

SUNDAY

9:00AM 1HR Morning Maniacs, 527 S State St, Ukiah, CA, 95482 **(O,D)**
NOON 1HR N-Unity, 527 S State St, Ukiah, CA, 95482 **(O,WC)**
3:00PM 1HR Conscious Contact, St. Francis Church, 66 E. Commercial St., Willits, CA, 95490 **(D,BK,LC)**
6:00PM 1HR Serenity on Sunday, 527 S State St, Ukiah, CA, 95482 **(C,D,SD,So)**
7:00PM 1HR A Simple Way, 8591 West Road, Redwood Valley, CA, 95470 **(O,D,JT)**

MONDAY

8:00AM 1HR Morning Maniacs, 527 S State St, Ukiah, CA, 95482 **(O,D)**
NOON 1HR N-Unity, 527 S State St, Ukiah, CA, 95482 **(O,D)**
6:00PM 1HR Monday Night Raw, 527 S State St, Ukiah, CA, 95482 **(O,JT,RF,ENG,CPC)**
6:30PM 1HR Monday Miracles, 620 East Redwood Ave, Fort Bragg, CA, 95437 **(O,BT,St,BK,ENG,CM)**

7:00PM 1.25HR Learn to Live, Ukiah, CA, 95482 **(St,BK,VM)** Zoom ID: 920 4879 6187
 Passcode: Learn2Live

7:00PM 1HR Monday Madness, St. Francis in the Redwoods, 66 E. Commercial St, Willits, CA, 95490 **(O,BT,Tag)**

TUESDAY

8:00AM 1HR Morning Maniacs, 527 S State St, Ukiah, CA, 95482 **(O,D)**
NOON 1HR N-Unity, 527 S State St, Ukiah, CA, 95482 **(O,D)**
5:30PM 1HR NA, Yuki Trails, 2300 Henderson Road, Covel, CA, 95428 **(O,JT)**
6:00PM 1HR Break'n All the Rules Group, 527 S State St, Ukiah, CA, 95482 **(C,St,W)**
7:00PM 1HR More Shall Be Revealed, St. Francis in the Redwoods Church, 66 E. Commercial St, Willits, CA, 95490 **(O,JT,WC)**

WEDNESDAY

8:00AM 1HR Morning Maniacs, 527 S State St, Ukiah, CA, 95482 **(O,D)**
NOON 1HR N-Unity, 527 S State St, Ukiah, CA, 95482 **(O,RF,CPC)**
6:00PM 1HR K.I.S.S. Group, Good News Fellowship, One mile south Laytonville, 44799 Foster Ave, Laytonville, CA, 95454 **(O,D)**
6:00PM 1HR S.P.A.D., 527 South State, Ukiah, CA, 95482 **(O,BK)**
6:00PM 1HR Sisters in Serenity Group, Calvary Baptist Church, 465 Luce Ave, Ukiah, CA, 95482 **(O,JT,W)**
6:30PM 1HR Wednesday Warriors, 32341 N. Harbor Dr., Fort Bragg, CA, 95437 **(O,JT)**
7:00PM 1.25HR Primary Purpose (Book Study), Ukiah, CA, 95482 **(St,BK,VM)** Zoom ID: 934 4488 4810 Passcode: steps
7:15PM 1HR Solo Por Hoy Group, 527 S State St, Ukiah, CA, 95482 **(O,ES)**
7:30PM 1HR S.T.A.G., Willits United Methodist Church, Rear entrance on west side off of alley, 286 School Street, Willits, CA, 95490 **(D,M,BK)**

THURSDAY

8:00AM 1HR Morning Maniacs, 527 S State St, Ukiah, CA, 95482 **(O,D)**
NOON 1HR N-Unity, 527 S State St, Ukiah, CA, 95482 **(O,JT)**
5:30PM 1HR Step Sisters, 527 S State St, Ukiah, CA, 95482 **(C,JT,SD,W,WC,ENG)**
6:00PM 1HR Male Call, 527 S State St, Ukiah, CA, 95482 **(C,M)**
7:00PM 1HR Throwback Thursdays, Willits United Methodist Church, Main Room, 286 School Street, Willits, CA, 95490 **(O,D,JT)**

FRIDAY

8:00AM 1HR Morning Maniacs, 527 S State St, Ukiah, CA, 95482 **(O,D)**
NOON 1HR N-Unity, 527 S State St, Ukiah, CA, 95482 **(O,D)**
6:00PM 1HR Friday Night Live, Holy Trinity Episcopal Church, 640 S Orchard Ave, Ukiah, CA, 95482 **(O,D,SD)**
6:00PM 1.5HR Sponsor/Sponsee, Unity Hall, 527 S. South St, Ukiah, CA, 95482 **(O,SG,St,BK)**
6:30PM 1HR Point of Freedom, Cerrutti Medical Building, 175 Main Street, Point Area, CA, 95468 **(O,BT,RF,SD,So,To,CPC)**
6:30PM 1HR Tell It Like It Is, Mendocino Coast Hospitality Center, 101 N Franklin St, Fort Bragg, CA, 95437 **(O,RF,SD)**
7:30PM 1HR Rockin' Recovery, 527 S State St, Ukiah, CA, 95482 **(O,CM)**

SATURDAY

8:30AM 1HR Morning Maniacs, 527 S State St, Ukiah, CA, 95482 **(O,D)**
10:30AM 1.5HR Area Service Committee (4th Saturday Every Month), Methodist Church, 286 School St, Willits, CA, 95490 **(ASM)**
NOON 1HR N-Unity, 527 S State St, Ukiah, CA, 95482 **(O,WC)**
1:15PM 1HR Ukiah Fellowship Steering Committee, Ukiah Fellowship Hall, 527 South State St, Ukiah, CA, 95482 *This meeting is the first Saturday of the month*
6:00PM 1HR Carrying the Message, 527 S State St, Ukiah, CA, 95482 **(O,CL,JT,CM)**
7:30PM 1HR Candlelight Delight, Willits United Methodist Church, Main Room, 286 School Street, Willits, CA, 95490 **(O,CL,JT,To)**
7:30PM 1HR Weekend Warriors, Ukiah United Methodist Church, Upstairs to the left., 210 N Pine St., Ukiah, CA, 95482 **(O,D,QA)**

MEETING FORMAT LEGEND

BT	Basic Text	C	Closed
CL	Candlelight	D	Discussion
JT	Just for Today	M	Men
O	Open	RF	Rotating Format
SD	Speaker/Discussion	SG	Step Working Guide
So	Speaker Only	St	Step
To	Topic	W	Women
WC	Wheelchair	BK	Book Study
QA	Question and Answer	LC	Living Clean
VM	Virtual Meeting	CM	Chip Meeting
ASM	Area Service Meetings	Tag	Tag Meeting
ENG	English speaking	ES	Español
CPC	Chairperson's Choice		

HELPLINES

Area 1	Number 1
Area 2	Number 2

SERVICE MEETINGS



MENDOCINO COUNTY AREA

MEETING LIST

JANUARY 2026

24 HOUR HELPLINE

707-485-9110

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65

<https://mendona.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS