

Clare

Sun 20:30	Shannon NA Meeting, text, Rineanna View
Mon 20:30	Clare NA, text, Ennis Road
Mon 20:30	Ennis NA Meeting, text, The room is behind the church, Bindon Street (St)
Tue 20:00	Kilshanny/Ennistymon JFT Meeting, text, Carroweragh (JT)
Wed 11:00	Ennis, text, Rear Entrance, Bindon street (C,JT)
Wed 20:30	Shannon NA Meeting, text, Rineanna View
Thu 20:30	Clare NA, text, Ennis Road
Thu 20:30	Ennis Speaker, text, Rear Entrance, Bindon Street (SD)
Fri 19:00	Ennis Online Meeting, text, Meeting moved online until further notice, (VM)
Sat 18:00	Kilshanny/Ennistymon JFT Meeting, text, Carroweragh (JT)
Sat 20:00	Clare NA, text, Ennis Road

Cork

Sun 10:30	Carrigaline Meditation Meeting, text, 10 Cork Road
Sun 12:00	Churchfield Group, text, 107 - 109 Knockfree Avenue (JT)
Sun 12:00	The Glen Group, text, OPEN AS NORMAL OVER CHRISTMAS, Glen Avenue (C)
Sun 15:00	NA Southern Area Service Committee, text, 11-12 Marlboro St (C,HY)
Sun 15:00	NA Southern Area Service Committee, text, 11-12 Marlboro St (C,VM)
Sun 20:00	We Do Recover, text, Wheelchair Accessible, Sawmill Street (To)
Mon 20:00	Midleton NA, text, Coolbawn, Bailick Road (C)
Mon 20:00	Strength and Hope, text, Summerhill South
Tue 19:30	Cobh, text, Orilia Terrace (C)
Tue 19:30	Mallow Meeting, text, New Road
Tue 20:00	Newcomer's Meeting, text, Wheelchair Accessible, Sawmill Street
Wed 10:30	Carrigaline Meditation Meeting, text, 10 Cork Road
Wed 19:00	Churchfield Group, text, 107 - 109 Knockfree Avenue
Wed 20:00	Carrigaline new beginnings, text, Church Rd, carrigaline middle (St)
Wed 20:00	Midleton, text, Bailick Road (C)
Wed 20:00	On Life's Terms group - Kinsale, text, Kinsale Youth Community Centre - Blue building, yellow door, Market Lane (C)
Wed 20:00	Strength and Hope, text, Summerhill South

Cork (cont)

Thu 18:30	Thursday Evening in The Glen, text, on the 207a bus route from city centre, Glen Avenue, The Glen (B)
Thu 19:30	Mallow Meeting, text, Near the swimming pool, New Road, (O)
Fri 18:15	Carrigaline Group, text, Upstairs, Church Road
Fri 19:00	Churchfield Group, text, 107 - 109 Knockfree Avenue (St)
Fri 20:00	Skibereen NA Meeting, text, 49 North Street (CL,ME)
Fri 20:00	We Do Recover, text, Wheelchair Accessible, Sawmill Street
Sat 13:00	Midleton NA, text, Bailick Road (C,Lit)
Sat 15:00	Popes Quay NA Meeting, text, Popes Quay
Sat 19:00	Churchfield Group, text, 107 - 109 Knockfree Avenue
Sat 19:30	Mallow NA Meeting, text, Meals on Wheels, New Road

Kerry

Sun 11:00	Tralee NA Meeting, text, Lower Castle Street
Sun 19:00	Castleisland NA Group, text, Presentation Convent
Sun 20:00	Killarney NA Meeting, text, Rock Road (St)
Mon 20:00	Tralee NA Meeting, text, Lower Castle Street (St)
Tue 19:00	Castleisland NA Group, text, Presentation Convent
Tue 19:30	Dingle Online and Physically Open, text, Contact Tor 0872220853 or Sean 0851797602 dinglemeeting @gmail.com, off Green St (C,HY)
Tue 20:00	Killarney NA Meeting, text, Rock Road (St)
Tue 20:15	Listowel NA, text, John B Keane Road (C)
Wed 20:00	Tralee NA Meeting, text, Lower Castle Street
Thu 20:00	Killarney NA Meeting, text, Rock Road (St)
Thu 20:00	Tralee NA Meeting, text, Lower Castle Street
Fri 19:00	Castleisland NA Group, text, Church St (SPAD)
Fri 20:30	Dingle Online and Physically Open, text, Contact Tor 0872220853 or Bob D +353 (85) 767 9947 or dinglemeeting@gmail.com, off Green Street (C,HY)
Sat 20:00	Tralee NA Meeting, text, Lower Castle Street

Limerick

Sun 11:00	Recovering With Love, text, Lord Edward Street (C)
Sun 18:00	Recovering With Love Group, text, Fairview Court
Sun 20:00	Newcastle West NA Meeting, text, Castle Demense
Mon 19:30	Recovering With Love Group, text, Fairview Court, Lord Edward Street
Mon 20:00	Abbeyfeale NA Meeting, text, Convent Street (C)

Limerick (cont)

Tue 10:30	Limerick JFT Meeting, text, Experience Strength and Hope, Father Russell Square, 291 Hyde Road (M)
Tue 19:00	Recovering With Love Group, text, Childers Road
Tue 20:30	Limerick NA Mens Meeting, text, Experience Strength and Hope, Father Russell Square, 291 Hyde Road (M)
Wed 19:30	Recovering With Love Group, text, Fairview Court, Lord Edward Street
Thu 20:30	Limerick NA Meeting, text, Father Russell Square, 291 Hyde Road
Fri 10:30	Limerick NA Meeting, text, Father Russell Square, 291 Hyde Road
Fri 20:30	Limerick NA Meeting, text, Father Russell Square, 291 Hyde Road
Sat 18:00	Limerick NA Meeting, text, Father Russell Square, 291 Hyde Road

NO DATA

Sun 13:00	Dingle Online NA Meeting, text, Contact info: Tor 0872220853 or Sean F 0851797602 dinglemeeting@gmail.com, (C,BT,JT,St,To,VM,LC,SG)
Mon 18:30	Churchfield Group-Experience Strength and Hope, text, (VM)
Tue 19:30	Dingle Online and Physically Open, text, Contact Tor 0872220853 or Sean 0851797602 dinglemeeting@gmail.com, off Green St (VM)
Fri 20:30	Dingle Online and Physically Open, text, Contact Tor 0872220853 or Bob D 0857679947 dinglemeeting@gmail.com, off Green Street (VM)
Sat 13:00	Just For Today, text, (VM)

Tipperary

Sun 20:00	St Marys Parish Hall, Clonmel, text, Opposite Church, 51 Marys Hall
Sun 20:00	Thurles Group, text, Stradavoher (C)
Mon 20:00	Carrick on Suir N.A., text, Opposite park, Greenside (C)
Mon 20:00	Nenagh NA Meeting, text, Friar Street
Tue 20:30	St Marys Parish Hall, Clonmel, text, Opposite Church, 51 Marys Hall
Wed 20:00	Tipperary Town NA Meeting, text, Entrance in the back, St. Michael Street
Wed 20:30	Cahir NA, text, (C,BT,VM)
Wed 20:30	Fethard, text, Near Centra, Barrack Street (C)

Tipperary (cont)

Fri 20:30	Roscrea N.A (R.N.A), text, Parish office under the belfry, Abbey Street (CL)
Fri 20:30	St Marys Parish Hall, Clonmel, text, Opposite Church, 51 Marys Hall
Sat 10:30	Fethard, text, Near Centra, Barrack St (C)
Sat 18:00	Carrick on Suir N.A., text, North Quay (JT,LC)
Waterford	
Sun 20:00	Experience, Strength and Hope, text, Parnell Street
Mon 18:00	NA Waterford, text, Parnell Street
Tue 20:00	Waterford Step Meeting, text, Parnell Street
Wed 19:00	Waterford Topic Meeting, text, Parnell St (To)
Thu 19:00	Just For Today Meeting, text, 1b Poleberry Link Road (JT)
Fri 20:00	Experience Strength and Hope, text, Parnell Street
Sat 13:00	Experience Strength Hope Meeting, text, Parnell Street
Sat 19:00	Waterford Clean and Serene, text, Six Cross Roads, Carriag an Aird

B	Beginners	BT	Basic Text
C	Closed	CL	Candlelight
JT	Just for Today	M	Men
O	Open	St	Step
To	Topic	ME	Meditation
Lit	Literature	VM	VirtualMeeting
HY	Hybrid	SD	Speaker/Discussion
LC	Living Clean	SPAD	A Spiritual Principle a Day
SG	Step Working Guide		

*Please notify meeting changes to
webmaster@nasouth.ie or 087 1386120*

What is the NA Program?

NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organisations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion. We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help.

The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Contact Numbers:

Name: _____
 No: _____

Name: _____
 No: _____

Name: _____
 No: _____

Name: _____
 No: _____

LIVE CLEAN

PHONELINE 087 1386120
Nightly 6 p.m. to 9 p.m.

SUGGESTIONS

Pick up the phone FIRST.
 Don't use - Go to meetings.
 Find and use a sponsor.
 Avoid the people, places and things you used, stick with the winners.
 Read a piece of N.A. literature every day.
 Make a meeting a day for the first 90 days.
 Come to a meeting early and help set up.

NARCOTICS ANONYMOUS MEETING LIST

**SOUTHERN AREA OF
IRELAND**

JANUARY 2026

<http://www.nasouth.ie>
<http://www.na-ireland.org>
<http://www.na.org>



**MY GRATITUDE SPEAKS
WHEN I CARE AND WHEN I
SHARE WITH OTHERS THE
NA WAY**