# **SUNDAY**

9:00AM 1HR New Hope Group, Auburn, CA, 95603 (O,SD,ME,VM) Zoom ID: 201-666-8582 Password: newhope

9:00AM 1HR Virtually Yours Worldwide Group, Grass Valley, CA, (O,D,VM) Spirituality Meeting Zoom ID: 872-1708-9750 Password: 367118

NOON 1HR Catching Some Serenity Group, Pollock Pines Senior Center, Off Forebay Road, 5581 Gail Drive, Pollock Pines, CA, 95726-9202 (O,JT,WC)

**NOON 1HR New Hope Group**, American River Canyon Overlook ParK, 855 Pacific Avenue, Auburn, CA, 95603 **(O,JT,WC)** *Just for Today* 

1:00PM 1HR Western Nevada County Group, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 (O,RF) Variety Meeting

5:00PM 1HR Two Foot Drop Group, Salvation Army, 10725 Alta Street, Grass Valley, CA, 95945 (O,SD)

**6:00PM 1HR A Better Opportunity Group**, Polish American Community Hall, 327 Main Street, Roseville, CA, 95678 **(O,WC,BK)** *Book Study* 

**6:30PM 1.5HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,D)** *Birthday Meeting* 

7:00PM 1HR New Hope Group, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 (O,SD,WC)

# MONDAY

NOON 1HR New Hope Group, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 (O,IT,WC)

NOON 1HR Western Nevada County Group, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 (O,D)

5:30PM 1HR Virtually Yours Worldwide Group, Grass Valley, CA, (O,SD,BK,VM) Zoom ID: 872-1708-9750 Password: 367118

**6:30PM 1HR Penntucky Survivors Group**, Western Gateway Park, Buttermaker's Cottage, 18560 Penn Valley Drive, Penn Valley, CA, 95946-9342 **(O,RF,WC)** 

**7:00PM 1HR Colfax Connection Group**, Colfax Methodist Church, 59 Church Street, Colfax, CA, 95713 **(O,RF,WC)** 

**7:00PM 1HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,SD,WC)** 

**7:00PM 1HR Under The Fig Tree Group**, Polish American Community Hall, 327 Main Street, Roseville, CA, 95678 **(O,SD,WC)** Wheel Chair Access now available

**7:00PM 1HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,BK)** 

**7:30PM 1.25HR Lost and Found**, Diamond Village, 484 Pleasant Valley Rd #6, Diamond Springs, CA, 95619 (**0,SD,CM**)

### **TUESDAY**

NOON 1HR New Hope Group, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 (O,JT,WC)

NOON 1HR Western Nevada County Group, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 (O,D)

5:30PM 1HR New Hope Group, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 (O,D,W,WC) Women's Meeting

6:00PM 1HR Men's Straight Talk Group, Salvation Army, 10725 Alta Street, Grass Valley, CA, 95945 (O,D,M) Men's Meeting

**6:30PM 1HR Gratituesdays Group**, Oak Hills Church, Room A1: The Auditorium, 1100 Blue Ravine Road, Folsom, CA, 95630 **(O,SD,WC)** 

7:00PM 1HR Dopeless Hope Fiends Group, United Methodist Church, 109 Washington Boulevard, Roseville, CA, 95678-2247 (O,SD,WC)

7:00PM 1HR Nevada City NA Group, Holy Trinity Episcopal Church, Corner of Nevada & High Streets. Enter High Street in back of Church, 201 Nevada Street, Nevada City, CA, 95959-2605 (O,BK)

7:00PM 1HR New Hope Group, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 (C,SD,WC) Closed Meeting

**7:00PM 1HR Western Nevada County Group**, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 **(O,D)** *Co-Ed Crosstalk Open Discussion* 

7:30PM 1HR Keys to Freedom Group, Discovery Hills Church, 4270 Shingle Springs Drive, Shingle Springs, CA, 95682 (O,D,To,WC)

### WEDNESDAY

NOON 1HR New Hope Group, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 (O,RF,WC)

NOON 1HR Western Nevada County Group, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 (O,D)

5:30PM 1HR Western Nevada County Group, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 (O,W) Women's Meeting

7:00PM 1.25HR New Hope Group, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 (O,SD,WC)

7:00PM 1.25HR Primary Purpose, Bethlehem Lutheran Church, 1279 High Street, Auburn, CA, 95603 (O,CL,SD,WC,Tag) Birthday Mtg last Wednesday of the Month

7:00PM 1HR Western Nevada County Group, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 (O,SD)

7:30PM 1HR DASP Group, Polish American Community Hall, Upstairs, 327 Main Street, Roseville, CA, 95678-2201 (O,SD,To,WC)

### THURSDAY

NOON 1HR New Hope Group, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 (O,JT,WC)

NOON 1HR Western Nevada County Group, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 (O,D)

5:30PM 1HR Forebay Fellowship Group, Pollock Pines Senior Center, Off Forebay Road, 5581 Gail Drive, Pollock Pines, CA, 95726-9202 (O,RF,WC) 6:00PM 1HR Lifting The Weight Of Addiction, Lords Gym, 258 Elm Ave, Auburn, CA, 95603 (O,M,SD,WC) Enter through the rear door; Birthday/Speaker on last Thurs of the month

7:00PM 1HR Nevada City NA Group, Holy Trinity Episcopal Church, Corner of Nevada & High Streets. Enter High Street in back of Church, 201 Nevada Street, Nevada City, CA, 95959-2605 (C,SD)

**7:00PM 1HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,SD,WC)** 

**7:00PM 1.25HR Open Arms Group**, Discovery Hills Church, 4270 Shingle Springs Drive, Shingle Springs, CA, 95682-9484 **(O,JT,SD,To,WC)** 

7:00PM 1HR Recovery Underground Group, Polish American Community Hall, 327 Main Street, Roseville, CA, 95678 (O,SD,WC)

7:00PM 1HR Western Nevada County Group, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 (O,D)

# **FRIDAY**

NOON 1HR New Hope Group, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 (O,RF,WC)

NOON 1HR Western Nevada County Group, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 (O,D)

**5:00PM 1HR Staircase to Freedom Group**, Salvation Army, 10725 Alta Street, Grass Valley, CA, 95945 **(C,D,ME)** 5 min. Meditation, followed by 20 min. Recovery Writing, then Open Discussion

**6:30PM 1HR Rebels With a Cause Group**, Emmanuel Episcopal Church, 235 South Church Street, Grass Valley, CA, 95945 **(O,SD,WC)** *Last Friday of the month is Birthday Night and meeting is extended til 7:45* 

7:00PM 1HR Freestyle Friday, Polish American Community Hall, Downstairs Classroom, 327 Main Street, Roseville, CA, 95678

7:00PM 1.25HR Friday Night Alternative Group, Shepherd of the Sierra Presbyterian Church, Corner of Barton & Rocklin Road, 5400 Barton Road, Loomis, CA, 95650 (O,SD,WC)

7:00PM 1.25HR New Hope Group, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 (O,SD,WC) Speaker/Potluck (no break). EXCEPT THE 4TH FRIDAY OF THE MONTH! Birthday Meeting is held at Mt. Vernon Grange Hall, 3185 Bell Rd, Auburn CA. Speaker meeting there at 7pm, Birthdays start at 8pm.

7:00PM 1HR Wheatland Welcome Home Group, Grace Episcopal Church, 610 3rd Street, Wheatland, CA, 95692 (O,RF,CM) Birthdays Weekly

**7:30PM 1.5HR Home on the Grange Group**, Pilot Hill Grange, 1701 Highway 193, Cool, CA, 95614 **(O,SD,WC)** Last Friday of the month is Birthday Night

8:30PM 1HR Friday Night Lights, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 (C) Scramble Meeting (Varying Formats)

### **SATURDAY**

10:00AM 1.5HR Auburn Breakfast Group, Mel's Diner, 1730 Grass Valley Highway, Auburn, CA, 95603-2885 (O,D,SD,So,WC)

