

**SUNDAY / DOMINGO**

10:00AM 1HR Just for Today (zoom)(VM), ID: 439-981-9784 Password: 343049, (VM)  
 10:30AM 1HR I don't take nothing & I don't sign cards(O), 1140 4th st, Eureka, CA, 95501  
 5:30PM 1HR Living Free, Currently online only -- normally at Saint Paul's Episcopal Church, Crescent City, CA, 95531-2745 (O,WC,VM,TC)  
 5:30PM 1HR Sisters in Recovery Women's(W), No smoking on premises, 520 Del Norte Street, Eureka, CA, 95501 (O,W,WC,NS)  
 6:30PM 1HR Recovery At Work (Entrance: Off D st. back parking lot), 840 E st, Eureka, CA, 95501 (O,BT,LS)  
 7:00PM 1HR Welcome Home, 228 Church Street, Loleta, CA, 95501 (O,WC)

**MONDAY / LUNES**

6:15AM 1HR Fresh Start, 2734 Hubbard Ln, Eureka, CA, 95501 (O,JT,CM)  
 6:30AM 1HR Grand Rising(B), 133 7th Street, Eureka, CA, 95501 (O,JT,CM)  
 10:00AM 1HR Just for Today (Zoom), ID: 439-981-9784 Password: 343049, (O,VM)  
 NOON 1HR IP on Mondays (C), 819 15th Street, Eureka, CA, 95501 (LS)  
 NOON 1HR Living Free, 220 East Macken, Crescent City, CA, 95531  
 5:30PM 1HR The Yard, 2734 Hubbard Lane, No smoking in parking lot; designated smoking area behind building only, 2734 Hubbard Lane, Eureka, CA, 95501 (O,WC)  
 6:00PM 1HR Following Traditions(O)(WC), Tswendalin Inn, 12482 CA-96, Hoopa, CA, 95546 (O,RF)  
 6:00PM 1HR Living Free, Saint Paul's Episcopal Church, 220 East Macken Avenue, Crescent City, CA, 95531-2745 (O,BT,WC)  
 6:30PM 1HR Candlelight, 2123 Tydd St., Eureka, CA, 95501 (O,To,WC) No Meeting 12/15/25 -12/31/25  
 7:00PM 1HR Courage to Change, Saint Francis Episcopal Church, 16th & L Street, 568 16th Street, Fortuna, CA, 95540-2415 (O,D)

**TUESDAY / MARTES**

6:15AM 1HR Fresh Start, 2734 Hubbard Ln, Eureka, CA, 95501 (O,JT,CM)  
 6:30AM 1HR Grand Rising(B), 133 7th Street, Eureka, CA, 95501 (O,JT,CM)  
 10:00AM 1HR Just for Today (Zoom), ID: 439-981-9784 Password: 343049, (O,VM)  
 NOON 1HR Living Free, Saint Paul's Episcopal Church, 220 East Macken Ave., Crescent City, CA, 95531  
 5:00PM 1HR Rambling Redwoods Womans Bonfire, 220 Macken Ave, Crescent city, CA, 95531 (W) Rain Location  
 6:00PM 1HR Recover On The Rez, klamath, 110 Klamath Mills Rd., Klamath, CA, 95548  
 6:00PM 1HR Tuesday Night Live, 520 Del Norte st, Eureka, CA, 95501 (CM)  
 6:30PM 1HR Candlelight, 2123 Tydd Street, Eureka, CA, 95501 (O,To,WC)  
 6:30PM 1HR Living Free, Saint Paul's Episcopal Church, 220 East Macken Avenue, Crescent City, CA, 95531-2745 (O,WC,LS)  
 7:00PM 1HR Arcata Discussion, Presbyterian Church, 670 11th Street, Arcata, CA, 95521 (O,D,WC)  
 7:30PM 1HR Topical Tuesday (To), Betty Chin Center, 133 7th Street, Eureka, CA, 95501 (CM)

**WEDNESDAY / MIÉRCOLES**

6:15AM 1HR Fresh Start, 2734 Hubbard Ln, Eureka, CA, 95501 (O,JT,CM)  
 6:30AM 1HR Grand Rising(B) 2nd Wednesday of Month Breakfast Potluck 6am, 133 7th Street, Eureka, CA, 95501 (O,JT,CM)  
 10:00AM 1HR Just for Today (Zoom), ID: 439-981-9784 Password: 343049, (O,VM)  
 NOON 1HR Daisy Doo, Multi Ed. Center at CR, Located in the LRC learning resource center, enter through the library., 7351 Tompkins Hill Rd., Eureka, CA, 95501  
 NOON 1HR Living Free, Saint Paul's Episcopal Church, 220 East Macken Avenue, Crescent City, CA, 95531-2745 (O,JT,WC)  
 NOON 1HR Wednesday nooner, 819 15th st, Eureka, CA, 95501  
 6:00PM 1HR Free & Clean, Christie Hall, No smoking on premises, 520 Del Norte St, Eureka, CA, 95501 (O,NS,LS)  
 6:00PM 1HR Living Free, Saint Paul's Episcopal Church, 220 East Macken Avenue, Crescent City, CA, 95531-2745 (O,JT,WC)  
 7:15PM 1HR Recovery Rocks(LS), 520 Del Norte st, Eureka, CA, 95501

**THURSDAY / JUEVES**

6:15AM 1HR Fresh Start, 2734 Hubbard Ln, Eureka, CA, 95501 (O,JT,CM)  
 6:30AM 1HR Grand Rising(B), 133 7th Street., Eureka, CA, 95501 (O,JT,CM)  
 10:00AM 1HR Just for Today (Zoom), ID: 439-981-9784 Password: 343049, (O,VM)  
 5:30PM 1HR No-nonsense(BK), Christie Hall, No smoking on premises, 520 Del Norte St., Eureka, CA, 95501 (NS)  
 6:30PM 1HR Candlelight, 2123 Tydd Street, Eureka, CA, 95501 (O,To,WC)  
 6:30PM 1HR Living Free, Saint Paul's Episcopal Church, 220 East Macken Avenue, Crescent City, CA, 95531-2745 (O,WC,LS)  
 6:30PM 1HR White Flagg Stagg Men's(M), 819 15th Street, Eureka, CA, 95501 (C,B,M)  
 7:00PM 1HR Thursday Night Fortuna(O), 1736 Newburg Rd., Fortuna, CA, 95540 (O,SPAD)

**FRIDAY / VIERNES**

6:15AM 1HR Fresh Start, 2734 Hubbard Ln, Eureka, CA, 95501 (O,JT,CM)

**MEETING FORMAT LEGEND**

B	Beginners	BT	Basic Text
C	Closed	D	Discussion
JT	Just for Today	M	Men
O	Open	RF	Rotating Format
To	Topic	W	Women
WC	Wheelchair	BK	Book Study
NS	No Smoking	VM	Virtual Meeting
TC	Temporarily Closed Facility	SB	Smoke Break
LS	Literature Study	CM	Chip Meeting
SPAD	A Spiritual Principle a Day		

**HELPLINES**

Area 1	Number 1
Area 2	Number 2

**SERVICE MEETINGS**



## HUMBOLDT/DEL NORTE AREA

### MEETING LIST

JANUARY 2026

### 24 HOUR HELPLINE NUMBER

#### What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65

<https://na.org>

#### SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 60