SUNDAY

- 8:30AM 1HR Morning Fix in the 916 Group, 1609 Bowling Green Drive, Sacramento, CA, 95815 (O,RF)
- 9:00AM 1.5HR North Sac Biscuits and Gravy Group, 940 Eleanor Avenue, Sacramento, CA, 95815 (O,HY) Meeting ID: 346 296 419 Password: 1953
- 9:00AM 1HR Sunday Morning Hope, El Charro Mexican Restaurant, 417 Main Street, Woodland, CA, 95695 (O,SD)
- 9:30AM 1HR Davis Group, Davis, CA, 95618-4020 (O,W,VM) Meeting ID: 709 125 0606 Password: 578015
- 11:00AM 1HR Sunday Morning Recovery, Free Parking, Enter through front, second floor, 720 7th St., Sacramento, CA, 95814 (SD, WC)
- 1:00PM 1HR Together in Recovery Group, 2829 Watt Avenue, Sacramento, CA, 95821 (O)
- 3:30PM 1HR The Gathering, 5840 Marysville Blvd, Rio Linda, CA, 95673 (O,BK,CW)
- 4:00PM 1.25HR Have Mercy Group, Building B, 7100 Fair Oaks Blvd., Carmichael, CA, 95608 **(O,To,WC)**
- 5:30PM 1HR Broderick Group, West Sacramento, CA, 95691-2547 (O,VM) Meeting ID: 794 881 6659 Password: 1953
- 6:00PM 1.25HR Stepping Stones Group, 9270 Bruceville Road, Elk Grove, CA, 95758-9514 (O,SD)
- 6:30PM 1HR The Journey Within Group, Building E, 8321 Greenback Lane, Fair Oaks, CA, 95628 (C,ME)
- 7:00PM 1HR A New Way of Life, St Lukes Church, 7595 Center Parkway, Sacramento, CA, 95823
- 7:00PM 1.25HR Hug Not Drugz Group, 5501 Dewey Drive, Fair Oaks, CA, 95628 (O)
- 7:00PM 1HR Over The Rainbow, enter in alley, 2220 K st suit 201, Sacramento, CA, 95816 (LGBT.SD.HY.G) Meeting ID: 862-096-94323 Password: rainbow
- 7:00PM 1.5HR Sunday Night Serenity Group, 6201 Hillsdale Blvd., Sacramento, CA, 95842 (O,SD,HY) Meeting ID: 917 962 183 Password: 1953
- 7:30PM 1.25HR Ashes to Diamonds Group, 4641 Marconi Ave., Sacramento, CA, 95821
- 7:30PM 1.25HR North Sac Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726 (O,WC)

