

HAMPTON ROADS METRO



MEETING LIST

Metropolitan Hampton Roads Meetings including: Carrollton, Chesapeake, Courtland, Franklin, Gloucester Courthouse, Gloucester, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, West Point, Williamsburg and Yorktown. With North Carolina meetings in Elizabeth City, Kill Devil Hills, Manteo, Nags Head and Winfall.

DECEMBER 2018

REGIONAL HELPLINE

804-965-1871

TIDEWATER HELPLINE

866-972-5055

Beach Area Service P.O. Box 1377 Virginia Beach, VA 23451	http://virginiaabeachna.org
Peninsula Area Service P.O. Box 16009, Newport News, VA 23608	http://peninsulaareana.org
Outerlimits Area Service P.O. Box 1164, Franklin, Va. 23851	http://outerlimitsareana.org/
Tidewater Area Service 1112 Norview Ave, Norfolk, VA	http://tidewaterareana.org
Central Atlantic Regional Service P. O. Box 1959, Chesterfield, VA 23832	http://www.car-na.org
Narcotics Anonymous World Service	http://www.na.org

Meetings Weekly: 179

THURSDAY (CONT)		
7:30PM	Serenity Circle (O, DISC, WC &, ME) Haygood United Methodist Church, 4713 Haygood Road, Entrance at Northwest Corner Ann 757-270-1141 Trish 757-985-0948	Virginia Beach
8:00PM	Branching Out (O, BT, STEP) Aldersgate United Methodist Church, Western Branch, 4320 Bruce Rd, Joe B 757-397-6279	Chesapeake
8:00PM	Choose Life (O, BT, IP, SPK) VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, Candace J 7575856609 Dickie B 7574125029	Virginia Beach
8:00PM	Junks & Drunks (O, STEP) Ocean View Reformed Church, 1241 Hillside Ave, Amber O 856-340-0091 Mark B 757-581-0800	Norfolk
8:00PM	Living the Dream (BT) 7603 Hospital Drive, 7603 Hospital Drive, Dan G. 804-815-7699 Travis S. 804-694-6629	Gloucester
8:00PM	Raw Recovery (O, DISC) Judeo-Christian Outreach Center - Homeless Shelter, East of Birdneck Rd, 1053 Virginia Beach Blvd, April M 757-322-7038	Virginia Beach
8:00PM	Time To Surrender (O, WC &) North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane, Eddie H. 757-268-7903	Hampton
10:30PM	End of the Night (O, DISC) Old Donation Episcopal Church, 4449 N Witchduck Road, Ann V 757-270-1141	Virginia Beach

