

HAMPTON ROADS METRO



MEETING LIST

Metropolitan Hampton Roads Meetings Served by the Metro Hampton Roads Narcotics Anonymous Public Relations Committee including: Carrollton, Chesapeake, Courtland, Franklin, Gloucester Courthouse, Gloucester, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, West Point, Williamsburg and Yorktown. With North Carolina meetings in Elizabeth City, Kill Devil Hills, Manteo, Nags Head and Winfall.

DECEMBER 2018

REGIONAL HELPLINE: 800-777-1515

TIDEWATER HELPLINE: 866-972-5055

Beach Area Service P.O. Box 1377 Virginia Beach, VA 23451	http://virginiabeachna.org
Outerlimits Area Service P.O. Box 1164, Franklin, Va. 23851	http://outerlimitsareana.org/
Peninsula Area Service P.O. Box 16009, Newport News, VA 23608	http://peninsulaareana.org
Tidewater Area Service 1112 Norview Ave, Norfolk, VA	http://tidewaterareana.org
Central Atlantic Regional Service P. O. Box 1959, Chesterfield, VA 23832	http://www.car-na.org
Narcotics Anonymous World Service	http://www.na.org

SUNDAY

9:00AM	Hope Ignited (O, DISC, WC &) Virginia Beach Recovery Club, 1900 Baltic Avenue, <i>Dale 757-202-9693, Chuck K 757-469-9365</i>	Virginia Beach
9:00AM	Men's Rap (O, DISC, M, WC &) Maryview Behavioral Center, First Floor side entrance, 3636 High Street, <i>Joe B 757-397-6279</i>	Portsmouth
9:30AM	Surrender To Live (O, WC &) C. Waldo Scott Center, 3100 Wickham Avenue, <i>Dee W. 757-503-0739 - Tony H. 757-696-6654</i>	Newport News
11:00AM	We Need A Meeting (O, BT, DISC, JFT, SPK, STEP, WC &) Maryview Hospital, 2nd Floor, Conference Room B, 3636 High Street, <i>Donna E 757-535-5895 1-DSC, 2-STP, 3-BT, 4-SPK, 5-JFT</i>	Portsmouth
NOON	Faith (O, WC &) Riverside Behavioral Health Center, 2244 Executive Drive, <i>Malcolm 757-593-6581 Henry 757-532-8814</i>	Hampton
2:00PM	Living Clean (O) 7603 Hospital Drive, <i>Sam B. 804-296-8592 Dan G. 804-815-7699</i>	Gloucester
3:00PM	Wecoverly (O, DISC) Great Bridge United Methodist Church, 201 Stadium Drive, <i>Chris 757-377-9236</i>	Chesapeake
3:00PM	Write to Recover (C, NC, WR) Mary Immaculate Hospital, Community Health and Resource Center, 2 Bernardine Drive, <i>Craig W. 845-642-5043</i>	Newport News
5:00PM	The Journey Continues (C, LIT) St. Francis Episcopal Church, 509 S Rosemont Road, <i>Lucinda W 757-502-5176 (Living Clean Study)</i>	Virginia Beach
6:00PM	It's About Time (O, SPK, WC &) Norview United Methodist Church, 1112 Norview Avenue, <i>Jerome F 757-202-6163</i>	Norfolk
7:00PM	A Clear Message (O, BT, DISC, SPK, AB) Obici Hospital, Conf. Rm. C - Basement, 2800 Godwin Boulevard	Suffolk
7:00PM	A Gift Called Life (O, WC &) Warwick United Church of Christ, 10 Matoaka Lane, <i>Johnnie 757-869-4890 Nadine 757-751-4680</i>	Newport News
7:00PM	New Phase Four (O, DISC, SPK, TOP) Saint John's Episcopal Church, 424 Washington Street, <i>Ron E 757-582-1070, Lloyd P 757-638-7157</i>	Portsmouth
7:00PM	The Lie Is Dead (O, WC &) North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane, <i>Ed P. 757-303-8609</i>	Hampton
7:30PM	Recovery Group (O, WC &) Riverside Behavioral Health Center, 2244 Executive Drive, <i>William S. 757-236-6170 Dave R. 757-218-2595</i>	Hampton
8:00PM	Mixed Group (O, DISC) First Lutheran Church, 1301 Colley Ave, <i>Mike J 757-409-1676</i>	Norfolk
8:00PM	Nature Of Recovery (O, WC &) 5477 Mooretown Road, <i>Ron L. 757-880-3826 Terry W. 757-719-6392</i>	Williamsburg
8:00PM	Sunday Sanity (O, DISC) VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, <i>Karla W 757-434-6446, Pat O 757-633-2820</i>	Virginia Beach