MONDAY

- 8:30AM 1HR Morning Fix in the 916 Group, 1609 Bowling Green Drive, Sacramento, CA,
- 9:00AM 1.25HR Honesty, Open-Minded and Willingness Group, Sacramento, CA, (O,RF,SD,VM) Meeting ID: 8688 384 5553 Password: 1953
- 9:00AM 1.25HR It's A We Program, Sacramento, CA, (VM) Meeting ID: 9411 300 9350, Passcode: 1953
- NOON 1HR Clunie Group, Trinity Episcopal Cathedral, 2620 Capitol Avenue, Sacramento, CA, 95816-5905 (O,D,WC)
- NOON 1HR Group 55, 4400 58th St., Sacramento, CA, 95820 (B,RF)
- NOON 1HR Willingness at Noon Time Group, 4641 Marconi Avenue, Sacramento, CA, 95821 (O.WC.LS)
- 5:00PM 1HR The Gathering, 5840 Marysville Blvd, Rio Linda, CA, 95673 (O,CW)
- 5:30PM 1HR 5:30 Meeting Narcotic Anonymous, 7595 Center Park way, Sacramento, CA, 95823
- 6:00PM 1HR Davis Group, 1701 Russell Blvd, Davis, CA, 95616 (O,LGBT)
- 6:00PM 1.25HR Promise Of Freedom, 2376 Zinfandel, Rancho Cordova, CA, 95670 (O,ME)
- 6:30PM 1HR Three to Life Group, Citrus Heights, CA, 95621 (O,To,WC,VM) Meeting ID: 884 4973 5199 Password: 1953
- 7:00PM 1.25HR Boulevard Court South Sac Recovery, Boulevard Court Community Room, 2nd Monday double speaker meeting, 5321 Stockton Blvd - Honk twice at the gate,
- Sacramento, CA, 95820 (C,SD,HY) On 1/2/23, location will be 5321 Stockton Blvd (honk twice to open) Meeting ID: 770 920 3383 Password: 1953
- 7:00PM 1.5HR Carmichael Recovery Inclined Group, Lutheran Church of the Our Redeemer, 4641 Marconi Avenue, Sacramento, CA, 95821-4315 (O,WC,BK,HY) Meeting ID: 890 005 9270 Password: 1953
- 7:00PM 1HR Cope Without Dope, 8220 Elkgrove Florin Rd, Elk Grove, CA, 95829 (O,SD) 7:00PM 1.25HR Mad About Recovery Group, 8938 Madison Avenue, Fair Oaks, CA, 95628
- 7:00PM 1.5HR Recovery in Rio Linda Group, Calvary Lutheran Church, double speaker meeting first Monday of each month, 515 L Street, Rio Linda, CA, 95673-3429 (O,D)
- 7:00PM 1HR Time and Change. Trinity Episcopal Cathedral. Enter Through Alley. 2620 Captiol Ave, Sacramento, CA, 95816 (O,SD,To,NS)
- 7:00PM 1.25HR Women Helping Women Group, Citrus Heights Fellowship, 7405 Mariposa Ave, Citrus Heights, CA, 95610 (O,W,CW)

- 7:15PM 1.25HR Without Parallel Group, 2829 Watt Avenue, Sacramento, CA, 95821 (SD) 7:15PM 1.25HR Without Parallel Virtual Group, Sacramento, CA, 95821 (O,VM) Meeting ID: 788 2835 1045 Password: 1953
- 7:30PM 1HR New Beginnings Group, Saint Luke's Episcopal Church, 515 2nd Street, Woodland, CA, 95695-4029 (O,SD)

TUESDAY

- 8:30AM 1HR Morning Fix in the 916 Group, 1609 Bowling Green Drive, Sacramento, CA, 95815 (**O,RF**)
- 9:00AM 1.25HR Honesty, Open-Minded and Willingness Group, Sacramento, CA. (O,RF,SD,VM) Meeting ID: 8688 384 5553 Password: 1953
- 9:00AM 1.25HR It's A We Program, Sacramento, CA, (VM) Meeting ID: 9411 300 9350, Passcode: 1953
- NOON 1HR Back to Basics Group, 7605 Lauppe Lane, Citrus Heights, CA, 95621 (O,BK)
- NOON 1HR Clunie Group, Trinity Episcopal Cathedral, 2620 Capitol Avenue, Sacramento, CA, 95816-5905 (O,D,WC)
- NOON 1HR Hump Day Hope, 4400 58th street, Sacramento, CA, 95820 (O,D,RF)
- 6:00PM 1.25HR North Sac Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726 **(O)**
- 6:00PM 1.5HR Oak Park Fellowship Group, Oak Park Community Center, 3425 Martin Luther King Jr Blvd, Sacramento, CA, 95817-3648 (O,D,SD,W,WC)
- 6:00PM 1HR One Addict Helping Another, 9346 Greenback Lane, Room B, Orangevale, CA, 95662 (RF,W,WC)
- 6:30PM 1.25HR Encouraged to Heal Women's Meeting, 8220 Elk Grove-Florin Road, Elk Grove, CA, 95829 (C,W,CW)
- 7:00PM 1.5HR By the Book Group, Sacramento, CA, (O,SD,VM) Meeting ID: 830 4934 7813 Passcode: 1953
- 7:00PM 1HR Davis Group Spiritual Principle a Day, Inside Meeting, 1801 Oak Avenue, Davis, CA, 95616-1005 (O,BK,LS)
- 7:00PM 1HR Highlands Group, 4151 Don Julio Blvd, North Highlands, CA, 95660 (SD)
- 7:00PM 1HR Over The Rainbow, enter in alley, 2220 K St. suit 201, Sacramento, CA, 95816 (O,LGBT,HY,G) Meeting ID:862-0969-4323 Password: rainbow
- 7:00PM 1.5HR RAW Group of Sacramento, 7100 Fair Oaks Blvd. Building D, Carmichael, CA, 95608 (C,CS,LS)
- 7:00PM 1HR Recovery at 1500 N. A Street, Quinn Cottages, 1500 N.A. Street, Sacramento, CA, 95814 (SD)
- 7:00PM 1.25HR Surrender Group, 5501 Dewey Drive, Fair Oaks, CA, 95628-3101 (O,CS,D,WC,CW)
- 7:15PM 1.25HR Without Parallel Group, 2829 Watt Avenue, Sacramento, CA, 95821 (SD)
- 7:15PM 1.25HR Without Parallel Virtual Group, Sacramento, CA, 95821 (O,WC,VM) Meeting ID: 709 719 057 Password: 1953
- 7:30PM 1HR Elk Grove Home Group, 95758 (O,D,SD,WC,VM) Meeting ID: 747 208 6201 Password:1953
- 7:30PM 1.25HR North Sac Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726 (O,WC)
- 9:00PM 1HR The Gathering, 5840 Marysville Blvd, Rio Linda, CA, 95673 (O,CW)

