

SUNDAY**6:30PM-7:30PM****Never Alone Never Again Group**1322 E. Court St., Sidney, OH, 45365 **(O,BT,D,NS*)****MONDAY****12:00PM-1:00PM****Recovery First Group**230 East Poplar Street, Sidney, OH, 45365 **(O,D,NS*)****12:30PM-1:30PM****Inspiring Hope**

16 W Franklin St, Troy, OH, 45373

6:30PM-7:30PM**Hug a Miracle Group**16 W. Franklin St, Troy, OH, 45373
(O,BT,IW,RF,SD,St,Tr,WC,BK,NS*,LS,LC)**7:00PM-8:00PM****Surrender to Win**230 East Poplar St., Sidney, Ohio, 45365 **(O,D,NS*)****TUESDAY****12:00PM-1:00PM****Addicts at Work Group**231 N. Miami Ave., Sidney, OH, 45365 **(O,D,NS*)****7:00PM-8:00PM****Just For Tuesday Group**20 South Walnut Street, Troy, OH, 45373 **(O,D,NS*)****8:00PM-9:30PM****Freedom From Bondage Group**131 East 4th Street, Greenville, OH, 45331 **(O)****WEDNESDAY****12:00PM-1:00PM****Recovery First Group**230 East Poplar Street, Sidney, OH, 45365 **(O,D,NS*)****12:30PM-1:30PM****Inspiring Hope**16 W Franklin St, Troy, OH, 45373 **(O,D)****6:30PM-7:30PM****Labor of Love Group**202 N. Miami Ave., Sidney, OH, 45365 **(O,NS*)****THURSDAY****12:00PM-1:00PM****Addicts at Work Group**231 N. Miami Ave, Sidney, OH, 45365
(O,IW,SD,WC,NS*)**7:00PM-8:00PM****NAIOU Group**1431 W. Main St, Troy, OH, 45373 **(O,NS*)****FRIDAY****12:00PM-1:00PM****Rockin' Recovery**230 E. Poplar St., Sidney, Ohio, 45365 **(O,D,NS*)****12:30PM-1:30PM****Inspiring Hope**16 W. Franklin St, Troy, OH, 45373
(O,BT,CS*,D,IP,RF,WC,BK,NS*,LS,ENG*)**7:00PM-8:00PM****Clean & Free Group**60 S Dorset St, Troy, OH, 45373 **(O,D,WC,NS*)****7:00PM-8:00PM****Staying Clean for the Weekend**231 N Miami Ave, Sidney, OH, 45365 **(O,D,WC,NS*)****SATURDAY****10:00AM-11:00AM****Rise & Shine Group**1770 N County Road 25A, Troy, OH, 45373
(O,D,IW,WC,BK,NS*)**7:00PM-8:00PM****Saturday Night Survivors**60 S. Dorset, Troy, Ohio, 45373 **(O,RF,To,NS*)****8:00PM-9:00PM****Saturday Night Live Group**120 W. Water St, Sidney, OH, 45365 **(O,D,NS*)****Print Meeting Schedule at:****www.mvascna.net****Listen to Meeting Schedule:****(937) 970-5440****SUGGESTIONS FOR EVERYONE****DO.NOT.USE NO MATTER WHAT**

- Come early and stay late to the meetings**

- Attend a NA meeting each day for 90 days in a row**

- Read NA literature every day**

- Ask someone to guide you through NA 12 Steps, 12 Traditions and 12 Concepts of Service**

- Get phone numbers and call a recovering addict everyday**

PHONE NUMBERS

**JUST FOR TODAY MEDITATION
and CLEAN TIME CALCULATOR:
WWW.MVASCNA.NET / just-for-
todayclean-time-calculator**

**NA OHIO WEBSITE:
WWW.NAOHIO.ORG**

**NA WORLD WEBSITE:
WWW.NA.ORG**

**NA PHONE CONFERENCE
MEETINGS
NABYPHONE.ORG**

**ONLINE NA MEETINGS:
VIRTUAL-NA.ORG**

WHAT IS THE NA MESSAGE?

**"The message is that an addict, ANY
addict, can stop using drugs, lose
the desire to use, and find a new
way to live. Our Message is HOPE
and the PROMISE of freedom."**

~NA Basic Text, page 65



MVASCNA

**Miami Valley Area Service
Committee of Narcotics
Anonymous**

serving Miami, Shelby and Darke Counties of Ohio

www.mvascna.net

P.O. Box 326, Troy, OH 45373

**MVASCNA Phoneline:
(937) 970-5440**

Email: MiamiValleyASCNA@gmail.com

**24 Hour Ohio Helpline
800-587-4232**

JANUARY 2026