

Auburndale	
Mon 7:30PM	No Name Meeting , St. Alban's Episcopal Church, 202 Pontotoc St, Auburndale, FL, 33823 (C,CAN,D,WC,NS)
Bartow	
Thu 7:00PM	The Last Chance Group , Bartow Detox, Access to this facility is for persons 18 years of age and above only., 2725 State Road 60, Bartow, FL, 33830 (C,WC,NS,RA,NC)
Bowling Green	
Thu 7:00PM	Not Just One, But All , Men's Halfway House (All are welcome), 5207 Doyle Parker Ave, Bowling Green, FL, 33834 (O,D,WC)
Davenport	
Thu 7:00PM	Grateful Recovery Group , Gate Church, 508 U.S. Highway 17-92, Davenport, FL, 33837 (D)
Lake Alfred	
Wed 8:30PM	The Chosen Few , First United Methodist Church, Parish Hall, 130 S Pennsylvania Ave, Lake Alfred, FL, 33850 (O,D,WC,NS,SPK)
Lakeland	
Sun 5:30PM	Living Free , 2001 N Crystal Lake Dr, Lakeland, FL, 33801 (O,D,WC,NS,SPK) <i>1st Sun. - Lit, Smoke Free Campus</i>
Sun 8:00PM	Weekend Wind Down - Hybird , WhiteSands Alcohol & Drug Rehab, Outpatient Building, 5135 US Hwy 98 N, Lakeland, FL, 33809 (O,CW,D,WC,NS,NS,HY,SPK) <i>Hybrid.</i>
Mon NOON	Clean Break At Noon , 2929 Hardin Combee Rd, Lakeland, FL, 33801 (O,D,WC,LIT,NS,CS)
Mon 6:30PM	Never Alone , St. Stephens Episcopal Church, Classrooms, 1820 E County Road 540a, Lakeland, FL, 33813 (O,D,WC,LIT,NS,SPK)
Mon 8:00PM	The Dopeless Hope Spot , 3140 Troy Ave, Lakeland, FL, 33803 (O,WC)
Tue NOON	Clean Break At Noon , 2929 Hardin Combee Rd, Lakeland, FL, 33801 (C,D,WC,NS,CS)
Tue 6:00PM	Serenity in the Swamp , Wilson House, 510 Wildlife Trail, Lakeland, FL, 33809 (M,VAR,WC,NS)
Tue 6:30PM	Clean Break at Night (Serenity Seekers) , 2929 Hardin Combee Rd, Lakeland, FL, 33801 (C,D,WC,NS,CS)
Tue 8:00PM	Keep It Simple , First Presbyterian Church, Boy Scout Building/Classroom at the rear of the parking lot, 175 Lake Hollingsworth Dr, Lakeland, FL, 33801 (O,D,WC,NS,SPK)
Wed NOON	Clean Break At Noon , 2929 Hardin Combee Rd, Lakeland, FL, 33801 (C,D,WC,NS,CS)

Lakeland (cont)	
Wed 6:30PM	First Things First , WhiteSands Outpatient Facility, 5135 Us Hwy 98 N, Lakeland, FL, 33809 (C,D,STP,TRD,WC,NS)
Wed 6:30PM	Never Alone , St. Stephens Episcopal Church, Classrooms, 1820 E County Road 540a, Lakeland, FL, 33813 (O,D,WC,NS,SPK)
Wed 8:00PM	Top Of The Bottom , First Presbyterian Church, Boy Scout Building/Classroom at the rear of the parking lot, 175 Lake Hollingsworth Dr, Lakeland, FL, 33801 (O,D,WC,LIT,NS,SPK) <i>LIT 1rst Wed, SPK Last Wed</i>
Thu NOON	Clean Break At Noon , 2929 Hardin Combee Rd, Lakeland, FL, 33801 (C,D,WC,NS,CS)
Thu 6:30PM	Asking For Recovery , College Heights United Methodist Church, No Longer Meeting at Success House, 934 South Blvd, Lakeland, FL, 33803 (O,D,WC,NS,CS,ME) <i>1st Thursday of each month is a meditation meeting. Enter at wrought iron gate, through the seating area, around the courtyard to Room #7 (Rath Senior Center) Please do not walk on the grass.</i>
Thu 8:00PM	Grow or Go , Peak Worship Church, 315 Granada St., Lakeland, FL, 33805 (O,CAN,CW,D,WC,LIT,NS) <i>Rotating format: 1st & 3rd Thurs-Open Discussion, 2nd Thurs-Literature Discussion, 4th Thurs-God Shot, 5th Thurs-Candlelight</i>
Thu 8:00PM	We Do Recover , Grace Lutheran Church, 745 S Ingraham Ave, Lakeland, FL, 33801 (O,D,WC,NS,Ꝥ,SPK)
Fri NOON	Clean Break At Noon , 2929 Hardin Combee Rd, Lakeland, FL, 33801 (O,D,VAR,WC,NS,CS)
Fri 6:30PM	She DO Recover , 220 W Beacon Rd, Lakeland, FL, 33803 (O,D,W,WC,NS)
Fri 8:00PM	Friday Night Candlelight , Beacon Hill Fellowship, 220 W Beacon Rd., Lakeland, FL, 33803 (O,CAN,D,WC,NS)
Fri 8:00PM	The War Is Over , St. Stephens Episcopal Church, Classroom Building, 1820 E County Road 540a, Lakeland, FL, 33813 (O,D,WC,NS)
Fri 8:00PM	This Too Shall Pass , WhiteSands Outpatient Facility, 5135 US Hwy 98 N, Lakeland, FL, 33809 (C,D,WC,LIT,NS,HP)
Sat 9:00AM	Solutions , 1820 County Rd 540A, Lakeland, FL, 33813 (O,TOP)
Sat 2:00PM	Clean Break Saturday , 220 W Beacon Rd, Lakeland, FL, 33803 (O,D,VAR,WC,NS,CS)
Sat 8:00PM	Saturday Nite Live , Beacon Hill Fellowship, 220 W Beacon Rd., Lakeland, FL, 33803 (O,CW,D,WC,NS,CS)

Lake Placid	
Mon 7:15PM	Carry the Message , South Oak Baptist Church, 119 E. Royal Palm Street, Lake Placid, FL, 33852 (O,D,NS,SPK)
Fri 6:00PM	Friday Night Special , South Oak Baptist Church, 119 E. Royal Palm St., Lake Placid, FL, 33852 (O,D,NS,SPK)
Sat 6:00PM	High on Hope , Lake Placid Church of the Nazarene, 512 W. Interlake Blvd, Lake Placid, FL, 33852 (O,D,SPK)
Lake Wales	
Mon 8:00PM	Show Me Don't Tell Me , Good Shepherd Episcopal Church, Across the street from the church, 200 S. 4th Street, Apt #7, Lake Wales, FL, 33853 (O,LIT,SD,L,HY)
Wed 8:00PM	Show Me Don't Tell Me , Good Shepherd Episcopal Church, Across the street from the church, 200 S. 4th Street, Apt #7, Lake Wales, FL, 33853 (O,D,SD,HY)
Sat 8:00PM	Show Me Don't Tell Me , Good Shepherd Episcopal Church, Across the street from the church, 200 S. 4th Street, Apt #7, Lake Wales, FL, 33853 (O,D,SD,HY)
Lithia	
Fri 6:30PM	Recovery In The Sticks , 5300 Beulah Church Rd, Lithia, FL, 33547 (O,CW,D) <i>Childcare Provided</i>
NO DATA	
Wed 8:30PM	The Virtual Few , FL, 33850 (O,WC,NS,SD,L,VM)
Plant City	
Sun 5:00PM	Just For Today , Hull House, 203 N Thomas St, Plant City, FL, 33563 (O,D,RF)
Wed 6:30PM	Just For Today , Hull House, 203 N Thomas St, Plant City, FL, 33563 (O,D,RF)
Sebring	
Tue 7:00PM	Take It Easy , Last house on the block, 300 Medical Center Way, Sebring, FL, 33870 (O,D,LIT) <i>1st Tuesday lit study, other weeks candlelight open disc.</i>
Fri 8:00PM	Friday Night Fire , 300 Medical Center Way, Sebring, FL, 33870 (O,D,SMK,WC,SPK) <i>Seasonal Bonfire – Go through “Do Not Enter” sign on entering grove.</i>
Winter Haven	
Mon 9:00AM	Mission Possible , The Mission of Winter Haven, 180 E. Central Ave, Winter Haven, FL, 33880 (O,CW,D,NS,ENG,HY)

