

CARROLLTON		
Mon 7:00PM	Running on Faith (O) O Carrollton Holiness Church, 16144 Carrollton Blvd, Derek L 802-922-0119	Carrollton
CHESAPEAKE		
Sun 3:00PM	Wecoverly (O,VAR) T Great Bridge United Methodist Church, 201 Stadium Drive, Megan A 757-572-5667	Chesapeake
Mon 7:00PM	New Beginnings (O,WC &,LC) T Churchland Baptist Church, 3031 Churchland Blvd, Cathy K 757-403-7409 Sid N 757-416-4553	Chesapeake
Tue 7:30PM	Awesome Life (O,CAN,DISC,IP) T Great Bridge United Methodist Church, 201 Stadium Drive, Carrie L 757-560-8177	Chesapeake
Wed 7:00PM	Life Beyond Addiction (O,DISC,STEP,ME) T Broadcast Church, 910 Oak Grove Rd, Justin G 757-503-8290	Chesapeake
Thu NOON	Reason To Believe (O,BT,DISC) T Church Of Saint Therese, Masks Required, 4137 Portsmouth Blvd, Johnny D 757-287-4430	Chesapeake
Thu 7:30PM	Second Chance (O,DISC,STEP,TW) T Great Bridge United Methodist Church, 201 Stadium Drive, Louie L 757-560-8172	Chesapeake
Fri 7:00PM	Agape (O,DISC,IP,STEP,TW) T St. Paul's United Methodist Church, 437 Providence Rd, 1st-Step, 2nd-TW, 3rd-IP, 4th-Disc, 5th-Symbol, Julius K 757-470-7494	Chesapeake
Fri 7:30PM	Better Days (O,CAN,DISC,AB) T Church Of Saint Therese, 4137 Portsmouth Blvd, Joe W 757-536-7337	Chesapeake
Sat NOON	Bridge to Recovery (O) T Bridge Church, 1244 Executive Blvd, Justin H 804-738-1784 **Starts June 22nd**	Chesapeake
ELIZABETH CITY		
Sun 7:00PM	Over & Beyond (O,LIT) T St. Philip's Chapel, West side of Street, 201 S McMorrine St, Michael S 757-359-8841	Elizabeth City
Mon NOON	More Will be Revealed (O,DISC) T Serenity House, 300 Pearl Street, Michael S 757-359-8841	Elizabeth City
Mon 7:00PM	Clean & Serene (O,BT,DISC) T Riverside United Methodist Church, 1400 Edgewood Drive, John J 252-377-2405 Jason G 252-312-5318	Elizabeth City
Tue 7:00PM	Over & Beyond (O,VAR) T St. Philip's Chapel, 201 S McMorrine St, Michael S 757-359-8841	Elizabeth City
Thu 7:00PM	Over & Beyond (O,DISC) T St. Philip's Chapel, 201 S McMorrine St, Michael S 757-359-8841	Elizabeth City
FRANKLIN		
Tue 7:00PM	Earthbound Group (O,DISC) O Emmanuel Episcopal Church, Meeting is in the back, in basement, 400 N High Street, Stephen B 757-613-5531	Franklin
Wed 7:00PM	Bright New Life (O,STEP) O Franklin Baptist Church, 208 N High Street, DeWayne L 757-641-8022	Franklin
GLOUCESTER		
Fri 7:00PM	Closer To Home (O,DISC,WC &) P Riverside Walter Reed Hospital, 7519 Hospital Drive, Grace 804-824-5622	Gloucester
HAMPTON		
Sun 7:00PM	Recovery Group (O) P Wesley United Methodist Church, 2510 N Armistead Ave, William S 757-236-6170 Dave R 757-218-2595	Hampton
Mon 10:00AM	Get Back Up (IP,FT) P West End Baptist Church, Side Rear Entrance, 2413 Shell Rd, Michelle C. 757-759-1317	Hampton
Mon NOON	A Meeting at Lunch (O,VAR,WC &) P First Presbyterian Church, Rear door leftside of church, 514 S Armistead Ave, Eugene 757-358-1709	Hampton
Mon NOON	Check up From the Neck Up (O,VM) P	Hampton
Mon 3:00PM	Change I Must Or Die I Will (O,VAR) P Empowered Believers Church, 2096 Nickerson Blvd, Lawrence 718-594-2998 Renee 215-370-2186	Hampton
Mon 7:30PM	Here and Now (O,BT,DISC,VAR,TOP,LIT) P St Mark's United Methodist Church, 99 E. Mercury Blvd., Allen M 941-564-5882 Amy M. 757-977-2781	Hampton
Tue NOON	A Meeting at Lunch (O) P First Presbyterian Church, Rear door leftside of church, 514 S Armistead Ave, Eugene 757-358-1709	Hampton
Tue NOON	Check up From the Neck Up (O,VM) P	Hampton
Tue 7:00PM	New Genesis (O,SPK,STEP,LIT) P Wesley United Methodist Church, 2510 N Armistead Avenue, Kayla E. 757-771-7493 Dylan B. 757-871-0958	Hampton
Tue 8:15PM	Let's Recover Together (O) P Hampton Christian Church, 151 East Mercury Boulevard, Tim E. 757-725-4636 Sissy O. 661-345-3206	Hampton
Wed NOON	A Meeting at Lunch (O) P First Presbyterian Church, Rear door leftside of church, 514 S Armistead Ave, Eugene 757-358-1709	Hampton
Wed NOON	Check up From the Neck Up (O,VM) P	Hampton
Wed 7:00PM	Hugs Not Drugs (O,DISC) P Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road, Sarah 757-727-3582	Hampton
Thu NOON	A Meeting at Lunch (O) P First Presbyterian Church, Rear door leftside of church, 514 S Armistead Ave, Eugene 757-358-1709	Hampton
Thu NOON	Check up From the Neck Up (O,VM) P	Hampton
Thu 5:00PM	Meeting at Buckroe Beach (O) P Buckroe Beach, Meets seasonally May - October, 1st St & E Pembroke Ave	Hampton

