

**SUNDAY / DOMINGO**

**NOON 1HR Orland Back to Basics Group**, 724 5th St., Orland, CA, 95963 **(O,BT,BK)** -MAIN ENTRANCE IS IN THE BACK ALLEY-

**7:00PM 1HR Red Bluff NA Group**, 785 Musick Ave., Red Bluff, CA, 96080 **(O,WC)** -*Birthdays Night Last Sunday of the Month 7pm to 8:15pm-*

**7:00PM 1HR Willows Unity Group**, 926 W. Sycamore St., Willows, CA, 95988 **(O,To)** -*Birthdays Night First Sunday of the Month-*

**MONDAY / LUNES**

**NOON 1HR Orland Back to Basics Group**, 724 5th St., Orland, CA, 95963 **(O,BT)** -MAIN ENTRANCE IS IN THE BACK ALLEY-

**7:00PM 1HR Corning NA Group**, St. Andrews Episcopal Church, 820 Marin St., Corning, CA, 96021 **(O,D)**

**7:00PM 1HR Los Molinos NA Group**, United Methodist Church, 25204 Josephine St., Los Molinos, CA, 96055 **(O,SPAD)** -*Business Mtg. Quarterly Monday After Meeting & 5th Monday Speaker Mtg.-*

**7:00PM 1HR Orland Back to Basics Espanol**, 724 5th St., Orland, CA, 95963 **(O,ES,JT)** -MAIN ENTRANCE IS IN THE BACK ALLEY-

**7:00PM 1HR Orland Mustard Seed Group**, First Christian Church, 635 A St., Orland, CA, 95963 **(O,D,To,WC)**

**7:00PM 1HR Red Bluff NA Group**, 785 Musick Ave., Red Bluff, CA, 96080 **(O,WC)**

**7:00PM 1HR Serenity at Seven Group**, Anderson Church of Christ, 3434 N. St., Anderson, CA, 96007 **(C,RF,SB)**

**7:00PM 1HR Willows Unity Group**, 926 W. Sycamore St., Willows, CA, 95988 **(O)**

**TUESDAY / MARTES**

**10:00AM 1HR Living in the Solution**, 838 Jefferson St., Red Bluff, CA, 96080 **(O)**

**NOON 1HR Orland Back to Basics Group**, 724 5th St., Orland, CA, 95963 **(O,JT)** -MAIN ENTRANCE IS IN THE BACK ALLEY- *Last Tuesday of the Month is Birthdays Night*

**7:00PM 1HR Orland Back to Basics Group**, 724 5th St., Orland, CA, 95963 **(O,JT)** -MAIN ENTRANCE IS IN THE BACK ALLEY- *Last Tuesday of the month is Birthdays Night*

**7:00PM 1HR Red Bluff NA Group**, 785 Musick Ave., Red Bluff, CA, 96080 **(O,WC)**

**7:00PM 1HR Willows Unity Group**, 926 W. Sycamore St., Willows, CA, 95988 **(O)**

**WEDNESDAY / MIÉRCOLES**

**10:00AM 1HR Living in the Solution**, 838 Jefferson St., Red Bluff, CA, 96080 **(O)**

**NOON 1HR Orland Back to Basics Group**, 724 5th St., Orland, CA, 95963 **(O,JT)** -MAIN ENTRANCE IS IN THE BACK ALLEY-

**5:00PM 1HR Orland Back to Basics Group**, 724 5th St., Orland, CA, 95963 **(O,BK)** -MAIN ENTRANCE IS IN THE BACK ALLEY-

**7:00PM 1HR Corning NA Group**, St. Andrews Episcopal Church, 820 Marin St., Corning, CA, 96021 **(O,D)** -Needs support-