MONDAY

6:45AM	Jump Start the Day (O) First Lutheran Church, Washington & King, 600 King Street, <i>Teresa D 757-724-3685</i>	Portsmouth
9:30AM	Morning Meditation (O, WC &) EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, <i>Rick K 757-753-0048</i>	Norfolk
9:30AM	Trust The Process (O, WC &) St. Augustine's Episcopal Church, 2515 Marshall Avenue, <i>Qadeer 757-344-1284 Lilly 757-236-8921</i>	Newport News
NOON	A Meeting at Lunch (O, VAR, WC &) First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, <i>Deborah R. 757-238-0330 Eugene 757-243-6845</i>	Hampton
NOON	Help Me Think (O, BT, JFT, STEP, TOP) Ingleside Baptist Church, corner of Gatling Ave, 925 Ingleside Rd., 1st-Step, 2nd-Top, 3rd-BT, 4th-JFT, <i>Carlton J 757-589-3564</i>	Norfolk
NOON	High Noon (O, WC &) Recovery Baptist Church, 303 Blair Avenue, <i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>	Newport News
3:00PM	Change I Must Or Die I Will (O, WC &) Nickerson Plaza, Next to ACE Hardware, 2096 Nickerson Blvd, <i>Kathy A. 757-897-7699 Jimmy W. 757-257-0843</i>	Hampton
6:00PM	I Can't We Can (O, IP, SPK, AB) C. Waldo Scott Center, 3100 Wickham Ave	Newport News
7:00PM	Beyond Our Wildest Dreams (O, SPK, WC &) First Baptist Church, 318 Hall Street, <i>Keith J 757-344-3189</i>	Franklin
7:00PM	Honesty Group (O, BT, SPK, STEP, WC &) Ivy Memorial Baptist Church, 2200 Coliseum Dr., <i>Yvonne W. 757-256-7858 Ernest 908-494-2383</i>	Hampton
7:00PM	Monday Night Candlelight (O, BT, CAN, WC &) Haygood United Methodist Church, 4713 Haygood Rd, <i>Eric D 757-580-2849</i>	Virginia Beach
7:00PM	New Attitude (O, WC &) 3509 Chestnut Avenue, <i>Vet 747-849-8808 Rose F. 757-593-0104</i>	Newport News
7:00PM	New Beginnings (O, IW, WC &) Church of the Resurrection, @ Midfield Pkwy, 3501 Cedar Lane, <i>Greg C 757-636-3745. Kathy K 757-403-7409</i>	Portsmouth
7:00PM	The Winding Road (C) Oak Grove United Methodist Church, across from water tower, 472 N. Battlefield Blvd, <i>Jacob M 757-831-8249, Rich B 757-288-0650</i>	Chesapeake