HAMPTON (CONT)		
Thu 7:00PM	Keep the Fire Burning (O,DISC) P Bethany United Methodist Church, Park on West side of church, enter thru West door follow the signs., 1509 Todds Ln, Tom K. 804-815-9356 Stacy K. 401-474-3344	Hampton
Fri NOON	A Meeting at Lunch (O) P First Presbyterian Church, Rear door leftside of church, 514 S Armistead Ave, Eugene 757-358-1709	Hampton
Fri NOON	Check up From the Neck Up (O,VM) P	Hampton
Sat 6:00PM	Saturday Night Alternative (O,WC &) P First Presbyterian Church, 514 S Armistead Avenue, Shanequa L 757-327-2381 Denise K 757-660-1118	Hampton
HAYES		
Sun 1:00PM	Living Clean (O,WC &,LIT) P A Place To Meet, Study meeting from the Living Clean book, 7055 Linda Circle, Paul S. 757-293-9446	Hayes
Mon 6:00PM	Back to Basics (C,NC,STEP,WC &) P A Place To Meet, 7055 Linda Circle, Grace 804-824-5622	Hayes
Tue 7:00PM	A New Way of Life (O,FT,WC &) P A Place To Meet, 7055 Linda Circle, Paul S 757-293-9446 Janet P 804-466-1515	Hayes
KILL DEVIL HILLS		
Mon 7:30PM	Freedom to Live (O) B Liberty Christian Fellowship, 244 Williams Dr, Lauren M 252-722-5774	Kill Devil Hills
Tue 7:00PM	Stick & Stay (O,DISC,WC &) B Colington Methodist Church, 1949 Colington Rd, Gene S 252-267-2823	Kill Devil Hills
LOCUST HILL		
Thu 7:00PM	Crossing Rivers (O,DISC) P Harmony Grove Baptist Church, 7722 General Puller Highway, Doug C 804-690-6595 Kathy P 804-324-1820	Locust Hill
NAGS HEAD		
Wed 7:30PM	Miracles Happen (O,DISC,STEP,TW) B St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail, Scott D 252-267-0060	Nags Head
Thu 7:30PM	The Language of Empathy (O,DISC) B Nags Head Church, 105 W Soundside Rd, Cary E 336-251-7158	Nags Head
Fri 7:30PM	Miracles Happen (O) B St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail, Scott D 252-267-0060	Nags Head
NEWPORT NEWS		
Sun 9:30AM	Surrender To Live (O,WC &) P 329 Main St, Dee 757-503-0739	Newport News
Sun 7:00PM	A Gift Called Life (O,WC &) P Warwick United Church of Christ, 10 Matoaka Lane, Nadine 757-751-4680 David H 757-214-2770	Newport News
Mon 2:00PM	High Noon (O,VAR) P Recovery Baptist Church, Meets M-F, 2nd & 4th Sats, 303 Blair Ave, Teresa F. (757) 269-1707 Mildred D. (757) 236-9021	Newport News
Mon 6:30PM	New Attitude (O,WC &) P Trinity United Methodist Church, 228 29th St, Rose F. 757-593-0104 Debbie S. 757-310-2914	Newport News
Tue 2:00PM	High Noon (BT,IW,CPT,LIT) P Recovery Baptist Church, 303 Blair Ave, Teresa F. 757-269-1707 Mildred D. 757-236-9021	Newport News
Wed 2:00PM	High Noon (BT,IW,CPT,LIT) P Recovery Baptist Church, 303 Blair Ave, Teresa F. 757-269-1707 Mildred D. 757-236-9021	Newport News
Wed 7:00PM	End Of The Road (O,WC &) P 1707 Jefferson Avenue, Glen N. 757-272-5790 Ernest W. 757-367-2476	Newport News
Wed 7:00PM	Hope (O) P 10 Matoaka Ln., Will D. 757-768-7954	Newport News
Thu 2:00PM	High Noon (BT,IW,CPT,LIT) P Recovery Baptist Church, 303 Blair Ave, Teresa F. 757-269-1707 Mildred D. 757-236-9021	Newport News
Thu 6:30PM	Living as Men Group of NA (O,M,WC &) P Recovery Baptist Church, 303 Blair Ave, Reggie F 757-817-8464 Ernie J. 908-494-2383	Newport News
Fri 2:00PM	High Noon (BT,IW,CPT,LIT) P Recovery Baptist Church, 303 Blair Ave, Teresa F. 757-269-1707 Mildred D. 757-236-9021	Newport News
Fri 7:00PM	Keep Coming Back (O,WC &) P Newport News Community Center, 605 South Avenue, Michelle H. 757-751-2528	Newport News
Fri 7:30PM	Good Orderly Direction (O) P 10 Matoaka Ln, Jeff H 757-630-3806 Alex C 757-303-6049	Newport News
Sat 10:00AM	No More Excuses (O,WC &) P Warwick United Church of Christ, 10 Matoaka Lane, William K. 757-768-0886	Newport News
Sat 2:00PM	High Noon (BT,IW,CPT,LIT) P Recovery Baptist Church, 2nd & 4th Saturdays ONLY, 303 Blair Ave, Teresa F. 757-269-1707 Mildred D. 757-236-9021	Newport News
Sat 7:00PM	Never Alone (O,WC &) P Hillton Christian Church, Meets at 7pm as of 2/11/23, 100 James River Drive, Ray D 757-303-4533	Newport News
NO DATA		
Tue 5:30PM	Serenity Group (O,VM) P Beverly A. 757-753-6868	
NORFOLK		
Sun 6:00PM	It's About Time (O,SPK,WC &) T Norview United Methodist Church, 1112 Norview Avenue, Jay J 757-227-8025 Charles M 757-735-8511	Norfolk
Sun 8:00PM	Mixed Group (O,DISC) T First Lutheran Church, 1301 Colley Ave, Mike J 757-409-1676	Norfolk

