VM) <i>Please contact womeninrecovery@vascna.ca for zoom meeting instructions</i>
<b>7:30PM H.A.L.T</b> , Grandview Church, 1803 E 1st Ave., Vancouver, BC, V5L 4B8 (O,St,WC) <i>Step 10 Topic Meeting</i>
<b>7:30PM New Pair of Shoes</b> , 1655 Barclay St, Garden room (enter through the gate at the left side of the building), 1655 Barclay St, Vancouver, BC, V6G 2Y1 (O)

<b>7:30PM Promise Of Freedom Group</b> , Lionsgate Hospital, Evergreen room, 231 East 15th Street, North Vancouver, BC, V7L 2L7 (O,To,WC)
<b>7:30PM South Burnaby Addicts Group</b> , Lane Entrance, No food or drinks in sanctuary, 7591 Gray Avenue, Burnaby, BC, V3N 3M5 (O,CL,D,WC,WEB)

<b>Vancouver Island North Powell River Area</b>
<b>7:00PM Eternity Group</b> , Rear door, 8635 Granville st, Port Hardy, BC, v0n2p0 (O,WC)
<b>7:00PM Never Alone Group</b> , Elim Chapel, 566 5th Ave, Courtenay, BC, V9N 1G6 (D,To)
<b>7:30PM Journey To The Top Group</b> , 6310 Sycamore st, Powell River, BC, V8A 4L1 (C,WC)

<b>West Coast Area</b>
<b>8:00AM AMNA</b> , Saint Barnabas Church, 1002 5th Avenue, New Westminster, BC, V3M 3W4 (O,D,JT,To,WC,WEB,HY)
<b>NOON New West Nooners Group</b> , Olivet Baptist Church, 613 Queens Avenue, New Westminster, BC, V3M 1L1 (O,To,WC)
<b>8:00PM New West Winners Group</b> , Hybrid zoom and in person, 207 6th St, New Westminster, BC, V3M 2N1 (O,D,WEB,HY)

<b>West Kootenay</b>
<b>5:30PM Carry This Message Group</b> , The Salvation Army, 601 Vernon Street, Nelson, BC, V1L 4E9 (O,D,JT,WC)
<b>7:30PM It's Time</b> , Robertson Memorial Church, Main Entrance, 117 3 Ave NW, Nakusp, BC, V0G 1R1 (O,To)

FRIDAY
<b>BC Multi Area Shared Yap Helpline</b>
<b>NOON 100 Block Rock</b> , 144 E. Hastings St., Vancouver, BC,
<b>Central Okanagan Area</b>
<b>NOON The Nooner Group</b> , First Baptist Church, 1309 Bernard Avenue, Kelowna, BC, V1Y 6R5 (O,To,WC)
<b>6:00PM Good Clean Living Group</b> , Kalano Club, 2108 Vasile Road, Kelowna, BC, V1Y 6H5 (O,To)
<b>6:00PM Winning in Winfield</b> , Winfield Community Church, 9460 Glenmore Road, Kelowna, BC, V4V 1M8 (O,D)
<b>Central Vancouver Island Area</b>
<b>NOON No Matter What</b> , 596 Albert Street, Nanaimo, BC, V9R 2W2 (O)
<b>6:30PM Living Out Loud LGBTQIA2S+ Meeting</b> , 596 Albert Street, Nanaimo, BC, V9R 2W2 (O,GL)
<b>7:00PM Visions Of Hope Group</b> , Alano Club, 3028 2nd Ave, Port Alberni, BC, V9Y 1Y9 (O,WC)
<b>7:30PM Freedom Friday</b> , Rotary Field House, 850 Third Street, Nanaimo, BC, V9R 3K5 (C,WC)
<b>8:00PM Safe Harbour</b> , Basement Holy Family Church, 1663 Peninsula Road, Ucluelet, BC, V0R 3A0 (O)
<b>Kamloops Area</b>
<b>NOON Nothing To Fear Noon Group</b> , 360 Nicola Street, Kamloops, BC, V2C 2G2 (O,To,WC)
<b>7:00PM New Beginnings Group</b> , Cottonwood Manor, Please use yellow door by the side parking lot., 730 Cottonwood Ave, Kamloops, BC, V2B 8M6 (O,WC)
<b>9:00PM Ties That Bind</b> , Thompson Rivers Recovery Club, 320 Royal Ave, Kamloops, BC, V2C 2P5 (O,Tr,WC)

