

## Meeting Format Legend

<b>B</b>	(Beginners) This meeting is focused on the needs of new members of NA.
<b>BL</b>	(Bi-Lingual) This Meeting can be attended by speakers of English and another language.
<b>BT</b>	(Basic Text) This meeting is focused on discussion of the Basic Text of Narcotics Anonymous.
<b>C</b>	(Closed) This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse.
<b>CH</b>	(Closed Holidays) This meeting gathers in a facility that is usually closed on holidays.
<b>CL</b>	(Candlelight) This meeting is held by candlelight.
<b>CS</b>	(Children under Supervision) Well-behaved, supervised children are welcome.
<b>D</b>	(Discussion) This meeting invites participation by all attendees.
<b>ES</b>	(Español) This meeting is conducted in Spanish.
<b>GL</b>	(Gay/Lesbian/Transgender) This meeting is focused on the needs of gay, lesbian and transgender members of NA.
<b>IP</b>	(Informational Pamphlet) This meeting is focused on discussion of one or more Informational Pamphlets.
<b>IW</b>	(It Works -How and Why) This meeting is focused on discussion of the It Works -How and Why text.
<b>JT</b>	(Just for Today) This meeting is focused on discussion of the Just For Today text.
<b>M</b>	(Men) This meeting is meant to be attended by men only.
<b>O</b>	(Open) This meeting is open to addicts and non-addicts alike. All are welcome.
<b>RF</b>	(Rotating Format) This meeting has a format that changes for each meeting.
<b>SG</b>	(Step Working Guide) This meeting is focused on discussion of the Step Working Guide text.
<b>SL</b>	(ASL) This meeting provides an American Sign Language (ASL) interpreter for the deaf.
<b>St</b>	(Step) This meeting is focused on discussion of the Twelve Steps of NA.
<b>Ti</b>	(Timer) This meeting has sharing time limited by a timer.
<b>To</b>	(Topic) This meeting is based upon a topic chosen by a speaker or by group conscience.
<b>Tr</b>	(Tradition) This meeting is focused on discussion of the Twelve Traditions of NA.
<b>W</b>	(Women) This meeting is meant to be attended by women only.
<b>WC</b>	(Wheelchair) This meeting is wheelchair accessible.
<b>YP</b>	(Young People) This meeting is focused on the needs of younger members of NA.
<b>OE</b>	(Open-Ended) No fixed duration. The meeting continues until everyone present has had a chance to share.
<b>BK</b>	(Book Study) Approved N.A. Books
<b>NS</b>	(No Smoking) Smoking is not allowed at this meeting.
<b>AB</b>	(Ask-It-Basket) A topic is chosen from suggestions placed into a basket.
<b>ME</b>	(Meditation) This meeting encourages its participants to engage in quiet meditation.
<b>QA</b>	(Question and Answer) Attendees may ask questions and expect answers from Group members.
<b>CW</b>	(Children Welcome) Children are welcome at this meeting.
<b>CP</b>	(Concepts) This meeting is focused on discussion of the twelve concepts of NA.
<b>ENG</b>	(English speaking) This Meeting can be attended by speakers of English.
<b>PER</b>	(Persian) Persian speaking meeting
<b>WEB</b>	(Online Meeting) This is a meeting that gathers on the Internet.
<b>LC</b>	(Living Clean) This is a discussion of the NA book Living Clean -The Journey Continues.
<b>ASM</b>	(Area Service Meeting)
<b>COVID</b>	(Covid Protocols) Must show proof of double vaccination and government picture ID
<b>SW</b>	(Written work on the steps) Written work on the steps
<b>NP</b>	(No pets)
<b>HY</b>	(HY) Meetings virtually and in person.
<b>LGBTQ+</b>	(LGBTQ+) Lesbian, gay, bisexual, transgender, questioning, and allies.
<b>SPAD</b>	(A Spiritual Principle a Day) This meeting is focused on discussion of the book A Spiritual Principle a Day.
<b>SD</b>	(Speaker/Discussion) This meeting is lead by a speaker, then opened for participation by attendees.
<b>So</b>	(Speaker Only) This meeting is a speaker-only meeting. Other attendees do not participate in the discussion.



## ONTARIO REGION & MANITOBA AREA OF NARCOTICS ANONYMOUS

### IN-PERSON MEETING LIST

**SEPTEMBER 2025**

### REGIONAL PHONE NUMBER

1-888-811-3887

### REGIONAL WEBSITE

[www.orscna.org](http://www.orscna.org)

All meeting times are in Eastern Standard Time

Meetings Weekly: 449

## ACTON

**Tuesday, 8:00PM Acton Recovery Group**, Trinity United Church, 70 Mill St E., Acton, ON, **(C,D)**

## AJAX

**Thursday, 7:30PM New Reality**, St.. Paul's United Church, 30 Person Capacity, 65 King's Crescent, Ajax, ON, **(C,D,WEB,HY)**  
<https://us02web.zoom.us/j/8607695927?pwd=SUNoM1pWOFRaMWhPb3hXeVlvNVNjQT09>  
**Saturday, 7:30PM Healing With Hope**, St Paul's United, 65 King Cres, Ajax, ON, **(C,D)**

## ALEXANDRIA

**Monday, 7:30PM First Things First**, Island Park - Sandfield Community Center, 102 Derby Street West, Alexandria, ON, 7:30PM - 9:00PM - *Literature based meeting. Join for fellowship before the meeting from 7:00 - 7:30*

## ALLISTON

**Tuesday, 7:30PM Sweet Surrender**, St John's United Church, Main Entrance, elevator available, 56 Victoria St East, Alliston, ON, **(O,RF,WC)**

## AMHERSTBURG

**Sunday, 7:00PM The Way Out**, Amherstburg Community Services, 320 Richmond Street, Amherstburg, ON, **(C,WC)**

## ARNPRIOR

**Wednesday, 7:00PM There Comes a Time**, The Kenwood Center, Room 102, 16 Edward St, Arnprior, ON, **(C,BT,D)**

## ATIKOKAN

**Friday, 6:30PM Atikokan Group**, Riverview United Church, 169 Pine Crescent, Atikokan, ON,

## AYLMER

**Wednesday, 6:30PM Celebrating with Hope Group**, 62 Talbot Street East, Aylmer, ON, **(O)**

## BANCROFT

**Wednesday, 7:30PM Together We Can**, Paul's United Church, 1 Hastings Street S., Bancroft, ON, **(C,D,WC)**

## BARRIE

**Sunday, 7:00PM Key to Freedom**, Ferris Lane Community Church, Side entrance through the inside doors room on the right, 49 Ferris Lane, Barrie, ON, **(C,BT,D,WC)**

**Monday, 7:30PM Freedom Steps**, Westminster Presbyterian Church, Rear door, 170 Steel Street, Barrie, ON, **(C,D)**

**Tuesday, 7:00PM Finally Home Group**, Ferris Lane Community Church, Side entrance, room on the right, not Kids Club room, 49 Ferris Lane, Barrie, ON, **(C,D,WC)**

**Tuesday, 7:30PM Georgian Heartland Women**, Grace United Church, 350 Grove St E, Barrie, ON, **(C,D,W,WC)**

**Wednesday, 7:30PM By The Book Group**, The Salvation Army, 151 Lillian Crescent, Barrie, ON, **(C,BT,D,BK)**

**Thursday, NOON Key to Freedom**, Ferris Lane Community Church, Side entrance by the gym, room on the right., 49 Ferris Lane, Barrie, ON, **(C,D)**

## WINDSOR (CONT)

**Friday, NOON The Nooner**, Emmanuel United Church, 1728 Lincoln Rd., Windsor, ON, **(O,D,NS,ENG)**

**Friday, 7:30PM Bridge of Friendship**, Peace Lutheran Church, 1985 Rossini Blvd., Windsor, ON, **(C,D,WC)**

**Saturday, 1:00PM Journey To Recovery**, New Song Church, Upstairs, 999 Drouilliard Rd., Windsor, ON, **(C,D,ENG)**

**Saturday, 7:00PM Ties That Bind Group**, Peace Lutheran Church, 1985 Rossini Ave, Windsor, ON, **(O,D,NS,ENG)**

## WINNIPEG

**Sunday, 7:30PM New Beginnings**, St. Mary's United Church, 613 St. Mary's Road, Winnipeg, MB, **(C,D,WC)**

**Monday, 8:00PM Miracles on Main**, Holy Trinity Church, basement on the right side when you come down the stairs, 1175 Main Street, Winnipeg, MB, **(C,St,WC)**

**Tuesday, 7:30PM Equinox Group**, First Presbyterian Church, 61 Picardy Place, Winnipeg, MB, **(C,D,St)**

**Wednesday, 7:00PM Home At Last Group**, Gordon King Memorial, 127 Cobourg Ave., Winnipeg, MB, **(O,CL,D,WC,CW)** *Speaker meeting every 4th Weds of month*

**Thursday, 7:00PM Genesis Group**, Atlantic-Garden City United Church, Use Arlington Street Entrance, 725 Atlantic Ave., Winnipeg, MB, **(C,St,WC)**

**Friday, 1:00PM Miracles on Main**, Holy Trinity Church, basement on the right side when you come down the stairs, 1175 Main Street, Winnipeg, MB, **(C,St,WC)**

**Friday, 7:00PM Genesis Group**, Atlantic-Garden City United Church, Use Arlington Street Entrance, 725 Atlantic Ave., Winnipeg, MB, **(C,CL,St,WC)**

**Saturday, 7:00PM Genesis Group**, Atlantic-Garden City United Church, Use Arlington Street Entrance, 725 Atlantic Ave., Winnipeg, MB, **(C,St,WC)**

## WOODBIDGE

**Tuesday, 8:00PM Lonely Hearts**, Woodbridge United Church, 8090 Kipling Ave. N., Woodbridge, ON, **(C,D,WC)**

**Friday, 7:30PM Woodbridge To Freedom**, Woodbridge United Church, 8090 Kipling Ave., Woodbridge, ON, **(D)**

## WOODSTOCK

**Sunday, 7:00PM New Horizons**, The Church of the Epiphany, Front Door, 560 Dundas Street, Woodstock, ON, **(JT,RF,St)**

**Tuesday, 7:00PM New Horizons**, The Church of the Epiphany, Front Door, 560 Dundas Street, Woodstock, ON, **(JT,RF,St)**

## WHEATLEY

**Thursday, 7:30PM The Wheatley Warriors**, 108 Talbout Road East, Wheatley, ON, (C,WC)

## WHITBY

**Friday, 7:30PM Living Clean The NA Way**, St. John's Anglican Church, 150 Victoria Street E, Whitby, ON, (C,D,WEB,LC)

## WIARTON

**Thursday, 3:00PM Sunshine Group**, Salvation Army church, Main entrance, 576 Edward Street, Wiarton, ON, (O,D,WC)

**Friday, 7:00PM Breaking Free**, Baptist Church, 356 Frank Street, Wiarton, ON, (O,BT,WC)

## WINDSOR

**Sunday, 7:30PM Staying Clean**, New Song Church, 993 Drouillard Rd., Windsor, ON, (C,D,WC,NS)

**Monday, NOON The Nooner**, Emmanuel United Church, 1728 Lincoln Rd., Windsor, ON, (O,D,NS,ENG)

**Monday, 6:00PM The Phoenix Group**, Salvation Army, 355 Church Street, Windsor, ON, (C,D,ENG)

**Monday, 7:30PM Back to Basics**, Downtown Windsor Community Collaborative, 502 Wyandotte St. W., Windsor, ON,

**Monday, 7:30PM Speakeasy**, Chateau Masson Cafeteria, Enter behind the building in courtyard, 415 University Avenue East, Windsor, ON, (O,NS,ENG) *Free parking at 333 Glengarry lot*

