

MINNESOTA REGION NARCOTICS ANONYMOUS MEETING LIST



MAY 2026

Meeting Format Legend

| | | | |
|----|-----------------------------|-------|----------------------------------|
| + | AIDS/HIV Affirming | B | Beginners |
| BK | Book Study | BL | Bi-Lingual |
| BT | Basic Text | C | Closed |
| CF | Child Friendly | CH | Closed Holidays |
| CL | Candlelight | CP | Childcare Provided |
| CS | Children under Supervision | ES | Espanol |
| HY | Hybrid Meeting | IP | Informational Pamphlet |
| IW | It Works -How and Why | JT | Just for Today |
| LD | Literature Discussion | LGBTQ | Gay/Lesbian/Bisexual/Transgender |
| M | Men | NC | No Children |
| O | Open | OE | Open-Ended |
| RF | Rotating Format | SD | Speaker/Discussion |
| SG | Step Working Guide | SPAD | A Spiritual Principle a Day |
| So | Speaker Only | St | Step |
| TC | Temporarily Closed Facility | Ti | Timer |
| To | Topic/Discussion | Tr | Tradition |
| VM | Virtual Meeting | VW | Veterans Welcoming |
| W | Women | WC | Wheelchair |
| YP | Young People | | |

We Do Recover

“When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there to do? There seems to be this alternative: Either to go on as best we can to the bitter ends - Jails, Institution, or Death - or find a new way to live. In years gone by, very few addicts had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is a simple spiritual, (not religious) program known as NARCOTICS ANONYMOUS.”

Sunday

| | | | |
|----------------|---|---|--|
| 7:00AM | Mugs Not Drugs (VM) | | |
| 7:00AM | Safe Haven NA (C,JT,RF,Tr,VM,SPAD) | , Montevideo, MN, 56265 | |
| 9:00AM | Experience, Strength, & Hope (C,BT) | NW Alano Club, 170 Maria St, Saint Paul, MN, 55105 | |
| 10:30AM | Sunday Morning NA (O,RF,St,Tr) | N/A, 3501 Chicago Ave.S., Minneapolis, MN, 55415 | <i>Ed W 612-366-0066</i> |
| 11:00AM | "That's It" NA (IW,M,SG) | Alano Club, 215 E Junius, Fergus Falls, MN, 56537 | |
| 11:30AM | Bunch o' Queerdos (O,LGBTQ,RF,WC,+) | Twin Cities Men's Center, Enter through the Left door then come down to the lower level., 3249 Hennepin Ave S, Minneapolis, MN, 55408 | |
| 1:30PM | Fellowship NA (O,B,BT) | Fellowship Club/Hazelden, 680 Stewart Avenue, Saint Paul, MN, 55102 | <i>JJ 507-382-2584</i> |
| 2:00PM | Midday NA (B,JT,To,VW) | Blaine Central Alano, 13536 HW 65 Northeast, Ham Lake, MN, 55304 | <i>Ryan B. (763) 346-1231</i> |
| 2:00PM | NA Sisters on Sundays (C,VM) | , Twin Cities, MN | <i>A Women's closed NA Text study meeting.</i> |
| 2:30PM | Solace Women's Meeting (O,B,CS,JT,RF,To,W,CF) | Solace, 2005 Sunrise Drive, Saint Peter, MN, 56082 | |
| 4:00PM | Rompin' Stompin' Sunday NA (C,To,WC) | Pilgrim Luthern Church, 820 Belknap Street, Superior, WI, 54880 | |
| 4:00PM | Sunday NA (O,JT,To) | Redwood Alano Club, 1006 South Ramsey Street, Redwood Falls, MN, 56283 | <i>Russell P 507-640-0537</i> |
| 5:00PM | The Grind to Grace (O,RF) | 1st Covenant Church, Door 9 under blue parking sign, 810 7th Street South, Mpls, MN, 55415 | |
| 5:00PM | Worthington NA | Worthington Alano Club, 920 Diagonal Road, Worthington, MN, 56187 | <i>Craig D 507-360-3429</i> |
| 5:30PM | Country NA (O,RF,WC) | , West Side Entrance By Playground, 301 8th Avenue Northwest, Kasson, MN, 55944 | |
| 5:30PM | Hope NA (BT,RF,SD,BK) | Veterans in Community Housing, Park in VA Hospital Lot, Buzz #93 Back of Building, 5511 Minnehaha Av S, Minneapolis, MN, 55417 | |
| 5:30PM | Living Clean Around Candlelight (C,O) | Atonement Lutheran Church, 1144 29th Avenue North, Saint Cloud, MN, 56303 | |
| 6:00PM | Funday (O,RF,WC) | Shepherd Of The Hill Presbyterian Church, 145 Engler Blvd, Chaska, MN, 55318 | |
| 6:00PM | On Life's Terms (C,LD,VM) | , Minneapolis, MN, 55404 | |
| 6:00PM | Serenity Sunday (O,RF,WC) | Gloria Dei Church, 3014 McKinley Street, Minneapolis, MN, 55418 | <i>Holly O. 763-300-6967</i> |
| 6:00PM | So, You're Saying There's a Chance (O,BK) | Hudson Alano, 322 Vine Street, Hudson, WI, 54016 | <i>Jim T. 715-884-1062</i> |
| 6:00PM | Vision Of Hope NA (O,To,WC) | Calvary Lutheran Church, 112 Park Avenue South, Park Rapids, MN, 56470 | <i>Paul S 218 255-1109</i> |
| 6:30PM | Fienix NA (O) | , 2218 First Avenue South, Minneapolis, MN, 55404 | <i>Joel B. 612-459-8242</i> |
| 6:30PM | More Will Be Revealed (C) | ICCM Church, Rear Entrance, 1812 Park Ave South, Minneapolis, MN, 55404 | <i>James S. 612-202-7126</i> |
| 7:00PM | 3rd Ave NA (C,B,RF,LD) | Congregational Church, 1910 3rd Ave NW, Austin, MN, 55912 | <i>Jackie 507-460-9533</i> |
| 7:00PM | A New Way To Live (O,RF,To) | Montgomery Recovery Hub, 204 1st Street South, Owatonna, MN, 55060 | |
| 7:00PM | Addicts We Found It (C,B,BT) | New Foundations, 1145 Westminster Street, Saint Paul, MN, 55130 | |
| 7:00PM | Against The Odds (O,BT,CS,JT,SPAD) | Oak Heights Covenant Church, 1398 S Grade Rd SW, Hutchinson, MN, 55350 | |
| 7:00PM | Austin NA (C,B,RF,BK) | Episcopal Church, 301 3rd Ave NW, Austin, MN, 55912 | |
| 7:00PM | Back to Basics (O,B,HY) | St. Martin's Lutheran Church, Enter Liberty Street Alley Back Door Of Church, 328 East Broadway Street, Winona, MN, 55987 | |
| 7:00PM | Dunnell NA (O,B,To) | Immanuel Lutheran Church, 315 N Seeley Ave, Dunnell, MN, 56127 | |
| 7:00PM | Freedom from Addiction (C,WC) | Chisago Lake Evangelical Lutheran Church, 1 Summit Ave, Center City, MN, 55012 | <i>Donovan 651-278-3292</i> |
| 7:00PM | Home Fires NA (O) | Sacred Heart Church, outside, 2875 10th Avenue Northeast, Sauk Rapids, MN, 56379 | |
| 7:00PM | Hopeless to Dopeless (C,BT,CS,WC,YP) | Alano Building, 214 Downtown Plaza, Fairmont, MN, 56031 | <i>Kevin T 507-236-6044</i> |
| 7:00PM | Inspire Recovery (O,B,CH,CS,JT,RF,To,Tr,CF) | Inspiration Church, 1130 Main Street, Breckenridge, MN, 56520-1620 | |
| 7:00PM | It Takes Two Addicts (WC) | Holy Cross Community Center, 102 North Crosier Drive, Onamia, MN, 56359 | |
| 7:00PM | Life, Chaos & Recovery (O,SD) | Aitkin Alano, 322 1st Avenue NE, Aitkin, MN, 56431 | |
| 7:00PM | NA Basics (O,RF) | , 25 16th Street Northeast, Rochester, MN, 55906 | |
| 7:00PM | Never Alone (O,WC) | Grace Lutheran Church, If doors are locked please call the contact, 7800 150th Street W, Apple Valley, MN, 55124 | <i>Sarah P. 763-807-2267</i> |
| 7:00PM | New Hope (C) | Twin Rivers Building, 614 Davis Avenue, Thief River Falls, MN, 56701 | <i>Shawn O. 218-686-3185</i> |
| 7:00PM | No Hassle In Dassel (BT) | Gethsemane Lutheran Church, 221 Atlantic Avenue East, Dassel, MN, 55325 | |
| 7:00PM | O.T.N.A (out there not alone) (O) | Immanuel Lutheran church, In the basement, 315 N Seeley Ave, Dunnell, MN, 56127 | |
| 7:00PM | Pleasant NA (C,RF,St,Tr) | , 610 West 28th Street, Minneapolis, MN, 55408 | |
| 7:00PM | Reading Topic (O,SD) | Ironton Alano, 249 Curtis Avenue, Ironton, MN, 56455 | |
| 7:00PM | Recovery in the Sticks (C,CS) | Gloria Dei Lutheran Church, 601 Red River Avenue South, Cold Spring, MN, 56320 | |
| 7:00PM | Relating NA Relationship (O,B,BT,WC) | Survivor's Services@ Redeemer Church, 285 Dale St N., Saint Paul, MN, 55103 | |
| 7:00PM | Serenity Sunday | Princeton Alano, 1315 North 3rd Street, Princeton, MN, 55371 | |
| 7:00PM | Spirituality Seekers | Bethlehem United Church of Christ, 400 County Road 37, Maple Lake, MN, 55358 | <i>Tim W.#2 320-420-2613</i> |
| 7:00PM | Step by Step (C,WC) | Good Shepherd Lutheran Church, 7600 Cahill Avenue, Inver Grove Heights, MN, 55076 | <i>Tony G. 651-353-7356</i> |
| 7:00PM | Sunday Night NA (O,JT,So) | Hosanna Church, 105 Hosanna Drive, Mankato, MN, 56001 | |
| 7:00PM | Sunday Night Serenity | Sparks Park, 935 Minnesota 86, Lakefield, MN, 56150 | <i>Tami Y- 507-227-0755</i> |
| 7:00PM | Sunday Night Virginia | Our Saviors Lutheran Church, 1111 8th Street South, Virginia, MN, 55792 | |
| 7:00PM | That's It NA (LD) | Alano Club, 215 East Junius, Fergus Falls, MN, 56537 | <i>Julie S. 218-671-3709</i> |
| 7:00PM | Turn The Page (B,CS,RF,VW) | Trinity Lutheran Church, 609 Lincoln Avenue South, Owatonna, MN, 55060 | <i>Adam S (507) 616-6866</i> |
| 7:00PM | Young At Heart NA (O,BK,LD) | Common Ground Church, Please Enter Through Back Door On Northeast Side Of Building, 404 Cypress St. N, Cambridge, MN, 55008 | <i>Travis 763-310-7071</i> |
| 7:05PM | East Lake Nokomis NA (SD,VM,SPAD) | , Minneapolis, MN, 55417 | |
| 7:30PM | Last Chance | Hibbing Christian Assembly, 2201 West 2nd Avenue, Hibbing, MN, 55746 | |
| 7:30PM | Live the Steps or Die Motherfucker (LTSODMF) (O) | Sahara Club, 3408 Dakota Ave S, Saint Louis Park, MN, 55426 | |
| 8:00PM | Out of the darkness and into the light (JT) | Alano Building, 1430 5th Avenue, Mankato, MN, 56001 | |

Monday

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|---------------|--------------------------------------|--|---|
| 7:00AM | Mugs Not Drugs (VM) | | |
| NOON | Addicts Come Together (O,CS) | Midway Alano Club, 1161 Sherburne, Saint Paul, MN, 55104 | |
| NOON | That's It NA (O,CS,JT) | Alano Club, 215 East Junius, Fergus Falls, MN, 56537 | <i>Julie S. 218-671-3709</i> |
| NOON | The Art of Recovery Group (O) | North Pointe Resource Center, Old Rainbow Center - tri towers, 21 N 3rd Ave E, Duluth, MN, 55802 | <i>Bring a craft project to work on while we discuss a topic. If you don't have one, there will be supplies available to start a project!</i> |
| 5:30PM | Manic Monday (BK) | St Croix Valley Alano, 208 3rd St S, Stillwater, MN, 55082 | <i>David C. 651-300-8694</i> |
| 6:00PM | A New Vision (O,HY) | St. Paul's Episcopal Church, 256 East Lafayette Street, Winona, MN, 55987 | |
| 6:00PM | A New Way NA | Alano Club, 600 5th Street NW, Little Falls, MN, 56345 | |
| 6:00PM | Doc's Group of NA (O,JT,WC) | Rec Hall, 1821 Restoration Road Southwest, Rochester, MN, 55902 | <i>Keytags 1st, 3rd, & 5th Weeks</i> |

Monday (cont)

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| 6:00PM | Keep it Simple (O,JT,WC) | First Presbyterian Church, Use Entrance Connected To Parking Lot, 512 3rd Street Southwest, Rochester, MN, 55902 | <i>Tasha 507-358-5397</i> |
| 6:00PM | Matrix Monday (O,RF) | Christ Redeemer Church, 8500 Hillside Trail South, Cottage Grove, MN, 55016 | |
| 6:30PM | Diamond in the Rough (O,To) | American legion club room, Go in the "club room" door and down the stairs, 102 W 4th Street, Chaska, MN, 55318 | <i>Danika 507-351-5779</i> |
| 6:30PM | Fienix NA (O) | , 2218 First Avenue South, Minneapolis, MN, 55404 | <i>Joel B. 612-459-8242</i> |
| 6:30PM | That's It NA (O) | Alano Club, 215 East Junius, Fergus Falls, MN, 56537 | <i>Julie S. 218-671-3709</i> |
| 7:00PM | Clean in the Park (BT,RF) | Vista Lutheran Church, 4003 Wooddale Avenue South, Saint Louis Park, MN, 55416 | <i>Jake F. 612-532-4953</i> |
| 7:00PM | Common Ground NA (O,RF,To) | Common Ground Church, 404 Cypress St N, Cambridge, MN, 55008 | <i>Travis 763-310-7071</i> |
| 7:00PM | DL Keys to Freedom (O) | Grace Lutheran Church, 213 Roosevelt Ave, Detroit Lakes, MN, 56501 | |
| 7:00PM | Done with the Sickness (O,CS,RF,WC,VW) | Willmar Alano Club, 1805 East Hwy 12, Willmar, MN, 56201 | <i>Troy J. 651-302-3154</i> |
| 7:00PM | Easy Does It (C,RF) | Lutheran Church of the Redeemer, 285 Dale Street North, Saint Paul, MN, 55103 | |
| 7:00PM | Focus on Recovery (C,O) | First Presbyterian Church, Please Use 4th Street Entrance, 340 5th Ave South, Saint Cloud, MN, 56301 | |
| 7:00PM | Hope Hustlers (C) | Peace Lutheran Church (Use Southeast Entrance), 1104 22nd Ave S, Brookings, SD, 57006 | <i>Gary R 605-280-7090</i> |
| 7:00PM | Just For Monday (C,JT,To) | Faribault Alano Club, Downstairs, 116 Central Avenue, Faribault, MN, 55021 | <i>Justin L 507-412-1142</i> |
| 7:00PM | Just For Today (C,JT) | River of Life Church, 739 Hwy 75 North, Breckenridge, MN, 56520 | <i>Mark H. 701-899-3505</i> |
| 7:00PM | Just for Today (O,IW,LD) | , 1504 10th Drive Southeast, Austin, MN, 55912 | <i>Bridgette 507-440-8052</i> |
| 7:00PM | K.I.S.S. (Keep It Simple Silly) (O,WC) | United Methodist Church, 500 Clark Street, Mora, MN, 55051 | <i>Brad V. 320-980-2982</i> |
| 7:00PM | Le Center NA (C,CS,St,WC) | Alano Society, 165 W Ottawa St, Le Center, MN, 56057 | |
| 7:00PM | Monday NA | Eagle's Nest, Building #881, 310 US Highway 71 North, Sauk Centre, MN, 56378 | |
| 7:00PM | Monday Night Fight (O,BT,CS,RF,LD) | West Hills Alano Club, 605 Florence Avenue, Owatonna, MN, 55060 | <i>Chyanne 507-951-7294</i> |
| 7:00PM | Monday Night Mayhem (O,RF,WC,LD,VW) | Restoration Outreach Center, Next To Post Office, 255 W 5th Street, Rush City, MN, 55069 | <i>Bill (612) 741-2229 or Nick (320) 390-0672</i> |
| 7:00PM | Monday Night Round Robin (O,CS,RF,CF) | First Presbyterian Church, Entrance located off of Congress St, 535 20th Ave N, South Saint Paul, MN, 55075 | <i>Al E 612-868-9493</i> |
| 7:00PM | Monday Night Wave (C,B,RF) | n/a, 3045 Chicago Av S, Minneapolis, MN, 55407 | <i>Yonova E. (612) 223-1599</i> |
| 7:00PM | More Out of Life (C) | Christ United Presbyterian Church, 400 West Lyon Street, Marshall, MN, 56258 | |
| 7:00PM | NA By The Book (RF,SD,TI) | All Gods Children, 3100 Park Avenue, Minneapolis, MN, 55407 | |
| 7:00PM | NA Lengths (O,B,CS,RF,VW) | River Of Life Church, Upstairs Use West Side Door, 705 12th Street South, Sauk Centre, MN, 56378 | <i>Gary H 320-429-0028</i> |
| 7:00PM | NA Meeting (BK) | First Presbyterian Church, 706 3rd Avenue South, St. James, MN, 56081 | |
| 7:00PM | Never Alone | Our Savior's Lutheran Church, 1111 8th Street South, Virginia, MN, 55792 | |
| 7:00PM | Northside NA (C,WC,CF) | Redeemer Lutheran Church, 1800 Glenwood Avenue, Minneapolis, MN, 55405 | <i>Mike: 612-751-7381</i> |
| 7:00PM | Northside Virtual NA (VM) | , Minneapolis, MN | |
| 7:00PM | One Addict Helping Another (O,St,Tr) | Our Saviors Lutheran Church, 19001 Jackson Street Northeast, East Bethel, MN, 55011 | <i>Soda 763-301-1834</i> |
| 7:00PM | Rebels with a Cause (O,NC,RF,WC) | Lakes Area Alano, 7829 State Highway 210, Baxter, MN, 56425 | |
| 7:00PM | Recovering Addicts of NA (O,RF,To,WC,CF) | United Methodist, 10506 North Hanson Boulevard, Coon Rapids, MN, 55433 | |
| 7:00PM | T. B. D. NA (O,B,BT,JT) | Spirit of Life church, 14401 Pilot Knob Rd, Apple Valley, MN, 55124 | <i>Mason C 651-270-4970</i> |
| 7:00PM | Ties That Bind Us (O,JT,So,WC) | Branchline Church, 518 2nd St E, Hastings, MN, 55033 | <i>Justin W 612-300-0277</i> |
| 7:00PM | Waconia New Way (O) | Freshwater Church, 138 W. 1st Street, Waconia, MN, 55387 | |
| 7:00PM | Waska Warriors (O) | Restoration Church, 18151 County Road 21, Glenwood, MN, 56334 | <i>Jacey 320-442-0431</i> |
| 7:00PM | We Made A Decision (O,WC) | First Covenant Church West Door Entrance and Downstairs, 2101 West 2nd Street, Duluth, MN, 55806 | |
| 7:30PM | Hutch NA (O) | Vineyard Methodist Church, Lower level room B, 1395 South Grade Road Southwest, Hutchinson, MN, 55350 | <i>Rick A 320-296-2030</i> |
| 7:30PM | Hutch NA (O) | Vineyard Methodist Church, 1395 Grande Rd, Hutchinson, MN, 55350 | |
| 7:30PM | Liberacion De La Adiccion (O,B,ES,LD) | Downtown Alano Society, 1337 MacArthur Ave., Saint Paul, MN, 55118 | <i>Francisco Rodriguez 651-276-5859</i> |
| 7:30PM | Liberacion de la adiccion (BL) | Downtown Alano of St. Paul, 520 Robert St N, room 2, Saint Paul, MN, 55101 | |
| 7:30PM | Not Just Surviving | Hibbing Christian Assembly, 2201 West 2nd Avenue, Hibbing, MN, 55746 | |
| 8:00PM | Lamplight (O,WC,YP,HY) | Alano Building, 214 Downtown Plaza, Fairmont, MN, 56031 | <i>Jess R 507-476-2274</i> |
| 8:00PM | NA (O,SD) | Ironton Alano, 49 Curtis Ave, Ironton, MN, 56455 | |
| 8:00PM | Recovering Together For Today (O,RF) | Alano Building, 1430 5th Avenue South, Mankato, MN, 56001 | <i>Roger 507-508-6463</i> |

Tuesday

| | | | |
|----------------|---|---|--------------------------------------|
| 7:00AM | Mugs Not Drugs (VM) | | |
| 10:00AM | Morning Serenity NA (C,VM) | QNA, Woodbury, MN, 55125 | |
| 10:40AM | Morning Reflections (IW) | West Hills Alano Club, 55060, 605 Florence Avenue, Owatonna,, MN, 55060 | |
| 11:00AM | Miracles in Motion (RF) | ICCM Life Center, 1812 Park Ave, Minneapolis, MN, 55404 | |
| 1:00PM | Our Secrets Die In The Light of Day (O,To) | Fillin' Station, 630 S Front St, Mankato, MN, 56001 | |
| 4:00PM | We Do Recover (C,BK) | Elim Lutheran Church, Parking lot on Olinda near the childcare entrance, 20971 Olinda Trail N, Scandia, MN, 55073 | |
| 5:00PM | Worthington NA | Worthington Alano Club, 920 Diagonal Road, Worthington, MN, 56187 | <i>Craig D 507-360-3429</i> |
| 5:30PM | All Will Be Well (C,B,IP,IW,RF,LD,CF) | Makwa Coffee, 2811 Hamline Ave N, Roseville, MN, 55113 | |
| 6:00PM | Rez Recovery (O) | Grand Portage Health Service, 62 Upper Road, Grand Portage, MN, 55605 | |
| 6:00PM | Serenity at 6 (BT) | Alano Club, Gratitude Hall, 3802 Greenleaf Ave NW, Bemidji, MN, 56601 | |
| 6:30PM | By NA Means Necessary (O) | Back entrance, Back entrance, 2218 First Avenue South, Minneapolis, MN, 55404 | <i>Tad A (763) 301-3221</i> |
| 6:30PM | Just For Tuesdays (O,B,CL,RF) | St Pauls Episcopal Church, 220 South Cedar Avenue, Owatonna, MN, 55060 | <i>Heath B. 507-363-0194</i> |
| 6:30PM | Kinksters In Recovery NA (LGBTQ,RF) | Umbr Arts, Near Lake St and Lyndale Ave intersection, 710 W Lake St, Minneapolis, MN, 55408 | |
| 6:30PM | Punk Rock Recovery (O) | Shepherd Of The Hill Presbyterian Church, 145 Engler Blvd, Chaska, MN, 55318 | <i>Brittany E. 320-298-6155</i> |
| 6:30PM | Recovery Art (C) | New city church, Upstairs, 3104 16th Ave S, Minneapolis, MN, 55407 | |
| 6:30PM | Women's Nite Out (C,RF,W) | Recovery Church, 253 State Street South, Saint Paul, 55107 | |
| 7:00PM | Addicts in Recovery (O,WC) | South Suburban Church, 12600 Johnny Cake Ridge Rd, Apple Valley, MN, 55124 | |
| 7:00PM | Alexandria NA (O) | Alano club, 1604 Jefferson Street, Alexandria, MN, 56308 | <i>Jesse 218-579-0297</i> |
| 7:00PM | Better Late Than Never (O) | The Plaid Moose, 2630 Broadway Avenue, Slayton, MN, 56172 | |
| 7:00PM | Clean and Serene (RF) | St Matthew Lutheran Church, 4101 Washington Street Northeast, Columbia Heights, MN, 55421 | <i>Brad Bourgoin P. 763.226.6981</i> |
| 7:00PM | Fresh Start (O,JT,SD,To,WC) | Spring House Ministry Center, 610 West 28th Street, Minneapolis, MN, 55408 | <i>Paul D. 763-760-0542</i> |