NORFOLK (CONT)		
Mon 9:30AM	Morning Meditation (O,WC &) T EZ Does It Service Center, 1153 Harmony Rd	Norfolk
Mon 9:30AM	Morning Meditation Literature (O,VAR,VM,LIT) T	Norfolk
Mon 8:00PM	Recovery on the Hill (O,BT,CAN,IP,SPK,WC &) T Ocean View Christian Reformed Church, 1241 Hillside Avenue, Fred R 757-695-6500	Norfolk
Tue 9:30AM	Morning Meditation (O,DISC,VAR,WC &) T EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road	Norfolk
Tue 9:30AM	Morning Meditation Literature (O,VAR,VM,LIT) T	Norfolk
Tue 5:30PM	Mensrap (C,M) T Norview United Methodist Church, 1112 Norview Avenue, Danny G 434-253-4075	Norfolk
Tue 7:00PM	Let It Be (O,DISC,LIT) T Ocean View Christian Reformed Church, 1241 Hillside Ave, Jessica H 757-822-4559	Norfolk
Tue 7:00PM	We Can Change (O,BEG,BT,DISC,IW,VAR,SPK,AB,LIT) T Wesley Grace United Methodist Church, 288 E Little Creek Rd, Leo C 757-285-2007	Norfolk
Tue 7:30PM	Yes! We Can! (O,DISC,WC &) T Family Life Center, 3172 Azalea Garden Rd, Ron C 757-708-4946	Norfolk
Wed 9:30AM	Morning Meditation (O,WC &) T EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road	Norfolk
Wed 9:30AM	Morning Meditation Literature (O,VAR,VM,LIT) T	Norfolk
Wed 5:30PM	Just For Today (O,DISC,IP,SPK,STEP,STEP) T First Lutheran Church, 1301 Colley Ave, Bill A 757-647-7707	Norfolk
Wed 6:30PM	Serenity In The Sand (Seasonal May-Sept Only) (O,DISC,VAR) T Community Beach Park - Leftmost Beach area, On the Beach, Bring a chair or blanket, 700 E Ocean View, Nadia H 757-285-5867	Norfolk
Wed 8:00PM	Better by the Bay (O,BT,DISC,WC &) T Miles Memorial United Methodist Church, 9450 Granby Street, Ryan D 757-651-5316	Norfolk
Wed 8:00PM	Where's Lot 147 (O,DISC) T Sentara Norfolk General Hospital, Brickhouse Auditorium, 2nd floor, Conf Rm 2, 600 Gresham Drive, Gary 757-567-4158	Norfolk
Thu 9:30AM	Morning Meditation (O,DISC,VAR,WC &) T EZ Does It Service Center Off N. Military Hwy. & Raby Rd, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road	Norfolk
Thu 9:30AM	Morning Meditation Literature (O,VAR,VM,LIT) T	Norfolk
Thu 5:30PM	Surviving Our Emotions (C,W,WC &) T Norview United Methodist Church, 1112 Norview Avenue, Takecha J 804-218-7208	Norfolk