**7:00PM 1HR Orland Mustard Seed Espanol**, 615 A St., Orland, CA, 95963 **(O,D,ES,To,WC)**

**7:00PM 1HR Red Bluff NA Group**, 785 Musick Ave., Red Bluff, CA, 96080 **(O,WC)**

**7:00PM 1HR Willows Unity Group**, 926 W. Sycamore St., Willows, CA, 95988 **(O)**

**THURSDAY / JUEVES**

**10:00AM 1HR Living in the Solution**, 838 Jefferson St., Red Bluff, CA, 96080 **(O)**

**NOON 1HR Orland Back to Basics Group**, 724 5th St., Orland, CA, 95963 **(O,JT)** -MAIN ENTRANCE IS IN THE BACK ALLEY-

**NOON 1HR Willows Unity Group**, 926 W. Sycamore St., Willows, CA, 95988 **(O,D,JT,WC)**

**3:00PM 1HR P.A.T.H. Meeting**, Path Plaza, 550 Lay St., Red Bluff, CA, 96080 **(O,To)** -Needs Support-

**5:30PM 1HR Willows Unity Group**, 926 W. Sycamore St., Willows, CA, 95988 **(C,W,BK)**

**6:00PM 1HR Water Front Park Meeting**, 24620 Tehama Vina Rd., Los Molinos, CA, 96055 **(O,JT)**

**7:00PM 1HR Back To Basic Group**, Vineyard Church, 738 Walnut St., Red Bluff, CA, 96080 **(O,NS)**

**7:00PM 1HR Orland Back to Basics Group**, 724 5th St., Orland, CA, 95963 **(O,D,To)** -MAIN ENTRANCE IS IN THE BACK ALLEY-

**7:00PM 1HR Recovery Talks**, Bowman Community Church, 18335 Bowman Rd., Cottonwood, CA, 96022 **(C,D,NS)**

**7:00PM 1HR Willows Basic Recovery**, 311 S. Villa St., Willows, CA, 95988 **(O,D,To)**

**FRIDAY / VIERNES**

**10:00AM 1HR Living in the Solution**, 838 Jefferson St., Red Bluff, CA, 96080 **(O)**

**NOON 1HR Orland Back to Basics Group**, 724 5th St., Orland, CA, 95963 **(O,JT)** -MAIN ENTRANCE IS IN THE BACK ALLEY-

**5:00PM 1HR Orland Mustard Seed Group**, First Christian Church, 635 A St., Orland, CA, 95963 **(D,To,WC)**

**7:00PM 1HR Corning NA Group**, St. Andrews Episcopal Church, 820 Marin St., Corning, CA, 96021 **(O,D)** -*Birthdays Night Last Friday of the Month-*

**7:00PM 1HR Orland Back to Basics Group**, 724 5th St., Orland, CA, 95963 **(O,D,ES,JT)** -MAIN ENTRANCE IS IN THE BACK ALLEY-

**7:00PM 1HR Red Bluff NA Group**, 785 Musick Ave., Red Bluff, CA, 96080 **(O,WC,OD)** *Potluck Meeting, Bring a Dish & Chair*

**7:00PM 1HR Willows Unity Group**, 926 W. Sycamore St., Willows, CA, 95988 **(CL,To)**

**SATURDAY / SÁBADO**

**10:00AM 1HR Living in the Solution**, 838 Jefferson St., Red Bluff, CA, 96080 **(O)** -*Business Meeting 4th Saturday of the Month at 11:15am-*

**NOON 1HR Orland Back to Basics Group**, 724 5th St., Orland, CA, 95963 **(O,GP)** -MAIN ENTRANCE IS IN THE BACK ALLEY-

**7:00PM 1HR Orland Back to Basics Group**, 724 5th St., Orland, CA, 95963 **(O,D,To,TW)** -MAIN ENTRANCE IS IN THE BACK ALLEY-

**7:00PM 1HR Red Bluff NA Group**, 785 Musick Ave., Red Bluff, CA, 96080 **(RF,WC)** -*No Meeting On Last Saturday of the Month-*

**7:00PM 1HR Willows Unity Group**, 926 W. Sycamore St., Willows, CA, 95988 **(O,D,To)**

**MEETING FORMAT LEGEND**

BT	Basic Text	C	Closed
CL	Candlelight	D	Discussion
JT	Just for Today	O	Open
RF	Rotating Format	To	Topic
TW	Traditions Workshop	W	Women
WC	Wheelchair	BK	Book Study
NS	No Smoking	GP	Guiding Principles
SB	Smoke Break	SPAD	A Spiritual Principle a Day
ES	Espanol	OD	Outdoors

**HELPLINES**

Shasta/Trinity Area	800-764-1081
Greater Butte Area	877-669-1669

**SERVICE MEETINGS**

**River Cities Area Service Committee** (ASC) meets 3rd Sunday at 1:15 PM at 785 Musick St., Red Bluff, CA  
Zoom ID: 828 0045 9651



**RIVER CITIES AREA OF  
NARCOTICS ANONYMOUS**

**MEETING LIST**

**MAY 2026**

**24 HOUR HELPLINE**

"Coming Soon"

<https://rivercities-na.org>

**SUGGESTIONS FOR EVERYONE**

- DON'T USE** no matter what
- Ask your Higher Power to keep you clean
- Come early and stay late
- Get a home group
- Go to 90 meetings in 90 days
- Read NA literature daily
- Get and use a sponsor
- Use the **PHONE**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 45

**What is our message?**

The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.

Basic Text, page 65