

**SUNDAY****Straight To Business - Toronto - 9:30AM**

Our Homes, Meeting ID: 82800227461 Password: 1234, 686 Broadview Avenue **(C,D,JT,HY)**

**Downtown Nooner - Toronto - NOON**

Meeting ID: 6886560346 Password: 1234, **(C,BT,D,JT,Tr,LC,VM)**

**Primary Purpose - Toronto - 1:00PM**

Community Centre 55, accessible entrance around the side, there is a button and someone will come to open, 97 Main Street **(C,D,WC)**

**Never Alone - Toronto - 1:30PM**

Transfiguration Church, 45 Ludstone Dr **(C,D,JT)**

**There Comes a Time - Toronto - 2:00PM**

Church of St. Mary Magdalene, 477 Manning Ave **(C,BT,JT,WC,LC)**

**Alive and Free - Toronto - 7:00PM**

St. Roch's Church, 2889 Islington Ave **(BT,IW,JT,WC,LC)**  
*Entrance south side, beside the parking lot*

**Inner Journey - Scarborough - 7:30PM**

West Hill United Church, Scarborough Boys and Girls Club, 62 Orchard Park Dr. **(C,D,WC)** *Front entrance, upstairs*

**Welcome Home - Toronto - 7:30PM**

Eastminster United Church, 310 Danforth Avenue **(O,D,SD,WC)** *Enter from Jackman Ave. Open Speaker with Closed Discussion break-out room.*

**Message of Hope - - 8:00PM**

**(VM)** *Farsi Speaking*

**MONDAY****Straight To Business - Toronto - 9:30AM**

Meeting ID: 82800227461 Password: 1234, **(C,D,JT,VM)**

**Downtown Nooner - Toronto - NOON**

Meeting ID: 6886560346 Password: 1234, **(C,BT,D,JT,Tr,LC,VM)**

**Fresh Start - Toronto - 12:30PM**

Antibes Community Centre, 140 Antibes Dr **(C,JT)** *Dance Studio Rm 007. Closed on statutory holidays incl. March Break*

**Keys to Freedom - Toronto - 7:00PM**

Oasis Employment, Doors open from 6:45-7pm, please come on time. Services animals only, no pets allowed. Not accessible, 921 Danforth Ave **(C,BK,ME,NP)**

**Miracles on Monday - Etobicoke - 7:00PM**

Royal York United Church, No Parking in church parking lot. Use side streets or Sunnylea school lot on Glenroy Ave, 851 Royal York Rd **(C,D)** *No pets except service animals allowed. Ennal Rm. Women's breakout meeting 2nd Monday of each month.*

**Why We Stay - Toronto - 7:00PM**

Meeting ID: 445123480 Password: 1234, **(C,D,JT,VM)**

**Steps To Serenity - Toronto - 7:30PM**

Meeting ID: 96610800512 Password: 1234, **(C,D,GL,JT,W,VM)** *Women, trans & non-binary*

**Clean & Serene - Toronto - 8:00PM**

Toronto Harbour Light, Common room, push the door buzzer to enter. parking in the rear, service animals only, 160 Jarvis St **(C,BT,D,IP,IW,JT,SD,St,WC,NS,ENG,NP,SPAD)** *Open all holidays.*

**New Life - Toronto - 8:00PM**

Saint Paul's Presbyterian Church-- enter off Hepbourne St., 700 Dovercourt Rd. **(C,SD,Ti,WC,NS,NP)** *No pets allowed.*

**TUESDAY****Straight To Business - Toronto - 9:30AM**

Meeting ID: 82800227461 Password: 1234, **(C,D,JT,VM)**

**Downtown Nooner - Toronto - NOON**

Meeting ID: 6886560346 Password: 1234, **(C,BT,D,JT,Tr,LC,VM)**

**Clean Off Queen - Toronto - 2:00PM**

Evangel Hall; enter through side entrance down the driveway on the east side of the building, doors open 1:45-2:00pm. Lot and street parking available, no parking on EHM property. Service animals only, no pets allowed., 552 Adelaide St West **(C,BT,D)** *\*\*Closed on Feb. 3rd. Closed on Stat. Holidays*

**New Horizons - Toronto - 7:00PM**

Calvary Baptist Church, 72 Main Street **(C,D,IP,IW,JT,LC)** *parking lot entrance, downstairs*

**New Path to a New Life - Toronto - 7:00PM**

West Neighbourhood House, 248 Ossington **(C,BT,D,IW,JT,WC,LC)** *Front door entrance at corner of Dundas & Ossington*

**The Message - Toronto - 7:15PM**

St. Michael and All Angels Church, enter by West side through wooden gate to glass door & up 2 flights of stairs, 611 St. Clair Ave West **(C,D,JT)**

**Message Of Hope - Richmond Hill - 7:30PM**

McConaghy Centre, room number 205, 10100 Yonge St **(C,SD,PER)** *Farsi speaking*