**Tuesday, NOON The Nooner**, Emmanuel United Church, 1728 Lincoln Rd., Windsor, ON, (O,D,NS,ENG)

**Tuesday, 6:30PM Sisters in Strength**, Emmanuel United Church, backdoor, 1728 Lincoln Rd., Windsor, ON,

**Tuesday, 7:30PM Honesty Group**, Peace Lutheran Church, 1985 Rossini Boulevard, Windsor, ON, (C,D)

**Wednesday, 10:30AM Living in the Solution**, 3520 Dougall Avenue, Windsor, ON, (C,D,WC,ENG)

**Wednesday, NOON The Nooner**, Emmanuel United Church, 1728 Lincoln Rd., Windsor, ON, (O,D,NS,ENG,COVID)

**Wednesday, 7:00PM Rainbow Recovery**, Freedom Church, Side entrance, 2180 Howard Ave, Windsor, ON, (C,LGBTQ+) *Begins June 20th, 2023*

**Wednesday, 7:00PM There's Still Hope**, St. Alphonsus Church, 85 Park St. E., Windsor, ON, (C,D,WC,NS)

**Wednesday, 7:30PM Wednesday Night Group**, St. Augustine Church, 5145 Wyandotte Street East, Windsor, ON, (C,WC)

**Thursday, 9:30AM Rise and Shine**, New Song Church (Upstairs), 999 Drouillard Road, Windsor, ON, (C)

**Thursday, NOON The Nooner**, Emmanuel United Church, 1728 Lincoln Rd., Windsor, ON, (O,D,NS,ENG,COVID)

**Thursday, 7:30PM Miracles Happen**, Peace Lutheran Church, 1985 Rossini Blvd, Windsor, ON, (C,D)

## BARRIE (CONT)

**Thursday, 8:00PM Carry The Message Group**, Westside Lutheran Church, Back door, 510 Ferndale Dr N, Barrie, ON, (C,JT,St,WC,QA)

**Friday, 8:00PM Freedom Steps**, Westminster Presbyterian Church, Rear door, 170 Steel Street, Barrie, ON, (C,D)

**Saturday, 6:00PM Finally Home**, Ferris Lane Community Church, Side entrance, room on the right, not Kids Club room, 49 Ferris Lane, Barrie, ON, (C,D,WC)

**Saturday, 7:30PM New Beginning Group**, Collier Street United Church, Starts May 3rd, 112 collar street, Barrie, ON, (C,St)

## BEAMSVILLE

**Monday, 7:00PM Niagara NA Foundation**, Trinity United Church, Speaker Meeting on last Monday of month, 4287 William St., Beamsville, ON, (BT,BK)

**Friday, 8:00PM The Courage to Change Group**, St. Alban's Anglican Church, 4341 Ontario St., Beamsville, ON, (O,BT)

## BELLE RIVER

**Monday, 7:00PM A New Way to Live**, 352 County Road 2, Belle River, ON,

## BELLEVILLE

**Wednesday, 7:30PM New Experience Group**, Saint Thomas Anglican Church, masks optional, 201 Church Street, Belleville, ON, (O,D) *NE Corner of Bridge & Church Streets*

**Thursday, 8:00PM Hope Not Dope Group**, Bridge Street United Church, 60 Bridge Street East, Belleville, ON, (O,D,WC)

## BOWMANVILLE

**Monday, 7:00PM Without Parallel**, Salvation Army, St Joseph's Church, 127 Liberty St S, Bowmanville, ON, (C,D,SD,BK)

**Thursday, 8:00PM How It Works**, Memorial Park Club House, 120 Liberty St. S., Bowmanville, ON, (C,D)

## BRACEBRIDGE

**Monday, 7:00PM We Can Work It Out**, Bracebridge United Church, additional parking in back parking lot, 46 Dominion Street, Bracebridge, ON, (C,D,WC)

**Friday, 7:00PM We Can Work It Out Group**, Bracebridge United Church, additional parking in back parking lot, 46 Dominion Street, Bracebridge, ON, (C,D,WC)

## BRAMPTON

**Sunday, 7:00PM Steps Keep You Clean**, Christ Church, \*Woman's break out meeting on the last Sunday of each month, 4 Elizabeth Street North, Brampton, ON, (C,D,WC)

**Monday, 8:00PM Living In Recovery**, Grace United Church, 156 Main St. N., Brampton, ON, (C,B,D,JT)

**Tuesday, 7:30PM Fresh Start**, William Osler Withdrawal Management Centre, 135 McLaughlin Road. South., Brampton, ON, (C,D,To,WC,OE,NS)

**Wednesday, NOON Responsible Choice**, Emmanuel United Church, at Bramalea Rd, north of Steeles, south of Hwy 7, 420 Balmoral Dr., Brampton, ON, (C,D,WC,BK)

**Wednesday, 7:30PM We Do Recover**, Emmanuel United Church, 420 Balmoral Dr, Brampton, ON, (C,D,WC)

**Thursday, 8:00PM New Hope**, St. Andrew's Presbyterian Church, 1 block east of Main, 44 Church St. E., Brampton, ON, (C,D,JT,St,CP)

## BRAMPTON (CONT)

**Friday, NOON Responsible Choice**, Emmanuel United Church, at Bramalea Rd, north of Steeles, south of Hwy 7, 420 Balmoral Dr., Brampton, ON, **(C,D,BK)**

**Friday, 8:00PM Miracles Happen**, St. Leonard's place, 1105 Queen Street East, Brampton, ON, **(C,D,WC)**

**Saturday, 10:00AM The Ties That Bind**, St. Andrew's Presbyterian Church, \*\*Second floor, Rm 215. Entry through the rear door.\*\*, 44 Chruch Street East, Brampton, ON, **(C,O,D)** *Open Meeting for Medallions.*

**Saturday, 5:00PM Zindadil Zindgi Punjabi Speaking Meeting**, Emmanuel United Church, 420 Balmoral Dr, Brampton, ON, **(C)**

**Saturday, 7:00PM Zindadil Zindgi Punjabi Speaking Meeting**, Emmanuel United Church, 420 Balmoral Dr, Brampton, ON, **(C,D)**

## BRANDON

**Sunday, 8:00PM Hope Group**, Wheel Chair Accessable, Please use backdoor, 153 8th Street, Brandon, MB, **(C,WC)**

**Monday, 8:30PM Westman Group**, St. Mary's Anglican Church, 401 - 1st Street, Brandon, MB, **(C,WC)**

**Tuesday, 8:00PM Hope Group**, Please use backdoor, 153 8th Street, Brandon, MB, **(C,M,W,WC)**

**Wednesday, 7:30PM Westman Group**, AFM facility, AFM door at back, 510 Frederick Street, Brandon, MB, **(C,WC,NS)**

**Thursday, 8:00PM Hope Group - Women's meeting**, Wheel Chair Accessable, Please use backdoor, 153 8th Street, Brandon, MB, **(C,WC)**

**Friday, 9:30PM Westman Group**, St. Mary's Anglican Church, 401 - 1st Street, Brandon, MB, **(C,WC)**

## BRANTFORD

**Sunday, 7:30PM Hugs Not Drugs**, 69 Superior Street, Brantford, ON, **(O)**

**Monday, 7:30PM New Beginnings**, Grace Anglican Church, @ West St. & Pearl St. - Formerly relocated April 4, 2022 from Cornerstone Church, 4 Pearl St., Brantford, ON, **(C,D,JT,St,Tr)**

**Wednesday, 7:30PM Hugs not Drugs**, 69 Superior Street, Brantford, ON, **(C,BT,D,WC)**

**Thursday, 7:30PM Hope Not Dope**, Brant Community Church, 69 Superior St, Brantford, ON, **(C,D,IW)**

**Friday, 7:30PM Hugs Not Drugs**, 69 Superior Street, Brantford, ON, **(O)**

**Saturday, 10:30AM Hope Not Dope**, Brant Community Church, 69 Superior St, Brantford, ON, **(O)**

## BROCKVILLE

**Sunday, 7:00PM Never Alone, Never Again**, 5 Wall Street, Brockville, ON, **(BT,D,BK,LC)** *Living Clean: week 1. Basic Text: week 2. SPAD: week 3. Speaker: last Sun/month*

**Monday, 7:00PM Meeting Makers Make It**, Wall Street Church, Serenity Room, 5 Wall Street, Brockville, ON, **(O,D)**

**Wednesday, 6:30PM Brock House Serenity Starts Here**, Wall Street Church, Serenity Room, 5 Wall Street, Brockville, ON, **(O,D,WC)**

## TORONTO (CONT)

**Saturday, 2:00PM Recovery Comes First**, Cecil Street Community Centre, 58 Cecil Street, Toronto, **(C,BT,JT,WC,LC,SPAD)** *basement*

**Saturday, 3:15PM Out in Recovery**, 519 Community Centre, Room 301, 519 Church Street, Toronto, ON, **(C,D,GL,JT)** *Closed June 21st, 28th and July 5th*

**Saturday, 7:30PM Just For Today**, Church of St. David, 49 Donlands Avenue, Toronto, ON, **(C,D,JT)**

**Saturday, 7:30PM New Found Life**, Islington United Church, 25 Burnhamthorpe Rd, Toronto, ON, **(C,D,JT,WC,NP)** *Meeting Upstairs Until the End of Summer*

**Saturday, 8:00PM Never Too Young**, Broadview Homes, 686 Broadview Ave, Toronto, ON, **(C,BT,D,JT,YP)**

## VAL THERESE

**Tuesday, 7:30PM Pathway to Peace Group**, St James In The Valley United Church, 4510 Tate Blvd, Val Therese, ON, **(O,BT,BK,NS,HY)**

<https://meet.google.com/qoz-gzmu-ssf>, Link includes code to get in, please have your basic text since it will not be posted at meeting

## WALPOLE ISLAND FIRST NATION

**Tuesday, 7:00PM White Wolf Recovery Healing Circle Group**, St. Johns The Baptist Anglican Church, 123 Tecumseh, Walpole Island First Nation, ON, **(O)**

## WASAGA BEACH

**Monday, 7:00PM Recovery on the Beach Group**, Presbyterian Church, rear door, 208 Mosley Street, Wasaga Beach, ON,

**Friday, 7:00PM Recovery on the Beach Group**, Presbyterian Church, rear door, 208 Mosley Street, Wasaga Beach, ON, **(C,D)**

## WATERLOO

**Sunday, 7:30PM Step Into Recovery**, Trillium Lutheran Church - Coach House, Behind main building, 22 Willow St. (at William), Waterloo, ON, **(C,So,St,Tr,WC,BK)**

**Tuesday, 7:30PM Lust for Life**, First United Church, Back Door Entrance, 16 William St. W., Waterloo, ON, **(O,BT,D,WC)**

**Wednesday, 7:30PM Freedom Group**, Trillium Lutheran Church - Coach House, Behind main building, 22 Willow St. (at William), Waterloo, ON, **(O,D,WC)**

**Saturday, 9:00AM New Chapters**, Emmanuel United Church, Back door entrance. Ring NA door bell for access., 22 Bridgeport Rd. W, Waterloo, ON, **(O,D,JT,To)** *Literature read: JFT and SPAD*

