

ELIZABETH CITY, NC	
Sun 7:00PM	<b>Over &amp; Beyond</b> , St. Philip's Chapel, West side of Street, 201 S McMorrine St (O,LIT) <i>Michael S 757-359-8841</i>
Mon NOON	<b>More Will be Revealed</b> , Serenity House, 300 Pearl Street (O,DISC) <i>Michael S 757-359-8841</i>
Mon 7:00PM	<b>Clean &amp; Serene</b> , Riverside United Methodist Church, 1400 Edgewood Drive (O,BT,DISC) <i>John J 252-377-2405 Jason G 252-312-5318</i>
Tue 7:00PM	<b>Over &amp; Beyond</b> , St. Philip's Chapel, 201 S McMorrine St (O,VAR) <i>Michael S 757-359-8841</i>
Thu 7:00PM	<b>Over &amp; Beyond</b> , St. Philip's Chapel, 201 S McMorrine St (O,DISC) <i>Michael S 757-359-8841</i>
KILL DEVIL HILLS, NC	
Mon 7:30PM	<b>Freedom to Live</b> , Liberty Christian Fellowship, 244 Williams Dr (O) <i>Lauren M 252-722-5774</i>
Tue 7:00PM	<b>Stick &amp; Stay</b> , Colington Methodist Church, 1949 Colington Rd (O,DISC) <i>Gene S 252-267-2823</i>
KILL DEVIL HILLS, NC	
Thu 7:30PM	<b>The Language of Empathy</b> , Colington UMC, 1949 Colington Rd (O,DISC) <i>Carly E 336-251-7158</i>
NAGS HEAD, NC	
Wed 7:30PM	<b>Miracles Happen</b> , St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O,DISC,STEP,TW) <i>Scott D 252-267-0060</i>
Fri 7:30PM	<b>Miracles Happen</b> , St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O) <i>Scott D 252-267-0060</i>
CARROLLTON, VA	
Mon 7:00PM	<b>Running on Faith</b> , Carrollton Holiness Church, 16144 Carrollton Blvd (O) <i>Derek L 802-922-0119</i>
CHESAPEAKE, VA	
Sun 3:00PM	<b>Wecover</b> , Great Bridge United Methodist Church, 201 Stadium Drive (O,VAR) <i>Jade 757-560-6285 Mike S 757-230-8854</i>
Mon 7:00PM	<b>New Beginnings</b> , Churchland Baptist Church, 3031 Churchland Blvd (O,WC &,LC) <i>Badrunnisa K 443-847-4738 Coy D 757-981-5090</i>
Tue 7:30PM	<b>Awesome Life</b> , Great Bridge United Methodist Church, 201 Stadium Drive (O,CAN,DISC,IP) <i>Carrie L 757-560-8177</i>
Thu NOON	<b>Reason To Believe</b> , Church Of Saint Therese, Masks Required, 4137 Portsmouth Blvd (O,BT,DISC) <i>Johnny D 757-287-4430</i>
Thu 7:30PM	<b>Second Chance</b> , Great Bridge United Methodist Church, 201 Stadium Drive (O,DISC,STEP,TW) <i>Louie L 757-560-8172</i>
Fri 7:00PM	<b>Agape</b> , St. Paul's United Methodist Church, 437 Providence Rd (O,DISC,IP,STEP,TW) <i>1st-Step, 2nd-TW, 3rd-IP, 4th-Disc, 5th-Symbol, Julius K 757-470-7494</i>
Fri 7:30PM	<b>Better Days</b> , Church Of Saint Therese, 4137 Portsmouth Blvd (O,CAN,DISC,AB) <i>Joe W 757-536-7337</i>
Sat 12:30PM	<b>The Gift of Hope</b> , Churchland Baptist Church, By the cemetery thru the red double doors, upstairs., 3031 Churchland Blvd (O,WC &) <i>Anthony H 757-343-5006</i>
FRANKLIN, VA	
