

Meeting Format Legend

B	(Beginners) This meeting is focused on the needs of new members of NA.
BL	(Bi-Lingual) This Meeting can be attended by speakers of English and another language.
BT	(Basic Text) This meeting is focused on discussion of the Basic Text of Narcotics Anonymous.
C	(Closed) This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse.
CH	(Closed Holidays) This meeting gathers in a facility that is usually closed on holidays.
CL	(Candlelight) This meeting is held by candlelight.
CS	(Children under Supervision) Well-behaved, supervised children are welcome.
D	(Discussion) This meeting invites participation by all attendees.
ES	(Español) This meeting is conducted in Spanish.
GL	(Gay/Lesbian/Transgender) This meeting is focused on the needs of gay, lesbian and transgender members of NA.
IP	(Informational Pamphlet) This meeting is focused on discussion of one or more Informational Pamphlets.
IW	(It Works -How and Why) This meeting is focused on discussion of the It Works -How and Why text.
JT	(Just for Today) This meeting is focused on discussion of the Just For Today text.
M	(Men) This meeting is meant to be attended by men only.
O	(Open) This meeting is open to addicts and non-addicts alike. All are welcome.
RF	(Rotating Format) This meeting has a format that changes for each meeting.
SG	(Step Working Guide) This meeting is focused on discussion of the Step Working Guide text.
SL	(ASL) This meeting provides an American Sign Language (ASL) interpreter for the deaf.
St	(Step) This meeting is focused on discussion of the Twelve Steps of NA.
Ti	(Timer) This meeting has sharing time limited by a timer.
To	(Topic) This meeting is based upon a topic chosen by a speaker or by group conscience.
Tr	(Tradition) This meeting is focused on discussion of the Twelve Traditions of NA.
TW	(Traditions Workshop) This meeting engages in detailed discussion of one or more of the Twelve Traditions of N.A.
W	(Women) This meeting is meant to be attended by women only.
WC	(Wheelchair) This meeting is wheelchair accessible.
YP	(Young People) This meeting is focused on the needs of younger members of NA.
OE	(Open-Ended) No fixed duration. The meeting continues until everyone present has had a chance to share.
BK	(Book Study) Approved N.A. Books
NS	(No Smoking) Smoking is not allowed at this meeting.
AB	(Ask-It-Basket) A topic is chosen from suggestions placed into a basket.
ME	(Meditation) This meeting encourages its participants to engage in quiet meditation.
QA	(Question and Answer) Attendees may ask questions and expect answers from Group members.
CW	(Children Welcome) Children are welcome at this meeting.
CP	(Concepts) This meeting is focused on discussion of the twelve concepts of NA.
ENG	(English speaking) This Meeting can be attended by speakers of English.
PER	(Persian) Persian speaking meeting
WEB	(Online Meeting) This is a meeting that gathers on the Internet.
LC	(Living Clean) This is a discussion of the NA book Living Clean -The Journey Continues.
ASM	(Area Service Meeting)
COVID	(Covid Protocols) Must show proof of double vaccination and government picture ID
SW	(Written work on the steps) Written work on the steps
NP	(No pets)
HY	(HY) Meetings virtually and in person.
LGBTQ+	(LGBTQ+) Lesbian, gay, bisexual, transgender, questioning, and allies.
SPAD	(A Spiritual Principle a Day) This meeting is focused on discussion of the book A Spiritual Principle a Day.
SD	(Speaker/Discussion) This meeting is lead by a speaker, then opened for participation by attendees.
So	(Speaker Only) This meeting is a speaker-only meeting. Other attendees do not participate in the discussion.



ONTARIO REGION & MANITOBA AREA OF NARCOTICS ANONYMOUS

IN-PERSON MEETING LIST

JUNE 2026

REGIONAL PHONE NUMBER

1-888-811-3887

REGIONAL WEBSITE

www.orscna.org

All meeting times are in Eastern Standard Time

Meetings Weekly: 464

ACTON

Tuesday, 8:00PM Acton Recovery Group, Trinity United Church, 70 Mill St E., Acton, ON, (C,D)

AJAX

Thursday, 7:30PM New Reality, St.. Paul's United Church, 30 Person Capacity, 65 King's Crescent, Ajax, ON, (C,D)

Saturday, 7:30PM Healing With Hope, St Paul's United, 65 King Cres, Ajax, ON, (C,D)

ALEXANDRIA

Monday, 7:30PM First Things First, Community Living Glengarry, 332 MacDonald Blvd, Alexandria, ON, (HY) 7:30PM - 9:00PM - Literature based meeting. Join for fellowship before the meeting from 7:00 - 7:30

<https://us05web.zoom.us/j/5653464600?pwd=pxVRbyQvncyNdmhek7ivTBEJSVLIQ.1>,
Zoom ID: 565 346 4600 Passcode: 2XBQa6

ALLISTON

Tuesday, 7:30PM Sweet Surrender, St John's United Church, Main Entrance, elevator available, 56 Victoria St East, Alliston, ON, (O,RF,WC)

AMHERSTBURG

Sunday, 7:00PM The Way Out, Amherstburg Community Services, 320 Richmond Street, Amherstburg, ON, (C,WC)

ARNPRIOR

Wednesday, 7:00PM There Comes a Time, The Kenwood Center, Room 102, 16 Edward St, Arnprior, ON, (C,BT,D)

ATIKOKAN

Friday, 6:30PM Atikokan Group, Riverview United Church, 169 Pine Crescent, Atikokan, ON,

AYLMER

Tuesday, 6:30PM Celebrating with Hope Group, St Paul's Church, 5 Queen St North, Aylmer, ON, (O,D,JT,CW) Enter building on Queen Street Entrance. Office door

BANCROFT

Wednesday, 7:30PM Together We Can, Paul's United Church, 1 Hastings Street S., Bancroft, ON, (C,D,WC)

BARRIE

Sunday, 7:00PM Key to Freedom, Ferris Lane Community Church, Side entrance through the inside doors room on the right, 49 Ferris Lane, Barrie, ON, (C,BT,D,WC)

Monday, 7:30PM Freedom Steps, Westminster Presbyterian Church, Rear door, 170 Steel Street, Barrie, ON, (C,D)

Tuesday, 7:00PM Finally Home Group, Ferris Lane Community Church, Side entrance, room on the right, not Kids Club room, 49 Ferris Lane, Barrie, ON, (C,D,WC)

Tuesday, 7:30PM Georgian Heartland Women, Grace United Church, 350 Grove St E, Barrie, ON, (C,D,W,WC)

Wednesday, 7:30PM By The Book Group, The Salvation Army, 151 Lillian Crescent, Barrie, ON, (C,BT,D,BK)

BARRIE (CONT)

Thursday, NOON Key to Freedom, Ferris Lane Community Church, Side entrance by the gym, room on the right., 49 Ferris Lane, Barrie, ON, **(C,D)**

Thursday, 8:00PM Carry The Message Group, Westside Lutheran Church, Back door, 510 Ferndale Dr N, Barrie, ON, **(C,JT,St,WC,QA)**

Friday, 8:00PM Freedom Steps, Westminster Presbyterian Church, Rear door, 170 Steel Street, Barrie, ON, **(C,D)**

Saturday, 6:00PM Finally Home, Ferris Lane Community Church, Side entrance, room on the right, not Kids Club room, 49 Ferris Lane, Barrie, ON, **(C,D,WC)**

Saturday, 7:30PM New Beginning Group, Collier Street United Church, Starts May 3rd, 112 collar street, Barrie, ON, **(C,St)**

BEAMSVILLE

Monday, 7:00PM Niagara NA Foundation, Trinity United Church, Parking off King St. through driveway of Gilian's Place; Speaker Meeting on last Monday of month, 4287 William St., Beamsville, ON, **(BT,WC,BK)**

Friday, 8:00PM The Courage to Change Group, St. Alban's Anglican Church, 4341 Ontario St., Beamsville, ON, **(O,BT)**

BELLE RIVER

Monday, 7:00PM A New Way to Live, 352 County Road 2, Belle River, ON,

BELLEVILLE

Wednesday, 7:30PM New Experience Group, Saint Thomas Anglican Church, masks optional, 201 Church Street, Belleville, ON, **(O,D)** *NE Corner of Bridge & Church Streets*

BOWMANVILLE

Monday, 7:00PM Without Parallel, St Joseph's Church, St Joseph's Church, 127 Liberty St S, Bowmanville, ON, **(C,D,SD,BK)**

Thursday, 8:00PM How It Works, Memorial Park Club House, 120 Liberty St. S., Bowmanville, ON, **(C,D)**

BRACEBRIDGE

Monday, 7:00PM We Can Work It Out, Bracebridge United Church, additional parking in back parking lot, 46 Dominion Street, Bracebridge, ON, **(C,D,WC)**

Friday, 7:00PM We Can Work It Out Group, Bracebridge United Church, additional parking in back parking lot, 46 Dominion Street, Bracebridge, ON, **(C,D,WC)**

BRAMPTON

Sunday, 7:00PM Steps Keep You Clean, Christ Church, *Woman's break out meeting on the last Sunday of each month, 4 Elizabeth Street North, Brampton, ON, **(C,D)**

Monday, 8:00PM Living In Recovery, Grace United Church, 156 Main St. N., Brampton, ON, **(C,B,D,JT)**

Tuesday, 7:30PM Fresh Start, William Osler Withdrawal Management Centre, 135 McLaughlin Road. South,, Brampton, ON, **(C,D,To,WC,OE,NS)**

Wednesday, NOON Responsible Choice, Emmanuel United Church, at Bramalea Rd, north of Steeles, south of Hwy 7, 420 Balmoral Dr., Brampton, ON, **(C,D,WC,BK)**

Wednesday, 7:30PM We Do Recover, Emmanuel United Church, 420 Balmoral Dr, Brampton, ON, **(C,D,WC)**

BRAMPTON (CONT)

Thursday, 8:00PM New Hope, St. Andrew's Presbyterian Church, 1 block east of Main, 44 Church St. E., Brampton, ON, **(C,D,JT,St,CP)**

Friday, NOON Responsible Choice, Emmanuel United Church, at Bramalea Rd, north of Steeles, south of Hwy 7, 420 Balmoral Dr., Brampton, ON, **(C,D,BK)**

Saturday, 10:00AM The Ties That Bind, St. Andrew's Presbyterian Church, **Second floor, Rm 215. Entry through the rear door.**, 44 Church Street East, Brampton, ON, **(C,O,D)** *Open Meeting for Medallions.*

Saturday, 5:00PM Zindadil Zindagi Punjabi Speaking Meeting, Emmanuel United Church, 420 Balmoral Dr, Brampton, ON, **(C)**

Saturday, 7:00PM Zindadil Zindagi Punjabi Speaking Meeting, Emmanuel United Church, 420 Balmoral Dr, Brampton, ON, **(C,D)**

BRANDON

Sunday, 8:00PM Hope Group, Wheel Chair Accessable, Please use backdoor, 153 8th Street, Brandon, MB, **(C,WC)**

Monday, 6:00PM Westman Group, St. Mary's Anglican Church, 401 - 1st Street, Brandon, MB, **(C,WC)**

Tuesday, 8:00PM Hope Group, Please use backdoor, 153 8th Street, Brandon, MB, **(C,M,W,WC)**

Wednesday, 7:30PM Westman Group, AFM facility, AFM door at back, 510 Frederick Street, Brandon, MB, **(C,WC,NS)**

