

SUNDAY
<b>10:00AM 1.25HR It Works How &amp; Why Group</b> , Oakland, CA, 94612 <b>(O,St,Tr,TW,WC,VM)</b> <i>Meeting ID: 779 454 525 Passcode: 125tsp5</i>
<b>10:00AM 1HR Sunday Morning Wake Up Group</b> , Lutheran Church of the Cross, Room 210 upstairs, Chips 2nd week, 1744 University Avenue, Berkeley, CA, 94703-1514 <b>(O,BK,LS)</b>
<b>1:00PM 1HR Outer Circle Group (June thru Sept)</b> , Roberts Crown Memorial State Beach, Meets ONLY June-September, At the end of Otis Drive - located to the right of the bathrooms on grass, look for the volleyball court, Otis Drive & Westline Drive, Alameda, CA, 94501 <b>(O,CS,D,SD,So,CW)</b>
<b>3:00PM 1.5HR Double Trouble Group</b> , Chips last week, 2550 Monarch Street, Bldg. 10 (Meeting entrance around the corner on W. Midway Ave.), Alameda, CA, 94501 <b>(O,D,SD)</b>
<b>6:30PM 1.25HR Ask It Basket Group</b> , Good Shepherd Episcopal Church in Parish House, 2nd Sunday We celebrate with cake, key tags and medallions for multiple years., 1823 9th Street at Hearst, Berkeley, CA, 94710 <b>(O,D,WC,AB,QA,HY)</b> <i>Meeting ID: 319 720 644 Passcode: 1Letgo</i>
<b>6:30PM 1.25HR Reach for Recovery</b> , NEWCOMER WORKSHOP 2nd week@5pm, 1660 Freisman rd, Livermore, CA, 94588 <b>(SD,WC,CM)</b>
<b>8:00PM 1.25HR Unloaded Group</b> , Saint James Episcopal Church, 37051 Cabrillo Terrace, Fremont, CA, 94536-5721 <b>(O,D,SD,So,CM)</b>
MONDAY
<b>NOON 1.5HR Keep It 400 Meeting</b> , CORE closed on all federal holidays, 100 Hegenburger Road, Oakland, CA, 94621 <b>(SD,WC)</b>
<b>NOON 1.25HR Newark Noon Group</b> , Newark, CA, 94560 <b>(O,BT,WC,VM)</b> <i>Meeting ID: 448 977 113 Passcode:</i>
<b>NOON 1.25HR Nooners Group in person</b> , Chips Every day during the last week, 1931 Center St, Berkeley, CA, 94704 <b>(O,St,WC)</b>
<b>NOON 1HR Nooners Group online</b> , Berkeley, CA, 94703-1514 <b>(O,St,WC,VM)</b> <i>Meeting ID: 657 921 912 Passcode: 4Hope</i>
<b>2:00PM 1.5HR A New Way</b> , 6537 Foothill Blvd, Oakland, CA, 94605
<b>5:30PM 1HR NA Meeting</b> , The Savoy, Need to check in at front desk, 1424 Jefferson, Oakland, CA, 94612 <b>(SD,WC,NS)</b>
<b>6:00PM 1.5HR Diamond in the Rough</b> , 2550 Monarch Street, Bldg. 10 (Meeting entrance around the corner on W. Midway Ave.), Alameda, CA, 94501 <b>(D,RF,SD,To,W,BK,CM)</b>
<b>6:00PM 1.25HR Where Women Gather</b> , Cornerstone Fellowship Church, Room A2, 348 North Canyon Parkway, Livermore, CA, 94551 <b>(W,WC,AB,CW,LS)</b> <i>Meeting ID: 824 4234 1980, Passcode: WWWG</i>
<b>6:30PM 1.25HR In the Literature</b> , 13055 Aurora Dr, San Leandro, CA, 94577 <b>(RF,Tr,BK,LS)</b>
<b>7:00PM 1.5HR Grupo Lunes Latino</b> , St. Jarlath Church, 3210 Fruitvale Ave, Oakland, CA, 94602 <b>(O,BT,CH,ES,JT,RF,SD)</b>
<b>7:00PM 1.25HR Monday Night Live</b> , Chips 2nd week, 3555 Whipple Rd bldg C 1st floor, Union City, CA, 94587 <b>(SD,WC,CPM)</b>
<b>7:00PM 1.25HR Work the Steps or Die Group</b> , Chips 3rd week, enter on 8th St, 924 Gilman Street, Berkeley, CA, 94704 <b>(O,D,WC,YP)</b>
<b>7:30PM 1HR Freedom to Recover</b> , Saint James Episcopal Church, Chips on 3rd week, 37051 Cabrillo Terrace, Fremont, CA, 94536 <b>(O,RF,WC,CM)</b>
<b>7:30PM 1.25HR Rainbow of Recovery Group</b> , Hayward, CA, 94541 <b>(RF,VM,TC,G,L)</b> <i>Meeting ID: 918 4457 8598 Passcode: RoR</i>
TUESDAY
<b>NOON 1.5HR Courage to Change</b> , Olivet Church, Parking in back, 1607 8th street, Oakland, CA, 94607 <b>(O,D,SD)</b>
<b>NOON 1.25HR Newark Noon Group</b> , Newark, CA, 94560 <b>(O,St,WC,VM)</b> <i>https://zoom.us/j/448977113</i>
<b>NOON 1.25HR Nooners Group in person</b> , Chips everyday during last week, 1931 Center St, Berkeley, CA, 94704 <b>(O,Tr,TW,WC)</b>
<b>NOON 1HR Nooners Group online</b> , Berkeley, CA, 94703-1514 <b>(O,Tr,TW,WC,VM)</b> <i>Meeting ID: 657 921 912 Passcode: 4Hope</i>
<b>5:00PM 1.5HR Welcome Home</b> , CORE, meeting closed on Federal Holidays, 100 Hegenburger Road, Oakland, CA, 94621 <b>(SD,WC)</b>
<b>6:30PM 1.25HR City Center Keys to Freedom</b> , Chips 2nd week spkr 4th week, 38631 Fremont Blvd, Fremont, CA, 94536 <b>(BT,RF,WC,BK,LS,CM,MM)</b>
<b>6:30PM 1HR Mulford Gardens Group</b> , Mulford Gardens, 13055 Aurora Drive, San Leandro, CA, 94577-3160 <b>(O,D,RF,SD,So,BK,LS)</b>
<b>7:00PM 1HR 11th Step Meditation Group</b> , Berkeley, CA, 94704 <b>(O,CL,D,JT,WC,ME,VM)</b> <i>Meeting ID 854 5229 6277 Passcode: 11THSTEP</i>
<b>7:00PM 1.25HR Backroads</b> , 4481 East ave, Livermore, CA, 94550 <b>(JT,WC,AB,CM)</b>
<b>7:00PM 1HR It Works Group</b> , Immanuel Lutheran Church, Room 209, upstairs, at Chestnut, 1910 Santa Clara Avenue, Alameda, CA, 94501-2634 <b>(O,RF)</b>
<b>7:00PM 1.25HR It's an Inside Job</b> , 475 Medford, Hayward, CA, 94541 <b>(WC)</b>
<b>7:00PM 1.25HR Reading Rainbow Group</b> , Oakland LGBT center, ring doorbell for access, closed on Federal Holidays, 3207 Lakeshore Avenue, Oakland, CA, 94610 <b>(O,D,LGBT,SD,So,BK,G,L,LS)</b>
<b>7:30PM 1.5HR Tuesday Night Candlelight Group</b> , Lutheran Church of the Cross, Chips 1st week,, 1744 University Avenue, Berkeley, CA, 94703-1514 <b>(O,CL,D,SD,So,WC)</b>

WEDNESDAY
<b>NOON 1.5HR Keep It 400 Meeting</b> , CORE, closed on federal holidays, Meeting closed all federal holidays, 100 Hegenburger Road, Oakland, CA, 94621 <b>(D,WC,LS)</b>
<b>NOON 1.25HR Newark Noon Group</b> , Newark, CA, 94560 <b>(O,WC,LC,VM)</b> <i>Meeting ID: 448 977 113 Passcode:</i>
<b>NOON 1.25HR Nooners Group in person</b> , Chips every day of last week, 1931 Center St, Berkeley, CA, 94704 <b>(O,JT,WC)</b>
<b>NOON 1HR Nooners Group online</b> , CA, 94703 <b>(O,JT,WC,VM)</b> <i>Meeting ID: 657 921 912 Passcode: 4Hope</i>
<b>5:30PM 1HR NA Meeting</b> , The Savoy, Need to check in at front desk, 1424 Jefferson, Oakland, CA, 94612 <b>(SD,WC,NS)</b>
<b>6:00PM 1HR Highway to Freedom</b> , The Freedom and Movement Center, at the side entrance on 44th, 4400 Market street, Oakland, CA, 94608 <b>(CL,SD,WC)</b>
<b>6:00PM 1.5HR Oakland Living Clean Book Study</b> , Oakland, CA, <b>(O,BK,LC,VM)</b> <i>Zoom meeting ID: 824 3971 4179 Passcode: EBCLC</i>
<b>7:00PM 1HR Girls Night Out Group</b> , Alameda, CA, 94501 <b>(O,W,CW,VM)</b> <i>Meeting ID: 826 4575 7811 Passcode: GNO</i>
<b>7:00PM 1.5HR Grupo Nuevo Despertar</b> , St. Jarlath Church (entrar por el parqueo), 3210 Fruitvale Ave, Oakland, CA, 94602 <b>(BT,CH,ES,JT,RF,SD)</b>
<b>7:00PM 1HR Men in Recovery Group</b> , Unitarian Universalist Church, 1606 Bonita Avenue, Berkeley, CA, 94709-2022 <b>(O,D,M)</b>
<b>7:30PM 1.25HR Addicts-R-Us Group</b> , Unity Church, Chips 3rd week, 20121 Santa Maria Avenue, Castro Valley, CA, 94546-4223 <b>(O,D,BK,LS)</b>
<b>7:30PM 1.5HR Wednesday Night Special Group</b> , Phillips Temple CME Church, Fellowship Hall, Chips 4th week, at 63rd St, 3332 Adeline Street, Berkeley, CA, 94703-2709 <b>(O,D,SD,So,WC)</b>
THURSDAY
<b>11:00AM 1HR Living Clean Just for Today</b> , Casa Ubuntu at Eastmont Mall, closed on federal holidays, 7200 Bancroft suite 267, Oakland, CA, 94605 <b>(JT,To)</b>
<b>NOON 1.5HR Courage to Change</b> , Olivet Church, Parking in back, 1607 8th street, Oakland, CA, 94607 <b>(O,D,SD,So)</b>
<b>NOON 1.25HR Newark Noon Group</b> , Newark, CA, 94560 <b>(O,D,SD,So,WC,VM)</b> <i>Zoom ID: 448 977 113 Passcode:</i>
<b>NOON 1.25HR Nooners Group in person</b> , Chips everyday of last week,, 1931 Center St, Berkeley, CA, 94704 <b>(O,WC,BK,LS)</b>
<b>NOON 1HR Nooners Group online</b> , Berkeley, CA, 94703-1514 <b>(O,WC,BK,VM,LS)</b> <i>Zoom Meeting ID: 657 921 912 Password: 4Hope</i>
<b>5:00PM 3.5HR Local Men's Group</b> , First Methodist Church, Fellowship 5-7:15pm, Meeting 7:15-8:30pm Chips 3rd week, 2950 Washington Boulevard, Fremont, CA, 94539 <b>(C,D,M,SD,So,WC,CPM,MM)</b>
<b>6:30PM 1HR Deep Dive into the Basics: the Steps</b> , Richmond, CA, 94804 <b>(BT,To,BK,VM)</b> <i>Zoom Meeting ID: 897 6767 9250 Password is: 12</i>
<b>6:30PM 1HR Somewhere We Belong Group</b> , First United Methodist Church, Wesley Room, park on the street, 1600 Bancroft Avenue, San Leandro, CA, 94577-5204 <b>(O,SD)</b>
<b>7:00PM 1HR The Local Womens Meeting</b> , St James Episcopal Church, Spkr 4th week, 37051 Cabrillo Terrace, Fremont, CA, 94536 <b>(BT,SD,W,BK,LC,LS)</b>
<b>7:45PM 1.5HR Hella Clean</b> , Lutheran Church of the Cross, Chips given every week, 1744 University Avenue, Berkeley, CA, 94703-1514 <b>(O,CL,D,SD,YP,CM)</b>
FRIDAY
<b>NOON 1.25HR Newark Noon Group</b> , Newark, CA, 94560 <b>(O,SG,WC,VM)</b> <i>Meeting ID: 448 977 113 Passcode:</i>
<b>NOON 1.25HR Nooners Group in person</b> , Chips everyday of last week, 1931 Center St, Berkeley, CA, 94704 <b>(O,WC,BK,LS)</b>
<b>NOON 1HR Nooners Group online</b> , Berkeley, CA, 94703-1514 <b>(O,WC,BK,VM,LS)</b> <i>Meeting ID: 657 921 912 Password: 4Hope</i>
<b>7:00PM 1.5HR Friday Night Kaiser Union City</b> , Kaiser, Chips 3rd week, 3555 Whipple Rd bldg C, Union city, CA, 94587 <b>(O,D,SD,So,WC)</b>
<b>7:00PM 1.5HR Friday Night Live</b> , 2550 Monarch Street, Bldg. 10 (Meeting entrance around the corner on W. Midway Ave.), Alameda, CA, 94501 <b>(SD,CM)</b>
<b>7:00PM 1HR Living Clean For All Group</b> , Lake Merritt United Methodist Church (located upstairs), Masks Optional, refreshments available, Close to Lake Merritt BART Station, 1330 Lakeshore Avenue, Oakland, CA, 94606-1611 <b>(O,LGBT,WC,BK,G,L,LS)</b>
<b>7:00PM 1HR Living Clean For All Online</b> , Oakland, CA, 94606 <b>(O,LGBT,WC,BK,VM,G,L,LS)</b> <i>Meeting ID: 914 3273 7941 Passcode: 12How</i>
<b>7:00PM 1.25HR Steppin Young Group</b> , Cornerstone Room U1, Chips 1st & 3rd weeks, 348 North Canyons Parkway, Livermore, CA, 94551-9185 <b>(O,D,SD,So,WC,CM)</b>
<b>7:00PM 1.25HR Women/Trans/Non-Binary Group</b> , Good Shepherd Episcopal Church, Chips on last week, at Hearst Street, 1823 9th Street, Berkeley, CA, 94710-2102 <b>(O,D,RF,W,HY,CPM)</b> <i>Zoom ID: 858227024 PW: Recovery</i>
<b>7:00PM 1HR You Gotta Want It Group</b> , St Columba Church, 6401 San Pablo, Oakland, CA, 94608 <b>(O,SD,WC,HY)</b> <i>Meeting ID: 979 4991 5892 Passcode: ygwi</i>
SATURDAY
<b>8:30AM 1.5HR AM-NA Group</b> , Second Chance, Room 2, Chips every week, Between Newark Boulevard & Cherry, 6330 Thornton Avenue, Newark, CA, 94560-3734 <b>(O,JT,LC,HY)</b> <i>Meeting ID: 885 1576 6910 Passcode: AM-NA</i>

