

**SUNDAY**

**10:00 AM - Simplicity is the Key** (O,D,TOP,WC,HP,VM)  
 Triangle Club  
 ([http://uncoastna.org/OnlineResources/SIK\\_Online\\_Format.pdf](http://uncoastna.org/OnlineResources/SIK_Online_Format.pdf))  
 1005 SE 4th Ave, Gainesville, FL

**6:45 PM - Last House on the Block** (O,D)  
 Office Complex  
 620 W Duval St, Lake City, FL

**7:00 PM - Ties that Bind** (C,WC,LIT)  
 Parkview Baptist Church  
 3403 NW 13th St, Gainesville, FL

**MONDAY**

**12:15 PM - Give Yourself a Break** (O,D,TOP)  
 First United Methodist Church (Across from park. Up steps near ramp.)  
 419 NE 2nd Street, Gainesville, FL

**6:30 PM - A New Level of Insight**  
 (O,WC,LIT,LC,BK)  
 Multipurpose Facility  
 1124 NE 3rd Ave, Gainesville, FL

**6:45 PM - Last House on the Block** (O,D)  
 Office Complex  
 620 W Duval St, Lake City, FL

**7:00 PM - Rainbow Recovery**  
 (O,WC,HP,RF,LGBTQ+)  
 Pride Community Center (2nd floor, above dialysis center)  
 3850 NW 83rd St, Suite 201, Gainesville, FL

**7:00 PM - We Do Recover** (O,BEG,D,STP,WC,SD)  
 Sid Martin Bridgehouse (COVID precautions (treatment center))  
 4400 SW 13th St, Gainesville, FL

**8:30 PM - No Name Group** (O,D,TOP,WC,HP)  
 Westminster Presbyterian Church  
 1521 NW 34th St, Gainesville, FL

**TUESDAY**

**12:15 PM - Give Yourself a Break** (O,BEG,WC)  
 First United Methodist Church (Across from park. Up steps near ramp.)  
 419 NE 2nd Street, Gainesville, FL

**5:45 PM - High Tea** (O,RR,AB)  
 Gethsemane Lutheran Church  
 4011 NW 34th St, Gainesville, FL

**6:00 PM - Steps to Recovery** (O,CW,D,LIT)  
 2805 Reid St, Palatka, FL

**TUESDAY (CONT)**

**6:30 PM - Serenity Seeking Sisters** (O,W,HP)  
 Westminster Presbyterian Church  
 1521 NW 34th St, Gainesville, FL

**8:00 PM - IP on Drugs** (O,D,IP,WC,LIT,SD,HP)  
 Westminster Presbyterian Church  
 1521 NW 34th St, Gainesville, FL

**WEDNESDAY**

**12:15 PM - Give Yourself a Break** (O,WC,IW)  
 First United Methodist Church (Across from park. Up steps near ramp.)  
 419 NE 2nd Street, Gainesville, FL

**6:30 PM - A New Level of Insight**  
 (O,SWG,LIT,IW,BK,VM)  
 Gainesville, FL

**6:45 PM - Last House on the Block** (O,D)  
 Office Complex  
 620 W Duval St, Lake City, FL

**7:00 PM - Back to Basics** (O,VAR)  
 Suwannee River Regional Library (Conference Room)  
 1848 Ohio Ave S, Live Oak, FL

**7:00 PM - Gainesville Clean**  
 (O,D,STP,TRD,WC,LIT,HP)  
 Westminster Presbyterian Church (East Building)  
 1521 NW 34th St, Gainesville, FL

**8:30 PM - A New Hope** (O,CAN,D,TOP,WC,HP)  
 First Presbyterian Church  
 106 SW 3rd St, Gainesville, FL

**THURSDAY**

**12:15 PM - Give Yourself a Break** (O,WC,S)  
 First United Methodist Church (Across from park. Up steps near ramp.)  
 419 NE 2nd Street, Gainesville, FL

**6:30 PM - Open Hearts Open Minds**  
 (O,D,WC,JFT,RR,HP)  
 Westminster Presbyterian Church  
 1521 NW 34th St, Gainesville, FL

**7:00 PM - Freedom of Choice** (O,D,WC)  
 Unitarian Universalist Fellowship (Commons Room)  
 4225 NW 34th St, Gainesville, FL

**7:00 PM - Lifesavers** (O,D,STP,TRD,WC,HP,SPK)  
 Triangle Club (tranquility Room)  
 1005 SE 4th Ave, Gainesville, FL

**THURSDAY (CONT)**

**7:30 PM - New Beginnings** (O,D,WC)  
 United Methodist Church  
 405 Henry Ave, Branford, FL

**8:00 PM - Room to Breathe**  
 (O,CAN,WC,JFT,HP,ME)  
 Westminster Presbyterian Church  
 1521 NW 34th St, Gainesville, FL

