SUNDAY

7:00AM **Mugs Not Drugs** (VM)

9:00AM **Experience, Strength & Hope**, Northwestern Alano, 170 Maria Avenue, St. Paul, MN, 55106 (O)

10:30AM **Sunday Morning NA**, 3400 East Lake Street, Minneapolis, MN, 55406 (O,RF,St,Tr) *Ed W 612-366-0066*

11:00AM **LGBTQ&A NA**, Minneapolis, MN, 55408 (O, LGBTQ,RF,VM,TC)

1:00PM **Weekend Women Warriors**, SpringHouse Ministry Center, 610 West 28th Street, Minneapolis, MN, 55408 (C,JT,W)

1:30PM **Fellowship NA**, Fellowship Club/Hazelden, 680 Stewart Avenue, St. Paul, MN, 55102 (O,B,BT,HY) *JJ 507-382-2584*

5:30PM **Hope NA**, 2400 Club, Entrance Located in Back of Building, 2400 Blaisdell Avenue, Minneapolis, MN, 55404 (BT,RF,SD,Ti,BK)

6:00PM **Woodbury Freebirds**, Woodbury Lutheran Church, Queen Drive Entrance, Basement, 7380 Afton Road, Woodbury, MN, 55125 (O,RF,WC,HY) *Garrett L 763-360-8151*

6:00PM **Sunday Night Anoka**, Anoka Today Alano, 2700 North Ferry Street, Anoka, MN, 55303 (O,RF,To) *Will B 612-281-5679*

6:00PM **On Life's Terms**, Minneapolis, MN, 55404 (C,LD,VM)

6:00PM **Serenity Sunday**, Gloria Dei Church, 3014 McKinley Street, Minneapolis, MN, 55418 (O,RF,WC) *Holly O. 763-300-6967*

6:00PM **Funday**, Shepherd Of The Hill Presbyterian Church, 145 Engler Blvd, Chaska, MN, 55318 (O,RF,WC)

6:30PM **More Will Be Revealed**, ICCM Church, Rear Entrance, 1812 Park Ave South, Minneapolis, MN, 55404 (C) *James S. 612-202-7126*

6:30PM **Fienix NA**, Alano Society of Minneapolis, 2218 First Avenue South, Minneapolis, MN, 55404 (O) *Tad A (763) 301-3221*

7:00PM **Spirituality Seekers**, Bethlehem United Church of Christ, 400 County Road 37, Maple Lake, MN, 55358 *Tim W.#2 320-420-2613*

7:00PM **Addicts We Found It**, New Foundations, 1145 Westminster Street, St. Paul, MN, 55117 (VM,TC)

7:00PM **Step by Step**, Good Sheppard Church, 7600 Cahill Avenue, Inver Grove Heights, MN, 55076 (C,WC) *Tony G. 651-353-7356*

7:00PM **Never Alone**, Lutheran Church of Our Savior, 14980 Diamond Path West, Rosemount, MN, 55068 (O,WC) *Sarah P. 763-807-2267*

7:00PM **Freedom from Addiction**, Chisago Lake Evangelical Lutheran Church, 1 Summit Avenue, Center City, MN, 55012 (C,WC,CP) *Donovan 651-278-3292*

7:00PM **Young At Heart NA**, United Methodist Church, Use Back Door, 404 Cypress St. North, Cambridge, 55040 (O) *Jessie N (320) 515-9158*

7:00PM **Living Clean**, Bridgeview Assembly of God Church, 20500 County Road 11 Northwest, Big Lake, MN, 55309 (O,CS,LD) *Ned S 763-482-1695*

7:00PM **Pleasant NA**, SpringHouse Ministry Center, 610 West 28th Street, Minneapolis, MN, 55408 (C,RF,St,Tr)

7:00PM **Relating NA Relationship**, Survivor's Services, Suite 100, 1st floor, 34 East Moreland Avenue, West St. Paul, MN, 55118 (O,B,BT,WC)

7:05PM **H&I East Nokomis Lake NA**, Virtual Meeting, Minneapolis, MN, 55407 (So,VM) *Phil F. 651-353-6810*

