

SUNDAY

8:30AM - Came To Believe (O,D,WC)
club 1944 30th St, Golden Hills, CA, 92102 *Came To Believe*

9:00AM - Living the Dream (O,JT,WC,HY)
4649 Hawley Blvd, Normal Heights, CA, 92116

NOON - Noon at the Park (O,D,\$,11)
park (Mon-Sun) Oregon @ Howard St, North Park, CA, 92104

3:30PM - Step This Way (C,BT,IW,WC,BK)
6901 Central Ave, Lemon Grove, CA, 91945

4:00PM - 4PM at the Park (O,D,\$,11)
park (Mon-Sun) Oregon @ Howard St, North Park, CA, 92104

6:30PM - Spiritual Freedom Meeting (O,LS)
(Church Basement) 4044 Lark Street, Hillcrest, CA, 92103

MONDAY

9:00AM - Hang in There (O,D,\$,11)
club (Mon-Sat) 1944 30th St, Golden Hill, CA, 92102

NOON - High Noon (O,D,\$)
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

NOON - Noon at the Park (O,D)
Park (Mon-Sun) Oregon@ Howard St, North Park, CA, 92104

4:00PM - 4pm at the Park (O,D,11)
Park (Mon-Sun) Oregon@ Howard St, North Park, CA, 92104

4:00PM - In The Bottoms (O,D)
(Corner of 16th & Market) 1550 Market St., Downtown, CA, 92101

6:30PM - It Works, How and Why (C,IW,St)
(Corner of 33rd & Meade) 3295 Meade Ave, Room 103, Normal Heights, CA, 92116 at *Maple St*

6:30PM - N.P.O.D. (C,JT)
(Bring chairs. Coed) 6926 Saranac Street, College Area, CA, 92115

6:30PM - Rocking Recovery (O,D)
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

6:30PM - Signs of Life (C,To,\$)
RSO (Spk 4th Mon) 2111 Camino Del Rio South, Mission Valley, CA, 92108

7:00PM - Monday Night Round Robin (O,D,LGBT,OE,HY)
2621 University Avenue, North Park, CA, 92104

7:00PM - Monday Nite 11th Step (C,D,VM,LS,11)
Mission Valley, CA

TUESDAY

8:30AM - Here and Now (O,D,JT,VM)
(Mon-Fri) Normal Heights, CA

9:00AM - Hang in There (O,D)
club (Mon-Sat) 1944 30th St, South Park, CA, 92102

NOON - High Noon (O,D,\$)
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

NOON - Noon at the Park (O,D,\$)
Park (Mon-Sun) Oregon @ Howard Street, North Park, CA, 92104

4:00PM - 4pm at the Park (O,D,\$,11)
Park (Mon-Sun) Oregon @ Howard Street, North Park, CA, 92104

6:30PM - Taco Tuesday (O,D)
6669 Amherst Street, College Area, CA

6:30PM - The Best is Yet to Come (O,D)
550 14th Street, Downtown, CA, 92101

7:00PM - Re-up on Recovery (O)
1836 Rowan Street, City Heights, CA, 92105

WEDNESDAY

9:00AM - Hang in There (O,D,\$,11)
club (Mon-Sat) 1944 30th St, Golden Hill, CA, 92102

NOON - High Noon (O,D,\$)
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

NOON - Noon at the Park (O,D,\$)
Park (Mon-Sun) Oregon@Howard Street, North Park, CA, 92104

4:00PM - 4pm at the Park (O,D,\$,11)
Park (Mon-Sun) Oregon@Howard Street, North Park, CA, 92104

5:45PM - Coffee With Jimmy K. (C,D,LS)
3295 Meade Avenue, Normal Heights, CA, 92116

6:00PM - Hope Without Dope (O,D,LGBT,\$)
2621 University Ave, North Park, CA, 92104

6:30PM - Fresh Start NA Literature Study (C,BK)
2111 Camino Del Rio S. (RSO), Mission Valley, CA, 92108

6:30PM - PINK CLOUD (O,D,To,W,WC,CW)
Recovery Home (Speaker last Wednesday of the month) 6926 Saranac St., College Area, CA, 92115

6:30PM - Rocking Recovery (O,D)
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

6:30PM - Stepping Into The Solution (C,BT,St,WC,VM)
College Area, CA

6:45PM - Wednesday Night Men's Group (C,M)
Clubhouse - Rear Building. Enter on Grape Street (Speaker 2nd Wednesday) 1944 30th St, San Diego, CA, 92102

7:00PM - I Can't, We Can (O,LGBT,HY,LS)
(Room 102/Time change of 7 pm begins on May 21st) 3295 Meade Avenue, Normal Heights, CA, 92116