**FRIDAY**

**12:15 PM - Give Yourself a Break** (O,WC,RR)  
 First United Methodist Church (Across from park. Up steps near ramp.)  
 419 NE 2nd Street, Gainesville, FL

**6:30 PM - Spiritually High** (O,D,VAR,TOP,WC)  
 First United Methodist Church (Speaker on 3rd Friday)  
 17405 NW US Hwy 441, High Springs, FL

**6:45 PM - Last House on the Block** (O,D)  
 Office Complex  
 620 W Duval St, Lake City, FL

**7:00 PM - Back to Basics** (O,LIT)  
 (Conference Room)  
 101 White Ave SE, Live Oak, FL

**7:00 PM - Miracles** (O,D,TOP,WC,HP)  
 Triangle Club  
 1005 SE 4th Ave, Gainesville, FL

**7:00 PM - Steps to Recovery** (O,CAN,D)  
 2805 Reid St, Palatka, FL

**8:00 PM - No Name Group** (C,CAN,D,WC,RR,HP)  
 First Presbyterian Church  
 106 SW 3rd St, Gainesville, FL

**SATURDAY**

**10:00 AM - Meeting Makers Make It**  
 (O,D,WC,HP)  
 Westminster Presbyterian Church (East Building)  
 1521 NW 34th St, Gainesville, FL

**10:00 AM - Simplicity is the Key** (O,D,TOP,VM)  
 ([http://uncoastna.org/OnlineResources/SIK\\_Online\\_Format.pdf](http://uncoastna.org/OnlineResources/SIK_Online_Format.pdf))

**6:00 PM - Steps to Recovery** (O,D,LIT)  
 2805 Reed St, Palatka, FL

**7:30 PM - New Beginnings** (O,D,WC)  
 United Methodist Church  
 405 Henry Ave, Branford, FL

**SATURDAY (CONT)**

**8:00 PM - No Name Group** (O,WC,HP,HY,SPK)  
 Westminster Presbyterian Church  
 1521 NW 34th St, Gainesville, FL

**8:00 PM - No Name Group (Online Option)**  
 (O,VM,SPK)  
 Gainesville, FL

**Meeting Times and Locations subject to change. Call our Phone Line at (352) 376-8008 or (866) 352-5323 or visit <https://uncoastna.org> for the most current information.**

**Meetings are an hour unless otherwise specified.**

Uncoast Area	<a href="http://uncoastna.org">uncoastna.org</a>
Florida Region	<a href="http://naflorida.org">naflorida.org</a>
FL Regional Service Office	<a href="http://floridarso.org">floridarso.org</a>
NA World Service	<a href="http://na.org">na.org</a>
South Florida Region	<a href="http://sfrna.net">sfrna.net</a>

BEG	Beginners	S	Spiritual Principles
CAN	Candlelight	CW	Children Welcome
D	Discussion	IP	Informational Pamphlet
VAR	Format Varies	W	Women
SD	Speaker & Discussion	RR	Round Robin
HP	Handicap Parking	O	Open
C	Closed to Non-Addicts	WC	Wheelchair
STP	Step	TOP	Topic
TRD	Tradition	LIT	Literature Study
LC	Living Clean	IW	It Works -How and Why
RF	Rotating Format	BK	Book Study
ME	Meditation		LGBTQ+ LGBTQ+
AB	Ask-It-Basket	VM	Virtual Meeting
HY	Hybrid	SPK	Speaker Only
SWG	Step Working Guide Study	JFT	Just for Today Study

<b>Alabama NW Florida Region</b>	866.985.0008	<a href="http://alnwfl.org">alnwfl.org</a>
Pensacola, Ft. Walton Beach, Panama City		
<b>Bahamas</b>	242.426-5245	<a href="http://naflorida.org/bahamas">naflorida.org/bahamas</a>
<b>Bay Area</b>	727.547-0444	<a href="http://bascna.org">bascna.org</a>
Saint Petersburg, Clearwater, Pinellas County		
<b>Bermuda Area</b>	1-441-293-09	<a href="https://www.nabermuda.org">https://www.nabermuda.org</a>
	99	
<b>Big Bend Area</b>	877.340-5096	<a href="http://bigbendna.org">bigbendna.org</a>
Tallahassee	850.224-2321	
<b>Daytona Beach Area</b>	800.206.0731	<a href="http://daytonana.org">daytonana.org</a>
Ormond, Holly Hill, Port Orange, New Smyrna Bch, Edgewater, Flagler Bch, Palm Coast, Deland, Orange City, Deltona	386.628.0318	
<b>First Coast Area</b>	904.723-5683	<a href="http://firstcoastna.org">firstcoastna.org</a>
Jacksonville Jacksonville Beaches Fernandina Beach MacClenny Orange Park		
Middleburg Green Cove Springs Palatka		
<b>Florida Regional Service Office</b>	863.683-8224	<a href="http://floridarso.org">floridarso.org</a>
<b>Forest Area</b>	352.368-6061	<a href="http://forestna.org">forestna.org</a>
Ocala Belleview Dunnellon		
<b>Gold Coast Area</b>	888.524-1777	<a href="http://goldcoastna.org">goldcoastna.org</a>
Fort Myers Ft. Lauderdale Port Charlotte Cape Coral		
<b>Greater Orlando Area</b>	407.425-5157	<a href="http://orlandona.org">orlandona.org</a>
Longwood Sanford Casselberry Altamonte Kissimmee		
<b>Greater Pensacola Area</b>	850.496-1673	<a href="http://pensacolana.org">pensacolana.org</a>
	850.723-4813	

