

Sunday / Domingo

Beach Area
NOON Noon With a View 5045 Soledad Rd (O, D) park north end of Lamont St
2:00PM Noon @ the Beach upstairs (church) 1050 Thomas Ave (O, JT, \$)
6:00PM Serinity Seekers 6727 Flanders Dr Suite #106 (O, D, WC, OE)
6:00PM Thomas St Speakers 1050 Thomas Ave (O, SD)
6:30PM Spiritual Stick Meeting 3219 Clairemont Mesa Blvd (O, TO, WC) @ Luna church
7:30PM Good Stuff 2877 Governor Dr (O, JT, WC, \$)
7:30PM Week End Wrap Up 1050 Thomas Ave (O, CL) upstairs alley church
9:00PM Serinity Sundays 4736 Clairemont Mesa Blvd (O, CL, D) shop

Central Area
8:30AM Came To Believe 1944 30th St (O, D, WC) club
9:00AM Living the Dream 4649 Hawley Blvd (O, JT, WC) center
NOON Normal Heights Noon Meeting 4531 36th St (O, D, WC, \$) rec rm; enter back gate

NOON Noon at the Park Oregon @ Howard St (O, D, \$) park Mon-Sun
3:30PM Step This Way 6901 Central Avenue (C, IW) Lemon Grove
5:00PM The Journey Continues 6244 El Cajon Blvd. (O, WC, LC) Life Community Center
6:30PM Spiritual Freedom 4590 Park Blvd (O, WC, L, \$) coffee house
7:00PM SerinitySeekers 4286 49th St (O, D, \$)
7:30PM New Beginnings 7850 Vista Hill Ave (O, JT, WC, \$) hosp rear @ Meadowlark dr (rear parking lot)

8:00PM Principals B 4 Personalities 3847 Park Blvd (O, D, GL, \$) Live and Let Live Alano Club On the corner of Park Blvd. and University Ave.
8:15PM Living in Recovery 4177 Marlborough Ave (O, D, WC) church Spk 3rd Sun

Habla Hispana Area
7:00PM Grupo Recuperacion 2004 Ocean View Blvd. (O, WC, ES, SB, \$)
7:00PM Siempre Unidos 120 National City Blvd (O, D, JT, WC, ES, SB, \$)
7:00PM Grupo Escondido 1690 E. Valley Pkwy (BL, JT)
7:30PM Nuevo Amanecer 4776 El Cajon Blvd., #204 (O, D, JT, ES, SB, \$)
7:30PM Aprender A Vivir 895 Palomar Street, #C (O, BL, JT, \$)

Imperial Valley Area
9:00AM Unity Die Hard 564 Broadway Street (O, D, WC) Club

North Coastal Area
9:00AM Top of the Hill Spiritual 1200 Vale Terrace Dr (O, D, WC) park
1:30PM Principles by the Sea 258 Beech Ave (O, TO, WC) barn
5:00PM Women Do Recover 2020 Chestnut Ave (C, SD, W, WC) church
6:30PM Imagine 1050 Regal Road (O, D, WC) church
7:00PM Cleaning House 987 Civic Center Dr (O, D)
7:00PM Plain Old NA 1745 E Vista Way #16 (O, CL, D, WC) ctr
7:30PM First Things First 4002 Vista Way (O, SD, TO) hospital basement

North County Inland Area
6:30PM Newcomers & Oldtimers 131 Richmar Avenue (O, D, TO)
6:30PM Friends of Virgil C 795 N Rose St (C, D, TO, \$) church; rm 9
7:00PM Grupo Escondido NA 1690 E. Valley Parkway (O, D, ES) (club)
7:15PM No Matter What 13094 Civic Center Dr. (O, TO, SB) Poway Community Ctr/Senior Ctr Activity Rm 2 potluck/speaker 3rd Sunday

South Bay Area
10:30AM Clean Sunday 226 Church Avenue (O, D, WC, \$) ctr
5:00PM Vision of Hope 264 Garrett Ave (O, D, WC, \$) Park
7:30PM Sunday Choice 940 Hilltop Drive (O, D, WC) Hall
8:00PM Recovery Really Works 2295 Leon Ave (O, CL, D) church mtg rm

South East Barrio Area
9:00AM Keep it Simple Mens Meeting 73 N 2nd Ave (C, M, \$)
5:00PM Women Do Recover 5065 Logan Ave #103 (O, BT, W) club
6:30PM Keep It Simple 5065 Logan Avenue #103 (O, D, WC) #103 club
7:30PM Steppin' into Serenity 1415 Roosevelt Ave (O, D, TO, \$)

United East County Area
9:00AM Morning Miracles 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop
10:00AM Sunday Spiritual 1153 East Madison Avenue (O, TO, WC, \$) Wells Park
10:15AM KISS Alton @ Washington St (O, TO, WC) Lemon Grove Park
10:30AM Super Stoked 8790 Cuyamaca Street (O, D, WC, \$) Step by Step Serenity & Beyond Shop

5:00PM Together We Can 490 Farragut Circle (O, D, WC) Church
7:00PM Circle of Life 1400 North Johnson Avenue (O, SD, WC, \$) Suite 101 Rear Entrance
7:00PM Clean Team 7050 Parkway Drive (O, TO, WC, \$) Institute
7:30PM Better Late Than Never 8360 Lemon Avenue (O, TO, WC) Church
8:00PM SOS 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop Spker 1st Sunday

