

**Auburndale**

**Sun** 7:00PM **Stonewall Recovery**, Christ's Promise Church, 1145 US Highway 92 W, Auburndale, FL, 33823 (O,D,VAR,WC,LIT,LGBTQ+,SPK) *LGBTQ+, Literature Study, Speaker, Format Varies*

**Sun** 7:30PM **Get A Grip**, 202 Pontotoc St, Auburndale, FL, 33823 (O,CAN,WC,NS,SPK)

**Mon** 7:30PM **No Name Meeting**, St. Alban's Episcopal Church, 202 Pontotoc St, Auburndale, FL, 33823 (C,CAN,D,WC,NS)

**Davenport**

**Thu** 7:00PM **Grateful Recovery Group**, Gate Church, 508 U.S. Highway 17-92, Davenport, FL, 33837 (CD)

**Haines City**

**Sat** 6:30PM **Ties That Bind Us**, Parkview Christian Life Center, 3520 Baker Dairy Rd, Haines City, FL, 33844 (O,WC,NS,CD) *to the left upon entry*

**Lake Alfred**

**Wed** 8:30PM **The Chosen Few**, First United Methodist Church, Parish Hall, 130 S Pennsylvania Ave, Lake Alfred, FL, 33850 (O,D,WC,NS,SPK)

**Lakeland**

**Sun** 12:30PM **Sunday Morning Leftovers**, Presbyterian Church in the Highlands, 1010 Lake Miriam Dr., Lakeland, FL, 33813 (O,D,WC,NS,SPK)

**Sun** 5:30PM **Living Free**, 1211 New Jersey Rd, Lakeland, FL, 33801 (O,D,WC,NS,SPK) *1st Sun. - Lit*

**Sun** 8:00PM **Weekend Wind Down - Hybird**, Hope Community Church, Meets in church office, 5129 US HWY 98 N., Lakeland, FL, 33809 (O,CW,D,WC,NS,HY,SPK) *Hybrid.*

**Mon** NOON **Clean Break At Noon**, 2929 Hardin Combee Rd, Lakeland, FL, 33801 (O,D,WC,LIT,NS,CS)

**Mon** 6:30PM **Never Alone**, St. Stephens Episcopal Church, Classrooms, 1820 E County Road 540a, Lakeland, FL, 33813 (O,D,WC,LIT,NS,SPK)

**Mon** 8:00PM **The Dopeless Hope Stop**, 3140 Troy Ave, Lakeland, FL, 33803 (O,WC)

**Tue** NOON **Clean Break At Noon**, 2929 Hardin Combee Rd, Lakeland, FL, 33801 (C,D,WC,NS,CS)

**Tue** 6:30PM **Clean Break at Night (Serenity Seekers)**, 2929 Hardin Combee Rd, Lakeland, FL, 33801 (C,D,WC,NS,CS)

**Tue** 8:00PM **Keep It Simple**, First Presbyterian Church, Room C, 175 Lake Hollingsworth Dr, Lakeland, FL, 33801 (O,D,WC,NS,SPK)

**Lakeland (cont)**

**Tue** 8:00PM **The Man to Man Meeting**, Peak Worship Church, 315 Granada St, Lakeland, FL, 33805 (O,M,VAR,WC,NS,CD) *Varied Format*

**Wed** NOON **Clean Break At Noon**, 2929 Hardin Combee Rd, Lakeland, FL, 33801 (C,D,WC,NS,CS)

**Wed** 6:30PM **Never Alone**, St. Stephens Episcopal Church, Classrooms, 1820 E County Road 540a, Lakeland, FL, 33813 (O,D,WC,NS,SPK)

**Wed** 8:00PM **Top Of The Bottom**, First Presbyterian Church, Classroom At The Back End Of Parking Lot, 175 Lake Hollingsworth Dr, Lakeland, FL, 33801 (O,D,WC,LIT,NS,SPK) *LIT 1rst Wed, SPK Last Wed*

**Thu** NOON **Clean Break At Noon**, 2929 Hardin Combee Rd, Lakeland, FL, 33801 (C,D,WC,NS,CS)

**Thu** 6:30PM **Asking For Recovery**, College Heights United Methodist Church, Success House, 942 South Blvd, Lakeland, FL, 33803 (O,D,WC,NS,CS,ME) *1st Thursday of each month is a meditation meeting.*

**Thu** 8:00PM **Grow or Go**, Peak Worship Church, 315 Granada St., Lakeland, FL, 33805 (C,CW,D,WC,NS) *Chairperson's Choice last Thursday of the month*

**Thu** 8:00PM **We Do Recover**, Grace Lutheran Church, 745 S Ingraham Ave, Lakeland, FL, 33801 (O,D,WC,NS,ꜥ,SPK)

**Fri** NOON **Clean Break At Noon**, 2929 Hardin Combee Rd, Lakeland, FL, 33801 (O,D,WC,NS,CS,V) *Social Distancing and Face Masks required.*

**Fri** 7:00PM **Women in Recovery Rock**, Beacon Hill Fellowship, 220 W Beacon Rd, Lakeland, FL, 33803 (O,W,WC,NS)

**Fri** 8:00PM **The War Is Over**, St. Stephens Episcopal Church, Classroom Building, 1820 E County Road 540a, Lakeland, FL, 33813 (O,D,WC,NS)

**Fri** 9:00PM **Friday Night Candlelight**, Beacon Hill Fellowship, 220 W Beacon Rd., Lakeland, FL, 33803 (O,CAN,D,WC,NS)

**Sat** 9:00AM **Solutions**, 1820 County Rd 540A, Lakeland, FL, 33813 (O,To)

**Sat** NOON **Clean Break Saturday**, 220 W Beacon Rd, Lakeland, FL, 33803 (O,D,WC,NS,CS,V)

**Sat** 8:00PM **Saturday Nite Live**, Beacon Hill Fellowship, 220 W Beacon Rd., Lakeland, FL, 33803 (O,CW,D,WC,NS,CS)

**Sat** 9:30PM **Flicker Of Hope**, Grace Lutheran Church, 745 S Ingraham Ave, Lakeland, FL, 33801 (O,D,WC,ꜥ)

**Lake Placid**

**Fri** 6:00PM **Friday Night Special**, First Baptist Church of Lake Placid, 119 E. Palm St., Lake Placid, FL, 33852 (O,D,SPK)

**Sat** 6:00PM **High on Hope**, Lake Placid Church of the Nazarene, 512 W. Interlake Blvd, Lake Placid, FL, 33852 (O,D,SPK)

**Lake Wales**

**Sat** 8:00PM **Show Me Don't Tell Me**, Good Shepherd Episcopal Church, Across the street from the church, 200 S. 4th Street, Apt #7, Lake Wales, FL, 33853 (O,D,SD,HY)

