SUNDAY

11:45AM 1HR Life on Life's Terms, Hill Country, 1401 Gold Street, Redding, CA, 96001 **(O,BK)**

6:00PM 1HR HOW Group, Holy Trinity Lutheran Church, 2150 Main Street, Weaverville, CA, 96093 **(O,WC)** *LAST-SUN-BIRTHDAY/POTLUCK*

6:00PM 0.75HR Sunday Book Study, Shasta Lake Visitor Center (Craft Room), 1525 Median Ave, Shasta Lake, CA, 96019 **(O,WC,BK,LS)**

7:15PM 1HR Each One Teach One, Alano Club (Downstairs), 1050 State Street, Redding, CA, 96001 **(O,D,RF,WC,CM)** *4th-SUN-CHIP with cake*

MONDAY

10:00AM 1HR Meeting Maker's Monday Morning Men (5 M's), New Life Discovery Project, 1205 Placer Street, Redding, CA, 96001 **(O,WC,BK,NS)**

NOON 1HR It's a Way of Life Group, New Life Discovery Project, 1205 Placer Street, Redding, CA, 96001 **(O,D,WC,NS)**

NOON 1HR Just For Today Group-IWH&W Steps, Holy Trinity Lutheran Church, Park Below, 2150 Main Street, Weaverville, CA, 96093 **(O,WC,BK,LS)**

6:00PM 1HR Bank on Your Recovery - Monday, Behind Bank of America, 1300 Hilltop Drive, Redding, CA, 96003 **(SD,QA)**

6:00PM 1.5HR Shingletown - NA, Shingletown Pentecostal Church of God, Across from KOA Campground, 7899 Airport Way, Shingletown, CA, 96088 **(O,D,RF,BK)**

7:00PM 1HR Dam It Feels Good To Be Clean, 1515 Median Ave, Shasta Lake City, CA, 96019 **(O,IP,To,WC)**

7:00PM 1HR River Cities Area-Serenity at Seven, Anderson Church of Christ, 3434 North St., Anderson, CA, 96007 **(C,RF)**

TUESDAY

NOON 1HR It's a Way of Life Group, New Life Discovery Project, 1205 Placer Street, Redding, CA, 96001 **(O,D,WC,NS)**

NOON 1HR Just For Today Group-Living Clean, Holy Trinity Lutheran Church, Park Below, 2150 Main Street, Weaverville, CA, 96093 **(O,WC,BK,LC)**

6:00PM 1HR Bank On Your Recovery, Behind Bank of America, 1300 Hilltop Dr., Redding, CA, 96003 **(O,RF,CM)** *Chip on 2nd Tuesday*

6:00PM 1HR Men's Stag Group, VOTC, Room 1, 3617 Ricardo Way, Redding, CA, 96002 **(O,M,RF,WC,CPC,CM)**

WEDNESDAY

NOON 1HR Just For Today Group-Basic Text, Holy Trinity Lutheran Church, Park Below, 2150 Main Street, Weaverville, CA, 96093 **(O,BT,WC,BK)**

NOON 1HR Noon Group, New Life Discover Project, 1205 Placer Street, Redding, CA, 96001 **(O,WC,BK,LC,LS)** *Literature Provided*

6:00PM 1HR From the Streets to the Seats, Alono Club, Upstairs, 1050 State Street, Redding, CA, 96001 **(O,RF,CPC)**

THURSDAY

NOON 1HR It's a Way of Life Group, New Life Discovery Project, 1205 Placer Street, Redding, CA, 96001 **(O,D,WC,NS,CPM)** *Last Thursday Chip Meeting (Up to 9 months)*

NOON 1HR Just For Today Group-Topic Discussion, Holy Trinity Lutheran Church, Park Below, 2150 Main Street, Weaverville, CA, 96093 **(O,WC,BK)**

6:00PM 1HR How Group ~ Women's Meeting, Holly Trinity Lutheran Chruch, 2150 Main Street, Weaverville, CA, 96093 **(C,W,WC,HY)** Zoom ID: 880 899 423 93 Password:

6:00PM 1HR Shingletown - NA, Shingletown Pentecostal Church of God, Across from KOA Campgroung, 7899 Airport Way, Shingletown, CA, 96088 **(O,D,RF,BK,CPM)** *Birthday Meeting Last Thursday of the Month*

6:00PM 1HR Womens Connection, All Saints Episcopal Church, Toddler Room, 2150 Benton Drive, Redding, CA, 96003-2151 **(O,RF,SD,W,WC)** *Speaker on the 1st Thursday of the Month*

7:30PM 1.5HR More Will Be Revealed, All Saints Episcopal Church, 2150 Benton Drive, Redding, CA, 96003 **(O,SD,WC,SB,CM)** *IN-PERSON MAX 34*

FRIDAY

NOON 1HR It's a Way of Life Group, New Life Discovery Project, 1205 Placer Street, Redding, CA, 96001 **(O,D,WC,NS)**

NOON 1HR JFT Group - Tradition Study, Holy Trinity Lutheran Church, Park Below, 2150 Main Street, Weaverville, CA, 96093 **(O,WC,BK)** *LAST-FRI-CHIP*

6:00PM 1HR One is Too Many, 37477 Highway 299, Burney, CA, 96013 **(O,RF,WC,CW)** *4th-FRI-CHIP*

6:00PM 1.5HR Up River Recovery, Golden Age Center, 201 Browns Ranch Road, Weaverville, CA, 96093 **(O,D,RF,SD,WC,CM)** *Speaker on the Last Friday of the Month*

7:00PM 1HR Walk The Talk, All Saints Episcopal Church, 2150 Benton Drive, Redding, CA, 96003 **(O,SD,WC)** *SPK-CHIP-LAST FRI OF MONTH*

SATURDAY

9:00AM 1HR How Group-Recovery First, Weaverville Holy Trinity Lutheran Churh (2nd Saturday - Biscuits & Gravy 8AM to 9AM) 2150 Main Street, Weaverville, CA, 96093 **(O,SD,WC)** *2nd-SAT-Biscuits & Gravy 8-9am-Every-Even-Month*

10:00AM 1.5HR Wake Up to Recovery, Alano Club, downstairs, 1050 State Street, Redding, CA, 96001-3301 **(O,RF,WC,SB,CPC)** *4th Saturday-Birthday/Chip*

7:30PM 1HR Saturday Night Live, Alano Club, Upstairs on the 3rd Saturday of the Month, 1050 State Street, Redding, CA, 96001-3301 **(O,RF,WC,SB,CPC)** *3rd-SAT-Upstairs / 4th-SAT-BDAY/CHIP*

MEETING FORMAT LEGEND

BT	Basic Text	C	Closed
D	Discussion	IP	Informational Pamphlet
M	Men	O	Open

RF	Rotating Format	SD	Speaker/Discussion
To	Topic	W	Women
WC	Wheelchair	BK	Book Study
NS	No Smoking	QA	Question and Answer
CW	Children Welcome	LC	Living Clean
HY	Hybrid Meeting	SB	Smoke Break
LS	Literature Study	CM	Chip Meeting
CPM	Chips Monthly	CPC	Chairperson's Choice

Service Meetings

1.) Area Service Committee ~ Alano Club 1050 State St. Redding Ca 96001 Meets Every (1st) Sunday of Each Month at 1:00 pm

2.) PRH&I ~ Alano Club 1050 State St. Redding Ca 96001 Meets Every (1st) Sunday of Each Month at 11:30 am

3.) Unity Day Subcommittee ~ Alano Club 1050 State St. Redding Ca 96001 Meets Every (1st) Sunday of Each Month at 10:00 am

4.) Activities Subcommittee ~ Alano Club 1050 State St. Redding Ca 96001 Meets 2nd and 4th Sundays at 5:30 pm

For information on meetings and activities in this area, or to talk to another recovering addict, please call the number above.

Permission to copy this schedule is automatically granted.

As a condition of our insurance, no animals are allowed in meetings or special events unless licensed for service.

EMAIL US AT
web-master@shastana.org
OUR MAILING ADDRESS
Shasta ASC of NA
PO Box 994073
Redding, CA 96099-4073
FIND NA ON THE WEB
Area: Shastana.org
Region: NorCalNA.org
World: NA.org

PHONE NUMBERS

If you think you want to use, call one of these numbers

<u>BEFORE</u> you pick up

USE THIS TO GET A PHONE LIST FROM THE MEETING YOU ARE AT

What is our message?
The message is that an addict,

any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.
Basic Text, *page 65*



SHASTA/TRINITY AREA MEETING LIST NOVEMBER 2026

24 HOUR HOTLINE

1 800-764-1081

https://shastana.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 32