Monday / Lunes

Beach Area
NOON Noon @ the Beach upstairs (church) 1050 Thomas Ave. (O, JT, \$)
4:00PM Just For Today 4736 Clairemont Mesa Blvd (O, JT) shop
5:30PM Men's Weekly 4425 Bannock Ave (C, D, M, \$) Center
5:45PM NA By the Bay 1008 Santa Clara Pl (O, D, WC, \$) rec ctr
6:00PM Monday Night Miracles 3420 Kenyon St (C, TO, W, \$) bldg.B rm10
6:30PM Never Too Late 7064 Levant St (O, D, ST, WC) rec ctr
9:30PM Manic Monday 4736 Clairemont Mesa Blvd (O, CL, D, WC, \$) Shop mtg rm

Central Area
8:30AM Here and Now 3295 Meade Ave (O, D) Chapel facing 33rd Street Mon-Fri

Monday / Lunes (cont)

Central Area
9:00AM Hang in There 1944 30th St (O, D, \$) club Mon-Sat
NOON High Noon 3636 Ruffin Rd (O, D, WC, \$) back bldg Mon-Fri
NOON Noon at the Park Oregon @ Howard St (O, D, \$) park Mon-Sun
1:30PM Afternoon Delight 1944 30th St (O, TO, \$) club
4:00PM You Shuld Have Been There 1550 Market Street (O, D, WC, \$) NW Corner Use Handicapped Entrance on Market Street
6:00PM Men Of Hope 6244 El Cajon Blvd #22 (O, D, M, WC) L.I.F.E Community Center

6:30PM It Works, How and Why 2602 First Ave (C, IW, ST) center @ Maple
6:30PM Signs of Life 4649 Hawley Blvd (C, TO, \$) center Spk 4th Mon
6:30PM Monday Nite Special 1944 30th St (O, JT, WC) club
7:15PM Monday Nite 11th Step 6244 El Cajon Blvd. Suite 22 (C, D, WC, L) L.I.F.E. Community Center 11th Step

8:00PM Round Robin 3847 Park Blvd (O, D, GL, OE) Live and Let Live Alano Club Corner of Park Blvd. and University Ave.
10:00PM Insomniaddicts 6244 El Cajon Blvd. #22 (O, D) L.I.F.E Cmmunity Center

Habla Hispana Area
7:00PM Siempre Unidos 120 National City Boulevard (O, JT, WC, ES, SB, \$)
7:00PM Grupo Recuperacion 2004 Ocean View Blvd. (O, BL, JT, SB, \$)
7:30PM Nuevo Amanecer 4776 El Cajon Blvd., #204 (O, JT, SG, ES, SB, \$)
7:30PM Aprender A Vivir 895 Palomar Street, #C (O, BL, JT, \$)

Imperial Valley Area
7:00PM Monday Night Milagro Pine Avenue & W 7th Street (O, BL) house next to church

North Coastal Area
7:00AM Dawn Patrol 605 San Diego St. (O, BT, D, JT) rec ctr Mon-Fri
9:00AM The 9AM Meeting 1701 Mission Ave (O) Mon-Fri
6:45PM Written Truth Literature Study 258 Beech Ave (C, WC, L) barn
7:00PM Live Clean or Die 3985 Mission Ave (O, D, JT, WC) church
7:00PM Pier Pressure Oceanside Pier (O, D) fire ring south of
7:45PM Helping Other Addicts 987 Civic Center Dr (O, D)
8:00PM Monday Night Basic Text 552 S El Camino Real (C, BT, CL) upstairs

North County Inland Area
NOON Friends of J. J. 795 N Rose St (O, D, WC) church; rm 9
6:00PM Bucket Meeting 1690 E Valley Parkway (O, D)
7:00PM Just For Today 2000 Reche Rd (O, JT, WC, SB) church
7:00PM Monday Open Discussion 404 8th St (O, D, \$) church 8th & D St
7:30PM Countdown 845 Chestnut Street (O, D) Church

South Bay Area
10:00AM Serinity Stop 810 Imperial Beach Boulevard (O, D, WC, \$) I.B. Library
NOON New Beginnings 494 E Street (O, JT, WC, \$)
3:00PM The Journey 1180 3rd Ave Suite C2 (O, D, WC)
6:30PM Women's Gut Level 940 Hilltop Drive (C, ST, W, WC, \$)
7:30PM Go to Any Lengths (1st Monday of the month ONLY) 200 Ocean Boulevard (O, D) 1st Mon ONLY / Fire Pit (BBQ/Potluck) End of Ocean Boulevard

8:00PM Do or Die Step Study 940 Hilltop Drive (O, ST, WC, \$)
9:00PM Monday Night Madness Seacoast Drive and Evergreen Avenue (O, D, WC) pier 2nd-3rd Lgt Pole

South East Barrio Area
6:30PM Woman With a Purpose 1415 Roosevelt Avenue (O, D, W) church/club
7:00PM Good Time Grab Bag 5065 Logan Ave #103 (O, D, WC, YP) Club

United East County Area
9:00AM Morning Miracles 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop
NOON Brown Baggers 1153 East Madison Avenue (O, TO, WC, \$) Wells Park
NOON Hope at Noon 9940 River Street (O, D, JT, WC, \$) Lakeside Hotel
4:00PM Where the Growth Begins 8790 Cuyamaca Street Suite D (C, IW, ST, W, WC) Step by Step Serenity Shop
6:00PM Girls Nite Out 201 E Douglas Avenue (O, TO, W, WC) Library
7:00PM Monday Night Blues 490 Farragut Circle (O, TO, WC, \$) Church
7:30PM Monday Night 2+2 8350 Lake Murray Boulevard (C, IW, ST, TR, WC, L) upstairs, church

