

SUNDAY / DOMINGO

Truckee 7:00PM, Living Clean, 10040 Estates Drive, Truckee, California, 96161 (O, WC, Flag, LC)

MONDAY / LUNES

Truckee 7:00PM, Step Working, 10040 Estates Drive, Truckee, California, 96161 (O, SG, WC, BK, Flag)

TUESDAY / MARTES

Truckee 7:30PM, Basic Text, 10040 Estates Drive, Truckee, California, 96161 (O, BT, WC, BK)

WEDNESDAY / MIÉRCOLES

Kings Beach 7:00PM, Newcomer Meeting, North Tahoe Family Resource, 265 Bear Street, Kings Beach, California, 96413 (O, SD, NS)

THURSDAY / JUEVES

Truckee 7:00PM, Just For Today, 10040 Estates Drive, Truckee, California, 96161 (O, JT, WC, BK)

FRIDAY / VIERNES

Kings Beach 8:00PM, Birthday Meeting, North Tahoe Family Resource, 265 Bear Street, Kings Beach, California, 96413 (O, B, WC, NS)

SATURDAY / SÁBADO

Kings Beach 7:00PM, Saturday Night Special, North Tahoe Family Resource, 265 Bear Street, Kings Beach, California, 96413 (O, BK, NS)

MEETING FORMAT LEGEND

B	Beginners	BK	Book Study
BT	Basic Text	Flag	Flag
JT	Just for Today	LC	Living Clean
NS	No Smoking	O	Open
SD	Speaker/Discussion	SG	Step Working Guide
WC	Wheelchair		

HELPLINES

Regional Toll-Free Number	(888) 850-2205
Carson City	(888) 881-0655
North Lake Tahoe/Truckee	(530) 546-1116
Reno/Sparks	(775) 322-4811
South Lake Tahoe/Minden/Gardnerville	(866) 721-7862
Rural Nevada Area	(866) 760-2380

SERVICE MEETINGS

BLAW - Biggest Little Area in the World - *Reno, Sparks, Portola, Quincy, Janesville, Susanville, Fallon, Fernley, Elko, Ely, and Hawthorne.* PO Box 8948 Reno, Nevada. 89507. 3rd Thursday of each month - 6:30pm at Northern Nevada Hopes Clinic. 580 West 5th Street - 3rd Floor. Reno, Nevada.

CANA - Capital Area of Narcotics Anonymous - *Serving Carson City.* 3rd Thursday of each month - 6:30pm at 412 W. Musser Street (downstairs). Carson City, Nevada.

RNA - Rural Nevada Area - *Serving Silver Springs, Yerington, Fallon, Lovelock, and Winnemucca.* 1st Saturday of each month - 1:30pm at 141 Industrial Way. Fallon, Nevada.

NLT - North Lake Tahoe Area - *Serving North Shore Lake Tahoe, Kings Beach, and Truckee.* 1st Tuesday of each month - 6:30pm at Truckee Senior Center 10040 Estates Drive. Truckee, California.

SLT - South Lake Tahoe Area - *Serving South Lake Tahoe, Minden, and Gardnerville.* Last Friday of each month after the 6pm Happy Hour meeting.

GOVA - Greater Owens Valley Area - *Serving Northeastern California.* 1st Saturday of the month - 5pm at 621 W. Line Street. Bishop, California.

REGIONAL COMMITTEE INFORMATION

RSC - Sierra Sage Regional Service Committee - 2nd Sunday of every other month at rotating locations, please consult our events calendar on website to view the next date and location of RSC/RSO.

Sierra Sage Regional Service Committee - P.O. Box 11913. Reno, Nevada

PHONE NUMBERS

Sierra Sage Region of Narcotics Anonymous

MEETING LIST

DECEMBER 2018

Sierra Sage Region of Narcotics Anonymous
PO Box 11913
Reno, Nevada 89510

Regional Email Contact: rscchair@ssrna.org

Meeting schedule is printed bi-monthly, please visit our site for the most accurate schedule -

<http://sierrasagena.org>

Do you think you might have a problem with drugs? We may be able to help.

¿Tu piensas que quizás tengas un problema con las drogas? Busca un nuevo camino.

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Be of service
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 7

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.**

**Our message is hope
and the promise of freedom.**

Basic Text, *page 65*