7:30PM **Live The Steps or Die**, Sahara Club, 3408 Dakota Avenue South, St. Louis Park, 55416 (C,B,BT,RF)

9:00PM **Late Night NA**, Blaine Central Alano, 13536 Highway 65 Northeast, Ham Lake, MN, 55304 (B,CL,JT,To,VW)

MONDAY

7:00AM **Mugs Not Drugs** (VM)

11:00AM **This Is It**, 2400 Blaisdell Avenue, Minneapolis, MN, 55404 *Ray (612) 261-8928*

NOON **Addicts Come Together**, Midway Alano Club, 1161 Sherburne, St. Paul, MN, 55104 (O,CS)

5:00PM **New Beginning Text Study**, Iccm Inner City Church of Minneapolis, 1812 Park Avenue, Minneapolis, 55404 (C,B,BT) *Joe L (937) 520-5020*

6:00PM **Matrix Monday**, Zion Lutheran Church, 8500 Hillside Trail South, Cottage Grove, MN, 55016 (O,RF) *Hunter W. 612-940-8907*

6:30PM **Monday Night Hope NA**, 520 North Robert Street, St. Paul, MN, 55101 (O,JT,RF)

6:30PM **Fienix NA**, Alano Society of Minneapolis, 2218 First Avenue South, Minneapolis, MN, 55404 (O) *Tad A (763) 301-3221*

6:30PM **Peaced Together with HOPE**, ICCM Life Center, 2229 Broadway Ave West, Minneapolis, MN, 55411 (B,JT,RF,To) *JP (763) 290-2736*

7:00PM **Monday Night Wave**, Twin Cities Recovery Project, 3400 East Lake St, Minneapolis, MN, 55406 *Yonova E. (612) 223-1599*

7:00PM **Easy Does It**, Lutheran Church of the Redeemer, 285 Dale Street North, St. Paul, MN, 55103 (C,RF,HY)

7:00PM **Ties That Bind Us**, Branchline Church, 518 East 2nd Street, Hastings, MN, 55033 (O,JT,So,WC) *Justin W 612-300-0277*

7:00PM **Monday Night Round Robin**, First Presbyterian Church, Use Lower/Back Entrance, 535 20th Avenue North, South St. Paul, MN, 55075 (C,CS,RF,Ti,CF) *Dannielle W. 651-410-3369*

7:00PM **Northside NA**, Redeemer Lutheran Church, 1800 Glenwood Avenue, Minneapolis, MN, 55405 (C,WC,CF) *Mike: 612-751-7381*

7:00PM **Clean in the Park**, Vista Lutheran Church, 4003 Wooddale Avenue South, St. Louis Park, MN, 55416 (BT,RF) *Barb B 612-281-6580*

7:00PM **K.I.S.S. (Keep It Simple Silly)**, United Methodist Church, 500 Clark Street, Mora, MN, 55051 (O,WC) *Brad V. 320-980-2982*

7:00PM **One Addict Helping Another**, Our Saviors Lutheran Church, 19001 Jackson Street Northeast, East Bethel, MN, 55011 (O,St,Tr) *Soda 763-301-1834*

7:00PM **NA By The Book**, All Gods Children, 3100 Park Avenue, Minneapolis, MN, 55407 (RF,SD,Ti)

7:00PM **Monday Night Mayhem**, Restoration Center, Next To Post Office, 255 West 5th Street, Rush City, MN, 55069 (O,RF,WC,LD,VW) *Barbara 651-231-0167*

7:00PM **Seeking Solutions**, Holy Trinity United Methodist Church, 16150 Arcadia Avenue Southeast, Prior Lake, MN, 55372 (BT,CS,RF) *Chris H. 952-412-1448*

7:00PM **Northside Virtual NA**, Minneapolis, MN (VM)

7:00PM **Recovering Addicts of NA**, United Methodist, Meets Outside Weather Permitting, 10506 North Hanson Boulevard, Coon Rapids, MN, 55433 (O,RF,To,WC,CF)

TUESDAY

6:30AM **Rise and Shine**, Recovery Center, 110 Washburn Avenue, Paynesville, MN, 56362 (HY)

7:00AM **Mugs Not Drugs** (VM)