MONDAY (CONT)		
7:00PM	Women in Recovery (O) St, Martin's Church, 3279 Lake Powell Rd, <i>Erin 571-224-6615</i>	Williamsburg
7:30PM	In Step (O) Grafton Baptist Church, @ Dare Road, 5540 George Washington Memorial Hwy, <i>Brendan R. 757-802-5695</i>	Yorktown
7:30PM	Living The Program (O, BT, DISC) Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road, <i>Lance G 757-692-7864, Steve K 757-715-1075</i>	Virginia Beach
7:30PM	The Out of Ordinary Meeting (O, IW, WC &, LIT) White Marsh Baptist Church, 5123 George Washington Memorial Highway, <i>Dan G. 804-815-7699 Sam B. 804-296-8592</i>	Gloucester
8:00PM	Raw Recovery (O, DISC) Judeo-Christian Outreach Center - Homeless Shelter, East of Birdneck Rd, 1053 Virginia Beach Blvd, <i>April M 757-323-7038</i>	Virginia Beach
8:00PM	Recovery on the Hill (O, BT, CAN, SPK, STEP, WC &) Ocean View Christian Reformed Church, 1241 Hillside Avenue, <i>Fred R 757-695-6500</i>	Norfolk
8:30PM	Who is an Addict? (O) 3279 Lake Powell Road, <i>Lindsey V. 757-291-2530</i>	Williamsburg
10:30PM	End of the Night (O, WC &, LIT) Old Donation Episcopal Church, 4449 N Witchduck Road, <i>Living Clean Study Ann V 757-270-1141</i>	Virginia Beach
TUESDAY		
6:45AM	Jump Start the Day (O) First Lutheran Church, Washington & King, 600 King Street, <i>Teresa D 757-724-3685</i>	Portsmouth
9:30AM	Morning Meditation (O, DISC, VAR, WC &) EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, <i>Rick K 757-753-0048, Mike M 757-305-2212</i>	Norfolk
9:30AM	Trust The Process (O, WC &) St. Augustine's Episcopal Church, 2515 Marshall Avenue, <i>Qadeer 757-344-1284 Lilly 757-236-8921</i>	Newport News
NOON	A Meeting at Lunch (O) First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, <i>Deborah 757-238-0330 Eugene 757-243-6845</i>	Hampton
NOON	High Noon (O, WC &) Recovery Baptist Church, 303 Blair Avenue, <i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>	Newport News
NOON	The Emergency Unit (O, BT, DISC) United Congregational Christian Church, Hodges Ferry Rd & Charlotte St, 5900 Portsmouth Blvd, <i>Dora H 757-735-7615</i>	Portsmouth
5:30PM	Just For Today (O, DISC, IP, SPK, STEP, TOP) First Lutheran Church, Corner of Colley Ave. & Baldwin Ave., 1301 Colley Avenue, <i>Bill A 757-647-7707</i>	Norfolk
5:30PM	Serenity Group (O, WC &) Riverside Behavioral Health Center, 2244 Executive Drive, <i>Beverly A. 757-753-6868 Jeanette 757-594-3414</i>	Hampton