<b>Northern British Columbia Area</b>
<b>6:00PM Baldy Hughes</b> , Literature donations in lieu of 7th Tradition, 34000 Blackwater Road, Prince George, BC, V2N 6H1 (O)
<b>7:00PM Addicted To Recovery</b> , Steel Workers Union Hall, 124 2nd Avenue, Williams Lake, BC, V2G 1Z6 (O,D,To,WC)
<b>7:00PM Essential Evolution Group</b> , Saint John the Divine Anglican Church, Basement of Church Hall, 465 Kinchant Street, Quesnel, BC, V2J 2R7 (O,CL,D,LC)
<b>7:00PM Fort Nelson NA</b> , Friendship Centre, 5012 49th Avenue, Fort Nelson, BC, V0C 1R0
<b>7:00PM Tunnel Of Light Group</b> , Mental Wellness Substance Use Services, 3rd Floor, 609 Steele Street, Whitehorse, YT, Y1A 0N8 (O,D,JT,To,WC,WEB,HY)
<b>7:30PM Common Ground Recovery Group</b> , Anglican Church, Downstairs, 200 4th Avenue West, Prince Rupert, BC, V8J 1Z9 (O,BK)
<b>8:00PM Recovery And Relapse Group</b> , Trinity United Church, Downtown location; back door, 1448 5th Avenue, Prince George, BC, V2L 3L7 (O,CL,CS,SPAD)

<b>North Okanagan Area</b>
<b>6:30PM NA Hope Group: New Beginnings</b> , 201 3 St W, Revelstoke, BC (O,HY)
<b>7:00PM Naturally High</b> , Vernon Alano Club, 3204 Alexis Park Drive, Vernon, BC, V1T 6G8 (O,WC)

<b>Richmond South Delta Area</b>
<b>7:30PM We Are Deserving</b> , Ladner United Church in the Knoblauch Room, Enter Through Main Entrance on 48th Ave, 4960 48 Ave, Delta (Ladner), BC, V4K 4X6 (O,To)
<b>7:45PM Just For Today Group</b> , South Arm Community Centre, Social Distancing in place, 8880 Williams Road, Richmond, BC, V7A 1G6 (C,BT,WC)

<b>South of Fraser Area</b>
<b>7:30PM No Shit Group</b> , South Langley Church, 20098 22 ave, Langley, BC, V3A 3Y6 (O,D,To,WC)
<b>7:30PM Serenity By The Sea</b> , Gracepoint Community Church, Enter through front door and right, 3487 King George Boulevard, Surrey, BC, V4P 1B7 (O,CL,To,WC)
<b>9:00PM The Friday Night Fight!</b> , St Dunstan's Anglican Church, 3025 264th St., Aldergrove, BC, V4W 2W4 (O,To)

<b>South Okanagan Area</b>
<b>NOON Steps to Freedom</b> , Penticton United Church, 696 Main St (Chapel Door), Penticton, BC, V2A 5E3 (O,To,WC)
<b>7:00PM Recovery in the Desert</b> , Lutheran Church, 6 Finch Crescent, Osoyoos, BC, V0H 1V2 (O,To,WC)
<b>7:00PM Straight Clean And Simple Group</b> , Parish Hall, 150 Orchard Avenue, Penticton, BC, V2A 1X8 (O,St,Tr,WC)

