

Galway	
<b>Sun 19:00</b>	Meditation/Step 11 meeting, Galilee House, Meditation/Step 11 meeting Monksfield <b>(St,ME)</b>
<b>Mon 20:00</b>	NA Meeting, Harmony Hall, Church View <b>(St)</b>
<b>Mon 20:15</b>	NA Meeting, Schull Enterprise Centre, Castlepark Road
<b>Tue 19:00</b>	NA Meeting, Scull Enterprise Centre, Castlepark Road
<b>Wed 19:30</b>	Gort online meeting, Gort, password 007 <b>(VM)</b>
<b>Wed 19:30</b>	NA Meeting, St Josephs Church, Presentation Rd
<b>Thu 20:00</b>	Augustine St., Galway, 4 Augustine Street
<b>Fri 19:00</b>	Augustine St., Galway, 4 Augustine Street
<b>Fri 20:00</b>	NA Meeting, Harmony Hall, Church View <b>(St)</b>
<b>Sat 14:00</b>	NA Meeting, Knocknacarra Church, Monalee Heights

Leitrim	
<b>Tue 20:00</b>	(temporarily cancelled - coronavirus), Breffni Family Resource Centre, Breffni Crescent <b>(C19)</b>

Mayo	
<b>Mon 20:00</b>	NA Meeting, Parish Center, Room 2 Upper Chapel Street
<b>Tue 20:00</b>	NA Meeting, Tacu Family Resource Centre, Main Street <b>(C,St,Lit,WC)</b>
<b>Wed 20:00</b>	NA Meeting, Community Centre, Temporarily in a bigger room for social distancing Teeling St.
<b>Fri 20:00</b>	(Temporarily cancelled due to coronavirus), Westport Family and Community Resource Centre, The Fairgreen <b>(C,WC,C19)</b>
<b>Sat 20:30</b>	NA Meeting, Hope House Aftercare Buildings, Lower Main Street

Roscommon			
<b>Sun 19:00</b>	(temporarily cancelled due to coronavirus), St. Colmans Club <b>(C19)</b>		
Sligo			
<b>Sun 10:00</b>	Sligo Online Meeting, <b>(VM)</b>		
<b>Sun 18:00</b>	Ez Sunday Group, St. Micheal's Family Life Centre, Hospitality Room next to the kitchen Church Hill		
<b>Mon 20:30</b>	NA Meeting, St. Micheal's Family Life Centre, Sunshine Room Church Hill		
<b>Tue 20:00</b>	NA Meeting, St Michaels Family Life Centre, Sunshine Room Church Hill		
<b>Wed 20:00</b>	Alive and Free, St. Micheal's Family Life Centre, Hospitality Room next to the kitchen Church Hill		
<b>Fri 19:30</b>	NA Meeting, St. Micheal's Family Life Centre, Tranquility Room Church Hill		
Key Guide to Meetings			
C	Closed	C19	TemporarilyClosedDueToCoronavirus
Lit	Literature	ME	Meditation
St	Step	VM	VirtualMeeting
WC	Wheelchair Accessible		

Please notify meeting changes to  
**webmaster@nasouth.ie or 087 1386120**

## What is the NA Program?

NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organisations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion. We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help.

The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

## Contact Numbers:

Name: \_\_\_\_\_

No: \_\_\_\_\_

Name: \_\_\_\_\_

No: \_\_\_\_\_

Name: \_\_\_\_\_

No: \_\_\_\_\_

Name: \_\_\_\_\_

No: \_\_\_\_\_

# LIVE CLEAN

PHONELINE 087 1386120

Nightly 6 p.m. to 9 p.m.

## SUGGESTIONS

Pick up the phone FIRST.

Don't use - Go to meetings.

Find and use a sponsor.

Avoid the people, places and things you used, stick with the winners.

Read a piece of N.A. literature every day.

Make a meeting a day for the first 90 days.

Come to a meeting early and help set up.

# NARCOTICS ANONYMOUS MEETING LIST

## WESTERN AREA OF IRELAND

### AUGUST 2022

<https://www.na-ireland.org>

<https://www.na.org>



**MY GRATITUDE SPEAKS  
WHEN I CARE AND WHEN I  
SHARE WITH OTHERS THE  
NA WAY**