



# HAMPTON ROADS METRO



## MEETING LIST

Metropolitan Hampton Roads Meetings including: Carrollton, Chesapeake, Courtland, Franklin, Gloucester Courthouse, Gloucester, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, West Point, Williamsburg and Yorktown. With North Carolina meetings in Elizabeth City, Kill Devil Hills, Manteo, Nags Head and Winfall.

## DECEMBER 2018

### REGIONAL HELPLINE

# 800-777-1515

### TIDEWATER HELPLINE

# 866-972-5055

#### BEACH AREA SERVICE COMMITTEES

**Beach Area Service Committee**  
P.O. Box 1377 Virginia Beach, VA 23451 - <http://virginiabeachna.org>  
1st Saturday - 1:00 PM, 1200 Dam Neck Rd, Virginia Beach

**Hospitals and Institutions Subcommittee**  
1st Saturday - 11:00 AM, 1200 Dam Neck Rd, Virginia Beach

**Emergent Needs Subcommittee**  
1st Saturday - 12:00 PM, 1200 Dam Neck Rd, Virginia Beach

**Serenity on the Shore Subcommittee**  
1st Sunday - Subcommittees: 5:00PM, Main: 6:00PM, 1100 First Colonial Rd Virginia Beach

#### TIDEWATER AREA SERVICE COMMITTEES

**Tidewater Area Service Committee**  
1112 Norview Ave, Norfolk, VA - <http://tidewaterareana.org>  
2nd Sunday - 2:00 pm, 1112 Norview Ave, Norfolk

**Hospitals and Institutions Subcommittee**  
3rd Sunday - 12:30 pm, 1112 Norview Ave, Norfolk

**Literature, Policy, Public Relations, Phonline, Special Events Subcommittees**  
2nd Sunday - 12:30 pm, 1112 Norview Ave, Norfolk

#### PENINSULA AREA SERVICE COMMITTEES

**Peninsula Area Service Committee**  
P.O. Box 16009, Newport News, VA 23608 - <http://peninsulaareana.org>  
1st Saturday - 4:00 pm, 10 Matoaka Lane, Newport News

**Activities Subcommittee**  
1st Saturday - 2:00 pm, 10 Matoaka Lane, Newport News

**Literature**  
1st Saturday - 2:00 pm, 10 Matoaka Lane, Newport News

**Public Relations**  
1st Saturday - 2:30 pm, 10 Matoaka Lane, Newport News

**Area Inventory**  
Sunday following Area - 1:00 pm, 2244 Executive Drive, Hampton

**Hospitals & Institutions Subcommittee**  
Sunday following Area - 2:00 pm, 2244 Executive Drive, Hampton

#### OUTER LIMITS AREA SERVICE COMMITTEES

**Outer Limits Area Service Committee**  
P.O. Box 1164, Franklin, Va. 23851 - <http://outerlimitsareana.org/>  
TBD

**Hospitals and Institutions Subcommittee**  
TBD

**Activities Subcommittee**  
TBD

**Public Relations**  
TBD

<b>Central Atlantic Regional Service</b> P. O. Box 1959, Chesterfield, VA 23832	<a href="http://www.car-na.org">http://www.car-na.org</a>
<b>Narcotics Anonymous World Service</b>	<a href="http://www.na.org">http://www.na.org</a>

#### Phone Numbers

#### SATURDAY (CONT)

**NOON Women & Men In Recovery**, Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St (O) *Pamela H. 732-670-5887 Al W. 757-541-9218*

**5:00PM When at the End of the Road**, St. Francis Episcopal Church, 509 S Rosemont Road (O, DISC) *Romaine P 757-513-9004, Dana S 757-831-1701*

**5:30PM Back to Life**, First Lutheran Church, Corner of Colley and Baldwin, 1301 Colley Avenue (O, BT, DISC, SPK, TRAD) *Cornell W 757-729-4089*

**5:30PM Saturday Night Live**, First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St. (O, WC &)

**6:00PM Saturday Night Alternative**, First Presbyterian Church, 514 S. Armistead Avenue (O, WC & ) *Jimmy R. 757-335-0921 Hawk 757-289-7663*

**6:00PM Saturday Night Men's Meeting**, Virginia Beach Christian Church, 2225 Rose Hall Drive (C, DISC) *Robert D 757-343-3423*