**Bring Your Own Book (BYOB) - Toronto - 8:00PM**

Rexdale Alliance Church, 2459 Islington Ave. **(C,BT,WC,LC)** *side entrance. No pets except service animals allowed*

**Faith Over Fear - Scarborough - 8:00PM**

Church of St. Andrew, 2333 Victoria Park Ave **(C,BT,IW,St,Tr,LC)** *North side entrance, in the basement*

**Lakeside Steps - Toronto - 8:00PM**

Franklin Horner Community Centre, 432 Horner Avenue **(C,BT,D,JT,LC)**

**WEDNESDAY****Straight To Business - Toronto - 9:30AM**

Meeting ID: 82800227461 Password: 1234, **(C,D,JT,VM)**

**Downtown Nooner - Toronto - NOON**

Meeting ID: 6886560346 Password: 1234, **(C,BT,D,JT,Tr,LC,VM)**

**Fresh Start - Toronto - 12:30PM**

Antibes Community Centre, 140 Antibes Dr **(C,JT)** *Dance Studio Rm 007. Closed on statutory holidays incl. March Break*

**Ground Zero - Toronto - 7:00PM**

Metropolitan Community Church of Toronto, 115 Simpson Ave **(C,D,JT,SPAD)** *Side entrance off Simpson Ave.*

**Russian Speaking Meeting - Toronto - 7:30PM**

349 Kenneth Ave *\*\* Russian Speaking*

**Awakenings - Etobicoke - 8:00PM**

Renforth Baptist Church, 627 Burnhamthorpe Rd. **(C,BT,D,WC,NP)**

**End of the Road - Toronto - 8:00PM**

Lawrence Heights Community Centre, 5 Replin Rd **(C,D,WC,NP)**

**Road to Recovery - Toronto - 8:00PM**

Forest Hill United Church, Meeting ID: 87953298694 Password: 1234, 2 Wembley Road **(C,BT,D,JT)** *Basement, parking available*

**THURSDAY****Straight To Business - Toronto - 9:30AM**

Meeting ID: 82800227461 Password: 1234, **(C,D,JT,VM)**

**Downtown Nooner - Toronto - NOON**

Meeting ID: 6886560346 Password: 1234, **(C,BT,D,JT,Tr,LC,VM)**

**Clean Off Queen - Toronto - 2:00PM**

Evangel Hall; enter through side entrance down the driveway on the east side of the building, doors open 1:45-2:00pm. Lot and street parking available, no parking on EHM property. Service animals only, no pets allowed., 552 Adelaide St West **(C,BT,D,IP,JT)** *\*\*Closed on stat. holidays*

**Full Circle - Toronto - 7:00PM**

Runnymede Community Church, 60 Colbeck Street

**How It Works - Toronto - 7:00PM**

Enter Jackman Avenue entrance, downstairs and follow the arrows to the Jackman room, 310 Danforth Ave **(C,BT,D,IW,WC)** *Doors open at 6:45. First Thursday of the month open speaker meeting*

**New Path to a New Life - Toronto - 7:00PM**

West Neighbourhood House, front door entrance at corner of Dundas & Ossington, 248 Ossington Ave **(C,BT,D)**

**Live Your Dreams - Toronto - 7:30PM**

St. John's York Mills Anglican Church, 19 Don Ridge Dr. **(C,BT,D,JT)**

**Message of Hope - - 8:00PM**

Toronto, **(PER,VM)** *\*\* Farsi Speaking*

**FRIDAY****Straight To Business - Toronto - 9:30AM**

Meeting ID: 82800227461 Password: 1234, **(C,D,JT,VM)**

**Downtown Nooner - Toronto - NOON**

Meeting ID: 6886560346 Password: 1234, **(C,BT,D,JT,Tr,LC,VM)**

**Fresh Start - Toronto - 12:30PM**

Antibes Community Centre, 140 Antibes Dr **(C,JT)** *Dance Studio Rm 007. Closed on statutory holidays incl. March Break*

**Any Lengths - Toronto - 7:00PM**

Scadding Court Community Centre, 707 Dundas St W **(BT,D,JT,St,WC,LC,NP)** *\*\* Closed April 3rd*

**Common Welfare - Toronto - 7:30PM**

CAMH Bell Gateway, second floor sacred space- room 2315, 100 Stokes St **(O,D,SL,WC,NS)** *\*\*ASL Interpreter the 2nd and Last Meeting of the Month\*\**

**Message of Hope - Richmond Hill, ON - 7:30PM**  
 10100 Yonge street (BK) \*\*April 3rd Farsi Speaking meeting  
 online, use link: <https://us06web.zoom.us/j/9463481837>

**Without Prejudice - Toronto - 7:30PM**  
 Ralph Thornton Community Centre, 3rd Floor, 765 Queen St  
 e (O,WC) \*\*Starting May 22nd new location: 686 Broadview  
 Ave