Tue 7:00PM	<b>Earthbound Group</b> , Emmanuel Episcopal Church, Meeting is in the back, in basement., 400 N High Street (O,DISC) <i>Stephen B 757-613-5531</i>
Wed 7:00PM	<b>Bright New Life</b> , Franklin Baptist Church, 208 N High Street (O,STEP) <i>DeWayne L 757-641-8022</i>
GLOUCESTER, VA	
Fri 7:00PM	<b>Closer To Home</b> , Riverside Walter Reed Hospital, 7519 Hospital Drive (O,DISC,WC &) <i>Janet P 804-466-1515</i>
HAMPTON, VA	
Sun 7:00PM	<b>Recovery Group</b> , Wesley United Methodist Church, 2510 N Armistead Ave (O) <i>William S 757-236-6170 Dave R 757-218-2595</i>
Mon NOON	<b>A Meeting at Lunch</b> , First Presbyterian Church, Leftside rear door, 514 S Armistead Ave (O,VAR,WC &) <i>Eugene 757-358-1709 Bryan 267-939-6415</i>

HAMPTON, VA	
Mon NOON	<b>Check up From the Neck Up</b> (O,VM) <i>Hanifah 571-546-4684</i>
Mon 5:00PM	<b>Women Recover Too</b> , 3315 W Mercury Blvd (BT,IP,SPK,STEP,TRAD,W,AB) <i>Dottie G 267-428-9776 Denise K 757-660-1118</i>
Mon 7:30PM	<b>Here and Now</b> , St Mark's United Methodist Church, 99 E. Mercury Blvd. (O,BT,DISC,VAR,TOP,LIT) <i>Allen M 941-564-5882 Chaz 757-349-9297</i>
Tue NOON	<b>A Meeting at Lunch</b> , First Presbyterian Church, Leftside rear door, 514 S Armistead Ave (O) <i>Eugene 757-358-1709 Bryan 267-939-6415</i>
Mon NOON	<b>Check up From the Neck Up</b> (O,VM) <i>Hanifah 571-546-4684</i>
Tue 7:00PM	<b>New Genesis</b> , Wesley United Methodist Church, 2510 N Armistead Avenue (O,SPK,STEP,LIT) <i>Kayla E. 757-771-7493 Dylan B. 757-871-0958</i>
Tue 8:15PM	<b>Let's Recover Together</b> , Hampton Christian Church, 151 East Mercury Boulevard (O) <i>Tim E. 757-725-4636 Sissy O. 661-345-3206</i>
Wed NOON	<b>A Meeting at Lunch</b> , First Presbyterian Church, Leftside rear door, 514 S Armistead Ave (O) <i>Eugene 757-358-1709 Bryan 267-939-6415</i>
Wed NOON	<b>Check up From the Neck Up</b> (O,VM) <i>Hanifah 571-546-4684</i>
Wed 7:00PM	<b>Hugs Not Drugs</b> , Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road (O,DISC,LC) <i>Sarah 757-727-3582</i>
Thu NOON	<b>A Meeting at Lunch</b> , First Presbyterian Church, Leftside rear door, 514 S Armistead Ave (O) <i>Eugene 757-358-1709 Bryan 267-939-6415</i>
Thu NOON	<b>Check up From the Neck Up</b> (O,VM) <i>Hanifah 571-546-4684</i>
Thu 7:00PM	<b>Keep the Fire Burning</b> , Bethany United Methodist Church, Back of church Wesley Hall, 1509 Todds Ln (O,CAN,DISC,SPK) <i>Ashli H 757-817-8721</i>
Fri NOON	<b>A Meeting at Lunch</b> , First Presbyterian Church, Leftside rear door, 514 S Armistead Ave (O) <i>Eugene 757-358-1709 Bryan 267-939-6415</i>
Fri NOON	<b>Check up From the Neck Up</b> (O,VM) <i>Hanifah 571-546-4684</i>