Tuesday (cont)

| | | | |
|---------------|---|--|---|
| 7:00PM | Growing on Tuesdays (O) | Lutheran Church of the Redeemer, 285 Dale Street North, Saint Paul, MN, 55103 | |
| 7:00PM | It Works (C) | Atonement Lutheran Church, 1144 29th Avenue North, Saint Cloud, MN, 56303 | |
| 7:00PM | It's About Time | First Lutheran Church, 703 South Sibley Avenue, Litchfield, MN, 55355 | |
| 7:00PM | Just for Today NA (O,JT) | St. Gregory's Church, 38725 Forest Boulevard, North Branch, MN, 55056 | Dan 651-387-0290 |
| 7:00PM | Life in Recovery (O) | Our Savior Lutheran Church, 840 Lake Avenue, Albany, MN, 56307 | Holly 320-339-5360 |
| 7:00PM | Live the Steps or Die Motherfuckers (O,LD) | Bryant Square Park Community Center, 3101 Bryant Avenue South, Minneapolis, MN, 55408 | Andy K. 773-807-7456 |
| 7:00PM | Mixed Nuts (BT) | Twin Rivers Building, 614 Davis Avenue, Thief River Falls, MN, 56701 | Shawn O. 218-686-3185 |
| 7:00PM | More Out of Life (C,BT,CS,WC) | Christ United Presbyterian Church, 400 West Lyon Street, Marshall, MN, 56258 | |
| 7:00PM | New Beginnings (O,RF,OE) | New Life Church, 6000 North 148th Street, Hugo, MN, 55038 | Ron C. 651-332-0885 |
| 7:00PM | New Horizons (O,RF,WC) | Trinity Lutheran Church, 1108 East 8th Street, Duluth, MN, 55805 | |
| 7:00PM | No Bull in Buffalo (O) | Buffalo Covenant Church, 1601 MN 25, Buffalo, MN, 55313 | Joe F. 612-461-5170 |
| 7:00PM | Off the Hook (O,JT) | Perham Alano Club, 43452 County Highway 34, Perham, MN, 56573 | Matt T. 218-457-2653 |
| 7:00PM | Our Message is Hope (O) | , 138 West 1st Street, Waconia, MN, 55387 | Kayla 612-237-1585 |
| 7:00PM | Rum River Recovery (C,RF,WC) | Princeton Alano, 1315 North 3rd Street, Princeton, MN, 55371 | |
| 7:00PM | S.O.S Seekers of Serenity (O) | new day church, 1201 1st street NE, New Prague, MN, 56071 | |
| 7:00PM | She Do Recover Women's Meeting (LGBTQ,W,LD,CF,HY) | Prairie Community Church, 9145 Eden Prairie Rd, Eden Prairie, MN, 55347 | |
| 7:00PM | Surrender to Win (O,B,BT,RF,CF) | The River Church House, 520 4th Ave NW, Faribault, MN, 55021 | |
| 7:00PM | That's It NA (O,JT) | Zion Lutheran Church, 202 East Summit Avenue, Fergus Falls, MN, 56537 | Chris S. 218-531-3545 |
| 7:00PM | Tuesday Night Insanity (O,CS) | Common Ground Church, 404 Cypress Street N, Cambridge, MN, 55008 | Travis 763-310-7071 |
| 7:00PM | Tuesday Night NA (O,B,CS,RF) | Milaca Alano Club, 260 Southwest River Drive, Milaca, MN, 56353 | |
| 7:00PM | Tuesday Night NA (C,BT,RF) | Evangelical Free Church, 518 Barry Avenue, Hinckley, MN, 55037 | Bill C. (320) 279-7486 |
| 7:00PM | Tuesday Night NA, "If Nothing Changes...." (O,RF,LD) | Old School Lives, Rivers Bend Eatery; down the hall, past the gym, take a left, at the end of the hall, 9165 Hwy 53, Cotton, MN, 55724 | |
| 7:30PM | Always Room For One More (O,B) | Peace United Methodist Church, 500 7th Street Southeast, Pipestone, MN, 56164 | |
| 7:30PM | Clear Atmosphere (C,WC) | Church, 3400 Park Ave S, Minneapolis, MN, 55407 | Jeanine B 651-354-4281 |
| 7:30PM | Down with the Sickness (O,RF,To,WC) | Blaine Central Alano, 13536 Highway 65 Northeast, Ham Lake, MN, 55304 | Dale 612-309-4072 |
| 7:30PM | It Works If You Work It (CH,WC,LD,VW) | Eden Valley Community Center, 145 Cossairt Avenue, Eden Valley, MN, 55329 | |
| 7:30PM | Liberacion De La Adiccion (O,B,ES,LD) | Downtown Alano Society, 520 Robert Street North, Saint Paul, MN, 55101 | Francisco Rodriguez 651-276-5859 |
| 7:30PM | Two Rivers to Recovery (O,RF,To,WC) | Trinity Church, 1415 6th Avenue, Anoka, MN, 55303 | Sam B. 952-406-2894 |
| 7:30PM | Writing on the Steps (St,WC,HY) | Faith Evangelical Lutheran Church, 3430 E. 51 St., Minneapolis, MN, 55467 | Bring your step working guide Donny S. 6126855635 |
| 7:30PM | Writing on the Steps (St,WC,HY) | Faith Evangelical Lutheran Church, 3430 E 51 St, Minneapolis, MN, 55467 | Bring your Step Working Guide Donny S. 6126855635 |
| 8:00PM | 2nd Chance NA (O,CS,So) | Sunrise Church, Door 5, 722 Sunrise Dr., St. Peter, MN, 56082 | |
| 8:00PM | COOP Sweet Surrender (O,RF,WC) | First Presbyterian, West Entrance, 512 Third Street Southwest, Rochester, MN, 55902 | |

Wednesday

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|----------------|--|---|----------------------------------|
| 7:00AM | Mugs Not Drugs (VM) | | |
| 9:30AM | Wednesday Morning Wake Up (JT) | West Hills Alano Club, 605 Florence Avenue, Owatonna, MN, 55060 | Steve C 507-369-5045 |
| 10:00AM | Any Addict (C,B) | , 1010 Currie Ave, Minneapolis, MN, 55403 | |
| NOON | That's It NA (O) | Alano Club, 215 East Junius, Fergus Falls, MN, 56537 | Julie S. 218-671-3709 |
| 2:00PM | Flight Of The Eagle (C,M) | 12 Step House, 512 2nd Street North, Virginia, MN, 55792 | |
| 5:30PM | Women With Hope (JT,To,W) | River City Recovery Ministries, 304 Main St S, Cambridge, MN, 55008 | Nicole K. 320-438-4943 |
| 6:00PM | Give Yourself a Break and Read It (C,BT,WC) | Saint Croix Falls Alano Club, 221 South Adams Street, Saint Croix Falls, WI, 54024 | Tim 715-553-2226 |
| 6:00PM | The Rez (O,B,RF,WC) | Red Brick Building, 42293 Twilight Rd., Onamia, MN, 56359 | |
| 6:00PM | You're Not Alone (O,BT,CS) | Saint Cloud Library, 1300 West Germain Street, Saint Cloud, MN, 56301 | |
| 6:30PM | May Day NA (O) | Shepherd Of The Hill Presbyterian Church, 145 Engler Blvd, Chaska, MN, 55318 | Matt H. 952-693-9100 |
| 6:30PM | Park Center Recovery NA (CL,RF) | , Use North Entrance By Church Parking Lot, 7200 Brooklyn Boulevard, Brooklyn Center, MN, 55429 | |
| 6:30PM | The Usual Suspects - In Person Version (RF) | Alano Club, The Annex, 2218 1st Ave. South, Minneapolis, MN, 55404 | Brandon S. 612-202-9172 |
| 6:30PM | Wednesday Night Winners (O,B,CS,RF) | Ramsey Cornerstone Church, #201 Upstairs, 2665 4th Avenue, Anoka, MN, 55303 | Sarah 763-607-9633 |
| 7:00PM | Addicts out of the basement (O,RF) | The Recovery Church, 250 state st., Saint Paul, MN, 55106 | Contact Kenyata 646-785-6142 |
| 7:00PM | Back to Basics (O,B,HY) | St. Martin's Lutheran Church, Enter Liberty Street Alley Back Door Of Church, 328 East Broadway Street, Winona, MN, 55987 | |
| 7:00PM | Clean in Clearwater (O) | United Methodist Church, 405 Main Street, Clearwater, MN, 55320 | |
| 7:00PM | Courage To Change (B,RF,St,Tr) | Christ Lutheran Church, Park in back and ring bell, 105 University Ave W, Saint Paul, MN, 55103 | Leron R 651-983-6305 |
| 7:00PM | Get Honest and Grow (O) | ICCM Life Center, 1812 Park Avenue South, Minneapolis, MN, 55404 | Sam B 952-406-2894 |
| 7:00PM | Grand Marais NA (O) | Grand Marais Hub, Enter side door (via parking lot), 10 Broadway Avenue, Grand Marais, MN, 55604 | |
| 7:00PM | Hope Works (C,CS,To) | Belgrade Avenue United Methodist Church, Downstairs, 325 Sherman Street, North Mankato, MN, 56003 | Lizzi 507-382-2397 |
| 7:00PM | Hugs not Drugs (O,IW,LD) | , 1504 10th Drive Southeast, Austin, MN, 55912 | Bridgette 507-440-8052 |
| 7:00PM | Just for Today on Wed (O,JT) | One Roof, 12 East 4th St., Duluth, MN, 55805 | |
| 7:00PM | Keeping It Simple (O,BT) | Ulstad Club, 1005 Ulstad Avenue, Albert Lea, MN, 56007 | Byron 507-826-3377 |
| 7:00PM | Live for Today NA (O,RF,WC,VW) | Wyoming United Methodist Church, 5459 East Viking Boulevard, Wyoming, MN, 55092 | Kelly P 651-707-7202 |
| 7:00PM | NA's Most Wanted (O) | United Methodist Church, 1701 5th Avenue Southeast, Grand Rapids, MN, 55744 | |
| 7:00PM | Recovery At Its Best Group (St) | St. James Episcopal Church, 105 North 5th Street, Marshall, MN, 56258 | |
| 7:00PM | Wadena NA Meeting (O,BT,RF,CF) | Sunnybrook Park, Dog park side, 217 Harry Rich dr, Wadena, MN, 56482 | |
| 7:00PM | Wednesday NA (O,JT,To) | Redwood Alano Club, 1006 South Ramsey Street, Redwood Falls, MN, 56283 | Russell P 507-640-0537 |
| 7:00PM | Wednesday Night Winners NA (O) | Dr. Theonnes Dental Office, 132 Main Ave W, Winsted, MN, 55395 | Al S. 952-215-7919 |
| 7:00PM | Windom NA | Old Firehall, Upstairs in Alano Room, 428 9th Street, Windom, MN, 56101 | |
| 7:00PM | Wonders of Recovery (O,JT,St,To,HY) | Alano Building, 214 Downtown Plaza, Fairmont, MN, 56031 | Cindi C 507-236-9373 |
| 7:05PM | Midweek NA (O,RF) | St. Luke Lutheran Church, 7000 Hinton Ave S, Cottage Grove, MN, 55016 | |
| 7:30PM | Battle Lake NA (O,JT) | Battle Lake Senior Citizen Center, 205 Main Street West, Battle Lake, MN, 56515 | Audrey K. 605-651-9745 |
| 7:30PM | Candlelight Bakery NA (O,CL,RF) | All God's Children MCC, 3100 Park Avenue South, Minneapolis, MN, 55407 | |
| 7:30PM | East Lake Nokomis NA (SD,HY) | Faith Evangelical Lutheran Church, 3430 E. 51st St., Minneapolis, MN, 55417 | Phil F. 651-353-6810 |
| 7:30PM | Liberacion De La Adiccion (O,B,ES,LD) | Downtown Alano Society, 520 Robert Street North, Saint Paul, MN, 55101 | Francisco Rodriguez 651-276-5859 |

Wednesday (cont)

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|---------------|---|---|-------------------------------|
| 7:30PM | Primary Purpose (O,BT,JT) | , 111 3rd Avenue Southwest, Rochester, MN, 55902 | |
| 7:30PM | Stillwater NA (C,RF) | St. Croix Alano Club Joseph H Roach Hall, 208 3rd St S, Stillwater, MN, 55082 | <i>Tad D 612-414-5855</i> |
| 8:00PM | Escape From Despair (B) | Elk River Alano Society, 414 Gironde Court, Otsego, MN, 55125 | <i>Romney S. 320-260-3921</i> |
| 8:00PM | Escape from Despair (B) | Elk River Alano, 9231 Odean Ave NE, Otsego, MN, 55330 | |
| 8:00PM | Just for Today NA (O,CL,CS,JT,WC) | Aliveness Proj, 3808 Nicollet Ave, Minneapolis, MN, 55409 | <i>Randy H 612-875-0743</i> |
| 8:15PM | NA (O) | Ironton Alano, 49 Curtis Ave, Ironton, MN, 56455 | |
| 8:30PM | By Addicts For Addicts | Upfront Alano Club, 302 4th Avenue Northeast, Brainerd, MN, 56401 | |
| 8:30PM | Desirably Clean NA (O,NC,RF,SD,To) | Northwestern Alano, The White House, 170 Maria Ave, Saint Paul, MN, 55106 | |
| 8:30PM | Na (To) | Andover alano, 18100 tulip St NW, Andover, MN, 55304 | |

