

SUNDAY

- 11:00AM-12:30PM** **Feelings Group of NA**, 285 Clarissa St., Rochester, NY, 14608 **(D)**
- 11:00AM-12:30PM** **The Message of Hope**, 1425 Portland Ave, Rochester, NY, 14621 **(D)**
- 5:30PM-6:30PM** **Couch Potatoes in Recovery**, Community Center, 1200 South Winton Rd, Rochester, NY, 14618 **(O, D)**
- 6:00PM-7:30PM** **Basically Speaking**, 350 Chili Ave, Rochester, NY, 14611 **(D, SD, WC)**
- 7:30PM-9:00PM** **Recovery and Relapse**, 758 South Ave., Rochester, NY, **(D, IP, St)**
- 7:30PM-8:30PM** **Step in the Right Direction**, 1275 Spencerport Rd, Rochester, NY, 14606 **(C)**

MONDAY

- 12:00PM-1:30PM** **The Courage to Change**, 285 Clarissa St., Rochester, NY, 14608 **(BT, D)**
- 12:00PM-2:00PM** **The Not Yet Group**, 13 Vienna Street, Rochester, NY, 14605
- 6:00PM-7:30PM** **Page 18**, 70 Liberty Pole Way, Rochester, NY, 14604
- 6:30PM-8:00PM** **Spiritual Change**, 441 Parsells Ave (corner of Greeley), Rochester, NY, 14609
- 6:45PM-7:45PM** **Gates to Recovery**, 4195 Lyell Rd, Rochester, NY, 14606
- 7:00PM-8:30PM** **A Better Way To Live**, 6 W Court St., Warsaw, NY, 14569 **(O)**
- 7:00PM-8:30PM** **All in the Family**, 17 S. Fitzhugh St., Rochester, NY, 14614
- 7:00PM-8:30PM** **Talking Heads**, 350 Chili Ave, Rochester, NY, 14611
- 7:30PM-8:30PM** **Eye of the Hurricane**, 1008 Main St., East Rochester, NY, 14445 **(D)**

TUESDAY

- 12:00PM-1:30PM** **The Courage to Change**, 285 Clarissa St., Rochester, NY, 14608
- 12:00PM-1:30PM** **The Not Yet Group**, 13 Vienna Street, Rochester, NY, 14605
- 12:00PM-1:30PM** **The Not Yet Group**, 13 Vienna Street, Rochester, NY, 14605
- 6:00PM-7:30PM** **Aids and Recovery**, 1124 Culver Rd., Rochester, NY, 14609 **(D, WC, AB)**
- 6:45PM-8:15PM** **Speakers & Stories**, 4195 Lyell Rd, Rochester, NY, 14606 **(BT, So)**

TUESDAY (CONT)

- 7:00PM-8:30PM** **Experience Strength and Hope**, Back Entrance, 149 Brooks Ave, Rochester, NY, 14619
- 7:00PM-8:30PM** **Honest Open-Minded and Willing**, 70 Liberty Pole Way, Rochester, NY, 14604 **(D)**
- 7:00PM-8:30PM** **Recovery Starts Here**, 25 Franklin St., Dansville, NY, 14437

WEDNESDAY

- 12:00PM-1:30PM** **The Courage to Change**, 285 Clarissa St., Rochester, NY, 14608 **(BT, D)**
- 12:00PM-1:30PM** **The Not Yet Group**, 13 Vienna Street, Rochester, NY, 14605
- 6:30PM-8:00PM** **Just Say No**, 350 Chili Ave, Rochester, NY, 14611
- 6:30PM-8:00PM** **Principles Before Personalities**, 79 North Clinton Ave., Rochester, NY, 14604
- 7:00PM-9:00PM** **B There or B Square**, 111 Chestnut St., Rochester, NY, 14604 **(D, IP, JT, SD, St, Tr)**
- 7:30PM-9:00PM** **Meeting From Another Planet**, 220 South Winton Rd., Rochester, NY, 14610

THURSDAY

- 12:00PM-1:30PM** **The Courage to Change**, 285 Clarissa St., Rochester, NY, 14608 **(BT, D)**
- 12:00PM-1:30PM** **The Not Yet Group**, 13 Vienna Street, Rochester, NY, 14605
- 7:00PM-8:30PM** **Keys to Recovery**, 1049 Wegman Rd, Rochester, NY, 14624
- 7:00PM-8:30PM** **NA Speaker Meeting**, 1410 Clifford Ave, Rochester, NY, 14621 **(SD)**
- 7:00PM-8:30PM** **Unity Through Traditions and Steps**, 431 W. Main St., Rochester, NY, 14608 **(D, IP, WC)**
- 7:30PM-8:30PM** **Back to Brockport**, 14 State St., Brockport, NY, 14420 **(IP, SD, St, AB)**
- 7:30PM-9:00PM** **Rosedale Group**, 243 Rosedale St., Rochester, NY, 14620