**Mulberry**

**Tue** 6:30PM **At the End of the Road**, In the Fellowship Hall, 304 NW 8th St, Mulberry, FL, 33860 (O,WC)

**NO DATA**

**Sun** 7:00PM **NA Recovery Zoom Meeting - Virtual**, FL (O,VM)

**Mon** NOON **Downtown Recovery At Noon - Virtual**, FL, 33884 (C,D,CD,VM)

**Mon** 6:00PM **The Men's Meeting - Virtual**, 33884 (C,CD,VM)

**Mon** 7:00PM **Show Me Don't Tell Me**, FL, 33853 (O,LIT,SD,L,VM)

**Tue** NOON **Downtown Recovery At Noon - Virtual**, FL, 33884 (C,D,CD,VM)

**Tue** 7:00PM **NA Recovery Zoom meeting - Virtual**, FL (O,VM)

**Wed** 8:30PM **The Virtual Few**, FL, 33850 (O,WC,NS,SD,L,VM)

**Thu** NOON **Downtown Recovery At Noon - Virtual**, FL, 33884 (C,D,CD,VM)

**Fri** NOON **Downtown Recovery At Noon - Virtual**, FL, 33884 (C,D,CD,VM)

**Plant City**

**Sun** 5:00PM **Just For Today**, Hull House, 203 N Thomas St, Plant City, FL, 33563 (O,D,RF)

**Wed** 6:30PM **Just For Today**, Hull House, 203 N Thomas St, Plant City, FL, 33563 (O,D,RF)

**Sebring**

**Tue** 7:00PM **Take It Easy**, Last house on the block, 300 Medical Center Way, Sebring, FL, 33870 (O,D,LIT) *1st Tuesday lit study, other weeks candlelight open disc.*

**Fri** 8:00PM **Friday Night Fire**, 300 Medical Center Way, Sebring, FL, 33870 (O,D,SMK,WC,SPK) *Seasonal Bonfire - Go through "Do Not Enter" sign on entering grove.*

**Sebring (cont)**

**Sat** 6:00PM **New Beginnings**, 4348 Schumacher Rd, Sebring, FL, 33872 (O,BEG,SD,SPK)

**Winter Haven**

**Tue** 7:30PM **Face 2 Face Winter Haven**, Fellowship Hall, 401 N. Lake Howard Dr, Winter Haven, FL, 33881 (O,WC)

**Thu** 7:00PM **Just For Thursday**, St. John's United Methodist Church, 1800 Cypress Gardens Blvd Winter Haven, FL, 33884 (C,D,STP,WC,NS,CS,CD) *STP 1st Thurs*

**Fri** 7:00PM **Another Look In The Villa**, Florence Villa Community, Most eastern room in the building., 111 Ave R NE, Winter Haven, FL, 33881 (C,D,WC,NS,CD)

**Zephyrhills**

**Sun** 7:00PM **Recovery In The Hills**, Seventh Day Adventist Church, Classroom 4, 7333 Dairy Road, Zephyrhills, FL, 33540 (O,D,WC,NS,SPK)

**Mon** 7:00PM **More Will Be Revealed**, St. Elizabeth Episcopal Church, 5855 16th Street, Zephyrhills, FL, 33542 (O,D,WC,NS,SPK)

**Tue** 7:00PM **Shattering The Illusion**, St. Elizabeth Episcopal Church, 5855 16th St., Zephyrhills, FL, 33542 (O,VAR) *Last Tues. of month speaker meeting*

**Wed** 7:00PM **Recovery In The Hills**, Seventh Day Adventist Church, Classroom 4, 7333 Dairy Road, Zephyrhills, FL, 33540 (O,D,WC,LIT,NS,SPK)

**Thu** 7:00PM **Recovery In The Hills**, Seventh Day Adventist Church, Classroom 4, 7333 Dairy Road, Zephyrhills, FL, 33540 (O,D,WC,NS,SPK)

**Fri** 7:00PM **More Will Be Revealed**, St. Elizabeth Episcopal Church, 5855 16th Street, Zephyrhills, FL, 33542 (O,D,WC,NS,SPK)



# HEARTLAND AREA

## MEETING LIST

JUNE 2023

## 24 HOUR HELPLINE

**863-683-0630**

<https://naflheartland.org>

**Heartland Area Service Committee  
PO Box 2183  
Eaton Park, FL 33840**

**Florida Regional Service Office  
2222 South Combee Road, Bay #6  
Lakeland, FL 33801**

**1-866-NAFLRSO (866-623-5776)**

### SUGGESTIONS FOR THE NEWCOMER

- Don't use no matter what**
- Ask your Higher Power to keep you clean today**
- Come early and stay late**
- Get a home group**
- Go to 90 meetings in 90 days**
- Read NA literature daily**
- Get and use a sponsor**
- Use the phone**
- Keep coming back**