## WELLAND

**Sunday, 7:00PM Never Alone**, Christ Community Church, Rear entrance from the parking lot off Division st., 224 Division St, Welland, ON, **(O,BT,D,JT,Tr,LC)**

**Wednesday, 7:00PM Just For Today**, Holy Trinity Church, 77 Division St., Welland, ON, **(O,D,JT,WC)**

**Thursday, 7:00PM Never Alone**, Christ Community Church, Rear entrance from the parking lot off Division st., 224 Division St, Welland, ON, **(O,BT,D,JT,Tr,LC)**

## WESTPORT

**Friday, 7:00PM Live and Let Live**, Westport United Church, 27 Spring Street, Westport, ON, \*\*\*\*\**First Meeting is on October 3rd, 2025 @ 7 pm*\*\*\*\*\*

## TORONTO (CONT)

**Tuesday, 8:00PM Bring Your Own Book (BYOB)**, Rexdale Alliance Church, 2459 Islington Ave., Toronto, ON, **(C,BT,WC,LC)** *side entrance. No pets except service animals allowed*

**Tuesday, 8:00PM Lakeside Steps**, Franklin Horner Community Centre, 432 Horner Avenue, Toronto, ON, **(C,BT,D,JT,LC)**  
<https://us04web.zoom.us/j/173204170>

**Tuesday, 8:00PM Luz de Vida**, 22 Wenderly Dr, Toronto, ON, **(C,ES,IW,JT,St,Tr)**

**Wednesday, 12:30PM Fresh Start**, Earl Bales Park, Picnic benches by the parking lot across from the Holocaust Memorial, 4169 Bathurst St, Toronto, ON, **(C,JT)**

**Wednesday, 7:00PM Ground Zero**, Metropolitan Community Church of Toronto, 115 Simpson Ave, Toronto, ON, **(C,LC)**

**Wednesday, 8:00PM End of the Road**, Lawrence Heights Community Centre, 5 Replin Rd, Toronto, ON, **(C,D,WC,NP)** *In dance studio*

**Wednesday, 8:00PM Road to Recovery**, Forest Hill United Church, Meeting ID: 87953298694 Password: 1234, 2 Wembley Road, Toronto, ON, **(C,BT,D,JT)** *Basement, parking available*

**Thursday, 2:00PM Clean Off Queen**, Evangel Hall; enter through side entrance down the driveway on the east side of the building, doors open 1:45-2:00pm. Lot and street parking available, no parking on EHM property. Service animals only, no pets allowed., 552 Adelaide St West, Toronto, ON, **(C,BT,D,IP,JT)**

**Thursday, 7:00PM Full Circle**, Runnymede Community Church, 60 Colbeck Street, Toronto, ON,

**Thursday, 7:00PM How It Works**, Eastminster United Church, Enter Jackman Avenue entrance, downstairs and follow the arrows to the Jackman room, 310 Danforth Avenue, Toronto, ON, **(C,BT,D,IW,WC)** *Doors open at 6:45. First Thursday of the month open speaker meeting*

**Thursday, 7:00PM New Path to a New Life**, West Neighbourhood House, front door entrance at corner of Dundas & Ossington, 248 Ossington Ave, Toronto, ON, **(C,BT,D)**

**Thursday, 7:30PM Live Your Dreams**, St. John's York Mills Anglican Church, 19 Don Ridge Dr., Toronto, ON, **(C,BT,D,JT)**

**Friday, 12:30PM Fresh Start**, Earl Bales Park, Picnic benches by the parking lot across from the Holocaust Memorial, 4169 Bathurst St, Toronto, ON, **(C,JT)**

**Friday, 7:00PM Any Lengths**, Scadding Court Community Centre, 707 Dundas St W, Toronto, ON, **(BT,D,JT,St,WC,LC,NP)**

**Friday, 7:30PM Common Welfare**, CAMH Bell Gateway, second floor sacred space-room 2315, 100 Stokes St, Toronto, ON, **(O,D,SL,WC,NS)** *\*\*ASL Interpreter the 2nd and Last Meeting of the Month\*\**

**Friday, 7:30PM Without Prejudice**, Ralph Thornton Community Centre, 3rd Floor, 765 Queen St e, Toronto, ON, **(O,WC)**

**Friday, 8:00PM Luz De Vida**, 22 Wenderly Dr, Toronto, ON, **(C,ES,IW,JT,St,Tr)** *Espanol. On Sept 5 meeting will be held at 2981 Dufferin St @7 pm.*

**Friday, 8:00PM We Do Recover**, Saint Paul's Runnymede Anglican Church, 404 Willard Avenue, Toronto, ON, **(D,JT)** *Last Friday of the Month is an Open Speaker Meeting*

**Saturday, 1:00PM Twelve by Twelve**, Ralph Thorton Community Centre, 765 Queen St E, Toronto, ON, **(C,D,JT)** *2nd floor*

## BROCKVILLE (CONT)

**Friday, 7:30PM We Choose Freedom**, Saint Lawrence Anglican Church, 80 Pine Street, Brockville, ON, **(O,D,St,To,Tr)**

**Saturday, 6:30PM Stepping Into Saturday**, Wall Street Church, Serenity Room, 5 Wall Street, Brockville, ON, **(O,BT,WC,BK)**

## BURLINGTON

**Sunday, 12:30PM The Brunch Club**, Burlington Baptist Church, Sunday 12.30 enter through the old chapel doors, 2225 New St., Burlington, ON, **(D)**

**Monday, 7:00PM Living Hope**, Burlington Baptist Church, old hall which is to the left at the top of the stairs, 2225 New Street, Burlington, ON, **(O,BT,D)**

**Wednesday, 7:00PM Never Stand Alone**, Burlington East Presbyterian Church, Enter through church back door., 505 Walkers Line, Burlington, ON, Burlington, ON, **(C,D)**

**Thursday, 7:00PM Steps To Freedom**, Burlington East Presbyterian Church, Note: This location is Fragrance Free, 505 Walkers Line, Burlington, ON, **(C,BT,D,SD,WC)**  
*\*\*Women's breakout meeting, every 3rd Thursday of the month\*\* \*Speaker meeting on the last Thursday of each month \**

## CALEDONIA

**Thursday, 7:30PM Rivers Edge Group**, Grace United Church, Fellowship Room, 174 Caithness Street East, Caledonia, ON, **(WC,BK)**

## CAMBELLFORD

**Sunday, 7:00PM Severn Ties**, 179 Saskatoon Ave, Cambellford, ON,

## CAMBRIDGE

**Monday, 7:00PM Clean Times**, Trillium United Church, Entrance on Waterloo St., ring buzzer., 450 King Street E, Cambridge, ON, **(C,D,BK)**

**Wednesday, 7:00PM Desire To Change**, St. Ambrose Church, Side Entrance to Basement.\*SPEAKER MEETING 1st WED of the month\*, 210 South St., Cambridge, ON, **(O,D,SD,WC,BK)**

**Thursday, 7:00PM Together We Can**, Preston Mennonite Church, 791 Concession Rd., Cambridge, ON, **(O,D,WC)**

**Saturday, 7:30PM By The Book**, Trillium United Church, Entrance on Waterloo St, 450 King St., Cambridge, ON, **(C,D,BK)**

## CARLETON PLACE

**Sunday, 7:00PM United We Can**, United Church Zion-Memorial, 37 Franklin Street, Carleton Place, ON, **(C,D)**

**Wednesday, 7:00PM CPR Group**, Saint Mary's Church, Speaker meeting on last Wednesday of the month, 28 Hawthorne Avenue, Carleton Place, ON, **(C,BT,D,WC)**  
*Open Speaker Celebrations last Wed/month*

## CHATHAM

**Saturday, 7:00PM New Beginnings**, Saint Andrew's United Church, 85 William Street South, Chatham, ON, **(C,D,ENG)**

## CHELMSFORD

**Wednesday, 7:15PM Just for Today**, St. Alexander's Church, 100 Gaudette St, Chelmsford, ON, **(O,D,To)**

## COLLINGWOOD

**Sunday, 7:00PM Recovery 180**, First Presbyterian Church, 200 Maple Street, Collingwood, ON, **(C,D)**

## CORNWALL

**Friday, 7:00PM Attitude of Gratitude**, St. Matthew's Church, 1509 Second St W, Cornwall, ON,

## COURTICE

**Sunday, 7:00PM The Terminally Hip**, Faith United Church, Step 6 Meeting, 1778 Nash Rd., Courtice, ON, **(D,SD,BK,NS)**

## ELLIOT LAKE

**Thursday, 7:00PM Star of the North**, Gentle Shepard Christian Church, 3 Ottawa Ave., Elliot Lake, ON, **(O,D,WC)**

**Saturday, 7:00PM Primary Purpose**, St. Andrew's Anglican Church, 13 Roman Ave., Elliot Lake, ON, **(C,So)**

## ESPANOLA

**Tuesday, 7:30PM Espanola Northern Lights Group**, Espanola United Church, Downstairs, 137 Sheppard Street, Espanola, ON, **(O,D,To,NS)**

**Saturday, 7:30PM Espanola Northern Lights Group**, Espanola United Church, Side Door, 137 Sheppard Street, Espanola, ON, **(O,BT,BK,NS)**

## ESSEX

**Sunday, 7:30PM Welcome Home**, Essex Masonic Temple Lodge, 30 Laird Ave, Essex, ON, **(C)**

## ETOBICOKE

**Monday, 7:00PM Miracles on Monday**, Royal York United Church, No Parking in church parking lot. Use side streets or Sunnylea school lot on Glenroy Ave, 851 Royal York Rd, Etobicoke, ON, **(C,D)** *No pets except service animals allowed. Queensway room, basement, first door on the right when facing the church*

**Wednesday, 8:00PM Awakenings**, Renforth Baptist Church, 627 Burnhamthorpe Rd., Etobicoke, ON, **(C,BT,D,WC,NP)**

**Wednesday, 8:00PM Awakenings**, Renforth Baptist Church, 627 Burnhamthorpe Rd, Etobicoke, ON, **(BT,CP,NP)**

## FENELON FALLS

**Tuesday, 7:30PM Into Recovery**, St. Andrews Church, 89 Colborne St., Fenelon Falls, ON, **(C,D)**

**Friday, 7:30PM Into Recovery**, St. Andrews Church, 89 Colborne St, Fenelon Falls, ON, **(C,D)**

## FERGUS

**Tuesday, 7:30PM Serenity On The Grand**, St. James Anglican, 171 Queen St. E, Fergus, ON, **(O,D,WC)**

## FORT ALEXANDER

**Thursday, 7:00PM Never Alone**, Sagkeeng Health Centre, Last Thursday speaker & birthday night, 50017 MB-11 B, Fort Alexander, MB, **(WC)**

## TIMMINS (CONT)

**Friday, 7:30PM Why Are We Here Group**, Saint Mathew's Cathedral, 331 Fifth Avenue, Timmins, ON, **(C,D,IW)**

## TORONTO

**Sunday, 9:30AM Straight To Business**, Our Homes, Meeting ID: 82800227461

Password: 1234, 686 Broadview Avenue, Toronto, ON, **(C,D,JT,HY)**

<https://us02web.zoom.us/j/82800227461?pwd=M1JQSlgxWE9lZDlmb1ZZWXhVN09oZz09>

**Sunday, 1:00PM Primary Purpose**, Community Centre 55, accessible entrance around the side, there is a button and someone will come to open, 97 Main Street, Toronto, ON, **(C,D,WC)**

