

SUNDAY

8:30AM 1HR Morning Fix in the 916 Group, 1609 Bowling Green Drive, Sacramento, CA, 95815 **(O,RF)**

9:00AM 1. 5HR It's A We Program, Sacramento, CA, **(IW,VM)** *Meeting ID: 9411 300 9350, Passcode: 1953*

9:00AM 1. 5HR NA Meeting Makers Make It Group, Sacramento, CA, **(JT,VM,SPAD)** *Meeting ID: 8231 7205 779 Password: 1953*

9:00AM 1. 25HR North Sac Biscuits and Gravy Group, 940 Eleanor Avenue, Sacramento, CA, 95815 **(O,HY)** *Meeting ID: 346 296 419 Password: 1953*

9:30AM 1HR Davis Group, Davis, CA, 95618-4020 **(O,W,VM)** *Meeting ID: 709 125 0606 Password: 578015*

11:00AM 1HR Sunday Morning Recovery, Free Parking, Enter through front, second floor, 720 7th St., Sacramento, CA, 95814 **(SD,WC)**

1:00PM 1. 5HR Honesty, Open-Minded and Willingness Group, Sacramento, CA, **(O,JT,RF,VM)** *Meeting ID: 8688 384 5553 Password: 1953*

1:00PM 1HR Together in Recovery Group, 2829 Watt Avenue, Sacramento, CA, 95821 **(O,NC)**

4:00PM 1. 25HR Have Mercy Group, Building D, 7100 Fair Oaks Blvd., Carmichael, CA, 95608 **(O,To,WC)**

5:00PM 1. 25HR North Sac Vision of Hope, 940 Eleanor Avenue, Sacramento, CA, 95815 **(O,W)**

5:30PM 1HR Broderick Group, 1275 Starboard Drive, West Sacramento, CA, 95691 **(O)**

6:00PM 1. 25HR Stepping Stones Group, 9270 Bruceville Road, Elk Grove, CA, 95758-9514 **(O,SD)**

6:30PM 1HR The Journey Within Group, Building E - (First building on right behind playground), 8321 Greenback Lane, Fair Oaks, CA, 95628 **(C,ME)**

7:00PM 1. 25HR Hug Not Drugz Group, 5501 Dewey Drive, Fair Oaks, CA, 95628 **(O)**

7:00PM 1HR Over The Rainbow, First United Methodist Church, Entrance on J Street, 2100 J Street, Sacramento, CA, 95816 **(LGBT,SD,HY,G)** *Meeting ID: 411-432-8814 Password: rainbow*

7:00PM 1. 5HR Sunday Night Serenity Group, 6201 Hillsdale Blvd., Sacramento, CA, 95842 **(O,SD,HY)** *Meeting ID: 917 962 183 Password: 1953*

7:00PM 1. 25HR Sunday Night Solutions, 5809 Gibbons Ave, Carmichael, CA, 95608

7:30PM 1. 25HR Ashes to Diamonds Group, 4641 Marconi Ave., Sacramento, CA, 95821

7:30PM 1. 25HR North Sac Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726 **(O,WC)**

MONDAY

8:30AM 1HR Morning Fix in the 916 Group, 1609 Bowling Green Drive, Sacramento, CA, 95815 **(O,RF)**

9:00AM 1. 5HR Honesty, Open-Minded and Willingness Group, Sacramento, CA, **(O,JT,RF,VM)** *Meeting ID: 8688 384 5553 Password: 1953*

9:00AM 1. 5HR It's A We Program, Sacramento, CA, **(VM)** *Meeting ID: 9411 300 9350, Passcode: 1953*

9:00AM 1. 5HR NA Meeting Makers Make It Group, Sacramento, CA, **(JT,VM,SPAD)** *Meeting ID: 8231 7205 779 Password: 1953*

NOON 1HR Clunie Group, Trinity Episcopal Cathedral, 2620 Capitol Avenue, Sacramento, CA, 95816-5905 **(O,D,WC)**

NOON 1HR Group 55, 4400 58th St., Sacramento, CA, 95820 **(B,RF)**

NOON 1HR St Clare at Capitol Park, 1125 9th Street, Sacramento, CA, 95814 **(O,JT,RF,SD)**

5:30PM 1HR The 5:30 NA Meeting, 7595 Center Pkwy, Sacramento, CA, 95823 **(SD)**

6:00PM 1HR Davis Group, 1701 Russell Blvd, Davis, CA, 95616 **(O,LGBT,LC,G)**

6:00PM 1HR The Gathering, 5840 Marysville Blvd, Rio Linda, CA, 95673 **(O,CW)**

7:00PM 1. 25HR Boulevard Court South Sac Recovery, Boulevard Court Community Room, 2nd Monday double speaker meeting, 5321 Stockton Blvd - Honk twice at the gate, Sacramento, CA, 95820 **(C,SD,HY)** *Meeting ID: 770 920 3383 Password: 1953*

7:00PM 1. 5HR Carmichael Recovery Inclined Group, Lutheran Church of the Our Redeemer, 4641 Marconi Avenue, Sacramento, CA, 95821-4315 **(O,WC,BK)**

7:00PM 1HR Cope Without Dope, 8220 Elkgrove Florin Rd, Elk Grove, CA, 95829 **(O,SD)**

7:00PM 1. 25HR Mad About Recovery Group, 8938 Madison Avenue, Fair Oaks, CA, 95628 **(O)**

7:00PM 1. 25HR Recovery in Rio Linda Group, Calvary Lutheran Church, double speaker meeting first Monday of each month, 515 L Street, Rio Linda, CA, 95673-3429 **(O,D)**

7:00PM 1. 25HR The Limitless Growth Group, Upstairs, Room E-21, 2391 St. Marks Way, Sacramento, CA, 95864 **(RF,St,Tr,BK,LS)**

7:00PM 1HR Time and Change, Trinity Episcopal Cathedral, Enter Through Alley, 2620

Captiol Ave, Sacramento, CA, 95816 **(O,SD,To,NS)** *Closed Holidays*

7:00PM 1. 25HR Women Helping Women Group, Foundations Church, 7800 Wonder Street, Citrus Heights, CA, 95610 **(O,W,CW)**

7:15PM 1. 25HR Without Parallel Group, 2829 Watt Avenue, Sacramento, CA, 95821 **(SD)**

7:30PM 1HR New Beginnings Group, Saint Luke's Episcopal Church, 515 2nd Street, Woodland, CA, 95695-4029 **(O,SD)**

8:00PM 1HR Evening Fix in 916, 5407 Martin Luther King Jr Blvd., Sacramento, CA, 95820 **(O,SD)**

TUESDAY

8:30AM 1HR Morning Fix in the 916 Group, 1609 Bowling Green Drive, Sacramento, CA, 95815 **(O,RF)**

9:00AM 1. 5HR Honesty, Open-Minded and Willingness Group, Sacramento, CA, **(O,RF,VM)** *Meeting ID: 8688 384 5553 Password: 1953*

9:00AM 1. 5HR It's A We Program, Basic Text Book Study On Tuesday, Sacramento, CA, **(BT,BK,VM)** *Meeting ID: 9411 300 9350, Passcode: 1953*

9:00AM 1. 5HR NA Meeting Makers Make It Group, Sacramento, CA, **(JT,VM,SPAD)** *Meeting ID: 8231 7205 779 Password: 1953*

NOON 1HR Back to Basics Group, 7605 Lauppe Lane, Citrus Heights, CA, 95621 **(O,BK)**

NOON 1HR Clunie Group, Trinity Episcopal Cathedral, 2620 Capitol Avenue, Sacramento, CA, 95816-5905 **(O,D,WC)**

NOON 1HR Hump Day Hope, 4400 58th street, Sacramento, CA, 95820 **(O,D,RF)**

6:00PM 1. 25HR North Sac Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726 **(O)**

6:00PM 1. 5HR Oak Park Fellowship Group, Oak Park Community Center, 3425 Martin Luther King Jr Blvd, Sacramento, CA, 95817-3648 **(O,D,SD,WC)**

6:00PM 1HR One Addict Helping Another, 1004 River Rock Drive Suite 140, Folsom, CA, 95630 **(RF,W,WC)**

6:00PM 1HR Willingness at Nite Time Group, 4641 Marconi Avenue, Sacramento, CA, 95821 **(O,WC,BK,LS)**

6:30PM 1. 25HR Encouraged to Heal Women's Meeting, 8220 Elk Grove-Florin Road, Elk Grove, CA, 95829 **(C,W,CW)**

