

## Sunday / Domingo

### Beach Area

NOON **Noon With a View** 5045 Soledad Rd (O, D) park north end of Lamont St  
2:00PM **Noon @ the Beach upstairs (church)** 1050 Thomas Ave (O, JT, §)  
6:00PM **Thomas St Speakers** 1050 Thomas Ave (O, SD)  
6:30PM **Spiritual Stick Meeting** 3219 Clairemont Mesa Blvd (O, TO, WC) @ Luna church  
7:30PM **Week End Wrap Up** 1050 Thomas Ave (O, CL) upstairs alley church  
7:30PM **Good Stuff** 2877 Governor Dr (O, JT, WC, §)  
9:00PM **Serenity Sundays** 4736 Clairemont Mesa Blvd (O, CL, D) shop

### Central Area

8:30AM **Came To Believe** 1944 30th St (O, D, WC) club  
9:00AM **Living the Dream** 4649 Hawley Blvd (O, JT, WC) center  
NOON **Noon at the Park** Oregon @ Howard St (O, D, §) park Mon-Sun  
NOON **Normal Heights Noon Meeting** 4531 36th St (O, D, WC, §) rec rm; enter back gate  
NOON **Old School NA** 6244 El Cajon Blvd. Suite 22 (O, WC, L) L.I.F.E. Community Center Little White Book Study/1st Sunday is Birthday Celebrations  
5:00PM **The Journey Continues** 6244 El Cajon Blvd. (O, WC, LC) Life Community Center  
6:30PM **Spiritual Freedom** 4590 Park Blvd (O, WC, L, §) coffee house  
7:00PM **SerenitySeekers** 4286 49th St (O, D, §)  
7:30PM **New Beginnings** 7850 Vista Hill Ave (O, JT, WC, §) hosp rear @ Meadowlark dr (rear parking lot)  
8:00PM **Principals B 4 Personalities** 1730 Monroe Ave (O, D, GL, §) club  
8:15PM **Living in Recovery** 4177 Marlborough Ave (O, D, WC) church Spk 3rd Sun

### Habla Hispana Area

NOON **Siempre Unidos** 120 National City Blvd (O, D, JT, WC, ES, SB, §)  
7:00PM **Siempre Unidos** 120 National City Blvd (O, D, JT, WC, ES, SB, §)  
7:00PM **Grupo Recuperacion** 2004 Ocean View Blvd. (O, WC, ES, SB, §)  
7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd., #204 (O, D, JT, ES, SB, §)  
7:30PM **Aprender A Vivir** 895 Palomar Street, #D (O, BL, JT, WC, §)

### Imperial Valley Area

9:00AM **Unity Die Hard** 564 Broadway Street (O, D, WC) Club

### North Coastal Area

9:00AM **Top of the Hill Spiritual** 1200 Vale Terrace Dr (O, D, WC) park  
1:30PM **Principles by the Sea** 258 Beech Ave (O, TO, WC) barn  
5:00PM **Women Do Recover** 2020 Chestnut Ave (C, SD, W, WC) church  
6:30PM **Imagine** 1050 Regal Road (O, D, WC) church  
7:00PM **Plain Old NA** 1745 E Vista Way #16 (O, CL, D, WC) ctr  
7:00PM **Cleaning House** 987 Civic Center Dr (O, D)  
7:30PM **First Things First** 4002 Vista Way (O, SD, TO) hospital basement

### North County Inland Area

9:00AM **We Choose Life** 123 S. Elm St (C, D, WC) entry off alley  
6:30PM **Friends of Virgil C** 795 N Rose St (C, D, TO, §) church; rm 9  
6:30PM **Newcomers & Oldtimers** 131 Richmar Avenue (O, D, TO)  
7:00PM **Borrego Valley** 3064 Borrego Valley Rd. (O, D, TO)  
7:15PM **No Matter What** 13094 Civic Center Dr. (O, TO, SB) Poway Community Ctr/Senior Ctr Activity Rm 2 potluck/speaker 3rd Sunday

### South Bay Area

10:30AM **Clean Sunday** 226 Church Avenue (O, D, WC, §) ctr  
5:00PM **Vision of Hope** 264 Garrett Ave (O, D, WC, §) Park  
7:30PM **Sunday Choice** 940 Hilltop Drive (O, D, WC) Hall  
8:00PM **Recovery Really Works** 2295 Leon Ave (O, CL, D) church mtg rm

### South East Barrio Area

9:00AM **Keep it Simple Mens Meeting** 73 N 2nd Ave (C, M, §)  
5:00PM **Women Do Recover** 5065 Logan Ave #103 (O, BT, W) club  
6:30PM **Keep It Simple** 5065 Logan Avenue #103 (O, D, WC) #103 club  
7:30PM **Steppin' into Serenity** 1415 Roosevelt Ave (O, D, TO, §)

### United East County Area

9:00AM **Morning Miracles** 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop  
10:00AM **Sunday Spiritual** 1153 East Madison Avenue (O, TO, WC, §) Wells Park  
10:15AM **KISS** Alton @ Washington St (O, TO, WC) Lemon Grove Park  
10:30AM **Super Stoked** 8790 Cuyamaca Street (O, D, WC, §) Step by Step Serenity & Beyond Shop  
3:30PM **Step This Way** 6901 Central Avenue (C, BT, IW, WC) Lemon Grove Alano Club  
5:00PM **Together We Can** 490 Farragut Circle (O, D, WC) Church  
7:00PM **Circle of Life** 1400 North Johnson Avenue (O, SD, WC, §) Suite 101 Rear Entrance  
7:00PM **Clean Team** 7050 Parkway Drive (O, TO, WC, §) Institute  
7:30PM **Better Late Than Never** 8360 Lemon Avenue (O, TO, WC) Church  
8:00PM **SOS** 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop Spker 1st Sunday

## Monday / Lunes

### Beach Area

NOON **Noon @ the Beach upstairs (church)** 1050 Thomas Ave. (O, JT, §)  
4:00PM **Just For Today** 4736 Clairemont Mesa Blvd (O, JT) shop  
5:30PM **Men's Weekly** 4425 Bannock Ave (C, D, M, §) Center  
5:45PM **NA By the Bay** 1008 Santa Clara Pl (O, D, WC, §) rec ctr  
6:00PM **Monday Night Miracles** 3420 Kenyon St (C, TO, W, §) bldg.B rm13; 2nd fl  
6:30PM **Never Too Late** 7064 Levant St (O, D, ST, WC) rec ctr

## Monday / Lunes (cont)

### Beach Area

9:30PM **Manic Monday** 4736 Clairemont Mesa Blvd (O, CL, D, WC, §) Shop mtg rm  
**Central Area**  
8:30AM **Here and Now** 3295 Meade Ave (O, D) Chapel facing 33rd Street Mon-Fri  
9:00AM **Hang in There** 1944 30th St (O, D, §) club Mon-Sat  
NOON **Noon at the Park** Oregon @ Howard St (O, D, §) park Mon-Sun  
NOON **High Noon** 3636 Ruffin Rd (O, D, WC, §) back bldg Mon-Fri  
1:30PM **Afternoon Delight** 1944 30th St (O, TO, §) club  
4:00PM **You Shuld Have Been There** 1550 Market Street (O, D, WC, §) NW Corner Use Handicapped Entrance on Market Street  
6:00PM **Men Of Hope** 6244 El Cajon Blvd #22 (O, D, M, WC) L.I.F.E Community Center  
6:30PM **Monday Nite Special** 1944 30th St (O, JT, WC) club  
6:30PM **Signs of Life** 4649 Hawley Blvd (C, TO) center Spk 4th Mon  
6:30PM **It Works, How and Why** 2602 First Ave (C, IW, ST, §) center @ Maple  
7:15PM **Monday Nite 11th Step** 6244 El Cajon Blvd. Suite 22 (C, D, WC, L) L.I.F.E. Community Center 11th Step  
8:00PM **Round Robin** 1730 Monroe Ave (O, D, GL) club  
10:00PM **Insomniadictts** 6244 El Cajon Blvd. #22 (O, D) L.I.F.E Cmmunity Center

### Habla Hispana Area

7:00PM **Grupo Recuperacion** 2004 Ocean View Blvd. (O, BL, JT, SB, §)  
7:00PM **Siempre Unidos** 120 National City Boulevard (O, JT, WC, ES, SB, §)  
7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd., #204 (O, JT, SG, ES, SB, §)  
7:30PM **Aprender A Vivir** 895 Palomar Street, #D (O, BL, JT, WC, §)

### Imperial Valley Area

7:00PM **Monday Night Milagro** Pine Avenue & W 7th Street (O, BL) house next to church

### North Coastal Area

7:00AM **Dawn Patrol** 605 San Diego St. (O, BT, D, JT) rec ctr Mon-Fri  
9:00AM **The 9AM Meeting** 1701 Mission Ave. (O) Mon-Fri  
6:45PM **Written Truth Literature Study** 258 Beech Ave (C, WC, L) barn  
7:00PM **Pier Pressure** Oceanside Pier (O, D) fire ring south of  
7:45PM **Live Clean or Die** 3985 Mission Ave (O, D, JT, WC) church  
7:45PM **Helping Other Addicts** 987 Civic Center Dr (O, D)  
8:00PM **Monday Night Basic Text** 552 S El Camino Real (C, BT, CL) upstairs

### North County Inland Area

NOON **Friends of J. J.** 795 N Rose St (O, D, WC) church; rm 9  
7:00PM **Just For Today** 2000 Reche Rd (O, JT, WC, SB) church  
7:00PM **Monday Open Discussion** 404 8th St (O, D, §) church 8th & D St  
7:30PM **Bucket Meeting** 1690 E Valley Parkway (O, D)  
7:30PM **Countdown** 845 Chestnut Street (O, D) Church

### South Bay Area

10:00AM **Serenity Stop** 810 Imperial Beach Boulevard (O, D, WC, §) I.B. Library  
NOON **New Beginnings** 494 E Street (O, JT, WC, §)  
3:00PM **The Journey** 1180 3rd Ave Suite C6 (O, D, WC)  
6:30PM **Women's Gut Level** 940 Hilltop Drive (C, ST, W, WC, §)  
7:30PM **Go to Any Lengths (1st Monday of the month ONLY)** 200 Ocean Boulevard (O, D) 1st Mon ONLY / Fire Pit (BBQ/Potluck) End of Ocean Boulevard  
8:00PM **Do or Die Step Study** 940 Hilltop Drive (O, ST, WC, §)  
9:00PM **Monday Night Madness** Seacoast Drive and Evergreen Avenue (O, D, WC) pier 2nd-3rd Lgt Pole

### South East Barrio Area

6:30PM **Woman With a Purpose** 1415 Roosevelt Avenue (O, D, W) church/club  
7:00PM **Good Time Grab Bag** 5065 Logan Ave #103 (O, D, WC, §) Club

### United East County Area

9:00AM **Morning Miracles** 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop  
NOON **Brown Baggers** 1153 East Madison Avenue (O, TO, WC, §) Wells Park  
NOON **Hope at Noon** 9940 River Street (O, D, JT, WC, §) Lakeside Hotel  
4:00PM **Where the Growth Begins** 8790 Cuyamaca Street Suite D (C, IW, ST, W, WC) Step by Step Serenity Shop  
6:00PM **Girls Nite Out** 201 E Douglas Avenue (O, TO, W, WC) Library  
7:00PM **Monday Night Blues** 490 Farragut Circle (O, TO, WC, §) Church  
7:30PM **Monday Night 2+2** 8350 Lake Murray Boulevard (C, IW, ST, TR, WC, L) upstairs, church

## Tuesday / Martes

### Beach Area

NOON **Noon @ the Beach upstairs (church)** 1050 Thomas Ave (O, JT, §) Mon-Sat  
4:00PM **Rush Hour** 4736 Clairemont Mesa Blvd (O, D, §) shop  
6:00PM **Women's Share** 4141 Pacific Coast Hwy (O, D, W) room  
6:30PM **OB Smokeless** 1984 Sunset Cliffs Blvd (O, D, §) church downstairs  
6:30PM **Tuesday Night Time Out** 8575 New Salem Street (O, D, WC, §) Recreation Center Activity Room Meeting Door Faces Salem St., Speaker every 2nd Tue.  
7:30PM **Young @ Heart** 3340 Kemper St (O, D) rm 205 upstairs  
8:00PM **Step/Tradition** 4736 Clairemont Mesa Blvd (O, ST, TR, §) shop  
**Central Area**  
8:30AM **Here and Now** 3295 Meade Ave (O, D) Chapel facing 33rd Street Mon-Fri  
9:00AM **Hang in There** 1944 30th St (O, D, §) club Mon-Sat  
NOON **High Noon** 3636 Ruffin Rd (O, D, §) back bldg Mon-Fri  
NOON **Noon at the Park** Oregon @ Howard St (O, D, §) park Mon-Sun

## Tuesday / Martes (cont)

### Central Area

4:00PM **Just for Tuesday** 1550 Market Street (O, D, WC, §) NW Corner Use Handicapped Entrance on Market Street  
4:00PM **Central Area Basic Text Study** 4590 Park Blvd (O, BT, §) coffee shop  
5:30PM **Ladies Night** 6244 El Cajon Blvd #22 (O, TO, W, §) L.I.F.E. Center  
6:00PM **Loving The Me I See** 6760 University Avenue (O, W, §) #220  
6:30PM **Recovery Discovery** 2410 E St (O, D, WC)  
6:45PM **New Way Of Life** 1944 30th St (O, D) club  
7:30PM **Tuesday Nite New Beginnings** 7850 Vista Hill Ave (O, D, WC, SB, §) hosp rear @ Meadowlark Dr  
7:45PM **Mammoth Meeting** 640 16th St (O, D) comm rm  
9:00PM **Spiritual Tendencies** 6244 El Cajon Blvd. Suite 22 (O, D) LIFE Community Center

### Habla Hispana Area

7:00PM **Siempre Unidos** 120 National City Boulevard (O, JT, WC, ES, SB, §)  
7:00PM **Buena Voluntad** 2004 Ocean View Boulevard (O, D, JT, WC, ES, SB, §)  
7:30PM **Aprender A Vivir** 895 Palomar Street, #D (O, BL, WC, ES, §)  
7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd., #204 (O, JT, ES, SB, §)  
8:00PM **Grupo Hazlo Simple** 5065 Logan Ave (O, JT, WC, ES, §)

### Imperial Valley Area

5:30PM **2Gether We Can** H Street & S 3rd Street (O, D, WC) church - rear rm  
7:00PM **You Are Never Alone** 564 Broadway Street (O, BT, IW, WC) Club

### North Coastal Area

7:00AM **Dawn Patrol** 605 San Diego St. (O, BT, D, JT) rec ctr Mon-Fri  
7:00AM **Someday you'll like it** 733 S. Santa Fe Ave. (O, D, JT)  
9:00AM **The 9AM Meeting** 1701 Mission Ave. (O) Mon-Fri  
1:30PM **Principles by the Sea** 258 Beech Ave (O, TO, WC) barn  
1:45PM **1/4 to 2** 510 W. Vista Way (O, BT, D, JT) Rm. 2  
6:30PM **11th Step** Pacific St & Tyson St (O, D, WC) park  
6:30PM **Alphabet Soup** 3220 Mission Avenue (O, D, GL, JT, WC) center  
6:30PM **Tuesday Women's** 102 N Freeman (O, BT, D, W, WC) church  
7:00PM **No Matter What** 1501 Kelly St (O, D, JT, WC) church  
7:30PM **Tuesday Men's** 4002 Vista Way (C, D, M, WC) hospital basement - classroom 5

7:30PM **Step It Up** 987 Civic Center Dr (C, ST, TR, W, WC)  
8:00PM **HOW** 215 Ninth St (O, D, WC) school

### North County Inland Area

NOON **Primary Purpose** 795 N Rose St (O, D, WC) church; rm 9  
6:00PM **Poway Candlelight** 13939 Poway Rd. (O, D) Poway Alano Club Suites 10 & 11

6:00PM **Rez Road** Hwy 79 & School House Cyn Rd (O, D, L)  
6:30PM **Simple Faith** 1690 E. Valley Parkway (O, D, W) club  
7:00PM **Tuesday Nite Candle Lite** 404 8th St. (O, CL, §) church 8th & D St  
7:30PM **Tuesday Nite Tag** 845 Chestnut St (O, D) church

### South Bay Area

10:00AM **Serenity Stop** 810 Imperial Beach Boulevard (O, D, WC, §) I.B. Library  
NOON **New Beginnings** 494 E Street (O, JT, WC, §)  
6:30PM **Youthfull** 750 Ada Street (O, D, WC, YP, §) Rec Center  
7:15PM **Addicts on K Avenue** 1829 K Avenue (O, D, WC, §) Apt #3  
7:30PM **Just for Today** 455 Palm Avenue (O, JT, WC) Basement Hall  
9:00PM **Sick & Tired** Seacoast Dr & Evergreen Ave (O, D, WC) pier 2nd-3rd Lgt Pole

### South East Barrio Area

6:15PM **Man 2 Man** 641 S. Boundry (C, M) Rec Center Front Craft Room

### United East County Area

9:00AM **Morning Miracles** 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop  
NOON **Brown Baggers** 1153 East Madison Avenue (O, TO, WC, §) Wells Park  
NOON **Hope at Noon** 9940 River Street (O, D, JT, WC, §) Lakeside Hotel  
7:30PM **Caring & Sharing** 8360 Lemon Avenue (C, CL, TO, WC, §) Church  
8:00PM **Just for Today** 938 E Washington Avenue (O, B, D, JT, WC) El Cajon Alano Club

