

Sunday / Domingo

Beach Area

NOON **Noon With a View** 5045 Soledad Rd, San Diego, 92109, park (north end of Lamont St) (O,D)

NOON **Zoom @ the Beach** , San Diego, (O,J,T,VM,\$) https://zoom.us/j/88041240116 password 121212

6:30PM **Recovery Warriors/SPAD** , San Diego, (O,VM,\$) https://zoom.us/j/88041240116 password 121212

7:30PM **Good Stuff** 4861 Cass St., San Diego, 92109, (O,J,T,\$)

8:00PM **Attitude of Gratitude** , San Diego, (O,D,VM) https://zoom.us/j/89352898329 password: Freedom1

9:00PM **Spiritual Tendencies** , (O,D,VM) https://zoom.us/j/500458564 no pswd

Central Area

8:30AM **Came To Believe** 1944 30th St, Golden Hills, 92102, club (O,D,WC)

9:00AM **Living the Dream** 4649 Hawley Blvd, Normal Heights, 92116, (O,J,T,WC,HY) https://zoom.us/j/81535700146

NOON **Noon at the Park** Oregon @ Howard St, North Park, 92104, park (Mon-Sun) (O,D,\$,11)

3:30PM **Step This Way** 6901 Central Ave, Lemon Grove, 91945, (C,BT,IW,W,C,BK)

4:00PM **4PM at the Park** Oregon @ Howard St, North Park, 92104, park (Mon-Sun) (O,D,\$,11)

6:30PM **Spiritual Freedom Meeting** 4044 Lark Street, San Diego, 92103 (Church Basement) (O,LS)

Habla Hispana Area

NOON **Grupo Gratitud** 2687 National Ave., San Diego, 92113 (Park in the butcher shop parking lot) (D,ES,JT,\$)

7:00PM **Grupo Escondido** 1690 E. Valley Pkwy, Escondido, 92027, (BL,JT)

7:00PM **Grupo Gratitud** 2687 National Ave., San Diego, 92113, (ES,JT,WC,\$)

7:30PM **Vivir Limpios Virtual** , San Diego (07:30 PM San Diego CA 08:30 PM PHX / DEN 09:30 PM • CDMX / CR 10:30 PM COL / PER / MIA 11:30 PM VEN / RD 12:30 AM AR / 04:30 AM ES / CH +1 Día FR +1 Día) (C,O,ES,So,VM) https://us06web.zoom.us/j/85369793956 Clave: 010123

Imperial Valley Area

9:00AM **Unity Die Hard** 564 Broadway Street, El Centro, 92243, Club (O,D,WC)

North Coastal Area

9:00AM **Top of the Hill Spiritual** 1200 Vale Center Drive, Vista, 92083, Park (O,D,WC)

1:30PM **Principles by the Sea** 258 Beech Ave, Carlsbad, 92008, Barn (O,To,W,C)

1:30PM **We Ought Never Be Organized** , San Diego, (O,D,J,T,VM) https://us06web.zoom.us/j/3784455138?pwd=bgZ2Tnc9fdors79t2qTshPzQKZo1bL.1 Password: surrender

4:00PM **Recovery in the Valley** 4198 Mission Ave, Oceanside, 92057, Clubhouse (Speaker last Sunday of the month) (O,SD,WC)

6:30PM **Imagine** 1050 Regal Road, Encinitas, 92024, Church (O,D,WC)

7:00PM **Cleaning House** 987 Civic Center Dr, Vista, 92083, (O,D)

7:00PM **The Candlelight** 733 South Santa Fe Ave, Vista, 92083, (O,CL,D,WC)

7:30PM **First Things First** 4002 Vista Way, Oceanside, 92056, Hospital basement ((Enter through ER entrance only)) (O,SD,To)

North County Inland Area

5:00PM **This Too Shall Pass** 3064 Borrego Valley Rd., Borrego Springs, 92004, (O,St)

6:30PM **Newcomers & Oldtimers** 111 Richmar Avenue, San Marcos, 92069, (O,D)

6:30PM **No Matter What** 16275 Pomerado Rd., Poway, 92064, Church - Upper circular parking lot (Chapel Room (Speaker & Potluck 3rd Sunday)) (O,To)

7:00PM **Grupo Escondido NA** 1690 E. Valley Parkway, Escondido, 92027 ((club)) (O,D,ES)

San Diego Imperial Counties Region

7:30AM **QNASD Recovery in Bed** , (O,D,JT,VM) https://zoom.us/j/6420833054

6:00PM **QNASD 6pm** , (O,D,IT,VM) https://zoom.us/j/6420833054

9:00PM **QNASD Sitting on a Virtual Cloud** , (O,D,JT,VM) https://zoom.us/j/6420833054

South Bay Area

4:00PM **Vision of Hope** 264 Garrett Ave, Chula Vista, 91910, Park (O,D,WC,\$)

South East Barrio Area

9:00AM **Keep it Simple Men's Group** 2687 National Ave., San Diego, 92113, Speaker last Sun of month. That same day we gift a Basic Text to a newcomer or an addict that needs one. (Parking is strictly enforced. Only use adjacent parking lot. NO PARKING IN FRONT OF MEETING.) (C,D,M,WC,\$)

12:30PM **Recovery by the Bay** 1449 Cesar E. Chavez Pkwy, San Diego, 92101, Cesar Chavez Park (Bring lawn chairs) (Bring your own lawn chairs) (O,D,WC)

3:00PM **Woman 2 Woman** 2687 National Ave, San Diego, 92113, (O,D,W,WC)

7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd, Ste #204, San Diego, 92115, (O,ES,JT)

