

**SUNDAY**

**8:30AM - Came To Believe** (O,D,WC)  
club 1944 30th St, Golden Hills, CA, 92102 *Came To Believe*

**9:00AM - Living the Dream** (O,JT,WC,HY)  
4649 Hawley Blvd, Normal Heights, CA, 92116

**NOON - Noon at the Park** (O,D,\$,11)  
park (Mon-Sun) Oregon @ Howard St, North Park, CA, 92104

**3:30PM - Step This Way** (C,BT,IW,WC,BK)  
6901 Central Ave, Lemon Grove, CA, 91945

**4:00PM - 4PM at the Park** (O,D,\$,11)  
park (Mon-Sun) Oregon @ Howard St, North Park, CA, 92104

**6:30PM - Spiritual Freedom Meeting** (O,LS)  
(Church Basement) 4044 Lark Street, San Diego, CA, 92103

**MONDAY**

**9:00AM - Hang in There** (O,D,\$,11)  
club (Mon-Sat) 1944 30th St, Golden Hill, CA, 92102

**NOON - High Noon** (O,D,\$)  
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

**NOON - Noon at the Park** (O,D)  
Park (Mon-Sun) Oregon@ Howard St, North Park, CA, 92104

**4:00PM - 4pm at the Park** (O,D,11)  
Park (Mon-Sun) Oregon@ Howard St, North Park, CA, 92104

**4:00PM - In The Bottoms** (O,D)  
(Corner of 16th & Market) 1550 Market St., Downtown, CA, 92101

**6:30PM - It Works, How and Why** (C,IW,St)  
(Corner of 33rd & Meade) 3295 Meade Ave, Room 103, Normal Heights, CA, 92116 at *Maple St*

**6:30PM - N.P.O.D.** (C,JT)  
(Bring chairs. Coed) 6926 Saranac Street, College Area, CA, 92115

**6:30PM - Rocking Recovery** (O,D)  
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

**6:30PM - Signs of Life** (C,To,\$)  
RSO (Spk 4th Mon) 2111 Camino Del Rio South, Mission Valley, CA, 92108

**7:00PM - Monday Night Round Robin** (O,D,LGBT,OE,HY)  
2621 University Avenue, North Park, CA, 92104

**7:00PM - Monday Nite 11th Step** (C,D,VM,LS,11)  
Mission Valley, CA

**TUESDAY**

**8:30AM - Here and Now** (O,D,JT,VM)  
(Mon-Fri) Normal Heights, CA

**9:00AM - Hang in There** (O,D)  
club (Mon-Sat) 1944 30th St, South Park, CA, 92102

**NOON - High Noon** (O,D,\$)  
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

**NOON - Noon at the Park** (O,D,\$)  
Park (Mon-Sun) Oregon @ Howard Street, North Park, CA, 92104

**4:00PM - 4pm at the Park** (O,D,\$,11)  
Park (Mon-Sun) Oregon @ Howard Street, North Park, CA, 92104

**6:30PM - Taco Tuesday** (O,D)  
Go up the stairs 6669 Amherst Street, College Area, CA

**6:30PM - The Best is Yet to Come** (O,D)  
550 14th Street, Downtown, CA, 92101

**7:00PM - Re-up on Recovery** (O)  
1836 Rowan Street, City Heights, CA, 92105

**WEDNESDAY**

**9:00AM - Hang in There** (O,D,\$,11)  
club (Mon-Sat) 1944 30th St, Golden Hill, CA, 92102

**NOON - High Noon** (O,D,\$)  
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

**NOON - Noon at the Park** (O,D,\$)  
Park (Mon-Sun) Oregon@Howard Street, North Park, CA, 92104

**4:00PM - 4pm at the Park** (O,D,\$,11)  
Park (Mon-Sun) Oregon@Howard Street, North Park, CA, 92104

**5:45PM - Coffee With Jimmy K.** (C,D,LS)  
3295 Meade Avenue, Normal Heights, CA, 92116

**6:00PM - Hope Without Dope** (O,D,LGBT,\$)  
2621 University Ave, North Park, CA, 92104

**6:30PM - Fresh Start NA Literature Study** (C,BK)  
RSO 2111 Camino Del Rio S. (RSO), Mission Valley, CA, 92108

**6:30PM - PINK CLOUD** (O,D,To,W,WC,CW)  
Recovery Home (Speaker last Wednesday of the month) 6926 Saranac St., College Area, CA, 92115

**6:30PM - Rocking Recovery** (O,D)  
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

**6:30PM - Stepping Into The Solution** (C,BT,St,WC,VM)  
College Area, CA

**6:45PM - Wednesday Night Men's Group** (C,M)  
Clubhouse - Rear Building. Enter on Grape Street (Speaker 2nd Wednesday) 1944 30th St, San Diego, CA, 92102