7:00PM 1HR By the Book Group, 5806 Gibbons Dr, Carmichael, CA, 95608 **(O,SD,BK,HY)** *Meeting ID: 830 4934 7813 Passcode: 1953*

7:00PM 1HR Davis Group Spiritual Principle a Day, 1801 Oak Avenue, Davis, CA, 95616-1005 **(O,BK,LS,SPAD)**

7:00PM 1HR Elk Grove Home Group, CA, 95758 **(O,D,SD,WC,VM)** *Meeting ID: 581 804 0446 Password:1953*

7:00PM 1HR Highlands Group, Serna Village Apt, 5836 Dudley Blvd, McClellan Park, CA, 95652 **(SD)**

7:00PM 1HR Over The Rainbow, First United Methodist Church, Enterance on J Street, 2100 J Street, Sacramento, CA, 95816 **(O,LGBT,HY,G)** *Meeting ID:411-432-8814 Password: rainbow*

7:00PM 1. 5HR RAW Group of Sacramento, 7100 Fair Oaks Blvd. Building D, Carmichael, CA, 95608 **(C,CS,LS)**

7:00PM 1HR Recovery at 1500 N. A Street, Quinn Cottages, 1500 N.A.Street, Sacramento, CA, 95814 **(SD)**

7:00PM 1. 25HR Surrender Group, 5501 Dewey Drive, Fair Oaks, CA, 95628-3101 **(O,CS,D,WC,CW)**

7:00PM 1HR The Gathering, 5840 Marysville Blvd, Rio Linda, CA, 95673 **(O,SG,BK,CW)**

7:15PM 1. 25HR Without Parallel Group, 2829 Watt Avenue, Sacramento, CA, 95821 **(SD)**

7:30PM 1. 25HR North Sac Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726 **(O,WC)**

WEDNESDAY

8:30AM 1HR Morning Fix in the 916 Group, 1609 Bowling Green Drive, Sacramento, CA, 95815 **(O,RF)**

9:00AM 1. 5HR Honesty, Open-Minded and Willingness Group, Sacramento, CA, **(O,RF,VM,LS)** *Meeting ID: 8688 384 5553 Password: 1953*

9:00AM 1. 5HR It's A We Program, Sacramento, CA, **(VM)** *Meeting ID: 9411 300 9350, Passcode: 1953*

9:00AM 1. 5HR NA Meeting Makers Make It Group, Sacramento, CA, **(JT,VM,SPAD)** *Meeting ID: 8231 7205 779 Password: 1953*

NOON 1HR Clunie Group, Trinity Episcopal Cathedral, 2620 Capitol Avenue, Sacramento, CA, 95816-5905 **(O,D,WC)**

NOON 1HR Group 55, First Church of God, 4400 58th Street, Sacramento, CA, 95820-3119 **(O,B,SD,WC)**

5:00PM 1. 25HR It's A We Program, Sacramento, CA, **(C,M,RF,VM)** *Meeting ID: 9411 300 9350, Passcode: 1953*

6:00PM 1HR Galt Fellowship, 571 C street, Galt, CA, 95632

6:00PM 1HR New Way Of Life, St Lukes Church, 7595 Center Parkway, Sacramento, CA, 95823

6:00PM 1. 5HR Oak Park Fellowship Group, Oak Park Community Center, Room F, 3425 Martin Luther King Blvd, Sacramento, CA, 95817 **(O,D,SD,W,WC)**

6:30PM 1. 25HR Here Try This Group, 5901 San Juan Ave, Citrus Heights, CA, 95610 **(O)**

7:00PM 1HR Clean on Capitol Group, United Methodist, 2100 J Street, Sacramento, CA, 95816 **(O,SD,WC)**

7:00PM 1. 25HR It's A We Program, Sacramento, CA, **(W,VM)** *Meeting ID: 9411 300 9350, Passcode: 1953*

7:00PM 1. 25HR We Do Recover Group, 4151 Don Julio Blvd., Sacramento, CA, 95660 **(O,SD)**

7:00PM 1HR Women's Tea House, 3520 Bradshaw Road, Sacramento, CA, 95827 **(W)**

7:15PM 1. 25HR Without Parallel Group, 2829 Watt Avenue, Sacramento, CA, 95821 **(SD)**