11:00AM **Miracles in Motion**, 2400 Club, Enter In Back, 2400 Blaisdell Avenue South, Minneapolis, MN, 55404 (RF)

6:30PM **Women's Nite Out**, Recovery Church, 253 State Street South, St. Paul, 55107 (C,RF,W)

6:30PM **By NA Means Necessary**, Alano Society of Minneapolis, 2218 First Avenue South, Minneapolis, MN, 55404 (O) *Tad A (763) 301-3221*

6:30PM **LANA**, Lakers Alano Club, Room 5, 4646 Colorado Street Southeast, Prior Lake, MN, 55372 (O,RF) *Anji B 612-441-9837*

7:00PM **Clean Crew**, Immanuel Lutheran Church, 204 2nd Avenue, Clara City, MN, 56222

7:00PM **Growing on Tuesdays**, Lutheran Church of the Redeemer, 285 Dale Street North, St. Paul, MN, 55103 (O,WC,VM,TC) *Pam S. 651-428-9045*

7:00PM **Addicts in Recovery**, South Suburban Evangelical Church, 12500 Johnny Cake Ridge Road, Apple Valley, MN, 55124 (O,WC) *Alyssa H 952-217-0172*

7:00PM **Fresh Start**, Spring House Ministry Center, 610 West 28th Street, Minneapolis, MN, 55408 (O,JT,SD,To,WC) *Paul D. 763-760-0542*

7:00PM **Tuesday Night Insanity**, United Methodist Church, 404 Cypress Street North, Cambridge, MN, 55008 (O,CS) *Travis 763-310-7071*

7:00PM **Just for Today NA**, St. Gregory's Church, 38725 Forest Boulevard, North Branch, MN, 55056 (O,JT) *Dan 651-387-0290*

7:00PM **New Beginnings**, New Life Church, 6000 North 148th Street, Hugo, MN, 55038 (O,RF,OE) *Ron C. 651-332-0885*

7:00PM **Clean and Serene**, St. Matthew Lutheran Church, 4101 Washington Street Northeast, Columbia Heights, MN, 55421 (RF) *Contact: Duane P. 612-616-0820*

7:30PM **Clear Atmosphere**, Calvary Church - 1st Floor, 2608 Blaisdell Avenue, Minneapolis, MN, 55408 (C,WC) *Ivan N 612-306-3416*

7:30PM **Two Rivers to Recover**, Trinity Church, 1415 6th Avenue, Anoka, MN, 55303 (O,RF,To,WC) *Sam B. 952-406-2894*

7:30PM **Down with the Sickness**, Blaine Central Alano, 13536 Highway 65 Northeast, Ham Lake, MN, 55304 (O,RF,To,WC) *Dale 612-309-4072*

WEDNESDAY

7:00AM **Mugs Not Drugs** (VM)

5:30PM **Women With Hope**, The Bridge Outreach, 242 Birch Street North, Cambridge, MN, 55008 (W) *NIcole K. 320-438-4943*

6:00PM **Give Yourself a Break and Read It**, Saint Croix Falls Alano Club, 221 South Adams Street, St. Croix Falls, WI, 54024 (C,BT,WC) *Tim 715-553-2226*

6:00PM **Skys The Limit Young Peoples NA**, Minneapolis Alano, 2218 1st Avenue South, Minneapolis, MN, 55404 (O,RF,YP)

6:30PM **May Day NA**, Shepherd Of The Hill Presbyterian Church, 145 Engler Blvd, Chaska, MN, 55318 (To) *Jerrod F. 612-382-8983*

6:30PM **Wednesday Night Winners**, Ramsey Cornerstone Church, #201 Upstairs, 2665 4th Avenue, Anoka, MN, 55303 (O,B,CS,RF) *Sarah 763-607-9633*

6:30PM **The Usual Suspects - In Person Version**, Alano Club, The Annex, 2218 1st Ave. South, Minneapolis, MN, 55404 (RF) *Brandon S. 612-202-9172*

6:30PM **She Found Hope**, Minneapolis, MN (So,W,VM)

6:30PM **Park Center Recovery NA**, Brooklyn United Methodist Church, Use North Entrance By Church Parking Lot, 7200 Brooklyn Boulevard, Brooklyn Center, MN, 55429 (CL,RF)