Thursday, 8:00PM Hope Group - Women's meeting, Wheel Chair Accessable, Please use backdoor, 153 8th Street, Brandon, MB, **(C,WC)**

Friday, 9:30PM Westman Group, St. Mary's Anglican Church, 401 - 1st Street, Brandon, MB, **(C,WC)**

BRANTFORD

Sunday, 7:30PM Hugs Not Drugs, Brant Community Church, 69 Superior Street, Brantford, ON, **(C,D,JT,To,SPAD)**

Monday, 7:30PM New Beginnings, Grace Anglican Church, 4 Pearl Street, Brantford, ON, **(C,D,JT,To)**

Thursday, 7:30PM Hope Not Dope, Brant Community Church, 69 Superior St, Brantford, ON, **(C,BT,D,SPAD)**

Friday, 7:30PM Hugs Not Drugs, Brant Community Church, 69 Superior Street, Brantford, ON, **(O,JT,To,SPAD)**

Saturday, 10:30AM Hope Not Dope, Brant Community Church, 69 Superior St, Brantford, ON, **(C,BT,D,JT)**

BROCKVILLE

Sunday, 7:00PM Never Alone, Never Again, 5 Wall Street, Brockville, ON, **(BT,D,BK,LC)** *Living Clean: week 1. Basic Text: week 2. SPAD: week 3. Speaker: last Sun/month*

Monday, 7:00PM Meeting Makers Make It, Wall Street Church, Serenity Room, 5 Wall Street, Brockville, ON, **(O,D)**

Wednesday, 6:30PM Brock House Serenity Starts Here, Wall Street Church, Serenity Room, 5 Wall Street, Brockville, ON, **(O,D,WC)**

WINDSOR (CONT)

Friday, NOON The Nooner, Emmanuel United Church, 1728 Lincoln Rd., Windsor, ON, (O,D,NS,ENG)

Friday, 7:30PM Bridge of Friendship, Peace Lutheran Church, 1985 Rossini Blvd., Windsor, ON, (C,D,WC)

Saturday, NOON Journey To Recovery, New Song Church, Upstairs, 999 Drouilliard Rd., Windsor, ON, (C,D,ENG)

Saturday, 7:00PM Ties That Bind Group, Holy Name of Mary Church, 681 McEwan Ave, Windsor, ON, (O,D,NS,ENG)

WINNIPEG

Sunday, 5:30PM Open Heart, Maples Community Center (upstairs), 434 Adsum Dr., Winnipeg, MB,

Sunday, 7:30PM New Beginnings, St. Mary's United Church, 613 St. Mary's Road, Winnipeg, MB, (C,D,WC)

Monday, 8:00PM Miracles on Main, Holy Trinity Church, basement on the right side when you come down the stairs, 1175 Main Street, Winnipeg, MB, (C,St)

Tuesday, 7:30PM Equinox Group, First Presbyterian Church, 61 Picardy Place, Winnipeg, MB, (C,D,St)

Wednesday, 7:00PM Home At Last Group, Gordon King Memorial, 127 Cobourg Ave., Winnipeg, MB, (O,CL,D,WC,CW) *Speaker meeting every 4th Weds of month*

Thursday, 7:00PM Genesis Group, Atlantic-Garden City United Church, Use Arlington Street Entrance, 725 Atlantic Ave., Winnipeg, MB, (C,St,WC)

Friday, 1:00PM Miracles on Main, Holy Trinity Church, basement on the right side when you come down the stairs, 1175 Main Street, Winnipeg, MB, (C,St)

Friday, 7:00PM Genesis Group, Atlantic-Garden City United Church, Use Arlington Street Entrance, 725 Atlantic Ave., Winnipeg, MB, (C,CL,St,WC)

Saturday, 7:00PM Genesis Group, Atlantic-Garden City United Church, Use Arlington Street Entrance, 725 Atlantic Ave., Winnipeg, MB, (C,St,WC)

WOODBRIIDGE

Tuesday, 8:00PM Lonely Hearts, Woodbridge United Church, 8090 Kipling Ave. N., Woodbridge, ON, (C,D,WC)

Friday, 7:30PM Woodbridge To Freedom, Woodbridge United Church, 8090 Kipling Ave., Woodbridge, ON, (D)

WOODSTOCK

Sunday, 7:00PM New Horizons, The Church of the Epiphany, Front Door, 560 Dundas Street, Woodstock, ON, (JT,RF,St)

Tuesday, 7:00PM New Horizons, The Church of the Epiphany, Front Door, 560 Dundas Street, Woodstock, ON, (JT,RF,St)

BROCKVILLE (CONT)

Friday, 7:00PM We Choose Freedom, Brockville Peer Support Centre, 189 King St W, Brockville, ON, (O,D,St,To,Tr)

Saturday, 7:00PM Stepping Into Saturday, Brockville Peer Support Centre, Downstairs, 189 King St W, Brockville, ON, (O,BT,WC,BK)

BURLINGTON

Sunday, 12:30PM The Brunch Club, Burlington Baptist Church, Sunday 12.30 enter through the old chapel doors, 2225 New St., Burlington, ON, (D)

Monday, 7:00PM Living Hope, Burlington Baptist Church, old hall which is to the left at the top of the stairs, 2225 New Street, Burlington, ON, (O,BT,D)

Wednesday, 7:00PM Never Stand Alone, Burlington East Presbyterian Church, Enter through church back door., 505 Walkers Line, Burlington, ON, Burlington, ON, (C,D)

Thursday, 7:00PM Steps To Freedom, Burlington East Presbyterian Church, Note: This location is Fragrance Free, 505 Walkers Line, Burlington, ON, (C,BT,D,SD,WC) ***Women's breakout meeting, every 3rd Thursday of the month** *Speaker meeting on the last Thursday of each month **

CALEDONIA

Thursday, 7:30PM Rivers Edge Group, Grace United Church, Fellowship Room, 174 Caithness Street East, Caledonia, ON, (WC,BK)

CAMBELLFORD

Sunday, 4:00PM Severn Ties, 179 Saskatoon Ave, Cambellford, ON,

CAMBRIDGE

Monday, 7:00PM Clean Times, Trillium United Church, Entrance on Waterloo St., ring buzzer., 450 King Street E, Cambridge, ON, (C,D,BK) *fellowship, coffee, & desserts on the last monday of the month @ 8:30pm*

Wednesday, 7:00PM Desire To Change, St. Ambrose Church, Side Entrance to Basement., 210 South St., Cambridge, ON, (O,D,To,WC)

Thursday, 7:00PM Together We Can, Preston Mennonite Church, 791 Concession Rd., Cambridge, ON, (O,D,WC)

Saturday, 7:30PM By The Book, Trillium United Church, Entrance on Waterloo St, 450 King St., Cambridge, ON, (C,D,BK)

CARLETON PLACE

Sunday, 7:00PM United We Can, United Church Zion-Memorial, 37 Franklin Street, Carleton Place, ON, (C,D)

Wednesday, 7:00PM CPR Group, Saint Mary's Church, Speaker meeting on last Wednesday of the month, 28 Hawthorne Avenue, Carleton Place, ON, (C,BT,D,WC) *Open Speaker Celebrations last Wed/month*

CHATHAM

Saturday, 7:00PM New Beginnings, Saint Andrew's United Church, 85 William Street South, Chatham, ON, (C,D,ENG)

CHELMSFORD

Wednesday, 7:30PM Just for Today, St. Alexander's Church, 100 Gaudette St, Chelmsford, ON, (O,D,JT,RF,To)

COLLINGWOOD

Sunday, 7:00PM Recovery 180, First Presbyterian Church, 200 Maple Street, Collingwood, ON, **(C,D)**

CORNWALL

Friday, 7:00PM Attitude of Gratitude, Trinity Church, 105 Second St W, Cornwall, ON,

COURTICE

Sunday, 7:00PM The Terminally Hip, Faith United Church, Step 6 Meeting, 1778 Nash Rd., Courtice, ON, **(D,SD,BK,NS)**

ELLIOT LAKE

Thursday, 7:00PM Star of the North, Gentle Shepard Christian Church, 3 Ottawa Ave., Elliot Lake, ON, **(O,D,JT,WC)**

Saturday, 7:00PM Star Of The North, St. Andrew's Anglican Church, 13 Roman Ave., Elliot Lake, ON, **(C,O,JT,So)**

ESPANOLA

Tuesday, 7:30PM Espanola Northern Lights Group, Espanola United Church, Downstairs, 137 Sheppard Street, Espanola, ON, **(O,D,To,NS)**

Saturday, 7:30PM Espanola Northern Lights Group, Espanola United Church, Side Door, 137 Sheppard Street, Espanola, ON, **(O,BT,BK,NS)**

ESSEX

Sunday, 7:30PM Welcome Home, Essex Christian Reformed Church, 276 Talbot St. S., Essex, ON, **(C)**

ETOBICOKE

Monday, 7:00PM Miracles on Monday, Royal York United Church, No Parking in church parking lot. Use side streets or Sunnylea school lot on Glenroy Ave, 851 Royal York Rd, Etobicoke, ON, **(C,D)** *No pets except service animals allowed. Ennal Rm. Women's breakout meeting 3rd Monday of each month.*

Wednesday, 8:00PM Awakenings, Renforth Baptist Church, 627 Burnhamthorpe Rd., Etobicoke, ON, **(C,BT,D,WC,NP)**

Wednesday, 8:00PM Awakenings, Renforth Baptist Church, 627 Burnhamthorpe Rd, Etobicoke, ON, **(BT,CP,NP)**

FENELON FALLS

Tuesday, 7:30PM Into Recovery, St. Andrews Church, 89 Colborne St., Fenelon Falls, ON, **(C,D)**

Friday, 7:30PM Into Recovery, St. Andrews Church, 89 Colborne St, Fenelon Falls, ON, **(C,D)**

FERGUS

Tuesday, 7:30PM Serenity On The Grand, St. James Anglican, 171 Queen St. E, Fergus, ON, **(O,D,WC)**

FORT ALEXANDER

Thursday, 7:00PM Never Alone, Sagkeeng Health Centre, Last Thursday speaker & birthday night, 50017 MB-11 B, Fort Alexander, MB, **(WC)**

WHEATLEY

Thursday, 7:30PM The Wheatley Warriors, 108 Talbot Road East, Wheatley, ON, **(C,WC)**

WHITBY

Friday, 7:30PM Living Clean The NA Way, St. John's Anglican Church, 150 Victoria Street E, Whitby, ON, **(C,D,WEB,LC)**

WIARTON

Thursday, 3:00PM Sunshine Group, Salvation Army church, Main entrance, 576 Edward Street, Wiarton, ON, **(O,D,WC)**

Friday, 7:00PM Breaking Free, Baptist Church, 356 Frank Street, Wiarton, ON, **(O,BT,WC)**

WINDSOR

Sunday, 7:30PM Staying Clean, New Song Church, 993 Drouillard Rd., Windsor, ON, **(C,D,WC,NS)**

Monday, NOON The Nooner, Emmanuel United Church, 1728 Lincoln Rd., Windsor, ON, **(O,D,NS,ENG)**

Monday, 6:00PM The Phoenix Group, Salvation Army, 355 Church Street, Windsor, ON, **(C,D,ENG)**

Monday, 7:30PM Back to Basics, Downtown Windsor Community Collaborative, 502 Wyandotte St. W., Windsor, ON,

