

### SUNDAY / DOMINGO

**10:00AM 1HR Just for Today (zoom)**, ID: 439-981-9784 Password: 343049, **(VM)**  
**10:30AM 1HR I don't take nothing & I don't sign cards**, 309 E St., Eureka, CA, 95501  
**NOON 1.5HR Living Clean**, Currently online only -- normally at Saint Paul's Episcopal Church, Crescent City, CA, 95531-2745 **(O,WC,VM,TC)**  
**5:00PM 1HR River Bluff Cottage**, 355 Center St., Rio Dell, CA, 95562 **(O,WC)**  
**5:30PM 1HR Sisters in Recovery Women's**, No smoking on premises, 520 Del Norte Street, Eureka, CA, 95501 **(O,W,WC,NS)**  
**6:00PM 1.5HR Living Clean**, Currently online only -- normally at Saint Paul's Episcopal Church, Crescent City, CA, 95531-2745 **(O,WC,VM,TC)**  
**7:00PM 1HR Welcome Home**, 228 Church Street, Loleta, CA, 95501 **(O,WC)**

### MONDAY / LUNES

**10:00AM 1HR Just for Today (Zoom)**, ID: 439-981-9784 Password: 343049, **(O,VM)**  
**5:30PM 1HR The Yard**, 309 E. St., Eureka, CA, **(O,WC)**  
**6:00PM 1HR Following Traditions**, Tswendalin Inn, 12482 CA-96, Hoopa, CA, 95546 **(O)**  
**6:30PM 1HR Candlelight Every Night**, 2123 Tydd St., Eureka, CA, 95501 **(O,To,WC)**  
**7:00PM 1HR Courage to Change**, Saint Francis Episcopal Church, 16th & L Street, 568 16th Street, Fortuna, CA, 95540-2415 **(O,D)**

### TUESDAY / MARTES

**6:15AM 1HR Fresh Start**, 309 E St., Eureka, CA, 95501 **(O,To)**  
**10:00AM 1HR Just for Today (Zoom)**, ID: 439-981-9784 Password: 343049, **(O,VM)**  
**6:00PM 1HR Tuesday Night Live**, 309 E St., Eureka, CA, 95501 **(CM)**  
**6:30PM 1HR Back To Life**, Saint Paul's Episcopal Church, 220 East Macken Avenue, Crescent City, CA, 95531-2745 **(O,WC,LS)**  
**6:30PM 1HR Candlelight Every Night**, 2123 Tydd Street, Eureka, CA, 95501 **(O,To,WC)**  
**7:00PM 1HR Arcata Discussion**, Presbyterian Church, 670 11th Street, Arcata, CA, 95521 **(O,D,WC)**

### WEDNESDAY / MIÉRCOLES

**10:00AM 1HR Just for Today (Zoom)**, ID: 439-981-9784 Password: 343049, **(O,VM)**  
**NOON 1HR Wednesday nooner**, 309 E St., Eureka, CA, 95501  
**6:00PM 1HR Free & Clean**, Christi Hall, 520 Del Norte St, Eureka, CA, 95501 **(O,NS,LS)**  
**6:00PM 1HR Just for Today**, Rohner Park, Fortuna, CA, **(O)**  
**7:15PM 1HR Recovery Rocks**, 309 E. St., Eureka, CA, 95501

### THURSDAY / JUEVES

**6:15AM 1HR Fresh Start**, 309 E St., Eureka, CA, 95501 **(O,To)**  
**10:00AM 1HR Just for Today (Zoom)**, ID: 439-981-9784 Password: 343049, **(O,VM)**  
**5:30PM 1HR No-nonsense**, Christy Hall, 520 Del Norte St., Eureka, CA, 95501 **(NS)**  
**6:30PM 1HR Back To Life**, Saint Paul's Episcopal Church, 220 East Macken Avenue, Crescent City, CA, 95531-2745 **(O,WC,LS)**  
**6:30PM 1HR Candlelight Every Night**, 2123 Tydd Street, Eureka, CA, 95501 **(O,To,WC)**  
**6:30PM 1HR White Flag Stagg Men's**, 1790 Linton Ave., Eureka, CA, 95501 **(C,B,M)**

### FRIDAY / VIERNES

**10:00AM 1HR Just for Today (Zoom)**, ID: 439-981-9784 Password: 343049, **(O,VM)**  
**12:15PM 1HR Good Friday**, Adorni Center, Meeting Room, at L Street, 1011 West Waterfront Drive, Eureka, CA, 95501 **(O,D,WC)**  
**6:00PM 1HR Following Traditions**, Tswendalin Inn, Social Distancing and masks required., 12482 CA-96, Hoopa, CA, 95546 **(O)**  
**6:00PM 1HR Living Clean**, Currently online only -- normally at Saint Paul's Episcopal Church, Crescent City, CA, 95531-2745 **(O,CL,To,WC,VM,TC)**  
**6:30PM 1HR Back To Life**, Saint Paul's Episcopal Church, 220 East Macken Avenue, Crescent City, CA, 95531-2745 **(O,WC,LS)**  
**6:30PM 1HR Candlelight Every Night**, 2123 Tydd St., Eureka, CA, 95501 **(O,To,WC)**  
**6:30PM 1HR Friday Night Book Study BYOBT**, Eureka First United Methodist Church, No smoking on premises, 520 Del Norte Street, Eureka, CA, 95501 **(C,BT,WC,BK)**  
**7:00PM 1HR Finding Freedom**, 1761 11th St., Arcata, CA, 95521  
**7:00PM 1HR Friday Night Discussion**, 1649 Wood St., Fortuna, CA, 95540 **(O,WC)**

### SATURDAY / SÁBADO

**10:00AM 1HR Just for Today (Zoom)**, ID: 439-981-9784 Password: 343049, **(O,VM)**  
**NOON 1HR A Spiritual Principle a Day**, 309 E St., Eureka, CA, 95501 **(O)** *If there is an event happening MTG will be canceled*  
**NOON 1.5HR Living Clean (Zoom)**, **(O,JT,WC,VM)**  
**6:00PM 1HR Bonfire Meeting**, 3516 Navy Base Rd., Samoa, CA, 95564 **(O)**  
**7:00PM 1.5HR Back To Life (SPEAKER MTG & POT-LUCK LAST SATURDAY OF EVERY MONTH)**, Saint Paul's Episcopal Church, 220 East Macken Avenue, Crescent City, CA, 95531-2745 **(O,WC,SB)**

### MEETING FORMAT LEGEND

B	Beginners	BK	Book Study
BT	Basic Text	C	Closed
CL	Candlelight	CM	Chip Meeting
D	Discussion	JT	Just for Today
LS	Literature Study	M	Men
NS	No Smoking	O	Open
SB	Smoke Break	TC	Temporarily Closed Facility
To	Topic	VM	Virtual Meeting
W	Women	WC	Wheelchair

### HELPLINES

Area 1	Number 1
Area 2	Number 2

### SERVICE MEETINGS

### PHONE NUMBERS

## What is our message?

The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.



## **HUMBOLDT/DEL NORTE AREA**

### **MEETING LIST**

**JUNE 2022**

**24 HOUR HELPLINE  
NUMBER**

<https://na.org>

#### **SUGGESTIONS FOR EVERYONE**

**DON'T USE no matter what**

**Ask your Higher Power to keep you clean**

**Come early and stay late**

**Get a home group**

**Go to 90 meetings in 90 days**

**Read NA literature daily**

**Get and use a sponsor**

**Use the PHONE**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 43