7:30PM **Stepping Into Serenity** 1415 Roosevelt Ave, National City, 91950 (Speaker every 3rd Sun) (O,D,To,Hy) https://us02web.zoom.us/j/6264680325 Password: 609516

United East County Area

9:00AM **Miracles in the Making** , (O,D,VM) https://zoom.us/j/5229841041 No password

9:00AM **Morning Miracles** 9892 N.Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)

10:30AM **Super Stoked** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)

4:00PM **Clean Team** 8350 Lake Murray Blvd, San Diego, 92119, Church (O,To,WC,\$)

5:30PM **Circle of Life** 772 South Johnson Avenue, El Cajon, 92020, Enter on Grant Ave (O,SD,WC,\$)

7:00PM **Nightly Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)

7:30PM **Better Late Than Never** 8360 Lemon Ave., La Mesa, 91941, Church (4th Sunday Step Study) (O,To,WC)

Monday / Lunes

Beach Area

7:00AM **Hope Dealers** 2111 Camino Del Rio S. (RSO), San Diego, 92108, RSO (Parking lot 2) (O,D,IT,LS,SPAD)

NOON **Noon @ the Beach** 1050 Thomas Ave, San Diego, 92109, church upstairs in loft (O,IT,\$)

NOON **Zoom @ the Beach** , (O,J,T,VM,\$) https://zoom.us/j/88041240116 password 121212

5:30PM **Men's Weekly** 5185 Acuna St., San Diego, 92117 (Synagogue) (C,D,M,\$)

5:45PM **NA by the Bay** 1008 Santa Clara Pl., San Diego, 92109 (Rec Center) (O,D,To)

6:00PM **Monday Night Miracles** 6749 Tait Street, San Diego, 92111 (Church) (C,To,W,\$)

6:30PM **Recovery Warriors/SPAD** , San Diego, (O,VM,\$) https://zoom.us/j/88041240116 password 121212

Monday / Lunes (cont)

9:00PM **Spiritual Tendencies** , (O,D,VM) https://zoom.us/j/500458564 no pswd

Central Area

9:00AM **Hang in There** 1944 30th St, Golden Hill, 92102, club (Mon-Sat) (O,D,\$,11)

NOON **High Noon** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (O,D,\$)

NOON **Noon at the Park** Oregon@ Howard St, North Park, 92104, Park (Mon-Sun) (O,D)

4:00PM **4pm at the Park** Oregon@ Howard St, North Park, 92104, Park (Mon-Sun) (O,D,11)

4:00PM **In The Bottoms** 1550 Market St., Downtown, 92101 (Corner of 16th & Market) (O,D)

6:30PM **It Works, How and Why** 3295 Meade Ave, Room 103, Normal Heights, 92116 (Corner of 33rd & Meade) (C,IW,St)

6:30PM **N.P.O.D.** 6926 Saranac Street, College Area, 92115 (Bring chairs. Coed) (C,JT)

6:30PM **Rocking Recovery** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (O,D)

6:30PM **Signs of Life** 2111 Camino Del Rio South, Mission Valley, 92108, RSO (Spk 4th Mon) (C,To,\$)

7:00PM **Monday Night Round Robin** 2621 University Avenue, North Park, 92104, (O,D,LGBT,OE,HY) https://us06web.zoom.us/j/86332898619?pwd=5bpUmq2SeemnQoQumlhYeYnlZGgqW.1 Meeting ID: 863 3289 8619, PW: 096223

7:00PM **Monday Nite 11th Step** , Mission Valley, (C,D,VM,LS,11) https://us07web.zoom.us/j/330404495

Habla Hispana Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)

7:00PM **Aprender A Vivir** 132 27th Street, Chula Vista, 91911 (There's no parking on site. Parking is available in the Otay Farms Market parking lot.) (O,BL,JT,\$)

7:00PM **Grupo Gratitud** 2687 National Ave., San Diego, 92113, (CL,ES,IT,WC,\$)

7:00PM **Siempre Unidos** 521 E. 8th St., National City, 91950, (O,ES,JT,WC,SB,\$)

7:00PM **Solo Por Hoy** 5772 Camino Del Rey, Bonsall, 92003, (O,ES,WC,\$)

7:30PM **Vivir Limpios Virtual** , San Diego (07:30 PM San Diego CA 08:30 PM PHX / DEN 09:30 PM • CDMX / CR 10:30 PM COL / PER / MIA 11:30 PM VEN / RD 12:30 AM AR / 04:30 AM ES / CH +1 Día FR +1 Día) (O,BT,ES,VM,LS) https://us06web.zoom.us/j/85369793956 Clave: 010123

Imperial Valley Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)

7:00PM **Monday Night Milagro** 630 Holt Avenue, Holtville, 92250, house next to church (O,BL)

North Coastal Area

7:00AM **Dawn Patrol** 605 San Diego St., Oceanside, 92054, rec ctr (Mon-Fri) (O,BT,D,JT,HY) https://zoom.us/j/9710629754 Password: surrender

1:30PM **We Ought Never Be Organized** , San Diego, (O,D,J,T,VM) https://us06web.zoom.us/j/3784455138?pwd=bgZ2Tnc9fdors79t2qTshPzQKZo1bL.1 Password: surrender

6:00PM **Women's No Matter What** 1050 Regal Rd, Encinitas, 92024, (O,D,W)

6:30PM **Basic Text Study** 651 Eucalyptus, Vista, 92084 ((in classroom)) (O,D,BK)

6:45PM **Written Truth Literature Study** 258 Beech Ave, Carlsbad, 92008, Heritage Hall (C,WC,LS)

7:00PM **Live Clean or Die** 3985 Mission Ave, Oceanside, 92057, Church (meeting entrance in rear of church) (O,D,JT,WC)

