

| Sunday |
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| NOON - Leads to Recovery VM (O,D,NS,VM) Virtual Meeting, Irondale, AL, 35210, <i>Zoom ID 431 913 0412 Password 029097</i> |
| 2:00PM - Hope for Tomorrow (O,SD) Celebration fourth Sunday @1-3pm, 626 2nd Ave No, Birmingham, AL, 35203, <i>Celebrations start at 1pm</i> |
| 5:30PM - Steps to Hope (O,D,NS) 1801 Ave H, Birmingham, AL, 35218, <i>Celebrations from 5:30-7:00</i> |
| 6:00PM - Nothing to Fear (C,WC,LIT,NS) Indian Springs First Baptist Church, 3375 Cahaba Valley Rd, Indian Springs, AL, 35124 |
| Monday |
| NOON - Leads to Recovery VM (O,D,NS,VM) Virtual Meeting, Irondale, AL, 35210, <i>Zoom ID 431 913 0412 Password 029097</i> |
| NOON - Recovery Must Come First (C,BT,D,NS) Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 |
| NOON - Recovery Must Come First VM (C,D,RF,BK,VM) AL, 35207 |
| 5:00PM - West End (C,BT,D,STP,NS,IW,RF) The MacAlpine Recreation Center, 1115 Avenue F, Birmingham, AL, 35218 |
| 6:00PM - Recovery First (C,D,NS) Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 |
| 6:30PM - Metro West Group (C,STP,NS,IW) 917 Old Warrior River Rd, Bessemer, AL, 35023 |
| 6:30PM - North Pratt (O,D,NS) Renew Birmingham Building, 1801 Avenue H, Birmingham, AL, 35218 |
| 7:00PM - Leads to Recovery VM (O,D,NS,VM) Virtual Meeting, Irondale, AL, 35210, <i>Zoom ID 431 913 0412 Password 029097</i> |
| 7:00PM - Only by the Grace (O,D,NS,RF) 923 Graymont ave west, Birmingham, AL, 35204 |
| 7:00PM - Working With Others Group (O,D) Burnwell Baptist Church, 3561 Sharon Blvd, Quinton, AL, 35130 |
| 8:00PM - Against the Odds (C,D,WC,NS,BK,NEW) Vestavia United Methodist Church, 2061 Kentucky Ave., Vestavia Hills, AL, 35216 |
| Tuesday |
| NOON - Leads to Recovery VM (O,D,NS,VM) Virtual Meeting, Irondale, AL, 35210, <i>Zoom ID 431 913 0412 Password 029097</i> |
| NOON - Recovery Must Come First (C,BT,D,NS) Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 |
| NOON - Recovery Must Come First VM (C,D,RF,BK,VM) AL, 35207 |
| 5:00PM - Hope for Tomorrow (O,BT,D,NS) 626 2nd ave no, Birmingham, AL, 35203 |
| 6:00PM - Bessemer (O,D,LIT,NS) Any Length Resources, 1520 2nd Avenue North, Bessemer, AL, 35020 |
| 6:00PM - Homewood (C,BT,WC,NS,IW,RF) 625 Palisades Blvd., Homewood, AL, 35209 |
| 6:00PM - North Pratt/Ensley (C,D,LIT,NS) McAlpine Recreation Center, 11115 avenue F, Birmingham, AL, 35064 |
| 6:00PM - Recovery First (C,D,WC,LIT,NS) Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 |
| 6:30PM - Living The Solution (O) 917 Old Warriar River Rd, Bessemer, AL, 35023 |

| Tuesday (cont) |
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| 7:00PM - Jasper NA (O,D) St. Mary's Episcopal Church, 801 The Trace, Jasper, AL, 35504 |
| 7:00PM - Leads to Recovery (O,D,NS) Rose Hill Baptist Church, 1670 Alton Road, Birmingham, AL, 35210 |
| Wednesday |
| NOON - Leads to Recovery VM (O,D,NS,VM) Virtual Meeting, Irondale, AL, 35210, <i>Zoom ID 431 913 0412 Password 029097</i> |
| NOON - Recovery Must Come First (C,BT,D,NS) Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 |
| NOON - Recovery Must Come First VM (C,D,RF,BK,VM) AL, 35207 |
| NOON - Shelby County N.A. Group (C,D,NS) The Keystone Club, Downstairs, 741 Volare Drive, Birmingham, AL, AL, 35244 |
| 5:00PM - West End (C,D,NS) McAlpine Recreation Center, 1115 Ave. F, Birmingham, AL, 35218 |
| 6:30PM - Courage To Change (D,WC,NS,HY) Church of the Holy Apostles, 424 Emery Dr, Hoover, AL, 35244 |
| 6:30PM - Metro West Group (C,NS,BK) 917 Old Warrior River Rd, Bessemer, AL, 35023, <i>Celebration last Wed</i> |
| 6:30PM - North Pratt (O,NS) Renew Birmingham Building, 1801 Avenue H, Birmingham, AL, 35218 |
| 7:00PM - Leads to Recovery VM (O,D,NS,VM) Virtual Meeting, Irondale, AL, 35210, <i>Zoom ID 431 913 0412 Password 029097</i> |
| 7:00PM - We Do Recover (D,BK,VM) Birmingham, AL |
| 8:00PM - Against the Odds (O,D,WC,LIT,NS,BK,NEW) Vestavia United Methodist Church, 2061 Kentucky Ave., Vestavia Hills, AL, 35216 |
| Thursday |
| NOON - Leads to Recovery VM (O,D,NS,LC,VM) Virtual Meeting, Irondale, AL, 35210, <i>Zoom ID 431 913 0412 Password 029097</i> |
| NOON - Recovery Must Come First (C,BT,D,NS) Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 |
| NOON - Recovery Must Come First VM (C,D,RF,BK,VM) AL, 35207 |
| 6:00PM - Homewood (O,D) 625 Palisades Blvd., Homewood, AL, 35209 |
| 6:00PM - Roebuck Group East Lake United Methodist Church, 7753 1st Ave South, Birmingham, AL, 35206 |
| 7:00PM - Leads to Recovery (O,D,NS) Rose Hill Baptist Church, 1670 Alton Rd, Birmingham, AL, 35210 |
| 8:00PM - Bessemer (C,D,NS) Any Length Resources, 1520 2nd Avenue North, Bessemer, AL, 35020 |
| Friday |
| NOON - Leads to Recovery VM (O,D,NS,VM) Virtual Meeting, Irondale, AL, 35210, <i>Zoom ID 431 913 0412 Password 029097</i> |
| NOON - Recovery Must Come First (C,BT,D,NS) Ross Recovery Building, 3608 7th Court South, Birmingham, AL, 35222 |
| NOON - Recovery Must Come First VM (C,D,RF,BK,VM) AL, 35207 |
| 5:00PM - Hope for tomorrow (O,D,NS) 626 2nd ave north, Birmingham, AL, 35203 |

