

SUNDAY**9:00AM 1HR New Hope Group**, Auburn, CA, 95603 **(O,SD,ME,VM)** *Zoom ID:**201-666-8582 Password: newhope***9:00AM 1HR Western Nevada County Spirituality Meeting**, Suite 6, 156 Hughes Rd, Grass Valley, CA, 95945**NOON 1HR Catching Some Serenity Group**, Pollock Pines Senior Center, Off Forebay Road, 5581 Gail Drive, Pollock Pines, CA, 95726-9202 **(O,JT,WC)****NOON 1HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,JT,WC)** *Just for Today***1:00PM 1HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,RF)** *Variety Meeting***5:00PM 1HR Two Foot Drop Group**, Salvation Army, 10725 Alta Street, Grass Valley, CA, 95945 **(O,SD,SPAD)** *SPAD Discussion, except the 2nd Sunday = Speaker Discussion***5:30PM 1HR New Hope LGBT Meeting**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,LGBT,RF)****6:00PM 1HR A Better Opportunity Group**, Polish American Community Hall, 327 Main Street, Roseville, CA, 95678 **(O,WC,BK)** *Book Study***6:30PM 1. 5HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,D)** *Birthday Meeting***7:00PM 1HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,SD,WC)****MONDAY****NOON 1HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,JT,WC)****NOON 1HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,D)****5:30PM 1HR New Hope Literature Meeting**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(C,LS)****5:30PM 1HR Virtually Yours Worldwide Group**, Grass Valley, CA, **(O,SD,BK,VM)** *Zoom ID: 872-1708-9750 Password: 367118***6:30PM 1HR Penntucky Survivors Group**, Western Gateway Park, Buttermaker's Cottage, 18560 Penn Valley Drive, Penn Valley, CA, 95946-9342 **(O,RF,WC)****7:00PM 1HR Colfax Connection Group**, Colfax Methodist Church, 59 Church Street, Colfax, CA, 95713 **(O,RF,WC)****7:00PM 1HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,SD,WC)****7:00PM 1HR Under The Fig Tree Group**, Polish American Community Hall, 327 Main Street, Roseville, CA, 95678 **(O,SD,WC)** *Wheel Chair Access now available***7:00PM 1HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,BK)****7:30PM 1. 25HR Lost and Found**, Diamond Village, 484 Pleasant Valley Rd #6, Diamond Springs, CA, 95619 **(O,SD,CM)****TUESDAY****NOON 1HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,JT,WC)****NOON 1HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,D)****5:30PM 1HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,D,W,WC)** *Women's Meeting***6:00PM 1HR Men's Straight Talk Group**, Salvation Army, 10725 Alta Street, Grass Valley, CA, 95945 **(O,D,M)** *Men's Meeting***6:30PM 1HR Gratitude's Days Group**, Oak Hills Church, Room A1: The Auditorium, 1100 Blue Ravine Road, Folsom, CA, 95630 **(O,SD,WC)****7:00PM 1HR Dopeless Hope Fiends Group**, United Methodist Church, 109 Washington Boulevard, Roseville, CA, 95678-2247 **(O,SD,WC)****7:00PM 1HR Nevada City NA Group**, Holy Trinity Episcopal Church, Corner of Nevada & High Streets. Enter High Street in back of Church, 201 Nevada Street, Nevada City, CA, 95959-2605 **(O,BK)****7:00PM 1HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(C,SD,WC)** *Closed Meeting***7:00PM 1HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,D)** *Co-Ed Crosstalk Open Discussion***7:30PM 1HR Keys to Freedom Group**, Discovery Hills Church, 4270 Shingle Springs Drive, Shingle Springs, CA, 95682 **(O,D,To,WC)****WEDNESDAY****NOON 1HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,RF,WC)****NOON 1HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,D)****5:30PM 1HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,W)** *Women's Meeting***7:00PM 1. 25HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,SD,WC)****7:00PM 1. 25HR Primary Purpose**, Bethlehem Lutheran Church, 1279 High Street, Auburn, CA, 95603 **(O,CL,SD,WC,Tag)** *Birthday Mtg last Wednesday of the Month***7:00PM 1HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,SD)****7:30PM 1HR DASP Group**, Polish American Community Hall, Upstairs, 327 Main Street, Roseville, CA, 95678-2201 **(O,SD,To,WC)****THURSDAY****NOON 1HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,JT,WC)****NOON 1HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,D)****5:30PM 1HR Forebay Fellowship Group**, Pollock Pines Senior Center, Off Forebay Road, 5581 Gail Drive, Pollock Pines, CA, 95726-9202 **(O,RF,WC)****6:00PM 1HR Lifting The Weight Of Addiction**, Lords Gym, 258 Elm Ave, Auburn, CA, 95603 **(C,SD,WC)** *Birthday/Speaker on last Thurs of the month***7:00PM 1HR Nevada City NA Group**, Holy Trinity Episcopal Church, Corner of Nevada & High Streets. Enter High Street in back of Church, 201 Nevada Street, Nevada City, CA, 95959-2605 **(C,SD)****7:00PM 1HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,SD,WC)****7:00PM 1. 25HR Open Arms Group**, Discovery Hills Church, 4270 Shingle Springs Drive, Shingle Springs, CA, 95682-9484 **(O,JT,SD,To,WC)****7:00PM 1HR Recovery Underground Group**, Polish American Community Hall, 327 Main Street, Roseville, CA, 95678 **(O,SD,WC)****7:00PM 1HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,D)****FRIDAY****NOON 1HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,RF,WC)****NOON 1HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,D)****5:00PM 1HR Stairway to Freedom**, Salvation Army, 10725 Alta Street, Grass Valley, CA, 95945 **(C,D,ME)** *5 min. Meditation, followed by 25 min. of personal Recovery Writing, then Open Discussion***6:30PM 1HR Rebels With a Cause Group**, Emmanuel Episcopal Church, 235 South Church Street, Grass Valley, CA, 95945 **(O,SD,WC)** *Last Friday of the month is Birthday Night and meeting is extended til 7:45***7:00PM 1. 25HR Friday Night Alternative Group**, Shepherd of the Sierra Presbyterian Church, Corner of Barton & Rocklin Road, 5400 Barton Road, Loomis, CA, 95650 **(O,SD,WC)****7:00PM 1. 25HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,SD,WC)** *Speaker/Potluck (no break). EXCEPT THE 4TH FRIDAY OF THE MONTH! Birthday Meeting is held at Mt. Vernon Grange Hall, 3185 Bell Rd, Auburn CA. Speaker meeting there at 7pm, Birthdays start at 8pm.***7:00PM 1HR No Matter What Club**, Canyon View Assembly of God, 23221 Foresthill Rd, Bldg B, Foresthill, CA, 95631 **(SD)****7:00PM 1HR Wheatland Welcome Home Group**, Grace Episcopal Church, 610 3rd Street, Wheatland, CA, 95692 **(O,RF,CM)** *Birthdays Weekly***7:30PM 1. 5HR Home on the Grange Group**, Pilot Hill Grange, 1701 Highway 193, Cool, CA, 95614 **(O,SD,WC)** *Last Friday of the month is Birthday Night***8:30PM 1HR Friday Night Lights**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(C)** *Scramble Meeting (Varying Formats)***SATURDAY****10:00AM 1. 5HR Auburn Breakfast Group**, Mel's Diner, 1730 Grass Valley Highway, Auburn, CA, 95603-2885 **(O,D,SD,So,WC)****NOON 1HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,JT,WC)****1:00PM 1HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,D)****5:00PM 1HR Soul Principal Group**, Faith Episcopal Church, Off the Bass Lake Exit on Highway 50, 2200 Country Club Drive, Cameron Park, CA, 95682 **(O,SD,SPAD)** *This is a 1 hour meeting with the day's reading and a 10 minute speaker***7:00PM 1HR All Aboard Recovery Group**, FourScore Coffee House, 327 Lincoln Street, Roseville, CA, 95678 **(O,To)****7:00PM 1. 5HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,SD,WC)****7:00PM 1HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,B)** *Newcomer's***8:30PM 1HR Saturday Knight Live Group**, Madeline Helling Library, 980 Helling Way, Nevada City, CA, 95959 **(O,SD)** *All meetings are 1 hr, last Saturday is a Birthday Mtg***MEETING FORMAT LEGEND**

