

SUNDAY

10:00AM Time to Get Real, Grey Building in
Salvation Army Parking Lot, 261 Wellington
Street, London, ON, N5R 2S7 (O,D,WC)

NOON Living, Laughing, Learning, River City
Centre, 260 Mitton Street North, Sarnia, ON,
N7T 6H8 (C,D)

7:00PM Fresh Start, Bluewater Health ~ Russell
Building, 4th Floor Boardroom, 89 Norman
St, Sarnia, ON, N7T 6S3 (O,D,WC,BK,CW)

7:00PM New Horizons, The Church of the
Epiphany, Front Door, 560 Dundas Street,
Woodstock, ON, N4S 1C7 (JT,RF,St)

7:00PM Recovery Lounge, Knollwood Baptist
Church, Please Enter on the East side of the
build, not the entrance with the ramp up to
the front door., 800 Cheapside Street,
London, ON, N5Y 3Y9 (O,BT,D,St,WC,AB,LC)
*Please no smoking on church property.
Please move to the side walk.*

7:00PM Recovery Rocks, Mens Mission, 459 York
Street, London, ON, N6B 1R3 (O)

7:00PM Serenity Seekers, Saint Paul's Anglican
Church, Downstairs, 9 Douro Street,
Stratford, ON, N5A 3R2 (O,D,WC)

MONDAY

7:00PM Basic Text Study, The Inn of The Good
Shepherd, 115 John St, Sarnia, ON, N7T 2Z1
(C,BT) *Open meeting 2nd Monday of month*

7:00PM I Can't We Can, Wesley Knox Church,
Enter off back parking lot of the church, 91
Askin St, London, ON, N6C 1E7
(O,BT,D,RF,St) *40 Person Limit, No Contact*

**7:00PM The Monday Night Narcotics
Anonymous Meeting**, St. Pauls
Presbyterian Church, Please use the back
entrance., 56 Thames St, South, Ingersoll,
ON, N5C 2S9 (C,IW)

TUESDAY

6:30PM Celebrating with Hope Group, St Paul's
Church, 5 Queen St North, Aylmer, ON, N5H
2W4 (O,D,JT,CW) *Enter building on Queen
Street Entrance. Office door*

7:00PM Just for Today, Emmanuel Presbyterian
Church, Enter Centre of the Center off
Kathleen Street, 120 Russell St, South,
Sarnia, ON, N7T 3L1 (C,D,NP)

TUESDAY (CONT)

7:00PM New Horizons, The Church of the
Epiphany, Front Door, 560 Dundas Street,
Woodstock, ON, N4S 1C7 (JT,RF,St)

**7:00PM White Wolf Recovery Healing Circle
Group**, St. Johns The Baptist Anglican
Church, 123 Tecumseh, Walpole Island First
Nation, ON, N8A 4K9 (O)

7:30PM Alive and Kicking, Wesley-Knox United
Church, Please Enter the church off of
Teresa Street., 91 Askin Street, London, ON,
N6C 1E7 (C,BT,D,RF,WC,LC)

7:30PM Life Starts Here, St Andrew Memorial
Church, 55 Foxbar Rd, London, ON, N6C 2A6

8:00PM Serenity Seekers, Saint Paul's Anglican
Church, Downstairs, 9 Douro Street,
Stratford, ON, N5A 3R2 (C,WC,LC)

WEDNESDAY

11:00AM Freedom is a Choice, River City Centre,
260 Mitton St, North, Sarnia, ON, N7T 6H8
(O,D)

7:00PM Slowly Getting Better, Lighthouse
Church, 152 Parker Street, Sarnia, ON, N7T
6G1 (C,D,WC)

7:00PM Stopping The Damage, St. Pauls Anglican
Church, 9 Douro St, Stratford, ON, N5A 3R2
(C,D,WC)

8:00PM Hope & Freedom Group, Knox
Presbyterian Church, 182 Main St.,
Thedford, ON, N0M 2N0
Zoom ID# 761 943 6485 / Password:
715433

8:00PM We Do Recover, St. Marks Anglican
Church, enter through the side door
meeting is downstairs, 1320 Wilton Avenue,
London, ON, N5W 2P7 (C,D)