Thu 6:30PM	Got to Have It (O,BT,IP,SPK,STEP,WC &) T Gethsemane Baptist Church, 1317 E Brambleton Ave, Juanita S 757-685-8848	Norfolk
Thu 8:00PM	Junks & Drinks (O,STEP) T Ocean View Christian Reformed Church, 1241 Hillside Ave, Ed S 757-435-9526	Norfolk
Fri 9:30AM	Morning Meditation (O,WC &) T EZ Does It Service Center, 1153 Harmony Road	Norfolk
Fri 9:30AM	Morning Meditation Literature (O,VAR,VM,LIT) T	Norfolk
Fri NOON	The Continuing Quest (O,DISC,SPK,SWG) T First Lutheran Church, 1301 Colley Ave, Eddie C 757-816-4986	Norfolk
Fri 8:00PM	The Miracle Continues (O,STEP) T Azalea Baptist Church, 3314 E Little Creek Rd, Nesbit 757-620-8804	Norfolk
Sat 9:30AM	Morning Meditation (O,DISC,VAR,WC &) T EZ Does It Service Center, 1153 Harmony Road	Norfolk
Sat 9:30AM	Morning Meditation Literature (O,VAR,VM,LIT) T	Norfolk
Sat NOON	Basic Math 12 & 12 (O,SPK,STEP,TRAD) T First Baptist Church, 500 E Bute Street, Carlton D 757-515-3331	Norfolk
Sat 3:00PM	Back to Life (O,BT,DISC,SPK,TRAD) T First Lutheran Church, 1301 Colley Ave	Norfolk
Sat 8:00PM	Surrender to Live (O,BT,DISC,WC &) T Ocean View Christian Reformed Church, 1241 Hillside Ave, Fred R 757-695-6500	Norfolk
Sat 9:30PM	The Point of Freedom (O,STEP,TRAD,WC &,LIT) T Freemason Street Baptist Church, 400 E Freemason St, Tuan N 757-788-4757	Norfolk
PORTSMOUTH		
Sun 10:00AM	NA-meless (O,DISC) T Scout Cabin, **7/7/24 Location change**, 3605 Winchester Dr, Thomas K 757-393-2009 Chris L 757-975-1936	Portsmouth
Sun 11:00AM	We Need A Meeting (O,DISC,VAR,WC &) T Next door to Waffle House. PLEASE WEAR A MASK, 4700 George Washington Hwy, Donna JE 757-535-5895	Portsmouth
Sun 7:00PM	New Phase Four (O,DISC,SPK,STEP) T St. John's Episcopal Church, 424 Washington Street, Ron E 757-582-1070, Sam G 757-353-2096	Portsmouth
Tue NOON	The Emergency Unit (O,BT,DISC,F2F) T Portsmouth UCC, 5900 Portsmouth Blvd, Johnny D 757-287-4430	Portsmouth
Tue 6:00PM	Keep Coming Back (O,DISC,VAR) T New First Baptist Church of Taylorsville, 2720 Turnpike Road, Francis P 757-679-1151 Judice P 757-228-8678	Portsmouth
Tue 8:00PM	A Gift Called Life (O,BT) T Portsmouth UCC, 5900 Portsmouth Blvd, Brian L 757-619-7375, Sean H 757-438-1688	Portsmouth