<b>South Vancouver Island Area</b>
<b>NOON The Nooner - (not meeting Dec 25, 26 2025)</b> , 2675 Bridge Street, Victoria, BC (O,B,D,JT,WC,NS)
<b>7:00PM Friday Night Live</b> , Salt Spring Island Archives, Text for pickup from 6:05m Crofton Ferry Mark 604-202-9815 Dylan 250-538-8335, 379 Lower Ganges Rd, Salt Spring Island, BC (O)
<b>7:00PM Lit Fridays</b> , Pentecostal church, 931 Trunk rd, Duncan, BC (O,BT,D)
<b>7:00PM Recovery Salt Spring</b> , Salt Spring, BC (O,JT,WC,NS,WEB,VM)
<b>7:00PM Still Standing</b> , Colwood Church, service animals, 2250 sooke rd, Langford, BC (O,JT,NP,SPAD)
<b>7:30PM A New Hope</b> , United Church, around back, 511 Michigan St, Jame Bay, BC (O,CL,D,WC,NS,LC)

<b>Tri Cities Area</b>
<b>7:00PM Primary Purpose</b> , Lions Club, 12479 Harris Road, Pitt Meadows, BC, V3Y 2J4 (O,To,WC)
<b>7:15PM Delayed Gratification</b> , Place de Maillardville, Downstairs Room, 1200 Cartier Avenue, Coquitlam, BC, V3K 2C3 (O,D,JT,To,WC)

## Upper Fraser Valley Area

**NOON The Deroche Meeting**, Band Office, 42985 Leqamel Way, Deroche, BC, V2V 2T9 (O,To)

**7:00PM Lessons From Rock Bottom**, Gathering Community Church, 2285 Clearbrook Rd, Abbotsford, BC, V2T 2X4 (O,D,JT,LC)

**7:00PM Power Hour Group**, Cedar Valley Church, 32860 Cherry Ave, Mission, BC, V2V 2T9 (O,To)

**7:30PM Simply Surrender Group**, Carman United Church, 7258 Vedder Road, Chilliwack, BC, V2R 4E4 (O,CL,To)

## Vancouver Area

**12:15PM New Attitudes Group**, Vancouver Recovery Club at 12th avenue, 2775 Sophia Street, Vancouver, BC, V5T 3L1 (O,To)

**12:15PM Staying Clean at 12:15**, Passcode: NA1215, Vancouver, BC (O,WEB,VM)

**7:00PM Never Alone Group**, Delbrook Community Recreational Center, 851 W Queens Rd, North Vancouver, BC, V7N 4E3 (O,D,WC,WEB,HY)

**7:30PM Return To Grace Group**, Salvation Army Harbour Light, 119 Cordova Street, Vancouver, BC, V6A 1K8 (O,WC)

## Vancouver Island North Powell River Area

**7:00AM Rise and Recover**, Alano Club, Back building, 543 6th st, Courtenay, BC, v9n1m5 (O)

**7:00PM Lost & Found**, Church of st John the divine, 579 5th st, courtenay, BC, v9n1k2 (O,D,To,WC)

**7:30PM No Matter What**, Alano Club, 301 10th Avenue, Campbell River, BC, V9W4E4 (O,D,WC)

**8:00PM New Beginnings**, Conference room at the end, 7070 Shorncliffe ave, Port Hardy, BC, V0N2P0 (O,WC)

## West Coast Area

**8:00AM AMNA**, Saint Barnabas Church, 1002 5th Avenue, New Westminster, BC, V3M 3W4 (O,D,JT,To,WC,WEB,HY)

**NOON New West Nooners Group**, Olivet Baptist Church, 613 Queens Avenue, New Westminster, BC, V3M 1L1 (O,To,WC)

**7:00PM Dopeless Hope Fiends**, 682 Gibsons Way, Gibsons, BC,

**7:00PM Queens Addicts**, Basement, 514 Carnarvon St., New Westminster, BC, V3M 1V2 (O,D,To,WC)

**7:00PM Reconstruction Group**, Douglas College RM 2203, Hybrid zoom and in person, 700 Royal Ave, New Westminster, BC, V3M 5Z5 (O,To,WC,WEB,HY)