North County Inland Area

NOON **Friends of J. J.** 795 N Rose St, Escondido, 92027, church; rm 6 (O,D,WC)

4:00PM **Higher Education** 1140 W.Mission Rd., San Marcos, 92069, Palomar College in the Rising Scholars Building (1st building on the right as you enter the front of the college (next to football field)/Parking in front of building. (across from guard shack)) (O,D)

5:45PM **Bucket Meeting** 1800 N. Broadway, Escondido, 92026 (church) (O,D)

7:00PM **Monday Open Discussion** 404 8th St., Ramona, 92065, Church (Corner of 8th & D) (O,D,\$)

7:30PM **Countdown** 845 Chestnut Street, Escondido, 92025 (Church) (O,D)

San Diego Imperial Counties Region

7:30AM **QNASD Recovery in Bed** , (O,D,JT,VM) https://zoom.us/j/6420833054

6:00PM **QNASD 6pm** , (O,D,IT,VM) https://zoom.us/j/6420833054

9:00PM **QNASD Sitting on a Virtual Cloud** , (O,D,JT,VM) https://zoom.us/j/6420833054

South Bay Area

10:15AM **Serenity Stop** 810 Imperial Beach Boulevard, Imperial Beach, 91932, (O,D,WC,\$)

NOON **New Beginnings** 940 Hilltop Dr., Chula Vista, 91911, (O,JT,WC,\$)

6:00PM **Women's Gut Level** 940 Hilltop Dr., Chula Vista, 91911, (C,St,W,WC,\$)

7:30PM **Do or Die Step & Traditions** 940 Hilltop Dr., Chula Vista, 91911, (O,BT,St,WC,\$)

South East Barrio Area

6:00PM **Living The Dream Clean** 5265 Naranga St., San Diego, 92114, (D,W,WC)

7:00PM **Good Time Grab Bag** 2362 Reo Dr, San Diego, 92139, (O,D,WC,\$)

7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd, Ste #204, San Diego, 92115, (O,ES,JT)

United East County Area

9:00AM **Miracles in the Making** , (O,D,VM) https://zoom.us/j/5229841041 No password

9:00AM **Morning Miracles** 9892 N. Magnolia A, Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)

7:00PM **Monday Night Blues** 490 Farragut Circle, El Cajon, 92020, Church (O,To,WC,\$)

7:00PM **Nightly Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)

8:15PM **We Do Recover** 10320 Prospect Ave., Santee, 92071, Recovery House (Bonfire Meeting) (O,To)

Tuesday / Martes

Beach Area

NOON **Noon @ the Beach** 1050 Thomas Ave, Pacific Beach, 92109, church upstairs in loft (Tue) (O,IT,\$)

NOON **Zoom @ the Beach** , San Diego, (O,J,T,VM,\$) https://zoom.us/j/88041240116 password 121212

6:15PM **Tuesday Nite Timeout** 10440 Black Mountain Rd Building J-200 Rm 223, San Diego, 92126, Hourglass Park - Fieldhouse (Room J-223 (2nd Level)) (O,D,To)

6:30PM **OB Smokeless** 1984 Sunset Cliffs Blvd, San Diego, 92107, church (O,D,\$)

6:30PM **Recovery Warriors/SPAD** , San Diego, (O,VM,\$) https://zoom.us/j/88041240116 password 121212

7:30PM **Young @ Heart** 3340 Kemper St, San Diego, 92110, rm 207 upstairs (O,D)

8:00PM **Recovery INKoperated** 3742 Mission Blvd, San Diego, 92109, Speaker meeting first Tuesday of the month. (Park @ 999 Santa Clara Pl.) (O,D,JT)

Tuesday / Martes (cont)

9:00PM **Spiritual Tendencies** , (O,D,VM) https://zoom.us/j/500458564 no pswd

Central Area

8:30AM **Here and Now** , Normal Heights (Mon-Fri) (O,D,JT,VM) https://us02web.zoom.us/j/8711222157 virtual only no PW

9:00AM **Hang in There** 1944 30th St, South Park, 92102, club (Mon-Sat) (O,D)

NOON **High Noon** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (O,D,\$)

NOON **Noon at the Park** Oregon @ Howard Street, North Park, 92104, Park (Mon-Sun) (O,D,\$)

4:00PM **4pm at the Park** Oregon @ Howard Street, North Park, 92104, Park (Mon-Sun) (O,D,\$,11)

6:30PM **Taco Tuesday** 6669 Amherst Street, College Area, (O,D)

6:30PM **The Best is Yet to Come** 550 14th Street, Downtown, 92101, (O,D)

7:00PM **Re-up on Recovery** 1836 Rowan Street, City Heights, 92105, (O)

Habla Hispana Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,IT)

7:00PM **Aprender A Vivir** 132 27th Street, Chula Vista, 91911 (There's no parking on site. Parking is available in the Otay Farms Market parking lot.) (O,BL,ES,\$)

7:00PM **Grupo Gratitud** 2687 National Ave., San Diego, 92113, (O,ES,JT,WC,\$)

7:00PM **Siempre Unidos** 521 E. 8th st., National City, 91950, (O,ES,JT,WC,SB,\$)

7:30PM **Vivir Limpios Virtual** , San Diego, (C,D,ES,JT,VM) https://us06web.zoom.us/j/85369793956 Clave: 010123

7:30PM **Vivir Limpios Virtual** , San Diego (07:30 PM San Diego CA 08:30 PM PHX / DEN 09:30 PM • CDMX / CR 10:30 PM COL / PER / MIA 11:30 PM VEN / RD 12:30 AM AR / 04:30 AM ES / CH +1 Día FR +1 Día) (C,O,ES,So,VM) https://us06web.zoom.us/j/85369793956 Clave: 010123

