

SUNDAY
8:30AM 1HR Our Continuing Journey - A Secular Meeting , Brentwood, CA, 94513 (O,BK,VM) <i>Password: secularna</i>
9:30AM 1.5HR Serenity Sunday Ask It Basket , Antioch library, 501 W 18th St, Antioch, CA, 94509 (O,SD,WC,SB)
10:00AM 1.5HR Ask it Basket , Unit D, 1045 Shary Court, Concord, CA, 94518 (O,D,SD,WC,AB,QA,HY,SB) <i>Birthday chips on the 4th Sunday of the month password: 925925</i>
11:20AM 1HR Carry On For Henry P , Antioch Alano Club, Alano Club Meeting Room, 710 West 1st Street, Antioch, CA, 94509-1109 (O,SD,WC)
6:00PM 1.5HR Girls Kick Ass , Good Shepherd Lutheran Church, 4000 Clayton Road, Concord, CA, 94520 (C,RF,So,W,WC,BK,CM) <i>Birthday chips on the FIRST meeting of the month</i>
6:00PM 1.25HR Rollingwood Recovery , Alano Club, 2426 Church Ln., San Pablo, CA, 94806 (O,SD,WC)
6:30PM 1HR It Works How & Why , Antioch Alano Club, Next to the Alano Club, 710 West 1st Street, Antioch, CA, 94509-1109 (O,WC,BK)
7:45PM 1.25HR Work the Steps or Die , Good Shepard Lutheran Church, 4000 Clayton Rd., Concord, CA, 94521 (O,WC,BK)
MONDAY
11:20AM 1HR Basic Text Story Time , Antioch Alano Club, Next to the Alano Club, 710 West 1st Street, Antioch, CA, 94509-1109 (O,BT,SD,WC,BK)
NOON 1HR CONCORD NOON SERENITY CIRCLE , John Muir Behavioral Health Center, 4080 Port Chicago Highway- 1st Floor, Garnet Room, Concord, CA, 94520 (O,LS) <i>selected NA literature - main bldg upstairs</i>
NOON 1HR Virtual Never Alone , concord, CA, (O,VM) <i>Zoom ID: 8488 7066 729 Passcode: nooner</i>
5:00PM 1.25HR Pathway To Victory , Alano Club, 2426 Church Lane, San Pablo, CA, 94806 (O,SD,WC,YP)
6:00PM 1.5HR Contra Costa Recovery at Work (RAW) , Concord Veterans Hall Association, 2290 Willow Pass Rd., Concord, CA, 94520 (O,WC,LS) <i>Bring Your Books! Birthdays 4th Mon.</i>
6:30PM 1.25HR Return of the Real Deal , First Baptist Church, 1802 Alhambra Ave, Martinez, CA, 94553 (O,RF,SD,WC,BK) <i>Meets in the Chapel. No food or drinks allowed.</i>
6:30PM 1HR Women in Recovery , Hillcrest Congregational Church, Parlor Room, through fellowship hall, 404 Gregory Lane, Pleasant Hill, CA, 94523 (O,LGBT,RF,W,WC,BK,NB) <i>Birthdays/Topic are on the 3rd Monday. JFT-1st, 2nd, 4th, & 5th Mondays</i>
7:00PM 1.25HR East County Originals , St Anna's Episcopal Church, Corner of East 13th & Marie, 301 East 13th Street, Antioch, CA, 94509-1909 (O,SD,WC,SB,CM) <i>Birthday chips on the every meeting of the month!</i>
7:00PM 1.25HR Free Will , Rodeo Freewill Baptist church, 500 1ST STREET, Rodeo, CA, 94572 (O,RF,WC) <i>Birthday chips on the 3rd Monday</i>
7:00PM 1HR One Promise One Message , St John's Luthern Church, 1360 East Tregallas Rd., Antioch, CA, 94509 (O,SD,WC) <i>Birthday chips on the 3rd meeting of the month.</i>
7:00PM 1.5HR Point of Recovery , Ambrose Community Center, Fellowship Service Center, 3105 Willow Pass Road, Bay Point, CA, 94565 (O,RF,SD,WC,BK,NS,SB,CM)
TUESDAY
11:20AM 1HR Just For Today , Antioch Alano Club, Next to the Alano Club, 710 West 1st Street, Antioch, CA, 94509 (O,JT,To,WC)
NOON 1HR CONCORD NOON SERENITY CIRCLE , Mix It Up Too, 4080 Port Chicago Highway- 1st Floor, Garnet Room, Concord, CA, 94520 (O,SD) <i>main bldg upstairs</i>
12:30PM 1HR Tuesday Noon Serenity Meeting , Kaiser behavioral health building suite 3E, 710 S Broadway, Walnut Creek, CA, 94596 (O,RF,WC,CM)
6:00PM 1HR Welcome to NA Workshop , Meets the 1st and 3rd Tuesday every month, CA, 94597 (O,B,WC,QA,VM) <i>New to NA? We'll answer all your questions! On Demand Video-> https://youtu.be/8GPiXN-uhwE Zoom ID: 846-1970-9842</i>
6:00PM 1HR Welcome to NA Workshop- In Person , Meets the 2nd Tuesday every month, Community of Christ Church, 1786 2nd Ave, Walnut Creek, CA, 94597 (O,B,WC,QA) <i>New to NA? We'll answer all your questions! On Demand Video-> https://youtu.be/8GPiXN-uhwE</i>
7:00PM 1.5HR Carry on for John Men's Meeting , Saint George Episcopal Church, E 13th & Marie, Antioch, CA, 94509 (O,M,SD,WC,SB,CM) <i>Birthday chips 3rd Tues!</i>
7:00PM 1.25HR Hybrid - Danville: Alcohol is a Drug , Peace Lutheran Church, 3201 Camino Tassajara, Danville, CA, 94506 (O,CL,RF,SD,WC,BK,HY,CM) <i>Birthday chips every week Meeting ID: 799 362 7005</i>
7:00PM 1.5HR The Foundation , 4769 Pacheco blvd, Martinez, CA, 94553 (O,RF,SD,St,To)
7:00PM 1.25HR The Triangle of Self-Obsession Men's Meeting , San Pablo Alano Club, 2426 Church Lane, San Pablo, CA, 94806 (M,RF,CM) <i>Chips Last Tues; 1st-Speaker;2nd-JFT;3rd-Spiritual Principles;4th-Living Clean;5th-Triangle of Self Obsession</i>
7:30PM 1HR LGBTQIA+ and Friends Too , CA, 94520 (LGBT,VM,TC) <i>Meeting ID: 943-4300-048 Password: serenity</i>
7:30PM 1HR Underground , Veterans Hall, Meeting is upstairs due to construction., 2290 Willow Pass Road, Concord, CA, 94520 (O,CL,SD,WC,CM) <i>Clean Time Anniversary Celebrated on the Last Tuesday of the Month</i>