Winter Haven (cont)	
Tue 7:30PM	Face 2 Face Winter Haven , Fellowship Hall, 401 N. Lake Howard Dr, Winter Haven, FL, 33881 (O,WC)
Wed 9:00AM	Mission Possible , The Mission of Winter Haven, 180 E. Central Ave, Winter Haven, FL, 33880 (O,CW,D,NS,ENG,HY)
Thu 7:00PM	Just For Thursday , St. John's United Methodist Church, 1800 Cypress Gardens Blvd Winter Haven, FL, 33884 (C,D,STP,WC,NS,CS) <i>STP 1st Thurs</i>
Fri 7:00PM	Another Look In The Villa , Florence Villa Community, Most eastern room in the building., 111 Ave R NE, Winter Haven, FL, 33881 (C,D,WC,NS)
Sat 6:30PM	Ties That Bind Us , 111 Ave R NE, Winter Haven, FL, 33881 (O,D,WC,NS) <i>to the left upon entry</i>
Zephyrhills	
Sun 7:00PM	Recovery In The Hills , Seventh Day Adventist Church, Classroom 4, 7333 Dairy Road, Zephyrhills, FL, 33540 (O,D,WC,NS,SPK)
Mon 7:00PM	More Will Be Revealed , St. Elizabeth Episcopal Church, 5855 16th Street, Zephyrhills, FL, 33542 (O,D,WC,NS,SPK)
Tue 7:00PM	Shattering The Illusion , St. Elizabeth Episcopal Church, 5855 16th St., Zephyrhills, FL, 33542 (O,VAR) <i>Last Tues. of month speaker meeting</i>
Wed 7:00PM	Recovery In The Hills , Seventh Day Adventist Church, Classroom 4, 7333 Dairy Road, Zephyrhills, FL, 33540 (O,D,WC,LIT,NS,SPK)
Thu 7:00PM	Recovery In The Hills , Seventh Day Adventist Church, Classroom 4, 7333 Dairy Road, Zephyrhills, FL, 33540 (O,D,WC,NS,SPK)
Fri 7:00PM	More Will Be Revealed , St. Elizabeth Episcopal Church, 5855 16th Street, Zephyrhills, FL, 33542 (O,D,WC,NS,SPK)
Sat 7:00PM	Works If You Work It , Pool Duck, 38145 15th Ave, Zephyrhills, FL, 33542 (VAR,NS,HP)

Area Service Committee - 2nd Sunday of the month @ 1:30 pm - Bartow Civic Center - 2250 S Floral Ave Bartow 33830

Activities - 3rd Tuesday of the month @ 7:00 pm - Church in the Meadows - 2825 Winter Lake Road Lakeland 33813

HACNA - 1st Monday of the month @ 7:00 pm - Abiding Savior Lutheran Church - 1910 Havendale Blvd Winter Haven 33881

Helpline - 4th Monday of the month @ 6:30 pm - Grace Lutheran Church - 745 S Ingraham Ave Lakeland 33801

Hospitals & Institutions - 2nd Sunday of the month @ 12:15 pm - Bartow Civic Center - 2250 S Floral Ave Bartow 33830

Policy - 1st Monday of the month @ 5:30 pm - The Glass Onion - 120 W Main St Lakeland 33815

Public Relations - 4th Tuesday of the month @ 6:30 pm - Church in the Meadows - 2825 Winter Lake Road, Lakeland, FL 33813

[illegible]

God, grant me the serenity to accept the things I cannot change,
The courage to change the things I can,
And the wisdom to know the difference.



<https://naflheartland.org>

Florida Regional Service Office
2222 South Combee Road, Bay #6
Lakeland, FL 33801

1-866-NAFLRSO (866-623-5776)

Don't use no matter what
Ask your Higher Power to keep you clean today
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the phone
Keep coming back