**Sunday, 1:30PM Never Alone**, Transfiguration Church, 45 Ludstone Dr, Toronto, ON, **(C,D,JT)**

**Sunday, 2:00PM There Comes a Time**, St. Matthias Anglican Church, 49 Bellwoods Avenue, Toronto, **(C,BT,JT,WC,LC)**

<https://zoom.us/j/724383518>

**Sunday, 7:00PM Alive and Free**, St. Roch's Church, 2889 Islington Ave, Toronto, ON, **(BT,IW,JT,WC,LC)** *Entrance south side, beside the parking lot*

**Sunday, 7:30PM Welcome Home**, Eastminster United Church, Meeting ID: 813 3322 6280 Password: 310, 310 Danforth Avenue, Toronto, ON, **(C,D,WC,HY)** *Enter from Jackman Ave*

<https://us06web.zoom.us/j/81333226280>

**Monday, 12:30PM Fresh Start**, Earl Bales Park, Picnic benches by the parking lot across from the Holocaust Memorial, 4169 Bathurst St, Toronto, ON, **(C,JT)**

**Monday, 7:00PM Keys to Freedom**, Oasis Employment, Doors open from 6:45-7pm, please come on time. Services animals only, no pets allowed. Not accessible, 921 Danforth Ave, Toronto, ON, **(C,BK,ME,NP)**

**Monday, 8:00PM Clean & Serene**, Toronto Harbour Light, Common room, push the door buzzer to enter. parking in the rear, service animals only, 160 Jarvis St, Toronto, ON, **(C,BT,D,IP,IW,JT,SD,St,WC,NS,ENG,NP,SPAD)** *Open all holidays.*

**Monday, 8:00PM New Life**, Saint Paul's Presbyterian Church-- enter off Hepbourne St., 700 Dovercourt Rd., Toronto, ON, **(C,SD,Ti,WC,NS,NP)** *No pets allowed.*

**Tuesday, 2:00PM Clean Off Queen**, Evangel Hall; enter through side entrance down the driveway on the east side of the building, doors open 1:45-2:00pm. Lot and street parking available, no parking on EHM property. Service animals only, no pets allowed., 552 Adelaide St West, Toronto, ON, **(C,BT,D)** **\*\* Closed on Stat. Holidays**

**Tuesday, 7:00PM Lifesaver's Group**, CHIRS Building, 62 Finch Avenue West, Toronto, ON, **(O,BT,D,St,WC,BK)**

**Tuesday, 7:00PM New Horizons**, Calvary Baptist Church, 72 Main Street, Toronto, ON, **(C,D,IP,IW,JT,LC)** *parking lot entrance, downstairs*

**Tuesday, 7:00PM New Path to a New Life**, West Neighbourhood House, 248 Ossington, Toronto, ON, **(C,BT,D,IW,JT,WC,LC)** *Front door entrance at corner of Dundas & Ossington*

**Tuesday, 7:15PM The Message**, St. Michael and All Angels Church, enter by West side through wooden gate to glass door & up 2 flights of stairs, 611 St. Clair Ave West, Toronto, ON, **(C,D,JT)**

## SUDBURY (CONT)

**Monday, 7:30PM Guiding Principles of NA Group**, Calvin Presbyterian Church, 1114 Auger Avenue, Sudbury, ON, **(O,BT,D,Tr,WC,BK,NS)**

**Tuesday, 7:00PM Tuesday Step Ahead Group**, Calvin's Presbyterian Church, 1114 Auger Avenue, Sudbury, ON, **(C,SG,WC,BK,NS)**

**Wednesday, 7:30PM Wednesday Basic Text Study Group**, Ukrainian National Federation, Upstairs, 130 Frood Road, Sudbury, ON, **(O,BT,BK,NS)**

**Thursday, 7:30PM Thursday Night Message Of Recovery Group**, Sudbury Event Centre, 19 Regent Street, Sudbury, ON, **(O,D,To)**

**Friday, 7:30PM Friday Freedom Group**, Ukranian National Federation, Upstairs, 130 Frood Road, Sudbury, ON, **(O,D,NS,LC)**

**Saturday, 7:30PM Saturday Night Alive Group**, Ukranian National Federation, Upstairs, 130 Frood Road, Sudbury, ON, **(O,D,To,NS)**

## SUTTON

**Monday, 7:30PM BYOB North Group**, Salvation Army, 20898 Dalton Road, Sutton, ON, **(O,BT,St,WC,BK)**

## THEDFORD

**Wednesday, 8:00PM Hope & Freedom Group**, Knox Presbyterian Church, 182 Main St., Thedford, ON,  
<https://us02web.zoom.us/j/7619436485>, Password: 715433

## THUNDER BAY

**Sunday, 7:30PM Surrender Group**, The Gathering Place, Bus Lines: Mainline 1, Neebing 4, Edward 5 (Tradition meeting the 3rd Sunday of the month at 6:30 prior to the regular meeting), 239 Amelia St. West, Thunder Bay, ON, **(C,D,WC)**

**Monday, 7:00PM We Do Recover**, Salvation Army Journey to Life, 545 N. Cumberland Street, Thunder Bay, ON,

**Wednesday, 7:30PM Just for Today Group**, Harmony United Church, Bus Line: Hudson 7, 1 Shuniah St, Thunder Bay, ON, **(C,D,St,Tr)**

**Friday, 7:30PM Just for Today Group**, Harmony United Church, Bus Line: Hudson 7, 1 Shuniah St, Thunder Bay, ON, **(O)**

**Saturday, 7:30PM Freedom Group**, Bus Line: Northwood 10, 301 Lillie St North, Thunder Bay, ON, **(C,CL,RF)**

## TILLSONBURG

**Saturday, 11:00AM Walking the Walk**, Tillsonberg Public Library, 2 Library Lane, Tillsonburg, ON,

## TIMMINS

**Sunday, 7:30PM Why Are We Here Group**, Saint Mathew's Cathedral, 331 Fifth Avenue, Timmins, ON, **(C,D)**

**Monday, NOON Why Are We Here Group**, Saint Mathew's Cathedral, 331 Fifth Avenue, Timmins, ON, **(C,D)**

**Monday, 7:00PM Spirit of Recovery**, Cedar Meadows, Louis Riel Room or fireside meeting (weather permitting), 1000 Norman St., Timmins, ON, **(C,WC,SPAD)**

**Wednesday, 7:30PM Why Are We Here Group**, Saint Mathew's Cathedral, 331 Fifth Avenue, Timmins, ON, **(C,D,JT,To)**

## FORT ERIE

**Sunday, 7:00PM Pure Life**, Arid House, 89 Queen St., Fort Erie, ON, **(O,D,JT)** 25 Person MAX < show up early > COVID-19 guidelines must be followed

## FORT FRANCES

**Tuesday, 7:00PM Recovery is Possible**, 7PM Central Standard Time, 204 Frog Creek Rd, Fort Frances, ON, **(C)**

**Friday, 8:00PM Recovery Is Possible**, Knox United Church, 340 Church Street, Fort Frances, ON, **(C)**

**Saturday, 7:00PM Recovery Is Possible**, Knox United Church, 340 Church Street, Fort Frances, ON,

## GEORGETOWN

**Monday, 7:30PM Recovery By The River**, Norval United Church, 14015 Danby Rd., Georgetown, ON, **(C,BT,D,WC)**

**Friday, 7:30PM New Attitudes**, Norval United Church, 14015 Danby Rd, Georgetown, ON, **(O,D)**

## GIMLI

**Tuesday, 7:30PM Reeses Pieces Group**, Gimli Multiplex Building, 17 North Colonization Road (17 Loni Beach Road), Gimli, MB, **(HY)**  
<https://meet.google.com/zvm-agxg-sdc>

**Saturday, 7:30PM Reeses Pieces Group**, Gimli Multiplex Building, 17 North Colonization Road (17 Loni Beach Road), Gimli, MB, **(HY)**  
<https://meet.google.com/zvm-agxg-sdc>

## GODERICH

**Thursday, 7:00PM Whatever Works**, Knox Presbyterian Church, Open Speaker Meeting Last Thursday of the month, 9 Victoria Street North, Goderich, ON, **(C,O,BT,D,SD,HY)**  
<https://us02web.zoom.us/j/5170382430>, Password: 716842

## GRAVENHURST

**Tuesday, 7:00PM We Can Work It Out**, Saint Paul's Church, Rear entrance off Sharpe Street, 235 John Street South, Gravenhurst, ON, **(C,D)**

## GUELPH

**Sunday, 7:30PM Never Alone**, All Saints Lutheran Church, PLEASE USE BACK ENTRANCE, 210 Silvercreek Pkway N, Guelph, ON, **(O,D)**

**Monday, NOON Mid Day NA**, Hope House, Use main doors up staircase to top floor (first room on right) unless using elevator, 10 Cork Street E, Guelph, ON, **(O,D,JT,WC)**

**Monday, 6:15PM Living Clean**, Priory Park Baptist Church, \*\*Meeting time changes as of OCT 7 to 6:15pm - 7:15pm, 8 Torch Lane, Guelph, ON, **(C,CL,D,BK)**

**Monday, 7:30PM Phoenix Group**, First Baptist Church, 255 Woolwich St (at Norfolk), Guelph, ON, **(O,BT,D)**

**Tuesday, 7:15PM Keep It Simple**, Priory Park Baptist Church, 8 Torch Lane, Guelph, ON, **(C,D,BK)**

**Wednesday, NOON Mid Day NA**, Hope House, Use main doors up staircase to top floor (first room on right) unless using elevator, 10 Cork Street E, Guelph, ON, **(O,D,JT,WC)**

## GUELPH (CONT)

**Wednesday, 7:00PM Broken Elevator Group**, Sheldale Community Centre, Front Entrance, 20 Sheldale Crescent, Guelph, ON, **(C,WC)**

**Thursday, 7:30PM Welcome Home**, Priory Park Baptist Church, 8 Torch Lane, Guelph, ON, **(C,BT,D,So)**

**Friday, NOON Mid Day NA**, Hope House, Use main doors up staircase to top floor (first room on right) unless using elevator, 10 Cork Street E, Guelph, ON, **(O,D,JT,WC)**

**Friday, 7:00PM The Park Group**, Riverside Community Reformed Church, Starting May 9 every second Friday (weather permitting) the park group will be meeting outdoors at Riverside Park in front of the Windmill by the river, beside the Fire Station, on Speedvale. Fellowship 1st Friday of every month. after meeting, 79 Speedvale Ave E, Guelph, ON, **(O,D,WC)**

**Saturday, 10:00AM Awakening Group**, Holy Rosary Church, Rear Entrance. This meeting opens with an invited attendee reading a piece of NA literature, sharing on the topic for up to 10 minutes, followed by participation by attendees., 175 Emma St, Guelph, ON, **(O,D,WC)**

**Saturday, 7:30PM Phoenix Group**, First Baptist Church, Every FIRST Saturday of the month is a SPEAKER MEETING, 255 Woolwich St (at Norfolk), Guelph, ON, **(O,BT,SD)**

## HALIBURTON

**Thursday, 7:30PM Thursday Night Live**, The Link - Buisness Services and Events building, 5152 Haliburton county road 21, Haliburton, ON, **(C,JT,HY)**  
<https://us06web.zoom.us/j/89162425330?pwd=bxUm4BbrVWEpmmDxilil6cOT0D5Uzt.1>, Zoom I.D 891 6242 5330 Passcode 1234

