

**SUNDAY / DOMINGO**

**7:00AM 1HR Just For Today Coffee Time**, CA, **(D,JT,VM,CM)** Meeting ID: 905 031 265  
Passcode: 231210

**10:00AM 1.25HR Over The Rainbow (LGBTQIA + Allies)**, Enterprise Resource Center, 3270 Kerner Blvd., Ste. C, San Rafael, CA, 94901  
**(O,LGBT,JT,RF,SD,WC,LS,CM)**

**10:00AM 1HR Spiritual Principle A Day**, 94947 **(O,D,SD,So,WC,VM,CM)** Meeting ID: 125 445 127 Passcode: 273012

**3:00PM 1HR What It's Like Today**, St. Francis of Assisi Church (Room in the back), 967 5th Street, Novato, CA, 94945  
**(O,SD,CM)**

**6:00PM 1HR Get Ya Some NA Love**, CA, **(O,RF,SD,VM,LS)** Meeting ID: 867 9325  
1785 Passcode: 885872

**6:00PM 1HR Spiritual Principles / Just For Today**, Aldersgate Church, 1 Wellbrock Heights, San Rafael, CA, 94903  
**(D,JT,SD,WC,GP,LS,CM)**

**MONDAY / LUNES**

**7:00AM 1HR Just For Today Coffee Time**, CA, **(D,JT,VM)** Meeting ID: 905 031 265  
Passcode: 231210

**NOON 1HR Nooner**, First Presbyterian Church, In Stewart Room facing Mission Ave., 1510 5th Avenue, San Rafael, CA, 94901-1807 **(O,D,WC)**

**NOON 1HR Zoom Nooner**, CA, 94901 **(O,D,VM)** Zoom ID: 714 465 274 Password: 604790

**6:00PM 1HR Get Ya Some NA Love**, CA, **(O,RF,SD,VM,LS)** Meeting ID: 867 9325  
1785 Passcode: 885872

**7:00PM 1.25HR Monday Night Chip**, The Log Cabin, 20 Veterans Place, San Anselmo, CA, 94960 **(O,SD,WC,CM)**

**7:30PM 1HR Monday Book Study**, First Presbyterian Church, Enter on Mariposa Ave. Go upstairs to room 203 (across the courtyard)., 72 Kensington Road, San Anselmo, CA, 94960 **(C,BK)**

**TUESDAY / MARTES**

**7:00AM 1HR Just For Today Coffee Time**, CA, **(D,JT,VM)** Meeting ID: 905 031 265  
Passcode: 231210

**NOON 1HR Nooner**, First Presbyterian Church, In Stewart Room facing Mission Ave., 1510 5th Avenue, San Rafael, CA, 94901-1807 **(O,D,WC)**

**NOON 1HR Zoom Nooner**, CA, 94901 **(O,D,VM)** Zoom ID: 714 465 274 Password: 604790

**6:00PM 1HR Get Ya Some NA Love**, CA, **(O,RF,SD,VM,LS)** Meeting ID: 867 9325  
1785 Passcode: 885872

**7:00PM 1.25HR Tuesday Men's Meeting**, First Presbyterian Church, In Stewart Room facing Mission Ave., 1510 5th Avenue, San Rafael, CA, 94901-1807  
**(C,M,SD,WC,LS,CM)**

**7:00PM 1HR Tuesday Women's Meeting**, Hamilton Community Church of the Nazarene, 5400 Nave Dr, Novato, CA, 94949 **(C,CS,RF,W)**

**7:00PM 1HR Young Guns**, Saint Francis of Assisi Church, Meeting in the Block Hall, 967 5th Street, Novato, CA, 94945  
**(O,RF,WC,YP,CM)**

**WEDNESDAY / MIÉRCOLES**

**7:00AM 1HR Just For Today Coffee Time**, CA, **(D,JT,VM)** Meeting ID: 905 031 265  
Passcode: 231210

**NOON 1HR Nooner**, First Presbyterian Church, In Stewart Room facing Mission Ave., 1510 5th Avenue, San Rafael, CA, 94901-1807 **(O,D,WC,CM)**

**NOON 1HR Zoom Nooner**, CA, 94901 **(O,D,VM)** Zoom ID: 714 465 274 Password: 604790

**6:00PM 1HR Get Ya Some NA Love**, CA, **(O,RF,SD,VM,LS)** Meeting ID: 867 9325  
1785 Passcode: 885872

**7:30PM 1HR Recovery & Relapse**, Aldersgate Church, 1 Wellbrock Heights, San Rafael, CA, 94903 **(O,RF,SD,WC,LS)**

**THURSDAY / JUEVES**

**7:00AM 1HR Just For Today Coffee Time**, CA, **(D,JT,VM)** Meeting ID: 905 031 265  
Passcode: 231210

**NOON 1HR Nooner**, First Presbyterian Church, In Stewart Room facing Mission Ave., 1510 5th Avenue, San Rafael, CA, 94901-1807 **(O,D,WC)**

**NOON 1HR Zoom Nooner**, CA, 94901 **(O,D,VM)** Zoom ID: 714 465 274 Password: 604790

**6:00PM 1HR Get Ya Some NA Love**, CA, **(O,RF,SD,VM,LS)** Meeting ID: 867 9325  
1785 Passcode: 885872

**7:00PM 1.5HR Una Nueva Visión**, Enterprise Resource Center, 3270 Kerner Blvd., Ste. C., San Rafael, CA, 94901  
**(O,ES,RF,WC)**

**7:30PM 1HR Newcomers Meeting**, First Presbyterian Church, In Stewart Room facing Mission Ave. / Last meeting of the month is 1hr 15mins., 1510 Fifth Ave, San Rafael, CA, 94901 **(O,B,SD,CM)**

**7:30PM 1HR Time for Change**, Saint Francis of Assisi Church, Meeting in the "Rosie Room" located past the main office, in the back on the left., 967 5th Street, Novato, CA, 94945 **(O,RF,SD,WC,LS,CM)**

**FRIDAY / VIERNES**

**7:00AM 1HR Just For Today Coffee Time**, CA, **(D,JT,VM)** Meeting ID: 905 031 265 Passcode: 231210

**NOON 1HR Nooner**, First Presbyterian Church, In Stewart Room facing Mission Ave., 1510 5th Avenue, San Rafael, CA, 94901-1807 **(O,D,WC)**

**NOON 1HR Zoom Nooner**, CA, 94901 **(O,D,VM)** Zoom ID: 714 465 274 Password: 604790

**6:00PM 1HR Get Ya Some NA Love**, CA, **(O,RF,SD,VM,LS)** Meeting ID: 867 9325 1785 Passcode: 885872

**8:00PM 1.25HR Friday Night Live**, Marin Lutheran Church, 649 Meadowsweet Drive, Corte Madera, CA, 94925 **(O,SD,CM)**  
*\*\*Please note, unfortunately there is no wheelchair access.*

**SATURDAY / SÁBADO**

**7:00AM 1HR Just For Today Coffee Time**, CA, **(D,JT,VM)** Meeting ID: 905 031 265 Passcode: 231210

**8:00AM 1.25HR Men's Step Working Guide**, First Presbyterian Church, In Stewart Room facing Mission Ave., 1510 Fifth Ave, San Rafael, CA, 94901 **(C,M,SG,WC)**

**6:00PM 1HR Get Ya Some NA Love**, CA, **(O,RF,SD,VM,LS)** Meeting ID: 867 9325 1785 Passcode: 885872

**6:30PM 1HR Sausalito Serenity**, City Hall Sausalito Library, 420 Litho Street, Sausalito, CA, 94965-1933 **(C,D,SD,WC,LS,CM)**

**8:00PM 1.25HR Saturday Alive Group**, Saint Francis of Assisi Church, 967 5th Street, Novato, CA, 94945 **(O,RF,SD,St,Tr,WC,CP)**

**MEETING FORMAT LEGEND**

|      |                            |    |                    |
|------|----------------------------|----|--------------------|
| B    | Beginners                  | C  | Closed             |
| CS   | Children under Supervision | D  | Discussion         |
| LGBT | LGBTQ+                     | JT | Just for Today     |
| M    | Men                        | O  | Open               |
| RF   | Rotating Format            | SD | Speaker/Discussion |
| SG   | Step Working Guide         | So | Speaker Only       |
| St   | Step                       | Tr | Tradition          |
| W    | Women                      | WC | Wheelchair         |
| YP   | Young People               | BK | Book Study         |
| CP   | Concepts                   | GP | Guiding Principles |
| VM   | Virtual Meeting            | LS | Literature Study   |
| CM   | Chip Meeting               | ES | Español            |

**HELPLINES**

San Francisco Area 415-621-8600  
Alameda County Tri-Area 510-444-HOPE

**SERVICE MEETINGS**



**MARIN COUNTY AREA  
MEETING LIST  
MAY 2026**

**24 HOUR HELPLINE  
877-612-7837**

<https://mcfna.org>

**SUGGESTIONS FOR EVERYONE**

- DON'T USE no matter what**
- Ask your Higher Power to keep you clean**
- Come early and stay late**
- Get a home group**
- Go to 90 meetings in 90 days**
- Read NA literature daily**
- Get and use a sponsor**
- Use the PHONE**

**KEEP COMING BACK. IT WORKS**

**What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

Basic Text, page 65

Meetings Weekly: 41