

ELIZABETH CITY, NC	
<b>Sun 7:00PM</b>	<b>Over &amp; Beyond</b> , Saint Phillips Chapel, West side of Street, 201 S McMorrine St (O, LIT) <i>Michael S 757-359-8841</i>
<b>Mon NOON</b>	<b>More Will be Revealed</b> , Serenity House, 300 Pearl Street (O, DISC) <i>Michael S 757-359-8841</i>
<b>Mon 7:00PM</b>	<b>Clean &amp; Serene</b> , Riverside United Methodist Church, 1400 Edgewood Drive (O, BT)
<b>Mon 7:00PM</b>	<b>Keeping it Simple</b> , Serenity House, 300 Pearl Street (O, DISC) <i>Tim C 252-548-8863</i>
<b>Tue 7:00PM</b>	<b>Over &amp; Beyond</b> , Saint Phillips Chapel, 201 S McMorrine St (O, VAR) <i>Michael S 757-359-8841</i>
<b>Thu 7:00PM</b>	<b>Over &amp; Beyond</b> , Saint Phillips Chapel, 201 S McMorrine St (O, DISC) <i>Michael S 757-359-8841</i>
<b>Fri 7:00PM</b>	<b>Keeping it Simple</b> , Serenity House, 300 Pearl Street (O, DISC) <i>Neal W 252-202-2754</i>

FRISCO, NC	
<b>Fri 7:30PM</b>	<b>Serenity in the Sand</b> , Cape Hatteras Baptist Church, 50195 Buccaneer Drive (O, DISC)

HERTFORD, NC, NC	
<b>Wed 6:00PM</b>	<b>Miracles in Progress</b> , Melton Grove Baptist Church, Winfall, NC, 163 Melton Grove Rd (O) <i>Lavern B 252-619-9988 Willie M 252-698-2240</i>

KILL DEVIL HILLS, NC	
<b>Mon 7:30PM</b>	<b>Freedom to Live</b> , Liberty Christian Fellowship, 244 Williams Drive (C, DISC, WC &) <i>Rana D 252-423-0755</i>
<b>Tue 7:30PM</b>	<b>Stick &amp; Stay</b> , Colington Methodist Church, 1949 Colington Rd (O, DISC, WC &) <i>Clare D 252-944-6971</i>
<b>Sat 7:30PM</b>	<b>Freedom to Live</b> , Liberty Christian Fellowship, 244 Williams Drive (O) <i>Kim K 252-753-0822</i>

MANTEO, NC	
<b>Thu 7:30PM</b>	<b>Surrender to Win</b> , Manteo Baptist Church, 406 US Highway 64 (O, DISC) <i>Keith B 252-573-9615, Jim 252-489-9895</i>

NAGS HEAD, NC	
<b>Wed 7:30PM</b>	<b>Miracles Happen</b> , St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O, DISC, STEP, TW) <i>Kim K 252-573-0822, Jim H 252-489-9895</i>
<b>Fri 7:30PM</b>	<b>Miracles Happen</b> , St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O)

CARROLLTON, VA	
<b>Fri 7:30PM</b>	<b>Running On Faith</b> , Carrollton Church of God, 16144 Carrollton Boulevard (O) <i>Tim A. 757-434-7178 Ken H. 757-535-5151</i>