WEDNESDAY

- 8:30AM 1HR Morning Fix in the 916 Group, 1609 Bowling Green Drive, Sacramento, CA, 95815 (O,RF)
- 9:00AM 1.25HR Honesty, Open-Minded and Willingness Group, Sacramento, CA, (O,JT,RF,VM) Meeting ID: 8688 384 5553 Password: 1953
- 9:00AM 1.25HR It's A We Program, Sacramento, CA, (VM) Meeting ID: 9411 300 9350, Passcode: 1953
- NOON 1HR Clunie Group, Trinity Episcopal Cathedral, 2620 Capitol Avenue, Sacramento, CA, 95816-5905 (O,D,WC)
- NOON 1HR Group 55. First Church of God. 4400 58th Street. Sacramento. CA. 95820-3119 (O,B,SD,WC)
- **6:00PM 1HR Galt Fellowship**, 571 C street, Galt, CA, 95632
- 6:00PM 1.5HR Oak Park Fellowship Group. Oak Park Community Center, Room F. 3425 Martin Luther King Blvd, Sacramento, CA, 95817 (O,D,SD,W,WC)
- 6:00PM 1HR Recovery is Real, 1324 Columbia Dr, Woodland, CA, 95695 (SD)
- 6:00PM 1HR The Gathering, 5840 Marysville Blvd, Rio Linda, CA, 95673 (O,CW)
- 6:30PM 1.25HR Here Try This Group, 7521 Community Dr., Citrus Heights, CA, 95610 (0)
- 6:30PM 1HR In The Hood For Recovery, 1708 Libson Ave, West Sacramento, CA, 95605 (O,D)

- 7:00PM 1HR Clean on Capitol Group, United Methodist, 2100 | Street, Sacramento, CA, 95816 (O,SD,WC)
- 7:00PM 1HR We Do Recover Group, 4151 Don Julio Blvd., Sacramento, CA, 95660 (O,SD)
- 7:00PM 1HR Women's Tea House, 3520 Bradshaw Road, Sacramento, CA, 95827 (W)
- 7:15PM 1.25HR Without Parallel Group, 2829 Watt Avenue, Sacramento, CA, 95821 (SD)
- 7:15PM 1.25HR Without Parallel Virtual Group, Sacramento, CA, 95821 (O,VM) Meeting ID: 788 283 510 45 Password: 1953
- 7:30PM 1HR Avoiding Addiction, 6010 34th Street, North Highlands, CA, 95660 (O,SD,HY,CM) Meeting ID: 9828 279 392 Passcode: 1953
- 7:30PM 1.25HR Fahrfromusin Group, Lutheran Church of the Our Redeemer, Meets in Fireside room., 4641 Marconi Avenue, Sacramento, CA, 95821-4315 (O,WC)
- 7:30PM 1.25HR North Sac Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726 (C,WC)
- 7:30PM 1HR Welcome Home Men Group, Last Wednesday Birthday night, 4400 58th street, Sacramento, CA, 95820 (O,D,M,SD,HY) Meeting ID: 771-025-2739 Password: 19531953

THURSDAY

- 8:30AM 1HR Morning Fix in the 916 Group, 1609 Bowling Green Drive, Sacramento, CA, 95815 (O,RF)
- 9:00AM 1.25HR Honesty, Open-Minded and Willingness Group, Sacramento, CA, (O,RF,SD,VM) Meeting ID: 8688 384 5553 Password: 1953
- 9:00AM 1.25HR It's A We Program, Sacramento, CA, (VM) Meeting ID: 9411 300 9350, Passcode: 1953
- NOON 1HR Clunie Group, Trinity Episcopal Cathedral, 2620 Capitol Avenue, Sacramento, CA, 95816-5905 (**O,D,WC**)
- NOON 1HR Hump Day Hope, 4400 58th street, Sacramento, CA, 95820 (O,D,RF,WC) NOON 1HR Not High Noon Group, 4641 Marconi Avenue, Sacramento, CA, 95821 (O,LS)
- 5:30PM 1HR 5:30 Meeting Narcotics Anonymous, 7595 Center Park Way, Sacramento, CA, 95823 (BK)
- 5:30PM 1HR The Gathering, 5840 Marysville Blvd, Rio Linda, CA, 95673 (O,To,CW)
- 6:00PM 1.5HR NA Uncut, Last week is speaker., 4147 Northgate Blvd. Suite 2, Sacramento, CA. 95834 (RF.LS)
- 6:00PM 1.25HR North Sac Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA. 95815-1726
- 7:00PM 1HR Book Around And Find Out, Park around back, Upstairs around back no elevator - rotating literature study, 5265 H St, Sacramento, CA, 95819 (O,RF,LS)
- 7:00PM 1.25HR Boulevard Court South Sac Recovery, 95820 (O,SD,VM) Meeting ID: 770 920 3383 Password: 1953
- 7:00PM 1HR Broderick Group, First Southern Baptist Church, 2124 Michigan Boulevard, West Sacramento, CA, 95691-2547 (O)
- 7:00PM 1HR Davis Group, inside meeeting, 1701 Russell Blvd, Davis, CA, 95616 (O,BK)
- 7:00PM 1HR Elk Grove Home Group, Elk Grove, CA, 95758 (O,BK,VM,LS) Meeting ID: '747-208-6201Password 1953
- 7:00PM 1HR Just for Today Group, United Methodist Church, basement, 8986 Elk Grove Blvd, Elk Grove, CA, 95624 (O,JT,SD)
- 7:00PM 1HR Leave It Alone, St Stephen's Lutheran Church, 1001 Olson Lane, El Dorado Hills, CA, 95762 (O,SD)
- 7:00PM 1.25HR Mad About Recovery Group, 8938 Madison Ave, Fair Oaks, CA, 95628 (O) 7:00PM 1HR Rebels With a Cause Group, Holy Family Catholic Church, Large freestanding building (with double blue doors)-centered back of parking lot., 7817 Old Auburn Blvd., Citrus Heights, CA, 95610 (O,To,WC)
- 7:00PM 1.5HR Recovery in Rio Linda Group, Calvary Lutheran Church, 515 L Street, Rio Linda, CA, 95673-3429 (**O,D**)
- 7:30PM 1.5HR It's in the Book Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726 (BK)
- 7:30PM 1.25HR New Attitudes Group, Lutheran Church of the Our Redeemer, 4641 Marconi Avenue, Sacramento, CA, 95821-4315 (O,CL,St,WC)
- 10:00PM 1HR Leave the Drama at the Door Group, 9346 Greenback Lane, Orangevale, CA, 95662-4940 (O)