6:00PM	Rainbow Serenity (O, DISC, GL) LGBT Life Center, Entrance on Corner of Llewellyn and 25th St., 248 W 24th St, <i>Karim M 757-647-1414</i>	Norfolk
7:00PM	A Proven Program (O) York River Baptist Church, 8201 Croaker Road, <i>Dave H. 757-207-1154 John P. 757-235-9300</i>	Williamsburg
7:00PM	Count Your Blessings (O, DISC, JFT) Oaklette United Methodist, Park in Rear, Corner Indian River & Oaklett, 520 Oaklette Dr, <i>Daniel A 757-418-1690</i>	Chesapeake
7:00PM	Earthbound Group (O, DISC) Emmanuel Episcopal Church, 400 N High Street, <i>Stephen B 757-613-5531</i>	Franklin
7:00PM	Keep Coming Back (O, BT, DISC, SPK, STEP, TOP) New First Baptist Church of Taylorsville, By Fredrick Blvd, 2720 Turnpike Road, <i>Francis P 757-679-1151</i>	Portsmouth
7:00PM	Let It Be (O, DISC) Ocean View Christian Reformed Church, 1 block from Ocean View & Beach View, 1241 Hillside Ave, <i>Brandi M 757-581-3178</i>	Norfolk
7:00PM	We Can Change (O, BT, DISC, IW, SPK) Oakdale Presbyterian Church, West of Tidewater Dr. between Harriet & Van Patten Rd., 550 East Little Creek Rd., <i>Olena P 757-359-5580</i>	Norfolk
7:00PM	We Can Change (O) First Church of Newport News, 2300 Wickham Avenue, <i>Harvey 757-926-9138 Plummer 757-696-3416 Albert W. 757-597-8697</i>	Newport News
7:30PM	Awesome Life (O, CAN, DISC, IP) Great Bridge United Methodist Church, Corner of S. Battlefield & Stadium, 201 Stadium Drive, <i>Carrie L 757-560-8177</i>	Chesapeake
7:30PM	Freedom Group (O, DISC) Nicholas Greek Church, Fellowship Hall, 621 First Colonial Road, <i>Living Clean Study, Kristina D 757-270-9509</i>	Virginia Beach
7:30PM	In Times of Illness (O, DISC) VA Beach Psych Center, next to hospital, those with illness in recovery are welcome, 1100 First Colonial Rd, <i>Bill S 757-717-1815</i>	Virginia Beach
7:30PM	New Genesis Group (O) Weslley United Methodist Church, 2510 N. Armistead Avenue, <i>Gayle B. 757-597-1531 Cameron 757-561-3343</i>	Hampton
7:30PM	There's A Light (O, DISC) Ocean Lakes Church of Christ, 1200 Dam Neck Road, <i>Ian B 757-717-7900, Geoff L 757-641-3159</i>	Virginia Beach
7:30PM	Young, Clean & Living (O) North Hampton Presbyterian Church (behind the Fire Department), 1217 Todds Lane, <i>Chris L. 757-592-2170</i>	Hampton
8:00PM	A Gift Called Life (O, BT) United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd, <i>Brian L 757-619-7375, Sean H 757-438-1688</i>	Portsmouth