CHESAPEAKE, VA	
<b>Sun 3:00PM</b>	<b>Wecovery</b> , Great Bridge United Methodist Church, 201 Stadium Drive (O, DISC) <i>Chris 757-377-9236</i>
<b>Mon 7:00PM</b>	<b>The Winding Road</b> , Oak Grove United Methodist Church, across from water tower, 472 N. Battlefield Blvd (C) <i>Jacob M 757-831-8249, Rich B 757-288-0650</i>
<b>Tue 7:00PM</b>	<b>Count Your Blessings</b> , Oaklette United Methodist, Park in Rear, Corner Indian River & Oaklett, 520 Oaklette Dr (O, DISC, JFT) <i>Daniel A 757-418-1690</i>
<b>Tue 7:30PM</b>	<b>Awesome Life</b> , Great Bridge United Methodist Church, Corner of S. Battlefield & Stadium, 201 Stadium Drive (O, CAN, DISC, IP) <i>Carrie L 757-560-8177</i>
<b>Wed 7:30PM</b>	<b>Change We Must</b> , Oak Grove UMC, across from water tower, 472 North Battlefield Blvd. (O, C, BT) <i>Katie K 757-405-8464</i>
<b>Thu NOON</b>	<b>Reason To Believe</b> , Church Of Saint Therese, Across from Chesapeake Square Mall@ Coffman Blvd, Enter front, Rooms 10 & 11, 4137 Portsmouth Blvd (O, BT, DISC) <i>Johnny D 757-287-4430</i>
<b>Thu 7:00PM</b>	<b>Second Chance</b> , Great Bridge United Methodist Church, corner of South Battlefield Blvd and Stadium Dr, 201 Stadium Drive (O, DISC, STEP, TW) <i>Bernard 757-778-1755, Louie L 757-560-8172</i>
<b>Thu 8:00PM</b>	<b>Branching Out</b> , Aldersgate United Methodist Church, Western Branch, 4320 Bree Rd (O, BT, STEP) <i>Joe B 757-397-6279</i>
<b>Fri 7:00PM</b>	<b>Agape</b> , St. Paul's United Methodist Church, @ Dunbarton, 437 Providence Rd (O, DISC, IP, STEP, TW) <i>1st-Step, 2nd-TW, 3rd-IP, 4th-Disc, 5th-Symbol, Julius K 757-470-7494</i>
<b>Fri 7:30PM</b>	<b>Better Days</b> , Church Of Saint Therese, across from Chesapeake Square Mall, Enter Front, Rooms 10-11, 4137 Portsmouth Blvd (O, CAN, DISC, AB) <i>1st-AB, Liz S 757-681-0711</i>

COURTLAND, VA	
<b>Fri 7:00PM</b>	<b>Thank God I'm Free (T.G.I.F.)</b> , Courtland United Methodist Church, 22416 Main Street (O) <i>Scott C 434-594-5819</i>

FRANKLIN, VA	
<b>Mon 7:00PM</b>	<b>Beyond Our Wildest Dreams</b> , First Baptist Church, 318 Hall Street (O, SPK, WC &) <i>Keith J 757-344-3189</i>
<b>Tue 7:00PM</b>	<b>Earthbound Group</b> , Emmanuel Episcopal Church, 400 N High Street (O, DISC) <i>Stephen B 757-613-5531</i>
<b>Wed 7:00PM</b>	<b>Bright New Life</b> , Franklin Baptist Church, 208 N High Street (O, STEP) <i>DeWayne L 757-641-8022</i>
<b>Thu 5:30PM</b>	<b>We Do Recover</b> , Franklin District Building, 161 Steward Drive (O) <i>Keith J 757-344-3189</i>

GLOUCESTER, VA	
<b>Sun 2:00PM</b>	<b>Living Clean</b> , 7603 Hospital Drive (O) <i>Sam B. 804-296-8592 Dan G. 804-815-7699</i>
<b>Mon 7:30PM</b>	<b>The Out of Ordinary Meeting</b> , White Marsh Baptist Church, 5123 George Washington Memorial Highway (O, IW, WC &, LIT) <i>Dan G. 804-815-7699 Sam B. 804-296-8592</i>
<b>Tue 8:00PM</b>	<b>A New Way of Life</b> , 7603 Hospital Drive (O, JFT) <i>Dan G. 804-815-7699 Sam B. 804-296-8592</i>
<b>Thu 8:00PM</b>	<b>Living the Dream</b> , 7603 Hospital Drive, 7603 Hospital Drive (BT) <i>Dan G. 804-815-7699 Travis S. 804-694-6629</i>
<b>Fri 7:30PM</b>	<b>Closer To Home</b> , Riverside Walter Reed Hospital, 7515 Hospital Drive (O, DISC, WC &) <i>Sam B. 804-296-8592</i>

HAMPTON, VA	
<b>Sun NOON</b>	<b>Faith</b> , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &) <i>Malcolm 757-593-6581 Henry 757-532-8814</i>
<b>Sun 7:00PM</b>	<b>The Lie Is Dead</b> , North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane (O, WC &) <i>Ed P. 757-303-8609</i>
<b>Sun 7:30PM</b>	<b>Recovery Group</b> , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &) <i>William S. 757-236-6170 Dave R. 757-218-2595</i>
<b>Mon NOON</b>	<b>A Meeting at Lunch</b> , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O, VAR, WC &) <i>Deborah R. 757-238-0330 Eugene 757-243-6845</i>
<b>Mon 3:00PM</b>	<b>Change I Must Or Die I Will</b> , Nickerson Plaza, Next to ACE Hardware, 2096 Nickerson Blvd (O, WC &) <i>Kathy A. 757-897-7699 Jimmy W. 757-257-0843</i>
<b>Mon 7:00PM</b>	<b>Honesty Group</b> , Ivy Memorial Baptist Church, 2200 Coliseum Dr. (O, BT, SPK, STEP, WC &) <i>Yvonne W. 757-256-7858 Ernest 908-494-2383</i>
<b>Tue NOON</b>	<b>A Meeting at Lunch</b> , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O) <i>Deborah 757-238-0330 Eugene 757-243-6845</i>
<b>Tue 5:30PM</b>	<b>Serenity Group</b> , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &) <i>Beverly A. 757-753-6868 Jeanette 757-594-3414</i>
<b>Tue 7:30PM</b>	<b>New Genesis Group</b> , Weslley United Methodist Church, 2510 N. Armistead Avenue (O) <i>Gayle B. 757-597-1531 Cameron 757-561-3343</i>
<b>Tue 7:30PM</b>	<b>Young, Clean &amp; Living</b> , North Hampton Presbyterian Church (behind the Fire Department), 1217 Todds Lane (O) <i>Chris L. 757-592-2170</i>
<b>Tue 8:15PM</b>	<b>Let's Recover Together</b> , Hampton Christian Church, 151 East Mercury Boulevard (O, WC &) <i>Tim E. 757-725-4636 Chris G. 760-984-4914</i>
<b>Wed NOON</b>	<b>A Meeting at Lunch</b> , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O) <i>Deborah 757-238-0330 Eugene 757-243-6845</i>
<b>Wed 6:00PM</b>	<b>Becoming A Winner</b> , Loving Kindness Worship Center, 2007 N. Armisted Ave. (O) <i>Jacqueline G. 757-528-7041</i>
<b>Wed 7:00PM</b>	<b>Hugs Not Drugs</b> , Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road (O, DISC) <i>Sarah 757-727-3582 Jeff M. 912-414-3258</i>
<b>Thu NOON</b>	<b>A Meeting at Lunch</b> , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O) <i>Deborah 757-238-0330 Eugene 757-243-6845</i>
<b>Thu 5:30PM</b>	<b>The Warriors</b> , Agape Foundations, INC, Entrance and Parking in the Rear, 3217 Commander Shepard Blvd (O, WC &) <i>Renee D. 757-593-4323</i>
<b>Thu 8:00PM</b>	<b>Time To Surrender</b> , North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane (O, WC &) <i>Eddie H. 757-268-7903</i>
<b>Fri NOON</b>	<b>A Meeting at Lunch</b> , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O) <i>Deborah 757-238-0330 Eugene 757-243-6845</i>
<b>Fri 6:00PM</b>	<b>How &amp; Why</b> , Riverside Behavioral Health Center, 2244 Executive Drive (C, WC &) <i>Tea J. 757-788-9475</i>
<b>Sat 6:00PM</b>	<b>Saturday Night Alternatives</b> , First Presbyterian Church, 514 S. Armistead Avenue (O, WC &) <i>Jimmy R. 757-335-0921 Hawk 757-289-7663</i>
<b>Sat 7:30PM</b>	<b>A New Approach to Life</b> , North Hampton Presbyterian Church (behind the firehouse), 1217 Todds Lane (O) <i>Josh 757-284-9367</i>