Beach Area
NOON Noon @ the Beach upstairs (church) 1050 Thomas Ave (O, JT, \$) Mon-Sat
4:00PM Rush Hour 4736 Clairemont Mesa Blvd (O, D, \$) shop
6:00PM Women's Share 4141 Pacific Coast Hwy (O, D, W) room
6:30PM Tuesday Night Time Out 8575 New Salem Street (O, D, WC, \$) Recreation Center Activity Room Meeting Door Faces Salem St., Speaker every 2nd Tue.
6:30PM OB Smokeless 1984 Sunset Cliffs Blvd (O, D, \$) church downstairs
7:30PM Young @ Heart 3340 Kemper St (O, D) rm 205 upstairs
8:00PM Step/Tradition 4736 Clairemont Mesa Blvd (O, ST, TR, \$) shop

Central Area
8:30AM Here and Now 3295 Meade Ave (O, D) Chapel facing 33rd Street Mon-Fri
9:00AM Hang in There 1944 30th St (O, D, \$) club Mon-Sat
NOON Noon at the Park Oregon @ Howard St (O, D, \$) park Mon-Sun
NOON High Noon 3636 Ruffin Rd (O, D, \$) back bldg Mon-Fri
4:00PM Central Area Basic Text Study 4590 Park Blvd (O, BT, \$) coffee shop
4:00PM Just for Tuesday 1550 Market Street (O, D, WC, \$) NW Corner Use Handicapped Entrance on Market Street

Tuesday / Martes (cont)

Central Area
5:30PM Ladies Night 6244 El Cajon Blvd #22 (O, TO, W, \$) L.I.F.E. Center
6:30PM Recovery Discovery 2410 E St (O, D, WC)
6:45PM New Way Of Life 1944 30th St (O, D) club
7:30PM Tuesday Nite New Beginnings 7850 Vista Hill Ave (O, D, WC, SB, \$) hosp rear @ Meadowlark Dr

7:45PM Mammoth Meeting 640 16th St (O, D) comm rm
9:00PM Spiritual Tendencias 6244 El Cajon Blvd. Suite 22 (O, D) LIFE Community Center

Habla Hispana Area
7:00PM Buena Voluntad 2004 Ocean View Boulevard (O, D, JT, WC, ES, SB, \$)
7:00PM Siempre Unidos 120 National City Boulevard (O, JT, WC, ES, SB, \$)
7:30PM Nuevo Amanecer 4776 El Cajon Blvd., #204 (O, JT, ES, SB, \$)
7:30PM Aprender A Vivir 895 Palomar Street, #C (O, BL, ES, \$)

Imperial Valley Area
5:30PM 2Gether We Can H Street & S 3rd Street (O, D, WC) church - rear rm
7:00PM You Are Never Alone 564 Broadway Street (O, BT, IW, WC) Club

North Coastal Area
7:00AM Dawn Patrol 605 San Diego St. (O, BT, D, JT) rec ctr Mon-Fri
7:00AM Someday you'll like it 733 S. Santa Fe Ave. (O, D, JT)
9:00AM The 9AM Meeting 1701 Mission Ave. (O, D, WC) church
1:30PM Principles by the Sea 258 Beech Ave (O, TO, WC) barn
1:45PM 1/4 to 2 510 W. Vista Way (O, BT, D, JT) Rm. 2
6:30PM 11th Step Pacific St & Tyson St (O, D, WC) park
6:30PM Tuesday Women's 102 N Freeman (O, BT, D, W, WC) church
6:30PM Alphabet Soup 3220 Mission Avenue (O, D, GL, JT, WC) center
7:00PM No Matter What 1501 Kelly St (O, D, JT, WC) church
7:30PM Step It Up 987 Civic Center Dr (C, ST, TR, W, WC)
7:30PM Tuesday Men's 4002 Vista Way (C, D, M, WC) hospital basement - classroom 5

8:00PM HOW 215 Ninth St (O, D, WC) school
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North County Inland Area
NOON Primary Purpose 795 N Rose St (O, D, WC) church; rm 9
6:00PM Rez Road Hwy 79 & School House Cyn Rd (O, D, L)
6:00PM Poway Candlelight 13939 Poway Rd. (O, D) Poway Alano Club Suites 10 & 11
6:30PM Simple Faith 1690 E. Valley Parkway (O, D, W) club
7:00PM Tuesday Nite Candle Lite 404 8th St. (O, CL, \$) church 8th & D St
7:30PM Tuesday Nite Tag 845 Chestnut St (O, D) church

South Bay Area
10:00AM Serinity Stop 810 Imperial Beach Boulevard (O, D, WC, \$) I.B. Library
NOON New Beginnings 494 E Street (O, JT, WC, \$)
6:30PM Youthfull 750 Ada Street (O, D, WC, YP, \$) Rec Center
7:15PM Addicts on K Avenue 1829 K Avenue (O, D, WC, \$) Apt #3
7:30PM Just for Today 455 Palm Avenue (O, JT, WC) Basement Hall
9:00PM Sick & Tired Seacoast Dr & Evergreen Ave (O, D, WC) pier 2nd-3rd Lgt Pole

South East Barrio Area
6:15PM Man 2 Man 641 S. Boundry (C, M) Rec Center Front Craft Room