## Wednesday / Miércoles

### Beach Area

NOON **Noon @ the Beach upstairs (church)** 1050 Thomas Ave (O, JT, §) Mon-Sat  
4:00PM **Together We Can** 4736 Clairemont Mesa Blvd (O, BT, §)  
5:45PM **Just For Today By the Bay** 1008 Santa Clara Pl (C, JT, WC) rec ctr  
6:30PM **Wednesday Night La Jolla Group** 615 Prospect St (O, D, WC) rec ctr  
7:00PM **Drop the Rock** 4141 Pacific Coast Hwy (O, D, §)  
7:30PM **Architects of Adversity** 4736 Clairemont Mesa Blvd (C, WC, §)  
8:00PM **Sick Puppies** 8322 Clairemont Mesa Blvd Suite 114 (O, D, WC) Kearny Office Park Building

8:00PM **Never Alone** 4861 Cass St. Pacific Beach (O) clubhouse  
9:00PM **Movin' On** 4736 Clairemont Mesa Blvd (O, CL, D, §) shop

### Central Area

8:30AM **Here and Now** 3295 Meade Ave (O, D) Chapel facing 33rd Street Mon-Fri  
9:00AM **Hang in There** 1944 30th St (O, D, §) club Mon-Sat  
NOON **Noon at the Park** Oregon @ Howard St (O, D, §) park Mon-Sun  
NOON **High Noon** 3636 Ruffin Rd (O, D, WC, §) back bldg Mon-Fri  
1:30PM **Afternoon Delight** 1944 30th St (O, TO, §) club  
2:00PM **“We Can Do It”** 8665 Gibbs Drive Suite 150 (D, W, WC) Childcare Provided  
4:00PM **What It's Like Now** 1550 Market Street (O, JT, WC, §) NW Corner Use Handicapped Entrance on Market

## Wednesday / Miércoles (cont)

### Central Area

5:30PM **Back to Basics** 6244 El Cajon Blvd. #22 (O, D, W) L.I.F.E Community Center  
5:45PM **Coffee With Jimmy K.** 2804 Adams Avenue (C, D, WC, L) Side of Coffee Shop  
6:45PM **Wednesday Night Men's** 1944 30th St (C, M) club  
7:00PM **Solutions Group** 3030 Thorn St (O, D, §) church  
7:15PM **Stepping Into The Solution** 6244 El Cajon Blvd #22 (C, BT, ST, WC) L.I.F.E Community Center  
8:00PM **Stay As You Are** 4590 Park Blvd (O, D, TO, WC) Next to Coffee Shop  
8:15PM **Hope Without Dope** 1730 Monroe Avenue (O, D, GL, WC, §) Alano Club Corner of Monroe and Park Blvd

### Habla Hispana Area

7:00PM **Siempre Unidos** 120 National City Boulevard (O, JT, WC, ES, SB, §)  
7:00PM **Buena Voluntad** 2004 Ocean View Boulevard (O, D, JT, WC, ES, SB, §)  
7:30PM **Aprender A Vivir** 895 Palomar Street, #D (BL, CL, JT, §)  
7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd., #204 (O, D, JT, TR, ES, SB, §)

### North Coastal Area

7:00AM **Dawn Patrol** 605 San Diego St. (O, BT, D, JT) rec ctr Mon-Fri  
9:00AM **The 9AM Meeting** 1701 Mission Ave. (O) Mon-Fri  
5:00PM **Living Clean** 1430 N Coast Highway 101 (O, LC) club  
6:00PM **Wednesday Westside** 102 N Freeman (C, D) church  
7:00PM **Women's Meeting** 987 Civic Center Drive (O, D, W)  
7:00PM **Shadowridge Men's** 2260 Watson Way (C, D, M, WC) ctr  
7:30PM **Survivors in the Barn** 258 Beech Ave (C, D, WC) barn  
7:30PM **Hot Dog** 504 West Vista Way (M, ST)  
7:30PM **Over the Hump** 1400 Vale Terrace Dr. (O, D, WC) park Across the street from the Seniors Center  
8:00PM **Architects of Adversity** 651 Eucalyptus Ave. (C, 5) Church  
8:00PM **Wasted Youth** Fire Ring South of Pier (O, D, YP)

### North County Inland Area

NOON **Diehard** 501 N. Rose St. (O, D) Washington Park Corner of Rose & Washington  
6:30PM **We Do Cross Talk** 2534 El Norte Prkwy (O, D) Suite A  
7:00PM **Just For Today** 16889 Espola Rd (O, TO, L) church  
7:00PM **S.P. Rez** 27458 Kumeyaay Way (O, B, D) hall  
7:30PM **Sit Down & Recover** 1300 S. Juniper St. (O, B, TO, WC) Hall

### South Bay Area

10:00AM **Serenity Stop** 810 Imperial Beach Boulevard (O, D, WC, §)  
NOON **New Beginnings** 494 E Street (O, JT, WC, §)  
7:30PM **Hillcats** 580 Hilltop Drive (O, D, WC, §) Church  
9:00PM **3rd Light Pole** Seacoast Dr & Evergreen Ave (O, D, WC) pier 2nd-3rd Lgt Pole

### South East Barrio Area

6:15PM **A Dose of Hope** 6145 Imperial Ave. (O, D, TO, WC)  
7:45PM **Dare to Share** 3751 Boston Ave (O, D, WC, §)

### United East County Area

9:00AM **Morning Miracles** 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop  
NOON **Hope at Noon** 9940 River Street (O, D, JT, WC, §) Lakeside Hotel  
NOON **Brown Baggers** 1153 East Madison Avenue (O, TO, WC, §) Wells Park  
6:00PM **Mountain High** 1777 Buckman Springs Road (O, D, WC) Freedom Ranch  
6:30PM **Wednesday Night at the Grove** 6901 Central Avenue (O, TO, WC) Lemon Grove Alano Club  
6:45PM **Twisted Sisters** 8790 Cuyamaca Street (C, D, W, WC) Step by Step Serenity & Beyond Shop  
7:30PM **Living Clean, The Journey Continues** 1400 North Johnson Avenue Suite 101 (O, L, §) Rear Entrance  
8:00PM **Quality Time** 9940 River Street (O, D, TO, WC) Lakeside Hotel