Monday, 7:30PM Speakeasy, Chateau Masson Cafeteria, Enter behind the building in courtyard, 415 University Avenue East, Windsor, ON, **(O,NS,ENG)** *Free parking at 333 Glengarry lot*

Tuesday, NOON The Nooner, Emmanuel United Church, 1728 Lincoln Rd., Windsor, ON, **(O,D,NS,ENG)**

Tuesday, 6:30PM Sisters in Strength, Emmanuel United Church, front door up the stairs, 1728 Lincoln Rd., Windsor, ON,

Tuesday, 7:30PM Honesty Group, Peace Lutheran Church, 1985 Rossini Boulevard, Windsor, ON, **(C,D)**

Wednesday, 10:30AM Living in the Solution, 3520 Dougall Avenue, Windsor, ON, **(C,D,WC,ENG)**

Wednesday, NOON The Nooner, Emmanuel United Church, 1728 Lincoln Rd., Windsor, ON, **(O,D,NS,ENG,COVID)**

Wednesday, 7:00PM Rainbow Recovery, Freedom Church, Side entrance, 2180 Howard Ave, Windsor, ON, **(C,LGBTQ+)** *Begins June 20th, 2023*

Wednesday, 7:00PM There's Still Hope, St. Alphonsus Church, Meeting closed on Wednesday, December 24th, 85 Park St. E., Windsor, ON, **(C,D,WC,NS)**

Wednesday, 7:30PM Wednesday Night Group, St. Augustine Church, 5145 Wyandotte Street East, Windsor, ON, **(C,WC)**

Thursday, 9:30AM Rise and Shine, New Song Church (Upstairs), 999 Drouillard Road, Windsor, ON, **(C)**

Thursday, NOON The Nooner, Emmanuel United Church, 1728 Lincoln Rd., Windsor, ON, **(O,D,NS,ENG,COVID)**

Thursday, 7:00PM Miracles Happen, Peace Lutheran Church, 1985 Rossini Blvd, Windsor, ON, **(C,D)**

TORONTO (CONT)

Saturday, 2:00PM Recovery Comes First, Cecil Street Community Centre, 58 Cecil Street, Toronto, **(C,BT,JT,WC,LC,SPAD)** *Basement*

Saturday, 3:15PM Out in Recovery, 519 Community Centre, 519 Church Street, Toronto, ON, **(C,D,GL,JT)** ***Closed June 20th, 27th & July 4th. Meeting will relocate June 20th & July 4th (weather permitting) to Wellesley Park, Wellesley St. East of Parliament at 3:15pm*

Saturday, 7:30PM Just For Today, Church of St. David, 49 Donlands Avenue, Toronto, ON, **(C,D,JT)**

Saturday, 7:30PM New Found Life, Islington United Church, 25 Burnhamthorpe Rd, Toronto, ON, **(C,D,JT,WC,NP)**

Saturday, 8:00PM Never Too Young, Broadview Homes, 686 Broadview Ave, Toronto, ON, **(C,BT,D,JT,YP)**

VAL THERESE

Tuesday, 7:30PM Pathway to Peace Group, St James In The Valley United Church, 4510 Tate Blvd, Val Therese, ON, **(O,BT,BK,NS,HY)**
<https://meet.google.com/qoz-gzmu-ssf>, Link includes code to get in, please have your basic text since it will not be posted at meeting

WALPOLE ISLAND FIRST NATION

Tuesday, 7:00PM White Wolf Recovery Healing Circle Group, St. Johns The Baptist Anglican Church, 123 Tecumseh, Walpole Island First Nation, ON, **(O)**

WASAGA BEACH

Monday, 7:00PM Recovery on the Beach Group, Presbyterian Church, rear door, 208 Mosley Street, Wasaga Beach, ON,

Friday, 7:00PM Recovery on the Beach Group, Presbyterian Church, rear door, 208 Mosley Street, Wasaga Beach, ON, **(C,D)**

WATERLOO

Sunday, 7:30PM Step Into Recovery, Trillium Lutheran Church - Coach House, Behind main building, 22 Willow St. (at William), Waterloo, ON, **(C,So,St,Tr,WC,BK)**

Tuesday, 7:30PM Lust for Life, First United Church, Back Door Entrance, 16 William St. W., Waterloo, ON, **(O,BT,D,WC)**

Wednesday, 7:30PM Freedom Group, Trillium Lutheran Church - Coach House, Behind main building, 22 Willow St. (at William), Waterloo, ON, **(O,D,WC)**

Saturday, 9:00AM New Chapters, Emmanuel United Church, Back door entrance. Ring NA door bell for access., 22 Bridgeport Rd. W, Waterloo, ON, **(O,D,JT,To)** *Literature read: JFT and SPAD*

WELLAND

Sunday, 7:00PM Never Alone, Christ Community Church, Rear entrance from the parking lot off Division st., 224 Division St, Welland, ON, **(O,BT,D,JT,Tr,LC)**

Monday, 7:00PM The Next Chapter, Job Gym Employment Services, Buzz intercom for entry, meeting is upstairs, 225 E Main St., Welland, ON, **(O,D,IP,WC,BK)**

Wednesday, 7:00PM Just For Today, Holy Trinity Church, 77 Division St., Welland, ON, **(O,D,JT,WC)**

Thursday, 7:00PM Never Alone, Christ Community Church, Rear entrance from the parking lot off Division st., 224 Division St, Welland, ON, **(O,BT,D,JT,Tr,LC)**

FORT ERIE

Sunday, 7:00PM Pure Life, Arid House, 89 Queen St., Fort Erie, ON, **(O,D,JT)**

FORT FRANCES

Tuesday, 7:00PM Recovery is Possible, 7PM Central Standard Time, speaker meetings are open meetings, 204 Frog Creek Rd, Fort Frances, ON, **(C)**

Friday, 8:00PM Recovery Is Possible, Knox United Church, Speaker meetings are open meetings, 340 Church Street, Fort Frances, ON, **(C)**

Saturday, 7:00PM Recovery Is Possible, Knox United Church, Speaker meetings are open meetings, 340 Church Street, Fort Frances, ON,

GEORGETOWN

Monday, 7:30PM Recovery By The River, Norval United Church, 14015 Danby Rd., Georgetown, ON, **(C,BT,D,WC)**

Friday, 7:30PM New Attitudes, Norval United Church, 14015 Danby Rd, Georgetown, ON, **(O,D)**

GIMLI

Tuesday, 7:30PM Reeses Pieces Group, Gimli Multiplex Building, 17 North Colonization Road (17 Loni Beach Road), Gimli, MB, **(HY)**
<https://meet.google.com/iwm-vgip-qao>

Saturday, 7:30PM Reeses Pieces Group, Gimli Multiplex Building, 17 North Colonization Road (17 Loni Beach Road), Gimli, MB, **(HY)**
<https://meet.google.com/iwm-vgip-qao>

GODERICH

Tuesday, 7:00PM Whatever Works, Knox Church, Front door by light up sign At 7pm if later there is a number to call to let you in, 9 Victoria St N, Goderich, ON, **(O,CS,D,JT,NS,ENG)**

GRANDVIEW

Tuesday, 8:00PM Kokums House, Kinsman Center, 111 burrows St, Grandview, MB,

GRAVENHURST

Tuesday, 7:00PM We Can Work It Out, Saint Paul's Church, Rear entrance off Sharpe Street, 235 John Street South, Gravenhurst, ON, **(C,D)**

GUELPH

Sunday, 7:30PM Never Alone, All Saints Lutheran Church, PLEASE USE BACK ENTRANCE, 210 Silvercreek Pkway N, Guelph, ON, **(O,D)**

Monday, NOON Mid Day NA, Hope House, Use main doors up staircase to top floor (first room on right.) *Back door/Elevator WHEELCHAIR ACCESSIBILITY from Church Lane, 10 Cork Street E, Guelph, ON, **(O,D,JT,WC)**

Monday, 6:15PM Living Clean, Priory Park Baptist Church, 8 Torch Lane, Guelph, ON, **(O,CL,D,To)**

Monday, 7:30PM Phoenix Group, First Baptist Church, 255 Woolwich St (at Norfolk), Guelph, ON, **(O,D,To)**

Tuesday, 7:00PM Keep It Simple, Priory Park Baptist Church, 8 Torch Lane, Guelph, ON, **(C,D,BK)**

GUELPH (CONT)

Wednesday, NOON Mid Day NA, Hope House, Use main doors up staircase to top floor (first room on right.) *Back door/Elevator WHEELCHAIR ACCESSIBILITY from Church Lane, 10 Cork Street E, Guelph, ON, **(O,D,JT,WC)**

Wednesday, 7:00PM Broken Elevator Group, Sheldale Community Centre, Front Entrance, 20 Sheldale Crescent, Guelph, ON, **(C,WC)**

Thursday, 7:30PM Welcome Home, Priory Park Baptist Church, 8 Torch Lane, Guelph, ON, **(C,BT,D,So)**

Friday, NOON Mid Day NA, Hope House, Use main doors up staircase to top floor (first room on right.) *Back door/Elevator WHEELCHAIR ACCESSIBILITY from Church Lane, 10 Cork Street E, Guelph, ON, **(O,D,JT,WC)**

Friday, 7:00PM The Park Group, Water Street Church, Side rear entrance. The first Friday of the month is fellowship and snacks., 287 Water St, Guelph, ON, **(O,D,WC)**

Saturday, 10:00AM Awakening Group, Holy Rosary Church, Rear Entrance. This meeting opens with an invited attendee reading a piece of NA literature, sharing on the topic for up to 10 minutes, followed by participation by attendees., 175 Emma St, Guelph, ON, **(O,D,WC)**

Saturday, 7:30PM Phoenix Group, First Baptist Church, Every FIRST Saturday of the month is a SPEAKER MEETING, 255 Woolwich St (at Norfolk), Guelph, ON, **(O,BT,SD)**

HALIBURTON

Thursday, 7:30PM Thursday Night Live, Halco plaza behind Castle Antiques., 83 Maple Ave. Unit 7A Haliburton., Haliburton, ON, **(C,JT,HY)**
<https://us06web.zoom.us/j/89162425330?pwd=bxUm4BbrVWEPmmdXilil6cOT0D5Uzt.1>, Zoom I.D 891 6242 5330 Passcode 1234

HAMILTON

Sunday, 9:30AM Recovery in the Park, Gage Park, Outside near Children's Garden and baseball diamond by parking lot off Lawrence. Inclement weather: in Greenhouse, 42 Lawrence Rd, Hamilton, ON, **(O,JT,WC,SPAD)** *Bring a chair*

Sunday, 7:00PM Clean & Free Group, Anglican Church of the Nativity, At Barons., 1831 King Street East, Hamilton, ON, **(O,BT,JT,St,WC,SPAD)**

Sunday, 7:00PM Courage to Change Group, First Unitarian Church, 170 Dundurn Street South, Hamilton, ON, **(O,D,JT,WC,BK)**

Monday, 7:00PM Pride in Recovery This is a women and LGBTQ2+ focused meeting Meeting Will not take place On Statutory Holidays ****, Central Memorial Rec Centre (Stinson and Wellington), 93 West Avenue South, Hamilton, ON, **(C,D,BK,LGBTQ+)** *Located in the craft room, upstairs*

Monday, 7:30PM H.O.W. Group, Saint Joseph's Healthcare, Enter off Fennell Ave, through lobby to Seminar Room A217, 100 West 5th Street, Hamilton, ON, **(O,D,WC)**
Please park on side streets to avoid pay parking. Best option is W4th off of Fennel. Enter door closest to corner of W5th & Fennel. The B stairwell will be on your left just past the entrance. Go up B stairwell to 2nd floor. Right out of stairwell, followed by a quick right down the hallway. Doors on the left of hallway.