FRIDAY		
6:45AM	Jump Start the Day (O) First Lutheran Church, King & Washington, 600 King Street, Teresa D 757-724-3685	Portsmouth
9:30AM	Morning Meditation (O, DISC, VAR, WC &) EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road, Mike M 757-305-2212, Rick K 757-753-0048	Norfolk
9:30AM	Trust The Process (O, WC &) St. Augustine's Episcopal Church, 2515 Marshall Avenue, Qadeer 757-344-1284 Lilly 757-236-8921	Newport News
NOON	A Meeting at Lunch (O) First Presbyterian Church (rear door left side of church), 514 S. Armistead Avenue, Deborah 757-238-0330 Eugene 757-243-6845	Hampton
NOON	High Noon (O, WC &) Recovery Baptist Church, 303 Blair Avenue, Teresa F. 757-269-1707 Mildred D. 757-236-9021	Newport News
NOON	The Continuing Quest (O, DISC, SPK, SPK) First Lutheran Church, Corner Colley Ave & Baldwin Ave, 1301 Colley Avenue, Dave E 757-663-2723	Norfolk
NOON	Write Now (C, JFT, SWG, ME) Providence Presbyterian Church, 5497 Providence Rd, Writing during meeting, Fred R 757-695-6500	Virginia Beach
6:00PM	How & Why (C, WC &) Riverside Behavioral Health Center, 2244 Executive Drive, Tee J. 757-788-9475	Hampton
6:00PM	The Happy Hour (C, O, JFT) Faith Community Church, 100 East 30th Street, Lafayette R 757-696-7534, Jerome F 757-202-6163	Norfolk
6:00PM	Wounded Healers (O) Great Awakening United Church of Christ, 1520 High St	Portsmouth
6:30PM	Change We Must (O, WC &) Living Faith Christian Center, 14901 Warwick Blvd, Danny A. 757-696-2318 Darlene A. 757-998-1177	Newport News
7:00PM	Agape (O, DISC, IP, STEP, TW) St. Paul's United Methodist Church, @ Dunbarton, 437 Providence Rd, 1st-Step, 2nd-TW, 3rd-IP, 4th-Disc, 5th-Symbol, Julius K 757-470-7494	Chesapeake
7:00PM	Keep Coming Back (O, WC &) Newport News Community Center, 605 South Avenue, Lorenzo 757-320-6224	Newport News
7:00PM	Life & Hopedine (O, DISC, STEP) Sentara Obici Hospital, 2800 Godwin Boulevard, Diane W 717-887-0279	Suffolk
7:00PM	Thank God I'm Free (T.G.I.F.) (O) Courtland United Methodist Church, 22416 Main Street, Scott C 434-594-5819	Courtland
7:30PM	Better Days (O, CAN, DISC, AB) Church of Saint Therese, across from Chesapeake Square Mall, Enter Front, Rooms 10-11, 4137 Portsmouth Blvd, 1st-AB, Liz S 757-681-0711	Chesapeake
7:30PM	Closer To Home (O, DISC, WC &) Riverside Walter Reed Hospital, 7515 Hospital Drive, Sam B. 804-296-8592	Gloucester
7:30PM	Good Orderly Direction (O, WC &) Warwick United Church of Christ, 10 Matoaka Lane, Jeff H. 757-630-3806	Newport News
7:30PM	Running On Faith (O) Carrollton Church of God, 16144 Carrollton Boulevard, Tim A. 757-434-7178 Ken H. 757-535-5151	Carrollton
8:00PM	Kempsville Crossroads (O, DISC, TRAD, WC &) Providence Presbyterian Church, 5497 Providence Road, Mark N 757-478-1839	Virginia Beach
8:00PM	Miracle On 9th Bay (O, SPK, STEP) East Ocean View Baptist Church, 9609 9th Bay Street, Larry W 757-701-0446	Norfolk
8:00PM	NOTHING TO FEAR (O, IP, SPK, TOP, WC &, AB) Williamsburg Sentara Hospital, Williamsburg Rm., 100 Sentara Circle, Ryan D. 804-240-9100	Williamsburg
8:00PM	Wave of Recovery (O, DISC) Virginia Beach Christian Church, 2225 Rose Hall Drive, Pat C 757-735-8934	Virginia Beach
8:30PM	HOW Group (C, DISC) Good Shepherd Lutheran Church, 1489 Laskin Road, Lance G 757-692-7864, Neal G 757-328-6485	Virginia Beach
11:00PM	The Road Less Traveled (O, DISC, WC &) Old Donation Episcopal Church, 4449 N. Witchduck Road, Teresa D 757-274-3685	Virginia Beach

SATURDAY		
9:00AM	Fresh Start (O) Foundry United Methodist Church, 2801 Virginia Beach Blvd., Madison B 757-506-6986 Pat C 757-735-8934	Virginia Beach
9:30AM	Morning Meditation (O, DISC, VAR, WC &) EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road, Mike M 757-305-2212, Rick K 757-753-0048	Norfolk
10:00AM	Living Life On Life's Terms (O, WC &) Wesley Foundation, 526 Jamestown Road, Thayne F. 757-603-2131 Brian G. 757-879-2344 Don S. 804-413-4222	Williamsburg
10:00AM	No More Excuses (O, WC &) Warwick United Church of Christ, 10 Matoaka Lane, Deborah R. 757-238-0330	Newport News
11:00AM	The Phoenix Group (O, BT) Maryview Hospital, 2nd floor Conf Room A, 3636 High Street, Sam D 757-353-2094	Portsmouth