10:00AM 1HR Biscuits & Gravy, A Two Foot Drop Meeting, Salvation Army, 10725 Alta Street, Grass Valley, CA, 95945 (D,To,LC) ONLY LAST SATURDAY OF EACH MONTH! NEXT IS OCT 25th. Food & Coffee available NOON 1HR New Hope Group, American River Canyon Overlook Park, 855

Pacific Avenue, Auburn, CA, 95603 (O,JT,WC)

1:00PM 1HR Western Nevada County Group, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 (O,D)

**5:00PM 1HR Soul Principal Group**, Faith Episcopal Church, Off the Bass Lake Exit on Highway 50, 2200 Country Club Drive, Cameron Park, CA, 95682 **(O,SD,SPAD)** This is a 1 hour meeting with the day's reading and a 10 minute speaker

7:00PM 1HR All Aboard Recovery Group, FourScore Coffee House, 327 Lincoln Street, Roseville, CA, 95678 (O,To)

**7:00PM 1.5HR New Hope Group**, American River Canyon Overlook Park, 855 Pacific Avenue, Auburn, CA, 95603 **(O,SD,WC)** 

7:00PM 1HR Western Nevada County Group, Suite 6, 154 Hughes Road, Grass Valley, CA, 95945 (O,B) Newcomer's

8:30PM 1HR Saturday Knight Live Group, Madeline Helling Library, 980 Helling Way, Nevada City, CA, 95959 (0,SD) All meetings are 1 hr, last Saturday is a Birthday Mtg

# SCHEDULE CHANGES

**Schedule Changes:** Please email all schedule changes to the schedule coordinator at: **schedule@sfana.org** 

MEETING FORMAT LEGEND				
В	Beginners	С	Closed	
CL	Candlelight	D	Discussion	
JT	Just for Today	М	Men	
0	Open	RF	Rotating Format	
SD	Speaker/Discussion	So	Speaker Only	
То	Topic	W	Women	
WC	Wheelchair	BK	Book Study	
ME	Meditation	LC	Living Clean	
VM	Virtual Meeting	CM	Chip Meeting	
Tag	Tag Meeting	SPAD	A Spiritual Principle a Day	

HELPLINES	
Sierra Foothills Area	530-645-1635
American River Area	800-600-HOPE (4673)
Sacramento Fellowship	877-NA3-6363
Middle Mountain Area	844-530-HOPE (4673)

# **SERVICE MEETINGS**

**ASC Service Committee:** Meets the 1st Friday of the month at 7:00 pm: Pioneer United Methodist Church, 1338 Lincoln Way, Auburn

ASC Admin Meeting at 6:00 pm New GSR Orientation at 6:30 pm

**H&I**: **Hybrid** Meets the second Wednesday of each month at 6:30pm in person at Pioneer United Methodist Church, 1338 Lincoln Way, Auburn, or Zoom: Meeting ID: 973-9011-8364 Password: recovery

Email: hichair@sfana.org

**PR**: **Hybrid** Meets the last Monday of the month at 7:00 pm in person at Pioneer United Methodist Church, 1338 Lincoln Way, Auburn, or Zoom: Meeting ID: 995-6402-6522 Password: recovery

Email: publicrelations@sfana.org

**Newsletter:** New Committee Forming. Pending Meeting last Saturday of the Month. Please send your interest and input if you'd like to be involved!

Email: newsletter@sfana.org

Activities: Hybrid Meets the 1st & 3rd Sundays of the month, 11:30 am, Round Table Pizza - 686 Sutton Way, Grass Valley CA 95945 or Zoom: Meeting ID: 964 0261

3962 Password: recovery **Email: activities@sfana.org** 

PHONE NUMBERS
PHONE NUMBERS

What is our message?
The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.
Our message is hope and the promise of freedom.

Basic Text, page 65



# SIERRA FOOTHILLS AREA MEETING LIST OCTOBER 2025

Narcotics Anonymous is a fellowship of recovering addicts who are living their lives, one day at a time, without the use of drugs. We meet regularly to help each other stay clean. It costs nothing to become a member of N.A. The only requirement for membership is a desire to stop using. If you want to stop using drugs or need help finding a meeting, call the

Sierra Foothills Area Helpline:

(530) 645-1635

www.sfana.org

Meetings Weekly: 63