

**Galway**

<b>Sun 11:00</b>	NA Meeting, SCCUL Enterprise Centre, Upstairs in Castlepark Room (until further notice) Castlepark Road
<b>Sun 19:00</b>	Meditation/Step 11 meeting, Galilee House, Meditation/Step 11 meeting Monksfield <b>(St,ME)</b>
<b>Mon 20:00</b>	NA Meeting, SCCUL Enterprise Centre, Upstairs in Castlepark Room (until further notice) Castlepark Road
<b>Tue 19:00</b>	NA Meeting, SCCUL Enterprise Centre, Meeting in the Castlepark Room Castlepark Road
<b>Wed 18:30</b>	NA Meeting, SCCUL Enterprise Centre, Meeting in the Castlepark Room Castlepark Road
<b>Wed 19:30</b>	Gort meeting, Gort Resource Center, password 007 Church Street <b>(HY)</b>
<b>Thu 19:30</b>	Augustine St., Galway, 4 Augustine Street
<b>Fri 19:00</b>	Augustine St., Galway, 4 Augustine Street
<b>Fri 20:00</b>	NA Cuan Mhuire, Athenry, Cuan Mhuire, Coolarne, Turloughmore
<b>Fri 20:00</b>	NA Meeting, Harmony Hall, Meeting on ground floor at side of building. Enter from car park Church View <b>(St)</b>
<b>Sat 11:00</b>	NA Recovery Group, Loughrea Family Resource Centre, Use the side entrance through the blue gate. Pigotts Street <b>(C)</b>
<b>Sat 14:00</b>	NA Meeting, Knocknacarra Church, Monalee Heights
<b>Sat 19:00</b>	NA Meeting, SCCUL Enterprise Centre, Upstairs in Castlepark Room (until further notice) Castlepark Road

**Leitrim**

<b>Tue 19:00</b>	Carrick on Shannon, Breffni Family Resource Centre, Breffni Crescent <b>(C)</b>
----------------------	---

**Mayo**

<b>Mon 20:00</b>	JFT Meeting Castlebar, Parish Centre, Upper Chapel Street, Garryduff
----------------------	--

**Mayo (cont)**

<b>Tue 20:15</b>	NA Meeting, Tacu Family Resource Centre, Main Street <b>(C,St,Lit,WC)</b>
<b>Wed 20:00</b>	NA Meeting, Community Centre, Teeling St.
<b>Fri 20:00</b>	NA Belmullet, Wheelchair Centre, 1 College Park
<b>Fri 20:30</b>	Westport Meeting, Mill Street
<b>Sat 20:30</b>	NA Meeting, Hope House Aftercare Buildings, Lower Main Street

**NO DATA**

<b>Wed 13:00</b>	Sligo Womens Hybrid Meeting, Yeats Society Sligo (in the Cafe), Meeting ID 84039397843 Password 399796 <b>(VM)</b>
----------------------	--

**Roscommon**

<b>Tue 20:00</b>	NA Meeting, St Coman's Club, Second floor, last room on left by the front window. Abbey Street
----------------------	--

**Sligo**

<b>Mon 19:30</b>	Steps and Traditions Meeting, Abbeyquarter Community Centre, Open on Bank Holidays Devins Drive, Cranmore
<b>Wed 13:00</b>	Sligo Womens Hybrid Meeting, **Meeting online only on May 6th & 13th due to room availability** Yeats Society Sligo (in the Cafe), Meeting ID 84039397843 Password 399796 Hyde Bridge, Lower O' Connell Street <b>(HY)</b>
<b>Wed 19:30</b>	Alive and Free, 11 Devins Dr.
<b>Thu 19:00</b>	The Alternative Group, 11 Devins Dr.
<b>Fri 19:30</b>	NA Sligo, Sligo Family Resource Center, 49 The Mall
<b>Sat 18:00</b>	NA Meeting, Sligo Presbyterian Church - On right side of building is another gate. Go to door on left. Meeting upstairs, Church Street

C	Closed	St	Step
ME	Meditation	Lit	Literature
WC	Wheelchair Accessible	VM	VirtualMeeting
HY	Hybrid		

Please notify meeting changes to

## What is the NA Program?

NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organisations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion. We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help.

The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

## Contact Numbers:

Name: \_\_\_\_\_

No: \_\_\_\_\_

Name: \_\_\_\_\_

No: \_\_\_\_\_

Name: \_\_\_\_\_

No: \_\_\_\_\_

Name: \_\_\_\_\_

No: \_\_\_\_\_

# LIVE CLEAN

PHONELINE 087 1386120

Nightly 6 p.m. to 9 p.m.

## SUGGESTIONS

Pick up the phone FIRST.

Don't use - Go to meetings.

Find and use a sponsor.

Avoid the people, places and things you used, stick with the winners.

Read a piece of N.A. literature every day.

Make a meeting a day for the first 90 days.

Come to a meeting early and help set up.

# NARCOTICS ANONYMOUS MEETING LIST

## WESTERN AREA OF IRELAND

**MAY 2026**

<https://www.na-ireland.org>

<https://www.na.org>



**MY GRATITUDE SPEAKS  
WHEN I CARE AND WHEN I  
SHARE WITH OTHERS THE  
NA WAY**