7:00PM **The Great Escape**, First United Church of Christ, 300 Union Street, Northfield, MN, 55057 *Sheila L 507-339-0048*

7:00PM **Addicts in the Basement**, The Recovery Church, 253 State Street, St. Paul, MN, 55107 (C,CH,To)

7:00PM **Just For Today**, Northwestern Alano, 170 Maria Avenue, St. Paul, MN, 55106 (C,B,WC,TC) *Kim W. 651-707-3163*

7:00PM **Courage To Change**, Lutheran Church of The Redeemer, 285 North Dale Street, St. Paul, MN, 55103 (B,RF,St,Tr) *Leron R 651-983-6305*

7:00PM **Get Honest and Grow**, ICCM Life Center, 1812 Park Avenue South, Minneapolis, MN, 55404 (O) *Sam B 952-406-2894*

7:00PM **Live for Today NA**, Wyoming United Methodist Church, 5459 East Viking Boulevard, Wyoming, MN, 55092 (O,RF,WC,VW) *Kelly P 651-707-7202*

7:05PM **Midweek NA**, Zion Lutheran Church, 8500 Hillside Trail South, Cottage Grove, MN, 55016 (O,RF) *Hunter W. 612-940-8907*

7:30PM **Candlelight Bakery NA**, All God's Children MCC, 3100 Park Avenue South, Minneapolis, MN, 55407 (O,CL,RF)

7:30PM **Stillwater NA**, St. Croix Alano Club Joseph H Roach Hall, 208 South 3rd Street, Stillwater, MN, 55082 (C,RF) *Jessica B. 715-531-7825*

7:30PM **East Nokomis Lake NA**, Faith Evangelical Lutheran Church, 3430 East 51st Street, Minneapolis, MN, 55417 (SD,HY) *Phil F. 651-353-6810*

8:00PM **Escape From Despair**, Elk River Alano Society, 9231 O'Dean Avenue Northeast, Otsego, MN, 55330 (B) *Romney S. 320-260-3921*

8:00PM **Just for Today NA**, The Aliveness Project, 3808 Nicollet Avenue, Minneapolis, MN, 55409 (O,CS,JT,Ti) *Randy H 612-875-0743*

THURSDAY

7:00AM **Mugs Not Drugs** (VM)

NOON **Together We Stand**, Midway Alano Club, 1161 Sherburne, St. Paul, MN, 55104 (C,RF) *James M 612-710-8825*

5:30PM **Recovery In Motion**, Minneapolis, MN, 55407 (BT,RF,SD,LD,VM) *Mike H. 612-382-8395*

6:00PM **Camden Bridge N.A.**, Minneapolis, MN, 55412 (O,RF,VM)

6:00PM **Southside Soldiers Men's Group**, El Colegio Charter School, Call contact if door is locked, 4137 Bloomington Avenue, Minneapolis, MN, 55407 (M) *Mike L (612) 812-6875*

6:00PM **Keys to Freedom NA**, Springhouse Ministries, 610 West 28th Street, Minneapolis, MN, 55408 (C,JT,NC,WC)

6:30PM **Fienix NA**, Alano Society of Minneapolis, 2218 First Avenue South, Minneapolis, MN, 55404 (O) *Tad A (763) 301-3221*

6:30PM **Self Preservation Addics of NA**, North Point Church, 10732 Hanson Blvd NW, Coon Rapids, MN, 55433 (O,CS,RF,To) *Elizabeth S. 763-688-5799*

7:00PM **Hooked on Books**, Lutheran Church of the Redeemer, 285 Dale Street North, St. Paul, MN, 55103 (RF) *Alvin 651-276-9169*

7:00PM **Recovery in Forest Lake**, Forest Hills Methodist Church, 1790 11th Street Southeast, Forest Lake, MN, 55025 (JT) *Gabe 651-343-8812*

7:00PM **More Will Be Revealed**, Zion Lutheran Church, 28005 Old Towne Road, Chisago City, MN, 55013 (C,BT,WC) *Wendy W. 763-670-3868*