## SATURDAY

### BC Multi Area Shared Yap Helpline

**NOON 100 Block Rock**, 144 E. Hastings St., Vancouver, BC,

### British Columbia Region

**8:00AM AM/NA** (WEB,VM)

**12:15PM Staying Clean at 12:15**, Vancouver, BC (VM)

**7:00PM Miracles Can,Do,Will Happen** (O,BK,WEB,VM)

### Central Okanagan Area

**10:00AM Wake Up! It's a Meeting!**, Trinity Church South Entrance, 1905 Springfield Road, Kelowna, BC, V1Y 7V7 (O,To)

**6:00PM Just for Today**, Kalano Club, 2108 Vasile Rd, Kelowna, BC, V1Y 6H5 (O,WC)

### Central Vancouver Island Area

**8:15AM Power of our Literature**, 596 Albert Street, Nanaimo, BC, V9R 2W2 (O,W,BK)

**NOON Just For Today**, 596 Albert Street, Nanaimo, BC, V9R 2W2 (O,W,BK)

**6:00PM Bugaboo Meeting**, 600 Beach Road, Qualicum Beach, BC, V9K 1K7 (O,WC)

**7:30PM Steps to Serenity**, Church, 2174 Departure Bay Road, Nanaimo, BC, V9S 3V6 (O,D,To,WC)

**7:30PM Surrender or Suffer**, Alano Club, 3028 2nd Ave, Port Alberni, BC, V9Y 1Y9 (O,WC)

## Kamloops Area

**NOON Nothing To Fear Noon Group**, 106E Larkspur Street, Kamloops, BC, V2C 2P5 (O,To,WC)

**7:00PM Inside Job Group**, Downstairs, 1250 Trans-Canada Hwy, Kamloops, BC (O)

**8:00PM Saturday Night Soldiers**, A New Tomorrow, 1607 Greenfield Ave, Kamloops, BC, V2B 4N4 (O,D,WC)

## Northern British Columbia Area

**7:00PM Essential Evolution**, Anglican Church, Basement of Church Hall, 465 Kinchant Street, Quesnel, BC, V2J 2R7 (O,CL,JT,To)

**7:00PM Grow Up Or Die 2.0**, Alano Club, Basement, 725 Alward Street, Prince George, BC, V2M 2E6 (O,D,JT)

**7:00PM Houston Group of NA**, Houston Public Library, Back door, 3150 14th Street West, Houston, BC, V0J 1Z1 (O,BK)

**7:30PM Saturday Nite Live**, The Garage Community Centre, 3504 Kalum Street, Terrace, BC, V8G 2N4 (O,D,JT,To,WC,WEB,HY)

## North Okanagan Area

**8:00AM Key Tags Not Toe Tags**, Fletcher's Park, 450 2nd Ave NE, Salmon Arm, BC, V1E 4N2 (O,D,WC)

**7:00PM Saturday Nights Main Event**, First United Church Hall, 450 Okanagan Ave E, Salmon Arm, BC, V1E 4P1 (C,BT,D,WC)

## Richmond South Delta Area

**7:30PM The Ties That Bind**, Little House Society, 5061 12 Ave, Delta, BC, V4M 2A7 (O,To,LGBTQ+)

## South of Fraser Area

**7:45AM Good Day To Be Clean Group**, Langley Alano Club, Back Of Building, 20473 Douglas Crescent, Langley, BC, V3A 4B6 (O,To,WC)

**6:00PM Face The World 2Gether**, enter through Bradley Center doors on Hodgins Ave - meet in old cafeteria, 45600 Menholm Road, Chilliwack, BC,

