

## SUNDAY / DOMINGO

### Beach Area

NOON **Noon With a View** 5045 Soledad Rd, San Diego, 92109, park (north end of Lamont St) (O,D)  
7:30PM **Good Stuff** 4861 Cass St., San Diego, 92109, (O,JT,\$)

### Central Area

8:30AM **Came To Believe** 1944 30th St, Golden Hills, 92102, club (O,D,WC)  
9:00AM **Living the Dream** 4649 Hawley Blvd, Normal Heights, 92116, (O,JT,WC,HY)  
NOON **Noon at the Park** Oregon @ Howard St, North Park, 92104, park (Mon-Sun) (O,D,\$,11)  
3:30PM **Step This Way** 6901 Central Ave, Lemon Grove, 91945, (C,BT,IW,WC,BK)  
4:00PM **4PM at the Park** Oregon @ Howard St, North Park, 92104, park (Mon-Sun) (O,D,\$,11)  
6:30PM **Spiritual Freedom Meeting** 4044 Lark Street, San Diego, 92103 (Church Basement) (O,LS)

### Habla Hispana Area

NOON **Grupo Gratitud** 2687 National Ave., San Diego, 92113 (Park in the butcher shop parking lot) (D,ES,JT,\$)  
7:00PM **Grupo Escondido** 1690 E. Valley Pkwy, Escondido, 92027, (BL,JT)  
7:00PM **Grupo Gratitud** 2687 National Ave., San Diego, 92113, (ES,JT,WC,\$)

### Imperial Valley Area

9:00AM **Unity Die Hard** 564 Broadway Street, El Centro, 92243, Club (O,D,WC)

### North Coastal Area

9:00AM **Top of the Hill Spiritual** 1200 Vale Center Drive, Vista, 92083, Park (O,D,WC)  
1:30PM **Principles by the Sea** 258 Beech Ave, Carlsbad, 92008, Barn (O,To,WC)  
4:00PM **Recovery in the Valley** 4198 Mission Ave, Oceanside, 92057, Clubhouse (Speaker last Sunday of the month) (O,SD,WC)  
6:30PM **Imagine** 1050 Regal Road, Encinitas, 92024, Church (O,D,WC)  
7:00PM **Cleaning House** 987 Civic Center Dr, Vista, 92083, (O,D)  
7:00PM **The Candlelight** 733 South Santa Fe Ave, Vista, 92083, (O,CL,D,WC)  
7:30PM **First Things First** 4002 Vista Way, Oceanside, 92056, Hospital basement ((Enter through ER entrance only)) (O,SD,To)

### North County Inland Area

5:00PM **This Too Shall Pass** 3064 Borrego Valley Rd., Borrego Springs, 92004, (O,St)  
6:30PM **Newcomers & Oldtimers** 111 Richmar Avenue, San Marcos, 92069, (O,D)  
6:30PM **No Matter What** 16275 Pomerado Rd., Poway, 92064, Church - Upper circular parking lot (Chapel Room (Speaker & Potluck 3rd Sunday)) (O,To)  
7:00PM **Grupo Escondido NA** 1690 E. Valley Parkway, Escondido, 92027 ((club) (O,D,ES)

### South Bay Area

4:00PM **Vision of Hope** 264 Garrett Ave, Chula Vista, 91910, Park (O,D,WC,\$)

### South East Barrio Area

9:00AM **Keep it Simple Men's Group** 2687 National Ave., San Diego, 92113, Speaker last Sun of month. That same day we gift a Basic Text to a newcomer or an addict that needs one . (Parking is strictly enforced . Only use adjacent parking lot. NO PARKING IN FRONT OF MEETING.) (C,D,M,WC,\$)  
12:30PM **Recovery by the Bay** 1449 Cesar E. Chavez Pkwy, San Diego, 92101, Cesar Chavez Park (Bring lawn chairs) (Bring your own lawn chairs) (O,D,WC)  
3:00PM **Woman 2 Woman** 2687 National Ave, San Diego, 92113, (O,D,W,WC)  
7:30PM **Nuevo Amanecer** 4776 El Cajoin Blvd, Ste #204, San Diego, 92115, (O,ES,JT)  
7:30PM **Stepping Into Serenity** 1415 Roosevelt Ave, National City, 91950 (Speaker every 3rd Sun) (O,D,To,HY)

### United East County Area

9:00AM **Morning Miracles** 9892 N.Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)  
10:30AM **Super Stoked** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)  
4:00PM **Clean Team** 8350 Lake Murray Blvd, San Diego, 92119, Church (O,To,WC,\$)  
5:30PM **Circle of Life** 772 South Johnson Avenue, El Cajon, 92020, Enter on Grant Ave (O,SD,WC,\$)  
7:00PM **Nightly Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)  
7:30PM **Better Late Than Never** 8360 Lemon Ave., La Mesa, 91941, Church (4th Sunday Step Study) (O,To,WC)

## MONDAY / LUNES

### Beach Area

7:00AM **Hope Dealers** 2111 Camino Del Rio S. (RSO), San Diego, 92108, RSO (Parking lot 2) (O,D,JT,LS,SPAD)  
NOON **Noon @ the Beach** 1050 Thomas Ave, San Diego, 92109, church upstairs in loft (O,JT,\$)  
5:30PM **Men's Weekly** 5185 Acuna St., San Diego, 92117 (Synagogue) (C,D,M,\$)  
5:45PM **NA By the Bay** 1008 Santa Clara Pl., San Diego, 92109 (Rec Center) (O,D,To)  
6:00PM **Monday Night Miracles** 6749 Tait Street, San Diego, 92111 (Church) (C,To,W,\$)