**Heart & Soul - Toronto - 8:00PM**  
 Meeting ID: 817 6114 4087 Password: 1234,  
 (C,JT,VM,SPAD)

**Luz De Vida - Toronto - 8:00PM**  
 22 Wenderly Dr (C,ES,IW,JT,St,Tr) Espanol.

**We Do Recover - Toronto - 8:00PM**  
 Saint Paul's Runnymede Anglican Church, 404 Willard  
 Avenue (D,JT) Last Friday of the Month is an Open Speaker  
 Meeting

**SATURDAY**

**Straight To Business - Toronto - 9:30AM**  
 Meeting ID: 82800227461 Password: 1234, (C,D,JT,VM)

**Downtown Nooner - Toronto - NOON**  
 Meeting ID: 6886560346 Password: 1234,  
 (C,BT,D,JT,Tr,LC,VM)

**Twelve by Twelve - Toronto - 1:00PM**  
 Ralph Thornton Community Centre, 765 Queen St E (C,D,JT)

**Recovery Comes First - Toronto - 2:00PM**  
 Cecil Street Community Centre, 58 Cecil Street  
 (C,BT,JT,WC,LC,SPAD) Basement

**Out in Recovery - Toronto - 3:15PM**  
 519 Community Centre, 519 Church Street (C,D,GL,JT)  
 Room number will change weekly due to renovations. The  
 room number will be listed at the front desk.

**Just For Today - Toronto - 7:30PM**  
 Church of St. David, 49 Donlands Avenue (C,D,JT)

**New Found Life - Toronto - 7:30PM**  
 Islington United Church, 25 Burnhamthorpe Rd  
 (C,D,JT,WC,NP)

**Never Too Young - Toronto - 8:00PM**  
 Broadview Homes, 686 Broadview Ave (C,BT,D,JT,YP)

**MEETING FORMAT LEGEND**

BT	Basic Text	C	Closed
D	Discussion	ES	Español
GL	Gay/Lesbian/Transgender	IP	Informational Pamphlet
IW	It Works -How and Why	JT	Just for Today
O	Open	SL	ASL
St	Step	Ti	Timer
Tr	Tradition	W	Women
WC	Wheelchair	YP	Young People
BK	Book Study	NS	No Smoking
ME	Meditation	ENG	English speaking
PER	Persian	LC	Living Clean
VM	Virtual Meeting	NP	No pets
HY	HY	SPAD	A Spiritual Principle a Day
SD	Speaker/Discussion		

Meetings Weekly: 62

**PHONE NUMBERS**

**SERVICE MEETINGS**

**Toronto Area Service Committee (TASC)** Meets virtually  
 on the second Sunday of each month at 10:00am. On long  
 weekends and Mother's Day, TASC meets on the first Sunday  
 of the month. Zoom ID: 917 7520 2304 | Password: 1234

**Activities Subcommittee** activities@torontona.org meets  
 on the first Sunday of the month from 12:00pm- 2:00pm  
 Zoom ID: 833 8909 3861 | Password: 1234

**Helpline Subcommittee** helpline@torontona.org  
 Meets on the last Wednesday of the month at 6:30pm  
 (orientation at 6pm) Zoom ID: 961 67144 253 | Password:  
 1234

**Hospitals & Institutions (H&I)  
 Subcommittee:** handi@torontona.org Meets every 3rd  
 Wednesday of the month at 7pm (orientation at 6:15pm).  
 Zoom ID: 853 3984 7488 | Password: 123456

**Public Relations Subcommittee:** pr@torontona.org Meets  
 on the last Tuesday of the month 6-7:30pm. Zoom ID: 842  
 7746 7703 | Password: 1234. Web Team:  
 webservant@torontona.org To update meeting details please  
 contact [meetinglist@torontona.org](mailto:meetinglist@torontona.org)

**Policies & Procedures Subcommittee** not currently  
 meeting



**SCAN ABOVE FOR MOST CURRENT LIST**

**LOOKING FOR MORE INFORMATION?**

pr@torontona.org Toronto Area Service Committee, PO Box  
 5700, Depot A, Toronto, ON M5W 1N8

**What is the NA message?** Our message is that an addict,  
 any addict, can stop using drugs, lose the desire to use, and  
 find a new way to live.

**MEETING LIST**



**WELCOME TO NA**

"We are a group of recovering addicts who meet  
 regularly to stay clean"

**MAY 2026**

**TORONTO AREA**  
[www.torontona.org](http://www.torontona.org)

**HELPLINE**  
 1-888-811-3887

**FIND MORE MEETINGS**

**ONTARIO REGION**  
[orscna.org](http://orscna.org)

**NA WORLD SERVICES**  
[na.org](http://na.org)

*We are not interested in what or how much you used or who  
 your connections were, what you have done in the past, how  
 much or how little you have, but only in what you want to do  
 about your problem and how we can help.*

*In the event of public holidays, please call the helpline  
 at **1-888-811-3887** to ensure the meeting is open.*