SUNDAY

10:00AM **Time to Get Real**, Grey Building in Salvation Army Parking Lot, 261 Wellington Street, London, ON, N5R 2S7 (O,D,WC)

NOON **Living, Laughing, Learning**, River City Centre, 260 Mitton Street North, Sarnia, ON, N7T 6H8 (O,D,JT,WC,CW,SPAD)

7:00PM **Fresh Start**, Bluewater Health ~ Russell Building, 4th Floor Boardroom, 89 Norman St, Sarnia, ON, N7T 6S3 (O,D,JT,WC,CW,SPAD)

7:00PM **New Horizons**, The Church of the Epiphany, Front Door, 560 Dundas Street, Woodstock, ON, N4S 1C7 (JT,RF,St)

7:00PM **Recovery Lounge**, Knollwood Baptist Church, Please Enter on the East side of the build, not the entrance with the ramp up to the front door., 800 Cheapside Street, London, ON, N5Y 3Y9 (O,BT,D,St,WC,AB,LC) *Please no smoking on church property. Please move to the side walk.*

7:00PM **Recovery Rocks**, Mens Mission, 459 York Street, London, ON, N6B 1R3 (O)

7:00PM **Serenity Seekers**, Holy Trinity Chapel and Outreach Center, Downstairs, 9 Douro Street, Stratford, ON, N5A 3R2 (O,D,WC)

7:30PM **Walking In Recovery**, Community of Christ church, 105 Fairview Ave, St Thomas, ON, N5R 5P9 (O,D)

MONDAY

7:00PM **Basic Text Study**, The Inn of The Good Shepherd, 115 John St, Sarnia, ON, N7T 2Z1 (C,BT) *Open meeting 2nd Monday of month*

7:00PM **I Can't We Can**, Wesley Knox Church, Enter off back parking lot of the church, 91 Askin St, London, ON, N6C 1E7 (O,BT,D,RF,St) *40 Person Limit, No Contact*

7:00PM **New Horizons**, 560 Dundas Street, Woodstock, ON, N4S 1C7 (JT,RF,St,VM) 958 254 1742

7:00PM **The Monday Night Narcotics Anonymous Meeting**, St. Pauls Presbyterian Church, Please use the back entrance., 56 Thames St, South, Ingersoll, ON, N5C 2S9 (C,IW)

TUESDAY

6:30PM **Celebrating with Hope Group**, St Paul's Church, 5 Queen St North, Aylmer, ON, N5H 2W4 (O,D,JT,CW) *Enter building on Queen Street Entrance. Office door*

7:00PM **Just for Today**, Emmanuel Presbyterian Church, Enter Centre of the Center off Kathleen Street, 120 Russell St, South, Sarnia, ON, N7T 3L1 (C,D,NP)

7:00PM **New Horizons**, The Church of the Epiphany, Front Door, 560 Dundas Street, Woodstock, ON, N4S 1C7 (JT,RF,St)

7:00PM **Whatever Works**, Knox Church, Front door by light up sign At 7pm if later there is a number to call to let you in, 9 Victoria St N, Goderich, ON, N7A 2R4 (O,CS,D,JT,NS,ENG)

7:00PM **White Wolf Recovery Healing Circle Group**, St. Johns The Baptist Anglican Church, 123 Tecumseh, Walpole Island First Nation, ON, N8A 4K9 (O)

7:30PM **Alive and Kicking**, Wesley-Knox United Church, Please Enter the church through main entrance off the Askin Street parking lot., 91 Askin Street, London, ON, N6C 1E7 (C,BT,D,RF,WC,LC)

7:30PM **Life Starts Here**, St Andrew Memorial Church, 55 Foxbar Rd, London, ON, N6C 2A6 (O,D)

8:00PM **Serenity Seekers**, Holy Trinity Chapel and Outreach Center, Downstairs, 9 Douro Street, Stratford, ON, N5A 3R2 (C,WC,LC)

WEDNESDAY

11:00AM **Freedom is a Choice**, River City Centre, 260 Mitton St, North, Sarnia, ON, N7T 6H8 (O,D,JT,WC,CW,SPAD)

7:00PM **Slowly Getting Better**, Lighthouse Church, 152 Parker Street, Sarnia, ON, N7T 6G1 (C,D,WC)

7:00PM **Stopping The Damage**, Holy Trinity Chapel and Outreach Center, 9 Douro St, Stratford, ON, N5A 3R2 (C,D,WC)