TUESDAY (CONT)

8:00PM	A New Way of Life (O, JFT) 7603 Hospital Drive, Dan G. 804-815-7699 Sam B. 804-296-8592	Gloucester
8:00PM	Enjoying the Journey (O, DISC, SPK, STEP, TOP) Water's Edge Church of God, Near South Plaza Trial, 4141 Holland Road, Billy B 757-681-4341	Virginia Beach
8:15PM	Let's Recover Together (O, WC &) Hampton Christian Church, 151 East Mercury Boulevard, Tim E. 757-725-4636 Chris G. 760-984-4914	Hampton
10:30PM	End of the Night (O, IW) Old Donation Episcopal Church, 4449 N Witchduck Road, Ann V 757-270-1141	Virginia Beach

WEDNESDAY

6:45AM	Jump Start the Day (O) First Lutheran Church, Washington & King, 600 King Street, Theresa D 757-724-3685	Portsmouth
9:30AM	Morning Meditation (O, DISC, VAR, WC &) EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, Rick K 757-7530048	Norfolk
9:30AM	Trust The Process (O, WC &) St. Augustine's Episcopal Church, 2515 Marshall Avenue, Qadeer 757-344-1284 Lilly 757-236-8921	Newport News
NOON	A Meeting at Lunch (O) First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Deborah 757-238-0330 Eugene 757-243-6845	Hampton
NOON	High Noon (O) New Life Providence Church, 1420 Colonial Ave, Lafayette 757-696-7534, Michelle M 757-381-5881	Norfolk
NOON	High Noon (O, WC &) Recovery Baptist Church, 303 Blair Avenue, Teresa F. 757-269-1707 Mildred D. 757-236-9021	Newport News
NOON	Recovery At Noon (O) 3279 Lake Powell Rd, Erin T. 571-224-6615	Williamsburg
NOON	Visible Changes (O, DISC) Emmanuel Episcopal Church, Off S Witchduck, 5181 Princess Anne Road, Charles D 757-729-6176, Deborah J 757-320-6341	Virginia Beach
5:30PM	Midweek Peak (O, DISC) Thalia Lynn Baptist Church, 4392 Virginia Beach Blvd, John B 7576354318 Sarah H 7572988224	Virginia Beach
6:00PM	Becoming A Winner (O) Loving Kindness Worship Center, 2007 N. Armisted Ave., Jacqueline G. 757-528-7041	Hampton
6:30PM	Last House on the Block (O, DISC) Chesterfield Heights Community Center, 1st floor, 2715 Stanhope Ave, Lafayette R 757-696-7534, Rudolph S 757-714-0783	Norfolk
7:00PM	Bright New Life (O, STEP) Franklin Baptist Church, 208 N High Street, DeWayne L 757-641-8022	Franklin
7:00PM	End Of The Road (O, WC &) 1707 Jefferson Avenue, Glen N. 757-268-9318 Sherri W. 757-768-1392	Newport News
7:00PM	Hope (O) Warwick Conference Center, Building #6, 12420 Warwick Blvd, Will D. 757-768-7954 David B. 757-342-2510	Newport News
7:00PM	Hugs Not Drugs (O, DISC) Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road, Sarah 757-727-3582 Jeff M. 912-414-3258	Hampton
7:00PM	Surrender and Recovery (O, BT) United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd, Thomas G 757-647-1481	Portsmouth
7:00PM	What Can I Do (O, VAR) Wesley Community Service Center, 1701 Elm St, Sabrina P 757-228-0730	Portsmouth
7:15PM	Straight Ahead (O, DISC, STEP) Christ Presbyterian, 709 Aragona Blvd, Chris P 757-535-7227	Virginia Beach
7:30PM	Change We Must (O, C, BT) Oak Grove UMC, across from water tower, 472 North Battlefield Blvd., Katie K 757-405-8464	Chesapeake
7:30PM	Life & Hopeline (O, DISC, STEP, WC &) Suffolk Christian Church, by courthouse, 216 North Main St., Rob B 757-923-5461	Suffolk
7:30PM	Living The Program (C, WC &) Warwick United Church of Christ, 10 Matoaka Lane, Ray D. 757-303-4533 Veronica W. 757-589-5747	Newport News
8:00PM	Better by the Bay (O, BT, DISC, WC &) Miles Memorial United Methodist Church, Park off Selby Pl (rear entrance), 9450 Granby Street, Ryan D 757-651-5316	Norfolk
8:00PM	Trusted Servants (O, DISC, WC &) St. Francis Episcopal Church, 509 S Rosemont Road, Barbara H 845-905-9126	Virginia Beach
8:00PM	Where's Lot 14? (O, DISC) Sentara Norfolk General Hospital, Dining Room #1, 600 Gresham Drive, Gary 757-237-4507, Juanita 757-685-8848	Norfolk
8:30PM	Stepping into Recovery (O, DISC, WC &, LIT) Old Donation Episcopal Church, 4449 N. Witchduck Road, Guiding Traditions, Mary P 757-739-1726	Virginia Beach
8:30PM	Who is an Addict? (O) 3279 Lake Powell Road, Lindsey V. 757-291-2530 Greg M. 757-645-6381	Williamsburg
10:30PM	End of the Night (O, BT) Old Donation Episcopal Church, 4449 N Witchduck Road, Ann V 757-270-1141	Virginia Beach

THURSDAY

6:45AM	Jump Start the Day (O) First Lutheran Church, Washington & King, 600 King Street, Teresa D 757-724-3685	Portsmouth
9:30AM	Morning Meditation (O, DISC, VAR, WC &) EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, Rick K 757-753-0048	Norfolk

FRIDAY (CONT)		
6:00PM	How & Why (C, WC &) Riverside Behavioral Health Center, 2244 Executive Drive, <i>Tee J. 757-788-9475</i>	Hampton
6:00PM	The Happy Hour (C, O, JFT) Faith Community Church, 100 East 30th Street, <i>Lafayette R 757-696-7534, Jerome F 757-202-6163</i>	Norfolk
6:00PM	Wounded Healers (O) Great Awakening United Church of Christ, 1520 High St	Portsmouth
6:30PM	Change We Must (O, WC &) Living Faith Christian Center, 14901 Warwick Blvd, <i>Danny A. 757-696-2318 Darlene A. 757-998-1177</i>	Newport News
7:00PM	Agape (O, DISC, IP, STEP, TW) St. Paul's United Methodist Church, @ Dunbarton, 437 Providence Rd, <i>1st-Step, 2nd-TW, 3rd-IP, 4th-Disc, 5th-Symbol, Julius K 757-470-7494</i>	Chesapeake
7:00PM	Keep Coming Back (O, WC &) Newport News Community Center, 605 South Avenue, <i>Lorenzo 757-320-6224</i>	Newport News
7:00PM	Life & Hopedine (O, DISC, STEP) Sentara Obici Hospital, 2800 Godwin Boulevard, <i>Diane W 717-887-0279</i>	Suffolk
7:00PM	Thank God I'm Free (T.G.I.F.) (O) Courtland United Methodist Church, 22416 Main Street, <i>Scott C 434-594-5819</i>	Courtland
7:30PM	Better Days (O, CAN, DISC, AB) Church Of Saint Therese, across from Chesapeake Square Mall, Enter Front, Rooms 10-11, 4137 Portsmouth Blvd, <i>1st-AB, Liz S 757-681-0711</i>	Chesapeake
7:30PM	Closer To Home (O, DISC, WC &) Riverside Walter Reed Hospital, 7515 Hospital Drive, <i>Sam B. 804-296-8592</i>	Gloucester
7:30PM	Good Orderly Direction (O, WC &) Warwick United Church of Christ, 10 Matoaka Lane, <i>Jeff H. 757-630-3806</i>	Newport News
7:30PM	Running On Faith (O) Carrollton Church of God, 16144 Carrollton Boulevard, <i>Tim A. 757-434-7178 Ken H. 757-535-5151</i>	Carrollton
8:00PM	Kempsville Crossroads (O, DISC, TRAD, WC &) Providence Presbyterian Church, 5497 Providence Road, <i>Mark N 757-478-1839</i>	Virginia Beach
8:00PM	Miracle On 9th Bay (O, SPK, STEP) East Ocean View Baptist Church, 9609 9th Bay Street, <i>Larry W 757-701-0446</i>	Norfolk
8:00PM	NOTHING TO FEAR (O, IP, SPK, TOP, WC &, AB) Williamsburg Sentara Hospital, Williamsburg Rm., 100 Sentara Circle, <i>Ryan D. 804-240-9100</i>	Williamsburg
8:00PM	Wave of Recovery (O, DISC) Virginia Beach Christian Church, 2225 Rose Hall Drive, <i>Pat C 757-735-8934</i>	Virginia Beach
8:30PM	HOW Group (C, DISC) Good Shepherd Lutheran Church, 1489 Laskin Road, <i>Lance G 757-692-7864, Neal G 757-328-6485</i>	Virginia Beach
11:00PM	The Road Less Traveled (O, DISC, WC &) Old Donation Episcopal Church, 4449 N. Witchduck Road, <i>Teresa D 757-724-3685</i>	Virginia Beach
SATURDAY		
9:00AM	Fresh Start (O) Foundry United Methodist Church, 2801 Virginia Beach Blvd., <i>Madison B 757-506-6986 Pat C 757-735-8934</i>	Virginia Beach
9:30AM	Morning Meditation (O, DISC, VAR, WC &) EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road, <i>Mike M 757-305-2212, Rick K 757-753-0048</i>	Norfolk
10:00AM	Living Life On Life's Terms (O, WC &) Wesley Foundation, 526 Jamestown Road, <i>Thayne F. 757-603-2131 Brian G. 757-879-2344 Don S.804-413-4222</i>	Williamsburg
10:00AM	No More Excuses (O, WC &) Warwick United Church of Christ, 10 Matoaka Lane, <i>Deborah R. 757-238-0330</i>	Newport News
11:00AM	The Phoenix Group (O, BT) Maryview Hospital, 2nd floor Conf Room A, 3636 High Street, <i>Sam D 757-353-2094</i>	Portsmouth
NOON	Basic Math 12 & 12 (O, SPK, STEP, TRAD) First Baptist Church, across from the Scope, 418 E Bute Street, <i>Carlton D 757-515-3331</i>	Norfolk
NOON	Women & Men In Recovery (O) Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St, <i>Pamela H. 732-670-5887 Al W. 757-541-9218</i>	Newport News
5:00PM	When at the End of the Road (O, DISC) St. Francis Episcopal Church, 509 S Rosemont Road, <i>Romaine P 757-513-9004, Dana S 757-831-1701</i>	Virginia Beach
5:30PM	Back to Life (O, BT, DISC, SPK, TRAD) First Lutheran Church, Corner of Colley and Baldwin, 1301 Colley Avenue, <i>Cornell W 757-729-4089</i>	Norfolk
5:30PM	Saturday Night Live (O, WC &) First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St.	Newport News
6:00PM	Saturday Night Alternative (O, WC &) First Presbyterian Church, 514 S. Armistead Avenue, <i>Jimmy R. 757-335-0921 Hawk 757-289-7663</i>	Hampton
6:00PM	Saturday Night Men's Meeting (C, DISC) Virginia Beach Christian Church, 2225 Rose Hall Drive, <i>Robert D 757-343-3423</i>	Virginia Beach
7:00PM	Life & Hopedine (O, DISC, STEP) Sentara Obici Hospital, 2800 Godwin Boulevard, <i>Marvin C 757-729-4089</i>	Suffolk