7:30PM 1. 25HR Avoiding Addiction, 6010 34th Street, North Highlands, CA, 95660 **(O,SD,HY,CM)** *Meeting ID: 875 1910 6813 Passcode: 1953*

7:30PM 1. 25HR North Sac Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726 **(C,WC)**

7:30PM 1HR Welcome Home Men Group, Last Wednesday Birthday night, 4400 58th street, Sacramento, CA, 95820 **(O,D,M,SD,HY)** *Meeting ID: 771-025-2739 Password: 19531953*

7:30PM 1HR Woodland New Beginnings, Group #4, Meets the third Wednesday and first Thursday of the month only, 515 2nd Street, Woodland, CA, 95695 **(O,BK)**

8:00PM 1HR Evening Fix in 916, 5407 Martin Luther King Jr Blvd., Sacramento, CA, 95820 **(O,SD)**

THURSDAY

8:30AM 1HR Morning Fix in the 916 Group, 1609 Bowling Green Drive, Sacramento, CA, 95815 **(O,RF)**

9:00AM 1. 5HR Honesty, Open-Minded and Willingness Group, Sacramento, CA, **(O,RF,BK,VM)** *Meeting ID: 8688 384 5553 Password: 1953*

9:00AM 1. 5HR It's A We Program, Sacramento, CA, **(VM)** *Meeting ID: 9411 300 9350, Passcode: 1953*

9:00AM 1. 5HR NA Meeting Makers Make It Group, Sacramento, CA, **(JT,VM,SPAD)** *Meeting ID: 8231 7205 779 Password: 1953*

NOON 1HR Clunie Group, Trinity Episcopal Cathedral, 2620 Capitol Avenue, Sacramento, CA, 95816-5905 **(O,D,WC)**

NOON 1HR Hump Day Hope, 4400 58th street, Sacramento, CA, 95820 **(O,D,RF,WC)**

NOON 1HR Not High Noon Group, 4641 Marconi Avenue, Sacramento, CA, 95821 **(O,LS)**

5:30PM 1HR The 5:30 NA Meeting, 7595 Center Pkwy, Sacramento, CA, 95823 **(BT)**

6:00PM 1. 25HR North Sac Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726

6:30PM 1HR Recovery is Real - East Beamer Book Study, 1903 E Beamer St, Woodland, CA, 95776 **(BK)**

7:00PM 1HR Book Around And Find Out, Park around back, Upstairs around back - no elevator - rotating literature study, 5265 H St, Sacramento, CA, 95819 **(O,RF,LS)**

7:00PM 1. 25HR Boulevard Court South Sac Recovery, 95820 **(O,SD,VM)** *Meeting ID: 770 920 3383 Password: 1953*

7:00PM 1HR Davis Group, 1701 Russell Blvd, Davis, CA, 95616 **(O,BT,BK,LS)**

7:00PM 1HR Elk Grove Home Group, Elk Grove, CA, 95758 **(O,BK,VM,LS)** *Meeting ID: 581 804 0446 Password 1953*

7:00PM 1HR Just for Today Group, United Methodist Church, basement, 8986 Elk Grove Blvd, Elk Grove, CA, 95624 **(O,JT,SD)**

7:00PM 1. 25HR Mad About Recovery Group, 8938 Madison Ave, Fair Oaks, CA, 95628 **(O)**

7:00PM 1. 25HR Rebels With a Cause Group, 7412 Van Meran Lane, Citrus Heights, CA, 95621 **(O,To,WC)**

7:00PM 1. 25HR Recovery in Rio Linda Group, Calvary Lutheran Church, 515 L Street, Rio Linda, CA, 95673-3429 **(O,D)**

7:30PM 1. 5HR It's in the Book Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726 **(BK)**

7:30PM 1. 25HR New Attitudes Group, Lutheran Church of the Our Redeemer, 4641 Marconi Avenue, Sacramento, CA, 95821-4315 **(O,CL,St,WC)**

7:30PM 1HR Woodland New Beginnings, Group #4, Meets the first Thursday and third Wednesday of the month only, 515 2nd Street, Woodland, CA, 95695 **(O,BK)**

10:00PM 2HR Leave the Drama at the Door Group, 4641 Marconi Avenue, Sacramento, CA, 95821 **(O)**

FRIDAY

8:30AM 1HR Morning Fix in the 916 Group, 1609 Bowling Green Drive, Sacramento, CA, 95815 **(O,RF)**