## HAMILTON

**Sunday, 9:30AM Recovery in the Park**, Gage Park, We meet outside near the Children's Garden and baseball diamond next to the parking lot off Lawrence Rd. Inclement weather: meeting held in the Greenhouse., 42 Lawrence Rd, Hamilton, ON, **(O,D,IW,WC)** *Please bring a chair to the meeting, if possible.*

**Sunday, 7:00PM Courage to Change Group**, First Unitarian Church, 170 Dundurn Street South, Hamilton, ON, **(O,D,JT,WC,BK)**

**Sunday, 7:30PM Clean & Free Group**, Anglican Church of the Nativity, At Barons., 1831 King Street East, Hamilton, ON, **(O,JT,WC,SPAD)**

**Monday, 7:00PM Pride in Recovery This is a women and LGBTQ2+ focused meeting\*\* Meeting Will not take place On Statutory Holidays \*\***, Central Memorial Rec Centre (Stinson and Wellington), 93 West Avenue South, Hamilton, ON, **(C,D,BK,LGBTQ+)** *Located in the craft room, upstairs*

**Monday, 7:30PM H.O.W. Group**, Saint Joseph's Healthcare, Enter off Fennell Ave, through lobby to Seminar Room A217, 100 West 5th Street, Hamilton, ON, **(O,D,WC)**  
*Enter off Fennell outside the auditorium*

**Tuesday, 7:00PM Mountain Freedom Group**, Elliott Heights Baptist Church, 1300 Fennell Avenue East, Hamilton, ON, **(O,WC,BK)** *Bus: Upper Kenilworth to Fennell*

**Wednesday, 7:00PM Find A New Way**, New Vision Church, Enter thru the West Entrance, 24 Main Street West, Hamilton, ON, **(O,D)**

**Thursday, NOON Spiritual Awakenings**, Laidlaw United Church, 155 Ottawa St N, Hamilton, ON, **(C)**

## ST. CATHARINES (CONT)

**Thursday, 7:00PM End the Stigma**, Front entrance, 412 St. Paul St., St. Catharines, ON, **(JT,To)**

**Friday, 7:00PM Hope Dealers**, Silver Spire United Church, Entrance at the back of Church, 366 St. Paul St., St. Catharines, ON, **(O,BT,D)**

**Saturday, 7:00PM No Matter What Club**, Silver Spire Church, Back door, downstairs, 366 St. Paul Street, St. Catharines, ON, **(O,D,JT,SG,To,WC)**

## STEINBACH

**Monday, 7:00PM Steinbach Group of NA - It's Worth The Journey**, Steinbach Community Outreach, Grey Doors on West Side of Building, 354 Loewen Blvd, Steinbach, MB,

**Saturday, 7:00PM Steinbach Group of NA - It's Worth The Journey**, Steinbach Community Outreach, Grey Doors on West Side of Building, 354 Loewen Blvd, Steinbach, MB,

## STONEY CREEK

**Wednesday, 7:00PM New Beginnings Group**, Stoney Creek United Church, Entrance off of Lake Ave S - Board Room, 2nd Floor, 1 King St West, Stoney Creek, ON, **(O,D,JT,LC)**

## STRATFORD

**Sunday, 7:00PM Serenity Seekers**, Saint Paul's Anglican Church, Downstairs, 9 Douro Street, Stratford, ON, **(C,BT,D)**

**Tuesday, 8:00PM Serenity Seekers**, Saint Paul's Anglican Church, Downstairs, 9 Douro Street, Stratford, ON, **(C,D,LC)**

**Wednesday, 7:00PM Stopping The Damage**, St. Pauls Anglican Church, 9 Douro St, Stratford, ON, **(C,D)**

**Thursday, 7:00PM Serenity Seekers**, Saint Paul's Anglican Church, Downstairs, 9 Douro Street, Stratford, ON, **(C,BT,D,IW)**

**Friday, 7:00PM Recovery Happens**, St. Pauls Anglican Church, 9 Douro Street, Stratford, ON, **(C,BT,WC)**

## ST THOMAS

**Saturday, 7:30PM Walking In Recovery**, The Station, 16 Queen Street, St Thomas, ON, **(O,D)**

## STURGEON FALLS

**Monday, 7:00PM Be Brave**, St. Mary Magdalene Anglican Church, 253 King Street, Sturgeon Falls, ON, **(CH)**

## SUDBURY

**Sunday, 1:00PM Sunday Surrender Group of NA**, Iron Workers Locals 786, 97 St. George Street, Sudbury, ON, **(O,D,To,WC,NS)**

**Sunday, 7:00PM Just For Tonight Group**, Calvin Presbyterian Church, Downstairs, 1114 Auger Avenue, Sudbury, ON, **(O,D,IW,JT,WC,NS)** *Alternates weekly Just For Today and It Works How and Why*

**Monday, 7:30PM Basic Blues Group**, Iron Workers Local 786, 97 St George Street, Sudbury, ON, **(C,D,To,NS,QA)** *5 Min Meditation then Candle Light Sharing Last Meeting of the Month*



## SARNIA (CONT)

**Saturday, 7:00PM Together We Can**, Emmanuel Presbyterian Church, The corner of Russell St and Kathleen St., 120 Russell St, South, Sarnia, ON, **(C,D)**

## SAULT STE. MARIE

**Monday, 7:30PM Golden Eagle Group**, Community Resource Centre, 725 Wellington St. E., Sault Ste. Marie, ON, **(C,WC)**

**Wednesday, 8:00PM Living Clean Group**, Community Resource Building, 725 Wellington St. E., Sault Ste. Marie, ON, **(O,WC)**

**Thursday, 6:30PM Reality Group**, Emmaus Anglican Church, 1643 Wellington Street East, Sault Ste. Marie, ON, **(C,JT,WC)** *Last Thursday of month is an open meeting*

**Friday, 7:30PM It Works, How & Why**, Club 14, 236 John St., Sault Ste. Marie, ON, **(O)**

**Friday, 8:00PM New Beginnings Group**, Community Resource Centre, 725 Wellington St. E., Sault Ste. Marie, ON, **(C,CL,WC)**

**Saturday, 8:00PM Saturday Night Live Group**, Community Resource Centre, 725 Wellington St. E., Sault Ste. Marie, ON, **(C,WC)**

## SAULT STE MARIE

**Sunday, 7:00PM Courage To Change**, Emmaus Anglican Church, 1643 Wellington St East, Sault Ste Marie, ON, **(O,WC)**

## SCARBOROUGH

**Sunday, 7:30PM Inner Journey**, West Hill United Church, Scarborough Boys and Girls Club, 62 Orchard Park Dr., Scarborough, **(C,D,WC)** *Front entrance, upstairs*

**Tuesday, 8:00PM Faith Over Fear**, Church of St. Andrew, 2333 Victoria Park Ave, Scarborough, ON, **(C,BT,IW,St,Tr,LC)** *North side entrance, in the basement*

## SHELburne

**Thursday, 7:30PM Spiritual Path**, Trinity United Church, Side Door off First Ave, 200 Owen Sound Street, Shelburne, ON, **(O)**

## SIMCOE

**Monday, 8:00PM Just For Today**, First Baptist Church, 129 Young Street, Simcoe, ON,

**Friday, 8:00PM Just For Today**, First Baptist Church, 129 Yonge Street, Simcoe, ON,

## SMITH FALLS

**Monday, 7:30PM Living Free**, Westminster Presbyterian, 11 Church St W, Smith Falls, ON, **(C,D,WC,BK)** *Celebrations weekly during regular meetings*

## SMITHS FALLS

**Thursday, 7:30PM Living Free**, Westminster Presbyterian, 11 Church St . West, Smiths Falls, ON, **(C,D,St,Tr)**

## ST. CATHARINES

**Monday, 7:30PM Spiritual Horizons**, Faith Evangelical Lutheran Church, 31 Agar Dr., St. Catharines, ON, **(O,D)**

**Tuesday, 8:00PM Real Deal**, Grace Anglican Church, 238 Geneva St., St. Catharines, ON, **(O,D,St,Tr,LC)**

**Wednesday, 7:00PM End the Stigma**, Front entrance, 412 St. Paul St., St. Catharines, ON, **(O,D)**

## HAMILTON (CONT)

**Thursday, 7:00PM Strong Hold Recovery**, Trinity Presbyterian Church, 720 9th Ave, Hamilton, ON, **(O,D,JT,SPAD)**

**Friday, 5:30PM Friday Night Meeting, 70 James Street South**, Saint Paul's Presbyterian Church, 70 James Street South, Hamilton, ON, **(C,BT,D)**

**Friday, 7:30PM Journey Continues Meeting\*\*\* Closed on May 16th\*\*\* Will Reopen on 23rd \*\*\***, Access is outside to the left of the main entrance - Community Room, 181 Jackson Street West, Hamilton, ON, **(O,Tr)**

**Saturday, 10:30AM Coming Home**, Cathedral Church, 252 James Street, Hamilton, ON, **(O,IW,BK)**

**Saturday, 1:30PM Learn to Live Group**, Blessings Christian Church, Corner of Locke and Stanley. Parking is off Stanley., 115 Stanley Ave, Hamilton, ON, **(O,BT,D)** *At Locke*

**Saturday, 7:00PM The Recovery Room**, St. Paul's United Church, Enter Thru The Metal Doorway Off The Parking Lot, 42 Tragina Ave N, Hamilton, ON, **(O,BT,D,BK,LGBTQ+)**

## HANOVER

**Thursday, 7:30PM Stepping Stones**, The Salvation Army Church, 581 12th St., Hanover, ON, **(O,D,WC,BK)**

## HEARST

**Sunday, 8:00PM Libre de Vivre Group**, Maison Renaissance, 924 Beaver Rue Halle, Hearst, ON, **(C,BL,D)**

**Friday, 8:00PM Libre de Vivre Group**, Maison Renaissance, 924 Beaver Rue Halle, Hearst, ON, **(O,BL,D)**

## HEPWORTH

**Monday, 7:30PM Built Up From The Ashes**, Baptist Church, Real entrance, 159 Queen St. West, Hepworth, ON, **(O)**

## HUNTSVILLE

**Wednesday, 7:00PM Notoriously NA**, The Door, 18 Brunel Rd., Huntsville, ON, **(C,D,WC)**

## INGERSOLL

**Monday, 7:00PM The Monday Night Narcotics Anonymous Meeting**, St. Pauls Presbyterian Church, 210 Thames St, South, Apt 113, Ingersoll, ON, **(C,IW)**

**Thursday, 7:00PM Building Foundations in Recovery**, Trinity United Church, Enter from front door. Use wheelchair access button to open door, 118 Church Street, Ingersoll, ON, **(O,To)**

## KANATA

**Tuesday, 7:00PM Faith in Life**, Glen Cairn United Church, 140 Abbeyhill Drive, Kanata, ON, **(C,D,St,WC)**

## KEMPTVILLE

**Tuesday, 8:00PM Broken Chains**, St Paul's Presbyterian Church, parking lot entrance, hall, 319 Prescott St, Kemptville, ON, **(O,BT,D,WC)**

## KESWICK

**Tuesday, 8:00PM Courage To Change**, Hope for today fellowship church, 267 Hollywood Dr, Keswick, ON, **(C,D,WC)**

**Thursday, 7:30PM Step by Step**, Hope For Today Anglican Church, 267 Hollywood Drive, Keswick, ON,

## KINCARDINE

**Monday, 7:00PM New Hope**, Davidson Center, Westside door, besides skate park, 601 Durham Street, Kincardine, ON, **(C,BT,D,WC,NP,HY)**  
<https://us02web.zoom.us/j/85809246879>, Password: 781234