<b>8:30AM 1HR Men's Morning Meditation</b> , 1660 freisman rd, Livermore, CA, 94551 <b>(M,ME)</b>
<b>10:00AM 1.25HR End of the Road Group</b> , Berkeley, CA, 94703 <b>(O,LGBT,WC,BK,GP,VM,G,L)</b> <i>Meeting ID: 959 0125 1219 Passcode: 2letgo</i>
<b>10:00AM 1.5HR Surviving the Odds Group</b> , 1600 Bancroft Ave., San Leandro, CA, 94577 <b>(M,SD,WC,HY)</b> <i>Meeting ID: 876 4105 8708 Passcode: 333333</i>
<b>1:30PM 1.5HR Alameda Promise of Freedom</b> , 2550 Monarch Street, Bldg. 10 (Meeting entrance around the corner on W. Midway Ave.), Alameda, CA, 94501 <b>(O,SD)</b>
<b>3:00PM 1.5HR No Matter What Group</b> , Oakland, CA, 94611 <b>(O,D,SD,So,WC,VM)</b> <i>Meeting ID: 988 9884 8580 Passcode: Recovery</i>
<b>7:00PM 1.5HR Garage Group</b> , Village Baptist Church, Chips 1st week, 1535 Bockman Rd, Main Sanctuary, San Lorenzo, CA, 94580 <b>(O,D,SD,So,WC)</b>
<b>7:00PM 1HR Open to All Group</b> , Good Shepherd Episcopal Church, at Hearst Street, in the Parish House in the back of the property, 1823 9th Street, Berkeley, CA, 94710-2102 <b>(O,BK,LS)</b>
<b>7:00PM 1.5HR Rule #1 Don't Take Nothing</b> , Beebe Memorial Center, 3900 Telegraph Ave., Oakland, CA, 94609 <b>(SD,WC)</b> <i>Presented by the Ties That Bind Group</i>
<b>7:30PM 1.25HR One Primary Purpose Group</b> , Lutheran Church of the Cross, In K Hall Chips 4th week, 1744 University Avenue, Berkeley, CA, 94703-1514 <b>(O,BT,D,WC,BK,LS)</b>
<b>9:00PM 1.25HR Get with the Lit or Die</b> , Saint James Episcopal Church, 37051 Cabrillo Terrace, Fremont, CA, 94536 <b>(RF,SD,WC,BK,LS)</b>

