SUNDAY

7:30PM 1.5HR North Bay Online Connection Group of Narcotics Anonymous, ZOOM, North Bay, ON, **(C,D,JT,To,NS,WEB,VM)**

7:30PM 1.25HR Unity, Calvin Presbyterian Church, 2nd Floor, 401 First Ave. W., North Bay, ON, **(C,D,WC)**

MONDAY

7:00PM 1HR Be Brave, St. Mary Magdalene Anglican Church, 253 King Street, Sturgeon Falls, ON, P2B 3A1 **(CH)**

7:30PM 1.5HR North Bay Online Connection, ZOOM, North Bay, ON, **(C,D,JT,To,NS,WEB,VM)**

7:30PM 1HR Unity (Gratitude Meeting), Calvin Presbyterian Church, 3rd Floor, 401 First Ave. W., North Bay, ON, **(C,D)**

TUESDAY

7:00PM 1.5HR Stopping the Damage, Trinity United Church, Entrance at Side Door on Ferguson Street, 111 McIntyre St. E., North Bay, ON, P1B 1C5 **(C,D,JT)**

7:00PM 1HR Together We Can, Calvin Church, 401 First Ave. W., North Bay, ON, P1B 3C5 **(C,D,St,W,WC)**

7:30PM 1.5HR North Bay Online Connection, ZOOM, North Bay, ON, **(C,D,JT,To,NS,WEB,VM)**

WEDNESDAY

7:00PM 1.5HR Notoriously NA, The Door, 18 Brunel Rd., Huntsville, ON, P1H1P1 **(C,D,WC)**

7:30PM 1.5HR North Bay Online Connection, ZOOM, North Bay, ON, **(C,D,JT,To,NS,WEB,VM)**

7:30PM 1HR Recovery Way, Trinity United Church, Entrance at Side Door on Ferguson Street, 111 McIntyre St. E., North Bay, ON, P1B 1C5 **(C,CL,D,RF,Ti,COVID)**

THURSDAY

7:00PM 1HR Road to Recovery, 191 Main Street, Sturgeon Falls, ON, P2B 2P1

7:00PM 1.25HR Stopping the Damage, Trinity United Church, Entrance at Side Door on Ferguson Street, 111 McIntyre St. E., North Bay, ON, P1B 1C5 **(C,D,To)**

7:30PM 1.5HR North Bay Online Connection, ZOOM, North Bay, ON, **(C,D,JT,To,NS,WEB,VM)**

FRIDAY

7:00PM 1.25HR Steps to Recovery, Calvin Presbyterian Church, 401 First Ave. W., North Bay, ON, P1B 3C5 **(C,BT,D,St,To,WC)**

7:30PM 1.5HR North Bay Online Connection, ZOOM, North Bay, ON, **(C,D,JT,To,NS,WEB,VM)**

SATURDAY

1:30PM 1HR Stay Strong, 191 Main Street, Sturgeon Falls, ON, P2B 2 P1

7:00PM 1HR Notoriously NA NOTE: Meeting is in Huntsville, Trinity United Church, Use "West St" entrance, 33 Main St. E., Huntsville, ON, P1H 2C6 **(C,D)**

7:00PM 1HR Recovery Way, Trinity United Church, Entrance at Side Door on Ferguson Street, 111 McIntyre St. E., North Bay, ON, P1B 1C5 **(C,D,JT)**

7:30PM 1.5HR North Bay Online Connection, ZOOM, North Bay, ON, **(C,D,JT,To,NS,WEB,VM)**

MEETING FORMAT LEGEND

BT	Basic Text	C	Closed
CH	Closed Holidays	CL	Candlelight
D	Discussion	JT	Just for Today
RF	Rotating Format	St	Step
Ti	Timer	To	Topic
W	Women	WC	Wheelchair
NS	No Smoking	WEB	Online Meeting
ASM	Area Service Meeting	COVID	Covid Protocols
VM	Virtual Meeting	HY	HY

HELPLINES

Area 1 Number 1

Area 2 Number 2

SERVICE MEETINGS

3:30PM 1.5HR North Bay Area Service Committee of NA, Trinity United Church (Entrance at Side Door on Ferguson St.) NOTE: No Wheelchair Access at this location & ZOOM, Note This is an area service meeting that meets the Second Saturday of the month unless it's a holiday and does not meet in the month of August. Hybrid online - H&I Hospitals & Institutions Subcommittee at 2:30 prior to regular meeting, 111 McIntyre St. E.., North Bay, ON, P1B 1C5, North Bay, ON, P1B 1C5 **(HY,ASM)**

PHONE NUMBERS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, *page 65*

NORTH BAY AREA

MEETING LIST

SEPTEMBER 2026

24 HOUR HELPLINE
NUMBER

https://na.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 21