## SUNDAY

**12:30PM** **The Brunch Club**, Burlington Baptist Church, Sunday 12.30 enter through the old chapel doors, 2225 New St., Burlington, ON, L7R 1J2 (D)

**6:30PM** **NA Foundation Group**, Clarkson Community Church, *Women's breakout meeting, every Sunday, 1880 Lakeshore West, Mississauga, ON, L5J 1J7 (C,D,JT)

**7:00PM** **Courage To Change**, Knox Presbyterian Church, Rear entrance, 170 Main Street East, Milton, ON, L9T 1N8 (C,D,JT,St)

**7:00PM** **Steps Keep You Clean**, Christ Church, *Woman's break out meeting on the last Sunday of each month, 4 Elizabeth Street North, Brampton, ON, L6X 1S2 (C,D)

## MONDAY

**7:00PM** **Living Hope**, Burlington Baptist Church, old hall which is to the left at the top of the stairs, 2225 New Street, Burlington, ON, L7R 1J2 (O,BT,D)

**7:30PM** **Recovery By The River**, Norval United Church, 14015 Danby Rd., Georgetown, ON, L7G 0L8 (C,BT,D,JT,WC)

**8:00PM** **Living In Recovery**, Grace United Church, 156 Main St. N., Brampton, ON, L6V 1N9 (C,B,D,JT)

**8:00PM** **Recovery Group**, St. Stephens On The Hill, 998 Indian Rd, Mississauga, ON, L5H 1R5 (C,D,St,Tr,LC)

## TUESDAY

**NOON** **The 12**, Unifor Local 707 South door, Downstairs east side, glass doors, 475 North Service Rd. East, Oakville, ON, L6H 1A5 (C,D,SG,BK)

**7:00PM** **Not Afraid**, Knox Presbyterian Church - in the McMillan Hall, Second side door entrance, meeting down stairs., 89 Dunn St., Oakville, ON (O,D,SD)

**7:30PM** **Fresh Start**, William Osler Withdrawal Management Centre, 135 McLaughlin Road. South, Brampton, ON, L6Y 2C8 (C,D,To,WC,OE,NS)

**8:00PM** **Acton Recovery Group**, Trinity United Church, 70 Mill St E., Acton, ON, L7J 1K8 (C,D)

**8:00PM** **Lonely Hearts**, Woodbridge United Church, 8090 Kipling Ave. N., Woodbridge, ON, L4L 2A1 (C,D,WC)

**8:00PM** **Primary Purpose**, Meadowvale Community Church, 2630 Inlake Crt, Mississauga, ON, L5N 2A7 (C,D,WC)

## WEDNESDAY

**NOON** **Responsible Choice**, Emmanuel United Church, at Bramalea Rd, north of Steeles, south of Hwy 7, 420 Balmoral Dr., Brampton, ON, L6T 2T5 (C,D,WC,BK)

**7:00PM** **Infinity Recovery**, Meadowvale South Recreation Center, 6600 Falconer Dr, Mississauga, ON, L5N 1M2 (C,D,WC)

**7:00PM** **Living In The Solution**, Grace Anglican Church, 317 Main St E, Milton, ON, L9T 1P5 (C,D,WC)

**7:00PM** **Never Stand Alone**, Burlington East Presbyterian Church, Enter through church back door., 505 Walkers Line, Burlington, ON, Burlington, ON (C,D)

**7:30PM** **We Do Recover**, Emmanuel United Church, 420 Balmoral Dr, Brampton, ON, L6T 1V9 (C,D,WC)

## WEDNESDAY (CONT)

**8:00PM** **Awakenings**, Renforth Baptist Church, 627 Burnhamthorpe Rd, Etobicoke, ON (BT,CP,NP)

**8:00PM** **Suburban Serenity**, Knox Presbyterian Church, NEW LOCATION, 89 Dunn. St., Oakville, ON, L6J 3C8 (C,D)

## THURSDAY

**NOON** **NA Foundation Group**, Clarkson Community Church, 1880 Lakershore Rd W, Mississauga, ON, L5J 1J7 (C,D)

**7:00PM** **No Matter What**, Westminster United Church, 4094 Tomken Rd, Mississauga, ON, L4W 1J5 (C,D,WC) **Women's breakout meeting, on the last Thursday of the month***

**7:00PM** **Steps To Freedom**, Burlington East Presbyterian Church, Note: This location is Fragrance Free, 505 Walkers Line, Burlington, ON (C,BT,D,SD,WC) **Women's breakout meeting, every 3rd Thursday of the month** *Speaker meeting on the last Thursday of each month **

**8:00PM** **New Hope**, St. Andrew's Presbyterian Church, 1 block east of Main, 44 Church St. E., Brampton, ON (C,D,JT,St,CP)

**8:00PM** **Primary Purpose**, Meadowvale Community Church, 2630 Inlake Crt, Mississauga, ON, L5N 2A7 (C,D,WC) **Women's breakout meeting, every Thursday***

## FRIDAY

**NOON** **Responsible Choice**, Emmanuel United Church, at Bramalea Rd, north of Steeles, south of Hwy 7, 420 Balmoral Dr., Brampton, ON, L6T 1V9 (C,D,BK)

**7:30PM** **New Attitudes**, Norval United Church, 14015 Danby Rd, Georgetown, ON, L7G 0L8 (O,BT,D,JT)

**7:30PM** **Serenity in Recovery**, KNOX PRESBYTERIAN CHURCH, 89 Dunn Street in Oakville, Oakville, ON, L6H 5P4 (C,D,JT,St)

**7:30PM** **Woodbridge To Freedom**, Woodbridge United Church, 8090 KIpling Ave., Woodbridge, ON, L4L 2A1 (D)

**8:00PM** **I Can't We Can**, Trinity – St. Paul Church, Closed Discussion, 26 Stavebank Rd, North, Mississauga, ON, l5g 2t5 (C) *** Meeting on Fri Nov 20th to be held in the Port Credit Arena ***

**8:00PM** **New Freedom**, Grace Anglican Church, 317 Main Street East, Milton, ON, L9T 1P5 (O,D,St,LC)

## SATURDAY

**10:00AM** **The Ties That Bind**, St. Andrew's Presbyterian Church, **Second floor, Rm 215. Entry through the rear door.**, 44 Chruch Street East, Brampton, ON, L6V4A8 (C,O,D) *Open Meeting for Medallions.*

**5:00PM** **Zindadil Zindagi Punjabi Speaking Meeting**, Emmanuel United Church, 420 Balmoral Dr, Brampton, ON, L6T 2T5 (C)

**7:00PM** **Keep It Simple**, Knox Presbyterian Church, Last Saturday of month is an OPEN MEETING, 89 Dunn St, Oakville, ON (C,O,D,JT)

**7:00PM** **Zindadil Zindagi Punjabi Speaking Meeting**, Emmanuel United Church, 420 Balmoral Dr, Brampton, ON, L6T 2T5 (C,D)

## SATURDAY (CONT)

**7:30PM** **Journey to Freedom**, Applewood United Church, 2067 Stanfield Rd, Mississauga, ON, L4Y1R4 (C,BT,D,JT,SD,WC,LC) ***Women's breakout meeting, every 3rd Saturday of the month***

## ONLINE-MEETINGS

**Mon 8:00PM** **Zindadil Zindgi Punjabi Speaking Online Meeting**
C,D,WEB,VM
Meeting ID: 839 899 4292, Passcode: 12321

**Wed 8:00PM** **Zindadil Zindgi Punjabi Speaking Online Meeting**
C,D,WEB,VM
Meeting ID: 839 899 4292, Passcode: 12321

**Fri 8:00PM** **Zindadil Zindgi Punjabi Speaking Online Meeting**
C,D,WEB,VM
Meeting ID: 839 899 4292, Passcode: 12321

## Meeting Format Legend

| | | | |
|---|---|---|---|
| B | Beginners | BT | Basic Text |
| C | Closed | D | Discussion |
| JT | Just for Today | O | Open |
| SG | Step Working Guide | St | Step |
| To | Topic | Tr | Tradition |
| WC | Wheelchair | OE | Open-Ended |
| BK | Book Study | NS | No Smoking |
| CP | Concepts | WEB | Online Meeting |
| LC | Living Clean | VM | Virtual Meeting |
| NP | No pets | SD | Speaker/Discussion |

## Halton Peel Area Service Committee

**Find N.A. Meetings**

www.haltonpeelna.org/meetings

**All Inquiries, please email:**

PR@haltonpeelna.org

**H.P.A.S.C. Service Meeting**

Meets on the 2nd Saturday of each month. 9:00am @ 156 Third Line, Oakville, ON (& Hybrid). To attend virtually, get the link here: www.haltonpeelna.org/service

**Mailing Address**

H.P.A.S.C.

89 Dunn St, Oakville, ON L6J 3C8

## More Info About N.A.

**N.A. World Services**

www.na.org

**Canadian Assembly of N.A.**

www.cana-acna.org

**Ontario Region of N.A.**

www.orscna.org

***Our hope is,*** *"That no addict seeking recovery need ever die from the horrors of addiction."*

***Our message is,*** *"That an addict, any addict can stop using drugs, lose the desire to use and find a new way to live."*

## Narcotics Anonymous

...is a nonprofit fellowship or society of *people* for whom drugs had become a major problem. **We are recovering addicts who meet regularly to help each other stay clean.** There is only one requirement for membership: the desire to stop using. We have learned from our group experience that those who keep coming to our meetings regularly, stay clean.

## For the Newcomer...

You don't have to be drug free when you get here, but after your first meeting we suggest you keep coming back and come clean. You don't have to wait for an overdose or jail to get help from N.A., nor is addiction a hopeless condition from which there is no recovery. **It is possible to overcome the desire to use drugs.**

**PHONE NUMBERS**

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# NARCOTICS ANONYMOUS HALTON PEEL AREA MEETING LIST

## NOVEMBER 2026

WEBSITE: www.HaltonPeelNA.org

## HELPLINE TOLL-FREE: 1-888-811-3887

HPASC Serves

Brampton, Burlington, Halton Hills, Milton, Mississauga, Oakville, Woodbridge *and some surrounding areas.*

***Download the NA meeting locator app:***

bmlt.app/smartphone-apps/

Meetings Weekly: 40