**MEETING FORMAT LEGEND**

BT	Basic Text	C	Closed
CL	Candlelight	CS	Children under Supervision
D	Discussion	LGBT	LGBTQ+
G	Gay	JT	Just for Today
M	Men	O	Open
RF	Rotating Format	SD	Speaker/Discussion
SG	Step Working Guide	So	Speaker Only
St	Step	To	Topic
Tr	Tradition	TW	Traditions Workshop
W	Women	WC	Wheelchair
YP	Young People	BK	Book Study
NS	No Smoking	AB	Ask-It-Basket
ME	Meditation	QA	Question and Answer
CW	Children Welcome	LC	Living Clean
GP	Guiding Principles	VM	Virtual Meeting
TC	Temporarily Closed Facility	HY	Hybrid Meeting
L	Lesbian	LS	Literature Study
CM	Chip Meeting	CPM	Chips Monthly
MM	Medallions Monthly	ES	Español
CH	Closed Holidays		

**HELPLINES**

Contra Costa County NA 925-685-4357  
 Greater San Jose 408-998-4200

**SERVICE MEETINGS****PHONE NUMBERS**

## Alameda County Narcotics Anonymous

### MEETING LIST JANUARY 2026

### 24 HOUR HELPLINE 1 (510) 444-HOPE

Some meetings on our schedule are currently online. To join a Zoom meeting, start the Zoom application and enter the "Meeting ID and Password". You can also join a zoom meeting from any phone, including a landline, by calling 650-724-9799, then entering the "Meeting ID and Password".

<https://naalamedacounty.org>

### SUGGESTIONS FOR EVERYONE

**DON'T USE** no matter what  
 Ask your Higher Power to keep you clean  
 Come early and stay late  
 Get a home group  
 Go to 90 meetings in 90 days  
 Read NA literature daily  
 Get and use a sponsor  
 Use the **PHONE**

**KEEP COMING BACK. IT WORKS**

### What is our message?

The message is that an addict,  
 any addict, can stop using drugs,  
 lose the desire to use,  
 and find a new way to live.  
 Our message is hope  
 and the promise of freedom.

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Meetings Weekly: 77