**7:00PM Hope Fiends**, Easy Does it club, 7277 King George Blvd, Surrey, BC, V3W 5A7

**7:00PM New Desires Group**, City Centre Church, 13082 104 Avenue, Surrey, BC, V3T 1T7 (O)

**7:30PM Langley Saturday Night Group**, Langley Alano Club, 20473 Douglas Crescent, Langley, BC, V3A 4B6 (O,BT,CL,D)

## South Okanagan Area

**NOON Steps to Freedom**, Penticton United Church, 696 Main St (Chapel Door), Penticton, BC, V2A 5E3 (O,To,WC)

**7:00PM Just Us (Mens Meeting)**, Oliver Community Center Rm #2, 6359 Park Drive, Oliver, BC, V0H 1T0 (C,D,M)

**7:30PM Everything Happens For A Reason Group**, United Church, 7814 Spartan Drive, Osoyoos, BC, V0H 1V2 (O,D,WC)

**7:30PM Surrender 2 Win**, United Church (Chapel), Use back door, 696 Main St, Penticton, BC, V2A 5E3 (O,JT,WC,SPAD)

## South Vancouver Island Area

**3:30PM Rock Bottom**, Mustard Seed, 625 Queens, Victoria, BC (O,D,St)

**6:30PM Unity Group**, Central Saanich United Church, 7180 E Saanich Rd, Saanichton, BC (O,CL,D,IW,WC,NS)

**7:00PM Recovery Salt Spring**, Salt Spring, BC (O,JT,SD,WC,NS,WEB,VM)

**7:30PM Saturday Night Live Group**, United Commons Church, service animals only, 932 Balmoral Road, Victoria, BC, V8T 1A7 (O,CL,D,JT,NS,NP)

## Tri Cities Area

**11:00AM Breakfast Club**, One Way Club Society, 22270 North Avenue, Maple Ridge, BC, V2X 1V6 (O,JT,WC)

**7:30PM Living Clean Group**, Pitt Meadows Heritage Church Hall, 12109 Harris Road, Pitt Meadows, BC, V3Y 2B6 (O,WC,WEB,LC) *Zoom ID # 884 1461 1350*

**7:30PM Unknown Addicts**, The Pinetree Community Center, 1260 Pinetree Way, Coquitlam, BC, V3B 7Z4 (O,D,To,WC)

## Upper Fraser Valley Area

**10:00AM We Do Recover**, Conexion Station, 33139 Railway Station, Mission, BC, V2V 1E3 (O,BT,WC,BK)

## SATURDAY (CONT)

**6:00PM Face the World Together**, 45921 Hocking Avenue, Chilliwack, BC, V2P 6Z6 (C,To)

**7:00PM Miracles Do Happen Group**, Mission Alano Club, 33229 N Railway Ave, Mission, BC, V2V 1E4 (O,CL,WC,BK)

**7:30PM New Millennium**, Trinity Church, 33737 George Ferguson Way, Abbotsford, BC (O)

## Vancouver Area

**10:00AM Candle In The Window Group**, Alano Club Of Squamish, 37978 3 Ave, Squamish, BC, V8B 0R2 (O,WC)

**12:15PM New Attitudes Group**, Vancouver Recovery Club at 12th Avenue, 2775 Sophia Street, Vancouver, BC, V5T 3L1 (O,To)

**12:30PM Lust For Life Group**, Health Clinic The Kettle Society Second Floor, New zoom code: 86701371553 Password: 868961, 1725 Venables Street, Vancouver, BC (O,WC,WEB,HY)

**1:30PM Get Lit**, Three Bridges Community Health Centre, 1128 Hornby Street, Vancouver, BC, V6Z 2L4 (O,BT,NS)

**6:00PM Finally Connected NA**, QMUNITY, 1170 Bute St., Vancouver, BC, V6E 1Z6 (O,CL,RF,SD,LGBTQ+)

**7:30PM Alternative Group**, Vancouver Recovery Club, at 12th Avenue, 2775 Sophia Street, Vancouver, BC, V5T 3L1 (O,CL)

**8:00PM New Wave**, West Vancouver United Church 2 from October to May, Ambleside beach West Vancouver in front of the Totum Pole May to September (from October to May at United Church), 2062 Esquimalt Ave, West Vancouver, BC, V7V 1S4 (O,To)