7:30PM 1.5HR Workin' the Steps , Community of Christ Church, 1786 2nd Ave, Walnut Creek, CA, 94597 (C,D,St,WC,HY) <i>955 857 270</i>
8:00PM 1HR Just For Today - Hybrid , The Hut, 711 St. Mary's Rd., Lafayette, CA, 94549 (O,D,JT,HY) <i>Zoom ID: 112 201 749 Password: 4h512g</i>
WEDNESDAY
11:20AM 1HR How & Why , Antioch Alano Club, Alano Club Meeting Room, 710 West 1st Street, Antioch, CA, 94509-1109 (O,WC,BK)
NOON 1HR CONCORD NOON SERENITY CIRCLE , Get It Off Your Chest & Into The Solution, 4080 Port Chicago Highway- 1st Floor, Garnet Room, Concord, CA, 94520 (O,D,To) <i>1st Weds KeyTags</i>
NOON 1HR Virtual Get it Off Your Chest & Into The Solutuion , CA, 94519 (O,D,To,VM) <i>password: nooner</i>
6:00PM 1HR Vintage recovery , East Contra Costa Fellowship Hall, Next to Lather & Rinse Salon (other side of Brentwood Blvd to La Costa Taqueria), 8375 Brentwood blvd., Brentwood, CA, 94513 (O,BT,RF,SD,WC,BK,CM,Tag) <i>Smoking in designated area, Anniversaries Celebrated 3rd Wednesday</i>
6:30PM 1HR NA Women Rock! , 501 W 18th St, Antioch, CA, 94509 (C,RF,SD,W) <i>Birthday night 2nd Wednesday of the month</i>
7:00PM 1.5HR Grupo Luz de Esperanza , Iglesia Episcopal de Santa Ana, 301 E. 13th St., Antioch, CA, 94509, Antioch, CA, 94509 (O,ES,RF) <i>Birthday chips every meeting</i>
7:00PM 1HR Higher Powered , 710 West 1st Street, Antioch, CA, 94509 (O,SD,WC)
7:00PM 1HR No Matter What , Lafayette United Methodist Church, 955 Moraga Rd, Lafayette, CA, 94549 (O,JT,HY) <i>834 999 861</i>
7:30PM 1.5HR Dear John , Good Shepherd Lutheran Church, 4000 Clayton Road, Concord, CA, 94520 (O,SD,WC,NS,CM) <i>Birthday chips on the 3rd week</i>
THURSDAY
11:20AM 1HR Just For Today , Antioch Alano Club, Alano Club Meeting Room, 710 West 1st Street, Antioch, CA, 94509-1109 (O,RF,SD,WC)
NOON 1HR CONCORD NOON SERENITY CIRCLE , Noon Day Dawning, 4080 Port Chicago Highway- 1st Floor, Garnet Room, Concord, CA, 94520 (O,LS) <i>selected NA Literature</i>
7:00PM 1.25HR Keep Coming Back , United Methodist Church, 809 Second Street, Brentwood, CA, 94513-1116 (O,SD,WC,CM) <i>Birthday chips on the 3rd Thursday of the month. Open Thanksgiving</i>
7:00PM 1.25HR Picking Up The Pieces , 875 Howe Road, Martinez, CA, 94553 (O,JT,RF,SD,BK)
7:00PM 1HR Short & Sweet , United Methodist Church (Chapel), 1543 Sunnyvale Ave, walnut creek, CA, 94597 (O,JT,RF,WC,NS) <i>Meets in the Chapel. Please use upper parking lot, don't use the lower one. No food or drinks allowed. No meeting on Thanksgiving.</i>