# HAMPTON ROADS METRO



## MEETING LIST (CITY)

Metropolitan Hampton Roads Meetings including: Carrollton, Chesapeake, Courtland, Franklin, Gloucester Courthouse, Gloucester, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, West Point, Williamsburg and Yorktown. With North Carolina meetings in Elizabeth City, Kill Devil Hills, Manteo, Nags Head and Winfall.

### AUGUST 2024

### REGIONAL HELPLINE

### 804-965-1871

### TIDEWATER HELPLINE

### 866-972-5055

PORTSMOUTH (CONT)		
<b>Wed 7:00PM</b>	<b>Surrender and Recovery (O,BT)</b> T Portsmouth UCC, 5900 Portsmouth Blvd, <i>Edwin T 757-648-9812</i>	Portsmouth
<b>Thu 7:00PM</b>	<b>Freebird (O,BT,DISC,TRAD,VM)</b> T Virtual Only, <i>Roland C 757-328-2243</i>	Portsmouth
<b>Thu 7:00PM</b>	<b>Girls Nite Out (O,W,HY)</b> T West Park Church of Christ, 926 Cherokee Rd, <i>Vickie 757-375-0067 Kat 757-359-3793</i>	Portsmouth
<b>Sat 7:00PM</b>	<b>Back to Basics (O,BT,DISC,IP,SPK)</b> T Portsmouth UCC, 5900 Portsmouth Blvd, <i>Mike K 757-974-4029 Charlie J 757-620-3895</i>	Portsmouth
SMITHFIELD		
<b>Thu 7:30PM</b>	<b>Another Chance to Live (O)</b> O Benn's United Methodist Church, 14571 Bennis Church Blvd, <i>Tom N 757-658-1498</i>	Smithfield
SUFFOLK		
<b>Tue 6:30PM</b>	<b>Life &amp; Hopeline (O)</b> T St Paul's Episcopal Church, 213 N Main St, <i>Charles A 757-351-5855</i>	Suffolk
<b>Wed 7:30PM</b>	<b>Life &amp; Hopeline (O,WC &amp;)</b> T Suffolk Christian Church, by courthouse, 216 North Main St., <i>Robert B 757-738-6253</i>	Suffolk
<b>Fri 6:00PM</b>	<b>Life &amp; Hopeline (O,DISC,STEP,TC,VM)</b> T Sentara Obici Hospital, 2800 Godwin Boulevard, <i>Maryann B 609-712-3107</i>	Suffolk
VIRGINIA BEACH		
<b>Sun 8:45AM</b>	<b>Hope Ignited (O,DISC,WC &amp;)</b> B Virginia Beach Recovery Club, 1900 Baltic Avenue, <i>David D 757-971-8753 **New start time as of 6/9/24**</i>	Virginia Beach
<b>Sun 2:00PM</b>	<b>The No Matter What Club (O)</b> B St Francis Episcopal Church, 509 S Rosemont Rd, <i>Trish F 757-985-0948</i>	Virginia Beach
<b>Sun 6:00PM</b>	<b>Sunday Sanity (O,BT,DISC,IP)</b> B VB Psych Center, In Cafeteria, 1100 First Colonial Rd, <i>Shelly G 757-748-5364, Pat O 757-633-2820</i>	Virginia Beach
<b>Mon 6:00PM</b>	<b>Monday Meditation (C,ME)</b> B Community United Methodist Church, Enter at Burlington Rd side before 6:10pm, 1072 Old Kempsville Rd, <i>Jon B 757-635-4318</i>	Virginia Beach
<b>Mon 7:00PM</b>	<b>Monday Night Candlelight (O,BT,CAN,WC &amp;)</b> T Haygood United Methodist Church, 4713 Haygood Rd, <i>Eric D 757-580-2849</i>	Virginia Beach
<b>Mon 7:30PM</b>	<b>Living The Program (O,BT,DISC,PH)</b> B Water's Edge Church of God, 4141 Holland Road, <i>Frank G 757-933-0999 Rebekah D 203-444-1845</i>	Virginia Beach
<b>Mon 10:30PM</b>	<b>End of the Night (O,DISC,LIT)</b> T Old Donation Episcopal Church, No Smoking on Church Campus, 4449 N Witduck Rd, <i>Melinda J 757-401-3395</i>	Virginia Beach
<b>Tue 7:30PM</b>	<b>There's A Light (O,DISC)</b> B Ocean Lakes Church of Christ, 1200 Dam Neck Road, <i>Geoff L 757-641-9159</i>	Virginia Beach