United East County Area
9:00AM Morning Miracles 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop
NOON Hope at Noon 9940 River Street (O, D, JT, WC, \$) Lakeside Hotel
NOON Brown Baggers 1153 East Madison Avenue (O, TO, WC, \$) Wells Park
7:30PM Caring & Sharing 8360 Lemon Avenue (C, CL, TO, WC, \$) Church
8:00PM Just for Today 938 E Washington Avenue (O, B, D, JT, WC) El Cajon Alano Club

Wednesday / Miércoles

Beach Area
NOON Noon @ the Beach upstairs (church) 1050 Thomas Ave (O, JT, \$) Mon-Sat
4:00PM Together We Can 4736 Clairemont Mesa Blvd (O, BT, \$)
6:30PM Wednesday Night La Jolla Group 615 Prospect St (O, D, WC) rec ctr
7:30PM Architects of Adversity 4736 Clairemont Mesa Blvd (C, WC, 5)
8:00PM Sick Puppies 8322 Clairemont Mesa Blvd Suite 114 (O, D, WC) Kearny Office Park Building
8:00PM Never Alone 4861 Cass St. Pacific Beach (O) clubhouse
9:00PM Movin' On 4736 Clairemont Mesa Blvd (O, CL, D, \$) shop

Central Area
8:30AM Here and Now 3295 Meade Ave (O, D) Chapel facing 33rd Street Mon-Fri
9:00AM Hang in There 1944 30th St (O, D, \$) club Mon-Sat
NOON High Noon 3636 Ruffin Rd (O, D, WC, \$) back bldg Mon-Fri
NOON Noon at the Park Oregon @ Howard St (O, D, \$) park Mon-Sun
1:30PM Afternoon Delight 1944 30th St (O, TO, \$) club
1:30PM "We Can Do It" 8665 Gibbs Drive Suite 150 (D, W, WC) Childcare Provided
4:00PM What It's Like Now 1550 Market Street (O, JT, WC, \$) NW Corner Use Handicapped Entrance on Market

5:30PM Back to Basics 6244 El Cajon Blvd. #22 (O, D) L.I.F.E Community Center
5:45PM Coffee With Jimmy K. 2804 Adams Avenue (C, D, WC, L) Side of Coffee Shop

6:45PM Wednesday Night Men's 1944 30th St (C, M) club
7:00PM Solutions Group 3030 Thorn St (O, D, \$) church
7:15PM Stepping Into The Solution 6244 El Cajon Blvd #22 (C, BT, ST, WC) L.I.F.E Community Center

Wednesday / Miércoles (cont)

Central Area
8:00PM Stay As You Are 4590 Park Blvd (O, D, TO, WC) Next to Coffee Shop
8:15PM Hope Without Dope 3847 Park Blvd (O, D, GL, \$) Live and Let Live Alano Club Corner of Park Blvd. and University Ave.

Habla Hispana Area
7:00PM Siempre Unidos 120 National City Boulevard (O, JT, WC, ES, SB, \$)
7:00PM Buena Voluntad 2004 Ocean View Boulevard (O, D, JT, WC, ES, SB, \$)
7:30PM Aprender A Vivir 895 Palomar Street, #C (BL, CL, JT, \$)
7:30PM Nuevo Amanecer 4776 El Cajon Blvd., #204 (O, D, JT, TR, ES, SB, \$)
8:00PM Grupo Libertad 3288 El Cajon Blvd., #10 (O, JT, ES, SB, \$)

North Coastal Area
7:00AM Dawn Patrol 605 San Diego St. (O, BT, D, JT) rec ctr Mon-Fri
9:00AM The 9AM Meeting 1701 Mission Ave. (O) Mon-Fri
5:00PM Living Clean 1430 N Coast Highway 101 (O, LC) club
6:00PM Wednesday Westside 102 N Freeman (C, D) church
7:00PM Shadowridge Men's 2260 Watson Way (C, D, M, WC) ctr
7:00PM Women's Meeting 987 Civic Center Drive (O, D, W)
7:30PM Over the Hump 1400 Vale Terrace Dr. (O, D, WC) park Across the street from the Seniors Center

7:30PM Hot Dog 504 West Vista Way (M, ST)
7:30PM Survivors in the Barn 258 Beech Ave (C, D, WC) barn
7:30PM Architects of Adversity 651 Eucalyptus Ave. (C, 5) Church
8:00PM Wasted Youth Fire Ring South of Pier (O, D, YP)

North County Inland Area
NOON Diehard 501 N. Rose St. (O, D) Washington Park Corner of Rose & Washington

6:30PM We Do Cross Talk 2534 El Norte Prkwy (O, D) Suite A
7:00PM Just For Today 16889 Espola Rd (O, JT) church
7:00PM S.P. Rez 27458 Kumeyaay Way (O, B, D) hall
7:30PM Sit Down & Recover 845 Chestnut St. (O, B, TO, WC) church

South Bay Area
10:00AM Serinity Stop 810 Imperial Beach Boulevard (O, D, WC, \$)
NOON New Beginnings 494 E Street (O, JT, WC, \$)
7:30PM Hillcats 580 Hilltop Drive (O, D, WC, \$) Church
9:00PM 3rd Light Pole Seacoast Dr & Evergreen Ave (O, D, WC) pier 2nd-3rd Lgt Pole

South East Barrio Area
6:15PM A Dose of Hope 6145 Imperial Ave. (O, D, TO, WC)
7:45PM Dare to Share 3751 Boston Ave (O, D, WC, \$)

