

SUNDAY / DOMINGO

7:30PM 1.5HR New Beginnings, St. Mary's United Church, 613 St. Mary's Road, Winnipeg, MB, R2M 3L8 **(C,D,WC)**

8:00PM 1HR Hope Group, Blue Door, 719 Rosser Avenue, Brandon, MB, R7A 0K8 **(C)**

8:00PM 1.5HR Recovery First, CMHA/Thrive building, East door for access (Door marked) if door is locked ring bell, 102 1st n.w., Portage la Prairie, MB, R1N 1Y9

MONDAY / LUNES

7:00PM 1HR Miracles on Main, Holy Trinity Church, basement on the right side when you come down the stairs, 1175 Main Street, Winnipeg, MB, R2W 3S4 **(C,St,WC)**

8:00PM 1.25HR Home At Last Online, **(O,CL,D,WC,CW,VM)**

8:30PM 1HR Westman Group, St. Mary's Anglican Church, 401 - 1st Street, Brandon, MB, R7A 2W8 **(C,WC)**

TUESDAY / MARTES

5:30PM 1.5HR Recovery First, CMHA/Thrive building, East door for access (Door marked) if door is locked ring bell, 102 1st n.w., Portage la Prairie, MB, R1N 1Y9 **(St)**

7:30PM 1.5HR Equinox Group, St. James Anglican United Church, downstairs, 195 Collegiate Street, Winnipeg, MB, R3J 1T9 **(C,D,St)**

WEDNESDAY / MIÉRCOLES

5:30PM 1.5HR Recovery First, CMHA/Thrive building, East door for access (Door marked) if door is locked ring bell, 102 1st n.w., Portage la Prairie, MB, R1N 1Y9 **(St)**

7:00PM 1HR Home At Last Group, Gordon King Memorial, 127 Cobourg Ave., Winnipeg, MB, R2L 0H4 **(O,CL,D,WC,CW)** *Speaker meeting every 4th Weds of month*

7:30PM 1HR Westman Group, AFM facility, AFM door at back, 510 Frederick Street, Brandon, MB, R7A 6Z4 **(C,WC,NS)**

THURSDAY / JUEVES

6:30PM 1HR Women In NA (WINA) Group - Online Meeting, **(C,St,BK,CW,VM)**

7:00PM 1.5HR Genesis Group, Atlantic-Garden City United Church, Use Arlington Street Entrance, 725 Atlantic Ave., Winnipeg, MB, R2W 0S6 **(C,St,WC)**

8:00PM 1HR Hope Group - Women's meeting, Blue Door, 719 Rosser Avenue, Brandon, MB, R7A 0K8 **(C)**

8:00PM 1.5HR Recovery First, CMHA/Thrive building, East door for access (Door marked) if door is locked ring bell, 102 1st n.w., Portage la Prairie, MB, R1N 1Y9 **(O)**

FRIDAY / VIERNES

1:00PM 1HR Miracles on Main, Holy Trinity Church, basement on the right side when you come down the stairs, 1175 Main Street, Winnipeg, MB, R2W 3S4 **(C,St,WC)**

7:00PM 1.5HR Genesis Group, Atlantic-Garden City United Church, Use Arlington Street Entrance, 725 Atlantic Ave., Winnipeg, MB, R2W 0S6 **(C,CL,St,WC)**

9:00PM 1.5HR Home At Last Online, **(O,CL,D,WC,CW,VM)**

9:30PM 1HR Westman Group, St. Mary's Anglican Church, 401 - 1st Street, Brandon, MB, R7A 2W8 **(C,WC)**

SATURDAY / SÁBADO

7:00PM 1.5HR Genesis Group, Atlantic-Garden City United Church, Use Arlington Street Entrance, 725 Atlantic Ave., Winnipeg, MB, R2W 0S6 **(C,St,WC)**

8:00PM 1.5HR Recovery First, CMHA/Thrive building, East door for access (Door marked) if door is locked ring bell, 102 1st n.w., Portage la Prairie, MB, R1N 1Y9 **(CL,St,Tr)**

MEETING FORMAT LEGEND

BK	Book Study	C	Closed
CL	Candlelight	CW	Children Welcome
D	Discussion	NS	No Smoking
O	Open	St	Step
Tr	Tradition	VM	Virtual Meeting
WC	Wheelchair		

HELPLINES

Area 1	Number 1
Area 2	Number 2

SERVICE MEETINGS

PHONE NUMBERS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**



**MANITOBA
MEETING LIST
AUGUST 2024**

**24 HOUR HELPLINE
NUMBER**

<https://na.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 21