

SUNDAY

7:30PM 1.5HR North Bay Online

Connection Group of Narcotics

Anonymous, ZOOM, North Bay, ON,
(C,D,JT,To,NS,WEB,VM)

MONDAY

7:00PM 1HR Be Brave, St. Mary Magdalene
Anglican Church, 253 King Street, Sturgeon
Falls, ON, P2B 3A1 **(CH)**

7:30PM 1.5HR North Bay Online

Connection, ZOOM, North Bay, ON,
(C,D,JT,To,NS,WEB,VM)

TUESDAY

**7:00PM 1HR Serene and Clean Using
Principles**, Calvin Church, Meeting is held in
the 3rd floor Boardroom. NOTE: Please use rear
stairwell paved parking lot entrance on
Commercial Street. If driving and accessing the
parking lot, please use First Avenue to Enter lot
and Commercial Street to Exit., 401 First Ave.
W., North Bay, ON, P1B 3C5 **(C,D,M,WC)**

7:00PM 1.5HR Stopping the Damage, Trinity
United Church, Entrance at Side Door on
Ferguson Street, 111 McIntyre St. E., North Bay,
ON, P1B 1C5 **(C,D,JT)**

7:00PM 1HR Together We Can, Calvin
Church, 401 First Ave. W., North Bay, ON, P1B
3C5 **(C,D,St,W,WC)**

**7:30PM 1.5HR North Bay Online
Connection**, ZOOM, North Bay, ON,
(C,D,JT,To,NS,WEB,VM)

WEDNESDAY

7:00PM 1.5HR Notoriously NA, The Door, 18
Brunel Rd., Huntsville, ON, P1H1P1 **(C,D,WC)**

7:30PM 1.5HR North Bay Online

Connection, ZOOM, North Bay, ON,
(C,D,JT,To,NS,WEB,VM)

THURSDAY

7:00PM 1HR SFNA, 189 Main Street Unit # 2,
Sturgeon Falls, ON, P2B 2P1

7:30PM 1.5HR North Bay Online

Connection, ZOOM, North Bay, ON,
(C,D,JT,To,NS,WEB,VM)

7:30PM 1.25HR Unity Group, Saint Andrew's
United Church, Basement. Use McIntyre Street
Entrance, 399 Cassells St., North Bay, ON, P1B
4V9 **(C,D,To)**

FRIDAY

7:00PM 1.25HR Steps to Recovery, Calvin
Presbyterian Church, 401 First Ave. W., North
Bay, ON, P1B 3C5 **(C,BT,D,St,To,WC)**

7:30PM 1.5HR North Bay Online

Connection, ZOOM, North Bay, ON,
(C,D,JT,To,NS,WEB,VM)

SATURDAY

1:30PM 1HR SFNA, 189 Main Street Unit # 2,
Sturgeon Falls, ON, P2B 2 P1

7:30PM 1.5HR North Bay Online

Connection, ZOOM, North Bay, ON,
(C,D,JT,To,NS,WEB,VM)

MEETING FORMAT LEGEND

BT	Basic Text	C	Closed
CH	Closed Holidays	D	Discussion
JT	just for Today	M	Men
St	Step	To	Topic
W	Women	WC	Wheelchair
NS	No Smoking	WEB	Online Meeting
ASM	Area Service Meeting	VM	Virtual Meeting
HY	HY		

HELPLINES

Area 1	Number 1
Area 2	Number 2

SERVICE MEETINGS

3:30PM 1.5HR North Bay Area Service Committee of NA, Calvin Church &
ZOOM, Note This is an area service meeting that meets the Second Saturday of the
month unless it's a holiday and does not meet in the month of August. Hybrid online
- Public Information Subcommittee at 1:30 & Activities at 2:30 prior to regular
meeting, 401 First Ave. W., North Bay, ON, P1B 3C5, North Bay, ON, P1B 3C5
(WC,HY,ASM)



NORTH BAY AREA

MEETING LIST

JANUARY 2026

**24 HOUR HELPLINE
NUMBER**

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, page 65

<https://na.org>

SUGGESTIONS FOR EVERYONE

**DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS**

Meetings Weekly: 17