Sat 6:00PM	<b>Saturday Night Alternative</b> , First Presbyterian Church, 514 S Armistead Avenue (O,WC &) <i>Denise K 757-660-1118</i>
HAYES, VA	
Sun 1:00PM	<b>Living Clean</b> , A Place To Meet, Study meeting from the Living Clean book, 7055 Linda Circle (O,WC &,LIT) <i>Paul S. 757-293-9446</i>
Tue 7:00PM	<b>A New Way of Life</b> , A Place To Meet, 7055 Linda Circle (O,JFT,WC &) <i>Paul S 757-293-9446 Janet P 804-466-1515</i>
KILMARNOCK, VA	
Sun 6:00PM	<b>Refuge Recovery</b> , 504 N Main Street (DISC,WC &,ENG,LIT) <i>Dwight 804 577 3525 Delano 804 238 8167</i>
LOCUST HILL, VA	
Thu 7:00PM	<b>Crossing Rivers</b> , Harmony Grove Baptist Church, 7722 General Puller Highway (O,DISC,VAR) <i>Dwight N 8045773525 Delano J 8042388167</i>
NEWPORT NEWS, VA	
Sun 9:30AM	<b>Surrender To Live</b> , 329 Main St (O,WC &) <i>Dee 757-503-0739 Rodney F 757-503-5281</i>
Sun 7:00PM	<b>A Gift Called Life</b> , Warwick United Church of Christ, 10 Matoaka Lane (O,WC &) <i>Nadine 757-751-4680 David H 757-214-2770</i>
Sun 7:00PM	<b>A Resentment and a Coffee Pot</b> , St. Georges Episcopal Church, 15446 Warwick Blvd (O,DISC,NS,ENG,NP) <i>Yanah W 757-715-1586</i>
Mon 10:00AM	<b>Get Back Up</b> , Macedonia Baptist Church, 5500 Marshall Ave (IP,JFT) <i>Michelle C 757-759-1317</i>

NEWPORT NEWS, VA	
Mon 6:30PM	<b>New Attitude</b> , Trinity United Methodist Church, 228 29th St (O,WC &) <i>Rose F. 757-593-0104 Debbie S. 757-310-2914</i>
Tue 7:00PM	<b>Tuesday Night ODAT(One Day At A Time)</b> , 15616 Warwick Boulevard (O,STEP,TOP,AB,ENG) <i>Eddie J 757-968-8923</i>
Wed 7:00PM	<b>End of The Road</b> , 1707 Jefferson Avenue (O,WC &) <i>Glen N. 757-272-5790 Ernest W. 757-367-2476</i>
Wed 7:00PM	<b>Hope</b> , 10 Matoaka Ln. (O) <i>Will D. 757-768-7954</i>
Thu 6:30PM	<b>Living as Men</b> , Recovery Baptist Church, 303 Blair Ave (O,VAR,WC &,ENG,F2F,BUS) <i>Ernie J. 908-494-2383</i>
Fri 7:00PM	<b>Keep Coming Back</b> , Newport News Community Center, 605 South Avenue (O,WC &) <i>Michelle H. 757-751-2528</i>
Fri 7:30PM	<b>Good Orderly Direction</b> , 10 Matoaka Ln (O) <i>Jeff H 757-630-3806 Alex C 757-303-6049</i>
Sat 10:00AM	<b>No More Excuses</b> , Warwick United Church of Christ, 10 Matoaka Lane (O,BT,IP,IW,WC &,LC,SPAD) <i>William K. 757-768-0886</i>
Sat 7:00PM	<b>Never Alone</b> , Hilton Christian Church, Meets at 7pm as of 2/11/23, 100 James River Drive (O,WC &) <i>Ray D 757-303-4533</i>
NO DATA, VA	
Tue 5:30PM	<b>Serenity Group</b> (O,VM) <i>Renee C. 757-637-8230</i>
NORFOLK, VA	
Sun 6:00PM	<b>It's About Time</b> , Norview United Methodist Church, 1112 Norview Avenue (O,SPK,WC &) <i>Jay J 757-227-8025 Charles M 757-735-8511</i>