## Thursday / Jueves

### Beach Area

5:45AM **Red Eye Group** 4736 Clairemont Mesa Blvd (O, D, §)  
NOON **Noon @ the Beach upstairs (church)** 1050 Thomas Ave (O, JT, §) Mon-Sat  
4:00PM **No Matter What** 4736 Clairemont Mesa Blvd (O, D)  
6:00PM **Eleven11** 2088 Beryl Street (O, D, §) church  
6:30PM **Therapeutic Thursday** 4124 Mt Abraham Ave (O, D, §) church hall  
7:15PM **Just A Bit Differant** 4736 Clairemont Mesa Blvd (O, D)  
8:00PM **Thursday Night at the VA** 3350 LA Jolla Village Drive (O, D, WC) hosp day rm 2  
8:00PM **USD Survivors** Marion Way @ USD (O, D, WC) Hall  
8:00PM **The Zoo** 2088 Beryl Street (O, D, WC, §) church

### Central Area

8:30AM **Here and Now** 3295 Meade Ave (O, D) Chapel facing 33rd Street Mon-Fri  
9:00AM **Hang in There** 1944 30th St (O, D, §) club Mon-Sat  
NOON **High Noon** 3636 Ruffin Rd (O, D, WC, §) back bldg  
NOON **Noon at the Park** Oregon @ Howard St (O, D, §) park Mon-Sun  
3:00PM **Living Clean Book Study** 4590 Park Blvd (LC, §)  
4:00PM **Thursday Market** 1550 Market Street (O, JT, WC) East Village Use Handicapped Entrance on Market Street  
4:00PM **Off The Hook** 72 17th St (O, §) ring buzzer 4 back rm  
5:00PM **Humble Beginnings** 6244 El Cajon Blvd. #22 (O, D, WC) Life Community Center  
6:30PM **Into The Solution** 1944 30th St (O, D, WC, §) club

# San Diego Imperial Counties Region

## Meeting Schedule (401 Meetings a Week)

Printed on: DECEMBER 10 2018



Regional Contact Info  
WebServant@sandiegona.org  
www.sandiegona.org  
Literature Sales (619) 584-2004

24 Hr Phonenumber  
English (619) 584-1007  
Toll Free (800) 479-0062  
Espanol (619) 546-0774

Regional Service Office: 4689 Felton St., San Diego, CA. 92116  
Mailing Address: P.O. Box 16505 San Diego, CA. 92176  
Business Line: (619) 584-1010 Fax Line: (619) 584-6269  
World Service Office: P.O. Box 9999, Van Nuys, CA. 91409  
www.na.org (818) 773-9999 FAX: (818) 700-0700

### Any addict is welcome at any meeting at any time!

#### Legend

O Open for the general public to attend  
C Closed meeting for addicts only or those who may have a drug problem

5	5th & 10th Step	B	Beginners
BL	Bi-Lingual	BT	Basic Text
C	Closed	CL	Candlelight
D	Discussion	ES	Spanish Speaking Meeting
GL	Gay/Lesbian/Transgender	IW	It Works - How and Why
JT	Just for Today	L	Literature Study
LC	Living Clean Book Study	M	Men
O	Open	SB	Smoke Break
SD	Speaker/Discussion	SG	Step Working Guide
SO	Speaker Only	ST	Step
TO	Topic	TR	Tradition
W	Women	WC	Wheelchair
YP	Young People	§	Stamp

### Note: Child care is NOT provided by Narcotics Anonymous!

**"Take my will and my life. Guide me in my recovery. Show me how to live."**

### Cualquier adicto es bienvenido en cualquier reunión en cualquier momento!

#### Simbología

O Reuniones abiertas al público en general  
C Reuniones cerradas, sólo para adictos o para quienes crean tener un problema de drogas

B	Para el recién llegado	BL	Bilingüe
BT	Texto Básico	C	Cerrado
CL	Luz de vela	D	Discusión
ES	Hablando español	GL	Gay/Lesbiana
IW	Funciona - Cómo y Porqué	JT	Solo por Hoy
M	Hombres	O	Abierta
SB	Rotura del humo	SD	Orador/Discusión
SG	Guía Para Trabajar los Pasos	SO	Solamente Orador
ST	Paso	TO	Tema
TR	Tradición	W	Mujeres
WC	Silla de Ruedas	YP	Jovenes
§	Sello		

### Nota: cuidado de niños no es proporcionada por Narcóticos Anónimos!

**"Toma mi voluntad y mi vida. Guíame en mi recuperación. Enséñame cómo vivir."**

### Saturday / Sábado (cont)

**Central Area**  
5:00PM **Saturday Night Countdown** 4590 Park Blvd (O, TO, §) coffee house  
6:00PM **Gathering in the Gardens** 5107 Waring Rd (O, D, §) office bldg west side  
6:30PM **Nameless Men's** 1944 30th St (O, D, M, §) club  
7:00PM **Sharing From Heart** 5855 Streamview Dr. (O, D, §)  
8:30PM **Welcome Home** 7850 Vista Hill Ave (O, D, WC, §) park in lot @ Meadowlark Dr

**Habla Hispana Area**  
NOON **Siempre Unidos** 120 National City Boulevard (O, JT, WC, SB, §)  
NOON **Mujeres con Propósito** 2004 Ocean View Blvd. (O, JT, W, WC, ES, §)  
6:30PM **Tercera Tradición** 619 Morrison Street (O, JT, ES, §)  
7:00PM **Buena Voluntad** 2004 Ocean View Boulevard (O, D, JT, WC, ES, SB, §)  
7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd., #204 (O, JT, ES, SB, §)  
7:30PM **Aprender A Vivir** 895 Palomar Street, #D (O, BL, JT, WC, §)

**Imperial Valley Area**  
6:45PM **Straight Forward** 564 Broadway Street (O, WC) Alano Club

**North Coastal Area**  
9:00AM **A New Way to Live** 2020 Chestnut Ave (C, D, W, WC) church  
10:00AM **New Horizons** 4002 W. Vista Wy. (O, D, WC, SB) Hospital basement On legal holidays at 605 San Diego St. O'side 92058

3:00PM **Recovery in the Hood** 605 San Diego St (O, D, WC) rec ctr  
5:00PM **Step House Book Study** 1430 N Coast Highway 101 (O, BT) club  
7:00PM **Saturday Night Special** 987 Civic Center Dr (O, D, JT) ctr  
7:00PM **Saturday Speaker** 605 San Diego St (O, SO) ctr  
9:30PM **Stay in the Meeting** 1430 N Coast Highway 101 (O, D) club  
9:30PM **Lost Tribe** 1745 E. Vista Way #16 (O, CL, D, WC) ctr

**North County Inland Area**  
7:30PM **Literature Review** 990 East Mission Rd (O, WC, L)  
7:30PM **Saturday Nite Speaker Meeting** 550 W Washington Ave (O, SO) enter off alley

**South Bay Area**  
10:00AM **Dunes Park** Seacoast Drive and Daisy Avenue (O, D, WC)  
11:00AM **We Came to Believe** 1180 3rd Ave (O, D, WC, §) Suite C-6  
5:30PM **Newborns** 940 Hilltop Drive (O, D, WC, §) Hall  
7:00PM **Saturday Night Speaker Meeting** 495 H Street (O, SO, WC, §)  
9:00PM **Dare to Share** Seacoast Dr & Evergreen Ave (O, D, WC) pier 2nd-3rd Lgt Pole

**South East Barrio Area**  
2:00PM **A Better Day** 5065 Logan Ave #103 (O, WC) #103 Club  
4:00PM **Progress Not Perfection** 5065 Logan Ave Ste #103 (O, D, IW, WC, L)  
6:00PM **Clean Womens** 6443 Imperial Ave (O, D, W, WC)  
7:00PM **Together We Can** 1770 Kearney Ave (C, D, §) Quonset hut at north end of church property No children

8:00PM **Late Night Addicts** 5065 Logan Ave #103 (D, TO, WC)  
11:59PM **1st Saturday at Midnight** 1415 Roosevelt Avenue (O, D) 1st Sat of Month

**United East County Area**  
9:00AM **Morning Miracles** 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop  
10:00AM **Saturday Morning Men's Stag** 6901 Central Avenue (C, M, SD, WC, §) Lemon Grove Alano Club

11:00AM **Weekend Warriors** 1153 East Madison Avenue (O, TO, WC) Wells Park  
4:00PM **True Grit** 6901 Central Avenue (O, D, WC) Lemon Grove Alano Club  
5:00PM **Game Over** 9940 River Street (O, D, WC) Lakeside Hotel  
7:00PM **Saturday Night Misfits** 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop

8:00PM **Real Recovery** 1465 East Madison Avenue (O, SD, WC, SB, §) Church  
9:45PM **Who Is An Addict** 9940 River Street (O, CL, D, WC) Lakeside Hotel

REGIONAL SUBCOMMITTEES - Held at the RSO - 4689 Felton St. San Diego, CA 92116		
<b>Activities Subcommittee:</b>	1st Wednesday	6:30pm
<b>Board of Trustees:</b>	1st Thursday	7:30pm
<b>Convention Subcommittee:</b>	3rd Sunday	6:30pm
<b>H&amp;l Subcommittee:</b>	4th Thursday	6:30pm
<b>NA Behind the Walls:</b>	1st Monday	6:00pm
<b>NA Youth Committee:</b>	3rd Tuesday	7:00pm
<b>Outreach Subcommittee:</b>	1st Tuesday	7:30pm
<b>Phoneline Orientation:</b>	1st Sunday	11:00am
<b>Phoneline Workgroup:</b>	1st Sunday	Noon
<b>Policy Subcommittee:</b>	1st Thursday	6:30pm
<b>Public Information Subcommittee:</b>	2nd Wednesday	6:30pm
<b>Public Relations Subcommittee:</b>	1st Monday	6:30pm
<b>RSO Board of Directors:</b>	1st & 3rd Saturday	10:30am
<b>Regional Service Committee:</b>	2nd Saturday	1:00pm
<b>Website Workgroup:</b>	2nd Saturday	10:30am

### Friday / Viernes (cont)

**Central Area**  
7:00PM **Hoodlum's Haven** 3060 54th St (C, CL, M, SD, §) rear door; south side  
7:00PM **Miracles On Menlo** 4126 Menlo Avenue (O, D, WC, §)  
7:00PM **So Fresh So Clean** 5107 Waring Rd (O, CL, YP, §)  
7:15PM **Thank God We're Clean** 7850 Vista Hill Ave (O, D, WC, §) hosp; rear pkg lot  
7:30PM **T.G.I.F.** 4773 Marlborough Dr (O, SO, TO, §) church upstairs speaker last Fri  
7:30PM **Alumni Speakers** 3767 Central Ave (O, B, GL, SO, WC) Recovery Center  
8:00PM **Week's End NA** 3725 30th Street (O, CL, D, GL, M, §) Church Downstairs  
8:00PM **NA Meeting** 4161 Marlborough Ave (D, M) back room  
8:15PM **Men With A Message** 4161 Marlborough Ave. (M, §)