## Vancouver Island North Powell River Area

**1:00PM MID-DAY NA**, 228 S Dogwood st, Campbell River, BC, V9W7K7

**7:00PM Unity Group**, Alano Club, Entrance via Fitzgerald, 543 6th Street, Courtenay, BC, V9N 1M5 (O,D,St,WC)

**7:30PM Journey To The Top Group**, 6310 Sycamore st, Powell River, BC, V8A 4L1 (O,WC)

**7:30PM Port McNeill Group**, Old School Rm 3, 375 Shelby Cres., Port McNeill, BC, V0N 2R0 (O,WC)

## West Coast Area

**8:00AM AMNA**, Saint Barnabas Church, 1002 5th Avenue, New Westminster, BC, V3M 3W4 (O,D,JT,To,WC,WEB,HY)

**NOON New West Nooners Group**, Olivet Baptist Church, 613 Queens Avenue, New Westminster, BC, V3M 1L1 (O,To,WC)

**2:00PM Addicts Kicking Addiction also known as AKA**, New Westminster, BC, V3M 1Y5 (O,To,WEB,VM)

**5:30PM New West Addicts**, Hobbitt Hole, The entrance is located on Alexander St, New Westminster across from Quay Sushi, 740 Canarvon, New Westminster, BC, V3M 1Y5 (O,To)

**7:00PM Almost Live Group**, 514 Carnarvon Street, New Westminster, BC, V3L 1C4 (O,To)

**7:00PM Spiritual Principle a Day**, Downstairs, 514 Carnarvon Street, New Westminster, BC, V3L 1C4 (O,To)

**8:00PM Saturday Night Live Group**, 7638 6th Street, Burnaby, BC, V3N 3M5 (O,SD,WC,WEB,HY)

MEETING FORMAT LEGEND			
B	Beginners	BT	Basic Text
C	Closed	CL	Candlelight
CS	Children under Supervision	D	Discussion
GL	Gay/Lesbian/Transgender	IW	It Works -How and Why
JT	Just for Today	M	Men
NC	No Children	O	Open
RF	Rotating Format	SG	Step Working Guide
St	Step	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair	OE	Open-Ended
BK	Book Study	NS	No Smoking
QA	Question and Answer	CW	Children Welcome
WEB	Online Meeting	LC	Living Clean
ASM	Area Service Meeting	VM	Virtual Meeting
NP	No pets	TC	Temporary closed
HY	HY	LGBTQ+	LGBTQ+
SPAD	A Spiritual Principle a Day	SD	Speaker/Discussion

## SUNDAY

### Vancouver Island North Powell River Area

**10:15AM Vinprana Area Service Meeting**, Courtenay Alano Club, second sunday of every month, 543 6th st, Courtenay, BC (HY,ASM)

## TUESDAY

### Vancouver Island North Powell River Area

**6:00PM Vinprana Public Relations**, third tuesday of every month, BC (ASM,VM)

## THURSDAY

### Vancouver Island North Powell River Area

**1:00PM Vinprana Activities Committee**, second sunday of the month, 543 6th st, Courtenay, BC, v9n1m5 (HY,ASM)

***What is the Narcotics Anonymous Program?***

N.A. is a non-profit Fellowship or society of men and women for whom drugs has been a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

*Reprinted with permission from the White Book, Narcotics Anonymous, Newly revised.*

*Please Note: Every effort has been made to make sure this information is accurate. However, contact the area Helplines to ensure accuracy.*

Call Directories person by telephone with all meeting changes by February 1<sup>st</sup>, 2020.

Or via E-Mail at: **directories@bcrna.ca**

## TRADITION THREE