Tuesday, 7:00PM Mountain Freedom Group, Elliott Heights Baptist Church, 1300 Fennell Avenue East, Hamilton, ON, **(O,WC,BK)** *Bus: Upper Kenilworth to Fennell*

Wednesday, 7:00PM Find A New Way, New Vision Church, Enter thru the West Entrance, 24 Main Street West, Hamilton, ON, **(O,D)**

TORONTO (CONT)

Tuesday, 8:00PM Bring Your Own Book (BYOB), Rexdale Alliance Church, 2459 Islington Ave., Toronto, ON, **(C,BT,WC,LC)** *side entrance. No pets except service animals allowed*

Tuesday, 8:00PM Lakeside Steps, Franklin Horner Community Centre, 432 Horner Avenue, Toronto, ON, **(C,BT,D,JT,LC)**
<https://us04web.zoom.us/j/173204170>

Wednesday, 12:30PM Fresh Start, Antibes Community Centre, 140 Antibes Dr, Toronto, ON, **(C,JT)** *Dance Studio*

Wednesday, 7:00PM Ground Zero, Metropolitan Community Church of Toronto, 115 Simpson Ave, Toronto, ON, **(C,D,JT,SPAD)** *Side entrance off Simpson Ave.*

Wednesday, 7:30PM Russian Speaking Meeting, 349 Kenneth Ave, Toronto, ON, *Russian Speaking*

Wednesday, 8:00PM End of the Road, Lawrence Heights Community Centre, 5 Replin Rd, Toronto, ON, **(C,D,WC,NP)** ***Closed Wed. July 1st*

Wednesday, 8:00PM Road to Recovery, Forest Hill United Church, Meeting ID: 87953298694 Password: 1234, 2 Wembley Road, Toronto, ON, **(C,BT,D,JT)** *Basement, parking available*

Thursday, 2:00PM Clean Off Queen, Evangel Hall; enter through side entrance down the driveway on the east side of the building, doors open 1:45-2:00pm. Lot and street parking available, no parking on EHM property. Service animals only, no pets allowed., 552 Adelaide St West, Toronto, ON, **(C,BT,D,IP,JT)** *Closed on stat. holidays*

Thursday, 7:00PM Full Circle, Runnymede Community Church, 60 Colbeck Street, Toronto, ON,

Thursday, 7:00PM How It Works, Enter Jackman Avenue entrance, downstairs and follow the arrows to the Jackman room, 310 Danforth Ave, Toronto, ON, **(C,BT,D,IW,WC)**
Doors open at 6:45. First Thursday of the month open speaker meeting

Thursday, 7:00PM New Path to a New Life, West Neighbourhood House, front door entrance at corner of Dundas & Ossington, 248 Ossington Ave, Toronto, ON, **(C,BT,D)**

Thursday, 7:30PM Live Your Dreams, St. John's York Mills Anglican Church, 19 Don Ridge Dr., Toronto, ON, **(C,BT,D,JT)**

Friday, 12:30PM Fresh Start, Antibes Community Centre, 140 Antibes Dr, Toronto, ON, **(C,JT)** *Dance Studio*

Friday, 7:00PM Any Lengths, Scadding Court Community Centre, 707 Dundas St W, Toronto, ON, **(BT,D,JT,St,WC,LC,NP)**

Friday, 7:30PM Common Welfare, CAMH Bell Gateway, second floor sacred space-room 2315, 100 Stokes St, Toronto, ON, **(O,D,SL,WC,NS)** ***ASL Interpreter the 2nd and Last Meeting of the Month***

Friday, 7:30PM Without Prejudice, 686 Broadview Ave, Toronto, ON, **(O,IP,BK)**

Friday, 8:00PM Luz De Vida, 22 Wenderly Dr, Toronto, ON, **(C,ES,IW,JT,St,Tr)**
Espanol.

Friday, 8:00PM We Do Recover, Saint Paul's Runnymede Anglican Church, 404 Willard Avenue, Toronto, ON, **(D,JT)** *Last Friday of the Month is an Open Speaker Meeting*

Saturday, 1:00PM Twelve by Twelve, Ralph Thorton Community Centre, 765 Queen St E, Toronto, ON, **(C,D,JT)**

TIMMINS (CONT)

Monday, NOON Why Are We Here Group, Saint Mathew's Cathedral, 331 Fifth Avenue, Timmins, ON, **(C,D)**

Wednesday, 7:30PM Why Are We Here Group, Saint Mathew's Cathedral, 331 Fifth Avenue, Timmins, ON, **(C,D,JT,To)**

Friday, 7:30PM Why Are We Here Group, Saint Mathew's Cathedral, 331 Fifth Avenue, Timmins, ON, **(C,D,IW)**

TORONTO

Sunday, 9:30AM Straight To Business, Our Homes, Meeting ID: 82800227461
Password: 1234, 686 Broadview Avenue, Toronto, ON, **(C,D,JT,HY)**
<https://us02web.zoom.us/j/82800227461?pwd=MlJQSlgxWE9lZDlmb1ZZWWhVN09oZz09>

Sunday, 1:00PM Primary Purpose, Community Centre 55, accessible entrance around the side, there is a button and someone will come to open, 97 Main Street, Toronto, ON, **(C,D,WC)**

Sunday, 1:30PM Never Alone, Transfiguration Church, 45 Ludstone Dr, Toronto, ON, **(C,D,JT)**

Sunday, 2:00PM There Comes a Time, Church of St. Mary Magdalene, 477 Manning Ave, Toronto, **(C,BT,JT,WC,LC)**

<https://zoom.us/j/724383518>

Sunday, 7:00PM Alive and Free, St. Roch's Church, 2889 Islington Ave, Toronto, ON, **(BT,IW,JT,WC,LC)** *Entrance south side, beside the parking lot*

Sunday, 7:30PM Welcome Home, Eastminster United Church, 310 Danforth Avenue, Toronto, ON, **(O,D,SD,WC)** *Enter from Jackman Ave. Open Speaker with Closed Discussion break-out room.*

<https://us06web.zoom.us/j/81333226280>

Monday, 12:30PM Fresh Start, Antibes Community Centre, 140 Antibes Dr, Toronto, ON, **(C,JT)** *Dance Studio*

Monday, 7:00PM Keys to Freedom, Oasis Employment, Doors open from 6:45-7pm, please come on time. Services animals only, no pets allowed. Not accessible, 921 Danforth Ave, Toronto, ON, **(C,BK,ME,NP)**

Monday, 8:00PM Clean & Serene, Toronto Harbour Light, Common room, push the door buzzer to enter. parking in the rear, service animals only, 160 Jarvis St, Toronto, ON, **(C,BT,D,IP,IW,JT,SD,St,WC,NS,ENG,NP,SPAD)** *Open all holidays.*

Monday, 8:00PM New Life, Saint Paul's Presbyterian Church-- enter off Hepbourne St., 700 Dovercourt Rd., Toronto, ON, **(C,SD,Ti,WC,NS,NP)** *No pets allowed.*

Tuesday, 2:00PM Clean Off Queen, Evangel Hall; enter through side entrance down the driveway on the east side of the building, doors open 1:45-2:00pm. Lot and street parking available, no parking on EHM property. Service animals only, no pets allowed., 552 Adelaide St West, Toronto, ON, **(C,BT,D)** *Closed on Stat. Holidays*

Tuesday, 7:00PM New Horizons, Calvary Baptist Church, 72 Main Street, Toronto, ON, **(C,D,IP,IW,JT,LC)** *parking lot entrance, downstairs*

Tuesday, 7:00PM New Path to a New Life, West Neighbourhood House, 248 Ossington, Toronto, ON, **(C,BT,D,IW,JT,WC,LC)** *Front door entrance at corner of Dundas & Ossington*

Tuesday, 7:15PM The Message, St. Michael and All Angels Church, enter by West side through wooden gate to glass door & up 2 flights of stairs, 611 St. Clair Ave West, Toronto, ON, **(C,D,JT)**

HAMILTON (CONT)

Thursday, NOON Spiritual Awakenings, Laidlaw United Church, 155 Ottawa St N, Hamilton, ON, **(C)**

Thursday, 7:00PM Strong Hold Recovery, Trinity Presbyterian Church, 720 9th Ave, Hamilton, ON, **(O,D,JT,SPAD)**

Friday, 5:30PM Friday Night Meeting, 70 James Street South, Saint Paul's Presbyterian Church, 70 James Street South, Hamilton, ON, **(C,BT,D)**

Friday, 7:30PM Journey Continues, Access is outside to the left of the main entrance - Community Room, 181 Jackson Street West, Hamilton, ON, **(O,Tr)**

Friday, 8:00PM Ties That Bind Group, St. Lukes Roman Catholic Church, Entrance at the back, 200 Mount Albion Road, Hamilton, ON, **(C,BT,CS,WC,NS,NP)**

Saturday, 10:30AM Coming Home, Cathedral Church, 252 James Street, Hamilton, ON, **(O,IW,BK)**

Saturday, 1:30PM Learn to Live Group, Blessings Christian Church, Corner of Locke and Stanley. Parking is off Stanley., 115 Stanley Ave, Hamilton, ON, **(O,BT,D)** *At Locke*

Saturday, 7:00PM The Recovery Room, St. Paul's United Church, Enter Thru The Metal Doorway Off The Parking Lot, 42 Tragina Ave N, Hamilton, ON, **(O,BT,D,BK,LGBTQ+)**

HANOVER

Thursday, 7:30PM Stepping Stones, The Salvation Army Church, 581 12th St., Hanover, ON, **(O,D,WC,BK)**

HEARST

Sunday, 8:00PM Libre de Vivre Group, Maison Renaissance, 924 Beaver Rue Halle, Hearst, ON, **(C,BL,D)**

Friday, 8:00PM Libre de Vivre Group, Maison Renaissance, 924 Beaver Rue Halle, Hearst, ON, **(O,BL,D)**

HEPWORTH

Monday, 7:30PM Built Up From The Ashes, Baptist Church, Real entrance, 159 Queen St. West, Hepworth, ON, **(O)**

HUNTSVILLE

Wednesday, 7:00PM Notoriously NA, The Door, 18 Brunel Rd., Huntsville, ON, **(C,D,WC)**

Saturday, 7:00PM Notoriously NA, 33 Main St. E., Huntsville, ON, **(C,D)**

INGERSOLL

Monday, 7:00PM The Monday Night Narcotics Anonymous Meeting, St. Pauls Presbyterian Church, Please use the back entrance., 56 Thames St, South, Ingersoll, ON, **(C,IW)**

Thursday, 7:00PM Building Foundations in Recovery, Trinity United Church, Enter from front door. Use wheelchair access button to open door, 118 Church Street, Ingersoll, ON, **(O,To)**

INNISFIL

Tuesday, 6:30PM Just in Time, Innisfil Community Church, 1571 innisfil beach road, Innisfil, ON, **(C,BT,SD)**