**7:00PM Life & Hopedline**, Sentara Obici Hospital, 2800 Godwin Boulevard (O, DISC, STEP) *Marvin C 757-729-4089*

**7:00PM Saturday Night Live**, St. Nicholas Fellowship Hall, 621 First Colonial Road (O) *Ted L 757-717-2669*

**7:30PM A New Approach to Life**, North Hampton Presbyterian Church (behind the firehouse), 1217 Todds Lane (O) *Josh 757-284-9367*

**7:30PM Never Alone**, Hillton Christian Church, 100 James River Drive (O, WC & ) *Butch L. 757-320-3221*

**8:00PM Back to Basics**, Port Norfolk Baptist Church, 401 Broad Street (O, BT, DISC) *Ty H 757-235-3175*

**8:00PM Freedom of Choice**, Church of the Accension, 4853 Princess Anne Road (O, DISC, STEP) *James P 757-619-2273*

**8:00PM Surrender to Live**, Norview United Methodist Church, park behind church, 1112 Norview Avenue (O, BT, DISC, WC & ) *Fred R 757-695-6500 We split into 3 mtg rooms & alternate in 1.*

#### NORTH CAROLINA MEETINGS

**Sun Over & Beyond**, Saint Phillips Chapel, West side of Street, 201 S McMorrine St (O, LIT) *Michael S 757-359-8841*

**Mon More Will be Revealed**, Serenity House, 300 Pearl Street (O, DISC) *Michael S 757-359-8841*

**Mon Clean & Serene**, Riverside United Methodist Church, 1400 Edgewood Drive (O, BT)

**7:00PM Keeping it Simple**, Serenity House, 300 Pearl Street (O, DISC) *Tim C 252-548-8863*

**Mon Freedom to Live**, Liberty Christian Fellowship, 244 Williams Drive (C, DISC, WC & ) *Rana D 252-423-0755*

**7:30PM Over & Beyond**, Saint Phillips Chapel, 201 S McMorrine St (O, VAR) *Michael S 757-359-8841*

**Tue Stick & Stay**, Colington Methodist Church, 1949 Colington Rd (O, DISC, WC & ) *Clare D 252-944-6971*

**Wed Miracles in Progress**, Melton Grove Baptist Church, Winfall, NC, 163 Melton Grove Rd (O) *Lavern B 252-619-9988 Willie M 252-698-2240*

**Wed Miracles Happen**, St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O, DISC, STEP, TW) *Kim K 252-573-0822, Jim H 252-489-9895*

**Thu Over & Beyond**, Saint Phillips Chapel, 201 S McMorrine St (O, DISC) *Michael S 757-359-8841*

**Thu Surrender to Win**, Manteo Baptist Church, 406 US Highway 64 (O, DISC) *Keith B 252-573-9615, Jim 252-489-9895*

**Fri Keeping it Simple**, Serenity House, 300 Pearl Street (O, DISC) *Neal W 252-202-2754*

**Fri Miracles Happen**, St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O)

**Fri Serenity in the Sand**, Cape Hatteras Baptist Church, 50195 Buccaneer Drive (O, DISC)

**Sat Freedom to Live**, Liberty Christian Fellowship, 244 Williams Drive (O) *Kim K 252-753-0822*

#### FRIDAY

**6:45AM Jump Start the Day**, First Lutheran Church, King & Washington, 600 King Street (O) *Teresa D 757-724-3685*

**9:30AM Morning Meditation**, EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road (O, DISC, VAR, WC & ) *Mike M 757-305-2212, Rick K 757-753-0048*

**9:30AM Trust The Process**, St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC & ) *Qadeer 757-344-1284 Lilly 757-236-8921*

**NOON A Meeting at Lunch**, First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O) *Deborah 757-238-0330 Eugene 757-243-6845*

**NOON High Noon**, Recovery Baptist Church, 303 Blair Avenue (O, WC & ) *Teresa F. 757-269-1707 Mildred D. 757-236-9021*

**NOON The Continuing Quest**, First Lutheran Church, Corner Colley Ave & Baldwin Ave, 1301 Colley Avenue (O, DISC, SPK, SWG) *Dave E 757-663-2723*

**NOON Write Now**, Providence Presbyterian Church, 5497 Providence Rd (C, JFT, SWG, ME) *Writing during meeting, Fred R 757-695-6500*