SATURDAY (CONT)		
7:00PM	Saturday Night Live (O) St. Nicholas Fellowship Hall, 621 First Colonial Road, <i>Ted L 757-717-2669</i>	Virginia Beach
7:30PM	A New Approach to Life (O) North Hampton Presbyterian Church (behind the firehouse), 1217 Todds Lane, <i>Josh 757-284-9367</i>	Hampton
7:30PM	Never Alone (O, WC &) Hillton Christian Church, 100 James River Drive, <i>Butch L. 757-320-3221</i>	Newport News
8:00PM	Back to Basics (O, BT, DISC) Port Norfolk Baptist Church, 401 Broad Street, <i>Ty H 757-235-3175</i>	Portsmouth
8:00PM	Freedom of Choice (O, DISC, STEP) Church of the Accension, 4853 Princess Anne Road, <i>James P 757-619-2273</i>	Virginia Beach
8:00PM	Surrender to Live (O, BT, DISC, WC &) Norview United Methodist Church, park behind church, 1112 Norview Avenue, <i>Fred R 757-695-6500 We split into 3 mtg rooms & alternate in 1.</i>	Norfolk
NORTH CAROLINA MEETINGS		
Sun 7:00PM	Over & Beyond (O, LIT) Saint Phillips Chapel, West side of Street, 201 S McMorrine St, <i>Michael S 757-359-8841</i>	Elizabeth City
Mon NOON	More Will be Revealed (O, DISC) Serenity House, 300 Pearl Street, <i>Michael S 757-359-8841</i>	Elizabeth City
Mon 7:00PM	Clean & Serene (O, BT) Riverside United Methodist Church, 1400 Edgewood Drive	Elizabeth City
Mon 7:00PM	Keeping it Simple (O, DISC) Serenity House, 300 Pearl Street, <i>Tim C 252-548-8863</i>	Elizabeth City
Mon 7:30PM	Freedom to Live (C, DISC, WC &) Liberty Christian Fellowship, 244 Williams Drive, <i>Rana D 252-423-0755</i>	Kill Devil Hills
Tue 7:00PM	Over & Beyond (O, VAR) Saint Phillips Chapel, 201 S McMorrine St, <i>Michael S 757-359-8841</i>	Elizabeth City
Tue 7:30PM	Stick & Stay (O, DISC, WC &) Colington Methodist Church, 1949 Colington Rd, <i>Clare D 252-944-6971</i>	Kill Devil Hills
Wed 6:00PM	Miracles in Progress (O) Melton Grove Baptist Church, Winfall, NC, 163 Melton Grove Rd, <i>Lavern B 252-619-9988 Willie M 252-698-2240</i>	Hertford, NC
Wed 7:30PM	Miracles Happen (O, DISC, STEP, TW) St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail, <i>Kim K 252-573-0822, Jim H 252-489-9895</i>	Nags Head
Thu 7:00PM	Over & Beyond (O, DISC) Saint Phillips Chapel, 201 S McMorrine St, <i>Michael S 757-359-8841</i>	Elizabeth City
Thu 7:30PM	Surrender to Win (O, DISC) Manteo Baptist Church, 406 US Highway 64, <i>Keith B 252-573-9615, Jim 252-489-9895</i>	Manteo
Fri 7:00PM	Keeping it Simple (O, DISC) Serenity House, 300 Pearl Street, <i>Neal W 252-202-2754</i>	Elizabeth City
Fri 7:30PM	Miracles Happen (O) St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail	Nags Head
Fri 7:30PM	Serenity in the Sand (O, DISC) Cape Hatteras Baptist Church, 50195 Buccaneer Drive	Frisco
Sat 7:30PM	Freedom to Live (O) Liberty Christian Fellowship, 244 Williams Drive, <i>Kim K 252-753-0822</i>	Kill Devil Hills