IRON BRIDGE

Friday, 7:00PM Iron Warriors NA Recovery, Huron Shores Municipality building, 7 Bridge street, Iron Bridge, ON,

KANATA

Tuesday, 7:00PM Faith in Life, Glen Cairn United Church, 140 Abbeyhill Drive, Kanata, ON, **(C,D,St,WC)**

KEMPTVILLE

Tuesday, 8:00PM Broken Chains, St Paul's Presbyterian Church, parking lot entrance, hall, 319 Prescott St, Kemptville, ON, **(O,BT,D,WC)**

KESWICK

Tuesday, 8:00PM Courage To Change, Hope for today fellowship church, 267 Hollywood Dr, Keswick, ON, **(C,D,WC)**

Thursday, 7:30PM Step by Step, Hope For Today Anglican Church, 267 Hollywood Drive, Keswick, ON,

KINCARDINE

Monday, 7:00PM New Hope, Davidson Center, Westside door, besides skate park, 601 Durham Street, Kincardine, ON, **(C,BT,D,WC,NP,HY)**
<https://meet.google.com/ubb-jvch-fkw>

Wednesday, 7:00PM New Hope, Davidson Center, Westside door, beside skate park, 601 Durham Street, Kincardine, ON, **(C,BT,D,WC,NP)**

KINGSTON

Sunday, NOON Serenity Group, Community House, masks optional, 99 York Street, Kingston, ON, **(C,D,Tr,CW)**

Sunday, 7:30PM Get Honest or Die Group, Trellis HIV & Community Care, 844 Princess Street, Kingston, ON, **(O,BT,D,St)**

Monday, 9:30AM No Longer Alone Group, Rustle Church, masks optional, 65 Russell Street, Kingston, ON, **(O,B,BT,D,CW)**

Monday, 7:00PM New Beginnings, Edith Rankin Church, Use back door, 4080 Bath Road, Kingston, ON, **(O,BT,D,IP,St,To,Tr,WC,BK,AB,CW,NP)** *This meeting is wheelchair accessible*

Monday, 7:30PM We Care Group, Detox Centre, 240 Brock Street, Kingston, ON, **(C,D,CW)** *Closed meeting with exceptions for family and children and supports still welcome*

Tuesday, 9:30AM No Longer Alone Group, Rustle Church, masks optional, 65 Russell Street, Kingston, ON, **(O,B,BT,D,CW)**
<https://us02web.zoom.us/j/787567193?pwd=ZnhJUTYyYWI6THI1ckx1bjVCNmR1UT09>

Tuesday, 7:00PM Alive & Well Group, Next Church, masks optional, 89 Colborne Street, Kingston, ON, **(C,BT,D,St,WC,BK)**

Wednesday, 9:30AM No Longer Alone Group, Rustle Church, masks optional, 65 Russell Street, Kingston, ON, **(O,B,BT,D,CW)**

Wednesday, 7:00PM We Care Group, Kingscourt Free Methodist Church, masks optional, 257 Kingscourt Avenue, Kingston, ON, **(C,D)** *Closed meeting with exceptions for family and children and supports still welcome*

SUDBURY

Sunday, 1:00PM Sunday Surrender Group of NA, Iron Workers Locals 786, 97 St. George Street, Sudbury, ON, **(O,D,To,WC,NS)**

Sunday, 7:00PM Just For Tonight Group, Calvin Presbyterian Church, Downstairs, 1114 Auger Avenue, Sudbury, ON, **(O,D,IW,JT,WC,NS)** *Alternates between A Spiritual Principle a Day one week and the Just for today reading one week.*

Monday, 7:30PM Basic Blues Group, United Pentecostal Church, 2080 Lasalle Blvd, Sudbury, ON, **(C,D,To,NS,QA)**

Monday, 7:30PM Guiding Principles of NA Group, Calvin Presbyterian Church, 1114 Auger Avenue, Sudbury, ON, **(O,BT,D,Tr,WC,BK,NS)**

Tuesday, 7:00PM Tuesday Step Ahead Group, Calvin's Presbyterian Church, 1114 Auger Avenue, Sudbury, ON, **(C,SG,WC,BK,NS)**

Tuesday, 7:30PM Serenity Seekers, Sudbury Event Centre, Upstairs, 19 Regent Street, Sudbury, ON, **(O,D,To)** *2 topic discussion meeting*

Wednesday, 7:30PM Wednesday Basic Text Study Group, Ukrainian National Federation, Downstairs, 130 Frood Road, Sudbury, ON, **(O,BT,BK,NS)**

Thursday, 7:30PM Thursday Night Message Of Recovery Group, Sudbury Event Centre, 19 Regent Street, Sudbury, ON, **(O,D,To)**

Friday, 7:30PM Friday Freedom Group, Ukrainian National Federation, Downstairs, 130 Frood Road, Sudbury, ON, **(O,D,NS,LC)**

Saturday, 7:30PM Saturday Night Alive Group, Ukrainian National Federation, Downstairs, 130 Frood Road, Sudbury, ON, **(O,D,To,NS)**

THEDFORD

Wednesday, 8:00PM Hope & Freedom Group, Knox Presbyterian Church, 182 Main St., Thedford, ON,

<https://us02web.zoom.us/j/7619436485>, Zoom ID# 761 943 6485 / Password: 715433

THUNDER BAY

Sunday, 7:30PM Surrender Group, The Gathering Place, Bus Lines: Mainline 1, Neebing 4, Edward 5 (Tradition meeting the 3rd Sunday of the month at 6:30 prior to the regular meeting) Speaker meetings are open meetings, 239 Amelia St. West, Thunder Bay, ON, **(C,D,WC)**

Monday, 7:00PM We Do Recover, Salvation Army Journey to Life, Speaker meetings are open meetings, 545 N. Cumberland Street, Thunder Bay, ON,

Wednesday, 7:30PM Just for Today Group, Harmony United Church, Bus Line: Hudson 7, speaker meetings are open meetings, 1 Shuniah St, Thunder Bay, ON, **(C,D,St,Tr)**

Friday, 7:30PM Just for Today Group, Harmony United Church, Bus Line: Hudson 7, speaker meetings are open meetings, 1 Shuniah St, Thunder Bay, ON, **(O)**

Saturday, 7:30PM Freedom Group, Bus Line: Northwood 10, Speaker meetings are open meetings, 301 Lillie St North, Thunder Bay, ON, **(C,CL,RF)**

TILLSONBURG

Saturday, 11:00AM Walking the Walk, Tillsonburg Public Library, 2 Library Lane, Tillsonburg, ON,

TIMMINS

Sunday, 7:30PM Why Are We Here Group, Saint Mathew's Cathedral, 331 Fifth Avenue, Timmins, ON, **(C,D)**

ST. CATHARINES

Monday, 7:30PM Spiritual Horizons, Faith Evangelical Lutheran Church, 31 Agar Dr., St. Catharines, ON, (O,D)

Tuesday, 8:00PM Real Deal, Grace Anglican Church, 238 Geneva St., St. Catharines, ON, (O,D,St,Tr,LC)

Wednesday, 7:00PM End the Stigma, Front entrance, 412 St. Paul St., St. Catharines, ON, (O,D)

Thursday, 7:00PM End the Stigma, Front entrance, 412 St. Paul St., St. Catharines, ON, (JT,To)

Friday, 7:00PM Hope Dealers, Silver Spire United Church, Entrance at the back of Church, 366 St. Paul St., St. Catharines, ON, (O,BT,D)

Saturday, 7:00PM No Matter What Club, Silver Spire Church, Back door, downstairs, 366 St. Paul Street, St. Catharines, ON, (O,D,JT,SG,To,WC)

STEINBACH

Monday, 7:00PM Steinbach Group of NA - It's Worth The Journey, Steinbach Community Outreach, Grey Doors on West Side of Building, 354 Loewen Blvd, Steinbach, MB,

Saturday, 7:00PM Steinbach Group of NA - It's Worth The Journey, Steinbach Community Outreach, Grey Doors on West Side of Building, 354 Loewen Blvd, Steinbach, MB,

STONEY CREEK

Wednesday, 7:00PM New Beginnings Group, Stoney Creek United Church, Entrance off of Lake Ave S - Board Room, 2nd Floor, 1 King St West, Stoney Creek, ON, (O,D,JT,LC)

STRATFORD

Sunday, 7:00PM Serenity Seekers, Saint Paul's Anglican Church, Downstairs, 9 Douro Street, Stratford, ON, (O,D,WC)

Tuesday, 8:00PM Serenity Seekers, Saint Paul's Anglican Church, Downstairs, 9 Douro Street, Stratford, ON, (C,WC,LC)

Wednesday, 7:00PM Stopping The Damage, St. Pauls Anglican Church, 9 Douro St, Stratford, ON, (C,D,WC)

Thursday, 7:00PM Serenity Seekers, Saint Paul's Anglican Church, Downstairs, 9 Douro Street, Stratford, ON, (C,BT,WC)

Friday, 7:00PM Recovery Happens, St. Pauls Anglican Church, 9 Douro Street, Stratford, ON, (C,SG,WC)

ST THOMAS

Saturday, 7:30PM Walking In Recovery, The Station, 16 Queen Street, St Thomas, ON, (O,D)

STURGEON FALLS

Monday, 7:00PM Be Brave, St. Mary Magdalene Anglican Church, 253 King Street, Sturgeon Falls, ON, (CH)

Thursday, 7:00PM Road to Recovery, 189 Main Street Unit # 2, Sturgeon Falls, ON,

Saturday, 1:30PM Stay Strong, 189 Main Street Unit # 2, Sturgeon Falls, ON,

KINGSTON (CONT)

Thursday, 9:30AM No Longer Alone Group, Rustle Church, masks optional, 65 Russell Street, Kingston, ON, (O,B,BT,D,CW)

<https://us02.web.zoom.us/j/787567193?pwd=ZnhJUTYyYWI6THI1ckx1bjVCNmR1UT09>

Thursday, NOON Harbour of Hope, 595 Bagot Street, Kingston, ON,

Thursday, 7:00PM Unity in Action, Kingston Community House, 99 York Street, Kingston, ON, (O,B,CS,IP,SD,To,BK,AB) *The new Spiritual Principle a Day (SPAD) book will be included in our literature meetings.*

Friday, 9:30AM No Longer Alone Group, Rustle Church, masks optional, 65 Russell Street, Kingston, ON, (O,B,BT,D,CW)

Friday, 6:30PM Boys to Men Group, Polson Park Free Methodist Church, masks optional, 5 Miles Avenue, Kingston, ON, (C,D,M,CW)

Friday, 6:30PM She Unit Group, Community House, 99 York Street, Kingston, ON, (O,W,CW) *She Unit welcomes women and gender non-conforming individuals.*

Friday, 8:00PM Get Honest or Die Group, Trellis HIV & Community Care, 844 Princess Street, Kingston, ON, (O,BT,D,St,WC,BK)

Saturday, 10:00AM Just 4 Saturday, The Stone and Brown building next to the church, 130 Wiley Street, Kingston, ON, (C)

Saturday, 7:00PM Alive & Well Group, Next Church, masks optional, 89 Colborne Street, Kingston, ON, (C,BT,D,St,WC)

KIRKLAND LAKE

Thursday, 7:30PM Just For Today, Microtel Inn, Separate entrance; situated left to main doors. Boardroom., 350 Government Rd. W., Kirkland Lake, ON, (O,WC)