Imperial Valley Area

5:30PM **2Gether We Can** 221 West E Street, Brawley, 92227 (No Smoking at meeting location) (O,WC,BK)

North Coastal Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)

7:00AM **Dawn Patrol** 605 San Diego St, Oceanside, 92054, rec ctr (Mon-Fri) (O,BT,D,JT,HY) https://zoom.us/j/9710629754 Password: surrender

1:30PM **Principles by the Sea** 258 Beech Ave, Carlsbad, 92008, Barn (O,To,WC)

1:30PM **We Ought Never Be Organized** , San Diego, (O,D,J,T,VM) https://us06web.zoom.us/j/3784455138?pwd=bgZ2Tnc9fdors79t2qTshPzQKZo1bL.1 Password: surrender

6:00PM **Queen Hope without Dope** 1919 Apple Street, Oceanside, 92054, Resource Center (O,D,LGBT,WC)

6:00PM **Tuesday Women's** 102 N Freeman, Oceanside, 92054, church (C,O,BT,D,NC,W,WC)

7:00PM **Free Thinkers** 1501 Kelly St, Oceanside, 92054, (C,BT,D,Tr,BK,GP)

7:30PM **Tuesday Men's** 1717 East Vista Way, Vista, 92084, Main Room (C,D,M,WC)

8:00PM **HOW** 215 Ninth St, Del Mar, 92014, school (O,D,WC)

North County Inland Area

6:00PM **Welcome Home** 50100 Golsh Rd., Valley Center, 92082, Indian Health Council (Multit-Purpose Rm.) (O,D)

7:00PM **Tuesday Nite Candle Lite** 404 8th St., Ramona, 92065, Church @ Corner of 8th & D (O,CL,\$)

7:30PM **Tuesday Night Never Alone** 845 Chestnut St, Escondido, 92025, church (O,D,\$)

San Diego Imperial Counties Region

7:30AM **QNASD Recovery in Bed** , (O,D,JT,VM) https://zoom.us/j/6420833054

6:00PM **QNASD 6pm** , (O,D,JT,VM) https://zoom.us/j/6420833054

9:00PM **QNASD Sitting on a Virtual Cloud** , (O,D,JT,VM) https://zoom.us/j/6420833054

South Bay Area

10:15AM **Serenity Stop** 810 Imperial Beach Boulevard, Imperial Beach, 91932, Outside in the Park (O,D,WC,\$)

NOON **New Beginnings** 940 Hilltop Dr., Chula Vista, 91911, (O,JT,WC,\$)

5:30PM **Therapeutic Value** 2885 Coronado Avenue, San Diego, 92154, (O,WC,LS)

8:00PM **Candlelight** 755 Emory St, Imperial Beach, 91932, (O,D)

South East Barrio Area

4:00PM **A New Way of Life** 12 N. Euclid Ave, National City, 91950, (O,D,WC,\$)

6:00PM **Man 2 Man** 641 S. Boundary St., San Diego, 92113, Rec Center/ Back Meeting Room (C,D,M,WC)

7:00PM **Glad it's not Monday** 2825 Boston Ave, San Diego, 92113, Speaker last Tuesday of the Month. (O,D,WC,\$,OD)

7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd, Ste #204, San Diego, 92115, (O,ES,JT)

United East County Area

9:00AM **Miracles in the Making** , (O,D,VM) https://zoom.us/j/5229841041 No password

9:00AM **Morning Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)

7:00PM **Just for Today** 938 E Washington Avenue, El Cajon, 92020, El Cajon Club (O,B,D,JT,WC)

7:00PM **Nightly Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)

7:30PM **Caring & Sharing** 1465 East Madison, El Cajon, 92019, Church (C,CL,To,WC,Hy,\$) https://zoom.us/j/83076852249 password freedom

Wednesday / Miércoles

Beach Area

7:00AM **Hope Dealers** 2111 Camino Del Rio S. (RSO), San Diego, 92108, RSO (Parking lot 2) (O,D,IT,LS,SPAD)

NOON **Noon @ the Beach** 1050 Thomas Ave, San Diego, 92109, church upstairs in loft (Tue) (O,JT,\$)

NOON **Zoom @ the Beach** , San Diego, (O,J,T,VM,\$) https://zoom.us/j/88041240116 password 121212

6:30PM **Recovery Warriors/SPAD** , San Diego, (O,VM,\$) https://zoom.us/j/88041240116 password 121212

6:30PM **Wednesday Night La Jolla Group** 615 Prospect St, La Jolla, 92037, rec ctr. room 2 (O,D,W,C)

7:30PM **Architects of Adversity** , (C,WC,VM,5) https://zoom.us/j/423637789 no password required

7:30PM **Just a Bit Different** 3502 Clairemont Drive, San Diego, 92117 (Church) (O)

7:30PM **Sisters Keepers** 4861 Cass Street, San Diego, 92109 (Club (downstairs)) (O,CL,JT,W)

9:00PM **Spiritual Tendencies** , (O,D,VM) https://zoom.us/j/500458564 no pswd

Central Area

9:00AM **Hang in There** 1944 30th St, Golden Hill, 92102, club (Mon-Sat) (O,D,\$,11)

Wednesday / Miércoles (cont)

NOON **High Noon** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (O,D,\$)

NOON **Noon at the Park** Oregon@Howard Street, North Park, 92104, Park (Mon-Sun) (O,D,\$)

4:00PM **4pm at the Park** Oregon@Howard Street, North Park, 92104, Park (Mon-Sun) (O,D,\$,11)