9:00AM 1.5HR Honesty, Open-Minded and Willingness Group, Sacramento, CA, **(O,JT,RF,VM)** Meeting ID: 8688 384 5553 Password: 1953

9:00AM 1.5HR It's A We Program, Sacramento, CA, **(LC,VM,LS)** Meeting ID: 9411 300 9350, Passcode: 1953

9:00AM 1.5HR NA Meeting Makers Make It Group, Sacramento, CA, **(JT,VM,SPAD)** Meeting ID: 8231 7205 779 Password: 1953

NOON 1HR Clunie Group, Trinity Episcopal Cathedral, 2620 Capitol Avenue, Sacramento, CA, 95816-5905 **(O,D,WC)**

NOON 1HR Group 55, 4400 58th St., Sacramento, CA, 95820 **(B,BK)**

5:30PM 1HR The 5:30 NA Meeting, 7595 Center Pkwy, Sacramento, CA, 95823 **(SD)**

6:00PM 1HR Davis Spiritual Principles Group, Davis, CA, 95618-4020 **(O,To,VM)** Meeting ID: 709 125 0606 Password: 578015

6:00PM 1HR Keeping It Real, 2620 Capital Ave, Sacramento, CA, 95816 **(O)**

6:00PM 1.5HR Oak Park Fellowship Group, Room E, 3425 Martin Luther King Blvd, Sacramento, 95817 **(O,WC,BK,LS)**

6:00PM 1HR Recovery is Real, 1324 Columbia Dr, Woodland, CA, 95695 **(SD)**

6:30PM 1HR Digital DASP, Sacramento, CA, **(RF,SD,VM)** Mtg ID: 843 175 7162 PW: 1953

7:00PM 1HR Broderick Group, 1275 Starboard Drive, West Sacramento, CA, 95691 **(O)**

7:00PM 1HR Elk Grove Home Group, Elk Grove, CA, 95758 **(O,D,SD,WC,VM)** Meeting ID: 581 804 0446 Password: 1953

7:00PM 1.25HR Folsom Friendly Fridays Group, 1100 Blue Ravine Road, Room B, Folsom, CA, 95630 **(O,SD)**

7:00PM 1.25HR Recovery Connection Group, Methodist Church, 2101 Zinfandel Drive, Rancho Cordova, CA, 95670-5227 **(O,SD,WC)**

7:30PM 1HR Daily Application of Spiritual Principles (DASP), 3600 J Street, Sacramento, CA, 95816 **(SPAD)**

7:30PM 1HR New Beginnings Group, Saint Luke's Episcopal Church, 515 2nd Street, Woodland, CA, 95695-4029 **(O,D,SD)**

7:30PM 1.25HR North Sac Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726 **(O,WC)**

7:30PM 1.5HR Recovery in Progress Group, Lutheran Church of our Redeemer, 4641 Marconi Ave., Carmichael, CA, 95821 **(O)**

8:00PM 1HR Evening Fix in 916, 5407 Martin Luther King Jr Blvd., Sacramento, CA, 95820 **(O,SD)**

8:00PM 1HR Keepin It Lit, 8220 Elk Grove Florin Road, Elk Grove, CA, 95829 **(O,BK)**

8:00PM 1.5HR The Gathering, 5840 Marysville Blvd, Rio Linda, CA, 95673 **(O,CW)**

8:30PM 1.5HR Honesty, Open-Minded and Willingness Group, Sacramento, CA, **(O,JT,RF,VM)** Meeting ID: 8688 384 5553 Password: 1953

10:00PM 1.25HR Get Fed, 5501 Dewey Drive, Fair Oaks, CA, 95628 **(SD,YP)**

11:55PM 2HR Leave the Drama at the Door Group, 4641 Marconi Avenue, Sacramento, CA, 95821 **(O)**

SATURDAY

8:30AM 1HR Morning Fix in the 916 Group, 1609 Bowling Green Drive, Sacramento, CA, 95815 **(O,RF)**

9:00AM 2HR Honesty, Open-Minded and Willingness Group, Sacramento, CA, **(O,JT,RF,VM)** Meeting ID: 8688 384 5553 Password: 1953

9:00AM 1.5HR It's A We Program, Sacramento, CA, **(SD,VM)** Meeting ID: 9411 300 9350, Passcode: 1953

