

**SUNDAY / DOMINGO****9:00AM 1HR Biscuits and Gravy Group**, Sacramento, CA, **(VM)****9:30AM 1. 5HR Davis Group**, Pole Line Road Baptist Church, 770 Pole Line Road, Davis, CA, 95618-4020 **(O,W,VM,TC)****11:00AM 1. 5HR Davis Group**, John Jones Road, 2051 John Jones Road, Davis, CA, 95616-9701 **(O,VM,TC)****11:00AM 1HR Together in Recovery Group**, Kaiser CDRP, 2829 Watt Avenue, Sacramento, CA, 95821-6200 **(O,VM,TC)****NOON 1HR No Half Measures Group**, Masks required. 20 participant max., 9346 Greenback Lane, Orangevale, CA, 95662-4940 **(O)****4:00PM 1. 5HR Have Mercy Group**, Gym, 3300 Walnut Avenue, Carmichael, CA, 95608-3240 **(O,To,WC)****5:30PM 1. 5HR Broderick Group**, First Southern Baptist Church, 2124 Michigan Boulevard, West Sacramento, CA, 95691-2547 **(O,W,VM,TC)****6:30PM 1HR The Journey Within Group**, 11th Step Meditation Meeting, Citrus Heights, CA, **(ME,VM)****7:30PM 1HR Ashes to Diamonds Group**, Sacramento, CA, **(VM)****8:00PM 1. 5HR Sunday Night Serenity Group**, Sacramento, CA, **(VM)****MONDAY / LUNES****NOON 1. 5HR North Sac Group**, Alano Club (TEMPORARILY CLOSED), 940 Eleanor Avenue, Sacramento, CA, 95815-1726 **(O,WC,VM,TC)****5:00PM 1HR We Believe in You Group**, 5809 Gibbons Drive, Carmichael, CA, 95608 **(To)****6:15PM 1HR We Believe in You Group**, 5809 Gibbons Drive, Carmichael, CA, 95608 **(To,BK)****6:45PM 1. 5HR Davis Group**, 1801 Oak Avenue, Davis, CA, 95616-1005 **(O,VM,TC)****7:00PM 1. 5HR Carmichael Recovery Inclined Group**, Lutheran Church of the Our Redeemer, 4641 Marconi Avenue, Sacramento, CA, 95821-4315 **(O,WC,BK,VM,TC)****7:00PM 1HR Cope without Dope Group**, Sacramento, CA, **(VM)****7:00PM 1. 5HR Recovery in Rio Linda Group**, Calvary Lutheran Church, 515 L Street, Rio Linda, CA, 95673-3429 **(O,D)****7:00PM 1. 25HR Textbook Recovery Group**, Sacramento, CA, **(VM)****7:00PM 1. 5HR Women Helping Women Group**, Saint Andrew's Church, 6201 Spruce Avenue, Sacramento, CA, 95841-2025 **(O,W,VM,TC)****7:30PM 1. 5HR Three to Life Group**, Messiah Lutheran Church, 7801 Rosswood Drive, Citrus Heights, CA, 95621-1244 **(O,To,WC,VM,TC)****7:30PM 1. 5HR Without Parallel Group**, Kaiser CDRP, 2829 Watt Avenue, Sacramento, CA, 95821-6200 **(O,VM,TC)****8:00PM 1. 5HR Mad About Recovery Group**, Masks required., 9346 Greenback Lane, Orangevale, CA, 95662-4940 **(O)****9:30PM 1HR After Hours Group**, Sacramento, CA, **(VM)****TUESDAY / MARTES****7:00PM 1. 5HR Broderick Group**, First Southern Baptist Church, 2124 Michigan Boulevard, West Sacramento, CA, 95691-2547 **(O,VM,TC)****7:00PM 1. 5HR By the Book Group**, Sacramento, CA, **(VM)****7:00PM 1HR Davis Group**, Mask and chair required., 1801 Oak Avenue, Davis, CA, 95616-1005 **(O)****7:00PM 1. 5HR Surrender Group**, 5501 Dewey Drive, Fair Oaks, CA, 95628-3101 **(O,D,WC,CW,VM,TC)****7:30PM 1. 5HR Without Parallel Group**, Kaiser CDRP, 2829 Watt Avenue, Sacramento, CA, 95821-6200 **(O,WC,VM,TC)****WEDNESDAY / MIÉRCOLES****NOON 1. 5HR North Sac Group**, Alano Club (TEMPORARILY CLOSED), 940 Eleanor Avenue, Sacramento, CA, 95815-1726 **(O,VM,TC)****6:30PM 1HR Here Try This Group**, Masks required, 5809 Gibbons Drive, Carmichael, CA, 95608 **(O)****7:30PM 1. 5HR Fahrfromusin Group**, Lutheran Church of the Our Redeemer, 4641 Marconi Avenue, Sacramento, CA, 95821-4315 **(O,WC,VM,TC)****7:30PM 1. 5HR Without Parallel Group**, Kaiser CDRP, 2829 Watt Avenue, Sacramento, CA, 95821-6200 **(O,VM,TC)****10:00PM 1HR After Hours Group**, Sacramento, CA, **(VM)****THURSDAY / JUEVES****7:00PM 1. 5HR Broderick Group**, First Southern Baptist Church, 2124 Michigan Boulevard, West Sacramento, CA, 95691-2547 **(O,VM,HY)****7:00PM 1HR Davis Group**, Mask and chair required, practicing social distancing., 1801 Oak Ave., Davis, CA, 95616 **(To)****7:00PM 1. 5HR North Sac Group**, Alano Club (TEMPORARILY CLOSED), 940 Eleanor Avenue, Sacramento, CA, 95815-1726 **(C,WC,BK,VM,TC)****7:00PM 1. 5HR Rebels With a Cause Group**, Messiah Lutheran Church, 7801 Rosswood Drive, Citrus Heights, CA, 95621-1244 **(O,To,WC,VM,TC)****7:00PM 1. 5HR Recovery in Rio Linda Group**, Calvary Lutheran Church, 515 L Street, Rio Linda, CA, 95673-3429 **(O,D)****7:15PM 1. 5HR New Attitude Group**, Lutheran Church of the Our Redeemer, 4641 Marconi Avenue, Sacramento, CA, 95821-4315 **(O,CL,WC,VM,TC)****7:30PM 1. 5HR Just for Today Group**, United Methodist Church, 8986 Elk GroveBoulevard, Elk Grove, CA, 95624-1946 **(O)****10:00PM 1HR Leave the Drama at the Door Group**, Masks required. 20 participant max., 9346 Greenback Lane, Orangevale, CA, 95662-4940 **(O)****FRIDAY / VIERNES****NOON 1. 5HR North Sac Group**, Alano Club (TEMPORARILY CLOSED), 940 Eleanor Avenue, Sacramento, CA, 95815-1726 **(O,VM,TC)****6:00PM 1HR Davis Group**, Pole Line Road Baptist Church, 770 Pole Line Road, Davis, CA, 95618-4020 **(O,W,VM,TC)****6:30PM 1HR Women Seeking Recovery Group**, Masks required. 20 participant max., 9346 Greenback Lane, Orangevale, CA, 95662-4940 **(O,W)****7:30PM 1. 5HR Recovery in Progress Group**, 3300 Walnut Avenue, Carmichael, CA, 95608-3240 **(O,VM,TC)****7:30PM 1HR Sacramento DASP**, Sacramento, CA, **(VM)****10:00PM 1HR After Hours Group**, Sacramento, CA, **(VM)****11:55PM 1HR Leave the Drama at the Door Group**, Masks required. 20 participant max., 9346 Greenback Lane, Orangevale, CA, 95662-4940 **(O)****SATURDAY / SÁBADO****NOON 1. 5HR Broderick Group**, First Southern Baptist Church, Masks required., 2124 Michigan Boulevard, West Sacramento, CA, 95691-2547 **(O)****NOON 1HR No Half Measures Group**, Masks required. 20 participant max., 9346 Greenback Lane, Orangevale, CA, 95662-4940 **(O)****NOON 1. 5HR Recovery in Rio Linda Group**, Calvary Lutheran Church, 515 L Street, Rio Linda, CA, 95673-3429 **(O)****2:00PM 1HR Growth and Change Group**, Masks required, temperature check and 20 participant max., 3326 Mather Field Rd., Rancho Cordova, CA, 95670**6:00PM 1. 5HR Being Clean is Happening Group**, Citrus Heights, CA, **(SD,VM)****6:00PM 1. 5HR Saturday Night Alive Group**, Mask required/60 person Max, Hybrid meeting/one-way broadcast, 6201 Winding Way, Carmichael, CA, 95608 **(VM,HY)****7:00PM 1. 5HR Davis Group**, 1801 Oak Avenue, Davis, CA, 95616-1005 **(O,VM,TC)****7:00PM 1. 5HR Desire to Stop Group**, Lutheran Church of the Our Redeemer, Courtyard, 4641 Marconi Avenue, Sacramento, CA, 95821-4315 **(O)****7:00PM 1HR Young Pups in Recovery Group**, Community Center, 6010 34th Street North, North Highlands, CA, 95660-4232 **(O,YP,VM,TC)****8:00PM 1. 5HR Straight from the Heart Group**, Mask required/44 person Max, 9270 Bruceville Road, Elk Grove, CA, 95758-9514 **(O,HY)****9:00PM 1HR Women's Late Night Group**, Sacramento, CA, **(W,VM)****MEETING FORMAT LEGEND**

BK	Book Study	C	Closed
CL	Candlelight	CW	Children Welcome
D	Discussion	HY	Hybrid Meeting
ME	Meditation	O	Open
SD	Speaker/Discussion	TC	Temporarily Closed Facility
To	Topic	VM	Virtual Meeting
W	Women	WC	Wheelchair
YP	Young People		

**HELPLINES**Area 1 Number 1Area 2 Number 2**SERVICE MEETINGS**



**AMERICAN RIVER AREA**

**MEETING LIST**

**JANUARY 2021**

**24 HOUR HELPLINE  
NUMBER**

<https://na.org>

**SUGGESTIONS FOR EVERYONE**

- DON'T USE** no matter what
- Ask your Higher Power to keep you clean
- Come early and stay late
- Get a home group
- Go to 90 meetings in 90 days
- Read NA literature daily
- Get and use a sponsor
- Use the **PHONE**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 59

**What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

*Basic Text, page 65*