

SUNDAY

- 12:30PM-2:00PM** **The Message of Hope**, Entry at rear of building, 48 Cameron St., Rochester, NY, 14606 **(D)**
- 4:00PM-5:30PM** **No Matter What**, 1035 Dewey Ave., Rochester, NY, 14613
- 5:30PM-6:30PM** **Couch Potatoes in Recovery**, NY, 14618 **(O,D,VM)**
- 6:00PM-7:30PM** **Basically Speaking**, 1760 Norton St., Rochester, NY, 14609 **(D,SD,WC)**
- 7:30PM-9:00PM** **Recovery and Relapse**, 48 Cameron St., Rochester, NY, 14606 **(D,IP,SD,St)**

MONDAY

- 12:00PM-1:30PM** **Surrender Is The Key**, off Clinton Ave. - across from Topps, 175 St. Bridgets Dr., Rochester, NY, 14605
- 12:00PM-1:30PM** **The Courage to Change**, 285 Clarissa St, Rochester, NY, 14608 **(BT,D)**
- 6:45PM-8:00PM** **Gates to Recovery**, 1049 Wegman Rd., Rochester, NY, 14624 **(D)**
- 7:00PM-8:30PM** **All in the Family**, 17 S. Fitzhugh St., Rochester, NY, 14614
- 7:00PM-8:30PM** **Talking Heads**, 149 Brooks Ave, Rochester, NY, 14619
- 7:30PM-8:30PM** **Eye of the Hurricane**, 1008 Main St., East Rochester, NY, 14445 **(D)**

TUESDAY

- 12:00PM-1:30PM** **The Courage to Change**, 285 Clarissa St., Rochester, NY, 14608
- 6:00PM-7:30PM** **AIDS and Recovery**, Hybrid meeting; Open facility and Virtual Meeting, 1124 Culver Rd., Rochester, NY, 14609 **(BT,JT,St,To,Tr,WC,HY)**
- 6:00PM-7:30PM** **Experience Strength and Hope**, Back Entrance, 149 Brooks Ave, Rochester, NY, 14619 *In person meeting starts 4/12/22*
- 7:00PM-8:30PM** **Honest Open-Minded and Willing**, 801-803 West Ave., Rochester, NY, 14611 **(D)**

WEDNESDAY

- 12:00PM-1:30PM** **Surrender Is The Key**, off Clinton Ave. - across from Topps, 175 St. Bridgets Dr., Rochester, NY, 14605
- 12:00PM-1:30PM** **The Courage to Change**, 285 Clarissa St, Rochester, NY, 14608 **(BT,D)**
- 5:30PM-7:00PM** **Just Say No**, entrance in back of bldg. (Fulton Ave.), 321 Lake Ave., Rochester, NY, 14608 *Starting June 7th*
- 7:00PM-8:30PM** **B There or B Square**, 111 N. Chestnut St., Rochester, NY, 14604 **(D,IP,JT,SD,St,Tr,WC)**
- 7:30PM-9:00PM** **Meeting From Another Planet**, First Unitarian Church of Rochester, 220 S. Winton Rd., Rochester, NY, 14610 **(O,D,HY)**

THURSDAY

- 12:00PM-1:30PM** **The Courage to Change**, 285 Clarissa St., Rochester, NY, 14608 **(BT,D)**
- 6:00PM-7:30PM** **Dawn of a New Reality**, 15 Whalin St., Rochester, NY, 14620 **(D,SD,To)**
- 7:00PM-8:00PM** **Back to Brockport**, 14 State St., Brockport, NY, 14420 **(BT)**
- 7:00PM-8:30PM** **NA Speaker & Discussions** (just past Goodman St.), 1760 Norton St., Rochester, NY, 14609 **(SD)**

FRIDAY

- 9:00AM-10:30AM** **We Do Recover**, 33 Chestnut St., Rochester, NY, 14604 **(SD)**
- 12:00PM-1:30PM** **Surrender Is The Key**, off Clinton Ave. - across from Topps, 175 St. Bridgets Dr., Rochester, NY, 14605
- 12:00PM-1:30PM** **The Courage to Change**, 285 Clarissa St., Rochester, NY, 14608 **(BT,D)**
- 5:30PM-7:00PM** **Breaking Chains (Women Orientated)**, 60 Grand Ave., Rochester, NY, 14609 **(W)**
- 6:00PM-7:30PM** **I Just Don't Know**, 30 Amity St., Spencerport, NY, 14559 **(O,BT,D,IP,WC)**
- 7:00PM-8:30PM** **12 Steps / 12 Traditions**, 919 South Clinton Ave., Rochester, NY, 14620 **(St,To,Tr)**
- 7:00PM-8:30PM** **Unity is our Strength**, Handicapped Park g in back of building and street parking available, 435 Jefferson Ave., Rochester, NY, 14611 **(O)**

SATURDAY

- 12:30PM-2:00PM** **A Step Forward**, 2 Riverside St., Rochester, NY, 14613
- 3:00PM-4:30PM** **I Can't, We Can**, 287 Flower City Park, Rochester, NY, 14615 **(O,IP,Rr,So)**
- 4:30PM-6:00PM** **New Beginnings: Through Steps and Traditions**, 1 Seneca Parkway, Rochester, NY, 14613 **(O)**
- 6:00PM-7:15PM** **Ultimate Weapon**, 1035 Dewey Ave, Rochester, NY, 14613 **(BT,SD,St,Tr)** *Meet one and a half hour and open every Saturday*
- 7:00PM-8:30PM** **Saturday Night Live**, 129 Caroline Street, Rochester, NY, 14620 **(O,BT,D,St,Tr,WC)**

MEETING FORMAT LEGEND

BT	Basic Text	D	Discussion
IP	Informational Pamphlet	JT	Just for Today
O	Open	Rr	Round Robin
SD	Speaker/Discussion	So	Speaker Only
St	Step	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair	VM	Virtual Meeting
HY	Hybrid Meeting		

SUB-COMMITTEE MEETINGS**Public Relations**

Includes meeting list, phone line, newsletter, and website.
2nd and 4th Saturday each month 11:00am-12:30pm
243 Rosedale St.(Room 2B)

H & I

3rd Saturday of each month 1-3:00 pm
243 Rosedale St.(Fellowship Hall)

Steering

2nd & 4th Saturday of each month 12:30-2:00 pm
243 Rosedale St.(Room 2B)

Activities

1st & 3rd Tuesday of each month 5:00 pm-6:30 pm
243 Rosedale St. (Fellowship Hall)

RACNA 22

1st and 3rd Thursday of the month 6:00-8:00pm
70 Liberty Pole Way

Literature

2nd Sunday of each month 12 Noon - 1:00pm
243 Rosedale St.(Room 2B)

Rochester Area Service Committee

P.O. Box 40255, Rochester, NY 14604

Officer Meeting

2nd Sunday of each 12:30pm-2pm
243 Rosedale St.(Fellowship Hall)

Area Meeting

2nd Sunday of each month- 2pm-5pm

Buffalo	716-878-2316
Finger Lakes	877-266-3660
Syracuse	315-472-5555
Triple Cities	607-774-4907
Greater NYC Service Office	212-929-NANA

**Narcotics Anonymous
Meeting Directory
Rochester, New York**

**24 hour hotline
(585)235-7889**

MAY 2026