

## SUNDAY

**10:00AM Time to Get Real**, Grey Building in  
Salvation Army Parking Lot, 261 Wellington  
Street, London, ON, N5R 2S7 (O,D,WC)

**NOON Living, Laughing, Learning**, River City  
Centre, 260 Mitton Street North, Sarnia, ON,  
N7T 6H8 (C,D)

**7:00PM Fresh Start**, Bluewater Health ~ Russell  
Building, 4th Floor Boardroom, 89 Norman  
St, Sarnia, ON, N7T 6S3 (O,D,WC,BK,CW)

**7:00PM New Horizons**, The Church of the  
Epiphany, Front Door, 560 Dundas Street,  
Woodstock, ON, N4S 1C7 (JT,RF,St)

**7:00PM Recovery Lounge**, Knollwood Baptist  
Church, Please Enter on the East side of the  
build, not the entrance with the ramp up to  
the front door., 800 Cheapside Street,  
London, ON, N5Y 3Y9 (O,BT,D,St,WC,AB,LC)  
*Please no smoking on church property.  
Please move to the side walk.*

**7:00PM Recovery Rocks**, Mens Mission, 459 York  
Street, London, ON, N6B 1R3 (O)

**7:00PM Serenity Seekers**, Saint Paul's Anglican  
Church, Downstairs, 9 Douro Street,  
Stratford, ON, N5A 3R2 (O,D,WC)

## MONDAY

**7:00PM Basic Text Study**, The Inn of The Good  
Shepherd, 115 John St, Sarnia, ON, N7T 2Z1  
(C,BT) *Open meeting 2nd Monday of month*

**7:00PM I Can't We Can**, Wesley Knox Church,  
Enter off back parking lot of the church, 91  
Askin St, London, ON, N6C 1E7  
(O,BT,D,RF,St) *40 Person Limit, No Contact*

**7:00PM The Monday Night Narcotics  
Anonymous Meeting**, St. Pauls  
Presbyterian Church, Please use the back  
entrance., 56 Thames St, South, Ingersoll,  
ON, N5C 2S9 (C,IW)

## TUESDAY

**6:30PM Celebrating with Hope Group**, St Paul's  
Church, 5 Queen St North, Aylmer, ON, N5H  
2W4 (O,D,JT,CW) *Enter building on Queen  
Street Entrance. Office door*

**7:00PM Just for Today**, Emmanuel Presbyterian  
Church, Enter Centre of the Center off  
Kathleen Street, 120 Russell St, South,  
Sarnia, ON, N7T 3L1 (C,D,NP)

## TUESDAY (CONT)

**7:00PM New Horizons**, The Church of the  
Epiphany, Front Door, 560 Dundas Street,  
Woodstock, ON, N4S 1C7 (JT,RF,St)

**7:00PM Whatever Works**, Knox Church, Front door  
by light up sign At 7pm if later there is a  
number to call to let you in, 9 Victoria St N,  
Goderich, ON, N7A 2R4 (O,CS,D,JT,NS,ENG)

**7:00PM White Wolf Recovery Healing Circle  
Group**, St. Johns The Baptist Anglican  
Church, 123 Tecumseh, Walpole Island First  
Nation, ON, N8A 4K9 (O)

**7:30PM Alive and Kicking**, Wesley-Knox United  
Church, Please Enter the church off of  
Teresa Street., 91 Askin Street, London, ON,  
N6C 1E7 (C,BT,D,RF,WC,LC)

**7:30PM Life Starts Here**, St Andrew Memorial  
Church, 55 Foxbar Rd, London, ON, N6C 2A6

**8:00PM Serenity Seekers**, Saint Paul's Anglican  
Church, Downstairs, 9 Douro Street,  
Stratford, ON, N5A 3R2 (C,WC,LC)

## WEDNESDAY

**11:00AM Freedom is a Choice**, River City Centre,  
260 Mitton St, North, Sarnia, ON, N7T 6H8  
(O,D)

**7:00PM Slowly Getting Better**, Lighthouse  
Church, 152 Parker Street, Sarnia, ON, N7T  
6G1 (C,D,WC)

**7:00PM Stopping The Damage**, St. Pauls Anglican  
Church, 9 Douro St, Stratford, ON, N5A 3R2  
(C,D,WC)

**8:00PM Hope & Freedom Group**, Knox  
Presbyterian Church, 182 Main St.,  
Thedford, ON, N0M 2N0  
Zoom ID# 761 943 6485 / Password:  
715433