<b>Tue 8:00PM</b>	<b>Enjoying the Journey (O,DISC,SPK,STEP,STEP,STEP)</b> B Water's Edge Church of God, 4141 Holland Road, <i>Billy B 757-681-4341</i>	Virginia Beach
<b>Tue 10:30PM</b>	<b>End of the Night (O,DISC,LIT)</b> T Old Donation Episcopal Church, No Smoking on Church Campus, 4449 N Witduck Rd, <i>Melinda J 757-401-3395</i>	Virginia Beach
<b>Wed NOON</b>	<b>Visible Changes (O,DISC)</b> T Emmanuel Episcopal Church, 5181 Singleton Way, <i>Perry C 757-752-2070 Rachel S 703-232-3544</i>	Virginia Beach
<b>Wed 5:30PM</b>	<b>Midweek Peak (O,DISC,WC &amp;)</b> B Thalia Lynn Baptist Church - Door 1, 4392 Virginia Beach Blvd, <i>Jon B 757-635-4318 Lori W 757-309-9631</i>	Virginia Beach
<b>Wed 6:00PM</b>	<b>The Group (O,STEP)</b> B All Saints Episcopal Church, 10th Step meeting in Pinder Hall, 1969 Woodside Ln, <i>Palmer R 757-537-9658</i>	Virginia Beach
<b>Wed 7:15PM</b>	<b>Straight Ahead (O,DISC,STEP)</b> T Christ Presbyterian Church, 709 Aragona Blvd, <i>Chris P 757-535-7227</i>	Virginia Beach
<b>Wed 8:00PM</b>	<b>Trusted Servants (O,DISC,WC &amp;)</b> B Red Church, 315 S Rosemont Rd, <i>Angel S 757-992-1838</i>	Virginia Beach
<b>Wed 9:00PM</b>	<b>Stepping into Recovery (O,DISC,WC &amp;,LIT)</b> T Old Donation Episcopal Church, 4449 N Witduck Road, <i>Mary P 757-739-1726</i>	Virginia Beach
<b>Wed 10:30PM</b>	<b>End of the Night (O,DISC)</b> T Old Donation Episcopal Church, No Smoking on Church Campus, 4449 N Witduck Rd, <i>Melinda J 757-401-3395</i>	Virginia Beach
<b>Thu 6:30PM</b>	<b>Be the WE (O,CAN,WC &amp;)</b> B Christ Presbyterian Church, 709 Aragona Blvd, <i>Colden 757-724-1239 Speaker mtg every 4th Thursday</i>	Virginia Beach
<b>Thu 6:30PM</b>	<b>Still ill (C,DISC)</b> B VB Psych Center, No access through main entrance. Use door to left of main entrance., 1100 First Colonial Rd, <i>for those struggling with mental illness in recovery</i>	Virginia Beach
<b>Thu 7:00PM</b>	<b>Shattering the Illusion (O,BT)</b> B St. Michaels Lutheran Church, 2208 Princess Anne Rd, <i>Kristine A 757-202-2702, Ty H 757-235-3175</i>	Virginia Beach
<b>Thu 8:00PM</b>	<b>Choose Life (O,DISC)</b> B St. Nicholas Greek Orthodox Church, 621 First Colonial Rd., <i>Ted L 757-717-2669 Kristen H 757-837-5132</i>	Virginia Beach
<b>Thu 10:30PM</b>	<b>End of the Night (O,DISC)</b> T Old Donation Episcopal Church, No Smoking on Church Campus, 4449 N Witduck Rd, <i>Melinda J 757-401-3395</i>	Virginia Beach
<b>Fri NOON</b>	<b>Write Now (O,JFT,SWG,ME,WR)</b> T Providence Presbyterian Church, 5497 Providence Rd, <i>Writing during meeting, Fred R 757-695-6500</i>	Virginia Beach
<b>Fri 7:30PM</b>	<b>HOW Group (C,DISC)</b> B Good Shepherd Lutheran Church, 1489 Laskin Road, <i>Scott P 304-218-1468 Ann V 757-270-1141</i>	Virginia Beach
<b>Fri 8:00PM</b>	<b>Kempsville Crossroads (O,DISC,WC &amp;)</b> B Providence Presbyterian Church, 5497 Providence Road, <i>Mark N 757-478-1839</i>	Virginia Beach