5:45PM **Coffee With Jimmy K.** 3295 Meade Avenue, Normal Heights, 92116, (C,D,LS)

6:00PM **Hope Without Dope** 2621 University Ave, North Park, 92104, (O,D,LGBT,\$) https://us05web.zoom.us/j/89566876618 PW: 825298

6:30PM **Fresh Start NA Literature Study** 2111 Camino Del Rio S. (RSO), Mission Valley, 92108, (C,BK)

6:30PM **PINK CLOUD** 6926 Saranac St., College Area, 92115, Recovery Home (Speaker last Wednesday of the month) (O,D,To,W,WC,CW)

6:30PM **Rocking Recovery** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (O,D)

6:30PM **Stepping Into The Solution** , College Area, (C,BT,St,WC,VM) https://us02web.zoom.us/j/812065422 No PW

6:45PM **Wednesday Night Men's Group** 1944 30th St, San Diego, 92102, Clubhouse - Rear Building. Enter on Grape Street (Speaker 2nd Wednesday) (C,M)

7:00PM **I Can't, We Can** 3295 Meade Avenue, Normal Heights, 92116 (Room 102/Time change of 7 pm begins on May 21st) (O,LGBT,HY,LS) https://zoom.us/j/84569365986 PW/204516

7:30PM **Ranch BYOC (Bring Your Own Chair)** 2545 Crestline Drive, Lemon Grove, 91945 (Firepit (Bring your own chair)) (O,D,\$)

Habla Hispana Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)

7:00PM **Aprender A Vivir** 132 27th Street, Chula Vista, 91911 (There's no parking on site. Parking is available in the Otay Farms Market parking lot.) (BL,JT,\$)

7:00PM **Grupo Gratitud** 2687 National Ave., San Diego, 92113, (ES,JT,WC,\$)

7:00PM **Siempre Unidos** 521 E. 8th st., National City, 91950, (O,ES,JT,WC,SB,\$)

7:00PM **Solo Por Hoy** 5772 Camino Del Rey, Bonsall, 92003, (ES,JT,\$)

7:30PM **Vivir Limpios Virtual** , San Diego (07:30 PM San Diego CA 08:30 PM PHX / DEN 09:30 PM • CDMX / CR 10:30 PM COL / PER / MIA 11:30 PM VEN / RD 12:30 AM AR / 04:30 AM ES / CH +1 Día FR +1 Día) (C,O,D,ES,IW,VM) https://us06web.zoom.us/j/85369793956?pwd=MFijMitwd2szQVU0Vjc3YVdOMng4Zz09 Clave: 010123

Imperial Valley Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)

North Coastal Area

7:00AM **Dawn Patrol** 60

San Diego Imperial Counties Region

May 2026 Meeting Schedule (370 per week)



All Meetings and Schedules are FREE 24 Hour Helplines

English (619) 584-1007 - Espanol (619) 546-0774
North County (866) 331-1958

Any addict is welcome at any meeting at any time!

Legend

O Open for the general public to attend

C Closed meeting for addicts only or those who may have a drug problem

B	Beginners	BT	Basic Text
C	Closed	CL	Candlelight
D	Discussion	LGBT	LGBTQ+
G	Gay	IW	It Works -How and Why
JT	Just for Today	M	Men
NC	No Children	O	Open
SD	Speaker/Discussion	So	Speaker Only
St	Step	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair	YP	Young People
OE	Open-Ended	BK	Book Study
CW	Children Welcome	LC	Living Clean
GP	Guiding Principles	VM	Virtual Meeting
TC	Temporarily Closed Facility	HY	Hybrid Meeting
L	Lesbian	SB	Smoke Break
LS	Literature Study	ASM	Area Service Meetings
§	Stamp	5	5th & 10th Step
11	11 Step Oriented	SPAD	A Spiritual Principle a Day
ES	Espanol	OD	Outdoors
BL	Bi-Lingual		

Note: Child care is NOT provided by Narcotics Anonymous!

"Take my will and my life. Guide me in my recovery. Show me how to live."

Cualquier adicto es bienvenido en cualquier reunión en cualquier momento!

Simbología

O Reuniones abiertas al público en general

C Reuniones cerradas, sólo para adictos o para quienes crean tener un problema de drogas

B	Para el recién llegado	BL	Bilingüe
BT	Texto Básico	C	Cerrado
CH	Cerrado en Días de fiesta	CL	Luz de vela
CS	Niños bajo Supervisión	D	Discusión
ES	Hablando español	GL	Gay/Lesbiana
HY	Hybrid Meeting	IL	Enfermedad
IP	Folleto Informativo	IW	Funciona - Cómo y Porqué
JT	Solo por Hoy	M	Hombres
NC	No niños	O	Abierta
OE	Sin Tiempo Fijo	Pi	Echada
RF	Formato que Rota	Rr	Round Robin
SB	Rotura del humo	SD	Orador/Discusión
SG	Guía Para Trabajar los Pasos	SL	ASL
So	Solamente Orador	St	Paso
TC	Temporarily Closed Facility	TW	Taller de las Tradiciones
Ti	Contador de Tiempo	To	Tema
Tr	Tradición	VM	Virtual Meeting
W	Mujeres	WC	Silla de Ruedas
YP	Jovenes	§	Sello

Nota: cuidado de niños no es proporcionada por Narcóticos Anónimos!

"Toma mi voluntad y mi vida. Guíame en mi recuperación. Enséñame cómo vivir."

Thursday / Jueves (cont)

6:30PM **Recovery Warriors/SPAD** , San Diego, (O,VM,\$) <https://zoom.us/j/88041240116> password 121212

6:30PM **Therapeutic Thursday** 4124 Mt. Abraham Ave, San Diego, 92111, St Catherine Laboure Catholic Church (O,CL,D,WC,\$)

7:00PM **USD Survivors** 5954 Marian Way, San Diego, 92110 (Left of the chapel. Faculty Lounge Rm. 141 Founders Hall @ USD) (O,D,WC)

8:00PM **The Zoo** 1561 Thomas Ave., San Diego, 92109, church (O,D,WC,YP,SB,\$)

9:00PM **Spiritual Tendencies** , (O,D,VM) <https://zoom.us/j/500458564> no pswd

Central Area

9:00AM **Hang in There** 1944 30th St, Golden Hill, 92102, club (Mon-Sat) (O,D,\$,11)

NOON **High Noon** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (O,D,\$)

NOON **Noon at the Park** Oregon@ Howard St, North Park, 92104, Park (Mon-Sun) (O,D,\$)

3:00PM **#Living Clean** 2111 Camino Del Rio South, Mission Valley, 92108, RSO (Parking Lot *2) (C,LS)

4:00PM **4pm at the Park** Oregon@ Howard St, North Park, 92104, Park (Mon-Sun) (O,D,\$,11)

4:00PM **In The Bottoms** 1550 Market St., Downtown, 92101 (Corner of 16th & Market) (O,D)

6:30PM **Spirit of Unity Group** 2111 Camino Del Rio South, Mission Valley, 92108 (Facility Policy - Only Service Dogs Allowed/Clean Time Celebrations Last Thursday of Month) (C,D,WC,LS)

8:00PM **Cold Turkey** 950 Orange Ave, Coronado, 92118, Club behind coffee shop (Enter Between 9th & 10th between Orange and D Avenue. No parking in the alley. Street parking only.) (O,D,\$)

Habla Hispana Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,IT)

7:00PM **Aprender A Vivir** 132 27th Street, Chula Vista, 91911 (There's no parking on site. Parking is available in the Otay Farms Market parking lot.) (O,BL,JT,\$)

7:00PM **Grupo Gratitud** 2687 National Ave., San Diego, 92113, (ES,JT,WC,\$)

7:00PM **Siempre Unidos** 521 E. 8th st., National City, 91950, (O,ES,JT,WC,SB,\$)

7:30PM **Vivir Limpios Virtual** , San Diego (07:30 PM San Diego CA 08:30 PM PHX / DEN 09:30 PM • CDMX / CR 10:30 PM COL / PER / MIA 11:30 PM VEN / RD 12:30 AM AR / 04:30 AM ES / CH +1 Día FR +1 Día) (C,D,ES,JT,VM) <https://us06web.zoom.us/j/85369793956> Clave: 010123

Imperial Valley Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)

North Coastal Area

7:00AM **Dawn Patrol** 605 San Diego St., Oceanside, 92054, rec ctr (Mon-Fri) (O,BT,D,JT,HY) <https://zoom.us/j/9710629754> Password: surrender

NOON **Path to Freedom** 733 South Santa Fe Ave, Vista, 92083, Facility (O,D)

1:30PM **Principles by the Sea** 258 Beech Ave, Carlsbad, 92008, barn (O,To,WC)

1:30PM **We Ought Never Be Organized** , San Diego, (O,D,JT,VM) <https://us06web.zoom.us/j/3784455138?pwd=bgZ2Thc9fdors79t2qTshPzQKZo1bL.1> Password: surrender

6:30PM **Conscious Contact Meeting** 1501 Kelly St., Oceanside, 92054, (C,D,To,WC,11)

7:00PM **Last House on the Block** , (O,BT,IW,WC,VM,TC) <https://zoom.us/j/2324440718> Password: freedom

7:00PM **Rockstar** 3985 Mission Ave., Oceanside, 92056, church (meeting entrance in back of church) (O,D,SD,WC)

8:00PM **Just For Tonight** 981 Civic Center Drive, Vista, 92083, (O,D)

North County Inland Area

5:00PM **This Too Shall Pass** 3064 Borrego Valley Rd., Borrego Springs, 92004, (O,D)

6:00PM **Women's Save Your Ass** 795 N Rose St, Escondido, 92027, church rm 1 (O,D,W)

7:00PM **Out There** 28246 Lilac Rd., Valley Center, 92082 (Community Hall) (O,D)

7:30PM **Recovery on the Rez** 35955 Pala Temecula Rd., Pala, 92059 (Old Tribal Hall) (O,D)

8:00PM **Thurs. Night Book Study** 1710 Montecito Rd., Ramona, 92065, RRC Bldg. (O,BT)

San Diego Imperial Counties Region

7:30AM **QNASD Recovery in Bed** , (O,D,JT,VM) <https://zoom.us/j/6420833054>

6:00PM **NA Music Meeting** (PW 816395) (O,D,VM) <https://zoom.us/j/2631827816>

6:00PM **QNASD 6pm** , (O,D,JT,VM) <https://zoom.us/j/6420833054>

9:00PM **QNASD Sitting on a Virtual Cloud** , (O,D,JT,VM) <https://zoom.us/j/6420833054>

South Bay Area

10:15AM **Serenity Stop** 810 Imperial Beach Boulevard, Imperial Beach, 91932, Outside in the Park (O,D,WC)

NOON **New Beginnings** 940 Hilltop Dr., Chula Vista, 91911, (O,IT,WC,\$)

7:30PM **Stay Connected Meeting** 940 Hilltop Dr., Chula Vista, 91911, Church (O,D,WC,\$)

South East Barrio Area

7:00PM **Keep Coming Back Fellas** 2825 Boston Ave, San Diego, 92113, (C,D,M,WC)