**8:00PM We Do Recover**, St. Marks Anglican  
Church, enter through the side door  
meeting is downstairs, 1320 Wilton Avenue,  
London, ON, N5W 2P7 (C,D)

## THURSDAY

**7:00PM Building Foundations in Recovery**,  
Trinity United Church, Enter from front door.  
Use wheelchair access button to open door,  
118 Church Street, Ingersoll, ON, N5C 2X6  
(O,To)

## THURSDAY (CONT)

**7:00PM Serenity Seekers**, Saint Paul's Anglican  
Church, Downstairs, 9 Douro Street,  
Stratford, ON, N5A 3R2 (C,BT,WC)

**7:00PM Time to Change**, River City Centre, 260  
Mitton St North, Sarnia, ON, N7T 6H8 (D)

**7:30PM Just For Today**, Grey Building in Salvation  
Army Parking Lot, 261 Wellington Street,  
London, ON, N6B 2L4 (O,D,CW) *Meeting has  
a 40 Person Limit*

## FRIDAY

**11:00AM Living by Spiritual Principles**, River City  
Centre, 260 Mitton St, North, Sarnia, ON,  
N7T 6H8

**NOON Spiritual Principles at Noon**, The  
meeting is accessible by the southbound  
lane only in the Epic Recovery building.  
There is parking in back, please use  
entrance B, ring Epic bell if there isn't a  
door greeter., 743 Wellington Rd, London,  
ON, N6C 4R2 (O,D,SPAD)

**7:00PM Alive & Kicking**, Saint Luke's United  
Church, Open meeting on 3rd Friday of  
month, 350 Indian Road South, Sarnia, ON,  
N7T 3W8 (O,D,WC)

**7:00PM Recovery Happens**, St. Pauls Anglican  
Church, 9 Douro Street, Stratford, ON, N5A  
3R2 (C,SG,WC)

**8:00PM Reclamation Group**, Calvary United, 290  
Ridout St south, London, ON, N6C 3Z1

## SATURDAY

**NOON Freedom From Fear**, London Cares, Enter  
at the front of the building, 602 Queens  
Ave, London, ON, N6B 1Y8 (O,St,To,WC)

**7:00PM Steps to Freedom**, Epic Recovery  
Building, Two storey grey building is  
Salvation Armys parking lot, 261 Wellington  
Street, London, ON, N6B 2L4 (C,D,WC) *25  
Person Limit*

**7:00PM Together We Can**, Emmanuel Presbyterian  
Church, The corner of Russell St and  
Kathleen St., 120 Russell St, South, Sarnia,  
ON, N7T 3L1 (C,D)

**7:30PM Walking In Recovery**, The Station, 16  
Queen Street, St Thomas, ON, N5R 3H8  
(O,D)

Please email the webservant@glana.ca if

you notice any meeting information that is incorrect

**Please add Names and Numberes Below:**

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Meeting Format Legend			
BT	Basic Text	C	Closed
CS	Children under Supervision	D	Discussion
IW	It Works -How and Why	JT	Just for Today
O	Open	RF	Rotating Format
SG	Step Working Guide	St	Step
To	Topic	WC	Wheelchair
BK	Book Study	NS	No Smoking
AB	Ask-It-Basket	CW	Children Welcome
ENG	English speaking	LC	Living Clean
NP	No pets	SPAD	A Spiritual Principle a Day

Narcotics Anonymous is a fellowship of men and women who are learning to live without drugs. We meet regularly to help each other stay clean. We are not interested in what you have done in the past, only in what you want to do about your problem and how we can help.

Narcotics Anonymous meetings provide an atmosphere of recovery where individuals can share their common problem and solutions. In our recovery we have found that living clean is very difficult without support.

The only requirement for membership is the desire to stop using. You don't have to be clean when you get here. You don't have to wait for an overdose or a jail sentence to get help from NA. Addiction is not a hopeless condition from which there is no recovery. We do recover.



## **NARCOTICS ANONYMOUS GREATER LONDON AREA**

**June 2026**

Number of meetings: 36

The Greater London Area Service Committee (GLASC) of Narcotics Anonymous meets on the 2nd Sunday of the Month at 1:00 P.M. Please check website for that months location.

**[www.glana.ca](http://www.glana.ca)**



**Call NA Toll-Free  
1-888-811-3887**