7:00PM 1.5HR Sugar City Serenity (starting 1/8/2026) , St. Rose Church meeting Hall, 1115 Starr St, Crockett, CA, 94525 (O,SD)
FRIDAY
11:20AM 1HR Living Clean , Antioch Alano Club, Alano Club Meeting Room, 710 West 1st Street, Antioch, CA, 94509-1109 (D,WC,BK)
NOON 1HR CONCORD NOON SERENITY CIRCLE , Mixing It Up, 4080 Port Chicago Highway- 1st Floor, Garnet Room, Concord, CA, 94520 (O,RF)
NOON 1HR Virtual Mixing It Up , Concord, CA, 94519 (O,D,VM) <i>password: nooner</i>
6:30PM 1.25HR Keeping It Real , Church of Nazarene, Fellowship Hall Behind The Church, 5305 Kirker Pass Road, Pittsburg, CA, 94565 (O,SD,WC) <i>Clean Time Celebrated on the 3rd Week of the Month</i>
7:00PM 1.5HR Grupo Si Se Puede, Mens Meeting , Pueblo Del Sol, 2090 Commerce Avenue, Concord, CA, 94520-4902 (O,D,ES,JT,M,SD,To,WC,HY) <i>Birthday chips on the last meeting of the month Zoom ID: 840-045-1728 Contraseña: 765627</i>
7:30PM 1.5HR Cruiser's , New Life Free Will Baptist Church, 11 Worrell Road, Antioch, CA, 94509-4915 (O,SD,WC) <i>Birthday chips on the last meeting of the month</i>
7:30PM 1.5HR Friday Night Live , Upstairs Room, 875 Howe Road, Martinez, CA, 94553-3441 (O,SD,YP,SB) <i>Anniversaries 2nd Week of Month</i>
7:30PM 1.5HR Good Timer's , First Presbyterian Church, 1965 Colfax Rd, Concord, CA, 94520 (O,SD,CM) <i>Birthday chips on the 3rd meeting of the month</i>
7:30PM 1.5HR Let's Get Real , 2426 Church Lane, San Pablo, CA, 94806-3729 (C,SD) <i>Birthday chips on the 3rd meeting of the week</i>
SATURDAY
7:45AM 1.5HR Early Serenity Men's , Danville Congregational Church, 989 San Ramon Valley Blvd, Danville, CA, 94526 (O,JT,M,RF,SD,WC,NS,HY,CM) <i>Birthday chips on the last meeting of the month</i>
10:15AM 1HR Anything Goes , 710 W 1st Street, Antioch, CA, 94509 (O,SD,W,WC)
11:20AM 1HR Stay On the Path , Antioch Alano Club, Alano Club Meeting Room, 710 West 1st Street, Antioch, CA, 94509-1109 (O,SD,WC)
6:00PM 1.5HR Living Clean 24/7 , Free Will Baptist Church, 500 First Street, Rodeo, CA, 94572 (O,SD,WC)
6:00PM 1.25HR Message of Hope , First Presbyterian Church, Through gate on Salvio St and up the stairs, 1965 Colfax st, Concord, CA, 94520 (O,SD,CM) <i>Birthday chips first meeting of the month</i>
6:30PM 1HR Saturday Night Live , Antioch Alano Club, 710 West 1st Street, Antioch, CA, 94509-1109 (O,RF,WC) <i>Birthday chips on the first meeting of the month</i>

