

Sunday
2:00 PM - Nature Coast Unity Group (O,D,SD) Club Recovery, 2435 N Florida Ave, Hernando, FL, 34442
7:00 PM - Progressive Recovery ZOOM ONLY (D,VM) Zoom Only ID: 547-080-2313 PW: 1953, Zoom ID: 5470802313 PW: 1953, Dunnellon, FL
7:00 PM - Recovery on the River (O) YANA Building, Redrick House, 840 Citrus Ave, Crystal River, FL, 34428
Monday
7:00 PM - Progressive Recovery (O,D,VAR,WC,HP,SPK) Dunnellon Presbyterian Church, 20641 Chestnut St, Dunnellon, FL, 34431
7:00 PM - Recovery on the River (LIT) YANA Building Redrick House, 840 Citrus Ave, Crystal River, FL, 34428
Tuesday
2:00 PM - Nature Coast Unity Group (O,D) Club Recovery, 2435 N Florida Ave, Hernando, FL, 34442
7:00 PM - The Men's Meeting (D,SD) club recovery, 2435 n florida ave, hernando fl 34442, Hernando, FL, 34442
7:30 PM - Progressive Recovery (O,D,WC,HP,SPK) Dunnellon Presbyterian Church, 20641 Chestnut St, Dunnellon, FL, 34431
Wednesday
5:30 PM - Progressive Recovery * WOMEN * (W) + WOMENS MEETING * Serenity Sisters *, 20641 Chestnut Street, Dunnellon, FL, 34431
7:00 PM - No Matter What (O,D,NS) Nature Coast Community Church, 5113 Suncoast Highway, Homosassa, FL, 34446

7:00 PM - Progressive Recovery (O,D,WC,HP,SPK) Dunnellon Presbyterian Church, 20641 Chestnut St, Dunnellon, FL, 34431
Thursday
6:30 PM - Hope Not Dope (O,D) 1160 N Dunkenfield Ave, Crystal River, FL, 34429
7:30 PM - Progressive Recovery (O,BT,WC,LIT,HP,SPK) Dunnellon Presbyterian Church, 20641 Chestnut St, Dunnellon, FL, 34431
Friday
6:00 PM - Nature Coast Unity Group (O,BT,STP,LIT,SD) Club Recovery, 2435 N Florida Ave, Hernando, FL, 34442, <i>Third Friday of the month is a Speaker Meeting.</i>
7:00 PM - Progressive Recovery (O,D,SPK) Dunnellon Presbyterian Church, 20641 Chestnut St, Dunnellon, FL, 34431
8:00 PM - Recovery on the River (O,D,NS,HY) YANA Building Redrick House, 840 Citrus Ave, Crystal River, FL, 34428
Saturday
10:00 AM - Progressive Recovery (O,D,SPK) Dunnellon Presbyterian Church, 20641 Chestnut St, Dunnellon, FL, 34431
6:00 PM - Progressive Recovery * LAST Sat each month (eat & speak) (O,ANV,SPK) Dunnellon Presbyterian Church, Located in the fellowship hall, 20641 Chestnut St, Dunnellon, FL, 34431, <i>Eat-n-Speak Speaker Meeting Meets Last Saturday of the Month only</i>
8:00 PM - No Matter What (C,D) Nature Coast Community Church, 5113 Suncoast Hwy (19), Homosassa, FL, 34446
8:00 PM - Progressive Recovery (D) 20641 Chestnut St, Dunnellon, FL, 34431

Activities	To Be Announced
Helpline Club Y.A.N.A. 209 S. Tampania	1st Monday 7:00 pm
Hospitals and Institutions First Church of God 2202 East Busch Blvd Orientation	12:00noon 2nd Saturday
Policy First Church of God 2202 East Busch Blvd	1:00pm 12:00noon 2nd Saturday
Public Relations First Church of God 2202 East Busch Blvd	1:00pm 2nd Saturday
News Letter First Church of God 2202 East Busch Blvd	12:30pm 2nd Saturday
Brandon Christian Church 910 Bryan Rd. - Brandon	7:00pm 1st Sunday
Convention DACCO 4422 E. Columbus Dr. <i>(use door facing Columbus drive)</i>	10:00am Last Saturday



NATURE COAST AREA

NARCOTICS ANONYMOUS

MEETING LIST

JANUARY 2026

24 HOUR HELPLINE

352-508-1604

naturecoastna.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Tell yourself,

JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in N.A. who believes in me and wants to help in my recovery.

JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY through N.A. I will try to get a better perspective of my life.

JUST FOR TODAY I will be unafraid, my thoughts will be on my new associations, people who are not using and have found a new way of life. So long as I follow that way, I have nothing to fear.

CALL HELP LINE (813) 879-4357 FOR UPDATE ON NEW MEETINGS

D	Discussion	VAR	Format Varies
W	Women	NS	No Smoking
SD	Speaker & Discussion	ANV	Anniversary Night
HP	Handicap Parking	O	Open
C	Closed to Non-Addicts	WC	Wheelchair
BT	Basic Text	STP	Step
LIT	Literature Study	VM	Virtual Meeting
HY	Hybrid	SPK	Speaker Only

Bahamas Area - Bahamas Islands	242 - 426 - 5245
Bay Area - Pinellas Co.	727 - 547 - 0444
Bermuda Area	441 - 293 - 0999
Big Bend Area - Tallahassee	877 - 340 - 5096 850 - 224 - 2321
Chain O' Lakes Area - Lake & Sumter Co.	352 - 319 - 5617
Daytona Beach Area - Volusia Co. Flager Co.	800 - 206 - 0731 386 - 628 - 0318
First Coast Area - Duval Co.	904 - 723 - 5683
Forest Area - Marion Co.	352 - 368 - 6061
Tampa Fun Coast Area - Hillsborough Co.	813 - 879 - 4357
Heartland Area - Polk, Hardee, Highland Co.	863 - 683 - 0630
Greater Orlando Area - Orange Co.	407 - 425 - 5157
Palm Coast Area - Palm Beach Co.	561 - 848 - 6262
River Coast - Hernando Co.	352 - 382 - 0851 352 - 754 - 7200
Citrus Co.	352 - 382 - 0851
Recovery Coast Area - Pasco County	727 - 842 - 2433
Space Coast Area - Brevard Co.	321 - 631 - 4357
Suncoast Area - Sarasota Co. Manatee Co.	941 - 257 - 5055
Treasure Coast Area - St. Lucie Co. & Surrounding Co.	772 - 343 - 8373
Uncoast Area - Alachua Co.	866 - 352 - 5323
Mid-coast Area (Boca Raton, Delray Beach)	561 - 393 - 0303
Gold Coast Area (Fort Lauderdale)	866 - 389 - 1344 888 - 524 - 1777
South Broward Area (Hollywood)	954 - 967 - 6755
North Dade Area (Miami, Hialeah)	305 - 620 - 3875
Beach And Bay Area (Miami Beach)	305 - 628 - 8205
South Dade Area (Kendall, Homestead)	305 - 265 - 9555
Conch Republic (Upper And Middle Keys)	305 - 664 - 2270
Conch Republic (Lower Keys)	305 - 394 - 5962
Gulf Coast Area	866 - 389 - 1344
Shark Coast Area (Venice, Nokomis)	941 - 493 - 5747
Shark Coast Area (Toll-free)	888 - 930 - 0006
Sunset Coast (Naples) *6:00 Am-6:00 Pm	239 - 591 - 2804 888 - 435 - 7301
Sunset Coast (Naples) *6:00 Pm-6:00 Am	239 - 249 - 1398 888 - 435 - 7301
Pensacola	850 - 496 - 1673 850 - 723 - 4813
Vero Beach, Fort Pierce	772 - 343 - 8373
Ft. Walton Beach	850 - 496 - 1673