United East County Area
9:00AM Morning Miracles 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop
NOON Brown Baggers 1153 East Madison Avenue (O, TO, WC, \$) Wells Park
NOON Hope at Noon 9940 River Street (O, D, JT, WC, \$) Lakeside Hotel
6:00PM Empowered Women of Narcotics Anonymous 201 S. Sunshine Ave. (O, D, W, WC)

6:00PM Mountain High 1777 Buckman Springs Road (O, D, WC) Freedom Ranch
6:30PM Wednesday Night at the Grove 6901 Central Avenue (O, TO, WC) Lemon Grove Alano Club

Thursday / Jueves (cont)

Habla Hispana Area
 7:00PM **Siempre Unidos** 120 National City Boulevard (O, JT, WC, ES, SB, §)
 7:00PM **Grupo Hazlo Simple** 5065 Logan Ave (O, JT, WC, ES, §)
 7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd., #204 (O, JT, ES, SB, §)
 7:30PM **Aprender A Vivir** 895 Palomar Street, #C (O, BL, JT, §)

Imperial Valley Area
 6:00PM **New Way of Life** H Street & S 3rd Street (O, BL, D, WC) church - rear rm

North Coastal Area
 7:00AM **Dawn Patrol** 605 San Diego St. (O, BT, D, JT) rec ctr Mon-Fri
 9:00AM **The 9AM Meeting** 1701 Mission Ave. (O) Mon-Fri
 1:30PM **Principles by the Sea** 258 Beech Ave (O, TO, WC) park
 7:00PM **Last House on the Block** 715 Valley Aveune (O, BT, IW, WC) rec ctr
 7:00PM **Rockstar** 4700 N. River Road (O, D, SD, WC) center Speaker & Potluck 1st Thur

8:00PM **Just For Tonight** 987 Civic Center Drive (O, D)

North County Inland Area
 6:00PM **Women's Open NA Discussion** 13939 Poway Rd. (O, D, W) Poway Alano Club suite 10 & 11 (small room)
 6:00PM **Women's Save Your Ass** 795 N Rose St (O, D, W) church rm 9
 7:00PM **It's in the Literature** 1690 E.Valley Parkway (C, D, WC, L) Front Room Clubhouse
 7:00PM **Out There** 28246 Lilac rd. (O, D) comm hall
 7:00PM **Desert Recovery** 3064 Borrego Valley Rd. (O, D)
 7:30PM **Recovery on the Rez** 12196 E Pala Mission Rd (O, D) hall
 8:00PM **Thurs. Night Book Study** 1710 Montecito Rd. (O, BT) RRC Bldg.

South Bay Area
 10:00AM **Serenity Stop** 810 Imperial Beach Boulevard (O, D, WC)
 NOON **New Beginnings** 494 E Street (O, JT, WC, §)
 6:30PM **Healthy Choices** 226 Church Avenue
 7:30PM **Addicts on K Avenue** 1829 K Avenue (O, D, WC, §) Apt #3
 7:30PM **Stay Connected Meeting** 580 Hilltop Drive (O, D, WC, §) Church
 9:30PM **IB Clean** Seacoast Dr & Evergreen Ave (O, D, WC) pier 2nd-3rd Lgt Pole

South East Barrio Area
 4:00PM **Welcome Home** 5065 Logan Ave #103 (O, D, WC)
 6:15PM **Come As You Are** 641 S Boundary Street (O, TO, WC) West Corner Rec Center

6:30PM **NA at the Spot** 6443 Imperial Ave (O, D, WC)

United East County Area
 9:00AM **Morning Miracles** 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop
 NOON **Hope at Noon** 9940 River Street (O, D, JT, WC, §) Lakeside Hotel
 NOON **Brown Baggers** 1153 East Madison Avenue (O, TO, WC, §) Wells Park
 1:00PM **Sister's In Recovery** 4490 Williams Ave. (O, D, W, WC) Parent Care East Treatment Center

6:00PM **Living the Miracle** 9940 River Street (O, D, W, WC) Lakeside Hotel
 6:30PM **Giving it Away** 9573 Los Cochés Road (O, TO, WC) Church
 7:00PM **The Four Directions** 2225 W. Victoria Dr. (O, D, WC) Church Room 1
 7:30PM **Thursday Night Meeting** 1430 Melody Lane (O, D, SD, WC, §) Church Open, Discussion, Speaker last Thursday of the month

7:30PM **Recovery First** 8790 Cuyamaca Street (C, D, M, WC, §) Step by Step Serenity & Beyond Shop
 7:30PM **Just for Today** 20047 Viejas Grade Rd (C, D, JT, WC) Nativity of The Blessed Virgin Mary Catholic Church Utility Room

Friday / Viernes

Beach Area
 NOON **Noon @ the Beach upstairs (church)** 1050 Thomas Ave (O, JT, §) Mon-Sat
 5:00PM **Thank God it's Friday (T.G.I.F)** 4736 Clairemont Mesa Blvd (O, D, §) shop
 7:00PM **We Came To Believe** 3250 Fordham (O, D, SD) Bldg B room 16
 8:00PM **Friday Night Point Loma** 1140 Evergreen Street (O, D, §) door on Avenida de Portugal church
 8:00PM **Friday Night Roulette** 1561 Thomas Ave (O, D, WC) church
 10:00PM **Keep The Candle Lit** 4736 Clairemont Mesa Blvd (O, CL, D, §) shop

Central Area
 8:30AM **Here and Now** 3295 Meade Ave (O, D) Chapel facing 33rd Street Mon-Fri
 9:00AM **Hang in There** 1944 30th St (O, D, §) club Mon-Sat
 NOON **High Noon** 3636 Ruffin Rd (O, D, WC, §) back bldg Mon-Fri
 NOON **Noon at the Park** Oregon @ Howard St (O, D, §) park Mon-Sun
 1:30PM **Afternoon Delight** 1944 30th St (O, TO, §) club
 4:00PM **Downtown Hope** 1550 Market Street (O, D, WC, §) NW Corner Use Handicapped Entrance on Market
 6:00PM **The Way Back** 2516 A Street (O, SD, WC) The Way Back Recovery Home Hall
 6:00PM **Believe in Amigos** 741 11th Avenue (O, D, §) Back yard of House Smoking O.K.

6:15PM **Sleeping Monkey** 4380 Landis St (O, WC, §) rec center
 6:30PM **Ladies Living Clean** 6244 El Cajon Blvd. Suite 22 (C, W, LC) L.I.F.E. Community Center
 7:00PM **Hoodlum's Haven** 3060 54th Street (C, CL, M, SD, §) rear door; south side
 7:00PM **So Fresh So Clean** 5107 Waring Rd (O, CL, YP, §)
 7:15PM **Thank God We're Clean** 7850 Vista Hill Ave (O, D, WC, §) hosp; rear pkg lot
 7:30PM **T.G.I.F.** 4773 Marlborough Dr (O, SO, TO, §) church upstairs speaker last Fri
 7:30PM **Alumni Speakers** 3767 Central Ave (O, B, GL, SO, WC) Recovery Center

Friday / Viernes (cont)

Central Area
 8:00PM **NA Meeting** 4161 Marlborough Ave (D, M) back room
 8:00PM **Week's End NA** 3725 30th Street (O, CL, D, GL, M, §) Church Downstairs
 8:15PM **Men With A Message** 4161 Marlborough Ave. (M, §)

Habla Hispana Area
 7:00PM **Buena Voluntad** 2004 Ocean View Boulevard (O, D, JT, WC, ES, SB, §)
 7:00PM **El Milagro** 605 San Diego Street (O, BL, JT, TO, WC, ES, §)
 7:00PM **Siempre Unidos** 120 National City Boulevard (O, JT, ES, SB, §)
 7:30PM **Aprender A Vivir** 895 Palomar Street, #C (O, BL, JT, §)
 7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd., #204 (O, JT, ES, SB, §)

Imperial Valley Area
 6:30PM **One Day at a Time** 564 Broadway Street (O, D, WC) Club

North Coastal Area
 7:00AM **Dawn Patrol** 605 San Diego St. (O, BT, D, JT) rec ctr Mon-Fri
 9:00AM **The 9AM Meeting** 1701 Mission Ave. (O) Mon-Fri
 7:00PM **Meeting at the Mansion** 1100 Sportfisher Dr (O, SD, W, WC) ctr
 7:00PM **El Milagro (Spanish)** 605 San Diego Street (O, D, WC, ES) ctr
 7:30PM **Friday Night Raw** 987 Civic Center Drive (O, D)
 7:30PM **Last Shot** 4002 Vista Way (O, D, SD, WC) hospital basement
 8:00PM **Insight** 715 Valley Aveune (O, D, WC) rec ctr

North County Inland Area
 NOON **TGIF** 795 N Rose St (O, D, WC) church; rm 9
 6:00PM **NA Candlelight** 331 Elder St. (O, D) church, basement
 6:30PM **Friday Night Diva's** 1690 E. Valley Parkway (O, D, W) club
 6:30PM **Cliff Nelson Off the Wall Men's Meeting** 1170 S. Broadway & 13th (O, D, M) Church Catechumen Room side of sanctuary, facing 13th

7:30PM **Experience, Strength & Hope** 13094 Civic Center Dr. (O, D) senior ctr spkr 1st Fri
 7:30PM **Chase Your Recovery** 1800 N Broadway (O, D, §) club

South Bay Area
 10:00AM **Serenity Stop** 810 Imperial Beach Boulevard (O, D, WC)
 NOON **New Beginnings** 494 E Street (O, JT, WC, §)
 7:00PM **Sitting on a Cloud** 494 E Street (O, D, §)
 7:30PM **Hope Not Dope** 940 Hilltop Drive (O, CL, D) church
 8:00PM **New Connecta** 73 North Second Avenue (O, D, SO, §) Casa Nosostros
 8:15PM **Lighthouse** 455 Palm Avenue (O, D) church
 9:00PM **Friday Night Live** Seacoast Dr & Evergreen Ave (O, D, WC) Pier 2nd-3rd Lgt Pole

South East Barrio Area
 6:00PM **Downtown Dollies** 2600 Golfcourse Drive (C, D, W, WC, §) Center speaker, 3rd Friday
 6:00PM **Keep it Real** 2902 Marcy Ave (O, D, WC) Rec Center
 7:15PM **We Do Recover** 2600 Golfcourse Drive (O, D, WC) Center Speaker, 4th Friday

United East County Area
 9:00AM **Morning Miracles** 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop
 NOON **Hope at Noon** 9940 River Street (O, D, JT, WC, §) Lakeside Hotel
 NOON **Brown Baggers** 1153 East Madison Avenue (O, TO, WC, §) Wells Park
 6:30PM **Friday Night Footsteps** 6901 Central Avenue (O, D, WC, §) Lemon Grove Alano Club