THURSDAY

7:00PM Building Foundations in Recovery,
Trinity United Church, Enter from front door.
Use wheelchair access button to open door,
118 Church Street, Ingersoll, ON, N5C 2X6
(O,To)

7:00PM Serenity Seekers, Saint Paul's Anglican
Church, Downstairs, 9 Douro Street,
Stratford, ON, N5A 3R2 (C,BT,WC)

7:00PM Time to Change, River City Centre, 260
Mitton St North, Sarnia, ON, N7T 6H8 (D)

THURSDAY (CONT)

7:00PM Whatever Works, Knox Church, Front door
by light up sign At 7pm if later there is a
number to call to let you in, 9 Victoria St N,
Goderich, ON, N7A 2R4 (O,CS,D,JT,NS,ENG)

7:30PM Just For Today, Grey Building in Salvation
Army Parking Lot, 261 Wellington Street,
London, ON, N6B 2L4 (O,D,CW) *Meeting has
a 40 Person Limit*

FRIDAY

11:00AM Living by Spiritual Principles, River City
Centre, 260 Mitton St, North, Sarnia, ON,
N7T 6H8

NOON Spiritual Principles at Noon, The
meeting is accessible by the southbound
lane only in the Epic Recovery building.
There is parking in back, please use
entrance B, ring Epic bell if there isn't a
door greeter., 743 Wellington Rd, London,
ON, N6C 4R2 (O,D,SPAD)

7:00PM Alive & Kicking, Saint Luke's United
Church, Open meeting on 3rd Friday of
month, 350 Indian Road South, Sarnia, ON,
N7T 3W8 (O,D,WC)

7:00PM Recovery Happens, St. Pauls Anglican
Church, 9 Douro Street, Stratford, ON, N5A
3R2 (C,SG,WC)

8:00PM Reclamation Group, Calvary United, 290
Ridout St south, London, ON, N6C 3Z1

SATURDAY

NOON Freedom From Fear, London Cares, Enter
at the front of the building, 602 Queens
Ave, London, ON, N6B 1Y8 (O,St,To,WC)

7:00PM Steps to Freedom, Epic Recovery
Building, Two storey grey building is
Salvation Army's parking lot, 261 Wellington
Street, London, ON, N6B 2L4 (C,D,WC) *25
Person Limit*

7:00PM Together We Can, Emmanuel Presbyterian
Church, The corner of Russell St and
Kathleen St., 120 Russell St, South, Sarnia,
ON, N7T 3L1 (C,D)

7:30PM Walking In Recovery, The Station, 16
Queen Street, St Thomas, ON, N5R 3H8
(O,D)

Please email the webservant@glana.ca if
you notice any meeting information that

is incorrect

Please add Names and Numberes Below:

Meeting Format Legend			
BT	Basic Text	C	Closed
CS	Children under Supervision	D	Discussion
IW	It Works -How and Why	JT	Just for Today
O	Open	RF	Rotating Format
SG	Step Working Guide	St	Step
To	Topic	WC	Wheelchair
BK	Book Study	NS	No Smoking
AB	Ask-It-Basket	CW	Children Welcome
ENG	English speaking	LC	Living Clean
NP	No pets	SPAD	A Spiritual Principle a Day

Narcotics Anonymous is a fellowship of men and women who are learning to live without drugs. We meet regularly to help each other stay clean. We are not interested in what you have done in the past, only in what you want to do about your problem and how we can help.

Narcotics Anonymous meetings provide an atmosphere of recovery where individuals can share their common problem and solutions. In our recovery we have found that living clean is very difficult without support.

The only requirement for membership is the desire to stop using. You don't have to be clean when you get here. You don't have to wait for an overdose or a jail sentence to get help from NA. Addiction is not a hopeless condition from which there is no recovery. We do recover.



NARCOTICS ANONYMOUS GREATER LONDON AREA

May 2026

Number of meetings: 36

The Greater London Area Service Committee (GLASC) of Narcotics Anonymous meets on the 2nd Sunday of the Month at 1:00 P.M. Please check website for that months location.

www.glana.ca



**Call NA Toll-Free
1-888-811-3887**