**Wednesday, 7:00PM New Hope**, Davidson Center, Westside door, beside skate park, 601 Durham Street, Kincardine, ON, **(C,BT,D,WC,NP)**

## KINGSTON

**Sunday, NOON Serenity Group**, Community House, masks optional, 99 York Street, Kingston, ON, **(C,D,Tr,CW)**

**Sunday, 7:30PM Get Honest or Die Group**, Trellis HIV & Community Care, 844 Princess Street, Kingston, ON, **(O,BT,D,St)**

**Monday, 9:30AM No Longer Alone Group**, Rustle Church, masks optional, 65 Russell Street, Kingston, ON, **(O,B,BT,D,CW)**

**Monday, 7:00PM New Beginnings**, Edith Rankin Church, Use back door, 4080 Bath Road, Kingston, ON, **(O,BT,D,IP,St,To,Tr,WC,BK,AB,CW,NP)** *This meeting is wheelchair accessible*

**Monday, 7:30PM We Care Group**, Detox Centre, 240 Brock Street, Kingston, ON, **(C,D,CW)**

**Tuesday, 9:30AM No Longer Alone Group**, Rustle Church, masks optional, 65 Russell Street, Kingston, ON, **(O,B,BT,D,CW)**  
<https://us02web.zoom.us/j/787567193?pwd=ZnhJUTYyYWl6THl1ckx1bjVCNmR1UT09>

**Tuesday, 7:00PM Alive & Well Group**, Next Church, masks optional, 89 Colborne Street, Kingston, ON, **(C,BT,D,St,WC,BK)**

**Wednesday, 9:30AM No Longer Alone Group**, Rustle Church, masks optional, 65 Russell Street, Kingston, ON, **(O,B,BT,D,CW)**

**Wednesday, 7:00PM We Care Group**, Kingscourt Free Methodist Church, masks optional, 257 Kingscourt Avenue, Kingston, ON, **(C,D)**  
<https://us02web.zoom.us/j/81321463530?pwd=WHdJaGFUVWN2THUzRlclwYmdQOThlZz09>

**Thursday, 9:30AM No Longer Alone Group**, Rustle Church, masks optional, 65 Russell Street, Kingston, ON, **(O,B,BT,D,CW)**  
<https://us02web.zoom.us/j/787567193?pwd=ZnhJUTYyYWl6THl1ckx1bjVCNmR1UT09>

**Thursday, 7:00PM Unity in Action**, Kingston Community House, 99 York Street, Kingston, ON, **(O,B,CS,IP,SD,To,BK,AB)** *The new Spiritual Principle a Day (SPAD) book will be included in our literature meetings.*

**Friday, 9:30AM No Longer Alone Group**, Rustle Church, masks optional, 65 Russell Street, Kingston, ON, **(O,B,BT,D,CW)**

**Friday, 6:30PM Boys to Men Group**, Polson Park Free Methodist Church, masks optional, 5 Miles Avenue, Kingston, ON, **(C,D,M,CW)**

**Friday, 6:30PM She Unit Group**, Community House, 99 York Street, Kingston, ON, **(O,W,CW)** *She Unit welcomes women and gender non-conforming individuals.*

## PORT COLBORNE (CONT)

**Saturday, 11:00AM More Will Be Revealed**, Port of Grace Community Church, Front Leftside Door-Upstairs, 26 Charlotte St., Port Colborne, ON, **(SG,NP,SW)**

## PRESCOTT

**Tuesday, 6:30PM Prescott's Living Clean**, St. Andrew's Presbyterian Church, 425 Centre St. (Enter by the side entrance on Dibble St.), Prescott, ON, **(O,D,WC,BK)**

## QUEENSVILLE

**Wednesday, 7:30PM BYOB North Group**, Ravenshoe United Church, Bring Your Own Basic Text, 3252 Ravenshoe Road, Queensville, ON, **(C,St,WC,BK)**

## RENFREW

**Friday, 7:00PM Back to Basics Group**, Trinity Saint Andrew's Church, Downstairs, 291 Plaunt Street South, Renfrew, ON, **(O,B,BT,D,BK)**

## RICHMOND HILL

**Monday, 8:00PM You Are No Longer Alone**, M.L. McConaghy Seniors Centre, 10100 Yonge Street, Richmond Hill, ON, **(C,CL,D,WC)**

**Tuesday, 7:30PM Message Of Hope**, McConaghy Centre, room number 205, 10100 Yonge St, Richmond Hill, ON, **(C,SD,PER)** *Farsi speaking*  
<https://us04web.zoom.us/j/7404899333>

## RICHMONDHILL

**Tuesday, 8:30PM Message Of Hope - (Farsi Speaking Meeting)**, McConaghy Centre, Room Number 205, 10100 Yonge St, Richmondhill, ON,

## RUSSELL

**Monday, 7:00PM No Matter What**, Russell United Church, Castor entrance - Open speaker celebration meetings 3rd Mon/Month, 38 Mill Street, Russell, ON, **(C,D)** *Meeting closed on holidays*

## SARNIA

**Sunday, NOON Living, Laughing, Learning**, River City Centre, 260 Mitton Street North, Sarnia, ON, **(C,D)**

**Sunday, 7:00PM Fresh Start**, Bluewater Health ~ Russell Building, 4th Floor Boardroom, 89 Norman St, Sarnia, ON, **(O,D,WC,BK,CW)**

**Monday, 7:00PM Basic Text Study**, The Inn of The Good Shepherd, 115 John St, Sarnia, ON, **(C,BT)** *Open meeting 2nd Monday of month*

**Tuesday, 7:00PM Just for Today**, Emmanuel Presbyterian Church, Enter Centre of the Center off Kathleen Street, 120 Russell St, South, Sarnia, ON, **(C,D,NP)**

**Wednesday, 11:00AM Freedom is a Choice**, River City Centre, 260 Mitton St, North, Sarnia, ON, **(O,D)**

**Wednesday, 7:00PM Slowly Getting Better**, Lighthouse Church, 152 Parker Street, Sarnia, ON, **(C,D,WC)**

**Thursday, 7:00PM Time to Change**, River City Centre, 260 Mitton St North, Sarnia, ON, **(D)**

**Friday, 11:00AM Living by Spiritual Principles**, River City Centre, 260 Mitton St, North, Sarnia, ON,

**Friday, 7:00PM Alive & Kicking**, Saint Luke's United Church, Open meeting on 3rd Friday of month, 350 Indian Road South, Sarnia, ON, **(O,D,WC)**

## PERTH

**Friday, 7:00PM 12 Steps to Recovery**, Elliot Street Clinic, 12 Elliot Street, Perth, ON, **(C,D,WC)** *August 29th celebration meeting will be held at 17 D'arcy St, K7H 2T9*

## PETERBOROUGH

**Sunday, 2:00PM Live Your Life**, St.Johns Anglican Church, in person meetings have resumed, 99 Brock st, Peterborough, ON, **(C,D)**

**Sunday, 7:30PM Stepping Into Action**, Murrey Street Baptist Church, 175 Murray St, Peterborough, ON, **(C,D,WEB,LC)**

**Monday, 7:30PM Stepping Into Action**, Murray St. Baptist Church, Ring Bell at back, 175 Murray St, Peterborough, ON, **(O,BT,D,WEB)**

<https://www.google.com/url?q=http://zoom.us/j/2664975542&sa=D&source=calendar&sd=2&usg=AOvVaw0Rlmvj2a3uKrPPEuW16KKR>

**Tuesday, 7:30PM Live Your Life**, St.Johns Anglican Church, 99 Brock St, Peterborough, ON, **(O,D,WC,LC)**

**Wednesday, 7:30PM Stepping Into Action**, Murray St. Baptist Church, 175 Murray St., Peterborough, ON, **(C,D,SD)**

<https://www.google.com/url?q=http://zoom.us/j/2664975542&sa=D&source=calendar&sd=2&usg=AOvVaw0Rlmvj2a3uKrPPEuW16KKR>

**Thursday, NOON Stepping Into Action**, 175 Murray St., Peterborough, ON, **(O,D)**

**Friday, 7:30PM Stepping Into Action**, Murrey St., Baptist Church, 175 Murray St., Peterborough, ON, **(SD,WEB)**

**Saturday, 7:30PM Live Your Life**, St.Johns Anglican Church, 99 Brock St, Peterborough, ON, **(O,D,WC)**

## PICTON

**Thursday, 7:30PM New Hope Group**, Free Methodist Church, 384 Main Street East, Picton, ON, **(C,D,WC)**

## PORTAGE LA PRAIRIE

**Sunday, 7:00PM Recovery First**, CPR Heritage Station, 301 - 3rd Street N.E., Portage la Prairie, MB,

**Tuesday, 5:30PM Recovery First**, CPR Heritage Station, 301 - 3rd Street N.E., Portage la Prairie, MB, **(St)**

**Wednesday, 5:30PM Recovery First**, CPR Heritage Station, 301 - 3rd Street N.E., Portage la Prairie, MB, **(St)**

**Thursday, 7:00PM Recovery First**, CPR Heritage Station, 301 - 3rd Street N.E., Portage la Prairie, MB, **(O)**

**Saturday, 7:00PM Recovery First**, CPR Heritage Station, 301 - 3rd Street N.E., Portage la Prairie, MB, **(CL,St,Tr)**

## PORT COLBORNE

**Tuesday, NOON Hooked On Recovery**, St. Patrick Roman Catholic Church, Walk between church and right side building from King St. Turn right, and it is the first door entrance (right) downstairs to meeting., 123 King St., Port Colborne, ON, **(D,JT,SPAD)**

**Friday, 7:00PM Attitudes of Gratitude**, Port of Grace Community Church, Front Leftside Door-Upstairs, 26 Charlotte St., Port Colborne, ON, **(O,BT,D,JT,SPAD)** *Speaker last Friday of the month*

## KINGSTON (CONT)

**Friday, 8:00PM Get Honest or Die Group**, Trellis HIV & Community Care, 844 Princess Street, Kingston, ON, **(O,BT,D,St,WC,BK)**

**Saturday, 10:00AM The Breakfast Club**, The Stone and Brown building next to the church, 130 Wiley Street, Kingston, ON, **(C)**

**Saturday, 7:00PM Alive & Well Group**, Next Church, masks optional, 89 Colborne Street, Kingston, ON, **(C,BT,D,St,WC)**

## KIRKLAND LAKE

**Thursday, 7:30PM Just For Today**, Microtel Inn, Separate entrance; situated left to main doors. Boardroom., 350 Government Rd. W., Kirkland Lake, ON, **(O,WC)**

## KITCHENER

**Monday, 7:00PM Friendship Group**, First Mennonite Church, 800 King St. E (at Stirling), Kitchener, ON, **(O,D)**

**Thursday, 7:30PM Clean Freaks**, Calvary Memorial United Church, Please use the Park St. entrance., 91 Gruhn St (Park & Glasgow), Kitchener, ON, **(O,BT,D,WC,BK)**

**Friday, 7:30PM Hope Group**, St. Matthews Memorial Lutheran Church, Entrance is the side door in the rear of the parking lot on Benton St. Accessible entrance available upon request., 54 Benton St., Kitchener, ON, **(O,D,St)**