**Habla Hispana Area**  
7:00PM **El Milagro** 605 San Diego Street (O, BL, JT, TO, WC, ES, §)  
7:00PM **Buena Voluntad** 2004 Ocean View Boulevard (O, D, JT, WC, ES, SB, §)  
7:00PM **Siempre Unidos** 120 National City Boulevard (O, JT, ES, SB, §)  
7:30PM **Aprender A Vivir** 895 Palomar Street, #D (O, BL, JT, WC, §)  
7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd., #204 (O, JT, ES, SB, §)

**Imperial Valley Area**  
6:30PM **One Day at a Time** 564 Broadway Street (O, D, WC) Club

**North Coastal Area**  
7:00AM **Dawn Patrol** 605 San Diego St. (O, BT, D, JT) rec ctr Mon-Fri  
9:00AM **The 9AM Meeting** 1701 Mission Ave. (O) Mon-Fri  
7:00PM **Meeting at the Mansion** 1100 Sportfisher Dr (O, SD, W, WC) ctr  
7:00PM **El Milagro (Spanish)** 605 San Diego Street (O, D, WC, ES) ctr  
7:30PM **Friday Night Raw** 987 Civic Center Drive (O, D)  
7:30PM **Last Shot** 4002 Vista Way (O, D, SD, WC) hospital basement  
8:00PM **Insight** 715 Valley Aveune (O, D, WC) rec ctr

**North County Inland Area**  
NOON **TGIF** 795 N Rose St (O, D, WC) church; rm 9  
6:00PM **NA Candlelight** 331 Elder St. (O, D) church, basement  
6:30PM **Friday Night Diva's** 1690 E. Valley Parkway (O, D, W) club  
6:30PM **Cliff Nelson Off the Wall Men's Meeting** 1170 S. Broadway & 13th (O, D, M) Church Catechumen Room side of sanctuary, facing 13th  
7:30PM **Chase Your Recovery** 1800 N Broadway (O, D, §) club  
7:30PM **Experience, Strength & Hope** 13094 Civic Center Dr (O, D) senior ctr spkr 1st Fri

**South Bay Area**  
10:00AM **Serenity Stop** 810 Imperial Beach Boulevard (O, D, WC)  
NOON **New Beginnings** 494 E Street (O, JT, WC, §)  
7:00PM **Sitting on a Cloud** 494 E Street (O, D, §)  
7:30PM **Hope Not Dope** 940 Hilltop Drive (O, CL, D) church  
8:00PM **New Connecta** 73 North Second Avenue (O, D, SO, §) Casa Nosostros  
8:15PM **Lighthouse** 455 Palm Avenue (O, D) church  
9:00PM **Friday Night Live** Seacoast Dr & Evergreen Ave (O, D, WC) Pier 2nd-3rd Lgt Pole

**South East Barrio Area**  
6:00PM **Downtown Dollies** 2600 Golfcourse Drive (C, D, W, WC, §) Center speaker, 3rd Friday  
6:00PM **Keep it Real** 610 S. 30th St (O, D, WC) Rec Center  
7:15PM **We Do Recover** 2600 Golfcourse Drive (O, D, WC) Center Speaker, 4th Friday

**United East County Area**  
9:00AM **Morning Miracles** 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop  
NOON **Hope at Noon** 9940 River Street (O, D, JT, WC, §) Lakeside Hotel  
NOON **Brown Baggers** 1153 East Madison Avenue (O, TO, WC, §) Wells Park  
6:30PM **Friday Night Footsteps** 6901 Central Avenue (O, D, WC, §) Lemon Grove Alano Club

7:00PM **Bikers In Recovery** 9940 River Street (O, D, WC) Lakeside Hotel  
7:30PM **Serenity Seekers** 8360 Lemon Avenue (O, D, TO, WC) Church Enter on 3rd St. Red Door  
8:00PM **Friday Strait Shooters** 490 Farragut Circle (O, D, WC, §) Church

### Saturday / Sábado

**Beach Area**  
NOON **Noon @ the Beach upstairs (church)** 1050 Thomas Ave (O, JT, §) Mon-Sat  
NOON **Bent But Not Broken Sisters** 4736 Clairemont Mesa Blvd (O, D, W, WC, §) Club  
3:00PM **Beach Break** 2229 Bacon St (O, D, WC) clubhouse  
6:00PM **Saturday Sundowners** 4141 Pacific Coast Hwy (O, D) day room  
6:30PM **Count Down To Recovery** 4736 Clairemont Mesa Blvd (O, D, WC) shop  
7:00PM **Tough Addicts Still Don't Dance** 5255 Mt Ararat Dr (O, D) church rm 103 No Smoking on Property

7:30PM **The Otherside** 1004 Chalcedony (O, D, §) garage Chalcedony @ Cass  
10:30PM **Late Nighters** 4736 Clairemont Mesa Blvd (O, CL, WC) shop

**Central Area**  
9:00AM **Hang in There** 1944 30th St (O, D, §) club Mon-Sat  
10:00AM **Saturday Morning Live** 2905 Landis St (C, D, TO, §) church spk 1st Sat  
NOON **Noon at the Park** Oregon @ Howard St (O, D, §) park Mon-Sun  
12:30PM **Nirvana** 3111 6th Ave (O, BT, WC, §) bldg in park club  
2:00PM **How and Why** 3295 Meade Ave (O, GL, IW, ST, TR, §) Enter From Parking Lot Upstairs Behind Church No Wheelchair or Walker Access

5:00PM **Shoulda Coulda Woulda** 7850 Vista Hill Ave (O, D, W, WC, §) in rear hosp @ Meadowlark Dr

### Thursday / Jueves (cont)

**Central Area**  
6:30PM **Old Timers Speakers** 4590 Park Blvd (O, SO, §) coffee house  
8:15PM **Thursday Night Stoners** 3767 Central Ave (O, GL, TO) ctr  
8:15PM **Cold Turkey** 950 Orange Ave (O, D, §) Club behind coffee shop  
10:00PM **Insomniacs** 6244 El Cajon Blvd (O, D) L.I.F.E. Community Center Suite 22