Thursday

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|----------------|--|---|---|
| 7:00AM | Mugs Not Drugs (VM) | | |
| 10:00AM | Morning Serenity NA (VM,TC) | QNA, MN | |
| NOON | Thursday Noon (HY) | Alano Building, 214 Downtown Plaza, Fairmont, MN, 56031 | <i>Keith M. 507-236-9430</i> |
| NOON | Together We Stand (C,RF) | Midway Alano Club, 1161 Sherburne, Saint Paul, MN, 55104 | <i>James M 612-710-8825</i> |
| 1:00PM | Mid Day NA (O,CH,RF,WC) | Rear entrance of Haven treatment, 235 1st Ave E, Shakopee, MN, 55379 | <i>Mason C 651-270-4970</i> |
| 5:00PM | It's 5 O'Clock Somewhere (O) | UpFront Alano, 302 4th Ave NE, Brainerd, MN, 56401 | |
| 5:00PM | Surviving Thursdays (O,BT,JT,CF,SPAD) | Grace United Methodist Church, 500 BUSINESS 23 W., Paynesville, MN, 56362 | |
| 6:00PM | Camden Bridge N.A. (O,RF,VM) | , Minneapolis, MN, 55412 | |
| 6:00PM | Clean & Free in Hudson (O) | Hudson Alano, 322 Vine St, Hudson, WI, 54016 | <i>Meeting is upstairs</i> |
| 6:00PM | Drug Court Meeting (O) | Lighthouse Open Arms, 8055 Industrial Park Boulevard, Baxter, MN, 56425 | |
| 6:00PM | Support Sobriety (O,B,To) | Peoples Church Offices, 816 America Ave NW, Bemidji, MN, 56601 | |
| 6:00PM | Thursday Night Meeting (O,HY) | Wesley United Methodist Church, Enter Double Glass Doors From Back Parking Lot, Go Upstairs, 114 West Broadway, Winona, MN, 55987 | |
| 6:00PM | Thursdays on Tad (O,BT,WC,CF) | Immanuel Lutheran Church, 300 3rd St. S., Atwater, MN, 56209 | |
| 6:30PM | Nuts About the Newcomer (O,B) | 2218 Alano, 2218 First Avenue South, Minneapolis, MN, 55409-1320 | |
| 6:30PM | SOS Sisters of Serenity (W) | NONE, 2218 First Avenue South, Minneapolis, MN, 55404 | |
| 7:00PM | 4th Dimension NA (C,RF) | Faribault Alano Club, 116 Central Ave N, Faribault, MN, 55021 | |
| 7:00PM | 7-11 Group (St) | Our Saviors Lutheran Church, 1111 8th Street South, Virginia, MN, 55792 | |
| 7:00PM | Addicts in Recovery (O,WC,YP) | Alano Building, 214 Downtown Plaza, Fairmont, MN, 56031 | <i>AI H 507-230-0109</i> |
| 7:00PM | Alexandria NA (O,RF) | Alano club, 1604 Jefferson Street, Alexandria, MN, 56308 | |
| 7:00PM | All Welcome (O) | United Church of Two Harbors, 531 3rd Avenue, Two Harbors, MN, 55616 | |
| 7:00PM | Common Purpose (O) | Common Ground Church, 404 Cypress St N, Cambridge, MN, 55008 | <i>Travis 763-310-7071</i> |
| 7:00PM | Crossroads NA (O,CL,JT,To,WC) | Elevate Church, 191 North Victory Drive, Mankato, MN, 56001 | <i>Mike 507-774-2772</i> |
| 7:00PM | Dopeless in Delano (O) | Delano Evangelical Free Church, 730 Elm Avenue East, Delano, MN, 55328 | <i>Drew S. 763-248-9946</i> |
| 7:00PM | Hibbing Thursday Night NA (C,To) | St. James Church, 2028 East 7th Ave, Hibbing, MN, 55746 | |
| 7:00PM | Homeward Bound NA (C,CS) | Salem Lutheran Church, 90 Riverside Drive, Saint Cloud, MN, 56304 | |
| 7:00PM | Hooked on Books (RF) | Lutheran Church of the Redeemer, 285 Dale Street North, Saint Paul, MN, 55103 | <i>Alvin 651-276-9169</i> |
| 7:00PM | Hope Not Dope (O,IP,WC) | Peace Church, Lower Level Enter In Back, 1111 11th avenue east, Duluth, MN, 55805 | |
| 7:00PM | Hutchinson NA (O) | Faith Lutheran Church, 335 Main St S, Hutchinson, MN, 55350 | |
| 7:00PM | Life Worth Livings (C,BT) | Hope Church, 7477 145th St W, Apple Valley, MN, 55124 | <i>Mason C 651-270-4970</i> |
| 7:00PM | Live The Steps Or Die Motherfuckers (O,LD) | Tonka Alano Club, Parking in front and back of the building, 5098 3 points blvd, Mound, MN, 55364 | |
| 7:00PM | More Will Be Revealed (C,BT,WC) | Zion Lutheran Church, 28005 Old Towne Road, Chisago City, MN, 55013 | <i>Wendy W. 763-670-3868</i> |
| 7:00PM | Off the Hook (O,JT) | Perham Alano Club, 43452 County Highway 34, Perham, MN, 56573 | <i>Serena O. 218-261-1131</i> |
| 7:00PM | Radical Recovery (O) | Shepherd Of The Hill Presbyterian Church, 145 Engler Blvd, Chaska, MN, 55318 | <i>Brittany E. 320-298-6155</i> |
| 7:00PM | Recovery in Forest Lake (JT) | Forest Hills Methodist Church, 1790 11th Street Southeast, Forest Lake, MN, 55025 | <i>Gabe 651-343-8812</i> |
| 7:00PM | Refuge in Recovery | Svea Hill Covenant Church, Bonfire Meeting Weather Permitting, 16392 235th Ave NW, Big Lake, MN, 55309 | |
| 7:00PM | Self Preservation Addics of NA (O,CS,RF,To) | North Point Church, 10732 Hanson Blvd NW, Coon Rapids, MN, 55433 | <i>Elizabeth S. 763-688-5799</i> |
| 7:00PM | The NA Way (C,BT,BK,LD) | West Hills Alano Club, 605 Florence Avenue, Owatonna, MN, 55060 | <i>Nikki 507-456-3757</i> |
| 7:00PM | Together We Stand (O,CS,JT,To) | Friendship Assembly of God, 210 Central Drive West, Braham, MN, 55006 | <i>Nicole 320-438-4943</i> |
| 7:00PM | Unity on Union (O) | First United Church of Christ, 300 Union St., Northfield, MN, 55057 | |
| 7:30PM | Liberacion De La Adiccion (O,B,ES,LD) | Downtown Alano Society, 520 Robert Street North, Saint Paul, MN, 55101 | <i>Francisco Rodriguez 651-276-5859</i> |
| 7:30PM | New Beginnings NA (O,JT,St) | Ulstad Club, 1005 Ulstad Avenue, Albert Lea, MN, 56007 | <i>Byron J: 507-826-3377</i> |
| 7:30PM | New Way to Live NA (C,JT,To,WC) | , 13000 Saint Davids Road, Minnetonka, MN, 55305 | <i>Michael D 612. 240. 4512</i> |
| 7:30PM | No BS (C,CL,JT,NC) | New Life Church, 931 Norman Ave, Foley, MN, 56329 | |
| 7:30PM | Riverside NA (C,CL,RF) | Minnehaha Community Lutheran Church, 4101 37th Ave S, Minneapolis, MN, 55406 | <i>Alex 612-868-3528</i> |
| 8:00PM | 7-11 Group (O,WC) | Mount Olive Lutheran Church (Use 31st Street Door By Alley), 3045 Chicago Avenue, Minneapolis, MN, 55407 | |
| 8:00PM | COOP Lifeboat (O,WC,LD) | First Presbyterian, West Entrance, 512 Third Street Southwest, Rochester, MN, 55902 | |
| 8:00PM | More Out of Life (C,CL,To,WC) | Christ United Presbyterian Church, Open first Thursday of the month, 400 West Lyon Street, Marshall, MN, 56258 | |
| 8:00PM | That's It NA (O,JT) | Grace United Methodist, 1100 Friberg Avenue, Fergus Falls, MN, 56537 | <i>Dustin S. 218-731-8144</i> |
| 8:15PM | Grace's Garage | Grace Lutheran Church Annex, 105 2nd Street Southeast, Waseca, MN | <i>Jack 507-461-6233</i> |

Friday

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|----------------|--|--|-----------------------------|
| 6:30AM | Sunrise Serenity (O,To) | Northwestern Alano, 170 Maria Ave, Saint Paul, MN, 55106 | |
| 7:00AM | Early Morning Recovery (JT,LD) | Spirit of Christ Church, 5801 Minnetonka Blvd, Saint Louis Park, 55416 | <i>Howie 612-723-9092</i> |
| 7:00AM | Mugs Not Drugs (VM) | | |
| 8:30AM | Friday Morning Gratitude (VM) | QNA, MN | |
| 8:30AM | Rise and Shine NA (BT) | West Hills Alano Club, 55060, 605 Florence Avenue, Owatonna, MN, 55060 | |
| 11:00AM | It Works on Fridays Too (O) | ICCM Life Center, 1812 Park Ave, Minneapolis, MN, 55404 | <i>Cee Jay 205-760-2457</i> |
| 6:00PM | Better Late Than Never (O) | Church of Christ, 119 Rowland St, Tracy, MN, 56175 | |
| 6:00PM | Leading by Example (C,NC,RF) | , Church Basement, 1800 Glenwood Avenue North, Minneapolis, MN, 55405 | |
| 6:30PM | Fienix NA (O) | , 2218 First Avenue South, Minneapolis, MN, 55404 | <i>Joel B. 612-459-8242</i> |
| 6:30PM | True to Ourselves (O,SD,To,WC,HY) | Alano Building, 214 Downtown Plaza, Fairmont, MN, 56031 | <i>Doug 507-848-8990</i> |
| 7:00PM | A Better Way to Live (O) | none, 12266 255th Av, Zimmerman, MN, 55398 | |
| 7:00PM | A Better Way to Live (O,RF) | , 1226 255th Avenue, Zimmerman, MN, 55398 | |
| 7:00PM | A New Vision (O,HY) | St. Paul's Episcopal Church, 265 East Lafayette St, Winona, MN, 55987 | |

Friday (cont)

