

SUNDAY**8:30AM 1HR Our Continuing Journey**, Brentwood, CA, 94513 **(O,BK,VM)** *Zoom ID: 377-664-1681 password: clean2day***10:00AM 1. 5HR Ask it Basket**, Concord Elks Lodge, 3565 Clayton Rd., Concord, CA, 94519 **(O,D,SD,WC,AB,QA,HY)** *Birthdays chips on the 4th Sunday of the month password: 925925***11:25AM 1. 5HR For Henry P.** Antioch Alano Club, Alano Club Meeting Room, 710 West 1st Street, Antioch, CA, 94509-1109 **(O,SD,WC)****5:00PM 1HR Sunday Night Book Study**, Walnut Creek, CA, 94597 **(O,St,Tr,WC,BK,CP,VM,TC)** 973 0688 2376**6:00PM 1. 5HR Girls Kick Ass**, Good Shepherd Lutheran Church, 4000 Clayton Road, Concord, CA, 94520 **(O,RF,So,W,WC,BK,CM)** *Birthdays chips on the FIRST meeting of the month***6:00PM 1. 25HR Rollingwood Recovery**, Alano Club, 2426 Church Ln., San Pablo, CA, 94806 **(O,SD,WC)****8:00PM 1. 5HR No Matter What Book Study**, Good Shepard Lutheran Church, 4000 Clayton Rd., Concord, CA, 94521 **(O,WC,BK)****MONDAY****11:25AM 1HR Just for Today**, Antioch Alano Club, Next to the Alano Club, 710 West 1st Street, Antioch, CA, 94509-1109 **(O,JT,SD,WC)****NOON 1HR Never Alone**, Concord, CA, 94519 **(O,D,To,WC,VM,TC)** *password: nooner***6:00PM 1. 5HR Contra Costa Recovery at Work (RAW)**, Concord Veterans Hall Association, 2290 Willow Pass Rd., Concord, CA, 94520 **(O,WC,LS)** *Bring Your Books! Birthdays 4th Mon.***6:30PM 1HR Women in Recovery**, Hillcrest Congregational Church, Parlor Room, through fellowship hall, 404 Gregory Lane, Pleaqsant Hill, CA, 94523**(O,JT,RF,SD,To,W,WC,BK,NS,CM)** *Parlor Room, birthdays/topic 1st Monday. JFT-2nd, 3rd, 4th, & 5th Mondays***7:00PM 1HR Free Will**, Rodeo, CA, 94572 **(O,RF,WC,VM,TC)** *Birthdays chips on the 3rd meeting of the month***7:00PM 1HR One Promise One Message**, 18 Oneil Court, Oakley, CA, 94561 **(O,SD,WC,HY)** *Birthdays chips on the 3rd meeting of the month. Bring your own chair outdoor meeting. 563 6650 057***7:00PM 1. 5HR Point of Recovery**, Ambrose Community Center, Fellowship Service Center, 3105 Willow Pass Road, Bay Point, CA, 94565 **(O,RF,SD,WC,BK,NS,SB,CM)****7:30PM 1. 5HR East County Originals**, St Anna's Episcopal Church, Corner of East 13th & Marie, 301 East 13th Street, Antioch, CA, 94509-1909 **(O,SD,WC,SB)** *Birthdays chips on the last meeting of the month.***TUESDAY****11:25AM 1HR Jerry B Just For Today**, Antioch Alano Club, Next to the Alano Club, 710 West 1st Street, Antioch, CA, 94509 **(O,JT,SD,WC)****NOON 1HR Mix It Up Too**, CA, 94519 **(O,To,WC,VM,TC)** *password: nooner***12:15PM 1HR Tuesday Noon Serenity**, CA, 94596 **(O,RF,WC,NS,VM,TC)****6:00PM 1HR Welcome to NA Workshop**, Walnut Creek, CA, 94597 **(O,B,WC,QA,VM,TC)** *New to NA? We'll answer all your questions!***7:00PM 1. 25HR Hybrid - Danville: Alcohol is a Drug**, Peace Lutheran Church, 3201 Camino Tassajara, Danville, CA, 94506 **(O,CL,RF,SD,WC,BK,HY,CM)** *Birthdays chips every week Meeting ID: 799 362 7005***7:30PM 1. 5HR Hybrid - Carry on for John**, St. Anna's Episcopal Church, 301 E. 13th St., Antioch, CA, 94509 **(O,M,SD,WC,NS,ME,HY,SB,CM)** *Birthdays chips 3rd Tues! Masks Required in meeting room only unless speaking password: 819953***7:30PM 1HR LGBT and Friends Too**, CA, 94520 **(LGBT,VM,TC)** *Meeting ID: 943-4300-048 Password: serenity***7:30PM 1. 5HR Workin' the Steps**, Community of Christ Church, 1786 2nd Ave., Walnut Creek, CA, 94597 **(C,D,St,WC,HY)** 955 857 270**8:00PM 1HR Just For Today**, The Hut, 711 St. Mary's Rd., Lafayette, CA, 94549 **(O,D,JT)****WEDNESDAY****11:25AM 1HR Midweek Nooner**, Antioch Alano Club, Alano Club Meeting Room, 710 West 1st Street, Antioch, CA, 94509-1109 **(O,WC,BK)****NOON 1HR Off Your Chest & Into The Solution**, CA, 94519 **(O,D,WC,CW,VM,TC)** *Birthdays chips on the second meeting of the month password: nooner***7:00PM 1HR No Matter What**, CA, 94549 **(O,JT,VM,TC)** 834 999 861**7:30PM 1. 5HR Dear John**, Good Shepherd Lutheran Church, 4000 Clayton Road, Concord, CA, 94520 **(O,SD,WC,NS,CM)** *Birthdays chips on the 3rd meeting of the week***THURSDAY****11:25AM 1HR For Henry P.** Antioch Alano Club, Alano Club Meeting Room, 710 West 1st Street, Antioch, CA, 94509-1109 **(O,RF,SD,WC)****NOON 1HR Noon Day Dawning**, Concord, CA, 94519 **(O,D,WC,CW,VM,TC)** *password: nooner***6:30PM 1HR Basics, Steps & Traditions**, Richmond, CA, 94804 **(VM,TC)** *Password: 12***7:00PM 1HR Short & Sweet**, Pleasant Hill, CA, 94523 **(O,RF,VM,TC)** *meeting ID: 904 504 821, password: traditions***7:30PM 1. 25HR By NA Means Necessary**, Martinez, CA, 94553 **(O,WC,BK,VM,TC)** *Birthdays chips on the last meeting of the month***7:30PM 1. 25HR Keep Coming Back**, United Methodist Church, 809 Second Street, Brentwood, CA, 94513-1116 **(O,SD,WC,CM)** *Birthdays chips on the last Thursday of the month***FRIDAY****11:25AM 1HR Living Clean**, Antioch Alano Club, Alano Club Meeting Room, 710 West 1st Street, Antioch, CA, 94509-1109 **(D,WC,BK)****NOON 1HR Mixing It Up**, Concord, CA, 94519 **(O,D,WC,VM,TC)** *password: nooner***7:30PM 1. 5HR Cruiser's**, New Life Free Will Baptist Church, 11 Worrell Road, Antioch, CA, 94509-4915 **(O,SD,WC)** *Birthdays chips on the last meeting of the month***7:30PM 1. 5HR Good Timer's**, Concord, CA, 94520 **(O,SD,NS,VM,TC)** *Birthdays chips on the 3rd meeting of the month password: recovery***SATURDAY****7:45AM 1. 5HR Early Serenity Men's**, Danville, CA, 94526 **(O,M,RF,WC,NS,VM,TC)** *Birthdays chips on the last meeting of the month***11:25AM 1HR Stay On the Path**, Antioch Alano Club, Alano Club Meeting Room, 710 West 1st Street, Antioch, CA, 94509-1109 **(O,SD,WC)****3:00PM 1. 25HR The Journey Continues**, Richmond, CA, 94803-1225 **(O,W,BK,LC,VM,TC)** ----> TEMPORARILY SUSPENDED 6/7/21 <--- ---->MEETING SUSPENDED TILL FURTHER NOTICE<---**6:00PM 1. 25HR Message of Hope**, Bethel Baptist Church, Ranch House, 3578 Clayton Road, Concord, CA, 94519-2448 **(O,D,To,WC)** *Birthdays chips first meeting of the month***7:30PM 1. 25HR LGBT & Friends Too**, Concord, CA, 94520 **(O,LGBT,WC,VM,TC)** *Meeting ID: 943-4300-048 Password: serenity***MEETING FORMAT LEGEND**

