SUNDAY / DOMINGO

7:00PM 1.25HR Miracles Happen, Calvin Church, 401 First Ave. W., North Bay, ON, P1B 3C5 (C,D,WC)

7:39PM 1.5HR North Bay Online Connection Group of Narcotics Anonymous, ZOOM, North Bay, ON, (C,D,JT,To,NS,WEB,VM)

MONDAY / LUNES

7:00PM 1HR Be Brave, St. Mary Magdalene Anglican Church, 253 King Street, Sturgeon Falls, ON, P2B 3A1 (CH)

7:39PM 1.5HR North Bay Online Connection, ZOOM, North Bay, ON, (C,D,JT,To,NS,WEB,VM)

7:30PM 1HR Unity Group Gratitude Meeting, Saint Andrew's United Church, Basement. Use McIntyre Street Entrance, 399 Cassells St., North Bay, ON, P1B 4V9 (C,D)

TUESDAY / MARTES

7:00PM 1HR Serene and Clean Using Principles, Calvin Church, Meeting is held in the 3rd floor Boardroom. NOTE: Please use rear stairwell paved parking lot entrance on Commercial Street. If driving and accessing the parking lot, please use First Avenue to Enter lot and Commercial Street to Exit., 401 First Ave. W., North Bay, ON, P1B 3C5 (C,D,M,WC)

7:00PM 1.5HR Stopping the Damage, Trinity United Church, Entrance at Side Door on Ferguson Street, 111 McIntyre St. E., North Bay, ON, P1B 1C5 (C,D,JT)

7:00PM 1HR Together We Can, Calvin Church, 401 First Ave. W., North Bay, ON, P1B 3C5 (C,D,St,W,WC)

7:30PM 1.5HR North Bay Online Connection, ZOOM, North Bay, ON, (C,D,JT,To,NS,WEB,VM)

WEDNESDAY / MIÉRCOLES

NOON 1.5HR Unity Group, St. Andrews United Church, 399 Cassells St., North Bay, ON P1B 4V9, North Bay, ON, P1B 4V9 (C,IP,WC)

7:00PM 1.5HR Notoriously NA, The Door, 18 Brunel Rd., Huntsville, ON, P1H1P1 (C,D,WC)

7:39PM 1.5HR North Bay Online Connection, ZOOM, North Bay, ON, (C,D,JT,To,NS,WEB,VM)

7:30PM 1HR Recovery Way, St. Andrews United Church, Basement. Use McIntyre Street Entrance, 399 Cassells St., North Bay, ON, P1B 4V9 (C,CL,D,RF,Ti,COVID)

THURSDAY / JUEVES

7:30PM 1.5HR North Bay Online Connection, ZOOM, North Bay, ON, (C,D,JT,To,NS,WEB,VM)

7:30PM 1.25HR Unity Group, Saint Andrew's United Church, Basement. Use McIntyre Street Entrance, 399 Cassells St., North Bay, ON, P1B 4V9 (C,D,To)

FRIDAY / VIERNES

7:00PM 1.25HR Steps to Recovery, Calvin Presbyterian Church, 401 First Ave. W., North Bay, ON, P1B 3C5 (C,BT,D,St,To,WC)

7:30PM 1.5HR North Bay Online Connection, ZOOM, North Bay, ON, (C,D,JT,To,NS,WEB,VM)

SATURDAY / SÁBADO

7: 90PM 1HR Recovery Way, St. Andrews United Church, Basement, Use McIntyre Street Entrance, 399 Cassells St., North Bay, ON, P1B 4V9 (C,D,JT)

7:30PM 1.5HR North Bay Online Connection, ZOOM, North Bay, ON, (C,D,JT,To,NS,WEB,VM)

| MEETING FORMAT LEGEND | | | | |
|-----------------------|----------------------|-------|------------------------|--|
| BT | Basic Text | С | Closed | |
| CH | Closed Holidays | CL | Candlelight | |
| D | Discussion | IP | Informational Pamphlet | |
| JT | Just for Today | М | Men | |
| RF | Rotating Format | St | Step | |
| Ti | Timer | To | Topic | |
| W | Women | WC | Wheelchair | |
| NS | No Smoking | WEB | Online Meeting | |
| ASM | Area Service Meeting | COVID | Covid Protocols | |
| VM | Virtual Meeting | HY | HY | |

| | HELPLINES |
|--------|-----------|
| Area 1 | Number 1 |
| Area 2 | Number 2 |
| | |
| | |

SERVICE MEETINGS

3:30PM 1.5HR North Bay Area Service Committee of NA, Calvin Church & ZOOM, Note This is an area service meeting that meets the first Saturday of the month unless it's a holiday and does not meet in the month of August. Hybrid online - Public Information Subcommittee at 1:30 & Activities at 2:30 prior to regular meeting, 401 First Ave. W., North Bay, ON, P1B 3C5, North Bay, ON, P1B 3C5 (WC, HY, ASM)

| PHONE NUMBERS | | | | |
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What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65



NORTH BAY AREA
MEETING LIST
SEPTEMBER 2025

24 HOUR HELPLINENUMBER

https://na.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 20