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| 7:00PM | Alexandria NA (O) | Alano club, 1604 Jefferson Street, Alexandria, MN, 56308 | <i>Willie W. 320-815-6710</i> |
| 7:00PM | Basically Lit (BK) | Cornerstone Community Church, Door 5, Lower Level, 1313 Division St S, Northfield, MN, 55057 | |
| 7:00PM | Detroit Lakes NA (JT) | Alano Clubhouse, 827 Summit Ave, Detroit Lakes, MN, 56501 | |
| 7:00PM | Detroit Lakes NA (JT) | Alano Clubhouse, 827 Summit Ave, Detroit Lakes, MN, 56501 | |
| 7:00PM | First Friday (SD,WC,OE) | Park Ave United Methodist, Only The Frst Friday Of Each Month, 3400 Park Ave S, Minneapolis, MN, 55407 | <i>Sam B. 952-406-2894</i> |
| 7:00PM | Focus on Recovery (O) | Cokato City Hall, Back Door, 255 Broadway Avenue S, Cokato, MN, 55321 | <i>Jim K. 320-583-7148</i> |
| 7:00PM | Friday Night Freedom Seekers (C,RF,WC) | Trinity Lutheran Church, Enter on East Side of Building, 609 Lincoln Ave, Owatonna, MN, 55060 | <i>Colleen S. 507-456-8039</i> |
| 7:00PM | Friday Night Mayhem (O,NC,To) | Restoration Center, Next To Post Office, 255 West 5th St, Rush City, MN, 55069 | <i>Bill (612) 741-2229 or Nick (320) 390-0672</i> |
| 7:00PM | Fridays Aren't High Days (O,RF,To) | Trinity Church, 1415 6th Avenue, Anoka, MN, 55303 | |
| 7:00PM | Hope Fiends (O,BT) | Hope Church, 201 Hope Ave, Jordan, MN, 55352 | |
| 7:00PM | Just For Today NA (O,CS,WC) | Bethlehem Lutheran Church, 4310 County Road 137, Saint Cloud, MN, 56301 | |
| 7:00PM | KISS (CS,RF) | Elevate Church, 191 North Victory Drive, Mankato, MN, 56001 | <i>Jeni P 507-382-6258</i> |
| 7:00PM | LGBTQIA Clarity NA (O,LGBTQ,RF,WC) | Clare Housing NE, 929 Central Avenue Northeast, Minneapolis, MN, 55413 | <i>Jackson O. 847-912-7298</i> |
| 7:00PM | Lakeside NA (O,CS,VW) | Common Ground Church, 404 Cypress St N, Cambridge, MN, 55008 | <i>Doug W. 612-598-4993</i> |
| 7:00PM | Living Clean (O,WC,LD) | Peace United Church Of Christ Lower Level Enter Back, Weather Permitting Meeting In Yard, 1111 North 11th Avenue East, Duluth, MN, 55805 | |
| 7:00PM | Lost Dreams Awaken (CS,RF) | Princeton Alano Club, 1315 3rd Street North, Princeton, MN, 55371 | <i>Kay 763-200-3357</i> |
| 7:00PM | N.E.N.A. (O,BT,JT,CF) | NE Neighborhood Center, 1700 2nd Street Northeast, Minneapolis, MN, 55413 | <i>contact change</i> |
| 7:00PM | New Heights NA (O,B,BT,To) | Our Saviours Lutheran Church, 529 11th Street South, Virginia, MN, 55792 | |
| 7:00PM | New Ulm NA (JT,To) | Oakwood United Methodist Church, 1630 Oakwood Ave, New Ulm, MN, 56073 | |
| 7:00PM | One Hour NA (O,RF,St,WC) | n/a, 3837 Central Av NE, Columbia Heights, MN, 55421 | <i>Kent L 612-425-7010</i> |
| 7:00PM | Our Freedom Springs (To) | Shepard Of The Hill Presbyterian Church, 145 Engler Blvd, Chaska, MN, 55318 | |
| 7:00PM | Stepping Stones | Twin Rivers Building, 614 Davis Avenue, Thief River Falls, MN, 56701 | <i>Shawn O. 218-686-3185</i> |
| 7:00PM | Surrender = Freedom (C,JT,WC) | Maranatha Chisago Campus, 10963 Lake Boulevard, Chisago City, MN, 55013 | <i>Allisa W. 651-424-9548</i> |
| 7:00PM | That's It NA (O) | Alano Club, 215 East Junius, Fergus Falls, MN, 56537 | <i>Julie S. 218-671-3709</i> |
| 7:00PM | We Are Recovering (C,BK) | St. Andrews Lutheran Church, Community Resource Center - Room 5B, 900 Stillwater Road, Mahtomedi, MN, 55115 | <i>Jody Z 651-263-6648</i> |
| 7:00PM | Worthington NA (LD) | Worthington Alano Club, 920 Diagonal Road, Worthington, MN, 56187 | <i>Craig D 507-360-3429</i> |
| 7:30PM | Barking Buffaloes (O,RF,WC) | Hope Harbor, 53 Glenwood Av, Minneapolis, MN, 55404 | <i>Buddy K 612 735 7579</i> |
| 7:30PM | Flicker of Hope (O,CL,RF,HY) | Ulstad Club, 1005 Ulstad Avenue, Albert Lea, MN, 56007 | <i>Byron J: 507-826-3377</i> |
| 7:30PM | Friday Night NA Chisholm (O,To,WC) | Faith Lutheran Church, 302 1st Avenue Southwest, Chisholm, MN, 55719 | |
| 7:30PM | Gotta Do Something (C,RF,To,WC) | First Lutheran Church, 1114 W. Traverse Rd, St. Peter, MN, 56082 | <i>1st Friday of the Month is Open meeting</i> |
| 7:30PM | Liberacion De La Adiccion (O,B,ES,LD) | Downtown Alano Society, 520 Robert Street North, Saint Paul, MN, 55101 | <i>Francisco Rodriguez 651-276-5859</i> |
| 7:30PM | NA Day (O,WC,CF) | First Presbyterian Church, Use Lower/Back Entrance, 535 20th Avenue North, South Saint Paul, MN, 55075 | <i>Kriss K 651-900-4188 Sasha B 763-485-8782</i> |
| 7:30PM | Peace of Mind (C,RF,WC) | Lutheran Church of Our Savior, 14980 Diamond Path W, Rosemount, MN, 55068 | <i>Leo J 612-644-6741</i> |
| 7:30PM | Whatever It Takes | Litchfield Christian Church, 312 North Marshall Avenue, Litchfield, MN, 55355 | |
| 8:00PM | Always Teachable (O,B) | American Reform Church, 130 Dakota Street North, Woodstock, MN, 56186 | <i>Megan D 507-215-3111</i> |
| 8:00PM | Back to Basics (C,B,BT,LD) | St John the Evangelist Church, Fireside room, 60 N. Kent St., Saint Paul, MN, 55102 | <i>Rufus B 612-407-7269 or JJ 507-382-2584</i> |
| 8:00PM | COOP Awareness (O,RF) | 1ST Presbyterian Church, West Entrance, 512 Third Street Southwest, Rochester, MN, 55902 | |
| 8:00PM | Easy Does It (C,RF) | Branchline Church, 518 2nd Street East., Hastings, MN, 55033 | |
| 8:00PM | No Drugs at Sunset (BT) | United Methodist Church, 202 South 9th Street, Olivia, MN, 56277 | |
| 8:00PM | Virtual Hope Shot (VM) | | |
| 8:00PM | Words Into Actions (C,RF,WC) | Lutheran Church of the Redeemer, 285 North Dale Street, Saint Paul, MN, 55103 | |
| 8:30PM | Friday Night Hope (O,B,CS,JT) | Lakes Area Alano, 7829 State Highway 210, Baxter, MN, 56425 | <i>Tate H. 218-537-7655</i> |
| 9:00PM | Young in Recovery (O,LGBTQ,RF,SD,YP) | Grace Trinity Community Church, 1430 W 28th St, Minneapolis, MN, 55408 | |
| 10:30PM | Friday Night Hope NA (O,JT,RF,WC) | Midway Alano Club, 1161 Sherburne Avenue, Saint Paul, MN, 55104 | |
| Saturday | | | |
| 7:00AM | Mugs Not Drugs (VM) | | |
| 7:00AM | Safe Haven NA (C,Tr,VM) | , Montevideo, MN, 56265 | |
| 9:00AM | FYI - I'm Clean & Serene (C,RF) | Episcopal Guild House, 101 6th Street Northwest, Faribault, MN, 55021 | <i>Arthur R. 507-330-3639</i> |
| 9:00AM | Recovery in the Parlor (C,CS,W,WC) | The Recovery Church, 253 State St, Saint Paul, MN, 55107 | <i>Danita B. 651 263-0692</i> |
| 9:00AM | Saturday Morning NA (O,B,CS,To,WC) | Common Ground Church, 404 Cypress Street N, Cambridge, MN, 55008 | <i>Travis 763-310-7071</i> |
| 9:30AM | Soft Chairs Hard Truths (C,RF,VW,CF) | Kingston Apostolic Lutheran Church, 71580 CsaH 27, Kingston, MN, 55353 | |
| 10:00AM | It's 10 O'Clock Somewhere (O,To) | Recovery Center, 110 Washburn Avenue, Paynesville, MN, 56362 | |
| 10:00AM | Queer, Trans, & Friends NA (O,LGBTQ,WC) | Aliveness Project, 3808 Nicollet Av, Minneapolis, MN, 55409 | <i>Max A. 612-559-4773</i> |
| 10:00AM | Recovering Ladies of the Lakes (C,IW,NC,Ti,W) | n/a, Basement, 1800 Glenwood Av N, Minneapolis, MN, 55405 | |
| 10:00AM | Scars And Tattoos NA (B) | Iktomi tattoos, and art studio, 1415 w 35th st, Minneapolis, MN, 55411 | |
| 10:00AM | Stepping on Traditions (BT,IW,M) | n/a, 5540 30th Ave. S, Minneapolis, MN, 55417 | <i>Thadious 612-407-9428</i> |
| 10:30AM | Broaden the Base (O,BT,BK,LD) | St. Cloud Public Library, Array Room. Please see CMASC Facebook as room may vary., 1300 W St Germain St, St. Cloud, MN, 56303 | |
| 11:00AM | Kindred Spirits (O,LD) | Bethel Lutheran Church, Enter at Main Door: Use Call Button, 810 3rd Ave SE, Rochester, MN, 55904 | |
| 11:00AM | Women Do Recover (C,W,HY) | Wesley United Methodist Church, Park and Enter Through Back, 14 West 6th Street, Winona, MN, 55987 | |
| 11:30AM | Just For Today (O,RF) | One Roof Housing, 12 East 4th Street, Duluth, MN, 55805 | |
| 1:00PM | Asking For Help (To) | , 3400 East Lake Street, Minneapolis, MN, 55406 | |
| 4:00PM | Docs Saturday Topic (B,BT,JT) | Doc's Recovery House, 1821 Restoration Rd SW, Rochester, MN, 55902 | |
| 5:00PM | Clean and clear (C) | Hope Church, 244 S Broadway Ave, Albert Lea, MN, 56007 | |
| 5:30PM | Saturday Solutions (B) | Elk River Alano, 9231 O'Dean Ave NE, Otsego, MN, 55330 | |
| 6:00PM | Hope Fiends (O,CS,Ti,To) | Zion Lutheran Church, Lower or Upper Entrance; Meet In Luncheon Hall, 1000 Washington Ave., Cloquet, MN, 55720 | |
| 6:00PM | New Freedom (BT) | Our Saviours Lutheran Church, 529 11th Street South, Virginia, MN, 55792 | |
| 6:00PM | RBA NA (B,RF) | Richfield Bloomington Alano, 9321 Bryant Avenue South, Bloomington, MN, 55420 | |
| 6:30PM | Fienix NA (O) | , 2218 First Avenue South, Minneapolis, MN, 55404 | <i>Joel B. 612-459-8242</i> |
| 6:30PM | From Darkness Into Light (O) | St Paul Lutheran Church, 5634 Luther Rd SE, Prior Lake, MN, 55372 | <i>Paul E 952-446-5911 & Marshall H 763-333-6121</i> |