| Friday (cont) |
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| 6:00PM - Recovery First (C,CAN,D,WC,NS) Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 |
| 6:00PM - Southside Group CME Church, 713 Dr Martin Luther King Jr Drive, Birmingham, AL, 35228, <i>Book Study on 3rd Friday 6:00-7:30 pm</i> |
| 7:00PM - Life In Motion Group (RF) R.O.S.S. Community Center, 2624 18th Street, Tuscaloosa, AL, 35401, <i>1st Friday - Literature 2nd Friday - Discussion 3rd Friday - Speaker 4th Friday - Steps and Traditions</i> |
| 7:00PM - We Do Recover (D,BK) Huffman United Methodist Church, 711 Gene Reed Rd, Birmingham, AL, 35235, <i>Celebrations in fellowship hall. Celebration meetings start at 6pm last Friday of each month</i> |
| 8:00PM - Against the Odds (C,CAN,D,WC,LIT,NS,NEW) Vestavia United Methodist Church, 2061 Kentucky Ave., Vestavia Hills, AL, 35216 |
| Saturday |
| 9:00AM - Recovery First (C,D,NS) Vestavia Hills United Methodist Church, 2061 Kentucky Ave, Vestavia Hills, AL, 35216 |
| NOON - Courage To Change (D,WC,NS,HY) Church of the Holy Apostles, 424 Emery Dr, Hoover, AL, 35244 |
| NOON - No Matter What, Don't Pick Up (D) The Ross building, 2624 18th Street, Tuscaloosa, AL, 35401 |
| NOON - Recovery Must Come First VM (C,D,RF,BK,VM) AL, 35207 |
| NOON - We do recover (D,BK) Huffman United Methodist Church, 711 Gene Reed Rd, BIRMINGHAM, AL, 35235, <i>Meetings held in parlor. Celebrations in fellowship hall.</i> |
| 6:30PM - Living the Solution (O,D,NS) 917 Old Warriar River Rd, Bessemer, AL, 35023, <i>Meetings continues till 8pm on celebrations.</i> |
| 6:30PM - Metro West Group (O,D,NS) 917 Old Warrior River Rd, Bessemer, AL, 35023, <i>Celebration last Wed till 8pm</i> |
| 7:00PM - Leads to Recovery (O,CAN,D,NS) Rose Hill Baptist Church, 1670 Alton Rd, Birmingham, AL, 35210 |
| 8:00PM - Bessemer (C,CAN,D,NS) Any Length Resources, 1520 2nd Avenue North, Bessemer, AL, 35020, <i>SM</i> |

What is our message?
The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.

Meeting Format Legend

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| CAN | Candlelight | D | Discussion |
| NS | No Smoking | SD | Speaker & Discussion |
| O | Open | C | Closed to Non-Addicts |
| WC | Wheelchair | BT | Basic Text |
| STP | Step | LIT | Literature Study |
| LC | Living Clean | IW | It Works -How and Why |
| RF | Rotating Format | BK | Book Study |
| NEW | Newcomer Meeting | VM | Virtual Meeting |
| HY | Hybrid | | |

Open meetings welcome anyone wishing to experience our fellowship. Some groups have open meetings once a month to allow non-addict friends and relatives of NA members to celebrate recovery anniversaries with them.

Closed meetings are for addicts only or those who think they might have a drug problem. Closed meetings provide an atmosphere in which addicts can feel more certain that those attending will be able to identify with them.

NOTE: ALL GROUPS that meet at the Park and Recreation Centers will not meet during holidays and severe weather alerts.

PHONE NUMBERS



GREATER BIRMINGHAM AREA & SOUTH JEFFERSON SHELBY AREA

MEETING LIST

JANUARY 2026

Updated January 29, 2026

HELPLINE

866-985-0008

www.alnwfl.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings

Weekly: 62