**7:00PM - I Can't, We Can** (O,LGBT,HY,LS)  
(Room 102/Time change of 7 pm begins on May 21st) 3295 Meade Avenue, Normal Heights, CA, 92116

**7:30PM - Ranch BYOC (Bring Your Own Chair)** (O,D,\$)  
(Firepit (Bring your own chair)) 2545 Crestline Drive, Lemon Grove, CA, 91945 *Facility Open*

**THURSDAY**

**9:00AM - Hang in There** (O,D,\$,11)  
club (Mon-Sat) 1944 30th St, Golden Hill, CA, 92102

**NOON - High Noon** (O,D,\$)  
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

**NOON - Noon at the Park** (O,D,\$)  
Park (Mon-Sun) Oregon@ Howard St, North Park, CA, 92104

**3:00PM - #Living Clean** (C,LS)  
RSO (Parking Lot "2) 2111 Camino Del Rio South, Mission Valley, CA, 92108

**4:00PM - 4pm at the Park** (O,D,\$,11)  
Park (Mon-Sun) Oregon@ Howard St, North Park, CA, 92104

**4:00PM - In The Bottoms** (O,D)  
(Corner of 16th & Market) 1550 Market St., Downtown, CA, 92101

**6:30PM - Spirit of Unity Group** (C,D,WC,LS)  
RSO (Facility Policy - Only Service Dogs Allowed/Clean Time Celebrations Last Thursday of Month) 2111 Camino Del Rio South, Mission Valley, CA, 92108 *RSO-Parking in P2*

**8:00PM - Cold Turkey** (O,D,\$)  
Club behind coffee shop (Enter Between 9th & 10th between Orange and D Avenue. No parking in the alley. Street parking only.) 950 Orange Ave, Coronado, CA, 92118 *enter alley between 9th & 10th St.*

**FRIDAY**

**9:00AM - Hang in There** (O,D,\$,11)  
club (Mon-Sat) 1944 30th St, Golden Hill, CA, 92102

**FRIDAY (CONT)**

**NOON - High Noon** (D,LC,\$)  
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

**NOON - Noon at the Park** (O,D,\$)  
Park (Mon-Sun) Oregon@ Howard St, North Park, CA, 92104

**4:00PM - 4pm at the Park** (O,D,\$,11)  
Park (Mon-Sun) Oregon@ Howard St, North Park, CA, 92104

**6:00PM - Poz NA** (O,D,LGBT,WC,HY)  
RSO 2111 Camino Del Rio South, Mission Valley, CA, 92108

**6:30PM - Friday Faithful** (O,D)  
550 14th St, San Diego, CA, 92101

**6:30PM - Rocking Recovery** (O,D)  
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

**7:00PM - Hoodlum's Haven** (C,CL,M,SD,\$)  
(Rear Door South Side/Spesker first Friday of the month) 3060 54th Street, City Heights, CA, 92105 *Speaker 1st Friday*

**7:00PM - So Fresh So Clean** (O,CL,YP,\$)  
5107 Waring Rd, Allied Gardens, CA, 92120

**7:30PM - T.G.I.F.** (O,D,To,WC,\$)  
(Speaker Last Friday) 4773 Marlborough Dr, Enter Hall on Marlboro, Kensington, CA, 92116

**8:00PM - Week's End Candlelight** (O,CL,D,LGBT,HY,\$)  
RSO 2111 Camino Del Rio South, Mission Valley, CA, 92108

**SATURDAY**

**9:00AM - Hang in There** (O,D,\$,11)  
club (Mon-Sat) 1944 30th St, Golden Hill, CA, 92102

**10:00AM - Saturday Morning Live** (C,D,LS,\$)  
Chapel (Speaker 1st Saturday) 3295 Meade Ave @33rd St, San Diego, CA

**11:00AM - How and Why** (O,LGBT,IW,St,Tr,VM,TC,\$)  
Church Side Gate Entrance From Grim Street, Upstairs (No Wheelchair or Walker Access) 3030 Thorn Street, North Park, CA, 92104

**NOON - Noon at the Park** (O,D,\$,11)  
park (Mon-Sun) Oregon @ Howard St, North Park, CA, 92104

**4:00PM - 4pm at the Park** (O,D,\$,11)  
Park (Mon-Sun) Oregon@ Howard St, North Park, CA, 92104

**4:00PM - Saturday Countdown** (O)  
(Church Basement) 4044 Lark Street, San Diego, CA, 92103

**4:15PM - Nirvana** (O,BT,WC,BK)  
(30th St & Grape St) 1944 30th St., South Park, CA, 92102 *Clubhouse*

**6:00PM - Gathering in the Gardens** (O,D,\$)  
office bldg west side/NO MASK REQUIRED 5107 Waring Rd, Allied Gardens, CA, 92120 *Allied Gardens portion of Central Area*

**6:30PM - The Wayback** (O)  
(6:30-8:00 Last Saturday of Month) 2516 A Street, Golden Hill, CA, 92102

