




## SUNDAY

 **10:00AM Time to Get Real**, Epic Recovery Building, Grey Building in Salvation Army Parking Lot, 261 Wellington Street, London, ON, N5R 2S7 (O,D,WC)


**NOON Living, Laughing, Learning**, River City Centre, 260 Mitton Street North, Sarnia, ON, N7T 6H8 (C,D)

 **7:00PM Fresh Start**, Bluewater Health ~ Russell Building, 4th Floor Boardroom, 89 Norman St, Sarnia, ON, N7T 6S3 (O,D,WC,BK,CW)

**7:00PM New Horizons**, The Church of the Epiphany, Front Door, 560 Dundas Street, Woodstock, ON, N4S 1C7 (JT,RF,St)

 **7:00PM Recovery Lounge**, Knollwood Baptist Church, Please Enter on the East side of the build, not the entrance with the ramp up to the front door., 800 Cheapside Street, London, ON, N5Y 3Y9 (O,BT,D,St,WC,AB,LC) *Please no smoking on church property. Please move to the side walk.*

**7:00PM Recovery Rocks**, Mens Mission, 459 York Street, London, ON, N6B 1R3 (O)

 **7:00PM Serenity Seekers**, Saint Paul's Anglican Church, Downstairs, 9 Douro Street, Stratford, ON, N5A 3R2 (O,D,WC)

## MONDAY

**7:00PM Basic Text Study**, The Inn of The Good Shepherd, 115 John St, Sarnia, ON, N7T 2Z1 (C,BT) *Open meeting 2nd Monday of month*

**7:00PM I Can't We Can**, Wesley Knox Church, Enter off back parking lot of the church, 91 Askin St, London, ON, N6C 1E7 (O,BT,D,RF,St) *40 Person Limit, No Contact*

**7:00PM The Monday Night Narcotics Anonymous Meeting**, St. Pauls Presbyterian Church, Please use the back entrance., 56 Thames St, South, Ingersoll, ON, N5C 2S9 (C,IW)

## TUESDAY


**6:30PM Celebrating with Hope Group**, St Paul's Church, 5 Queen St North, Aylmer, ON, N5H 2W4 (O,D,JT,CW) *Enter building on Queen Street Entrance. Office door*

## TUESDAY (CONT)


**7:00PM Just for Today**, Emmanuel Presbyterian Church, Enter Centre of the Center off Kathleen Street, 120 Russell St, South, Sarnia, ON, N7T 3L1 (C,D,NP)

**7:00PM New Horizons**, The Church of the Epiphany, Front Door, 560 Dundas Street, Woodstock, ON, N4S 1C7 (JT,RF,St)

**7:00PM White Wolf Recovery Healing Circle Group**, St. Johns The Baptist Anglican Church, 123 Tecumseh, Walpole Island First Nation, ON, N8A 4K9 (O)


 **7:30PM Alive and Kicking**, Wesley-Knox United Church, Please Enter the church off of Teresa Street., 91 Askin Street, London, ON, N6C 1E7 (C,BT,D,RF,WC,LC)

**7:30PM Life Starts Here**, St Andrew Memorial Church, 55 Foxbar Rd, London, ON, N6C 2A6

 **8:00PM Serenity Seekers**, Saint Paul's Anglican Church, Downstairs, 9 Douro Street, Stratford, ON, N5A 3R2 (C,WC,LC)

## WEDNESDAY

**11:00AM Freedom is a Choice**, River City Centre, 260 Mitton St, North, Sarnia, ON, N7T 6H8 (O,D)

 **7:00PM Slowly Getting Better**, Lighthouse Church, 152 Parker Street, Sarnia, ON, N7T 6G1 (C,D,WC)


 **7:00PM Stopping The Damage**, St. Pauls Anglican Church, 9 Douro St, Stratford, ON, N5A 3R2 (C,D,WC)

**7:30PM We Do Recover**, Trinity United Church, 76 Doulton Street, London, ON, N5W 2P7

**8:00PM Hope & Freedom Group**, Knox Presbyterian Church, 182 Main St., Thedford, ON, N0M 2N0  
Password: 715433

## THURSDAY

**7:00PM Building Foundations in Recovery**, Trinity United Church, Enter from front door. Use wheelchair access button to open door, 118 Church Street, Ingersoll, ON, N5C 2X6 (O,To)