7:30PM **Serenity Seekers** 8360 Lemon Avenue (O, D, TO, WC) Church Enter on 3rd St. Red Door
 8:00PM **Friday Strait Shooters** 490 Farragut Circle (O, D, WC, §) Church
 8:00PM **Bikers In Recovery** 9940 River Street (O, D, WC) Lakeside Hotel

Saturday / Sábado

Beach Area
 NOON **Noon @ the Beach upstairs (church)** 1050 Thomas Ave (O, JT, §) Mon-Sat
 NOON **Bent But Not Broken Sisters** 4736 Clairemont Mesa Blvd (O, D, W, WC, §) Club
 3:00PM **Beach Break** 2229 Bacon St (O, D, WC) clubhouse
 6:00PM **Saturday Sundowners** 4141 Pacific Coast Hwy (O, D) day room
 6:30PM **Count Down To Recovery** 4736 Clairemont Mesa Blvd (O, D, WC) shop
 7:00PM **Tough Addicts Still Don't Dance** 5255 Mt Ararat Dr (O, D) church rm 103 No Smoking on Property
 7:30PM **The Otherside note: 1hr, 15min.** 1004 Chalcedony (O, D, §) garage Chalcedony @ Cass St.
 10:30PM **Late Nighters** 4736 Clairemont Mesa Blvd (O, CL, WC) shop

Central Area
 9:00AM **Hang in There** 1944 30th St (O, D, §) club Mon-Sat
 10:00AM **Saturday Morning Live** 2905 Landis St (C, D, TO, §) church spk 1st Sat
 NOON **Noon at the Park** Oregon @ Howard St (O, D, §) park Mon-Sun
 12:30PM **Nirvana** 3111 6th Ave (O, BT, WC, §) bldg in park club
 2:00PM **How and Why** 3030 Thorn Street (O, GL, IW, ST, TR, §) Church Side Gate Entrance From Grim Street, Upstairs No Wheelchair or Walker Access
 5:00PM **Shoulda Coulda Woulda** 7850 Vista Hill Ave (O, D, W, WC, §) in rear hosp @ Meadowlark Dr
 5:00PM **Saturday Night Countdown** 4590 Park Blvd (O, TO, §) coffee house
 6:00PM **Gathering in the Gardens** 5107 Waring Rd (O, D, §) office bldg west side
 6:30PM **Nameless Men's** 1944 30th St (O, D, M, §) club
 7:00PM **Sharing From Heart** 5855 Streamview Dr. (O, D, §)
 8:30PM **Welcome Home** 7850 Vista Hill Ave (O, D, WC, §) park in lot @ Meadowlark Dr

Saturday / Sábado (cont)

Habla Hispana Area
 NOON **Siempre Unidos** 120 National City Boulevard (O, JT, WC, SB, §)
 NOON **Mujeres con Propósito** 2004 Ocean View Blvd. (JT, W, WC, ES, §)
 6:30PM **Tercera Tradicion** 619 Morrison Street (O, JT, ES, §)
 7:00PM **Buena Voluntad** 2004 Ocean View Boulevard (O, D, JT, WC, ES, SB, §)
 7:30PM **Aprender A Vivir** 895 Palomar Street, #C (O, BL, JT, §)
 7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd., #204 (O, JT, ES, SB, §)

Imperial Valley Area
 6:45PM **Straight Forward** 564 Broadway Street (O, WC) Alano Club

North Coastal Area
 9:00AM **A New Way to Live** 2020 Chestnut Ave (C, D, W, WC) church
 9:30AM **Saturday Living Clean** 102 N. Freeman (O, D, LC)
 10:00AM **New Horizons** 4002 W. Vista Way (O, D, WC, SB) Hospital basement
 3:00PM **Recovery in the Hood** 605 San Diego St (O, D, WC) rec ctr
 5:00PM **Step House Book Study** 1430 N Coast Highway 101 (O, BT) club
 7:00PM **Saturday Night Special** 987 Civic Center Dr (O, D, JT) ctr
 7:00PM **Saturday Speaker** 605 San Diego St (O, SO) ctr
 9:30PM **Stay in the Meeting** 1430 N Coast Highway 101 (O, D) club
 9:30PM **Lost Tribe** 1745 E. Vista Way #16 (O, CL, D, WC) ctr

North County Inland Area
 7:00PM **Never Alone** 1710 Montecito Rd. (O, D) RRC Bldg. Speaker 4th Saturday of the month
 7:30PM **Literature Review** 990 East Mission Rd (O, WC, L)
 7:30PM **Saturday Nite Speaker Meeting** 550 W Washington Ave (O, SO) enter off alley

South Bay Area
 10:00AM **Dunes Park** Seacoast Drive and Daisy Avenue (O, D, WC)
 11:00AM **We Came to Believe** 1180 3rd Ave (O, D, WC, §) Suite C-6
 5:30PM **Newborns** 940 Hilltop Drive (O, D, WC, §) Hall
 7:00PM **Saturday Night Speaker Meeting** 495 H Street (O, SO, WC, §)
 9:00PM **Dare to Share** Seacoast Dr & Evergreen Ave (O, D, WC) pier 2nd-3rd Lgt Pole

South East Barrio Area
 2:00PM **A Better Day** 5065 Logan Ave #103 (O, WC) #103 Club
 4:00PM **Progress Not Perfection** 5065 Logan Ave. Ste #103 (O, D, IW, WC, L)
 6:00PM **Clean Womens** 6403 Imperial Ave (O, D, W, WC)
 7:00PM **Together We Can** 1770 Kearney Ave (C, D, §) Quonset hut at north end of church property No children