9:00AM 1.5HR NA Meeting Makers Make It Group, Sacramento, CA, **(JT,VM,SPAD)** Meeting ID: 8231 7205 779 Password: 1953

10:00AM 1HR E Street Book Study Group, Trinity Episcopal Cathedral, 2620 Capitol Avenue, Sacramento, CA, 95816-5905 **(O,St,Tr,BK)**

10:00AM 1.5HR Learning To Care Men's Group, Lutheran Church of the Good Shepherd, 1615 Morse Avenue, Sacramento, CA, 95864-2666 **(O,M)**

10:00AM 1HR Principles Before Personalities Group, 2376 Zinfandel Drive, Rancho Cordova, CA, 95670 **(O,D)**

10:00AM 1.5HR Woman to Woman Group, 940 Eleanor Avenue, Sacramento, CA, 95815 **(W,WC,CW)**

11:30AM 1.5HR Saturday Men's Meeting Oak Park Fellowship, Oak Park Community Center, 3425 Martin Luther King Blvd, Sacramento, CA, 95817 **(M,SD)**

NOON 1HR A New Way of Life, St Lukes Church, 7595 Center Parkway, Sacramento, CA, 95823

NOON 1HR Broderick Group, 1275 Starboard Drive, West Sacramento, CA, 95691 **(O)**

NOON 1HR TU Women, 4400 58th Street, Sacramento, CA, 95820 **(LGBT,RF,W)**

2:00PM 1.25HR Growth and Change Group, 5501 Dewey Drive, Fair Oaks, CA, 95628

5:30PM 1HR Desire to Stop Group, Lutheran Church of the Our Redeemer, Fireside Room, 4641 Marconi Avenue, Sacramento, CA, 95821-4315 **(O)**

6:00PM 1.25HR Being Clean is Happening Group, 7607 Garden Gate Dr, Citrus Heights, CA, 95621 **(O,SD)**

7:00PM 1.25HR Davis Group, Last Sat only: 5:30 potluck, Birthday mtg., Speaker/Discussion @ 7pm, 1801 Oak Avenue, Davis, CA, 95616-1005 **(O,JT,RF,SD)**

7:00PM 1HR Quest for Serenity II, 3600 Martin Luther King, Sacramento, CA, 95817 **(SD,VM)** Zoom ID:244-433-7223 Password 1953

7:00PM 1HR Saturday Night Traditions, 2529 K Street, Sacramento, CA, 95816 **(O,SD)**

7:00PM 1HR Young Pups in Recovery Group, 5836 Dudley Blvd., North Highlands, CA, 95652 **(O,YP)**

7:30PM 1.5HR It's in the Book Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726 **(SD)**

7:30PM 1.5HR North Sac Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726 **(O,WC)**

8:00PM 1.5HR Saturday Night Alive Group, 4641 Marconi Avenue, Carmichael, CA, 95821

8:00PM 1.25HR Saturday Night Live Group, 9270 Bruceville Road, Elk Grove, CA, 95758 **(D,SD)**

8:30PM 1.5HR Honesty, Open-Minded and Willingness Group, Sacramento, CA, **(O,JT,RF,VM)** Meeting ID: 8688 384 5553 Password: 1953

MEETING FORMAT LEGEND

B	Beginners	BT	Basic Text
C	Closed	CL	Candlelight
CS	Children under Supervision	D	Discussion
LGBT	LGBTQ+	G	Gay
IW	It Works -How and Why	JT	Just for Today
M	Men	NC	No Children
O	Open	RF	Rotating Format
SD	Speaker/Discussion	SG	Step Working Guide
St	Step	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair	YP	Young People
BK	Book Study	NS	No Smoking
ME	Meditation	CW	Children Welcome
LC	Living Clean	VM	Virtual Meeting
HY	Hybrid Meeting	LS	Literature Study
CM	Chip Meeting	SPAD	A Spiritual Principle a Day

SERVICE MEETINGS

Subcommittee information and Service Calendar can be found at:

<https://sacramentona.org/service>

PHONE NUMBERS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, page 68



AMERICAN RIVER AREA

and Sacramento Fellowship

MEETING LIST

MAY 2026

24 HOUR HELPLINE

1 (800) 600-HOPE

<https://sacramentona.org>

Scan QR code for the most updated meeting schedule



SUGGESTIONS FOR EVERYONE

**DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS**

Meetings Weekly: 156