SUNDAY

Sun NOON Serenity On Sunday, New Hope House Bldg., 101-103 Bassett Highway, Dover, NJ, 07801 (C,NC,WC,NS,Ta)

Sun 7:30 PM Just for Today, Skylands Unitarian Church, 1811 Route 57, Hackettstown, NJ, 07840 (O,Bk,D,NS)

Sun 7:30 PM Rockaway Recovery, Assembly of God, 113 East Main Street, Rockaway, NJ, 07866 (O,D,S,WC,NS)

MONDAY

Mon 7:00 PM Working For The Miracle, First Presbyterian Church of Franklin, 11-13 Main St., Franklin, NJ, 07416 (O,D,Ro,S,WC,NS) Use the back lot, entrance on right

Mon 7:30 PM It Works, United Methodist Church, 91 Main Street, Succasunna, NJ, 07876 (C,SWG,WC,NS)

Mon 7:30 PM Lost & Found, First Presbyterian Church of Boonton, 513 Birch Street, Boonton, NJ, 07005 (O,Bk,D,WC,NS) Park on Birch St., use door on right under walkway

TUESDAY

Tue 9:00 AM Spiritual Locomotion, St. Johns Episcopal Church, E. Blackwell & S. Bergen St., 11 S Bergen St., Dover, NJ, 07801 (O,NS,SPAD)

Tue 6:30 PM Boonton New Day New Beginnings, St. Clair's Riverside Hospital, 130 Powerville Road, Boonton, NJ, 07005 (O,B,D,WC,NS)

Tue 7:00 PM La estacion de la recuperacion, St John's Episcopal Church - Iglesia Episcopal de San Juan, 11 S Bergen St, Dover, NJ, 07801 (O,JFT,Es) Last week speaker

Tue 7:30 PM Change or Die, First Presbyterian Church, 291 Main Street, Hackettstown, NJ, 07840 (O,H&W,St,WC,NS)

Tue 8:00 PM Keep It Simple, New Hope House Bldg., 101-103 Bassett Hwy., Dover, NJ, 07801 (O,S,WC,NS)

WEDNESDAY

Wed 7:15 PM Wanna Be Men, New Hope House Bldg., 101-103 Basset Highway, Dover, NJ, 07801 (C,M,NC,WC,NS,Lc)

Wed 7:30 PM Women on Wednesdays, Saints Peter and Paul Orthodox Church, 66 Beach Street, Rockaway, NJ, 07866 (C,Bk,W,WC,NS)

Wed 8:00 PM Recovery Ridge, Oak Ridge Presbyterian Church Annex, 321 Oak Ridge Rd., Oak Ridge, NJ, 07438 (O,D,JFT,NS,Lc)

THURSDAY

Thu 7:00 PM Clean Slate, St. Johns Episcopal Church, 11 S. Bergen St, Dover, NJ, 07801 (O,S,St,Td,NS)

Thu 7:30 PM Sink or Swim, Faith Discovery Church, 33 Brass Castle Road, Washington, NJ, 07882 (O,Ro,NS)

Thu 8:00 PM Living in the NOW, Prince of Peace Lutheran Church, 3320 NJ-94, Hamburg, NJ, 07419 (O,Cn,WC,NS,V)

FRIDAY

Fri 7:30 PM Total Freedom, New Hope House Bldg., 101-103 Bassett Hwy., Dover, NJ, 07801 (O,D,Tp,WC,NS)

SATURDAY

Sat 5:00 PM Steps to a New Life Group, Center for Prevention & Counseling, 61 Spring St, Newton, NJ, 07860 (O,S,SWG,WC,NS) Parking in rear. Meeting door in alleyway on side of building

Sat 7:00 PM Spiritual Saturday, First Presbyterian Church, 2nd Sat. upstairs, 291 Main Street, Hackettstown, NJ, 07840 (O,D,WC,NS,L,SPAD) uses SPAD

Sat 7:30 PM How It Works, Saint Andrews Lutheran Church, 335 Reynolds Ave., Parsippany, NJ, 07054 (O,B,WC,NS,St1-3)

Northwest NJ Area of Narcotics Anonymous

PHONE NUMBERS - Call Before You Fall!

Printed SEPTEMBER 2026

There are 21 weekly meetings in the Northwest Area of NJ

Meeting Format Legend

M	Men	St	Step
O	Open (anyone welcome)	B	Beginner
D	Discussion	Cn	Candlelight
Bk	Basic Text	C	Closed (addicts only)
JFT	Just for Today	S	Speaker
SWG	Step Working Guides	Tp	Topic
Td	Tradition	WC	Wheelchair
Ro	Rotating	W	Women
H&W	It Works How and Why	NC	No Children
Ta	Tag	V	Varied
NS	No Smoking	Lc	Living Clean
L	Literature	Es	Spanish only
SPAD	Spiritual Principle A Day	St1-3	Steps 1, 2 and 3

Helplines & Websites

Meetings and Information	732-933-0462
Helpline	800-992-0401
Northwest Area of NJ website	www.nwnjna.org
NJ Statewide website	www.nanj.org
NA World Services website	www.na.org

Suggestions

- Get and Use a Sponsor
- Make 90 Meetings in 90 Days
- Get a Homegroup
- Don't Use, and Go to a Meeting
- Use the Phone
- Come Early and Stay Late
- Avoid People, Places, and Things
- Keep Coming Back!!

12 Steps of NA

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

12 Traditions of NA

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.