

SUNDAY

- NOON **Noon With a View** park north end of Lamont St 5045 Soledad Rd Pacific Beach, 92109 (O,D)
- NOON **Zoom @ the Beach** (O,JT,VM,\$) <https://zoom.us/j/88041240116> password 121212
- 6:30 PM **Recovery Warriors/SPAD** San Diego (O,VM,\$) <https://zoom.us/j/88041240116> password 121212
- 7:30 PM **Good Stuff** 4861 Cass St. San Diego, 92109 (O,JT,\$)
- 8:00 PM **Attitude of Gratitude** San Diego (O,D,VM) <https://zoom.us/j/89352898329> password: Freedom1
- 9:00 PM **Serenity Sundays (blue picnic pavilion, bring a chair)** 3605 Clairmont Dr. Clairemont Mesa, 92117 (O,D,\$)
- 9:00 PM **Spiritual Tendencies** (O,D,VM) <https://zoom.us/j/500458564> no pswd

MONDAY

- NOON **Noon @ the Beach** church upstairs in loft 1050 Thomas Ave Pacific Beach, 92109 (O,JT,\$)
- NOON **Zoom @ the Beach** (O,JT,VM,\$) <https://zoom.us/j/88041240116> password 121212
- 5:30 PM **Men's Weekly** Synagogue 5185 Acuna St. San Diego, 92117 (C,D,M,\$)
- 5:45 PM **NA By the Bay** Rec Center 1008 Santa Clara Pl. Mission Beach, 92109 (O,D,To)
- 6:00 PM **Monday Night Miracles** 6749 Tait street (church) 92111 (To,W,\$)
- 6:30 PM **Never To Late** Linda Vista 7064 Levant (next to skate park) (O)
- 6:30 PM **Recovery Warriors/SPAD** San Diego (O,VM,\$) <https://zoom.us/j/88041240116> password 121212
- 9:00 PM **Spiritual Tendencies** (O,D,VM) <https://zoom.us/j/500458564> no pswd

TUESDAY

- NOON **Noon @ the Beach** church upstairs in loft Tue 1050 Thomas Ave Pacific Beach, 92109 (O,JT,\$)
- NOON **Zoom @ the Beach** (O,JT,VM,\$) <https://zoom.us/j/88041240116> password 121212
- 6:15 PM **Tuesday Nite Timeout** Mira Mesa Community Park 8575 New Salem St. (rec. center) 92126 (O,D,To)
- 6:30 PM **OB Smokeless** church 1984 Sunset Cliffs Blvd Ocean Beach, 92107 (O,D,\$)

TUESDAY (CONT)

- 6:30 PM **Recovery Warriors/SPAD** San Diego (O,VM,\$) <https://zoom.us/j/88041240116> password 121212
- 6:30 PM **Who Needs A Meeting** (O,D,VM) <https://zoom.us/j/315613271>
- 7:30 PM **Young @ Heart** rm 207 upstairs 3340 Kemper St Point Loma, 92140 (O,D)
- 8:00 PM **Step/Tradition** RecCntr 3605 Clairemont Drive (meeting outside) Clairemont Mesa, 92117 (O,St,Tr,\$)
- 9:00 PM **Spiritual Tendencies** (O,D,VM) <https://zoom.us/j/500458564> no pswd

WEDNESDAY

- NOON **Noon @ the Beach** church upstairs in loft Tue 1050 Thomas Ave Pacific Beach, 92109 (O,JT,\$)
- NOON **Zoom @ the Beach** (O,JT,VM,\$) <https://zoom.us/j/88041240116> password 121212
- 6:30 PM **Recovery Warriors/SPAD** San Diego (O,VM,\$) <https://zoom.us/j/88041240116> password 121212
- 6:30 PM **Wednesday Night La Jolla Group** rec ctr. room 2 615 Prospect St La Jolla, 92037 (O,D,WC)
- 7:30 PM **Architects of Adversity** (C,WC,VM,5) <https://zoom.us/j/423637789> no password required
- 7:30 PM **Just a Bit Different** Church 3502 Clairemont Drive, Clairemont Mesa, 92117 (O)
- 9:00 PM **Spiritual Tendencies** (O,D,VM) <https://zoom.us/j/500458564> no pswd

THURSDAY

- 5:45 AM **Red Eye Special Group** (O,VM) <https://zoom.us/j/82733310022> no password
- NOON **Noon @ the Beach** church upstairs in loft 1050 Thomas Ave Pacific Beach, 92109 (O,JT,\$)
- NOON **Zoom @ the Beach** (O,JT,VM,\$) <https://zoom.us/j/88041240116> password 121212
- 5:30 PM **Eleven11** St. Peters By the Sea Church 1371 Sunset Cliffs Blvd. Ocean Beach, 92107 (O,D,\$,11)
- 6:00 PM **Back to Basics** 4141 Pacific Hwy 92110 (O,D,WC)
- 6:30 PM **Black Sheep** contact: Davey S. 619-972-1882 5255 Mount Ararat (church) Clairemont, 92111 (O,D,WC)

THURSDAY (CONT)

- 6:30 PM **Recovery Warriors/SPAD** San Diego (O,VM,\$) <https://zoom.us/j/88041240116> password 121212
- 6:30 PM **Therapeutic Thursday** St Catherine Laboure Catholic Church 4124 Mt. Abraham Ave Clairemont, 92111 (O,CL,D,WC,\$)
- 7:00 PM **USD Survivors (mask required)** Founders Hall Marion Way @ USD Linda Vista, 92123 (O,D,WC)
- 8:00 PM **The Zoo** church 1561 Thomas Ave. Pacific Beach, 92109 (O,D,WC,YP,SB,\$)
- 9:00 PM **Spiritual Tendencies** (O,D,VM) <https://zoom.us/j/500458564> no pswd

FRIDAY

- NOON **Noon @ the Beach** church upstairs in loft 1050 Thomas Ave Pacific Beach, 92109 (O,JT,\$)
- NOON **Zoom @ the Beach** Pacific Beach (O,JT,VM,\$) <https://zoom.us/j/88041240116> password 121212
- 6:30 PM **Recovery Warriors/SPAD** San Diego (O,VM,\$) <https://zoom.us/j/88041240116> password 121212
- 8:00 PM **Friday Night Point Loma** door on Avenida de Portugal church 3125 Avenida De Portugal San Diego, 92106 (O,D,\$) *enter at door on Avenida de Portugal & Locust* <https://zoom.us/j/911941144>
- 9:00 PM **Spiritual Tendencies** (O,D,VM) <https://zoom.us/j/500458564> no pswd

SATURDAY

- 10:00 AM **STEPPING UP** MMAC (babysitting available) 9606 Tierra Grande ST. San Diego, 92126 (O,CW,CC)
- NOON **Noon @ the Beach** church upstairs in loft 1050 Thomas Ave Pacific Beach, 92109 (O,JT,\$)
- NOON **Zoom @ the Beach** (O,JT,VM,\$) <https://zoom.us/j/88041240116> password 121212
- 3:00 PM **Beach Break** clubhouse 2229 Bacon St San Diego, 92107 (O,D,WC,\$)
- 6:00 PM **Life After Dope** clubhouse 4861 Cass St San Diego, 92109 (O,D)
- 6:30 PM **Recovery Warriors/SPAD** San Diego (O,VM,\$) <https://zoom.us/j/88041240116> password 121212
- 6:30 PM **Tough Addicts Still Don't Dance** San Diego (O,D,VM) <https://zoom.us/j/88354137551>

BEACH AREA

Meeting Schedule (57 weekly)

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SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS