

SUNDAY

NOON 1HR Midday Group, St. Andrew Presbyterian Church, Room C, 1390 Franklin Road, Yuba City, CA, 95993 **(O,D,WC)**

5:45PM 1.25HR Marysville Group, The Rivers Church, 808 8th Street, Marysville, CA, 95901 **(O,SD,WC)**

7:00PM 1HR Gridley NA Group, St. Timothys Episcopal Church, 410 Jackson St., Gridley, CA, 95948 **(O,JT,WC)**

MONDAY

NOON 1HR Team Clean, Team Center, 120 5th Street, Marysville, CA, 95901 **(O,CH)**

6:00PM 1HR Marysville Group, The Rivers Church, 808 8th Street, Marysville, CA, 95901 **(O,JT,WC)**

7:00PM 1HR Free at Last Group / Childcare Sometimes, First Lutheran Church, 850 Cooper Avenue, Yuba City, CA, 95991-3849 **(O,D,SD,WC,CC)**

7:00PM 1HR Olivehurst Group, Truth Tabernacle Church, 5206 Tulip Road, Marysville, CA, 95901-7138 **(O,D,WC,SPAD)**

TUESDAY

6:00PM 1HR Marysville Group, The Rivers Church, 808 8th Street, Marysville, CA, 95901 **(O,JT,WC)**

7:00PM 1HR Free at Last Group, First Lutheran Church, 850 Cooper Avenue, Yuba City, CA, 95991-3849 **(O,WC,BK)**

WEDNESDAY

6:00PM 1HR Marysville Group, The Rivers Church, 808 8th Street, Marysville, CA, 95901 **(O,JT,WC)**

6:30PM 1HR Women with Hope Group, New Beginnings Church, Room 5, 616 C Street, Marysville, CA, 95901-5500 **(O,RF,W,WC)**

7:00PM 1HR Gridley NA Group, Saint Timothy's Episcopal Church, 410 Jackson Street, Gridley, CA, 95948-2513 **(O,WC)**

7:00PM 1HR Spanish Speaking Meeting, Truth Tabernacle Church, 5206 Tulip Road, Marysville, CA, 95901 **(O,JT)**

7:00PM 1HR Wednesday Nite Men's Group, First Lutheran Church, 850 Cooper Avenue, Yuba City, CA, 95991 **(C,M,SD,WC,Tag)**

THURSDAY

6:00PM 1HR Marysville Group, The Rivers Church, 808 8th Street, Marysville, CA, 95901 **(O,JT,WC)**

7:00PM 1HR Free at Last Group, First Lutheran Church, 850 Cooper Avenue, Yuba City, CA, 95991-3849 **(O,St,WC)**

7:00PM 1HR Olivehurst Group, Truth Tabernacle Church, 5206 Tulip Road, Marysville, CA, 95901-7138 **(O,D,JT,WC)**

FRIDAY

6:00PM 1HR From Darkness to Light, 10060 La Porte Rd., Challenge, CA, 95925 **(O)**

7:00PM 1.25HR Free at Last Group / Childcare Sometimes, First Lutheran Church, 850 Cooper Avenue, Yuba City, CA, 95991-3849 **(O,D,SD,So,WC,CC)**

SATURDAY

NOON 1HR Loner Group, St. Andrew Presbyterian Church, Room C, 1390 Franklin Road, Yuba City, CA, 95993 **(O)**

6:00PM 1HR Marysville Group, The Rivers Church, 808 8th Street, Marysville, CA, 95901 **(O,SPAD)**

7:00PM 1.25HR Olivehurst Group, Truth Tabernacle Church, 5206 Tulip Road, Marysville, CA, 95901-7138 **(O,SD,WC)**

MEETING FORMAT LEGEND			
C	Closed	D	Discussion
JT	Just for Today	M	Men
O	Open	RF	Rotating Format
SD	Speaker/Discussion	So	Speaker Only
St	Step	W	Women
WC	Wheelchair	BK	Book Study
CC	Child Care Available	Tag	Tag Meeting
SPAD	A Spiritual Principle a Day	CH	Closed Holidays

HELPLINES	
Area 1	Number 1
Area 2	Number 2

SERVICE MEETINGS

PHONE NUMBERS



**MIDDLE MOUNTAIN AREA
MEETING LIST
JANUARY 2025**

24 HOUR HELPLINE
1-844-530-HOPE (4673)

<https://middlemountain.com>

What is our message?
The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text, page 65

SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the **PHONE**
KEEP COMING BACK. IT WORKS