KITCHENER

Monday, 7:00PM Friendship Group, First Mennonite Church, 800 King St. E (at Stirling), Kitchener, ON, (O,D)

Thursday, 7:30PM Clean Freaks, Calvary Memorial United Church, Please use the Park St. entrance., 91 Gruhn St (Park & Glasgow), Kitchener, ON, (O,BT,D,WC,BK)

Friday, 7:00PM Hope Group, St. Matthews Memorial Lutheran Church, Entrance is the side door in the rear of the parking lot on Benton St. Accessible entrance available upon request., 54 Benton St., Kitchener, ON, (O,D,St)

Saturday, 7:00PM Saturday Night Live, St. Andrews Church, Entrance off parking lot - down the stairs in the Elizabeth Rm. Speaker meetings on the last Saturday of the month., 54 Queen St. N (at Weber), Kitchener, ON, (O,D,SD,WC)

KLEINBURG

Tuesday, 7:30PM One Step at a Time, Cornerstone Community Church, 180 Nashville RD, Kleinburg, ON, (C,D)

LASALLE

Tuesday, 9:00AM Morning Miracles, Heritage Park Alliance Church, 2501 Concession Rd 6, LaSalle, ON, (O,WC,ENG)

LEAMINGTON

Monday, 7:00PM A Whole New Deal, Leamington Center for Hope, 58 Erie St. South, Leamington, ON, (C)

Wednesday, 7:00PM A Whole New Deal, Leamington Center for Hope, 58 Erie St. South, Leamington, ON, (C)

LINDSAY

Monday, 7:30PM We Do Recover, 40 William Street North, St Andrews Presbyterian church north side entrance., Lindsay, ON, **(C,BK,LC)**

Thursday, 7:30PM We Do Recover, St Andrews Presbyterian church north side entrance., 1st Thursday of every month meeting 7:30 - 9:30 speaker meeting, 40 William St N, Lindsay, ON, **(C,BT,D,BK)**

Saturday, 7:30PM We Do Recover, St Andrews Presbyterian church north side entrance, 40 William St N, Lindsay, ON, **(C,D)**

LINDSAY

Wednesday, 7:30PM We Do Recover, Hope Valley Centre, 3507 HWY 35, Lindsay, ON, **(C,D,RF,WC,BK)**

LISTOWEL

Tuesday, 7:30PM Changing Lanes, St Paul's Lutheran Church, Enter in back door.. up four steps and turn right, 505 Wallace Avenue North, Listowel, ON, **(O,D)**

LITTLE CURRENT

Monday, 8:00PM Little Current Group, United Church, 5 Robinson Street, Little Current, ON, **(O,D,To)**

LONDON

Sunday, 10:00AM Time to Get Real, Grey Building in Salvation Army Parking Lot, 261 Wellington Street, London, ON, **(O,D,WC)**

Sunday, 7:00PM Recovery Lounge, Knollwood Baptist Church, Please Enter on the East side of the build, not the entrance with the ramp up to the front door., 800 Cheapside Street, London, ON, **(O,BT,D,St,WC,AB,LC)** *Please no smoking on church property. Please move to the side walk.*

Sunday, 7:00PM Recovery Rocks, Mens Mission, 459 York Street, London, ON, **(O)**

Monday, 7:00PM I Can't We Can, Wesley Knox Church, Enter off back parking lot of the church, 91 Askin St, London, ON, **(O,BT,D,RF,St)** *40 Person Limit, No Contact*

Tuesday, 7:30PM Alive and Kicking, Wesley-Knox United Church, Please Enter the church off of Teresa Street., 91 Askin Street, London, ON, **(C,BT,D,RF,WC,LC)**

Tuesday, 7:30PM Life Starts Here, St Andrew Memorial Church, 55 Foxbar Rd, London, ON,

Wednesday, 8:00PM We Do Recover, St. Marks Anglican Church, enter through the side door meeting is downstairs, 1320 Wilton Avenue, London, ON, **(C,D)**

Thursday, 7:30PM Just For Today, Grey Building in Salvation Army Parking Lot, 261 Wellington Street, London, ON, **(O,D,CW)** *Meeting has a 40 Person Limit*

Friday, NOON Spiritual Principles at Noon, The meeting is accessible by the southbound lane only in the Epic Recovery building. There is parking in back, please use entrance B, ring Epic bell if there isn't a door greeter., 743 Wellington Rd, London, ON, **(O,D,SPAD)**

Friday, 8:00PM Reclamation Group, Calvary United, 290 Ridout St south, London, ON,

Saturday, NOON Freedom From Fear, London Cares, Enter at the front of the building, 602 Queens Ave, London, ON, **(O,St,To,WC)**

SARNIA (CONT)

Thursday, 7:00PM Time to Change, River City Centre, 260 Mitton St North, Sarnia, ON, **(D)**

Friday, 11:00AM Living by Spiritual Principles, River City Centre, 260 Mitton St, North, Sarnia, ON,

Friday, 7:00PM Alive & Kicking, Saint Luke's United Church, Open meeting on 3rd Friday of month, 350 Indian Road South, Sarnia, ON, **(O,D,WC)**

Saturday, 7:00PM Together We Can, Emmanuel Presbyterian Church, The corner of Russell St and Kathleen St., 120 Russell St, South, Sarnia, ON, **(C,D)**

SAULT STE. MARIE

Monday, 7:30PM Golden Eagle, SOYA, 179 Gore Street, Sault Ste. Marie, ON, **(C,BT,WC)**

Wednesday, 7:30PM Living Clean, SOYA, 179 Gore Street, Sault Ste. Marie, ON, **(O,WC,BK)**

Thursday, 6:30PM Reality Group, Emmaus Anglican Church, 1643 Wellington Street East, Sault Ste. Marie, ON, **(C,JT,WC)** *Last Thursday of month is an open meeting*

Friday, 7:30PM It Works, How & Why, Club 14, 236 John St., Sault Ste. Marie, ON, **(O,IW,SD)**

Saturday, 7:00PM Saturday Night Live, St. Mary's Ukranian Church, 293 St. George's Avenue E., Sault Ste. Marie, ON, **(C,WC)**

SAULT STE MARIE

Sunday, 7:00PM Courage To Change, Emmaus Anglican Church, 1643 Wellington St East, Sault Ste Marie, ON, **(O,RF,WC)**

SCARBOROUGH

Sunday, 7:30PM Inner Journey, West Hill United Church, Scarborough Boys and Girls Club, 62 Orchard Park Dr., Scarborough, **(C,D,WC)** *Front entrance, upstairs*

Tuesday, 8:00PM Faith Over Fear, Church of St. Andrew, 2333 Victoria Park Ave, Scarborough, ON, **(C,BT,IW,St,Tr,LC)** *North side entrance, in the basement*

SHELBURNE

Thursday, 7:30PM Spiritual Path, Trinity United Church, Side Door off First Ave, 200 Owen Sound Street, Shelburne, ON, **(O)**

SIMCOE

Sunday, 11:00AM Just For Today, Beside Holmes House, 50 Orchard Avenue, Simcoe, ON, **(C,D)**

Monday, 8:00PM Just For Today, First Baptist Church, 129 Young Street, Simcoe, ON,

Friday, 8:00PM Just For Today, First Baptist Church, 129 Yonge Street, Simcoe, ON,

SMITHS FALLS

Monday, 7:30PM Living Free, Westminster Presbyterian, 11 Church St W, Smiths Falls, ON, **(C,D,WC,BK)** *Celebrations weekly during regular meetings. Open meeting the last Monday of the month.*

Thursday, 7:30PM Living Free, Westminster Presbyterian, 11 Church St. West, Smiths Falls, ON, **(C,D,St,Tr)**

PORT COLBORNE (CONT)

Saturday, NOON More Will Be Revealed, Port of Grace Community Church, Front Leftside Door-Upstairs; first hour is It Works: How & Why reading and discussion, 2nd hour is step work for those who wish., 26 Charlotte St., Port Colborne, ON, **(D,IW,SG,St,NP,SW)**

PRESCOTT

Thursday, 6:30PM Prescott's Living Clean, St. Andrew's Presbyterian Church, 425 Centre St. (Enter by the side entrance on Dibble St.), Prescott, ON, **(O,D,WC,BK)**

QUEENSVILLE

Wednesday, 7:30PM BYOB North Group, Ravenshoe United Church, Bring Your Own Basic Text, 3252 Ravenshoe Road, Queensville, ON, **(C,St,WC,BK)**

RENFREW

Friday, 7:00PM Back to Basics Group, Trinity Saint Andrew's Church, Downstairs, 291 Plaunt Street South, Renfrew, ON, **(O,B,BT,D,BK)**

RICHMOND HILL

Monday, 8:00PM You Are No Longer Alone, M.L. McConaghy Seniors Centre, 10100 Yonge Street, Richmond Hill, ON, **(C,CL,D,WC)**

Tuesday, 7:30PM Message Of Hope, McConaghy Centre, room number 205, 10100 Yonge St, Richmond Hill, ON, **(C,SD,PER)** *Farsi speaking*
<https://us04web.zoom.us/j/7404899333>

RICHMONDHILL

Tuesday, 8:30PM Message Of Hope - (Farsi Speaking Meeting), McConaghy Centre, Room Number 205, 10100 Yonge St, Richmondhill, ON,

RICHMONDHILL, ON

Friday, 7:30PM Message of Hope, 10100 Yonge street, Richmondhill, ON, ON, **(BK)**
<https://us06web.zoom.us/j/9463481837>

RUSSELL

Monday, 7:00PM No Matter What, Russell United Church, Castor entrance - Open speaker celebration meetings 3rd Mon/Month, 38 Mill Street, Russell, ON, **(C,D)** *Meeting closed on holidays*

SARNIA

Sunday, NOON Living, Laughing, Learning, River City Centre, 260 Mitton Street North, Sarnia, ON, **(C,D)**

Sunday, 7:00PM Fresh Start, Bluewater Health ~ Russell Building, 4th Floor Boardroom, 89 Norman St, Sarnia, ON, **(O,D,WC,BK,CW)**

Monday, 7:00PM Basic Text Study, The Inn of The Good Shepherd, 115 John St, Sarnia, ON, **(C,BT)** *Open meeting 2nd Monday of month*

Tuesday, 7:00PM Just for Today, Emmanuel Presbyterian Church, Enter Centre of the Center off Kathleen Street, 120 Russell St, South, Sarnia, ON, **(C,D,NP)**

Wednesday, 11:00AM Freedom is a Choice, River City Centre, 260 Mitton St, North, Sarnia, ON, **(O,D)**

Wednesday, 7:00PM Slowly Getting Better, Lighthouse Church, 152 Parker Street, Sarnia, ON, **(C,D,WC)**

LONDON (CONT)

Saturday, 7:00PM Steps to Freedom, Epic Recovery Building, Two storey grey building is Salvation Armys parking lot, 261 Wellington Street, London, ON, **(C,D,WC)** 25 *Person Limit*

MANILLA

Thursday, 7:00PM The Ties that Bind, Manilla Community Hall, 16990 Simcoe St., Manilla, ON, **(D)**

MANITOULIN ISLAND

Wednesday, 7:00PM Red Road Step Study Guide Group, 2525 Wikwemikong Way, Manitoulin Island, ON, **(D,To,OE)**

Thursday, 2:00PM Red Road Step Study Guide Group, 18 Hills Trail, Wikwemikong, Manitoulin Island, ON, **(O,SG)**