FRIDAY

- 9:00AM-10:30AM** **We Do Recover**, 33 Chestnut St., Rochester, NY, 14604 **(SD)**
- 12:00PM-1:00PM** **Serenity in 60 Minutes**, 1049 Wegman Road, Rochester, NY, 14624 **(O, D)**
- 12:00PM-1:30PM** **The Courage to Change**, 285 Clarissa St., Rochester, NY, 14608 **(BT, D)**
- 12:00PM-2:00PM** **The Not Yet Group**, 13 Vienna Street, Rochester, NY, 14605

FRIDAY (CONT)

- 2:00PM-3:30PM** **The Heartbeat of Recovery**, 803 West Ave. Suite 196, Rochester, NY, 14611 **(O)**
- 7:00PM-8:30PM** **I Just Don't Know**, 30 Amity St., Spencerport, NY, 14559
- 7:00PM-8:30PM** **Tired of Running**, 70 Liberty Pole Way, Rochester, NY, 14604 **(O, BT, D, Rr, SD)**
- 7:30PM-9:00PM** **You're Never Alone**, 48 Cameron Street, 14606 **(O)**

SATURDAY

- 10:00AM-11:30AM** **Phenomenal Women**, 431 West Main St., Rochester, NY, 14608 **(O, D, SD, St, Tr)**
- 10:00AM-11:30AM** **Who's An Addict**, 1443 E. Main St., Rochester, NY, 14609 **(BT, D, SD, Tr)**
- 11:00AM-12:30PM** **A Step Forward**, 2 Riverside St., Rochester, NY, 14613
- 11:00AM-12:30PM** **The Breakfast Club**, 243 Rosedale St., Rochester, NY, 14620
- 1:00PM-2:30PM** **No Matter What**, 70 Liberty Pole Way, Rochester, NY, 14604 **(BT, St)**
- 3:00PM-4:30PM** **I Can't, We Can**, 287 Flower City Park, Rochester, NY, 14615 **(O, IP, Rr, So)**
- 4:00PM-5:00PM** **Dawn of a New Reality**, 350 Chili Ave, Rochester, NY, 14607 **(D, SD, To)**
- 6:00PM-7:30PM** **Ultimate Weapon**, 70 Liberty Pole Way, Rochester, NY, 14604 **(BT, SD, St, Tr)**
- 7:00PM-8:30PM** **Saturday Night Live**, 441 Parsells Ave., Rochester, NY, 14609 **(BT, CL, D, St)**
- 7:30PM-8:30PM** **Back to Brockport**, 14 State St., Brockport, NY, 14420 **(IP, SD, St, AB)**
- 8:00PM-9:30PM** **The Journey Continues**, 1124 Culver Rd., Rochester, NY, 14609

MEETING FORMAT LEGEND

AB	Ask-It-Basket	BT	Basic Text
C	Closed	CL	Candlelight
D	Discussion	IP	Informational Pamphlet
JT	Just for Today	O	Open
Rr	Round Robin	SD	Speaker/Discussion
So	Speaker Only	St	Step
To	Topic	Tr	Tradition
WC	Wheelchair		

SUB-COMMITTEE MEETINGS

PHONE NUMBERS

**Narcotics Anonymous
Meeting Directory
Rochester, New York**

**24 hour hotline
(585)235-7889**

DECEMBER 2018

Public Relations

Includes meeting list, phone line, newsletter, and website.
2nd and 4th Saturday each month 11:00am-12:30pm
243 Rosedale St.(Room 2B)

H & I

3rd Saturday of each month 1-3:00 pm
243 Rosedale St.(Fellowship Hall)

Steering

2nd & 4th Saturday of each month 12:30-2:00 pm
243 Rosedale St.(Room 2B)

Activities

1st & 3rd Tuesday of each month 5:00 pm-6:30 pm
243 Rosedale St. (Fellowship Hall)

RACNA 22

1st and 3rd Thursday of the month 6: 00-8: 00pm
70 Liberty Pole Way

Literature

2nd Sunday of each month 12 Noon - 1:00pm
243 Rosedale St.(Room 2B)

Rochester Area Service Committee
P.O. Box 40255, Rochester, NY 14604
Officer Meeting
2nd Sunday of each 12:30pm-2pm
243 Rosedale St.(Fellowship Hall)
Area Meeting
2nd Sunday of each month- 2pm-5pm

Buffalo	716-878-2316
Finger Lakes	877-266-3660
Syracuse	315-472-5555
Triple Cities	607-774-4907
Greater NYC Service Office	212-929-NANA