7:15PM 1.25HR LGBTQIA+ and Friends Too, 399 Wiget Ln, Room 506, Walnut Creek, CA, 94598 **(O,LGBT,WC,HY)** *Birthdays on the 4th Saturday of the month Meeting ID: 943-4300-048 Password: serenity*

8:00PM 1.5HR No Laughing Matter, 875 Howe Rd, Martinez, CA, 94553 **(O,CL,SD,SB)**

MEETING FORMAT LEGEND

B	Beginners	BT	Basic Text
C	Closed	CL	Candlelight
D	Discussion	LGBT	LGBTQ+
JT	Just for Today	M	Men
O	Open	RF	Rotating Format
SD	Speaker/Discussion	So	Speaker Only
St	Step	To	Topic
W	Women	WC	Wheelchair
YP	Young People	BK	Book Study
NS	No Smoking	AB	Ask-It-Basket
QA	Question and Answer	VM	Virtual Meeting
TC	Temporarily Closed Facility	HY	Hybrid Meeting
SB	Smoke Break	LS	Literature Study
CM	Chip Meeting	Tag	Tag Meeting
ES	Español	NB	Non Binary

HELPLINES**SERVICE MEETINGS****PHONE NUMBERS****CONTRA COSTA AREA****MEETING LIST
JANUARY 2026****24 HOUR HELPLINE
1 (925) 685-4357**

Some meetings on our schedule are currently online.
To join a Zoom meeting, start the Zoom application
and enter the "Meeting ID and Password".

You can also join a zoom meeting from any phone,
including a landline, by calling 650-724-9799, then
entering the "Meeting ID and Password".

<https://contracostana.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.**

**Our message is hope
and the promise of freedom.**

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