7:00PM **Together We Stand**, Friendship Assembly of God, 210 Central Drive West, Braham, MN, 55006 (O,CS,JT,To) *Nicole 320-438-4943*

7:00PM **Life Worth Living**, Hope Church, 7477 145th Street West, Apple Valley, MN, 55124 (C,St,WC)

7:00PM **Radical Recovery**, Shepherd Of The Hill Presbyterian Church, 145 Engler Blvd, Chaska, MN, 55318 (To) *Jerrod F. 612-382-8983*

7:30PM **Riverside NA**, Minnehaha Lutheran Church, 4101 37th Avenue South, Minneapolis, MN, 55406 (C,CL,RF) *Alex 612-868-3528*

7:30PM **New Way to Live NA**, Saint David's Episcopal Church, 13000 Saint Davids Road, Minnetonka, MN, 55305 (C,JT,To,WC) *Michael D 612. 240. 4512*

8:00PM **7-11 Group**, Mount Olive Lutheran Church (Use 31st Street Door By Alley), 3045 Chicago Avenue, Minneapolis, MN, 55407 (O,WC)

FRIDAY

7:00AM **Mugs Not Drugs** (VM)

7:00AM **Early Morning Recovery**, Spirit of Christ Community Lutheran Church, 5801 Minnetonka Blvd, St. Louis Park, 55416 (JT,LD) *Howie 612-723-9092*

11:00AM **It Works on Fridays Too**, 2400 Club, Enter In Back, 2400 Blaisdell Avenue South, Minneapolis, MN, 55404 *Cee Jay 205-760-2457*

6:00PM **Leading by Example**, Redeemer Church, Apt 327, 1800 Glenwood Avenue North, Minneapolis, MN, 55405 (C,NC,RF)

6:30PM **Fienix NA**, Alano Society of Minneapolis, 2218 First Avenue South, Minneapolis, MN, 55404 (O) *Tad A (763) 301-3221*

7:00PM **We Are Recovering**, St. Andrews Lutheran Church, 900 Stillwater Road, Mahtomedi, MN, 55115 (C,WC) *Stephanie G. 651-274-2741*

7:00PM **GLBT & Friends Clarity**, Clare Housing NE, 929 Central Avenue Northeast, Minneapolis, MN, 55413 (O, LGBTQ,RF,WC) *Jackson O. 847-912-7298*

7:00PM **N.E.N.A.**, East Side Neighborhood Services Center, 1700 2nd Street Northeast, Minneapolis, MN, 55413 (O,BT,JT,CF,TC) *Jesse M. 612-438-6736*

7:00PM **Lakeside NA**, The Bridge Outreach, 242 3rd Ave Northwest, Cambridge, MN, 55008 (O,CS,VW) *Doug W. 612-598-4993*

7:00PM **Surrender = Freedom**, Maranatha Chisago Campus, 10963 Lake Boulevard, Chisago City, MN, 55013 (C,JT,WC) *Allisa W. 651-424-9548*

7:00PM **One Hour NA**, Our Friends Place Alano, 3837 Central Avenue Northeast, Columbia Heights, MN, 55421 (O,RF,St,WC) *Kent L 612-425-7010*

7:00PM **Friday Night Mayhem**, Restoration Center, Next To Post Office, 255 West 5th Street, Rush City, MN, 55069 (O,NC,To) *Barbara 651-231-0167*

7:30PM **Focus on Recovery**, Cokato City Hall (Back), 255 Broadway Avenue South, Cokato, MN, 55321 (VM,TC) *Dan J 763-732-2469*

7:30PM **Peace of Mind**, Lutheran Church of Our Savior, 14980 Diamond Path W, Rosemount, MN, 55068 (C,RF,WC) *Leo J 612-644-6741*

7:30PM **NA Day**, First Presbyterian Church, Use Lower/Back Entrance, 535 20th Avenue North, South St. Paul, MN, 55075 (O,WC,CF) *Dannielle W. 651-410-3369*

7:30PM **Barking Buffaloes**, Elliot Park, 1000 East 14th Street, Minneapolis, MN, 55404 (O,RF,WC) *Buddy K 612 735 7579*