B	Beginners	C	Closed
CL	Candlelight	D	Discussion
LGBT	LGBTQ+	JT	Just for Today
M	Men	O	Open
RF	Rotating Format	SD	Speaker/Discussion
So	Speaker Only	To	Topic
W	Women	WC	Wheelchair
BK	Book Study	ME	Meditation
VM	Virtual Meeting	LS	Literature Study
CM	Chip Meeting	Tag	Tag Meeting
SPAD	A Spiritual Principle a Day		

HELPLINES

Sierra Foothills Area	530-645-1635
American River Area	800-600-HOPE
Sacramento Fellowship	877-NA3-6363

SERVICE MEETINGS



SIERRA FOOTHILLS AREA

**MEETING LIST
MAY 2026**

24 HOUR HELPLINE
1 (530) 645-1635

Some meetings on our schedule are currently online.
To join a Zoom meeting, start the Zoom application
and enter the "Meeting ID and Password".
You can also join a zoom meeting from any phone,
including a landline, by calling 650-724-9799, then
entering the "Meeting ID and Password".

<https://sfana.org>

SUGGESTIONS FOR EVERYONE

- DON'T USE no matter what**
- Ask your Higher Power to keep you clean**
- Come early and stay late**
- Get a home group**
- Go to 90 meetings in 90 days**
- Read NA literature daily**
- Get and use a sponsor**
- Use the PHONE**

KEEP COMING BACK. IT WORKS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

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