VIRGINIA BEACH (CONT)		
<b>Fri 8:00PM</b>	<b>Wave of Recovery (O,DISC)</b> B Bayside Presbyterian, 1400 Ewell Rd, <i>Pat C 757-619-1976 Ezra S 757-974-2261</i>	Virginia Beach
<b>Sat 10:00AM</b>	<b>Fresh Start (O)</b> B Christ Presbyterian Church, 709 Aragona Blvd, <i>Madison B 757-506-6986 Sherry R 757-406-9175</i>	Virginia Beach
<b>Sat 5:00PM</b>	<b>When at the End of the Road (O,DISC)</b> B St Francis Episcopal Church, 509 S Rosemont Road, <i>Rob C 757-334-7718</i>	Virginia Beach
<b>Sat 6:00PM</b>	<b>Saturday Night Men's Meeting (C,DISC)</b> B Good Shepherd Lutheran Church, 1489 Laskin Road, <i>Jamie T 757-803-7986</i>	Virginia Beach
<b>Sat 7:00PM</b>	<b>Saturday Night Live (O)</b> B St. Nicholas Fellowship Hall, 621 First Colonial Road, <i>Ted L 757-717-2669</i>	Virginia Beach
<b>Sat 8:00PM</b>	<b>Freedom of Choice (O,DISC,STEP)</b> T Church of the Ascension, 4853 Princess Anne Rd, <i>James P 757-619-2273</i>	Virginia Beach
WILLIAMSBURG		
<b>Sun 9:00PM</b>	<b>Cloud 9 (O,VM)</b> P	Williamsburg
<b>Mon 8:30PM</b>	<b>Who Is An Addict? (O)</b> P Triangle Stepping Stones, 3279 Lake Powell Rd, <i>Michele C 757-707-7750</i>	Williamsburg
<b>Mon 9:00PM</b>	<b>Cloud 9 (O,VM)</b> P	Williamsburg
<b>Tue 7:00PM</b>	<b>A Proven Program (O)</b> P Liberty Live Church, 8201 Croaker Road, <i>Dave H. 757-207-1154, Beth R. 804-332-4970</i>	Williamsburg
<b>Tue 9:00PM</b>	<b>Cloud 9 (O,VM)</b> P	Williamsburg
<b>Wed 7:00PM</b>	<b>Who Is An Addict? (O)</b> P Triangle Stepping Stones, 3279 Lake Powell Rd, <i>Michele C 757-707-7750</i>	Williamsburg
<b>Wed 9:00PM</b>	<b>Cloud 9 (O,VM)</b> P	Williamsburg
<b>Thu 9:00PM</b>	<b>Cloud 9 (O,VM)</b> P	Williamsburg
<b>Fri 7:00PM</b>	<b>12 +12 = Change (O,WC &amp;)</b> P Sentara Hospital, Meets In the Conference Center, 100 Sentara Cir, <i>Thayne F. 757-603-2131</i>	Williamsburg
<b>Fri 9:00PM</b>	<b>Cloud 9 (O,VM)</b> P	Williamsburg
<b>Sat 9:00PM</b>	<b>Cloud 9 (O,VM)</b> P	Williamsburg