8:00PM **Words Into Actions**, Lutheran Church of the Redeemer, 285 North Dale Street, St. Paul, MN, 55103 (C,RF,WC,HY) *Pam S. 651-428-9045*

8:00PM **Back to Basics**, St John the Evangelist Church, 60 North Kent Street, St. Paul, MN, 55102 (C,B,BT,LD) *Amy M. 612-240-4339*

8:00PM **Our Freedom Springs**, Shepard Of The Hill Presbyterian Church, 145 Engler Blvd, Chaska, MN, 55318 (To) *Monica M 952-994-7095*

9:00PM **Young in Recovery**, Grace Trinity Community Church, 1430 West 28th Street, Minneapolis, MN, 55408 (O,YP) *Pete 651-253-2764*

10:30PM **Friday Night Hope NA**, Midway Alano Club, 1161 Sherburne Avenue, St. Paul, MN, 55104 (O,JT,RF,WC)

SATURDAY

7:00AM **Mugs Not Drugs** (VM)

9:00AM **Saturday Morning NA**, United Methodist Church, 404 Cypress Street North, Cambridge, MN, 55008 (O,B,CS,To,WC) *Michael 651-829-0078*

10:00AM **Stepping on Traditions**, Calvary Church, 2608 Blaisdell Avenue, Minneapolis, MN, 55408 (BT,IW,M) *Thadious 612-407-9428*

10:00AM **Recovering Ladies of the Lakes**, All Gods Children MCC, 3100 Park Avenue South, Minneapolis, MN, 55407 (C,IW,NC,W,BK,VM,TC) *Angie M. 612-483-6473*

10:00AM **Queer, Trans, & Friends NA**, The Aliveness Project, 3808 Nicollet Avenue, Minneapolis, MN, 55409 (O, LGBTQ,WC) *Max A. 612-559-4773*

11:00AM **Good Feelings In Greenfield**, Riverwood Covenant Church, 7189 69th Avenue North, Rockford, MN, 55373 (O,CS,RF,WC) *Cory I 910-782-7265*

1:00PM **Asking For Help**, Twin Cities Recovery Project Inc., 3400 East Lake Street, Minneapolis, MN, 55406 (To)

4:00PM **Park-Grove NA**, Household of Faith Church, 1090 Chicago Avenue, St Paul Park, MN, 55071 (O,RF,WC,VW) *Chad S. 612-743-8968*

5:00PM **Best Chance for Recovery**, The 156 Club, 156 3rd Street Northwest, Forest Lake, 55025 (O) *Brad L 612 247 7237*

5:30PM **Misery's Misfits**, Elk River Alano, 9231 O'Sean Avenue Northeast, Elk River, MN, 55330 (B)

6:30PM **From Darkness Into Light**, St Paul Lutheran Church, 5634 Luther Road Southeast, Prior Lake, MN, 55372 (O) *Brandon 651-604-7846 & Sara 952-658-9341*

6:30PM **Fienix NA**, Alano Society of Minneapolis, 2218 First Avenue South, Minneapolis, MN, 55404 (O) *Tad A (763) 301-3221*

7:00PM **Wandering But Not Lost NA**, Northwestern Alano, 170 Maria Avenue, St. Paul, MN, 55106 *Clovis 651-917-2295*

7:00PM **Northwest NA**, United Church of Christ, outside in parking lot, 1000 Longlake Rd, New Brighton, MN, 55112 (O,RF,WC) *Lynn N 612-208-1427*

7:00PM **NA 101**, United Methodist Church, 615 West 15th Street, Hastings, MN, 55033 (C,BT,WC) *Dan 612-212-5317*

7:00PM **Saturday Night Live**, 3400 East Lake Street, Minneapolis, MN, 55406 (RF)

7:30PM **LGBTQ & Friends**, Bryn Mawr Presbyterian Church, 420 Cedar Lake Road South, Minneapolis, MN, 55405 (O, LGBTQ,RF,WC)

8:00PM **Our Native Tribe**, Shepherd Of The Hill Presbyterian Church, 145 Engler Blvd, Chaska, MN, 55318 (O,RF,WC)