8:00PM **Late Night Addicts** 5065 Logan Ave #103 (D, TO, WC)
 11:59PM **1st Saturday at Midnight** 1415 Roosevelt Avenue (O, D) 1st Sat of Month

United East County Area
 9:00AM **Morning Miracles** 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop
 10:00AM **Saturday Morning Men's Stag** 6901 Central Avenue (C, M, SD, WC, §) Lemon Grove Alano Club
 11:00AM **Weekend Warriors** 1153 East Madison Avenue (O, TO, WC) Wells Park
 4:00PM **True Grit** 6901 Central Avenue (O, D, WC) Lemon Grove Alano Club
 5:00PM **Game Over** 9940 River Street (O, D, WC) Lakeside Hotel
 7:00PM **Saturday Night Misfits** 8790 Cuyamaca Street (O, D, WC) Step by Step Serenity & Beyond Shop

8:00PM **Real Recovery** 1465 East Madison Avenue (O, SD, WC, SB, §) Church
 9:45PM **Who Is An Addict** 9940 River Street (O, CL, D, WC) Lakeside Hotel

REGIONAL SUBCOMMITTEES - Held at the RSO - 4689 Felton St. San Diego, CA 92116

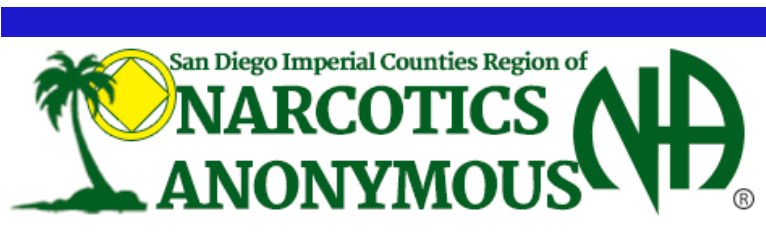
Activities Subcommittee:	1st Wednesday	6:30pm
Board of Trustees:	1st Thursday	7:30pm
Convention Subcommittee:	3rd Sunday	6:30pm
H&I Subcommittee:	4th Thursday	6:30pm
NA Behind the Walls:	1st Monday	6:00pm
NA Youth Committee:	3rd Tuesday	7:00pm
Outreach Subcommittee:	1st Tuesday	7:30pm
Phoneline Orientation:	1st Sunday	11:00am
Phoneline Workgroup:	1st Sunday	Noon
Policy Subcommittee:	1st Thursday	6:30pm
Public Information Subcommittee:	2nd Wednesday	6:30pm
Public Relations Subcommittee:	1st Monday	6:30pm
RSO Board of Directors:	1st & 3rd Saturday	10:30am
Regional Service Committee:	2nd Saturday	1:00pm
Website Workgroup:	2nd Saturday	10:30am

Phone Numbers

San Diego Imperial Counties Region

Meeting Schedule (394 Meetings a Week)

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Regional Contact Info WebServant@sandiegona.org www.sandiegona.org Literature Sales (619) 584-2004

24 Hr Phonelines English (619) 584-1007 Toll Free (800) 479-0062 Espanol (619) 546-0774 North County (866) 331-1958

Regional Service Office: Mailing Address: Business Line: (619) 584-1010 World Service Office: www.na.org

4689 Felton St., San Diego, CA. 92116 P.O. Box 16505 San Diego, CA. 92176 Fax Line: (619) 584-6269 P.O. Box 9999, Van Nuys, CA. 91409 (818) 773-9999 FAX: (818) 700-0700

Any addict is welcome at any meeting at any time!

Legend
 O Open for the general public to attend
 C Closed meeting for addicts only or those who may have a drug problem

5	5th & 10th Step	B	Beginners
BL	Bi-Lingual	BT	Basic Text
C	Closed	CL	Candlelight
D	Discussion	ES	Spanish Speaking Meeting
GL	Gay/Lesbian/Transgender	IW	It Works - How and Why
JT	Just for Today	L	Literature Study
LC	Living Clean Book Study	M	Men
O	Open	OE	Open-Ended
SB	Smoke Break	SD	Speaker/Discussion
SG	Step Working Guide	SO	Speaker Only
ST	Step	TO	Topic
TR	Tradition	W	Women
WC	Wheelchair	YP	Young People
§	Stamp		

Note: Child care is NOT provided by Narcotics Anonymous!

"Take my will and my life. Guide me in my recovery. Show me how to live."

Cualquier adicto es bienvenido en cualquier reunión en cualquier momento!

Simbología
 O Reuniones abiertas al público en general
 C Reuniones cerradas, sólo para adictos o para quienes crean tener un problema de drogas

B	Para el recién llegado	BL	Bilingüe
BT	Texto Básico	C	Cerrado
CL	Luz de vela	D	Discusión
ES	Hablando español	GL	Gay/Lesbiana
IW	Funciona - Cómo y Porqué	JT	Solo por Hoy
M	Hombres	O	Abierta
OE	Sin Tiempo Fijo	SB	Rotura del humo
SD	Orador/Discusión	SG	Guía Para Trabajar los Pasos
SO	Solamente Orador	ST	Paso
TO	Tema	TR	Tradición
W	Mujeres	WC	Silla de Ruedas
YP	Jovenes	§	Sello

Nota: cuidado de niños no es proporcionada por Narcóticos Anónimos!

"Toma mi voluntad y mi vida. Guíame en mi recuperación. Enséñame cómo vivir."