### Central Area

9:00AM **Hang in There** 1944 30th St, Golden Hill, 92102, club (Mon-Sat) (O,D,\$,11)  
NOON **High Noon** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (O,D,\$)  
NOON **Noon at the Park** Oregon@ Howard St, North Park, 92104, Park (Mon-Sun) (O,D)  
4:00PM **4pm at the Park** Oregon@ Howard St, North Park, 92104, Park (Mon-Sun) (O,D,11)  
4:00PM **In The Bottoms** 1550 Market St., Downtown, 92101 (Corner of 16th & Market) (O,D)  
6:30PM **It Works, How and Why** 3295 Meade Ave, Room 103, Normal Heights, 92116 (Corner of 33rd & Meade) (C,IW,St)  
6:30PM **N.P.O.D.** 6926 Saranac Street, College Area, 92115 (Bring chairs. Coed) (C,JT)

## MONDAY / LUNES (CONT)

6:30PM **Rocking Recovery** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (O,D)  
6:30PM **Signs of Life** 2111 Camino Del Rio South, Mission Valley, 92108, RSO (Spk 4th Mon) (C,To,\$)  
7:00PM **Monday Night Round Robin** 2621 University Avenue, North Park, 92104, (O,D,LGBT,OE,HY)

### Habla Hispana Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)  
7:00PM **Aprender A Vivir** 132 27th Street, Chula Vista, 91911 (There's no parking on site. Parking is available in the Otay Farms Market parking lot.) (O,BL,JT,\$)  
7:00PM **Grupo Gratitud** 2687 National Ave., San Diego, 92113, (CL,ES,JT,WC,\$)  
7:00PM **Siempre Unidos** 521 E. 8th St., National City, 91950, (O,ES,JT,WC,SB,\$)  
7:00PM **Solo Por Hoy** 5772 Camino Del Rey, Bonsall, 92003, (O,ES,WC,\$)

### Imperial Valley Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)  
7:00PM **Monday Night Milagro** 630 Holt Avenue, Holtville, 92250, house next to church (O,BL)

### North Coastal Area

7:00AM **Dawn Patrol** 605 San Diego St., Oceanside, 92054, rec ctr (Mon-Fri) (O,BT,D,JT,HY)  
6:00PM **Women's No Matter What** 1050 Regal Rd, Encinitas, 92024, (O,D,W)  
6:30PM **Basic Text Study** 651 Eucalyptus, Vista, 92084 ((in classroom)) (O,D,BK)  
6:45PM **Written Truth Literature Study** 258 Beech Ave, Carlsbad, 92008, Heritage Hall (C,WC,LS)  
7:00PM **Live Clean or Die** 3985 Mission Ave, Oceanside, 92057, Church (meeting entrance in rear of church) (O,D,JT,WC)

### North County Inland Area

NOON **Friends of J. J.** 795 N Rose St, Escondido, 92027, church; rm 6 (O,D,WC)  
4:00PM **Higher Education** 1140 W.Mission Rd., San Marcos, 92069, Palomar College in the Rising Scholars Building (1st building on the right as you enter the front of the college (next to football field)/Parking in front of building. (across from quard shack)) (O,D)  
5:45PM **Bucket Meeting** 1800 N. Broadway, Escondido, 92026 (church) (O,D)  
7:00PM **Monday Open Discussion** 404 8th St., Ramona, 92065, Church (Corner of 8th & D) (O,D,\$)  
7:30PM **Countdown** 845 Chestnut Street, Escondido, 92025 (Church) (O,D)

### South Bay Area

10:15AM **Serenity Stop** 810 Imperial Beach Boulevard, Imperial Beach, 91932, (O,D,WC,\$)  
NOON **New Beginnings** 940 Hilltop Dr., Chula Vista, 91911, (O,JT,WC,\$)  
6:00PM **Women's Gut Level** 940 Hilltop Dr., Chula Vista, 91911, (C,St,W,WC,\$)  
7:30PM **Do or Die Step & Traditions** 940 Hilltop Dr., Chula Vista, 91911, (O,BT,St,WC,\$)

### South East Barrio Area

6:00PM **Living The Dream Clean** 5265 Naranga St., San Diego, 92114, (D,W,WC)  
7:00PM **Good Time Grab Bag** 2362 Reo Dr, San Diego, 92139, (O,D,WC,\$)  
7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd, Ste #204, San Diego, 92115, (O,ES,JT)

### United East County Area

9:00AM **Morning Miracles** 9892 N. Magnolia A, Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)  
7:00PM **Monday Night Blues** 490 Farragut Circle, El Cajon, 92020, Church (O,To,WC,\$)  
7:00PM **Nightly Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)  
8:15PM **We Do Recover** 10320 Prospect Ave., Santee, 92071, Recovery House (Bonfire Meeting) (O,To)

## TUESDAY / MARTES

### Beach Area

NOON **Noon @ the Beach** 1050 Thomas Ave, Pacific Beach, 92109, church upstairs in loft (Tue) (O,JT,\$)  
6:15PM **Tuesday Nite Timeout** 10440 Black Mountain Rd Building J-200 Rm 223, San Diego, 92126, Hourglass Park - Fieldhouse (Room J-223 (2nd Level)) (O,D,To)  
6:30PM **OB Smokeless** 1984 Sunset Cliffs Blvd, San Diego, 92107, church (O,D,\$)  
7:30PM **Young @ Heart** 3340 Kemper St, San Diego, 92110, rm 207 upstairs (O,D)  
8:00PM **Recovery INKoperated** 3742 Mission Blvd, San Diego, 92109, Speaker meeting first Tuesday of the month. (Park @ 999 Santa Clara Pl.) (O,D,JT)