7:30PM - Ranch BYOC (Bring Your Own Chair) (O,D,\$)
(Firepit (Bring your own chair)) 2545 Crestline Drive, Lemon Grove, CA, 91945 *Facility Open*

THURSDAY

9:00AM - Hang in There (O,D,\$,11)
club (Mon-Sat) 1944 30th St, Golden Hill, CA, 92102

NOON - High Noon (O,D,\$)
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

NOON - Noon at the Park (O,D,\$)
Park (Mon-Sun) Oregon@ Howard St, North Park, CA, 92104

3:00PM - #Living Clean (C,LS)
RSO (Parking Lot "2) 2111 Camino Del Rio South, Mission Valley, CA, 92108

4:00PM - 4pm at the Park (O,D,\$,11)
Park (Mon-Sun) Oregon@ Howard St, North Park, CA, 92104

4:00PM - In The Bottoms (O,D)
(Corner of 16th & Market) 1550 Market St., Downtown, CA, 92101

6:30PM - Spirit of Unity Group (C,D,WC,LS)
(Facility Policy - Only Service Dogs Allowed/Clean Time Celebrations Last Thursday of Month) 2111 Camino Del Rio South, Mission Valley, CA, 92108 *RSO-Parking in P2*

8:00PM - Cold Turkey (O,D,\$)
Club behind coffee shop (Enter Between 9th & 10th between Orange and D Avenue. No parking in the alley. Street parking only.) 950 Orange Ave, Coronado, CA, 92118 *enter alley between 9th & 10th St.*

FRIDAY

9:00AM - Hang in There (O,D,\$,11)
club (Mon-Sat) 1944 30th St, Golden Hill, CA, 92102

FRIDAY (CONT)

NOON - High Noon (D,LC,\$)
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

NOON - Noon at the Park (O,D,\$)
Park (Mon-Sun) Oregon@ Howard St, North Park, CA, 92104

4:00PM - 4pm at the Park (O,D,\$,11)
Park (Mon-Sun) Oregon@ Howard St, North Park, CA, 92104

6:00PM - Poz NA (O,D,LGBT,WC)
(Begins April 10th 2026) 2111 Camino Del Rio South, Mission Valley, CA, 92108

6:30PM - Rocking Recovery (O,D)
LIFE Community Center 6244 El Cajon Blvd. Suite 22, College Area, CA, 92115

7:00PM - Hoodlum's Haven (C,CL,M,SD,\$)
(Rear Door South Side/Spesker first Friday of the month) 3060 54th Street, City Heights, CA, 92105 *Speaker 1st Friday*

7:00PM - So Fresh So Clean (O,CL,YP,\$)
5107 Waring Rd, Allied Gardens, CA, 92120

7:30PM - T.G.I.F. (O,D,To,WC,\$)
(Speaker Last Friday) 4773 Marlborough Dr, Enter Hall on Marlboro, Kensington, CA, 92116

8:00PM - Week's End Candlelight (O,CL,D,LGBT,HY,\$)
2111 Camino Del Rio South, Mission Valley, CA, 92108

SATURDAY

9:00AM - Hang in There (O,D,\$,11)
club (Mon-Sat) 1944 30th St, Golden Hill, CA, 92102

10:00AM - Saturday Morning Live (C,D,LS,\$)
Chapel (Speaker 1st Saturday) 3295 Meade Ave @33rd St, San Diego, CA

11:00AM - How and Why (O,LGBT,IW,St,Tr,VM,\$)
Church Side Gate Entrance From Grim Street, Upstairs (No Wheelchair or Walker Access) 3030 Thorn Street, North Park, CA, 92104

NOON - Noon at the Park (O,D,\$,11)
park (Mon-Sun) Oregon @ Howard St, North Park, CA, 92104

4:00PM - 4pm at the Park (O,D,\$,11)
Park (Mon-Sun) Oregon@ Howard St, North Park, CA, 92104

4:00PM - Saturday Countdown (O)
((Church Basement)) 4044 Lark Street, San Diego, CA, 92103

4:15PM - Nirvana (O,BT,WC,BK)
((30th St & Grape St)) 1944 30th St., South Park, CA, 92102 *Clubhouse*

6:00PM - Gathering in the Gardens (O,D,\$)
office bldg west side/NO MASK REQUIRED 5107 Waring Rd, Allied Gardens, CA, 92120 *Allied Gardens portion of Central Area*

6:30PM - The Wayback (O)
(6:30-8:00 Last Saturday of Month) 2516 A Street, Golden Hill, CA, 92102

