

7:30PM 1HR Weekend Warriors, Ukiah United Methodist Church, Upstairs to the left., 210 N Pine St., Ukiah, CA, 95482 **(O,D,QA)**

SUNDAY

9:00AM 1HR Morning Maniacs, 527 S State St, Ukiah, CA, 95482 **(O,D)**

NOON 1HR N-Unity, 527 S State St, Ukiah, CA, 95482 **(O,WC)**

3:00PM 1HR Conscious Contact, St. Francis Church, 66 E. Commercial St., Willits, CA, 95490 **(D,BK,LC)**

6:00PM 1HR Serenity on Sunday, 527 S State St, Ukiah, CA, 95482 **(C,D,SD,So)**

7:00PM 1HR A Simple Way, 8591 West Road, Redwood Valley, CA, 95470 **(O,D,JT)**

MONDAY

8:00AM 1HR Morning Maniacs, 527 S State St, Ukiah, CA, 95482 **(O,D)**

NOON 1HR N-Unity, 527 S State St, Ukiah, CA, 95482 **(O,D)**

6:00PM 1HR Monday Night Raw, 527 S State St, Ukiah, CA, 95482 **(O,JT,RF,ENG,CPC)**

6:30PM 1HR Monday Miracles, 620 East Redwood Ave, Fort Bragg, CA, 95437 **(O,BT,St,BK,ENG,CM)**

7:00PM 1. 25HR Learn to Live, Ukiah, CA, 95482 **(St,BK,VM)** *Zoom ID: 920 4879 6187*

Passcode: Learn2Live

7:00PM 1HR Monday Madness, St. Francis in the Redwoods, 66 E. Commercial St, Willits, CA, 95490 **(O,BT,Tag)**

TUESDAY

8:00AM 1HR Morning Maniacs, 527 S State St, Ukiah, CA, 95482 **(O,D)**

NOON 1HR N-Unity, 527 S State St, Ukiah, CA, 95482 **(O,D)**

5:30PM 1HR NA, Yuki Trails, 2300 Henderson Road, Covelo, CA, 95428 **(O,JT)**

6:00PM 1HR Break'n All the Rules Group, 527 S State St, Ukiah, CA, 95482 **(C,St,W)**

7:30PM 1HR More Shall Be Revealed, Willits Methodist Church, 286 School St, Willits, CA, 95490 **(C,JT,WC)**

WEDNESDAY

8:00AM 1HR Morning Maniacs, 527 S State St, Ukiah, CA, 95482 **(O,D)**

NOON 1HR N-Unity, 527 S State St, Ukiah, CA, 95482 **(O,RF,CPC)**

6:00PM 1HR K.I.S.S. Group, Good News Fellowship, One mile south Laytonville, 44799 Foster Ave, Laytonville, CA, 95454 **(O,D)**

6:00PM 1HR S.P.A.D., 527 South State, Ukiah, CA, 95482 **(O,BK)**

6:00PM 1HR Sisters in Serenity Group, Calvary Baptist Church, 465 Luce Ave, Ukiah, CA, 95482 **(O,JT,W)**

6:30PM 1HR Wednesday Warriors, 32341 N. Harbor Dr., Fort Bragg, CA, 95437 **(O,JT)**

7:00PM 1. 25HR Primary Purpose (Book Study), Ukiah, CA, 95482 **(St,BK,VM)** *Zoom ID: 934 4488 4810* *Passcode: steps*

7:15PM 1HR Solo Por Hoy Group, 527 S State St, Ukiah, CA, 95482 **(O,ES)**

7:30PM 1HR Beautiful Disasters, St. Francis of the Redwoods Church, 66 E. Commercial St, Willits, CA, 95490 **(AB)**

7:30PM 1HR S.T.A.G., Willits United Methodist Church, Rear entrance on west side off of alley, 286 School Street, Willits, CA, 95490 **(D,M,BK)**

THURSDAY

8:00AM 1HR Morning Maniacs, 527 S State St, Ukiah, CA, 95482 **(O,D)**

NOON 1HR N-Unity, 527 S State St, Ukiah, CA, 95482 **(O,JT)**

6:00PM 1HR Male Call, 527 S State St, Ukiah, CA, 95482 **(C,M)**

6:30PM 1. 25HR Girls Just Wanna Have Fun, Ukiah, CA, 95482 **(SD,W,VM)** *ID 970 9638 0594* *Passcode: sisters*

7:00PM 1. 25HR Learn to Live, Ukiah, CA, 95482 **(St,BK,VM)** *Zoom ID: 920 4879 6187*

Passcode: Learn2Live

7:00PM 1HR Throwback Thursdays, Willits United Methodist Church, Main Room, 286 School Street, Willits, CA, 95490 **(O,D,JT)**

FRIDAY

8:00AM 1HR Morning Maniacs, 527 S State St, Ukiah, CA, 95482 **(O,D)**

NOON 1HR N-Unity, 527 S State St, Ukiah, CA, 95482 **(O,D)**

6:00PM 1HR Friday Night Live, Holy Trinity Episcopal Church, 640 S Orchard Ave, Ukiah, CA, 95482 **(O,D,SD)**

6:00PM 1. 5HR Sponsor/Sponsee, Unity Hall, 527 S. South St, Ukiah, CA, 95482 **(O,SG,St,BK)**

6:30PM 1HR Point of Freedom, Cerrutti Medical Building, 175 Main Street, Point Area, CA, 95468 **(O,BT,RF,SD,So,To,CPC)**

6:30PM 1HR Tell It Like It Is, Mendocino Coast Hospitality Center, 101 N Franklin St, Fort Bragg, CA, 95437 **(O,RF,SD)**

SATURDAY

8:30AM 1HR Morning Maniacs, 527 S State St, Ukiah, CA, 95482 **(O,D)**

10:30AM 1. 5HR Area Service Committee (3rd Saturday Every Month), Methodist Church, 286 School St, Willits, CA, 95490 **(ASM)**

NOON 1HR N-Unity, 527 S State St, Ukiah, CA, 95482 **(O,WC)**

1:15PM 1HR Ukiah Fellowship Steering Commitee, Ukiah Fellowship Hall, 527 South State St, Ukiah, CA, 95482 *This meeting is the first Saturday of the month*

6:00PM 1HR Carrying the Message, 527 S State St, Ukiah, CA, 95482 **(O,CL,JT,CM)**

7:30PM 1HR Candlelight Delight, Willits United Methodist Church, Main Room, 286 School Street, Willits, CA, 95490 **(O,CL,JT,To)**

MEETING FORMAT LEGEND

PHONE NUMBERS



MENDOCINO COUNTY AREA

MEETING LIST

OCTOBER 2024

24 HOUR HELPLINE

707-485-9110

<https://mendona.org>

SUGGESTIONS FOR EVERYONE

- DON'T USE** no matter what
- Ask your Higher Power to keep you clean
- Come early and stay late
- Get a home group
- Go to 90 meetings in 90 days
- Read NA literature daily
- Get and use a sponsor
- Use the **PHONE**
- KEEP COMING BACK. IT WORKS**

Meetings Weekly: 45

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

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HELPLINES

Area 1	Number 1
Area 2	Number 2

SERVICE MEETINGS

AB	Ask-It-Basket	ASM	Area Service Meetings
BK	Book Study	BT	Basic Text
C	Closed	CL	Candlelight
CM	Chip Meeting	CPC	Chairperson's Choice
D	Discussion	ENG	English speaking
ES	Español	JT	Just for Today
LC	Living Clean	M	Men
O	Open	QA	Question and Answer
RF	Rotating Format	SD	Speaker/Discussion
SG	Step Working Guide	So	Speaker Only
St	Step	Tag	Tag Meeting
To	Topic	VM	Virtual Meeting
W	Women	WC	Wheelchair