### Central Area

9:00AM **Hang in There** 1944 30th St, South Park, 92102, club (Mon-Sat) (O,D)  
NOON **High Noon** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (O,D,\$)  
NOON **Noon at the Park** Oregon @ Howard Street, North Park, 92104, Park (Mon-Sun) (O,D,\$)  
4:00PM **4pm at the Park** Oregon @ Howard Street, North Park, 92104, Park (Mon-Sun) (O,D,\$,11)  
6:30PM **Taco Tuesday** 6669 Amherst Street, College Area, (O,D)  
6:30PM **The Best is Yet to Come** 550 14th Street, Downtown, 92101, (O,D)  
7:00PM **Re-up on Recovery** 1836 Rowan Street, City Heights, 92105, (O)

### Habla Hispana Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)  
7:00PM **Aprender A Vivir** 132 27th Street, Chula Vista, 91911 (There's no parking on site. Parking is available in the Otay Farms Market parking lot.) (O,BL,ES,\$)

7:00PM **Grupo Gratitud** 2687 National Ave., San Diego, 92113, (O,ES,JT,WC,\$)  
7:00PM **Siempre Unidos** 521 E. 8th st., National City, 91950, (O,ES,JT,WC,SB,\$)

### Imperial Valley Area

5:30PM **2Gether We Can** 221 West E Street, Brawley, 92227 (No Smoking at meeting location) (O,WC,BK)

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)

### North Coastal Area

7:00AM **Dawn Patrol** 605 San Diego St, Oceanside, 92054, rec ctr (Mon-Fri) (O,BT,D,JT,HY)

## TUESDAY / MARTES (CONT)

1:30PM **Principles by the Sea** 258 Beech Ave, Carlsbad, 92008, Barn (O,To,WC)  
6:00PM **Queer Hope without Dope** 1919 Apple Street, Oceanside, 92054, Resource Center (O,D,LGBT,WC)  
6:00PM **Tuesday Women's** 102 N Freeman, Oceanside, 92054, church (C,O,BT,D,NC,W,WC)  
7:00PM **Free Thinkers** 1501 Kelly St, Oceanside, 92054, (C,BT,D,Tr,BK,GP)  
7:30PM **Tuesday Men's** 1717 East Vista Way, Vista, 92084, Main Room (C,D,M,WC)  
8:00PM **HOW** 215 Ninth St, Del Mar, 92014, school (O,D,WC)  
**North County Inland Area**  
6:00PM **Welcome Home** 50100 Golsh Rd., Valley Center, 92082, Indian Health Council (Multit-Purpose Rm.) (O,D)  
7:00PM **Tuesday Nite Candle Lite** 404 8th St., Ramona, 92065, Church @ Corner of 8th & D (O,CL,\$)  
7:30PM **Tuesday Night Never Alone** 845 Chestnut St, Escondido, 92025, church (O,D,\$)

### South Bay Area

10:15AM **Serenity Stop** 810 Imperial Beach Boulevard, Imperial Beach, 91932, Outside in the Park (O,D,WC,\$)  
NOON **New Beginnings** 940 Hilltop Dr., Chula Vista, 91911, (O,JT,WC,\$)  
5:30PM **Therapeutic Value** 2885 Coronado Avenue, San Diego, 92154, (O,WC,LS)  
8:00PM **Candlelight** 755 Emory St, Imperial Beach, 91932, (O,D)

### South East Barrio Area

4:00PM **A New Way of Life** 12 N. Euclid Ave, National City, 91950, (O,D,WC,\$)  
6:00PM **Man 2 Man** 641 S. Boundary St., San Diego, 92113, Rec Center/ Back Meeting Room (C,D,M,WC)  
7:00PM **Glad it's not Monday** 2825 Boston Ave, San Diego, 92113, Speaker last Tuesday of the Month. (O,D,WC,\$,OD)  
7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd, Ste #204, San Diego, 92115, (O,ES,JT)

### United East County Area

9:00AM **Morning Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)  
7:00PM **Just for Today** 938 E Washington Avenue, El Cajon, 92020, El Cajon Club (O,B,D,JT,WC)  
7:00PM **Nightly Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)  
7:30PM **Caring & Sharing** 1465 East Madison, El Cajon, 92019, Church (C,CL,To,WC,HY,\$)

## WEDNESDAY / MIÉRCOLES

### Beach Area

7:00AM **Hope Dealers** 2111 Camino Del Rio S. (RSO), San Diego, 92108, RSO (Parking lot 2) (O,D,JT,LS,SPAD)  
NOON **Noon @ the Beach** 1050 Thomas Ave, San Diego, 92109, church upstairs in loft (Tue) (O,JT,\$)  
6:30PM **Wednesday Night La Jolla Group** 615 Prospect St, La Jolla, 92037, rec ctr. room 2 (O,D,WC)  
7:30PM **Just a Bit Different** 3502 Clairemont Drive, San Diego, 92117 (Church) (O)  
7:30PM **Sisters Keepers** 4861 Cass Street, San Diego, 92109 (Club (downstairs)) (O,CL,JT,W)

### Central Area

9:00AM **Hang in There** 1944 30th St, Golden Hill, 92102, club (Mon-Sat) (O,D,\$,11)  
NOON **High Noon** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (O,D,\$)  
NOON **Noon at the Park** Oregon@Howard Street, North Park, 92104, Park (Mon-Sun) (O,D,\$)  
4:00PM **4pm at the Park** Oregon@Howard Street, North Park, 92104, Park (Mon-Sun) (O,D,\$,11)  
5:45PM **Coffee With Jimmy K.** 3295 Meade Avenue, Normal Heights, 92116, (C,D,LS)

6:00PM **Hope Without Dope** 2621 University Ave, North Park, 92104, (O,D,LGBT,\$)  
6:30PM **Fresh Start NA Literature Study** 2111 Camino Del Rio S. (RSO), Mission Valley, 92108, (C,BK)  
6:30PM **PINK CLOUD** 6926 Saranac St., College Area, 92115, Recovery Home (Speaker last Wednesday of the month) (O,D,To,W,WC,CW)  
6:30PM **Rocking Recovery** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (O,D)  
6:45PM **Wednesday Night Men's Group** 1944 30th St, San Diego, 92102, Clubhouse - Rear Building. Enter on Grape Street (Speaker 2nd Wednesday) (C,M)  
7:00PM **I Can't, We Can** 3295 Meade Avenue, Normal Heights, 92116 (Room 102/Time change of 7 pm begins on May 21st) (O,LGBT,HY,LS)  
7:30PM **Ranch BYOC (Bring Your Own Chair)** 2545 Crestline Drive, Lemon Grove, 91945 (Firepit (Bring your own chair)) (O,D,\$)

### Habla Hispana Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)  
7:00PM **Aprender A Vivir** 132 27th Street, Chula Vista, 91911 (There's no parking on site. Parking is available in the Otay Farms Market parking lot.) (BL,JT,\$)  
7:00PM **Grupo Gratitud** 2687 National Ave., San Diego, 92113, (ES,JT,WC,\$)  
7:00PM **Siempre Unidos** 521 E. 8th st., National City, 91950, (O,ES,JT,WC,SB,\$)  
7:00PM **Solo Por Hoy** 5772 Camino Del Rey, Bonsall, 92003, (ES,JT,\$)

### Imperial Valley Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)

### North Coastal Area

7:00AM **Dawn Patrol** 605 San Diego St., Oceanside, 92054, rec ctr (Mon-Fri) (O,BT,D,JT,HY)  
4:30PM **Living Clean** 1430 N Coast Highway 101, Leucadia, 92024, club (O,LC,HY)  
6:00PM **NA on the Hill** 2993 Mac Donald St, Oceanside, 92054, Church (O,BT,D,IW,WC,BK)  
6:00PM **Wednesday Westside** 102 N Freeman, Oceanside, 92054, church (C,D)  
7:00PM **Candlelight at the Barn** 258 Beech Ave, Carlsbad, 92008, Old Garinary Building (O,B,BT)  
7:00PM **Over the Hump** 651 Eucalyptus Ave, Vista, 92084, (O,D,WC)

## North County Inland Area

6:30PM **We Do Cross Talk** 604 W 10th Ave., Escondido, 92025, House (Enter through side gate on Quince near the alley) (O,D)  
7:00PM **Just For Today** 16889 Espola Rd, Poway, 92064, church (O,JT)  
7:00PM **S.P. Recovery on the Rez** 16400 Kumeyaay Way, Valley Center, 92082, (O,D)

### South Bay Area

10:15AM **Serenity Stop** 810 Imperial Beach Boulevard, Imperial Beach, 91932, (O,D,WC,\$)  
NOON **New Beginnings** 940 Hilltop Dr., Chula Vista, 91911, (O,JT,WC,\$)  
7:30PM **Hillcats** 940 Hilltop Dr, Chula Vista, 91911, Church (O,D,WC,\$)

### South East Barrio Area

7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd, Ste #204, San Diego, 92115, (O,ES,JT)

### United East County Area

9:00AM **Morning Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)  
6:30PM **Menace to Recovery** 13739 El Monte Rd, Lakeside, 92040, Church room 207 (Closed XMas Eve and NY Eve) (O,D,M,To,WC,CW)  
6:30PM **Wednesday Night at the Grove** 6901 Central Avenue, Lemon Grove, 91945, Lemon Grove Club (moved to parking lot) (O,To,WC)  
6:45PM **Twisted Sisters** 9940 River Street, Lakeside, 92040, Hotel (O,D,W,CW)  
7:00PM **52 Card Pickup** 1465 E. Madison Avenue, El Cajon, 92019, Church (O,To,WC,\$)  
7:00PM **Nightly Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,\$)

## THURSDAY / JUEVES

### Beach Area

NOON **Noon @ the Beach** 1050 Thomas Ave, Pacific Beach, 92109, church upstairs in loft (O,JT,\$)  
5:30PM **Eleven11** 1371 Sunset Cliffs Blvd., San Diego, 92107, St. Peters By the Sea Church (O,D,\$,11)  
6:00PM **Back to Basics** 4141 Pacific Hwy, San Diego, 92110 (Jack Lyon Auditorium) (O,D,WC)  
6:30PM **Black Sheep** 5255 Mount Ararat, San Diego, 92111, Church - Coutyard-The Palms #103 (contact: Davey S. 619-972-1882) (O,D,WC)  
6:30PM **Therapeutic Thursday** 4124 Mt. Abraham Ave, San Diego, 92111, St Catherine Laboure Catholic Church (O,CL,D,WC,\$)  
7:00PM **USD Survivors** 5954 Marian Way, San Diego, 92110 (Left of the chapel. Faculty Lounge Rm. 141 Founders Hall @ USD) (O,D,WC)  
8:00PM **The Zoo** 1561 Thomas Ave., San Diego, 92109, church (O,D,WC,YP,SB,\$)

### Central Area

9:00AM **Hang in There** 1944 30th St, Golden Hill, 92102, club (Mon-Sat) (O,D,\$,11)  
NOON **High Noon** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (O,D,\$)  
NOON **Noon at the Park** Oregon@ Howard St, North Park, 92104, Park (Mon-Sun) (O,D,\$)  
3:00PM **#Living Clean** 2111 Camino Del Rio South, Mission Valley, 92108, RSO (Parking Lot "2) (C,LS)  
4:00PM **4pm at the Park** Oregon@ Howard St, North Park, 92104, Park (Mon-Sun) (O,D,\$,11)  
4:00PM **In The Bottoms** 1550 Market St., Downtown, 92101 (Corner of 16th & Market) (O,D)  
6:30PM **Spirit of Unity Group** 2111 Camino Del Rio South, Mission Valley, 92108 (Facility Policy - Only Service Dogs Allowed/Clean Time Celebrations Last Thursday of Month) (C,D,WC,LS)  
8:00PM **Cold Turkey** 950 Orange Ave, Coronado, 92118, Club behind coffee shop (Enter Between 9th & 10th between Orange and D Avenue. No parking in the alley. Street parking only.) (O,D,\$)

### Habla Hispana Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)  
7:00PM **Aprender A Vivir** 132 27th Street, Chula Vista, 91911 (There's no parking on site. Parking is available in the Otay Farms Market parking lot.) (O,BL,JT,\$)  
7:00PM **Grupo Gratitud** 2687 National Ave., San Diego, 92113, (ES,JT,WC,\$)  
7:00PM **Siempre Unidos** 521 E. 8th st., National City, 91950, (O,ES,JT,WC,SB,\$)

### Imperial Valley Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)

### North Coastal Area

7:00AM **Dawn Patrol** 605 San Diego St., Oceanside, 92054, rec ctr (Mon-Fri) (O,BT,D,IT,HY)  
NOON **Path to Freedom** 733 South Santa Fe Ave, Vista, 92083, Facility (O,D)  
1:30PM **Principles by the Sea** 258 Beech Ave, Carlsbad, 92008, barn (O,To,WC)  
6:30PM **Conscious Contact Meeting** 1501 Kelly St., Oceanside, 92054, (C,D,To,WC,11)  
7:00PM **Rockstar** 3985 Mission Ave., Oceanside, 92056, church (meeting entrance in back of church) (O,D,SD,WC)  
8:00PM **Just For Tonight** 981 Civic Center Drive, Vista, 92083, (O,D)

### North County Inland Area

5:00PM **This Too Shall Pass** 3064 Borrego Valley Rd., Borrego Springs, 92004, (O,D)  
6:00PM **Women's Save Our Ass** 795 N Rose St, Escondido, 92027, church rm 1 (O,D,W)  
7:00PM **Out There** 28246 Lilac Rd., Valley Center, 92082 (Community Hall) (O,D)  
7:30PM **Recovery on the Rez** 35955 Pala Temecula Rd., Pala, 92059 (Old Tribal Hall) (O

### South East Barrio Area

7:00PM **Keep Coming Back Fellas** 2825 Boston Ave., San Diego, 92113, (C,D,M,WC)  
 7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd, Ste 204, San Diego, 92115, (O,ES,St)

### United East County Area

9:00AM **Morning Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,§)  
 6:30PM **Giving it Away** 9573 Los Cochés Road, Lakeside, 92040, Church (O,To,WC,§)  
 6:30PM **With Grace and Gratitude** 5940 Kelton Ave., La Mesa, 91942, Church ((Enter gate left side of building, down ramp to back)) (O,D,W,WC)  
 7:00PM **Nightly Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,§)  
 7:00PM **Vision for Women** 938 E. Washington Ave., El Cajon, 92020, El Cajon Club (O,D,W,WC,BK)

### FRIDAY / VIERNES

### Beach Area

7:00AM **Hope Dealers** 2111 Camino Del Rio S. (RSO), San Diego, 92108, RSO ((parking lot 2)) (O,D,JT,To,LS,SPAD)  
 NOON **Noon @ the Beach** 1050 Thomas Ave, San Diego, 92109, church upstairs in loft (O,JT,§)  
 8:00PM **Friday Night Point Loma** 3125 Avenida De Portugal, San Diego, 92106, door on Avenida de Portugal (church) (O,D,§)

### Central Area

9:00AM **Hang in There** 1944 30th St, Golden Hill, 92102, club (Mon-Sat) (O,D,§,11)  
 NOON **High Noon** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (D,LC,§)  
 NOON **Noon at the Park** Oregon@ Howard St, North Park, 92104, Park (Mon-Sun) (O,D,§)  
 4:00PM **4pm at the Park** Oregon@ Howard St, North Park, 92104, Park (Mon-Sun) (O,D,§,11)  
 6:00PM **Poz NA** 2111 Camino Del Rio South, Mission Valley, 92108 (Begins April 10th 2026) (O,D,LGBT,WC)  
 6:30PM **Rocking Recovery** 6244 El Cajon Blvd. Suite 22, College Area, 92115, LIFE Community Center (O,D)  
 7:00PM **Hoodlum's Haven** 3060 54th Street, City Heights, 92105 (Rear Door South Side/Spesker first Friday of the month) (C,CL,M,SD,§)  
 7:00PM **So Fresh So Clean** 5107 Waring Rd, Allied Gardens, 92120, (O,CL,YP,§)  
 7:30PM **T.G.I.F.** 4773 Marlborough Dr, Enter Hall on Marlboro, Kensington, 92116 (Speaker Last Friday) (O,D,To,WC,§)  
 8:00PM **Week's End Candlelight** 2111 Camino Del Rio South, Mission Valley, 92108, (O,CL,D,LGBT,HY,§)

### Habla Hispana Area

6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)  
 7:00PM **Aprender A Vivir** 132 27th Street, Chula Vista, 91911 (There's no parking on site. Parking is available in the Otay Farms Market parking lot.) (O,BL,JT,§)

7:00PM **Grupo Gratitude** 2687 National Ave., San Diego, 92113, (ES,JT,WC,§)  
 7:00PM **Siempre Unidos** 521 E. 8th st., National City, 91950, (O,ES,JT,SB,§)  
 7:00PM **Solo Por Hoy** 5772 Camino Del Rey, Bonsall, 92003, (ES,JT,§)

### Imperial Valley Area

6:30PM **One Day at a Time** 564 Broadway Street, El Centro, 92243, Club (O,D,WC)  
 6:30PM **Solo por Hoy de Calexico** 714 Birch street, Calexico, 92231, (O,ES,JT)

### North Coastal Area

7:00AM **Dawn Patrol** 605 San Diego St., Oceanside, 92054, rec ctr (Mon-Fri) (O,BT,D,JT,HY)  
 7:00PM **Solo Por Hoy** 5772 Camino Del Rey, Bonsall, 92003, (ES,JT,§)  
 7:30PM **Last Shot** 651 Eucalyptus Ave, Vista, 92084, church hall (O,D,SD,WC)  
 8:00PM **Insight** 715 Valley Avenue, Solana Beach, 92075, rec ctr (O,D,WC)

### North County Inland Area

NOON **Wabi Sabi TGIF** 845 Chestnut St., Escondido, 92025, church; (O,D,WC)  
 6:30PM **Cliff Nelson Off the Wall Men's Meeting** 1170 S. Broadway & 13th, Escondido, 92025, Church Catechumen Room (side of sanctuary, facing 13th) (O,D,M)  
 7:30PM **Chase Your Recovery** 1800 N Broadway, Escondido, 92026, club (O,D,§)  
 7:30PM **Experience, Strength & Hope** 16275 Pomerado Rd., Poway, 92064, Church Multi Purpose Room (spkr 1st Fri) (O,D)

### South Bay Area

10:15AM **Serenity Stop** 810 Imperial Beach Boulevard, Imperial Beach, 91932, (O,D,WC)  
 NOON **New Beginnings** 940 Hilltop Dr., Chula Vista, 91911, (O,JT,WC,§)  
 7:00PM **Hope Not Dope** 940 Hilltop Dr., Chula Vista, 91911, church (O,D,HY)  
 8:15PM **Lighthouse** 755 Emory St, Imperial Beach, 91932, club - Parking lot in alley (O,D)

### South East Barrio Area

12:30PM **Aging in Recovery** 641 S. Boundary St., San Diego, 92113, Rec Center (All Clean Time Celbrations are on the Last Friday of each Month) (O,WC,LC)  
 6:00PM **Downtown Dollies** 2600 Golfcourse Drive, San Diego, 92102, Rec Center (speaker, 3rd Friday) (C,D,W,WC,§)  
 6:00PM **Keep it Real** 641 S Boundary St, San Diego, 92113, Rec Center (Speaker 3rd Friday of the month.) (O,D,WC)  
 7:00PM **We Do Recover** 2600 Golfcourse Drive, San Diego, 92102, Meets in Clubhouse at Rear of Park (Golden Hill Rec Center) (Speaker, 4th Friday) (O,D,WC,CW)  
 7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd, Ste #204, San Diego, 92115, (O,ES,JT)

### United East County Area

9:00AM **Morning Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,§)  
 6:30PM **Friday Night Footsteps** 6901 Central Avenue, Lemon Grove, 91945, Lemon Grove Club (meeting in parking lot) (O,D,WC,§)  
 7:00PM **Bikers In Recovery** 9940 River Street, Lakeside, 92040, Hotel (O,D,WC,§)  
 7:00PM **Nightly Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,§)  
 7:00PM **Survivor Group** 938 E. Washington Ave., El Cajon, 92020, Alano Club (O,SD,WC,CW)

### FRIDAY / VIERNES (CONT)

7:30PM **Serenity Seekers** 5500 Grossmont Center Drive Suite 325, La Mesa, 91942, Oasis Learning Center (Eddie Omens Room) (O,D,To,WC,§)  
 8:00PM **Friday Straight Shooters** 490 Farragut Circle, El Cajon, 92020, Church (O,D,WC,§)  
 10:00PM **Late Night Rad Recovery** 1232 Greenfield Dr., El Cajon, 92021, Sober Living Location (O,D)

### SATURDAY / SÁBADO

### Beach Area

8:00AM **Guiding Principles Tradition Book Study** 2111 Camino Del Rio S. (RSO), San Diego, 92108, (O,BK,GP)  
 10:00AM **STEPPING UP** 9606 Tierra Grande St. Upstairs in Suite 204, San Diego, 92126, (O,D,HY)  
 NOON **Noon @ the Beach** 1050 Thomas Ave, San Diego, 92109, church upstairs in loft (O,JT,§)  
 3:00PM **Beach Break** 2229 Bacon St, San Diego, 92107, clubhouse (O,D,WC,§)  
 6:00PM **Life After Dope** 1561 Thomas Ave., San Diego, 92109, Church (O,D,WC)  
 7:30PM **The Other side note: 1hr, 15min.** 1004 Chalcedony, San Diego, 92109, garage (Chalcedony @ Cass St.) (O,D,§)

### Central Area

9:00AM **Hang in There** 1944 30th St, Golden Hill, 92102, club (Mon-Sat) (O,D,§,11)  
 10:00AM **Saturday Morning Live** 3295 Meade Ave @33rd St, San Diego, Chapel (Speaker 1st Saturday) (C,D,LS,§)  
 NOON **Noon at the Park** Oregon @ Howard St, North Park, 92104, park (Mon-Sun) (O,D,§,11)  
 4:00PM **4pm at the Park** Oregon@ Howard St, North Park, 92104, Park (Mon-Sun) (O,D,§,11)  
 4:00PM **Saturday Countdown** 4044 Lark Street, San Diego, 92103 ((Church Basement)) (O)  
 4:15PM **Nirvana** 1944 30th St., South Park, 92102 ((30th St & Grape St)) (O,BT,WC,BK)  
 6:00PM **Gathering in the Gardens** 5107 Waring Rd, Allied Gardens, 92120, office bldg west side/NO MASK REQUIRED (O,D,§)  
 6:30PM **The Wayback** 2516 A Street, Golden Hill, 92102 (6:30-8:00 Last Saturday of Month) (O)

### Habla Hispana Area

NOON **Grupo Gritud** 2687 National Ave., San Diego, 92113, (ES,JT,WC,§)  
 7:00PM **Grupo Gratitude** 2687 National Ave., San Diego, 92113, (ES,JT,WC,§)

### North Coastal Area

10:00AM **New Horizons** 1717 E. Vista Way #113, Vista, 92084, (O,D,WC)  
 2:00PM **Women's Basic Text Book Study** 4198 Mission Ave, Oceanside, 92057, Club (Big Room) (C,BT,NC,W,WC,BK)  
 3:00PM **Recovery in the Hood** 605 San Diego St, Oceanside, 92054, Rec Ctr (O,D,WC)  
 7:00PM **Saturday Speaker** 605 San Diego St, Oceanside, 92054, (O,So)  
 9:00PM **Lost Tribe** 1717 E. Vista Way #113, Vista, 92084, (O,CL,D,WC)

### North County Inland Area

6:15PM **Never Alone** 1710 Montecito Rd., Ramona, 92065, RRC Bldg (O,D)

### South Bay Area

10:00AM **Dunes Park** Seacoast Drive and Daisy Avenue, Imperial Beach, 91932, (O,D,WC)  
 11:00AM **We Came to Believe** 336 Oxford st, Chula Vista, 91911, Suite 102 (O,D,JT,WC,§)  
 5:30PM **Newborns** 940 Hilltop Dr., Chula Vista, 91911, Hall (O,D,WC,§)  
 7:00PM **The Key to Freedom** 2400 Euclid Ave, National City, 91950, (O,D,WC)  
 9:00PM **Saturday Night Live** Seacoast Dr & Evergreen Ave, Imperial Beach, 91932, pier (The Tables) (O,D,WC)

### South East Barrio Area

2:00PM **A Better Day** 5077 Logan Ave, San Diego, 92113, (O,D,WC)  
 3:00PM **In the Park before Dark** 641 S. Boundary St, San Diego, 92113, Rec Center (O,D,WC)  
 7:00PM **Together We Can** 1724 Kearny Ave, San Diego, 92113, Next to the Church of Guadalupe; @ Big parking lot by alley at Tepeyac Bldg. (Children allowed, please supervise) (C,D,WC,§)  
 7:30PM **Nuevo Amanecer** 4776 El Cajon Blvd, Ste #204, San Diego, 92115, (O,ES,JT)

### United East County Area

9:00AM **Morning Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,WC,§)  
 10:00AM **Saturday Morning Men's Stag** 6901 Central Avenue, Lemon Grove, 91945, Lemon Grove Club (meeting in parking lot) (C,M,SD,WC,§)  
 5:30PM **C/S** 9104 Christiana Street, Spring Valley, 91977, House (O)  
 7:00PM **Nightly Miracles** 9892 N. Magnolia Ave., Santee, 92071, Recovery Shop (Across Street from Santana High School) (O,D,SD,WC,§)  
 7:00PM **Real Recovery** 1465 East Madison Avenue, El Cajon, 92019, Church (O,SD,WC,SB,§)  
 8:15PM **Lit, Not Burnt** 1746 N. 2nd Street, El Cajon, 92021, Recovery House (Bonfire meeting in back yard of house) (O)  
 10:00PM **Late Night Rad Recovery** 1232 Greenfield Dr., El Cajon, 92021, Sober Living Location (O,D)

### REGIONAL SUBCOMMITTEES - Held at the RSO New Location - 2111 Camino Del Rio South, San Diego, CA 92108 Parking Lot 2

**Activities Subcommittee:** 1st Wednesday 6:30pm  
**Convention Subcommittee:** 3rd Saturday 3:00pm  
**H&I Workgroup:** 4th Wednesday (Online Only) 6:30pm  
**NA Behind the Walls:** 1st Monday 6:00pm  
**Outreach Subcommittee:** 1st Tuesday 7:30pm  
**Public Information Workgroup:** 2nd Tuesday 6:00pm  
**Public Relations Subcommittee:** 3rd Tuesday 6:00pm  
**RSO Board of Directors:** 1st Saturday 10:30am  
**Regional Service Committee:** 2nd Saturday 1:00pm  
**Website Workgroup:** 2nd Sat (Jan, Apr, July, Oct) 10:30am  
**Phoneline Workgroup:** 1st Sunday (Online Only) 11:00am