Saturday (cont)

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| 6:30PM | Serenity Seekers (B,BT,RF,WC) | Alano Building, 214 Downtown Plaza, Fairmont, MN, 56031 | <i>Jenny R. 507-236-9209</i> |
| 7:00PM | Freedom from Addiction NA (O) | Buffalo United Methodist Church, 609 8th St NW, Buffalo, MN, 55313 | |
| 7:00PM | Friends in Recovery NA (C,RF) | Whitehouse, 170 Maria Ave, Saint Paul, MN, 55106 | |
| 7:00PM | How it works & why (O,IW,LD) | , 1504 10th Drive Southeast, Austin, MN, 55912 | <i>Bridgette 507-440-8052</i> |
| 7:00PM | It Takes A Village (O,JT) | Peace Church, Lower Level Enter In Back, 1111 North 11th Avenue East, Duluth, MN, 55805 | |
| 7:00PM | It Works (O,B) | Peace United Methodist Church, 303 South 9th Avenue West, Virginia, MN, 55792 | |
| 7:00PM | LGBTQ & Friends (O,LGBTQ,RF,WC) | Bryn Mawr Presbyterian Church, 420 Cedar Lake Road South, Minneapolis, MN, 55405 | |
| 7:00PM | Main St NA (WC) | Anchor Of Hope, 203 E Main St, Dodge Center, MN, 55927 | |
| 7:00PM | More Out of Life (C,RF,WC) | Living Word Lutheran Church, Marshall, 800 E Southview Ct, Marshall, MN, 56258 | |
| 7:00PM | Northwest NA (O,RF,WC) | United Church of Christ, 1000 Longlake Rd, New Brighton, MN, 55112 | <i>Lynn N 612-208-1427</i> |
| 7:00PM | Off the Hook (O,JT) | Perham Alano Club, 43452 County Highway 34, Perham, MN, 56573 | <i>Serena O. 218-261-1131</i> |
| 7:00PM | Roseau Narcotics Anonymous (BT) | First Baptist Church, 402 11th Ave SE, Roseau, MN, 56751 | <i>Open meeting For those who think they have a drug problem and want to stop, as well as anyone who is interested in NA.</i> |
| 7:00PM | Roseau Narcotics Anonymous (BT) | First Baptist Church, 402 11th Ave SE, Roseau, MN, 56751 | <i>Open meeting For those who think they have a drug problem and want to stop, as well as anyone who is interested in NA.</i> |
| 7:00PM | Saturday Night Live (O,B,NC,RF,WC) | Lakes Area Alano, 7829 State Highway 210, Baxter, MN, 56425 | |
| 7:00PM | Saturday Night Live In Paynesville (O,To) | Recovery Center, 110 Washburn Avenue, Paynesville, MN, 56362 | |
| 7:00PM | Saturday Night Superstars (O) | Christ Lutheran Church, 1820 Knight Avenue N, Glencoe, MN, 55336 | |
| 7:00PM | T9 (O,RF,WC) | St Pauls Church, Enter on lower level, 749 Main Street, Zumbrota, MN, 55992 | |
| 7:00PM | That's It NA (O) | Federated Church, 224 North Union Avenue, Fergus Falls, MN, 56537 | <i>Julie S. 218-671-3709</i> |
| 7:00PM | Upper Mississippi Shakedown (C,B,RF,WC) | Atonement Lutheran Church, 1144 29th Avenue North, Saint Cloud, MN, 56303 | |
| 7:30PM | Chisholm NA (C,To,WC,CP) | Faith Lutheran Church, 302 1st Avenue Southwest, Chisholm, MN, 55719 | |
| 7:30PM | Clean & Free (O,JT,LD) | Ulstad Club, 1005 Ulstad Avenue, Albert Lea, MN, 56007 | <i>Steve S: 507-369-5045</i> |
| 7:30PM | Get Candle-Lit (C,CL) | St. Paul's Episcopal Church, 220 S. Cedar Ave, Owatonna, MN, 55060 | <i>Heath 507-363-0194</i> |
| 8:00PM | Beacon of Hope - Candlelight meeting (O) | Oak Knoll Lutheran Church, West Entrance, 610 Hopkins Crossroads, Minnetonka, MN, 55305 | |
| 8:00PM | Our Native Tribe (O,RF,CF) | Shepherd Of The Hill Presbyterian Church, 145 Engler Blvd, Chaska, MN, 55318 | |
| 9:00PM | Apple Valley Basic Text Study (O,BT,WC) | Spirit of Life Church, 14401 Pilot Knob Rd, Apple Valley, MN, 55124 | <i>Garrett 763-360-8151</i> |
| 9:30PM | Fellowship Fire (O,IP,RF,SD) | Northwestern Alano Club, 170 Maria Avenue, Saint Paul, MN, 55106 | |
| 9:30PM | Saturday Night Candlelight (O,RF) | Blaine Central Alano, 13536 Hwy 65 NE, Ham Lake, MN, 55304 | <i>Daron (612) 544-1941</i> |
| 10:00PM | Late Night NA (O,BT,CL,WC) | Church basement, 4747 Lyndale Ave S, Minneapolis, MN, 55419 | <i>Lillie 612-438-9698</i> |