**Saturday, 7:00PM Saturday Night Live**, St. Andrews Church, Entrance off parking lot - down the stairs in the Elizabeth Rm. Speaker meetings on the last Saturday of the month., 54 Queen St. N (at Weber), Kitchener, ON, **(O,D,SD,WC)**

## KLEINBURG

**Tuesday, 7:30PM One Step at a Time**, Cornerstone Community Church, 180 Nashville RD, Kleinburg, ON, **(C,D)**

## LEAMINGTON

**Monday, 7:30PM A Whole New Deal**, Leamington Center for Hope, 58 Erie St. South, Leamington, ON, **(C)**

**Wednesday, 7:30PM A Whole New Deal**, Leamington Center for Hope, 58 Erie St. South, Leamington, ON, **(C)**

## LINDSAY

**Monday, 7:30PM We Do Recover**, 40 William Street North, St Andrews Presbyterian church north side entrance., Lindsay, ON, **(C,BK,LC)**

**Thursday, 7:30PM We Do Recover**, St Andrews Presbyterian church north side entrance., 1st Thursday of every north meeting 7:30 - 9:30 speaker meeting, 40 William St N, Lindsay, ON, **(C,BT,D,BK)**

**Saturday, 7:30PM We Do Recover**, St Andrews presbyterian church north side entrance, 40 william st N, Lindsay, ON, **(C,D)**

## LINSDAY

**Wednesday, 7:30PM We Do recover**, Hope Valley Centre, 3507 HWY 35, Lindsay, ON, **(C,D,RF,WC,BK)**

## LISTOWEL

**Tuesday, 7:30PM Changing Lanes**, St Paul's Lutheran Church, Enter in back door.. up four steps and turn right, 505 Wallace Avenue North, Listowel, ON, **(O,D)**

## LITTLE CURRENT

**Monday, 8:00PM Little Current Group**, United Church, 5 Robinson Street, Little Current, ON, **(O,D,To)**

## LONDON

**Sunday, 10:00AM Time to Get Real**, In the Chapel, 281 Wellington Street, London, ON, **(O,D,WC)**

**Sunday, 7:00PM Recovery Lounge**, Knollwood Baptist Church, Please Enter on the East side of the build, not the entrance with the ramp up to the front door., 800 Cheapside Street, London, ON, **(O,BT,D,St,WC,AB,LC)** *Please no smoking on church property. Please move to the side walk.*

**Sunday, 7:00PM Recovery Rocks**, Mens Mission, 459 York Street, London, ON, **(O)**

**Monday, 7:00PM I Can't We Can**, Wesley Knox Church, Enter off back parking lot of the church, 91 Askin St, London, ON, **(O,BT,D,RF,St)** *40 Person Limit, No Contact*

**Tuesday, 7:30PM Alive and Kicking**, Wesley-Knox United Church, at Theresa St, 91 Askin Street, London, ON, **(C,BT,D,RF,WC,LC)**

**Tuesday, 7:30PM Life Starts Here**, St Andrew Memorial Church, 55 Foxbar Rd, London, ON,

**Wednesday, 7:30PM We Do Recover**, Trinity United Church, 76 Doulton Street, London, ON,

**Thursday, 7:30PM Just For Today**, Grey Building in Salvation Army Parking Lot, 261 Wellington Street, London, ON, **(O,D,CW)** *Meeting has a 40 Person Limit*

**Friday, NOON Spiritual Principles at Noon**, 76 Doulton St, London, ON, **(O,D,SPAD)**

**Friday, 8:00PM Reclamation Group**, Trinity United Church, 76 Doulton Street, London, ON,

**Saturday, NOON Freedom From Fear**, London Cares, Enter at the front of the building, 602 Queens Ave, London, ON, **(O,St,To,WC)**

**Saturday, 7:00PM Steps to Freedom**, Epic Recovery Building, Two storey grey building is Salvation Armys parking lot, 261 Wellington Rd, London, ON, **(C,D,WC)** *25 Person Limit*

## MANILLA

**Thursday, 7:00PM The Ties that Bind**, Manilla Community Hall, 16990 Simcoe St., Manilla, ON, **(D)**

## MARKDALE

**Monday, 7:00PM Recovery is Possible**, Cook's Presbyterian Church, 14 George Street, Markdale, ON, **(O,D)**

## MATHESON

**Tuesday, 7:00PM AAN Recovery Group**, Matheson Library, 352 2nd St., Matheson, ON,

## MEAFORD

**Thursday, 8:00PM Meaford Thursday Night**, Christ Church Anglican, 34 Boucher St E, Meaford, ON, **(C,BT,D,JT,To,WC,NP,SPAD)**

## MIDLAND

**Tuesday, NOON Serenity Now**, Knox Presbyterian Church, 248 Midland Avenue, Midland, ON, **(C,D)**

## OTTAWA (CONT)

**Friday, NOON NA Noon Group**, Jack Purcell Community Centre - ROOM 203, Meeting online on civic/stat holidays, 320 Jack Purcell Lane, Ottawa, ON, **(C,D,So,WC)**

**Friday, 7:00PM Recovery is Possible**, Sandy Hill Community Centre, Basement, 250 Somerset Street East, Ottawa, ON, **(C,D,WC)**

**Friday, 7:15PM Gratitude Group**, McNabb Community Centre, 180 Percy Street, Ottawa, ON, **(O,D,To,WC)** *FACILITY CLOSURE SEPT. 5th & 12th NO MEETING THESE DATES. Fellowship 8:15-8:45*

**Friday, 8:00PM Just For Today**, Bronson Centre - Room 110, Eastern door on Lisgar open and accessible until 8:00PM every Friday. Allowing members to avoid the main entrance which often contains many community members and various concerts. Members that show up after 8:00PM will be required to use the main entrance., 211 Bronson Ave, Ottawa, ON, **(C,D,JT)** *Open Speaker Celebrations 3rd Fri/month*

**Saturday, NOON NA Noon Group**, Jack Purcell Community Centre - ROOM 202, Meeting online on civic/stat holidays, 320 Jack Purcell Lane, Ottawa, ON, **(C,D,WC)**

**Saturday, 6:00PM Recovery in the Park**, Strathcona Park, By the Range Rd and Osgoode St intersection, 25 Range Rd, Ottawa, ON, **(C,D)** *First meeting May 24th*

**Saturday, 7:30PM New Beginnings**, Royal Ottawa Hospital, Room 1424, 1145 Carling Ave, Ottawa, ON, **(C,D,St,HY)** *Concurrent Meeting (online and in-person at same time)* <https://us02web.zoom.us/j/89728907520?pwd=eHVqVVcyT1IsckJibTZaWlRoQzNHUT09>, Zoom ID: 897 2890 7520 Password: 123456

**Saturday, 8:00PM Fellowship Group**, Bronson Centre, New entrance with FELLOWSHIP GROUP sign on door (smaller door at far left of main entrance, closest to Nepean St, near bus stop), 211 Bronson Avenue, Ottawa, ON, **(C,D,WC)** *Open Speaker Celebrations 2nd Sat/month*

## OWEN SOUND

**Sunday, 7:00PM Steps 2 Freedom Group**, Georgian Shores United Church, 997 4th Avenue East, Owen Sound, ON, **(O,D)**

**Wednesday, 7:30PM Open Doors Group**, Central West Side Church, Entrance off parking lot, downstairs, 310 10th Street West, Owen Sound, ON, **(C,WC)**

## PARIS

**Saturday, 8:00PM Paris Group**, St. Paul's Church, 48 Broadway St. West, Paris, ON, **(C,D,WC)**

## PARRY SOUND

**Monday, 6:30PM Sound Recovery**, Parry Sound Friendship Centre, 25 Church Street, Parry Sound, ON, **(C,D,WC)**

**Wednesday, 6:30PM Sound Recovery Group**, Parry Sound Friendship Centre, 25 Church Street, Parry Sound, ON, **(C,D,WC)**

**Friday, 6:30PM Sound Recovery Group**, Parry Sound Friendship Centre, 25 Church Street, Parry Sound, ON, **(C,D,WC)**

## PEMBROKE

**Wednesday, 7:00PM New Life**, Holy Name Church Annex (off Trafalgar and Front St), 284 Trafalgar Road, Pembroke, ON, **(C,D)** *Open Speaker Celebrations*

**Saturday, 7:00PM New Life**, Holy Name Church Annex, entrance at Annex on 1st Ave, 284 Trafalgar Road, Pembroke, ON, **(C,D)**

## OSHAWA (CONT)

**Friday, 6:30PM Primary Purpose Group**, Cornerstone Community Building, side door, 121 Simcoe St S, Oshawa, ON, **(C,D,WC)**

**Saturday, 11:00AM New Attitudes**, United Steel Workers Hall, In person starts June 18th 2022, 115 Albert St, Oshawa, ON L1H 4R3, Oshawa, ON, **(C,D)**

**Saturday, 7:00PM Alive and Free**, United Steel Workers Hall, 60 Person Capacity, 115 Albert St, Oshawa, ON, **(C,D,NS)** 75 people capacity, masks are required

## OTTAWA

**Sunday, 6:00PM How It Works**, Bronson Centre, room 110, 211 Bronson Ave, Ottawa, ON, **(C,D,St,WC)** Celebrations held 2nd Sun/month

**Monday, NOON NA Noon Group**, Jack Purcell Community Centre - ROOM 202, Meeting online on civic/stat holidays, 320 Jack Purcell Lane, Ottawa, ON, **(C,D,St,WC)**

**Monday, 7:30PM Evolving Souls (LGBT+S)**, Saint John's Anglican Church, Elgin street entrance, 154 Somerset Street West, Ottawa, ON, **(O,CL,D)**

**Monday, 7:30PM Freedom Group**, Bronson Center, Room 103, 211 Bronson Ave, Ottawa, ON, **(C,D,WC)** Open Speaker Celebration 2nd Mon/month

**Monday, 7:30PM We Kicked the Habit**, Saint Marks Anglican Church, Literature reading and open discussion. Celebrations on the last Monday of the month., 1606 Fisher Ave, Ottawa, ON, **(O,D)**

**Tuesday, 7:30PM New Awareness**, Routhier Community Centre, 172 Guigues Ave, Ottawa, ON, **(C,D,WC)** Open Speaker Celebrations 4th Tues/month.

**Wednesday, NOON NA Noon Group**, Jack Purcell Community Centre - ROOM 202, Meeting online on civic/stat holidays, 320 Jack Purcell Lane, Ottawa, ON, **(C,St,WC)**

**Wednesday, 7:00PM Serenity @ 7 - Women+ Meeting**, Sandy Hill Community Centre, For marginalized genders incl. women, non-binary & gender non-conforming people. This space centres around women's experiences in recovery., 250 Somerset St. E, Ottawa, ON, **(C,D,W,WC,BK,CW)** Literature discussion: *Spiritual Principle A Day*. Open Speaker/Celebrations 2nd Wed/month.

**Wednesday, 7:00PM Together We Can - Men's Meeting**, McNabb Community Centre Room C, 180 Percy St, Ottawa, ON, **(C,D,M)** Open Speaker Celebrations 3rd Wed/month

**Wednesday, 8:00PM Conscious Contact**, Quaker House, 91A Fourth Avenue, Ottawa, ON, **(O,D,ME)** Join us for meditation practice BEFORE the meeting (7:00 to 7:45), EXCEPT on the last Wednesday of the month.

**Thursday, 7:00PM Gay Men In Recovery**, MAX Ottawa, Please ring the intercom doorbell on the left side door for entry to the building if doors are locked and a member will let you in, 400 Cooper Street, Suite 9004, Ottawa, ON, **(C,D,GL,M,WC,HY)** <https://us02web.zoom.us/j/84859984819?pwd=gV2bmno4bMlcZ3TTMhC95Tmf929Rlz.1>, Meeting ID: 848 5998 4819 Password: NAGMR

**Thursday, 7:00PM Hope Without Dope**, Hope Living, Downstairs in the chapel, 145 Castlefrank Road, Ottawa, ON, **(C,D,WC)**

**Thursday, 7:00PM It's Possible**, Carlington Community, Suite 102, Please enter by the Carlington Community Connection entrance on the side of the building facing Merivale Road, 1465 Caldwell Avenue, Ste 102, Ottawa, ON,

**Thursday, 7:00PM Spiritual Warriors**, Richelieu-Vanier Community Centre, Workshop room 2, 300 Pères-Blancs Ave, Ottawa, ON, **(C,D,WC)**

**Thursday, 7:45PM New Attitudes**, Old Town Hall Community Centre, Room opens at 7:30pm, 61 Main Street, 2nd Floor, Ottawa, ON, **(C,D,BK)** No wheelchair accessibility.

## MIDLAND (CONT)

**Friday, 7:30PM Hugs not Drugs**, Knox Presbyterian Church, In the basement, 248 Midland Ave., Midland, ON, **(D)**

## MILTON

**Sunday, 7:00PM Courage To Change**, Knox Presbyterian Church, Rear entrance, 170 Main Street East, Milton, ON, **(C,D,WC)**  
<http://zoom.us/j/6706854435>

**Wednesday, 7:00PM Living In The Solution**, Grace Anglican Church, 317 Main St E, Milton, ON, **(C,D,WC)**

**Friday, 8:00PM New Freedom**, Grace Anglican Church, 317 Main Street East, Milton, ON, **(O,D,St,LC)**

## MINNEDOSA

**Sunday, 7:00PM The Yellowhead Group**, Town Hall, 103 Main St. South, Minnedosa, MB,

## MISSISSAUGA

**Sunday, 6:30PM NA Foundation Group**, Clarkson Community Church, \*Women's breakout meeting, 2nd & last Sunday each month, 1880 Lakeshore West, Mississauga, ON, **(C,D,JT)**

**Monday, 8:00PM Recovery Group**, St. Stephens On The Hill, 998 Indian Rd, Mississauga, ON, **(C,D,St,Tr,LC)**

**Tuesday, 8:00PM Primary Purpose**, Meadowvale Community Church, 2630 Inlake Crt, Mississauga, ON, **(C,D,WC)**

**Wednesday, 7:00PM Infinity Recovery**, Meadowvale South Recreation Center, 6600 Falconer Dr, Mississauga, ON, **(C,D,WC)**

**Thursday, NOON NA Foundation Group**, Clarkson Community Church, 1880 Lakeshore Rd W, Mississauga, ON, **(C,D)**

**Thursday, 7:00PM No Matter What**, Westminster United Church, 4094 Tomken Rd, Mississauga, ON, **(C,D,WC)**

**Thursday, 8:00PM Primary Purpose**, Meadowvale Community Church, 2630 Inlake Crt, Mississauga, ON, **(C,D,WC)** \*\*Women's breakout meeting, every Thursday\*\*

**Friday, 8:00PM I Can't We Can**, Trinity - St. Paul Church, Closed Discussion, 26 Stavebank Rd, North, Mississauga, ON, **(C)**

**Saturday, 7:30PM Journey to Freedom**, Applewood United Church, 2067 Stanfield Rd, Mississauga, ON, **(C,BT,D,JT,SD,WC,LC)** \*\*Women's breakout meeting, every 3rd Saturday of the month\*\*

## NAPANEE

**Saturday, 9:00AM Carry The Message Group**, Grace United Church, parking lot door - masks optional, 150 Robert Street, Napanee, ON, **(C)**

## NEWMARKET

**Sunday, 8:00PM Sharing Hope**, Cornerstone, 570 Steven Court (side door), Newmarket, ON, **(C,BT,D,To,AB)** Meeting opens at 7pm for Fellowship. Speaker every other week.

**Monday, 8:00PM Squeaky Clean**, Cornerstone To Recovery, 570 Steven Court, Unit B (Side Door Entrance), Newmarket, ON, **(O,BT)**

## NEWMARKET (CONT)

**Friday, 8:00PM Unity Self-Help**, Trinity United Church - Side Door Entrance, 461 Park Ave., Newmarket, ON, **(C,B,D,St)**

**Saturday, 7:00PM Serenity On Saturday**, 570 Steven Court - Side Door Entrance, Newmarket, ON,

## NIAGARA FALLS

**Tuesday, 7:30PM New Hope**, Drummond Hill Presbyterian Church, No smoking on church property, 6136 Lundy's Ln, Niagara Falls, ON, **(O,D,St,WC,NS)**

**Thursday, 7:00PM The Survivor's Club**, Christ Church, 4750 Zimmerman Ave., Niagara Falls, ON, **(O,BT,D,To,WC,BK)**

**Friday, 7:00PM New Beginnings - Newcomers meeting**, Side Entrance, 4750 Zimmerman Ave, Niagara Falls, ON, **(O,BT,St)**

**Saturday, 7:00PM Saturday Night Live**, St. Andrew's United Church, 5645 Morrison St., Niagara Falls, ON, **(O,D,WC,LC)**

## NO DATA

**Monday, 8:00PM Hope Not Dope Group**, Bridge Street United Church, 60 Bridge Street East, Belleville, Ontario, ON, **(O,D,WC)**

**Saturday, 8:00PM Hope Not Dope Group**, Bridge Street United Church, 60 Bridge Street East, Belleville, Ontario, ON, **(O,D,WC)**

## NORTH BAY

**Sunday, 7:00PM Miracles Happen**, Calvin Church, 401 First Ave. W., North Bay, ON, **(C,D,WC)**

**Monday, 7:30PM Unity Group Gratitude Meeting**, Saint Andrew's United Church, Basement. Use McIntyre Street Entrance, 399 Cassells St., North Bay, ON, **(C,D)**

**Tuesday, 7:00PM Serene and Clean Using Principles**, Calvin Church, Meeting is held in the 3rd floor Boardroom. NOTE: Please use rear stairwell paved parking lot entrance on Commercial Street. If driving and accessing the parking lot, please use First Avenue to Enter lot and Commercial Street to Exit., 401 First Ave. W., North Bay, ON, **(C,D,M,WC)**

**Tuesday, 7:00PM Stopping the Damage**, Trinity United Church, Entrance at Side Door on Ferguson Street, 111 McIntyre St. E., North Bay, ON, **(C,D,JT)**

**Tuesday, 7:00PM Together We Can**, Calvin Church, 401 First Ave. W., North Bay, ON, **(C,D,St,W,WC)**

**Wednesday, NOON Unity Group**, St. Andrews United Church, 399 Cassells St., North Bay, ON P1B 4V9, North Bay, ON, **(C,IP,WC)**

**Wednesday, 7:30PM Recovery Way**, St. Andrews United Church, Basement. Use McIntyre Street Entrance, 399 Cassells St., North Bay, ON, **(C,CL,D,RF,Ti,COVID)**

**Thursday, 7:30PM Unity Group**, Saint Andrew's United Church, Basement. Use McIntyre Street Entrance, 399 Cassells St., North Bay, ON, **(C,D,To)**

**Friday, 7:00PM Steps to Recovery**, Calvin Presbyterian Church, 401 First Ave. W., North Bay, ON, **(C,BT,D,St,To,WC)**

**Saturday, 7:00PM Recovery Way**, St. Andrews United Church, Basement, Use McIntyre Street Entrance, 399 Cassells St., North Bay, ON, **(C,D,JT)**

## OAKVILLE

**Tuesday, NOON The 12**, Unifor Local 707 South door, Downstairs east side, glass doors, 475 North Service Rd. East, Oakville, ON, **(C,D,SG,BK)**

**Tuesday, 7:00PM Not Afraid**, Knox Presbyterian Church - in the McMillan Hall, Second side door entrance, meeting down stairs., 89 Dunn St., Oakville, ON, **(O,D,SD)**

**Wednesday, 8:00PM Suburban Serenity**, Knox Presbyterian Church, NEW LOCATION, 89 Dunn. St., Oakville, ON, **(C,D,WC)**

**Friday, 7:30PM Serenity in Recovery**, KNOX PRESBYTERIAN CHURCH, 89 Dunn Street in Oakville, Oakville, ON, **(C,D,WC)**

**Saturday, 7:00PM Keep It Simple**, Knox Presbyterian Church, Last Saturday of month is an OPEN MEETING, 89 Dunn St, Oakville, ON, **(C,O,D,JT,WC)**

## ORANGEVILLE

**Sunday, 7:00PM Stand By Me**, New Hope Community Church, 690 Riddell Road, Orangeville, ON, **(O,D,WC,ENG)**

**Wednesday, 7:00PM Hope is Here**, Centre Fellowship Church, 375 Hansen Blvd, Orangeville, ON, **(C,D)**

## ORILLIA

**Monday, 7:30PM Just For Today**, Saint Paul's United Church, Rear Entrance off Coldwater, 62 Peter Street North, Orillia, ON, **(C,D)**

**Wednesday, 7:30PM I Can't, We Can**, St Andrews, Entrance via coffee house, 99 Peter St North, Orillia, ON, **(C,D,WC)**

**Thursday, 7:30PM Just For Today**, Saint Paul's United Church, Rear Entrance off Coldwater, 62 Peter Street North, Orillia, ON, **(C,D)**

## ORLEANS

**Thursday, 7:30PM We Do Recover**, Pierre Rocque Community Centre, 1257 Joseph Drouin Avenue, Orleans, ON, **(C,D,WC)** *Open Speaker Celebrations last Thurs/month*

## OSHAWA

**Sunday, 1:00PM The Ultimate Weapon**, Durham Community Health Center, Men's Discussion Meeting....Basic Text., 115 Grassmere Ave, Oshawa, ON, L1H 3X7, Oshawa, ON, **(C,M,WC,BK)**

**Sunday, 7:00PM The Journey Begins**, United Steelworkers Hall, 115 Albert St., Oshawa, ON, **(C,D,WEB)**

**Monday, 8:00PM New Hope Group**, New Life 7th Day Adventist Church, 33 Olive Ave, Oshawa, ON, **(O,So)**

**Tuesday, 7:00PM Second Chance**, Story Park Club House, 101 Mill Street, Oshawa, ON, **(C,D)**

**Wednesday, NOON Free To Dream**, United Steel Workers Hall, 125 Albert St., Oshawa, ON, **(C,D)**

**Wednesday, 7:00PM Rising Phoenix**, Cross Point Church, 120 person capacity, Non-smoking Property, 700 Ritson Rd N, Oshawa, ON L1G 7R9, Oshawa, ON, **(C,BT,D,SD,Ti,BK,NS,ME,CW,ENG,WEB,NP)**

**Thursday, 6:00PM United in Recovery Women's Group**, Story Park Clubhouse, 101 Mill Street, Oshawa, ON, **(C,D)**

**Thursday, 7:30PM Keep It Simple**, Cornerstone Community Building, Open speaker meeting every 2nd week of every other month., 121 Simcoe St S., Oshawa, ON, **(C,D)**