Meeting Format Legend			
AB	Ask-It-Basket	BEG	Beginners
BT	Basic Text	C	Closed
CAN	Candlelight	CPT	12 Concepts
DISC	Discussion	F2F	Face 2 Face
HY	Hybrid Physical/Virtual	IP	IP Study
IW	It Works Study	JFT	Just for Today Study
LC	Living Clean Study	LIT	Literature Study
M	Men	ME	Meditation
NC	No Children	O	Open
PH	Phone Meeting	SPK	Speaker
STEP	Step	SWG	Step Working Guide Study
TC	Temporary Closed	TOP	Topic
TRAD	Tradition	TW	Traditions Workshop
VAR	Format Varies	VM	Virtual Web Meeting
W	Women	WC &	Wheelchair
WR	Writing Meeting		

<b>Beach Area Service</b> P.O. Box 1377 Virginia Beach, VA 23451	<a href="https://virginiabeachna.org">https://virginiabeachna.org</a>
<b>Peninsula Area Service</b> P.O. Box 16009, Newport News, VA 23608	<a href="https://peninsulaareana.org">https://peninsulaareana.org</a>
<b>Outerlimits Area Service</b> P.O. Box 1164, Franklin, Va. 23851	<a href="https://outerlimitsareana.org/">https://outerlimitsareana.org/</a>
<b>Tidewater Area Service</b> 1112 Norview Ave, Norfolk, VA	<a href="https://tidewaterareana.org">https://tidewaterareana.org</a>
<b>Central Atlantic Regional Service</b> P. O. Box 1959, Chesterfield, VA 23832	<a href="https://www.car-na.org">https://www.car-na.org</a>
<b>Narcotics Anonymous World Service</b>	<a href="https://www.na.org">https://www.na.org</a>

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