 **7:00PM Serenity Seekers**, Saint Paul's Anglican Church, Downstairs, 9 Douro Street, Stratford, ON, N5A 3R2 (C,BT,WC)

## THURSDAY (CONT)


**7:00PM Time to Change**, River City Centre, 260 Mitton St North, Sarnia, ON, N7T 6H8 (D)


**7:30PM Just For Today**, Grey Building in Salvation Army Parking Lot, 261 Wellington Street, London, ON, N6B 2L4 (O,D,CW) *Meeting has a 40 Person Limit*

## FRIDAY

**11:00AM Living by Spiritual Principles**, River City Centre, 260 Mitton St, North, Sarnia, ON, N7T 6H8


**NOON Spiritual Principles at Noon**, The meeting is accessible by the southbound lane only in the Epic Recovery building. There is parking in back, please use entrance B, ring Epic bell if there isn't a door greeter., 743 Wellington Rd, London, ON, N6C 4R2 (O,D,SPAD)


 **7:00PM Alive & Kicking**, Saint Luke's United Church, Open meeting on 3rd Friday of month, 350 Indian Road South, Sarnia, ON, N7T 3W8 (O,D,WC)

 **7:00PM Recovery Happens**, St. Pauls Anglican Church, 9 Douro Street, Stratford, ON, N5A 3R2 (C,SG,WC)

**8:00PM Reclamation Group**, Trinity United Church, 76 Doulton Street, London, ON, N5W 2P7

## SATURDAY

 **NOON Freedom From Fear**, London Cares, Enter at the front of the building, 602 Queens Ave, London, ON, N6B 1Y8 (O,St,To,WC)

 **7:00PM Steps to Freedom**, Epic Recovery Building, Two storey grey building is Salvation Armys parking lot, 261 Wellington Rd, London, ON, N6B 2L4 (C,D,WC) 25 *Person Limit*

**7:00PM Together We Can**, Emmanuel Presbyterian Church, The corner of Russell St and Kathleen St., 120 Russell St, South, Sarnia, ON, N7T 3L1 (C,D)

**7:30PM Walking In Recovery**, The Station, 16 Queen Street, St Thomas, ON, N5R 3H8 (O,D)

Please email the [webservant@glana.ca](mailto:webservant@glana.ca) if you notice any meeting information that is incorrect

Meeting Format Legend			
BT	Basic Text	C	Closed
D	Discussion	IW	It Works -How and Why
JT	Just for Today	O	Open
RF	Rotating Format	SG	Step Working Guide
St	Step	To	Topic
WC	Wheelchair	BK	Book Study
AB	Ask-It-Basket	CW	Children Welcome
LC	Living Clean	NP	No pets
SPAD	A Spiritual Principle a Day		

Narcotics Anonymous is a fellowship of men and women who are learning to live without drugs. We meet regularly to help each other stay clean. We are not interested in what you have done in the past, only in what you want to do about your problem and how we can help.

Narcotics Anonymous meetings provide an atmosphere of recovery where individuals can share their common problem and solutions. In our recovery we have found that living clean is very difficult without support.

The only requirement for membership is the desire to stop using. You don't have to be clean when you get here. You don't have to wait for an overdose or a jail sentence to get help from NA. Addiction is not a hopeless condition from which there is no recovery. We do recover.

**Please add Names and Numberes Below:**




## **NARCOTICS ANONYMOUS GREATER LONDON AREA**

**January 2026**

Number of meetings: 35

The Greater London Area Service Committee (GLASC) of Narcotics Anonymous meets on the 2nd Sunday of the Month at 1:00 P.M. Please check website for that months location.

**[www.glana.ca](http://www.glana.ca)**



**Call NA Toll-Free  
1-888-811-3887**