8:00PM	**The Beacon of Hope**, Oak Knoll Lutheran Church, West Entrance, 600 Hopkins Crossroad, Minnetonka, MN, 55305 (O)
9:00PM	**Apple Valley Basic Text Study**, Spirit of Life Church, 14401 Pilot Knob Rd, Apple Valley, MN, 55124 (O,BT,WC,HY) *James 612-716-7825*
9:30PM	**Saturday Night Candlelight**, Blaine Central Alano, 13536 Hwy 65 Northeast, Ham Lake, MN, 55304 (O,CL,RF,VM,TC) *Ramee (612) 236-8371*
10:00PM	**Late Night with NA**, Knox Presbyterian Church, 2nd Floor, 4747 Lyndale Avenue South, Minneapolis, MN, 55419 (O,CL,To,WC) *Ben A 763-221-6942*

Meeting Format Legend			
B	Beginners	BK	Book Study
BT	Basic Text	C	Closed
CF	Child Friendly	CH	Closed Holidays
CL	Candlelight	CP	Childcare Provided
CS	Children under Supervision	HY	Hybrid Meeting
IP	Informational Pamphlet	IW	It Works -How and Why
JT	Just for Today	LD	Literature Discussion
LGBTQ	Gay/Lesbian/Bisexual/Transgender	M	Men
NC	No Children	O	Open
OE	Open-Ended	RF	Rotating Format
SD	Speaker/Discussion	SG	Step Working Guide
So	Speaker Only	St	Step
TC	Temporarily Closed	Ti	Timer
To	Topic/Discussion	Tr	Tradition
VM	Virtual Meeting	VW	Veterans Welcoming
W	Women	WC	Wheelchair
YP	Young People		

Twin Cities Area Officers and Committee Chairs		
Area Chair	Joy J.	chair.tca@naminnesota.org
Area Co-Chair	Jesse G.	co.chair.tca@naminnesota.org
Secretary	Heather P.	sec.tca@naminnesota.org
Co-Secretary	Mary Kate B.	co.sec.tca@naminnesota.org
Treasurer	Rekha B.	treas.tca@naminnesota.org
Co-Treasurer	Jackson O.	co.treas.tca@naminnesota.org
RCM	Open	rcm.tca@naminnesota.org
RCMA	Pam S.	rcma.tca@naminnesota.org
Activities	Open	act.tca@naminnesota.org
Banquet	Bruce J.	banquet.tca@naminnesota.org
Hospitals & Institutions	Joe B.	hi.tca@naminnesota.org
Literature	Elizabeth S.	lit.tca@naminnesota.org
Outreach	Julie M.	outreach.tca@naminnesota.org
Policy	JoJo D.	policy.tca@naminnesota.org
Public Relations	Zee C.	pr.tca@naminnesota.org
NYE Dance P.C.	Open	info.tca@naminnesota.org
Spring Thaw P.C.	Keith M.	info.tca@naminnesota.org
Unity Picnic P.C.	Open	info.tca@naminnesota.org
ICUC Liaison	Dwayne H.	info.tca@naminnesota.org

Twin Cities Service Conference
Meets every 3rd Saturday of the month
11:00 AM to 2:00 PM
Sabathani Community Center
310 W. 38th Street (38th & 3rd) Minneapolis, MN

Minnesota Regional Service Conference (MNRSC)
Meets every 2nd Saturday of February, May, August, and November
12:00 PM to 4:00 PM
Sabathani Community Center
310 East 38th Street (38th & 3rd) Minneapolis, MN

Upper Midwest Service Office (UMSO)
Sabathani Community Center
2nd Floor Room 224
310 W. 38th Street (38th & 3rd), Minneapolis, MN
612-822-9472 Volunteers wanted

HOURS:
Mon. 6:30 PM to 8:30 PM
Thurs. 6:30 PM to 8:30 PM
Sat. 10:00 AM to 12:00 PM
(Open till 2:00 PM during MNRSC or TCASC)

The Narcotics Anonymous Message:

"That an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live."

TWIN CITIES METRO

MEETING LIST

OCTOBER 2022

24 HOUR HELPLINE

1-877-767-7676

www.naminnesota.org

Meetings Weekly: 145

PHONE NUMBERS