### AREA SERVICE COMMITTEE MEETINGS

Area	Chairperson	Date & Time	Location
<i>Beach</i>	Elliot S 650-814-9596	1st Sat 3:00pm	2111 Camino Del Rio S. (RSO) San Diego, 92108
<i>Central</i>	Pat (619) 994-2733	4th Sat 9:00am	2111 Camino Del Rio S. (RSO) San Diego, 92108
<i>Habla Hispana</i>	Mario G. 619 408-2131	4to Jueves (Thurs) 6:30pm	2687 National Ave. SD 92113
<i>Imperial Valley</i>	Joseph Z (760) 300-6888	Last Sat 9am	Every Odd Month 564 Broadway, El Centro 92243
<i>North Coastal</i>	Garrett D 760 712 8385	Last Sat 6:30pm	651 Eucalyptus Ave, Vista (Church Hall)
<i>North County Inland</i>	Susan R. (760) 317-3723	4th Sun 6:30pm	639 E.17th Ave rm 21 Escondido 92025 (church, 2nd entrance on Encino Dr.)
<i>South East Barrio</i>	Demetrics (619) 358-5116	1st Sat 10:00am	6415 Boundary St, rec ctr. 92113
<i>South Bay</i>	JJ T. (619) 892-1092	4th Thur 6:00pm	940 Hilltop Dr Chula Vista 91911
<i>United East County</i>	Sheila A. 619-599-4623	4th Tues 6:00pm	1365 N. Johnson, Bingo Hall

### Legend

O Open for the general public to attend  
 C Closed meeting for addicts only or those who may have a drug problem

B	Beginners	BT	Basic Text
C	Closed	CL	Candlelight
D	Discussion	LGBT	LGBTQ+
IW	It Works -How and Why	JT	Just for Today
M	Men	NC	No Children
O	Open	SD	Speaker/Discussion
So	Speaker Only	St	Step
To	Topic	Tr	Tradition
W	Women	WC	Wheelchair
YP	Young People	OE	Open-Ended
BK	Book Study	CW	Children Welcome
LC	Living Clean	GP	Guiding Principles
HY	Hybrid Meeting	SB	Smoke Break
LS	Literature Study	ASM	Area Service Meetings
§	Stamp	11	11 Step Oriented
SPAD	A Spiritual Principle a Day	ES	Español
OD	Outdoors	BL	Bi-Lingual

Note: Child care is NOT provided by Narcotics Anonymous!  
 "Take my will and my life. Guide me in my recovery. Show me how to live."  
 Cualquier adicto es bienvenido en cualquier reunión en cualquier momento!

### Simbología

O Reuniones abiertas al público en general  
 C Reuniones cerradas, sólo para adictos o para quienes crean tener un problema de drogas

B	Para el recién llegado	BL	Bilingüe
BT	Texto Básico	C	Cerrado
CH	Cerrado en Días de fiesta	CL	Luz de vela
CS	Niños bajo Supervisión	D	Discusión
ES	Hablado español	GL	Gay/Lesbiana
HY	Hybrid Meeting	IL	Enfermedad
IP	Folleto Informativo	IW	Funciona - Cómo y Porqué
JT	Solo por Hoy	M	Hombres
NC	No niños	O	Abierta
OE	Sin Tiempo Fijo	Pi	Echada
RF	Formato que Rota	Rr	Round Robin
SB	Rotura del humo	SD	Orador/Discusión
SG	Guía Para Trabajar los Pasos	SL	ASL
So	Solamente Orador	St	Paso
TC	Temporarily Closed Facility	TW	Taller de las Tradiciones
Ti	Contador de Tiempo	To	Tema
Tr	Tradición	VM	Virtual Meeting
W	Mujeres	WC	Silla de Ruedas
YP	Jovenes	§	Sello

Nota: cuidado de niños no es proporcionada por Narcóticos Anónimos!  
 "Toma mi voluntad y mi vida. Guíame en mi recuperación. Enséñame cómo vivir."



Scan for a list of Virtual Meetings



Scan to Find Meetings Near Me

## San Diego Imperial Counties Region

### May 2026 Meeting Schedule (289 meetings)



**TEXT your zip code to (619) 584-1007 for a list of meetings near you**  
**All Meetings and Schedules are FREE**  
**Toll Free (800) 479-0062 Helpline**  
**English (619) 584-1007 - Español (619) 546-0774**  
**North County (866) 331-1958 - Imperial Valley (442) 456-1168**

### San Diego Regional Service Office:

2111 Camino Del Rio South, San Diego, CA 92108 Parking Lot 2  
 Phone: (619) 584-1010 Fax: (619) 584-6269  
 Mailing Address: P.O. Box 16505 San Diego, CA. 92176  
**www.sandiegona.org** - WebServant@sandiegona.org  
**Literature Sales** - (619) 584-2004  
**Public Relations** - PublicRelations@sandiegona.org  
**NA World Services:** P.O. Box 9999, Van Nuys, CA. 91409  
**www.na.org** (818) 773-9999 FAX: (818) 700-0700

**Any addict is welcome at any meeting at any time!**

**TEXT your zip code to (619) 584-1007 for a list of meetings near you**  
 DON'T USE no matter what

Ask your Higher Power to keep you clean  
 Come early and stay late - Get a home group  
 Go to 90 meetings in 90 days  
 Read NA literature daily  
 Get and use a Sponsor

**KEEP COMING BACK. IT WORKS WHEN YOU WORK IT**

**Get Phone Numbers and USE THEM!**

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