7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd, Ste 204, San Diego, 92115, (O,ES,St)

United East County Area

9:00AM **Miracles in the Making** , (O,D,VM) <https://zoom.us/j/5229841041> No password

9:00AM **Morning Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)

6:30PM **Giving it Away** 9573 Los Coches Road, Lakeside, 92040, Church (O,To,WC,\$)

6:30PM **With Grace and Gratitude** 5940 Keltan Ave., La Mesa, 91942, Church ((Enter gate left side of building, down ramp to back)) (O,D,W,WC)

7:00PM **Nightly Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)

7:00PM **Vision for Women** 938 E. Washington Ave., El Cajon, 92020, El Cajon Club (O,D,W,WC,BK)

Friday / Viernes

Beach Area

7:00AM **Hope Dealers** 2111 Camino Del Rio S. (RSO), San Diego, 92108, RSO ((parking lot 2)) (O,D,JT,To,LS,SPAD)

NOON **Noon @ the Beach** 1050 Thomas Ave, San Diego, 92109, church upstairs in loft (O,IT,\$)

NOON **Zoom @ the Beach** , Pacific Beach, (O,JT,VM,\$) <https://zoom.us/j/88041240116> password 121212

6:30PM **Recovery Warriors/SPAD** , San Diego, (O,VM,\$) <https://zoom.us/j/88041240116> password 121212

8:00PM **Friday Night Point Loma** 3125 Avenida De Portugal, San Diego, 92106, door on Avenida de Portugal (church) (O,D,\$) <https://zoom.us/j/911941144>

9:00PM **Spiritual Tendencies** , (O,D,VM) <https://zoom.us/j/500458564> no pswd

Central Area

9:00AM **Hang in There** 1944 30th St, Golden Hill, 92102, club (Mon-Sat) (O,D,\$,11)

NOON **High Noon** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (D,L,C,\$)

NOON **Noon at the Park** Oregon@ Howard St, North Park, 92104, Park (Mon-Sun) (O,D,\$)

4:00PM **4pm at the Park** Oregon@ Howard St, North Park, 92104, Park (Mon-Sun) (O,D,\$,11)

6:00PM **Poz NA** 2111 Camino Del Rio South, Mission Valley, 92108 (Begins April 10th 2026) (O,D,LGBT,WC)

6:30PM **Rocking Recovery** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (O,D)

7:00PM **Hoodlum's Haven** 3060 54th Street, City Heights, 92105 (Rear Door South Side/Spesker first Friday of the month) (C,CL,M,SD,\$)

7:00PM **So Fresh So Clean** 5107 Waring Rd, Allied Gardens, 92120, (O,CL,YP,\$)

7:30PM **T.G.I.F.** 4773 Marlborough Dr, Enter Hall on Marlboro, Kensington, 92116 (Speaker Last Friday) (O,D,To,WC,\$)

8:00PM **Week's End Candlelight** 2111 Camino Del Rio South, Mission Valley, 92108, (O,CL,D,LGBT,HY,\$) <https://us06web.zoom.us/j/82751012954> PW:None

Habla Hispana Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,IT)

7:00PM **Aprender A Vivir** 132 27th Street, Chula Vista, 91911 (There's no parking on site. Parking is available in the Otay Farms Market parking lot.) (O,BL,JT,\$)

7:00PM **Grupo Gratitud** 2687 National Ave., San Diego, 92113, (ES,JT,WC,\$)

7:00PM **Siempre Unidos** 521 E. 8th st., National City, 91950, (O,ES,JT,SB,\$)

7:00PM **Solo Por Hoy** 5772 Camino Del Rey, Bonsall, 92003, (ES,JT,\$)

7:30PM **Vivir Limpios Virtual** , San Diego, (O,CL,D,ES,JT,VM) <https://us06web.zoom.us/j/85369793956> Clave: 010123

7:30PM **Vivir Limpios Virtual** , San Diego (07:30 PM San Diego CA 08:30 PM PHX / DEN 09:30 PM • CDMX / CR 10:30 PM COL / PER / MIA 11:30 PM VEN / RD 12:30 AM AR / 04:30 AM ES / CH +1 Día FR +1 Día) (C,D,ES,JT,VM) <https://us06web.zoom.us/j/85369793956> Clave: 010123

Imperial Valley Area

6:30PM **One Day at a Time** 564 Broadway Street, El Centro, 92243, Club (O,D,WC)

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)

North Coastal Area

7:00AM **Dawn Patrol** 605 San Diego St., Oceanside, 92054, rec ctr (Mon-Fri) (O,BT,D,JT,HY) <https://zoom.us/j/9710629754> Password: surrender

1:30PM **We Ought Never Be Organized** , San Diego, (O,D,JT,VM) <https://us06web.zoom.us/j/3784455138?pwd=bgZ2Thc9fdors79t2qTshPzQKZo1bL.1> Password: surrender

7:00PM **Solo Por Hoy** 5772 Camino Del Rey, Bonsall, 92003, (ES,IT,\$)

7:00PM **Women's Wheel of Recovery** , (C,SD,W,VM) <https://zoom.us/j/886796433> No Password

7:30PM **Last Shot** 651 Eucalyptus Ave, Vista, 92084, church hall (O,D,SD,WC)

8:00PM **Insight** 715 Valley Avenue, Solana Beach, 92075, rec ctr (O,D,WC)

North County Inland Area

NOON **Wabi Sabi TGIF** 845 Chestnut St., Escondido, 92025, church; (O,D,WC)

6:30PM **Cliff Nelson Off the Wall Men's Meeting** 1170 S. Broadway & 13th, Escondido, 92025, Church Catechumen Room (side of sanctuary, facing 13th) (O,D,M)