AB	Ask-It-Basket	B	Beginners
BK	Book Study	C	Closed
CL	Candlelight	CM	Chip Meeting
CP	Concepts	CW	Children Welcome
D	Discussion	HY	Hybrid Meeting
JT	Just for Today	LC	Living Clean
LGBT	LGBTQ+	LS	Literature Study
M	Men	ME	Meditation
NS	No Smoking	O	Open
QA	Question and Answer	RF	Rotating Format
SB	Smoke Break	SD	Speaker/Discussion
So	Speaker Only	St	Step
TC	Temporarily Closed Facility	To	Topic
Tr	Tradition	VM	Virtual Meeting
W	Women	WC	Wheelchair

HELPLINES**SERVICE MEETINGS**



CONTRA COSTA AREA

**MEETING LIST
JULY 2021**

24 HOUR HELPLINE
1 (925) 685-4357

Some meetings on our schedule are currently online.
To join a Zoom meeting, start the Zoom application
and enter the "Meeting ID and Password".

You can also join a zoom meeting from any phone,
including a landline, by calling 650-724-9799, then
entering the "Meeting ID and Password".

<https://contracostana.org>

SUGGESTIONS FOR EVERYONE

- DON'T USE no matter what**
- Ask your Higher Power to keep you clean**
- Come early and stay late**
- Get a home group**
- Go to 90 meetings in 90 days**
- Read NA literature daily**
- Get and use a sponsor**
- Use the PHONE**

KEEP COMING BACK. IT WORKS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

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