**Habla Hispana Area**  
7:00PM **Siempre Unidos** 120 National City Boulevard (O, JT, WC, ES, SB, §)  
7:00PM **Buena Voluntad** 2004 Ocean View Boulevard (O, D, JT, WC, ES, SB, §)  
7:00PM **Grupo Libertad** 3288 El Cajon Boulevard (O, JT, ES, SB, §)  
7:30PM **Aprender A Vivir** 895 Palomar Street, #D (O, BL, JT, WC, §)  
7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd., #204 (O, JT, ES, SB, §)

**Imperial Valley Area**  
6:00PM **New Way of Life** H Street & S 3rd Street (O, BL, D, WC) church - rear rm

**North Coastal Area**  
7:00AM **Dawn Patrol** 605 San Diego St. (O, BT, D, JT) rec ctr Mon-Fri  
9:00AM **The 9AM Meeting** 1701 Mission Ave. (O) Mon-Fri  
1:30PM **Principles by the Sea** 258 Beech Ave (O, TO, WC) park  
6:30PM **Plain Old Fashioned NA** 1907 Apple Street Suite 10 (C, TO, WC)  
7:00PM **Last House on the Block** 715 Valley Aveune (O, BT, IW, WC) rec ctr  
7:00PM **Rockstar** 4700 N. River Road (O, D, SD, WC) center Speaker & Potluck 1st Thur

8:00PM **Just For Tonight** 987 Civic Center Drive (O, D)

**North County Inland Area**  
6:00PM **Women's Open NA Discussion** 13939 Poway Rd. (O, D, W) Poway Alano Club suite 10 & 11 (small room)

6:00PM **Women's Save Your Ass** 795 N Rose St (O, D, W) church rm 9  
7:00PM **It's in the Literature** 1690 E.Valley Parkway (C, D, WC, L) Front Room Clubhouse

7:00PM **Desert Recovery** 3064 Borrego Valley Rd. (O, D)  
7:00PM **Out There** 28246 Lilac rd. (O, D) comm hall  
7:30PM **Recovery on the Rez** 12196 E Pala Mission Rd (O, D) hall  
8:00PM **Thurs. Night Book Study** 1710 Montecito Rd. (O, BT) RRC Bldg.

**South Bay Area**  
10:00AM **Serenity Stop** 810 Imperial Beach Boulevard (O, D, WC)  
NOON **New Beginnings** 494 E Street (O, JT, WC, §)  
6:30PM **Healthy Choices** 226 Church Avenue  
7:30PM **Addicts on K Avenue** 1829 K Avenue (O, D, WC, §) Apt #3  
9:30PM **IB Clean** Seacoast Dr & Evergreen Ave (O, D, WC) pier 2nd-3rd Lgt Pole

**South East Barrio Area**  
4:00PM **Welcome Home** 5065 Logan Ave #103 (O, D, WC)  
5:30PM **Clubhouse Meeting** 3330 Market St (O, D, WC, YP)  
6:15PM **Come As You Are** 641 S Boundary Street (O, TO, WC) West Corner Rec Center  
6:30PM **NA at the Spot** 6443 Imperial Ave (O, D, WC)  
8:15PM **Keep Comin Back** 5065 Logan Ave #103 (O, D, WC) Speaker, 1st Thursday of the month

**United East County Area**  
9:00AM **Morning Miracles** 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop  
NOON **Hope at Noon** 9940 River Street (O, D, JT, WC, §) Lakeside Hotel  
NOON **Brown Baggers** 1153 East Madison Avenue (O, TO, WC, §) Wells Park  
1:00PM **Sister's In Recovery** 4490 Williams Ave. (O, D, W, WC) Parent Care East Treatment Center

6:00PM **Living the Miracle** 9940 River Street (O, D, W, WC) Lakeside Hotel  
6:30PM **Giving it Away** 9573 Los Cochés Road (O, TO, WC) Church  
7:30PM **Thursday Night Meeting** 1430 Melody Lane (O, D, SD, WC, §) Church Open, Discussion, Speaker last Thursday of the month

7:30PM **Recovery First** 8790 Cuyamaca Street (C, D, M, WC, §) Step by Step Serenity & Beyond Shop  
7:30PM **Just for Today** 20047 Viejas Grade Rd (C, D, JT, WC) Nativity of The Blessed Virgin Mary Catholic Church Utility Room

### Friday / Viernes

**Beach Area**  
NOON **Noon @ the Beach upstairs (church)** 1050 Thomas Ave (O, JT, §) Mon-Sat  
5:00PM **Thank God it's Friday (T.G.I.F)** 4736 Clairemont Mesa Blvd (O, D, §) shop  
7:00PM **We Came To Believe** 3250 Fordham (O, D, SD) BldgA conf rm  
8:00PM **Friday Night Roulette** 1561 Thomas Ave (O, D, WC) church  
8:00PM **Friday Night Point Loma** 1140 Evergreen Street (O, D, §) door on Avenida de Portugal church

10:00PM **Keep The Candle Lit** 4736 Clairemont Mesa Blvd (O, CL, D, §) shop

**Central Area**  
8:30AM **Here and Now** 3295 Meade Ave (O, D) Chapel facing 33rd Street Mon-Fri  
9:00AM **Hang in There** 1944 30th St (O, D, §) club Mon-Sat  
NOON **Noon at the Park** Oregon @ Howard St (O, D, §) park Mon-Sun  
NOON **High Noon** 3636 Ruffin Rd (O, D, WC, §) back bldg Mon-Fri  
1:30PM **Afternoon Delight** 1944 30th St (O, TO, §) club  
4:00PM **Downtown Hope** 1550 Market Street (O, D, WC, §) NW Corner Use Handicapped Entrance on Market

6:00PM **Believe in Amigos** 741 11th Avenue (O, D, §) Back yard of House Smoking O.K.

6:15PM **Sleeping Monkey** 4380 Landis St (O, WC, §) rec center  
6:30PM **Ladies Living Clean** 6244 El Cajon Blvd. Suite 22 (C, W, LC) L.I.F.E. Community Center