

SUNDAY

9:00 AM **Keep it Simple Men** 2687 National Ave San Diego, 92113 (C,D,M,\$)

12:30 PM **Recovery by the Bay** Cesar Chavez Park (Bring lawn chairs) Bring your own lawn chairs 1449 Cesar E. Chavez Pkwy San Diego, 92101 (O,D,WC)

3:00 PM **Woman 2 Woman** 2687 National Ave San Di, 92113 (O,D,W,WC)

7:30 PM **Stepping Into Serenity** Speaker every 3rd Sun 1415 Roosevelt Ave National Ci, 91950 (O,D,To,HY)
<https://us02web.zoom.us/j/6264680325>
Password: 609516

MONDAY

7:00 PM **Good Time Grab Bag** 2362 Reo Dr San Diego, 92139 (O,D,WC,\$)

TUESDAY

6:00 PM **Man 2 Man** Back Meeting Room 641 S. Boundary San Diego, 92113 (C,D,M,WC)

FRIDAY

6:00 PM **Downtown Dollies** Rec Center speaker, 3rd Friday 2600 Golfcourse Drive San Diego, 92102 (C,D,W,WC,\$)

6:00 PM **Keep it Real** Temp Meeting @ 2902 Marcy Ave San Diego 92113* Memorial Rec Ctr Speaker 3rd Friday of the month. 610 S. 30th Street San Diego, 92113 (O,D,WC) *Speaker / 3rd Friday*

7:00 PM **We Do Recover** Meets in Clubhouse at Rear of Park (Golden Hill Rec Center) Speaker, 4th Friday 2600 Golfcourse Drive San Diego, 92102 (O,D,WC,CW)

SATURDAY

2:00 PM **A Better Day** 3295 Market St San Diego, 92102 (O,D,WC)

3:00 PM **In the Park before Dark** Rec Center 641 S. Boundary St San Diego, 92113 (O,D,WC)

7:00 PM **Do Your Work** 2410 E St. San Diego, 92102 (O,D,WC)

7:00 PM **Together We Can** Children allowed, please supervise 303 A St San Diego, 92102 (C,D,WC,\$)

Any addict is welcome at any meeting at any time!

Legend

O Open for the general public to attend
 C Closed meeting for addicts only or those who may have a drug problem

C	Closed	CW	Children Welcome
D	Discussion	HY	Hybrid Meeting
M	Men	O	Open
To	Topic	W	Women
WC	Wheelchair	§	Stamp

Note: Child care is NOT provided by Narcotics Anonymous!

**"Take my will and my life.
 Guide me in my recovery.
 Show me how to live."**

Cualquier adicto es bienvenido en cualquier reunión en cualquier momento!

Simbología

O Reuniones abiertas al público en general
 C Reuniones cerradas, sólo para adictos o para quienes crean tener un problema de drogas

C	Cerrado	D	Discusión
HY	Hybrid Meeting	M	Hombres
O	Abierta	To	Tema
W	Mujeres	WC	Silla de Ruedas
§	Sello		

Nota: cuidado de niños no es proporcionada por Narcóticos Anónimos!

**"Toma mi voluntad y mi vida.
 Guíame en mi recuperación.
 Enséñame cómo vivir."**

All GSR Orientations 1/2 hour prior to ASC

ASC: **Demetrics** (619) 358-5116 **1st Sat 10:00am** 641 S. Boundary St, rec ctr. 92113
Lit Sales: **Jonathan** 619 717-3650 **1st Sat B4 ASC** 641 S. Boundary St, rec ctr. 92113
Treasurer: **Toni W.** (619) 519-1175
Activities: **Tina** (619) 957-6758 **2nd & 4th Sunday 1:00pm-3:00pm** 2687 National Ave 92113
H&I: **Lee R.** (619) 564-2378 **2nd Wed@6:30pm** 641 S.Boundary St 92113
Secretary: **Amelia** (435) 375-9901
Merchandise: **Pilar** (619) 417-2096 **3rd Sun@1:00pm**
Outreach: **Vacant**
BMLT: **Linda B.** (619) 655-1007
RCM: **Roy B.** (619) 212-2290
Convention Liaison: **Shawn K.** (619) 396-8768

Phone List

My Gratitude speaks when I care and when I share with others the NA Way.

SOUTH EAST BARRIO AREA

**Meeting Schedule (13 weekly)
 Printed on: AUGUST 11, 2024**



**All Meetings and Schedules are FREE
 24 Hour Helplines
 English (619) 584-1007 - Espanol (619) 546-0774
 North County (866) 331-1958**

San Diego Regional Service Office:
 3914 Murphy Canyon Rd. Suite A240 San Diego, CA 92123
 Phone: (619) 584-1010 Fax: (619) 584-6269
 Mailing Address: P.O. Box 16505 San Diego, CA. 92176
www.sandiegona.org - WebServant@sandiegona.org

NA World Services: P.O. Box 9999, Van Nuys, CA. 91409
www.na.org (818) 773-9999 FAX: (818) 700-0700

SUGGESTIONS FOR EVERYONE

**DON'T USE no matter what
 Ask your Higher Power to keep you clean
 Come early and stay late
 Get a home group
 Go to 90 meetings in 90 days
 Read NA literature daily
 Get and use a sponsor
 Use the PHONE
 KEEP COMING BACK. IT WORKS**