Sun 8:00PM	<b>Mixed Group</b> , First Lutheran Church, 1301 Colley Ave (O,DISC) <i>Mike J 757-409-1676</i>
Mon 9:30AM	<b>Morning Meditation</b> , EZ Does It Service Center, 1153 Harmony Rd (O,WC &) <i></i>
Mon 9:30AM	<b>Morning Meditation Literature</b> (O,VAR,VM,LIT) <i></i>
Mon 8:00PM	<b>Recovery on the Hill</b> , Ocean View Christian Reformed Church, 1241 Hillside Avenue (O,BT,CAN,IP,SPK,WC &) <i>Fred R 757-695-6500</i>
Tue 9:30AM	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O,DISC,VAR,WC &) <i></i>
Tue 9:30AM	<b>Morning Meditation Literature</b> (O,VAR,VM,LIT) <i></i>
Tue 5:30PM	<b>Mensrap</b> , Norview United Methodist Church, 1112 Norview Avenue (C,M) <i>Danny G 434-254-4075</i>
Tue 7:00PM	<b>Let It Be</b> , Ocean View Christian Reformed Church, 1241 Hillside Ave (O,DISC,LIT) <i>Jessica H 757-822-4559</i>
Tue 7:00PM	<b>We Can Change</b> , Wesley Grace United Methodist Church, 288 E Little Creek Rd (O,BEG,BT,DISC,IW,VAR,SPK,AB,LIT) <i>Leo C 757-285-2007</i>
Wed 9:30AM	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O,WC &) <i></i>
Wed 9:30AM	<b>Morning Meditation Literature</b> (O,VAR,VM,LIT) <i></i>
Wed 5:30PM	<b>Just For Today</b> , First Lutheran Church, 1301 Colley Ave (O,DISC,IP,SPK,STEP) <i>Bill A 757-647-7707</i>
Wed 6:30PM	<b>Serenity In The Sand (Seasonal May-Sept Only)</b> , Community Beach Park - Leftmost Beach area, On the Beach, Bring a chair or blanket!, 700 E Ocean View (O,DISC,VAR) <i>Nadia H 757-285-5867</i>
Wed 8:00PM	<b>Better by the Bay</b> , Miles Memorial United Methodist Church, 9450 Granby Street (O,BT,DISC,WC &) <i>Ryan D 757-651-5316</i>
Wed 8:00PM	<b>Where's Lot 14?</b> , Sentara Norfolk General Hospital, Brickhouse Auditorium, 2nd floor, Conf Rm 2, 600 Gresham Drive (O,DISC) <i>Gary 757-567-4158</i>
Thu 9:30AM	<b>Morning Meditation</b> , EZ Does It Service Center Off N. Military Hwy. & Raby Rd, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O,DISC,VAR,WC &) <i></i>

NORFOLK, VA	
Thu 9:30AM	<b>Morning Meditation Literature</b> (O,VAR,VM,LIT) <i></i>
Thu 6:30PM	<b>Got to Have It</b> , Gethsemane Baptist Church, 1317 E Brambleton Ave (O,BT,IP,SPK,STEP,WC &) <i>Juanita S 757-685-8848</i>
Thu 8:00PM	<b>Junks &amp; Drunks</b> , Ocean View Christian Reformed Church, 1241 Hillside Ave (O,STEP) <i>Ed S 757-435-9526</i>
Fri 9:30AM	<b>Morning Meditation</b> , EZ Does It Service Center, 1153 Harmony Road (O,WC &) <i></i>
Fri 9:30AM	<b>Morning Meditation Literature</b> (O,VAR,VM,LIT) <i></i>
Fri NOON	<b>The Continuing Quest</b> , First Lutheran Church, 1301 Colley Ave (O,DISC,SPK,SWG) <i>Eddie C 757-816-4986</i>
Fri 8:00PM	<b>The Miracle Continues</b> , Azalea Baptist Church, 3314 E Little Creek Rd (O,STEP) <i>Nesbit 757-620-8804</i>
Sat 9:30AM	<b>Morning Meditation</b> , EZ Does It Service Center, 1153 Harmony Road (O,DISC,VAR,WC &) <i></i>
Sat 9:30AM	<b>Morning Meditation Literature</b> (O,VAR,VM,LIT) <i></i>
Sat NOON	<b>Basic Math 12 &amp; 12</b> , First Baptist Church, 500 E Bute Street (O,SPK,STEP,TRAD) <i>Carlton D 757-515-3331</i>
Sat 3:00PM	<b>Back to Life</b> , First Lutheran Church, 1301 Colley Ave (O,BT,DISC,SPK,TRAD) <i></i>
Sat 6:00PM	<b>Rainbow Serenity</b> , LGBT Life Center, 5360 Robin Hood Rd (O) <i>Max B 517-896-5694</i>
Sat 8:00PM	<b>Surrender to Live</b> , Ocean View Christian Reformed Church, 1241 Hillside Ave (O,BT,DISC,WC &) <i>Fred R 757-695-6500</i>
Sat 9:30PM	<b>The Point of Freedom</b> , Freemason Street Baptist Church, 400 E Freemason St (O,STEP,TRAD,WC &,LIT) <i>Tuan N 757-788-4757</i>
POQUOSON, VA	
Wed 7:00PM	<b>Moment to Moment</b> , Tabernacle United Methodist, 831 Poquoson Ave (front door) (O,ENG) <i>Gerri M</i>
PORTSMOUTH, VA	
Sun 10:00AM	<b>NA-meless</b> , Scout Cabin, 3605 Winchester Dr (O,DISC) <i>Thomas K 757-393-2009 Chris L 757-975-1936</i>
Sun 11:00AM	<b>We Need A Meeting</b> , 4700 George Washington Hwy (O,VAR,WC &) <i>Donna 757-535-5895</i>
Sun 7:00PM	<b>New Phase Four</b> , St. John's Episcopal Church, 424 Washington Street (O,DISC,SPK,TOP) <i>Ron E 757-582-1070, Sam G 757-353-2096</i>
Mon NOON	<b>Keep Coming Back</b> , New First Baptist Church of Taylorsville, 2720 Turnpike Road (O,DISC,VAR) <i>Francis P 757-679-1151</i>
Tue NOON	<b>The Emergency Unit</b> , Portsmouth UCC, 5900 Portsmouth Blvd (O,BT,DISC,F2F) <i>Johnny D 757-287-4430</i>
Tue 8:00PM	<b>A Gift Called Life</b> , Portsmouth UCC, 5900 Portsmouth Blvd (O,BT) <i>Brian L 757-619-7375, Sean H 757-438-1688</i>
Wed 7:00PM	<b>Surrender and Recovery</b> , Portsmouth UCC, 5900 Portsmouth Blvd (O,BT) <i>Edwin P 757-839-7806</i>
Thu 7:00PM	<b>Freebird</b> , Craddock Baptist Church, 96 Afton Pkwy (O,DISC) <i>Roland C 757-328-2243</i>
Thu 7:00PM	<b>Girls Nite Out</b> , West Park Church of Christ, 926 Cherokee Rd (O,W,HY) <i>Vickie 757-375-0067 Kat 757-359-3793</i>
Sat 7:00PM	<b>Back to Basics</b> , Portsmouth UCC, 5900 Portsmouth Blvd (O,BT,DISC,IP,SPK) <i>Mike K 757-974-4029 Charlie J 757-620-3895</i>
SMITHFIELD, VA	
Thu 7:30PM	<b>Another Chance to Live</b> , Benn's United Methodist Church, 14571 Benns Church Blvd (O) <i>Tom N 757-658-1498</i>
SUFFOLK, VA	
Tue 6:30PM	<b>Life &amp; Hopeline</b> , St Paul's Episcopal Church, 213 N Main St (O) <i>Linwood S 757-742-2614</i>
Wed 7:30PM	<b>Life &amp; Hopeline</b> , Suffolk Christian Church, by courthouse, 216 North Main St. (O,WC &) <i>Robert B 757-335-2493</i>