7:30PM **Chase Your Recovery** 1800 N Broadway, Escondido, 92026, club (O,D,\$)

7:30PM **Experience, Strength & Hope** 16275 Pomerado Rd., Poway, 92064, Church Multi Purpose Room (spkr 1st Fri) (O,D)

San Diego Imperial Counties Region

7:30AM **QNASD Recovery in Bed** , (O,D,JT,VM) <https://zoom.us/j/6420833054>

6:00PM **QNASD 6pm** , (O,D,JT,VM) <https://zoom.us/j/6420833054>

9:00PM **QNASD Sitting on a Virtual Cloud** , (O,D,JT,VM) <https://zoom.us/j/6420833054>

South Bay Area

10:15AM **Serenity Stop** 810 Imperial Beach Boulevard, Imperial Beach, 91932, (O,D,WC)

NOON **New Beginnings** 940 Hilltop Dr., Chula Vista, 91911, (O,IT,WC,\$)

7:00PM **Hope Not Dope** 940 Hilltop Dr., Chula Vista, 91911, church (O,D,HY) <https://us04web.zoom.us/j/77575566747> Pass: hope

8:15PM **Lighthouse** 755 Emory St, Imperial Beach, 91932, club - Parking lot in alley (O,D)

South East Barrio Area

12:30PM **Aging in Recovery** 641 S. Boundary St., San Diego, 92113, Rec Center (All Clean Time Celbrations are on the Last Friday of each Month) (O,WC,LC)

6:00PM **Downtown Dollies** 2600 Golfcourse Drive, San Diego, 92102, Rec Center (speaker, 3rd Friday) (C,D,W,WC,\$)

6:00PM **Keep it Real** 641 S Boundary St, San Diego, 92113, Rec Center (Speaker 3rd Friday of the month.) (O,D,WC)

7:00PM **We Do Recover** 2600 Golfcourse Drive, San Diego, 92102, Meets in Clubhouse at Rear of Park (Golden Hill Rec Center) (Speaker, 4th Friday) (O,D,WC,CW)

7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd, Ste #204, San Diego, 92115, (O,ES,JT)

United East County Area

9:00AM **Miracles in the Making** , (O,D,VM) <https://zoom.us/j/5229841041> No password

9:00AM **Morning Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)

6:30PM **Friday Night Footsteps** 6901 Central Avenue, Lemon Grove, 91945, Lemon Grove Club (meeting in parking lot) (O,D,WC,\$)

7:00PM **Bikers In Recovery** 9940 River Street, Lakeside, 92040, Hotel (O,D,WC,\$)

7:00PM **Nightly Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)

7:00PM **Survivor Group** 938 E. Washington Ave., El Cajon, 92020, Alano Club (O,SD,WC,CW)

7:30PM **Serenity Seekers** 5500 Grossmont Center Drive Suite 325, La Mesa, 91942, Oasis Learning Center (Eddie Omens Room) (O,D,To,WC,\$)

8:00PM **Friday Straight Shooters** 490 Farragut Circle, El Cajon, 92020, Church (O,D,WC,\$)

10:00PM **Late Night Rad Recovery** 1232 Greenfield Dr., El Cajon, 92021, Sober Living Location (O,D)

Saturday / Sábado

Beach Area

8:00AM **Guiding Principles Tradition Book Study** 2111 Camino Del Rio S. (RSO), San Diego, 92108, (O,BK,GP)

10:00AM **STEPPING UP** 9606 Tierra Grande St. Upstairs in Suite 204, San Diego, 92126, (O,D,HY) <https://us02web.zoom.us/j/83839775896?pwd=kxUoeqVsW8L2QIsQmRrTY9pQ8WenU.1> Meeting ID: 83839775896

Saturday / Sábado (cont)

NOON **Noon @ the Beach** 1050 Thomas Ave, San Diego, 92109, church upstairs in loft (O,IT,\$)

NOON **Zoom @ the Beach** , San Diego, (O,JT,VM,\$) <https://zoom.us/j/88041240116> password 121212

3:00PM **Beach Break** 2229 Bacon St, San Diego, 92107, clubhouse (O,D,WC,\$)

6:00PM **Life After Dope** 1561 Thomas Ave., San Diego, 92109, Church (O,D,WC)

6:30PM **Recovery Warriors/SPAD** , San Diego, (O,VM,\$) <https://zoom.us/j/88041240116> password 121212

7:30PM **The Otherside note: 1hr, 15min.** 1004 Chalcedony, San Diego, 92109, garage (Chalcedony @ Cass St.) (O,D,\$) <https://zoom.us/j/> no password required

9:00PM **Spiritual Tendencies** , (O,D,VM) <https://zoom.us/j/500458564> no pswd

Central Area

9:00AM **Hang in There** 1944 30th St, Golden Hill, 92102, club (Mon-Sat) (O,D,\$,11)

10:00AM **Saturday Morning Live** 3295 Meade Ave @33rd St, San Diego, Chapel (Speaker 1st Saturday) (C,D,LS,\$)

11:00AM **How and Why** 3030 Thorn Street, North Park, 92104, Church Side Gate Entrance From Grim Street, Upstairs (No Wheelchair or Walker Access) (O,LGBT,IW,St.Tr,VM,TC,\$) <https://zoom.us/j/83706331292>

NOON **Noon at the Park** Oregon @ Howard St, North Park, 92104, park (Mon-Sun) (O,D,\$,11)

4:00PM **4pm at the Park** Oregon@ Howard St, North Park, 92104, Park (Mon-Sun) (O,D,\$,11)