NEWPORT NEWS, VA	
<b>Sun 9:30AM</b>	<b>Surrender To Live</b> , C. Waldo Scott Center, 3100 Wickham Avenue (O, WC &) <i>Dee W. 757-503-0739 Tony H. 757-696-6654</i>
<b>Sun 3:00PM</b>	<b>Write to Recover</b> , Mary Immaculate Hospital, Community Health and Resource Center, 2 Bernardino Drive (C, NC, WR) <i>Craig W. 845-642-5043</i>
<b>Sun 7:00PM</b>	<b>A Gift Called Life</b> , Warwick United Church of Christ, 10 Matoaka Lane (O, WC &) <i>Johnnie 757-869-4890 Nadine 757-751-4680</i>
<b>Mon 9:30AM</b>	<b>Trust The Process</b> , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) <i>Qadeer 757-344-1284 Lilly 757-236-8921</i>
<b>Mon NOON</b>	<b>High Noon</b> , Recovery Baptist Church, 303 Blair Avenue (O, WC &) <i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>
<b>Mon 6:00PM</b>	<b>I Can't We Can</b> , C. Waldo Scott Center, 3100 Wickham Ave (O, IP, SPK, AB)
<b>Mon 7:00PM</b>	<b>New Attitude</b> , 3509 Chestnut Avenue (O, WC &) <i>Vet 747-849-8808 Rose F. 757-593-0104</i>
<b>Tue 9:30AM</b>	<b>Trust The Process</b> , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) <i>Qadeer 757-344-1284 Lilly 757-236-8921</i>
<b>Tue NOON</b>	<b>High Noon</b> , Recovery Baptist Church, 303 Blair Avenue (O, WC &) <i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>
<b>Tue 7:00PM</b>	<b>We Can Change</b> , First Church of Newport News, 2300 Wickham Avenue (O) <i>Harvey 757-926-9138 Plummer 757-696-3416 Albert W. 757-597-8697</i>
<b>Wed 9:30AM</b>	<b>Trust The Process</b> , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) <i>Qadeer 757-344-1284 Lilly 757-236-8921</i>

NEWPORT NEWS, VA (CONT)	
<b>Wed NOON</b>	<b>High Noon</b> , Recovery Baptist Church, 303 Blair Avenue (O, WC &) <i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>
<b>Wed 7:00PM</b>	<b>End Of The Road</b> , 1707 Jefferson Avenue (O, WC &) <i>Glen N. 757-268-9318 Sherri W. 757-768-1392</i>
<b>Wed 7:00PM</b>	<b>Hope</b> , Warwick Conference Center, Building #6, 12420 Warwick Blvd (O) <i>Will D. 757-768-7954 David B. 757-342-2510</i>
<b>Wed 7:30PM</b>	<b>Living The Program</b> , Warwick United Church of Christ, 10 Matoaka Lane (C, WC &) <i>Ray D. 757-303-4533 Veronica W. 757-589-5747</i>
<b>Thu 9:30AM</b>	<b>Trust The Process</b> , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) <i>Qadeer 757-344-1284 Lilly 757-236-8921</i>
<b>Thu NOON</b>	<b>High Noon</b> , Recovery Baptist Church, 303 Blair Avenue (O, WC &) <i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>
<b>Thu 7:00PM</b>	<b>Let's Get Spiritual</b> , St. Paul AME Church, 2500 Chestnut Avenue (O, WC &) <i>Debbie 757-310-2914 Teddie 757-503-0528</i>
<b>Thu 7:00PM</b>	<b>We Do Recover</b> , Reformation Lutheran Church, 13100 Warwick Blvd (O, Pi, WC &, LIT) <i>Paula M. 757-506-9294</i>
<b>Fri 9:30AM</b>	<b>Trust The Process</b> , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) <i>Qadeer 757-344-1284 Lilly 757-236-8921</i>
<b>Fri NOON</b>	<b>High Noon</b> , Recovery Baptist Church, 303 Blair Avenue (O, WC &) <i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>
<b>Fri 6:30PM</b>	<b>Change We Must</b> , Living Faith Christian Center, 14901 Warwick Blvd (O, WC &) <i>Danny A. 757-696-2318 Darlene A. 757-998-1177</i>
<b>Fri 7:00PM</b>	<b>Keep Coming Back</b> , Newport News Community Center, 605 South Avenue (O, WC &) <i>Lorenzo 757-320-6224</i>
<b>Fri 7:30PM</b>	<b>Good Orderly Direction</b> , Warwick United Church of Christ, 10 Matoaka Lane (O, WC &) <i>Jeff H. 757-630-3806</i>
<b>Sat 10:00AM</b>	<b>No More Excuses</b> , Warwick United Church of Christ, 10 Matoaka Lane (O, WC &) <i>Deborah R. 757-238-0330</i>
<b>Sat NOON</b>	<b>Women &amp; Men In Recovery</b> , Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St (O) <i>Pamela H. 732-670-5887 Al W. 757-541-9218</i>
<b>Sat 5:30PM</b>	<b>Saturday Night Live</b> , First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St. (O, WC &)
<b>Sat 7:30PM</b>	<b>Never Alone</b> , Hillton Christian Church, 100 James River Drive (O, WC &) <i>Butch L. 757-320-3221</i>

NORFOLK, VA	
<b>Sun 6:00PM</b>	<b>It's About Time</b> , Norview United Methodist Church, 1112 Norview Avenue (O, SPK, WC &) <i>Jerome F 757-202-6163</i>
<b>Sun 8:00PM</b>	<b>Mixed Group</b> , First Lutheran Church, 1301 Colley Ave (O, DISC) <i>Mike J 757-409-1676</i>
<b>Mon 9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, WC &) <i>Rick K 757-753-0048</i>
<b>Mon NOON</b>	<b>Help Me Think</b> , Ingleside Baptist Church, corner of Gating Ave, 925 Ingleside Rd. (O, BT, JFT, STEP, TOP) <i>1st-Step, 2nd-Top, 3rd-BT, 4th-JFT, Carlton J 757-589-3564</i>
<b>Mon 8:00PM</b>	<b>Recovery on the Hill</b> , Ocean View Christian Reformed Church, 1241 Hillside Avenue (O, BT, CAN, SPK, STEP, WC &) <i>Fred R 757-695-6500</i>
<b>Tue 9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Rick K 757-753-0048, Mike M 757-305-2212</i>
<b>Tue 5:30PM</b>	<b>Just For Today</b> , First Lutheran Church, Corner of Colley Ave. & Baldwin Ave., 1301 Colley Avenue (O, DISC, IP, SPK, STEP, TOP) <i>Bill A 757-647-7707</i>
<b>Tue 6:00PM</b>	<b>Rainbow Serenity</b> , LGBT Life Center, Entrance on Corner of Llewellyn and 25th St., 248 W 24th St (O, DISC, GL) <i>Karim M 757-647-1414</i>
<b>Tue 7:00PM</b>	<b>Let It Be</b> , Ocean View Christian Reformed Church, 1 block from Ocean View & Beach View, 1241 Hillside Ave (O, DISC) <i>Brandi M 757-581-3178</i>
<b>Tue 7:00PM</b>	<b>We Can Change</b> , Oakdale Presbyterian Church, West of Tidewater Dr. between Harriet & Van Patten Rd., 550 East Little Creek Rd. (O, BT, DISC, IW, SPK) <i>Olena P 757-359-5580</i>
<b>Wed 9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Rick K 757-7530048</i>
<b>Wed NOON</b>	<b>High Noon</b> , New Life Providence Church, 1420 Colonial Ave (O) <i>Lafayette 757-696-7534, Michelle M 757-381-5881</i>
<b>Wed 6:30PM</b>	<b>Last House on the Block</b> , Chesterfield Heights Community Center, 1st floor, 2715 Stanhope Ave (O, DISC) <i>Lafayette R 757-696-7534, Rudolph S 757-714-0783</i>
<b>Wed 8:00PM</b>	<b>Better by the Bay</b> , Miles Memorial United Methodist Church, Park off Selby Pl (rear entrance), 9450 Granby Street (O, BT, DISC, WC &) <i>Ryan D 757-651-5316</i>
<b>Wed 8:00PM</b>	<b>Where's Lot 14?</b> , Sentara Norfolk General Hospital, Dining Room #1, 600 Gresham Drive (O, DISC) <i>Gary 757-237-4507, Juanita 757-685-8848</i>
<b>Thu 9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Rick K 757-753-0048</i>
<b>Thu NOON</b>	<b>Recovery 'N' EOv</b> , Ocean View Reformed Christian Church, block in for Ocean View Ave at Beach St, 1241 Hillside Ave (O, BT, DISC, IP, SPK) <i>LaTrisha 757-285-7964, Jerome F 757-202-6163</i>
<b>Thu 6:30PM</b>	<b>Got to Have It</b> , Queen Street Baptist Church, 413 E. Brambleton Avenue (O, BT, IP, SPK, STEP, WC &) <i>Frederick J 757-374-1577, Juanita S 757-685-8848</i>
<b>Thu 8:00PM</b>	<b>Junks &amp; Drunks</b> , Ocean View Reformed Church, 1241 Hillside Ave (O, STEP) <i>Amber O 856-340-0091 Mark B 757-581-0800</i>
<b>Fri 9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Mike M 757-305-2212, Rick K 757-753-0048</i>