MARKDALE

Monday, 7:00PM Recovery is Possible, Cook's Presbyterian Church, 14 George Street, Markdale, ON, **(O,D)**

MATHESON

Tuesday, 7:00PM AAN Recovery Group, Matheson Library, 352 2nd St., Matheson, ON,

MIDLAND

Tuesday, NOON Serenity Now, Knox Presbyterian Church, 248 Midland Avenue, Midland, ON, **(C,D)**

Friday, 7:30PM Hugs not Drugs, Knox Presbyterian Church, In the basement, 248 Midland Ave., Midland, ON, **(D)**

MILTON

Sunday, 7:00PM Courage To Change, Knox Presbyterian Church, Rear entrance, 170 Main Street East, Milton, ON, **(C,D,JT,St)**
<http://zoom.us/j/6706854435>

Wednesday, 7:00PM Living In The Solution, Grace Anglican Church, 317 Main St E, Milton, ON, **(C,D,WC)**

Friday, 8:00PM New Freedom, Grace Anglican Church, 317 Main Street East, Milton, ON, **(O,D,St,LC)**

MINNEDOSA

Sunday, 7:00PM The Yellowhead Group, Town Hall, 103 Main St. South, Minnedosa, MB,

MISSISSAUGA

Sunday, 6:30PM NA Foundation Group, Clarkson Community Church , *Women's breakout meeting, every Sunday, 1880 Lakeshore West, Mississauga, ON, **(C,D,JT)**

Monday, 8:00PM Recovery Group, St. Stephens On The Hill, 998 Indian Rd, Mississauga, ON, **(C,D,St,Tr,LC)**

Tuesday, 8:00PM Primary Purpose, Meadowvale Community Church, 2630 Inlake Crt, Mississauga, ON, **(C,D,WC)**

Wednesday, 7:00PM Infinity Recovery, Meadowvale South Recreation Center, 6600 Falconer Dr, Mississauga, ON, **(C,D,WC)**

MISSISSAUGA (CONT)

Thursday, 7:00PM NA Foundation Group, Clarkson Community Church, 1880 Lakershore Rd W, Mississauga, ON, **(C,D)**

Thursday, 7:00PM No Matter What, Westminster United Church, 4094 Tomken Rd, Mississauga, ON, **(C,D,WC)** ***Women's breakout meeting, on the last Thursday of the month***

Thursday, 8:00PM Primary Purpose, Meadowvale Community Church, 2630 Inlake Crt, Mississauga, ON, **(C,D,WC)** ***Women's breakout meeting, every Thursday***

Friday, 8:00PM I Can't We Can, Trinity - St. Paul Church, Closed Discussion, 26 Stavebank Rd, North, Mississauga, ON, **(C)**

Saturday, 7:30PM Journey to Freedom, Applewood United Church, 2067 Stanfield Rd, Mississauga, ON, **(C,BT,D,JT,SD,WC,LC)** ***Women's breakout meeting, every 3rd Saturday of the month***

NAPANEE

Saturday, 9:00AM Carry The Message Group, Grace United Church, parking lot door - masks optional, 150 Robert Street, Napanee, ON, **(C)**

NEWMARKET

Sunday, 8:00PM Sharing Hope, Cornerstone, 570 Steven Court (side door), Newmarket, ON, **(C,BT,D,To,AB)** *Meeting opens at 7pm for Fellowship.*

Monday, 8:00PM Squeaky Clean, Cornerstone To Recovery, 570 Steven Court, Unit B (Side Door Entrance), Newmarket, ON, **(O,BT)**

Friday, 8:00PM Unity Self-Help, Trinity United Church - Side Door Entrance, 461 Park Ave., Newmarket, ON, **(C,B,D,St)**

Saturday, 7:00PM Serenity On Saturday, 570 Steven Court - Side Door Entrance, Newmarket, ON,

NIAGARA-ON-THE-LAKE

Monday, 7:00PM NOTL Anonymous, Speaker meeting every 3rd week, 222 Davy St., Niagara-on-the-Lake, ON, **(O,D,To,WC)**

NIAGARA FALLS

Tuesday, 7:00PM Finding Hope: A Journey Through the NA Step Working Guide., Mount Carmel Spiritual Centre, 7020 Stanley Ave, Niagara Falls, ON, **(O,D,SG)** *Step Study format, designed to encourage open discussion and sharing among participants as we work through the NA Step Working Guide together.*

Tuesday, 7:30PM New Hope, Drummond Hill Presbyterian Church, No smoking on church property, 6136 Lundy's Ln, Niagara Falls, ON, **(O,D,St,WC,NS)**

Thursday, 7:00PM The Survivor's Club, Christ Church, 4750 Zimmerman Ave., Niagara Falls, ON, **(O,BT,D,To,WC,BK)**

Friday, 7:00PM New Beginnings - Newcomers meeting, Side Entrance, 4750 Zimmerman Ave, Niagara Falls, ON, **(O,BT,St)**

Saturday, 7:00PM Saturday Night Live, St. Andrew's United Church, 5645 Morrison St., Niagara Falls, ON, **(O,D,WC,LC)**

NO DATA

Monday, 8:00PM Hope Not Dope Group, Bridge Street United Church, 60 Bridge Street East, Belleville, Ontario, ON, **(O,D,WC)**

PETERBOROUGH (CONT)

Sunday, 7:30PM Stepping Into Action, Murrey Street Baptist Church, Last Sunday of each month is an open speaker meeting, 175 Murray St, Peterborough, ON, **(C,D,RF,SD,So,WC,WEB,LC)**

Monday, 7:30PM Stepping Into Action, Murray St. Baptist Church, Ring Bell at back, 175 Murray St, Peterborough, ON, **(O,BT,D,WC,WEB)**
<https://www.google.com/url?q=http://zoom.us/j/2664975542&sa=D&source=calendar&sd=2&usg=AOvVaw0Rlmvj2a3uKrPPEuW16KKR>

Tuesday, 7:30PM Live Your Life, St.Johns Anglican Church, 99 Brock St, Peterborough, ON, **(O,D,WC,LC)**

Wednesday, 6:30PM Together We Rise there, 180 Barnardo Ave, Peterborough, ON, **(C)**

Wednesday, 7:30PM Stepping Into Action, Murray St. Baptist Church, 175 Murray St., Peterborough, ON, **(C,D,SD,WC)**
<https://www.google.com/url?q=http://zoom.us/j/2664975542&sa=D&source=calendar&sd=2&usg=AOvVaw0Rlmvj2a3uKrPPEuW16KKR>

Thursday, NOON Stepping Into Action, 175 Murray St., Peterborough, ON, **(O,D,WC)**

Thursday, 7:30PM Live Your Life, St Johns Anglican Church, 99 Brock St, Peterborough, ON, **(O,St,AB)**

Friday, 7:30PM Stepping Into Action, Murrey St., Baptist Church, 175 Murray St., Peterborough, ON, **(SD,WC,WEB)**

Saturday, 7:30PM Live Your Life, St.Johns Anglican Church, 99 Brock St, Peterborough, ON, **(O,D,WC)**

PICTON

Thursday, 7:30PM New Hope Group, Free Methodist Church, 384 Main Street East, Picton, ON, **(C,D,WC)**

PORTAGE LA PRAIRIE

Sunday, 7:00PM Recovery First, CPR Heritage Station, 301 - 3rd Street N.E., Portage la Prairie, MB,

Tuesday, 5:30PM Recovery First, CPR Heritage Station, 301 - 3rd Street N.E., Portage la Prairie, MB, **(St)**

Wednesday, 5:30PM Recovery First, CPR Heritage Station, 301 - 3rd Street N.E., Portage la Prairie, MB, **(St)**

Thursday, 7:00PM Recovery First, CPR Heritage Station, 301 - 3rd Street N.E., Portage la Prairie, MB, **(O)**

Saturday, 7:00PM Recovery First, CPR Heritage Station, 301 - 3rd Street N.E., Portage la Prairie, MB, **(CL,St,Tr)**

PORT COLBORNE

Tuesday, NOON Hooked On Recovery, St. Patrick Roman Catholic Church, Walk between church and right side building from King St. Turn right, and it is the first door entrance (right) downstairs to meeting., 123 King St., Port Colborne, ON, **(D,JT,SPAD)**

Friday, 7:00PM Attitudes of Gratitude, Port of Grace Community Church, Front Leftside Door-Upstairs, 26 Charlotte St., Port Colborne, ON, **(O,BT,D,JT,SPAD)** *Speaker last Friday of the month*

OTTAWA (CONT)

Saturday, 6:00PM Recovery in the Park, Strathcona Park, 25 Range Rd, Ottawa, ON, **(C,D)** Meeting near the Osgoode St intersection. Please contribute white keytags if you have any <3

Saturday, 7:30PM New Beginnings, Royal Ottawa Hospital, Room 1424, 1145 Carling Ave, Ottawa, ON, **(C,D,St,HY)** Concurrent Meeting (online and in-person at same time) <https://us02web.zoom.us/j/89728907520?pwd=eHVqVVcyT1IsckJibTZaWIRoQzNHUT09>, Zoom ID: 897 2890 7520 Password: 123456

Saturday, 8:00PM Fellowship Group, Bronson Centre, New entrance with FELLOWSHIP GROUP sign on door (smaller door at far left of main entrance, closest to Nepean St, near bus stop), 211 Bronson Avenue, Ottawa, ON, **(C,D,WC)** Open Speaker Celebrations 2nd Sat/month

OWEN SOUND

Sunday, 7:00PM Steps 2 Freedom Group, Georgian Shores United Church, 997 4th Avenue East, Owen Sound, ON, **(O,D)**

Tuesday, 7:00PM Picking up the pieces, 380 9th St E, Owen Sound, ON, **(C,BT,BK)**

Wednesday, 7:30PM Open Doors Group, Central West Side Church, Entrance off parking lot, downstairs, 310 10th Street West, Owen Sound, ON, **(C,WC)**

PARIS

Saturday, 8:00PM Paris Group, St. Paul's Church, 48 Broadway St. West, Paris, ON, **(C,D,JT,WC)**

PARRY SOUND

Monday, 6:30PM Sound Recovery, Parry Sound Friendship Centre, 25 Church Street, Parry Sound, ON, **(C,D,WC)**

Wednesday, 6:30PM Sound Recovery Group, Parry Sound Friendship Centre, 25 Church Street, Parry Sound, ON, **(C,D,WC)**

Friday, 6:30PM Sound Recovery Group, Parry Sound Friendship Centre, 25 Church Street, Parry Sound, ON, **(C,D,WC)**

PEMBROKE

Wednesday, 7:00PM New Life, Holy Name Church Annex (off Trafalgar and Front St), 284 Trafalgar Road, Pembroke, ON, **(C,D)** Open Speaker Celebrations

Saturday, 7:00PM New Life, Holy Name Church Annex, entrance at Annex on 1st Ave, 284 Trafalgar Road, Pembroke, ON, **(C,D)**

PENETANGUISHENE

Wednesday, 7:00PM Serenity Now, All Saints Church, 3 Peel St, Penetanguishene, ON, **(C,D,SD)**

PERTH

Friday, 7:00PM 12 Steps to Recovery, Elliot Street Clinic, 12 Elliot Street, Perth, ON, **(C,D,WC)** August 29th celebration meeting will be held at 17 D'arcy St, K7H 2T9

PETERBOROUGH

Sunday, 2:00PM Live Your Life, St.Johns Anglican Church, in person meetings have resumed, 99 Brock st, Peterborough, ON, **(C,D)**

NORTH BAY

Sunday, 7:30PM Unity, Calvin Presbyterian Church, 2nd Floor, 401 First Ave. W., North Bay, ON, **(C,D,WC)**

Monday, 7:30PM Unity Gratitude Meeting, Calvin Presbyterian Church, 3rd Floor, 401 First Ave. W., North Bay, ON, **(C,D)**

Tuesday, 7:00PM Stopping the Damage, Trinity United Church, Entrance at Side Door on Ferguson Street, 111 McIntyre St. E., North Bay, ON, **(C,D,JT)**

Tuesday, 7:00PM Together We Can, Calvin Church, 401 First Ave. W., North Bay, ON, **(C,D,St,W,WC)**

Wednesday, 7:30PM Recovery Way, Trinity United Church, Entrance at Side Door on Ferguson Street, 111 McIntyre St. E., North Bay, ON, **(C,CL,D,RF,Ti,COVID)**

Thursday, 7:00PM Stopping the Damage, Trinity United Church, Entrance at Side Door on Ferguson Street, 111 McIntyre St. E., North Bay, ON, **(C,D,To)**

Friday, 7:00PM Steps to Recovery, Calvin Presbyterian Church, 401 First Ave. W., North Bay, ON, **(C,BT,D,St,To,WC)**

Saturday, 7:00PM Recovery Way, Trinity United Church, Entrance at Side Door on Ferguson Street, 111 McIntyre St. E., North Bay, ON, **(C,D,JT)**

OAKVILLE

Tuesday, NOON The 12, Unifor Local 707 South door, Downstairs east side, glass doors, 475 North Service Rd. East, Oakville, ON, **(C,D,SG,BK)**

Tuesday, 7:00PM Not Afraid, Knox Presbyterian Church - in the McMillan Hall, Second side door entrance, meeting down stairs., 89 Dunn St., Oakville, ON, **(O,D,SD)**

Wednesday, 8:00PM Suburban Serenity, Knox Presbyterian Church, NEW LOCATION, 89 Dunn. St., Oakville, ON, **(C,D)**

Friday, 7:30PM Serenity in Recovery, KNOX PRESBYTERIAN CHURCH, 89 Dunn Street in Oakville, Oakville, ON, **(C,D)**

Saturday, 7:00PM Keep It Simple, Knox Presbyterian Church, Last Saturday of month is an OPEN MEETING, 89 Dunn St, Oakville, ON, **(C,O,D,JT)**

ORANGEVILLE

Sunday, 7:00PM Stand By Me, New Hope Community Church, 690 Riddell Road, Orangeville, ON, **(O,D,WC,ENG)**

Monday, 7:00PM Desire To Survive, Westminster Church, 247 Boardway, Orangeville, ON, **(C,SD)** Speaker meeting, the first monday of the month

Wednesday, 7:00PM Hope is Here, Centre Fellowship Church, 375 Hansen Blvd, Orangeville, ON, **(C,D)**

ORILLIA

Monday, 7:30PM Just For Today, Saint Paul's United Church, Rear Entrance off Coldwater, 62 Peter Street North, Orillia, ON, **(C,D)**

Wednesday, 7:30PM I Can't, We Can, St Andrews, Entrance via coffee house, 99 Peter St North, Orillia, ON, **(C,D,WC)**

Thursday, 7:30PM Just For Today, Saint Paul's United Church, Rear Entrance off Coldwater, 62 Peter Street North, Orillia, ON, **(C,D)**

Friday, 7:30PM Just For Today, Saint Paul's United Church, Rear Entrance off Coldwater, 62 Peter Street North, Orillia, ON, **(C,D)**

ORLEANS

Thursday, 7:30PM We Do Recover, Pierre Rocque Community Centre, 1257 Joseph Drouin Avenue, Orleans, ON, **(C,D,WC)** *Open Speaker Celebrations 3rd Thursday of the month*

OSHASA

Monday, 8:00PM New Hope Group, Open meeting speaker/spin the wheel/open podium, 33 Olive Ave, Oshasa, ON, **(O,SD,HY)**
<https://us02web.zoom.us/j/2521400001?pwd=Unp1azRsS213OFF5c2pTNVnpQzBzQT09>

OSHAWA

Sunday, 1:00PM The Ultimate Weapon, Durham Community Health Center, Men's Discussion Meeting....Basic Text., 115 Grassmere Ave, Oshawa, ON, L1H 3X7, Oshawa, ON, **(C,M,WC,BK)**

Sunday, 7:00PM The Journey Begins, United Steelworkers Hall, 125 Albert St., Oshawa, ON, **(C,D,WEB)**

Monday, 8:00PM New Hope Group, New Life Church, 33 Olive Ave, Oshawa, ON, **(O,So)**

Tuesday, 7:00PM Second Chance, Story Park Club House, 101 Mill Street, Oshawa, ON, **(C,D)**

Wednesday, NOON Free To Dream, United Steel Workers Hall, 125 Albert St., Oshawa, ON, **(C,D)**

Wednesday, 7:00PM Rising Phoenix, Cross Point Church, 120 person capacity, Non-smoking Property, 700 Ritson Rd N, Oshawa, ON L1G 7R9, Oshawa, ON, **(C,BT,D,SD,Ti,BK,NS,ME,CW,ENG,WEB,NP)**

Thursday, 6:00PM United in Recovery Women's Group, Story Park Clubhouse, 101 Mill Street, Oshawa, ON, **(C,D)**

Thursday, 7:30PM Keep It Simple, Cornerstone Community Building, Location change for June 18th. Open speaker meeting every 2nd week of every other month., 115 Albert St., Oshawa, ON, **(C,D)**

Friday, 6:30PM Primary Purpose Group, Cornerstone Community Building, side door, 121 Simcoe St S, Oshawa, ON, **(C,D,WC)**

Saturday, 11:00AM New Attitudes, United Steel Workers Hall, In person starts June 18th 2022, 115 Albert St, Oshawa, ON L1H 4R3, Oshawa, ON, **(C,D)**

Saturday, 7:00PM Alive and Free, United Steel Workers Hall, 60 Person Capacity, 115 Albert St, Oshawa, ON, **(C,D,NS)** *75 people capacity, masks are required*

OTTAWA

Sunday, 6:00PM How It Works, Bronson Centre, room 110, 211 Bronson Ave, Ottawa, ON, **(C,D,St,WC)** *Celebrations held 2nd Sun/month*

Monday, NOON NA Noon Group, Jack Purcell Community Centre - ROOM 202, 320 Jack Purcell Lane, Ottawa, ON, **(C,D,St,WC)**

Monday, 7:30PM Evolving Souls (LGBT+S), Saint John's Anglican Church, Elgin street entrance, 154 Somerset Street West, Ottawa, ON, **(O,CL,D)**

Monday, 7:30PM Freedom Group, Bronson Center, Room 103, 211 Bronson Ave, Ottawa, ON, **(C,D,WC)** *Open Speaker Celebration 2nd Mon/month*

Monday, 7:30PM We Kicked the Habit, Saint Marks Anglican Church, Literature reading and open discussion. Celebrations on the last Monday of the month., 1606 Fisher Ave, Ottawa, ON, **(O,D)**

OTTAWA (CONT)

Tuesday, NOON NA Noon Group, Jack Purcell Community Centre, 320 Jack Purcell Ln, Ottawa, ON, **(C,D,St,WC)**

Tuesday, 7:30PM New Awareness, Routhier Community Centre, 172 Guigues Ave, Ottawa, ON, **(C,D,WC)** *Business meeting 3rd Tuesday at 6:45 before the meeting. Open Speaker Celebrations 4th Tues/month.*

Wednesday, NOON NA Noon Group, Jack Purcell Community Centre - ROOM 202, 320 Jack Purcell Lane, Ottawa, ON, **(C,St,WC)**

Wednesday, 7:00PM Serenity @ 7 - Women+ Meeting, Sandy Hill Community Centre, For marginalized genders incl. women, non-binary & gender non-conforming people. This space centres around women's experiences in recovery., 250 Somerset St. E, Ottawa, ON, **(C,D,W,WC,BK,CW)** *Literature discussion. Open/Celebrations 2nd Wednesday of the month.*

Wednesday, 7:00PM Together We Can - Men's Meeting, McNabb Community Centre Room C, 180 Percy St, Ottawa, ON, **(C,D,M)** *Open Speaker Celebrations 3rd Wed/month*

Wednesday, 8:00PM Conscious Contact, Quaker House, 91A Fourth Avenue, Ottawa, ON, **(O,D,ME)** *Join us for meditation practice BEFORE the meeting (7:00 to 7:45), EXCEPT on the last Wednesday of the month.*

Thursday, NOON NA Noon Group, Jack Purcell, 320 Jack Purcell Lane, Ottawa, ON, **(C,D,St,TW,WC)**

Thursday, 7:00PM Gay Men In Recovery, MAX Ottawa, Please ring the intercom doorbell on the left side door for entry to the building if doors are locked and a member will let you in, 400 Cooper Street, Suite 9004, Ottawa, ON, **(C,D,GL,M,WC,HY)**
<https://us02web.zoom.us/j/84859984819?pwd=gV2bmno4bMlcZ3TTMhC95Tmf929Rlz.1>
Meeting ID: 848 5998 4819 Password: NAGMR

Thursday, 7:00PM Hope Without Dope, Hope Living, Downstairs in the chapel, 145 Castlefrank Road, Ottawa, ON, **(C,D,WC)**

Thursday, 7:00PM It's Possible, Carlington Community, Suite 102, Please enter by the Carlington Community Connection entrance on the side of the building facing Merivale Road, 1465 Caldwell Avenue, Ste 102, Ottawa, ON,

Thursday, 7:00PM Spiritual Warriors, Richelieu-Vanier Community Centre, Workshop room 2, 300 Pères-Blancs Ave, Ottawa, ON, **(C,D,WC)**

Thursday, 7:45PM New Attitudes, Old Town Hall Community Centre, Room opens at 7:30pm, 61 Main Street, 2nd Floor, Ottawa, ON, **(C,D,BK)** *No wheelchair accessibility.*

Friday, NOON NA Noon Group, Jack Purcell Community Centre - ROOM 203, 320 Jack Purcell Lane, Ottawa, ON, **(C,D,So,WC)**

Friday, 7:00PM Recovery is Possible, Sandy Hill Community Centre, Basement, 250 Somerset Street East, Ottawa, ON, **(C,D,WC)**

Friday, 7:15PM Gratitude Group, McNabb Community Centre, 180 Percy Street, Ottawa, ON, **(O,D,To,WC)** *Fellowship 8:15-8:45*

Friday, 8:00PM Just For Today, Bronson Centre - Room 110, Eastern door on Lisgar open and accessible until 8:00PM every Friday. Allowing members to avoid the main entrance which often contains many community members and various concerts. Members that show up after 8:00PM will be required to use the main entrance., 211 Bronson Ave, Ottawa, ON, **(C,D,JT)** *Open Speaker Celebrations 3rd Fri/month*

Saturday, NOON NA Noon Group, Jack Purcell Community Centre - ROOM 202, 320 Jack Purcell Lane, Ottawa, ON, **(C,D,WC)**