**6:00PM How & Why**, Riverside Behavioral Health Center, 2244 Executive Drive (C, WC & ) *Tee J. 757-788-9475*

**6:00PM The Happy Hour**, Faith Community Church, 100 East 30th Street (C, O, JFT) *Lafayette R 757-696-7534, Jerome F 757-202-6163*

**6:00PM Wounded Healers**, Great Awakening United Church of Christ, 1520 High St (O)

**6:30PM Change We Must**, Living Faith Christian Center, 14901 Warwick Blvd (O, WC & ) *Danny A. 757-696-2318 Darlene A. 757-998-1177*

**7:00PM Agape**, St. Paul's United Methodist Church, @ Dunbarton, 437 Providence Rd (O, DISC, IP, STEP, TW) *1st-Step, 2nd-TW, 3rd-IP, 4th-Disc, 5th-Symbol, Julius K 757-470-7494*

**7:00PM Keep Coming Back**, Newport News Community Center, 605 South Avenue (O, WC & ) *Lorenzo 757-320-6224*

**7:00PM Life & Hopedline**, Sentara Obici Hospital, 2800 Godwin Boulevard (O, DISC, STEP) *Diane W 717-887-0279*

**7:00PM Thank God I'm Free (T.G.I.F.)**, Courtland United Methodist Church, 22416 Main Street (O) *Scott C 434-594-5819*

**7:30PM Better Days**, Church Of Saint Therese, across from Chesapeake Square Mall, Enter Front, Rooms 10-11, 4137 Portsmouth Blvd (O, CAN, DISC, AB) *1st-AB, Liz S 757-681-0711*

**7:30PM Closer To Home**, Riverside Walter Reed Hospital, 7515 Hospital Drive (O, DISC, WC & ) *Sam B. 804-296-8592*

**7:30PM Good Orderly Direction**, Warwick United Church of Christ, 10 Matoaka Lane (O, WC & ) *Jeff H. 757-630-3806*

**7:30PM Running On Faith**, Carrollton Church of God, 16144 Carrollton Boulevard (O) *Tim A. 757-434-7178 Ken H. 757-535-5151*

**8:00PM Kempsville Crossroads**, Providence Presbyterian Church, 5497 Providence Road (O, DISC, TRAD, WC & ) *Mark N 757-478-1839*

**8:00PM Miracle On 9th Bay**, East Ocean View Baptist Church, 9609 9th Bay Street (O, SPK, STEP) *Larry W 757-701-0446*

**8:00PM NOTHING TO FEAR**, Williamsburg Sentara Hospital, Williamsburg Rm., 100 Sentara Circle (O, IP, SPK, TOP, WC & , AB) *Ryan D. 804-240-9100*

**8:00PM Wave of Recovery**, Virginia Beach Christian Church, 2225 Rose Hall Drive (O, DISC) *Pat C 757-735-8934*

**8:30PM HOW Group**, Good Shepherd Lutheran Church, 1489 Laskin Road (C, DISC) *Lance G 757-692-7864, Neal G 757-328-6485*

**11:00PM The Road Less Traveled**, Old Donation Episcopal Church, 4449 N. Witchduck Road (O, DISC, WC & ) *Teresa D 757-724-3685*

#### SATURDAY

**9:00AM Fresh Start**, Foundry United Methodist Church, 2801 Virginia Beach Blvd. (O) *Madison B 757-506-6986 Pat C 757-735-8934*

**9:30AM Morning Meditation**, EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road (O, DISC, VAR, WC & ) *Mike M 757-305-2212, Rick K 757-753-0048*

**10:00AM Living Life On Life's Terms**, Wesley Foundation, 526 Jamestown Road (O, WC & ) *Thayne F. 757-603-2131 Brian G. 757-879-2344 Don S.804-413-4222*

**10:00AM No More Excuses**, Warwick United Church of Christ, 10 Matoaka Lane (O, WC & ) *Deborah R. 757-238-0330*

**11:00AM The Phoenix Group**, Maryview Hospital, 2nd floor Conf Room A, 3636 High Street (O, BT) *Sam D 757-353-2094*

**NOON Basic Math 12 & 12**, First Baptist Church, across from the Scope, 418 E Bute Street (O, SPK, STEP, TRAD) *Carlton D 757-515-3331*