NORFOLK, VA (CONT)	
<b>Fri NOON</b>	<b>The Continuing Quest</b> , First Lutheran Church, Corner Colley Ave & Baldwin Ave, 1301 Colley Avenue (O, DISC, SPK, SWG) <i>Dave E 757-663-2723</i>
<b>Fri 6:00PM</b>	<b>The Happy Hour</b> , Faith Community Church, 100 East 30th Street (C, O, JFT) <i>Lafayette R 757-696-7534, Jerome F 757-202-6163</i>
<b>Fri 8:00PM</b>	<b>Miracle On 9th Bay</b> , East Ocean View Baptist Church, 9609 9th Bay Street (O, SPK, STEP) <i>Larry W 757-101-0446</i>
<b>Sat 9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Mike M 757-305-2212, Rick K 757-753-0048</i>
<b>Sat NOON</b>	<b>Basic Math 12 &amp; 12</b> , First Baptist Church, across from the Scope, 418 E Bute Street (O, SPK, STEP, TRAD) <i>Carlton D 757-515-3331</i>
<b>Sat 5:30PM</b>	<b>Back to Life</b> , First Lutheran Church, Corner of Colley and Baldwin, 1301 Colley Avenue (O, BT, DISC, SPK, TRAD) <i>Cornell W 757-729-4089</i>
<b>Sat 8:00PM</b>	<b>Surrender to Live</b> , Norview United Methodist Church, park behind church, 1112 Norview Avenue (O, BT, DISC, WC &) <i>Fred R 757-695-6500 We split into 3 mtg rooms &amp; alternate in 1.</i>

POQUOSON, VA	
<b>Thu 7:30PM</b>	<b>Fresh Starts for Open Hearts</b> , Poquoson Baptist Church, 283 Wythe Creek Road (O)

PORTSMOUTH, VA	
<b>Sun 9:00AM</b>	<b>Men's Rap</b> , Maryview Behavioral Center, First Floor side entrance, 3636 High Street (O, DISC, M, WC &) <i>Joe B 757-397-6279</i>
<b>Sun 11:00AM</b>	<b>We Need A Meeting</b> , Maryview Hospital, 2nd Floor, Conference Room B, 3636 High Street (O, BT, DISC, JFT, SPK, STEP, WC &) <i>Donna E 757-535-5895 1-Disc, 2-STP, 3-BT, 4-SPK, 5-JFT</i>
<b>Sun 7:00PM</b>	<b>New Phase Four</b> , Saint John's Episcopal Church, 424 Washington Street (O, DISC, SPK, TOP) <i>Ron E 757-582-1070, Lloyd P 757-638-7157</i>
<b>Mon 6:45AM</b>	<b>Jump Start the Day</b> , First Lutheran Church, Washington & King, 600 King Street (O) <i>Teresa D 757-724-3685</i>
<b>Mon 7:00PM</b>	<b>New Beginnings</b> , Church of the Resurrection, @ Midfield Pkwy, 3501 Cedar Lane (O, IW, WC &) <i>Greg C 757-636-3745, Kathy K 757-403-7409</i>
<b>Tue 6:45AM</b>	<b>Jump Start the Day</b> , First Lutheran Church, Washington & King, 600 King Street (O) <i>Teresa D 757-724-3685</i>
<b>Tue NOON</b>	<b>The Emergency Unit</b> , United Congregational Christian Church, Hodges Ferry Rd & Charlotte St, 5900 Portsmouth Blvd (O, BT, DISC) <i>Dora H 757-735-7615</i>
<b>Tue 7:00PM</b>	<b>Keep Coming Back</b> , New First Baptist Church of Taylorsville, By Fredrick Blvd, 2720 Turnpike Road (O, BT, DISC, SPK, STEP, TOP) <i>Francis P 757-679-1151</i>
<b>Tue 8:00PM</b>	<b>A Gift Called Life</b> , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd (O, BT) <i>Brian L 757-619-7375, Sean H 757-438-1688</i>
<b>Wed 6:45AM</b>	<b>Jump Start the Day</b> , First Lutheran Church, Washington & King, 600 King Street (O) <i>Theresa D 757</i>