FRIDAY

- 8:30AM 1HR Morning Fix in the 916 Group, 1609 Bowling Green Drive, Sacramento, CA, 95815 (O,RF)
- 9:00AM 1.25HR Honesty, Open-Minded and Willingness Group, Sacramento, CA, (O,JT,RF,VM) Meeting ID: 8688 384 5553 Password: 1953
- 9:00AM 1.25HR It's A We Program, Sacramento, CA, (VM) Meeting ID: 9411 300 9350, Passcode: 1953

NOON 1HR Clunie Group, Trinity Episcopal Cathedral, 2620 Capitol Avenue, Sacramento, CA, 95816-5905 **(O,D,WC)**

NOON 1HR Group 55, 4400 58th St., Sacramento, CA, 95820 (B,BK)

5:30PM 1HR 5:30 Meeting Narcotics Anonymous, 7595 Center Park way, Sacramento, CA, 95823

6:00PM 1HR Davis Spiritual Principles Group, Davis, CA, 95618-4020 **(O,To,VM)** *Meeting ID:* 709 125 0606 Password: 578015

6:00PM 1HR Keeping It Real, 2620 Capital Ave, Sacramento, CA, 95816 (O)

6:00PM 1.5HR Oak Park Fellowship Group, Room E, 3425 Martin Luther King Blvd, Sacramento, 95817 **(O,WC,BK,LS)**

6:00PM 1HR Recovery is Real, 1324 Columbia Dr, Woodland, CA, 95695 (SD)

6:30PM 1HR Sacramento DASP Virtual Group, Sacramento, CA, **(VM)** *Meeting ID: 773 732 0038 Password: 1953*

7:00PM 1HR Broderick Group, First Southern Baptist Church, 2124 Michigan Boulevard, West Sacramento, CA, 95691-2547 **(O)**

7:00PM 1HR Elk Grove Home Group, Elk Grove, CA, 95758 (O,D,SD,WC,VM) Meeting ID: 747 208 6201 Password: 1953

7:00PM 1.5HR Folsom Friendly Fridays Group, 1100 Blue Ravine Road, Room B, Folsom, CA, 95630 (O,SD)

7:00PM 1.25HR Recovery Connection Group, Methodist Church, 2101 Zinfandel Drive, Rancho Cordova, CA, 95670-5227 (O,SD,WC)

7:00PM 1HR Sacramento DASP in person, Parking lot in back, Ring doorbell on street side door., 3600 | Street, Sacramento, CA, 95816 (To)

7:30PM 1HR New Beginnings Group, Saint Luke's Episcopal Church, 515 2nd Street, Woodland, CA, 95695-4029 (O,D,SD)

7:30PM 1.25HR North Sac Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726 (O,WC)

7:30PM 1.5HR Recovery in Progress Group, Lutheran Church of our Redeemer, 4641 Marconi Ave., Carmichael, CA, 95821 **(O)**

8:00PM 1HR Keepin It Lit, 8220 Elk Grove Florin Road, Elk Grove, CA, 95829 (O,BK)

8:00PM 1HR The Gathering, 5840 Marysville Blvd, Rio Linda, CA, 95673 (O,CW)

11:55PM 1HR Leave the Drama at the Door Group, 9346 Greenback Lane, Orangevale, CA, 95662-4940 (O)

SATURDAY

8:30AM 1HR Morning Fix in the 916 Group, 1609 Bowling Green Drive, Sacramento, CA, 95815 (O.RF)

10:00AM 1HR E Street Book Study Group, Trinity Episcopal Cathedral, 2620 Capitol Avenue, Sacramento, CA, 95816-5905 (O,St,Tr,BK)

10:00AM 1.5HR Learning To Care Men's Group, Lutheran Church of the Good Shepherd, 1615 Morse Avenue, Sacramento, CA, 95864-2666 (O,M)

10:00AM 1HR Principles Before Personalities Group, 2376 Zinfandel Drive, Rancho Cordova, CA, 95670 **(O,D)**

10:00AM 1.5HR Woman to Woman Group, Alano Club, 940 Eleanor Ave, Sacramento, CA, 95815 (O,IP,RF,SD,St,W,WC)

NOON 1HR A New Way of Life, St Lukes Church, 7595 Center Parkway, Sacramento, CA, 95823

NOON 1HR Broderick Group, First Southern Baptist Church, 2124 Michigan Boulevard, West Sacramento, CA, 95691-2547 **(O)**

N00N 1HR Recovery in Rio Linda Group, Calvary Lutheran Church, 515 L Street, Rio Linda, CA, 95673-3429 **(O)**

NOON 1HR TU Women, 4400 58th Street, Sacramento, CA, 95820 (LGBT,RF,W)

1:00PM 1.5HR Saturday Men's Meeting Oak Park Fellowship, Oak Park Community Center, 3425 Martin Luther King Blvd, Sacramento, CA, 95817 (M,SD)

2:00PM 1.25HR Growth and Change Group, 5501 Dewey Drive, Fair Oaks, CA, 95628

5:30PM 1HR Desire to Stop Group, Lutheran Church of the Our Redeemer, Fireside Room, 4641 Marconi Avenue, Sacramento, CA, 95821-4315 **(O)**

6:00PM 1.5HR Being Clean is Happening Group, 7607 Garden Gate Dr, Citrus Heights, CA, 95621 **(O,SD)**

6:00PM 1.5HR Recovery In The Heights, 1239 Grand Ave., Sacramento, CA, 95838 (SD,BK,LS)

7:00PM 1.25HR Davis Group, Last weekend of month - Birthday meeting and 5:30 PM potluck, 1801 Oak Avenue, Davis, CA, 95616-1005 **(O)**

7:00PM 1HR Quest for Serenity II, 3600 Martin Luther King, Sacramento, CA, 95817 (SD,VM) Zoom ID:244-433-7223 Password 1953

7:00PM 1HR Saturday Night Traditions, Fireside Room, 4001 E Street, Sacramento, CA, 95819 (O,SD)

7:00PM 1HR Young Pups in Recovery Group, Zion Lutheran Church, 3644 Bolivar Ave., North Highlands, CA, 95660 **(O,YP)**

7:30PM 1.5HR North Sac Group, Alano Club, 940 Eleanor Avenue, Sacramento, CA, 95815-1726 (O,WC)

8:00PM 1.5HR Saturday Night Alive Group, 4641 Marconi Avenue, Carmichael, CA, 95821 8:00PM 1.25HR Saturday Night Live Group, 9270 Bruceville Road, Elk Grove, CA, 95758 (D,SD)

MEETING FORMAT LEGEND						
В	Beginners	BK	Book Study			
С	Closed	CL	Candlelight			
CM	Chip Meeting	CS	Children under Supervision			
CW	Children Welcome	D	Discussion			
G	Gay	HY	Hybrid Meeting			
IP	Informational Pamphlet	JT	Just for Today			
LGBT	LGBTQ+	LS	Literature Study			
M	Men	ME	Meditation			
NS	No Smoking	0	Open			
RF	Rotating Format	SD	Speaker/Discussion			
St	Step	То	Topic			
Tr	Tradition	VM	Virtual Meeting			
W	Women	WC	Wheelchair			
YP	Young People					

SERVICE MEETINGS

Area Service Committee meets on the 1st Friday of the month at 7:30pm.

6201 Hillsdale Blvd, Sacramento, CA 95842

Other Subcommittee information and service calendar can be found at:

PHONE NUMBERS

https://sacramentona.org/service

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 68



AMERICAN RIVER AREA

and Sacramento Fellowship

MEETING LIST MAY 2024 24 HOUR HELPLINE 1 (800) 600-HOPE

https://sacramentona.org
Scan QR code for the most updated meeting schedule



SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK, IT WORKS

Meetings Weekly: 146