### Meeting Format Legend

|     |                      |        |                       |
|-----|----------------------|--------|-----------------------|
| BEG | Beginners            | C      | Closed to Non-Addicts |
| CAN | Candlelight          | CD     | Closed Discussion     |
| CS  | Children Supervised  | CW     | Children Welcome      |
| D   | Discussion           | HY     | Hybrid                |
| L   | Literature Study     | LGBTQ+ | LGBTQ+                |
| LIT | Literature Study     | M      | Men                   |
| ME  | Meditation           | NS     | No Smoking            |
| O   | Open                 | RF     | Rotating Format       |
| SD  | Speaker & Discussion | SMK    | Smoking Permitted     |
| SPK | Speaker Only         | STP    | Step                  |
| To  | Topic                | V      | Varies                |
| VAR | Format Varies        | VM     | Virtual Meeting       |
| W   | Women                | WC     | Wheelchair            |
| ⌘   | Outdoor Meeting      |        |                       |

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### Serenity Prayer

God, grant me the serenity to accept the things I cannot change,  
The courage to change the things I can,  
And the wisdom to know the difference.

|   |              |
|---|--------------|
| Bahamas                                   | 242-426-5245 |
| Bay Area/Pinellas (Pinellas County)       | 727-547-0444 |
| Boca Raton/Delray Beach                   | 561-393-0303 |
| Bradenton                                 | 941-957-7910 |
| Daytona Beach (Volusia County)            | 800-206-0731 |
| First Coast Area (Duval County)           | 904-723-5683 |
| Forest/Ocala (Marion City)                | 352-368-6061 |
| Gainesville (Uncoast Area)                | 352-376-8008 |
| Greater Orlando Area                      | 407-425-5157 |
| Jacksonville                              | 800-576-4357 |
| Heartland Area (Lakeland/Polk County)     | 863-683-0630 |
| Melbourne/Titusville                      | 321-631-4357 |
| Nature Coast                              | 352-508-1604 |
| New Port Richey/Zephyrhills               | 800-691-5551 |
| North-West Florida                        | 800-467-7314 |
| Palm Coast Area                           | 561-848-6262 |
| Recover Coast Area (Pasco County)         | 727-842-2433 |
| River Coast Area (Hernando County)        | 352-754-7200 |
| Suncoast Area (Sarasota)                  | 941-257-5055 |
| South Florida Region                      | 866-288-6262 |
| Space Coast Area (Brevard County)         | 321-631-4357 |
| St- Petersburg/Clearwater/Pinellas County | 727-547-0444 |
| Tallahassee/Big Bend                      | 850-224-2321 |
| Tampa (Hillsborough County)               | 813-879-4357 |
| Treasure Coast (St- Lucie County)         | 888-624-6822 |
| Unity Springs (West Volusia County)       | 888-385-3121 |

**Area Service Committee** - 2nd Sunday of the month @ 1:30 pm - Bartow Civic Center - 2250 S Floral Ave Bartow 33830

**Activities** - 3rd Tuesday of the month @ 7:00 pm - Church in the Meadows - 2825 Winter Lake Road Lakeland 33813

**HACNA** - 1st Monday of the month @ 7:00 pm - Abiding Savior Lutheran Church - 1910 Havendale Blvd Winter Haven 33881

**Helpline** - 4th Monday of the month @ 6:30 pm - Grace Lutheran Church - 745 S Ingraham Ave Lakeland 33801

**Hospitals & Institutions** - 2nd Sunday of the month @ 12:15 pm - Bartow Civic Center - 2250 S Floral Ave Bartow 33830

**Policy** - 1st Monday of the month @ 5:30 pm - The Glass Onion - 120 W Main St Lakeland 33815

**Public Relations** - 4th Tuesday of the month @ 6:30 pm - Church in the Meadows - 2825 Winter Lake Road, Lakeland, FL 33813