Pensacola Ft Walton Beach	
<b>Gulf Coast Area</b>	866.389-1344
Port Charlotte	<a href="http://naflheartland.org">naflheartland.org</a>
<b>Heartland Area</b>	863.683-0630
Lakeland Polk County Highlands County Hardee County	
<b>Midcoast Area</b>	561.393-0303
Delray Beach Boca Raton Boynton Beach Deerfield Beach	<a href="http://northdadearea.org">northdadearea.org</a>
<b>Nature Coast Area</b>	352-464-4135
<b>North Dade Area</b>	866-935-8811
<b>Palm Coast Area</b>	561.848-6262
West Palm Beach	<a href="http://palmcoastna.org">palmcoastna.org</a>
<b>Recovery Coast Area</b>	727.842-2433
New Port Richey	
<b>River Coast Area</b>	352.382-0851
Citrus County Hernando County	352.754-7200
<b>South Florida Region</b>	866.288-6262
<b>Southeast Zonal Forum</b>	<a href="http://sezf.org">sezf.org</a>
<b>Space Coast Area</b>	321.631-4357
Cocoa Cocoa Beach Indialantic Melbourne Merritt Island Palm Bay Port St John	<a href="http://spacecoastna.org">spacecoastna.org</a>
Rockledge Satellite Beach Sebastian Suntree Titusville	
<b>Suncoast Area</b>	941.257-5055
Sarasota Bradenton	<a href="http://suncoastna.org">suncoastna.org</a>
<b>Sunset Coast Area</b>	888.435-7301
239.249-1398	<a href="http://sunsetcoastna.com">sunsetcoastna.com</a>
239.591-2804	
888.435-7301	
<b>Tampa Funcoast Area</b>	813.879-4357
Hillsborough County Tampa Brandon Lutz Riverview Ruskin	<a href="http://tampa-na.org">tampa-na.org</a>
<b>Treasure Coast Area</b>	772.343-8373
Fort Pierce Port St Lucie Stuart Okeechobee Vero Bch	<a href="http://treasurecoastareana.com">treasurecoastareana.com</a>
<b>Uncoast Area</b>	352.376-8008
	866.352-5323

**PLEASE PICK UP THE PHONE BEFORE YOU PICK UP AND USE.**



# MEETING LIST

JANUARY 2026

## UNCOAST AREA OF NARCOTICS ANONYMOUS

P.O. BOX 12151, GAINESVILLE, FL 32604

<https://UNCOASTNA.ORG>

BRANFORD, CHIEFLAND, GAINESVILLE, LAKE CITY, LIVE OAK, OCALA

**PHONE LINE (24 hour)**  
(352) 376-8008

### SUBCOMMITTEE MEETINGS

**Area Service Committee:** 2:00 PM 2nd Sunday  
Westminster Presbyterian Church Annex Bldg.  
1521 NW 34th St, Gainesville, FL 32605

**Website:** 11:15 AM 4th Sunday  
Triangle Club 1005 SE 4th Ave, Gainesville, FL 32601  
website@uncoastna.org

**Literature:** 1:45 PM 2nd Sunday  
Westminster Presbyterian Church Annex Bldg.  
1521 NW 34th St, Gainesville, FL 32605  
literature@uncoastna.org

**Convention:** 1:00 PM 4th Sunday  
Triangle Club 1005 SE 4th Ave, Gainesville, FL 32601  
convention@uncoastna.org

**Activities:** 3:00 PM 4th Sunday  
Triangle Club 1005 SE 4th Ave, Gainesville, FL 32601  
activities@uncoastna.org

**Public Relations:** 4:00 PM 4th Sunday  
Triangle Club 1005 SE 4th Ave, Gainesville, FL 32601  
pr@uncoastna.org

**Hospitals & Institutions:** 5:00 PM 4th Sunday  
Triangle Club 1005 SE 4th Ave, Gainesville, FL 32601  
hi@uncoastna.org

**Website QR**



Please Note: NA and the Uncoast Area are not affiliated with any meeting place listed above. Subcommittee dates and times are subject to change, so check the website for more information.

...THAT NO ADDICT SEEKING RECOVERY NEED EVER DIE FROM THE HORRORS OF ADDICTION

**My Gratitude speaks when I care and when I share with others the NA Way.**