SATURDAY (CONT)		
NOON	Basic Math 12 & 12 (O, SPK, STEP, TRAD) First Baptist Church, across from the Scope, 418 E Bute Street, Carlton D 757-515-3331	Norfolk
NOON	Women & Men In Recovery (O) Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St, Pamela H. 732-670-5887 Al W. 757-541-9218	Newport News
5:00PM	When at the End of the Road (O, DISC) St. Francis Episcopal Church, 509 S Rosemont Road, Romaine P 757-513-9004, Dana S 757-831-1701	Virginia Beach
5:30PM	Back to Life (O, BT, DISC, SPK, TRAD) First Lutheran Church, Corner of Colley and Baldwin, 1301 Colley Avenue, Cornell W 757-729-4089	Norfolk
5:30PM	Saturday Night Live (O, WC &) St. First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St.	Newport News
6:00PM	Saturday Night Alternative (O, WC &) First Presbyterian Church, 514 S. Armistead Avenue, Jimmy R. 757-335-0921 Hawk 757-289-7663	Hampton
6:00PM	Saturday Night Men's Meeting (C, DISC) Virginia Beach Christian Church, 2225 Rose Hall Drive, Robert D 757-343-3423	Virginia Beach
7:00PM	Life & Hopedine (O, DISC, STEP) Sentara Obici Hospital, 2800 Godwin Boulevard, Marvin C 757-729-4089	Suffolk
7:00PM	Saturday Night Live (O) St. Nicholas Fellowship Hall, 621 First Colonial Road, Ted L 757-717-2669	Virginia Beach
7:30PM	A New Approach to Life (O) North Hampton Presbyterian Church (behind the firehouse), 1217 Todds Lane, Josh 757-284-9367	Hampton
7:30PM	Never Alone (O, WC &) Hillton Christian Church, 100 James River Drive, Butch L. 757-320-3221	Newport News
8:00PM	Back to Basics (O, BT, DISC) Port Norfolk Baptist Church, 401 Broad Street, Ty H 757-235-3175	Portsmouth
8:00PM	Freedom of Choice (O, DISC, STEP) Church of the Accension, 4853 Princess Anne Road, James P 757-619-2273	Virginia Beach
8:00PM	Surrender to Live (O, BT, DISC, WC &) Norview United Methodist Church, park behind church, 1112 Norview Avenue, Fred R 757-695-6500 We split into 3 mtg rooms & alternate in 1.	Norfolk

NORTH CAROLINA MEETINGS		
Sun 7:00PM	Over & Beyond (O, LIT) Saint Phillips Chapel, West side of Street, 201 S McMorrine St, Michael S 757-359-8841	Elizabeth City
Mon NOON	More Will be Revealed (O, DISC) Serenity House, 300 Pearl Street, Michael S 757-359-8841	Elizabeth City
Mon 7:00PM	Clean & Serene (O, BT) Riverside United Methodist Church, 1400 Edgewood Drive	Elizabeth City
Mon 7:00PM	Keeping it Simple (O, DISC) Serenity House, 300 Pearl Street, Tim C 252-548-8863	Elizabeth City
Mon 7:30PM	Freedom to Live (C, DISC, WC &) Liberty Christian Fellowship, 244 Williams Drive, Rana D 252-423-0755	Kill Devil Hills
Tue 7:00PM	Over & Beyond (O, VAR) Saint Phillips Chapel, 201 S McMorrine St, Michael S 757-359-8841	Elizabeth City
Tue 7:30PM	Stick & Stay (O, DISC, WC &) Colington Methodist Church, 1949 Colington Rd, Clare D 252-944-6971	Kill Devil Hills
Wed 6:00PM	Miracles in Progress (O) Melton Grove Baptist Church, Winfall, NC, 163 Melton Grove Rd, Lavern B 252-619-9988 Willie M 252-698-2240	Hertford, NC
Wed 7:30PM	Miracles Happen (O, DISC, STEP, TW) St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail, Kim K 252-573-0822, Jim H 252-489-9895	Nags Head
Thu 7:00PM	Over & Beyond (O, DISC) Saint Phillips Chapel, 201 S McMorrine St, Michael S 757-359-8841	Elizabeth City
Thu 7:30PM	Surrender to Win (O, DISC) Manteo Baptist Church, 406 US Highway 64, Keith B 252-573-9615, Jim 252-489-9895	Manteo
Fri 7:00PM	Keeping it Simple (O, DISC) Serenity House, 300 Pearl Street, Neal W 252-202-2754	Elizabeth City
Fri 7:30PM	Miracles Happen (O) St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail	Nags Head
Fri 7:30PM	Serenity in the Sand (O, DISC) Cape Hatteras Baptist Church, 50195 Buccaneer Drive	Frisco
Sat 7:30PM	Freedom to Live (O) Liberty Christian Fellowship, 244 Williams Drive, Kim K 252-753-0822	Kill Devil Hills

Meeting Format Legend			
AB	Ask-It-Basket	BL	Bi-Lingual
BT	Basic Text	C	Closed
CAN	Candlelight	DISC	Discussion
GL	LGBT	IP	IP Study
IW	It Works Study	JFT	Just for Today Study
LIT	Literature Study	M	Men
ME	Meditation	NC	No Children
O	Open	Pi	Pitch
SPK	Speaker	STEP	Step
SWG	Step Working Guide Study	TOP	Topic
TRAD	Tradition	TW	Traditions Workshop
VAR	Format Varies	W	Women
WC &	Wheelchair	WR	Writing Meeting