8:00PM **Hope & Freedom Group**, Knox Presbyterian Church, 182 Main St., Thedford, ON, N0M 2N0 Zoom ID# 761 943 6485 / Password: 715433

WEDNESDAY (CONT)

8:00PM **We Do Recover**, St. Marks Anglican Church, enter through the side door meeting is downstairs, 1320 Wilton Avenue, London, ON, N5W 2P7 (C,D)

THURSDAY

7:00PM **Building Foundations in Recovery**, Trinity United Church, Enter from front door. Use wheelchair access button to open door, 118 Church Street, Ingersoll, ON, N5C 2X6 (O,To)

7:00PM **Serenity Seekers**, Holy Trinity Chapel and Outreach Center, Downstairs, 9 Douro Street, Stratford, ON, N5A 3R2 (C,BT,WC)

7:00PM **Time to Change**, River City Centre, 260 Mitton St North, Sarnia, ON, N7T 6H8 (O,D,JT,WC,CW,SPAD)

7:30PM **Just For Today**, Grey Building in Salvation Army Parking Lot, 261 Wellington Street, London, ON, N6B 2L4 (O,D,CW) *Meeting has a 40 Person Limit*

8:30PM **New Horizons**, 560 Dundas Street, Woodstock, ON, N4S 1C7 (JT,RF,St,VM) 958 254 1742

FRIDAY

11:00AM **Living by Spiritual Principles**, River City Centre, 260 Mitton St, North, Sarnia, ON, N7T 6H8 (O,D,JT,WC,CW,SPAD)

NOON **Spiritual Principles at Noon**, The meeting is accessible by the southbound lane only in the Epic Recovery building. There is parking in back, please use entrance B, ring Epic bell if there isn't a door greeter., 743 Wellington Rd, London, ON, N6C 4R2 (O,D,SPAD)

7:00PM **Alive & Kicking**, Saint Luke's United Church, Open meeting on 3rd Friday of month, 350 Indian Road South, Sarnia, ON, N7T 3W8 (O,D,WC)

7:00PM **Recovery Happens**, Holy Trinity Chapel and Outreach Center, 9 Douro Street, Stratford, ON, N5A 3R2 (C,SG,WC)

8:00PM **Reclamation Group**, Calvary United, 290 Ridout St South, London, ON, N6C 3Z1 (O,RF,WC,ME)

SATURDAY

NOON	**Freedom From Fear**, London Cares, Enter at the front of the building, 602 Queens Ave, London, ON, N6B 1Y8 (O,St,To,WC)
7:00PM	**Steps to Freedom**, Epic Recovery Building, Two storey grey building is Salvation Armys parking lot, 261 Wellington S. Street, London, ON, N6B 2L4 (C,D,WC) *25 Person Limit*
7:00PM	**Together We Can**, Emmanuel Presbyterian Church, The corner of Russell St and Kathleen St., 120 Russell St, South, Sarnia, ON, N7T 3L1 (C,D)

Please email the webservant@glana.ca if you notice any meeting information that is incorrect

Meeting Format Legend			
BT	Basic Text	C	Closed
CS	Children under Supervision	D	Discussion
IW	It Works -How and Why	JT	Just for Today
O	Open	RF	Rotating Format
SG	Step Working Guide	St	Step
To	Topic	WC	Wheelchair
NS	No Smoking	AB	Ask-It-Basket
ME	Meditation	CW	Children Welcome
ENG	English speaking	LC	Living Clean
VM	Virtual Meeting	NP	No pets
SPAD	A Spiritual Principle a Day		

Narcotics Anonymous is a fellowship of men and women who are learning to live without drugs. We meet regularly to help each other stay clean. We are not interested in what you have done in the past, only in what you want to do about your problem and how we can help.

Narcotics Anonymous meetings provide an atmosphere of recovery where individuals can share their common problem and solutions. In our recovery we have found that living clean is very difficult without support.

The only requirement for membership is the desire to stop using. You don't have to be clean when you get here. You don't have to wait for an overdose or a jail sentence to get help from NA. Addiction is not a hopeless condition from which there is no recovery. We do recover.

Please add Names and Numberes Below:

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NARCOTICS ANONYMOUS
GREATER LONDON AREA

November 2026

Number of meetings: 38

The Greater London Area Service Committee (GLASC) of Narcotics Anonymous meets on the 2nd Sunday of the Month at 1:00 P.M. Please check website for that months location.

www.glana.ca

Call NA Toll-Free

1-888-811-3887